

# **YMCA COLLEGE OF PHYSICAL EDUCATION**

**Nandanam, Chennai - 600 035**

An Autonomous College Affiliated to the Tamil Nadu Physical  
Education and Sports University

A Christian Minority Institution

A Project of National Council of YMCAs of India

Reaccredited by NAAC as "A" Grade College

Recognized by National Council of Teacher Education and  
Government of Tamilnadu



## **A Q A R - 2013 - 14**



**The Annual Quality Assurance Report (AQAR) of the IQAC-  
July 1, 2013 to June 30, 2014  
Part – A**

**I. Details of the Institution**

<b>1.1 Name of the Institution</b>	YMCA COLLEGE OF PHYSICAL EDUCATION
<b>1.2 Address Line 1</b>	No. 435,Anna Salai
<b>Address Line 2</b>	Nandanam
<b>City/Town</b>	CHENNAI
<b>State</b>	TAMILNADU
<b>Pin Code</b>	600035
<b>Institution e-mail address</b>	correspondentymca_phy_edu_@yahoo.com
<b>Contact Nos.</b>	044-24244816
<b>Name of the Head of the Institution:</b>	Dr. Mrs. Shiela Stephen
<b>Tel. No. with STD Code:</b>	044-24361069
<b>Mobile:</b>	9884403817
<b>Name of the IQAC Co-ordinator:</b>	Dr. K. JOTHI
<b>Mobile:</b>	9444335355
<b>IQAC e-mail address:</b>	jothidaya@gmail.com

**1.3 NAAC Track ID (For ex. MHCOGN 18879)**

**1.4 NAAC Executive Committee No. & Date:**  
(For Example EC/32/A&A/143 dated 3-5-2004.  
This EC no. is available in the right corner- bottom  
Of your institution's Accreditation Certificate)

**1.5 Website address:**

[wwwymcacollegephyedu.org](http://wwwymcacollegephyedu.org)

**Web-link of the AQAR:**

For ex. <http://www.ladykeanecollege.edu.in/AQAR2012-13.doc>

**1.6 Accreditation Details**

Sl. No.	Cycle	Grade	CGPA	Year of Accreditation	Validity Period
1	1st Cycle	A	Inst.score 70.75	2003	Feb.15 2008
2	2nd Cycle	A	2.33	2012	Sept.27 2017
3	3rd Cycle				
4	4th Cycle				

**1.7 Date of Establishment of IQAC: DD/MM/YYYY**

**1.8 AQAR for the year (for example 2010-11)**

2013-14

**1.9 Details of the previous year's AQAR submitted to NAAC after the latest Assessment and Accreditation by NAAC ((for example AQAR 2010-11 submitted to NAAC on 12-10-2011)**

i. AQAR2012-13 submitted to NAAC on 30/11/2014

**1.10 Institutional Status**

University  State  Central  Deemed  Private

Affiliated College Yes  No

Constituent College Yes  No

Autonomous college of UGC Yes  No

Regulatory Agency approved Institution Yes  No

(eg. AICTE, BCI, MCI, PCI, NCI)

<b>Type of Institution</b>	<b>Co-education</b>	<input checked="" type="checkbox"/>	<b>Men</b>	<input type="checkbox"/>	<b>Women</b>	<input type="checkbox"/>
	<b>Urban</b>	<input checked="" type="checkbox"/>	<b>Rural</b>	<input type="checkbox"/>	<b>Tribal</b>	<input type="checkbox"/>
<b>Financial Status</b>	<b>Grant-in-aid</b>	<input checked="" type="checkbox"/>	<b>UGC 2(f)</b>	<input checked="" type="checkbox"/>	<b>GC 12B</b>	<input checked="" type="checkbox"/>
	<b>Grant-in-aid + Self Financing</b>	<input checked="" type="checkbox"/>	<b>Totally Self-financing</b>	<input type="checkbox"/>		

**1.11 Type of Faculty/Programme**

<b>Arts</b>	<input type="checkbox"/>	<b>Science</b>	<input type="checkbox"/>	<b>Commerce</b>	<input type="checkbox"/>	<b>Law</b>	<input type="checkbox"/>	<b>PEI (Phys Edu)</b>	<input type="checkbox"/>
<b>TEI (Edu)</b>	<input type="checkbox"/>	<b>Engineering</b>	<input type="checkbox"/>	<b>Health Science</b>	<input type="checkbox"/>	<b>Management</b>	<input type="checkbox"/>		
<b>Others (Specify)</b>	<input type="text"/>								

**1.12 Name of the Affiliating University (for the Colleges)**

**Tamil Nadu Physical Education & Sports University**

**1.13 Special status conferred by Central/ State Government-- UGC/CSIR/DST/DBT/ICMR etc**

<b>Autonomy by State/Central Govt. / University</b>	<input type="text" value="YES"/>		
<b>University with Potential for Excellence</b>	<input type="text" value="No"/>	<b>UGC-CPE</b>	<input type="text" value="No"/>
<b>DST Star Scheme</b>	<input type="text" value="No"/>	<b>UGC-CE</b>	<input type="text" value="No"/>
<b>UGC-Special Assistance Programme</b>	<input type="text" value="No"/>	<b>DST-FIST</b>	<input type="text" value="No"/>
<b>UGC-Innovative PG programmes</b>	<input type="text" value="No"/>	<b>any other (Specify)</b>	<input type="text" value="No"/>
<b>UGC-COP Programmes</b>	<input type="text" value="No"/>		

## 2. IQAC Composition and Activities

2.1 No. of Teachers	<input type="text" value="06"/>
2.2 No. of Administrative/Technical staff	<input type="text" value="02"/>
2.3 No. of students	<input type="text" value="00"/>
2.4 No. of Management representatives	<input type="text" value="03"/>
2.5 No. of Alumni	<input type="text" value="00"/>
2.6 No. of any other stakeholder and Community representatives	<input type="text" value="01"/>
2.7 No. of Employers/ Industrialists	<input type="text" value="01"/>
2.8 No. of other External Experts	<input type="text" value="12"/>
2.9 Total No. of members	<input type="text" value="01"/>
2.10 No. of IQAC meetings held	<input type="text" value="05"/>

2.11 No. of meetings with various stakeholders: No.  Faculty

Non-Teaching Staff  Students  Alumni  Others

2.12 Has IQAC received any funding from UGC during the year?

If yes, mention the amount

### 2.13 Seminars and Conferences (only quality related)

#### (i) No. of Seminars/Conferences/ Workshops/Symposia organized by the IQAC

Total Nos.  International  National  State  Institution Level

S.No.	Title	Conducted by
1.	Rules of Games in Athletics	Mr.Chandra Bose, Athletic coach, SDAT.
2.	Physical Educationist in Schools & Colleges	Dr.S.Thirumalaikumar, Associate Prof, TNPESU
3	First Aid & Sports Injury Management	Mr.C.Manoj, Physiotherapist, TNPESU
4.	Rules of Games in Hockey	Mr.Anil Kumar, National Referee
5.	Advance Equipments & Latest Scientific Method of Biomechanics analysis in sports & Games	Dr.P.Rajini Kumar, Assistant Prof, TNPESU

One day workshop was organized for B.P.Ed students on Scientific Coaching in Basketball and Football on 12th February 2014. Mr.Alex, International Coach & Mr.Mic, Sportsman Reaching the Sportsman (SRS) from Germany were the experts at the workshop.

#### 2.14 Significant Activities and contributions made by IQAC

<p>Recommendations in board of studies to introduce CBCS for B.M.S course</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Common syllabus for Value Education</li> <li><input type="checkbox"/> To uplift the existing academies -football academy, Cricket and women's health club and introduce Track and field academy.</li> <li><input type="checkbox"/> Preparation of Autonomy Report for extension of autonomy</li> <li><input type="checkbox"/> Symposium on Initiatives towards quality sustenance</li> <li><input type="checkbox"/> Formation of Internal Academic Audit Committee and overseeing its functioning</li> <li><input type="checkbox"/> Recommendation to apply for Minor/Major Research projects</li> <li><input type="checkbox"/> Recording ongoing programmes and documentation of College activities</li> <li><input type="checkbox"/> Render assistance to Principal in ensuring quality in administration.</li> <li><input type="checkbox"/> Preparation and submission of AQAR</li> <li><input type="checkbox"/> Preparation of Autonomy Report for extension of autonomy</li> </ul>
---

#### 2.15 Plan of Action by IQAC/Outcome

The plan of action chalked out by the IQAC in the beginning of the year towards quality

Enhancement and the outcome achieved by the end of the year

Plan of Action	Achievements
<ol style="list-style-type: none"> <li>1. To update Curriculum to suit contemporary needs</li> <li>2. To prepare class routine and its proper implementation.</li> <li>3. To fix the dates of Unit Tests, Sessional Examinations</li> <li>4. To initiate Student Development Programmes</li> <li>5. To organise Faculty Development Programmes (FDP)</li> <li>6. To encourage Research culture among students by making 'Project work' as a form of assignment and grading to done.</li> <li>5. To organize at least one workshop/seminar/conference.</li> <li>6. To organise picnic/ tour /field visit U.G/P.G and for teaching &amp; non-teaching staff.</li> <li>7. To organize bridge course for fresher's to strengthen English language.</li> <li>7. To start a few more useful Add-on courses.</li> <li>8. Career Oriented Program</li> <li>9. To organise Village placement programme-MPhil</li> <li>Activities for the School Children</li> </ol>	<ol style="list-style-type: none"> <li>1. Curriculum updated every year</li> <li>2. Implemented successfully</li> <li>3. Fixed the dates and accordingly tests and examinations were conducted</li> <li>4. Student support Programmes both curricular and co-curricular conducted year long</li> <li>5. Faculty Development Programmes were conducted.</li> <li>6. Project work is given due weightage in internal assessment.</li> <li>5. More than three workshop/seminar/conference organized</li> <li>6. A one day picnic was organised for relaxation and away from work spot for all the college non-teaching staff and a retreat was conducted for the staff</li> <li>7. Bridge course was conducted for two course of studies for 10 days in the start of the academic year.</li> <li>Two new Add on courses are started.</li> <li>8. Career Oriented Program-certificate and diploma course in Tai-chi started.</li> <li>9. Village placement programme-MPhil were conducted in a village with Government and Panchayat School students for villagers for 05 days.</li> </ol>

\* Attach the Academic Calendar of the year as Annexure.

2.15 Whether the AQAR was placed in statutory body    Yes     No   
Management     Syndicate     any other body

**Provide the details of the action taken**

**AQAR was discussed in IQAC meeting with all the staff members. Strategies to improve quality indicators of the institution were discussed.**



**Part – B**  
**Criterion – I**

**I. Curricular Aspects**

**1.1 Details about Academic Programmes**

Level of the Programme	Number of existing Programmes	Number of programmes added during the year	Number of self-financing programmes	Number of value added / Career Oriented programmes
PhD	01	00	00	00
PG	03	00	01	00
UG	05	00	01	00
PG Diploma	02	02	01	00
Advanced Diploma	00	00	00	00
Diploma	00	01	00	01
Certificate	00	00	00	00
Others	00	00	00	00
<b>Total</b>	<b>12</b>	<b>02</b>	<b>03</b>	<b>00</b>
Interdisciplinary	00	00	00	00
Innovative	00	00	00	00

**1.2 (i) Flexibility of the Curriculum: CBCS/Core/Elective option / Open options - Elective option**

**(ii) Pattern of programmes:**

Pattern	Number of programmes
Semester	√
Trimester	--
Annual	--

**1.3 Feedback from stakeholders\*** Alumni Parents  Employers Students (On all aspects)

Mode of feedback : Online Manual Co-operating schools (for PEI)

\*Please provide an analysis of the feedback in the Annexure

**1.4 Whether there is any revision/update of regulation or syllabi, if yes, mention their salient aspects.**

The College revises the syllabus both in practical and theory every years as per the recommendation of Board of Studies and approved by Academic counsel committee in various subjects. The revisions are implemented and new syllabus is printed for all the classes of study in the colleges.

**1.5 Any new Department/Centre introduced during the year. If yes, give details.**

No

## Criterion – II

### 2. Teaching, Learning and Evaluation

Total	Asst. Professors	Associate Professors	Professors	Others
12 (Govt. Paid)	10	01	00	05
13 (Mgmt. Paid)				Full Time- 13 Part Time-02

2.1 Total No. of permanent faculty 12

2.2 No. of permanent faculty with Ph.D.

Government	Management
11	4

2.3 No. of Faculty Positions Recruited (R) and Vacant (V) during the year

Asst. Professors		Associate Professors		Professors		Others		Total	
R	V	R	V	R	V	R	V	R	V
05	00	00	00	00	00	400	00	11	00

2.4 No. of Guest and Visiting faculty and Temporary faculty

02	15	
----	----	--

2.5 Faculty participation in conferences and symposia:

No. of Faculty	International level	National level	State level
Attended			
Presented papers			
Resource Persons			

2.6 Innovative processes adopted by the institution in Teaching and Learning:

- Use of ICT and teaching aids.
- Educational tours.
- Power point presentations and Seminars by students.
- Lecture by experts in the respective fields.
- Project sports meet and conduct of tournaments.
- Field works

**2.7 Total No. of actual teaching days  
During this academic year**

200

**2.8 Examination/ Evaluation Reforms initiated by  
The Institution (for example: Open Book Examination, Bar Coding,  
Double Valuation, Photocopy, Online Multiple Choice Questions)**

- 1. New pattern of mark statements for all the semesters with security features a) Micro line b) Invisible logo ( Gold foil and Penetrating number).**
- 2. Merit certificates and H.C Buck medals ( Gold, Silver and Bronze) not to be issued for BMS, M.Sc., & PGDSC courses if less than 7 candidates appear for the final semester examinations.**
- 3. Question paper for BMS Degree course be modified and it shall follow the pattern of B.P.Ed & BPE courses.**
- 4. Implementation of New methods to arrive at the C.A.  
Present system – Internal Assessment Marks – (3 CAs, Assignment & Pre semester)**

#### **Proposed New System**

- 1. 2 – Written tests ( CAs) + 1( subjective rating)**
- 2. Subjective rating – 20 marks**
- 3. Assessment – Method**
- 4. Group work**
- 5. Quiz**
- 6. Presentation at ‘ Class Seminar’**
- 7. Class Interaction**
- 8. Online – Assignment**
- 9. Open book exam**

#### **Merits of the New Method**

- 10. Technology oriented tests**
- 11. Develop creative knowledge / thinking**
- 12. Subjective rating**
- 13. Exploration and Innovation**
- 14. Easy to assess**

**It was resolve to accept the above examinations reforms. It was decided to conduct modern exam & monthly test for D.P.Ed students along with other classes.**

**Medals and Certificates for rank holders to be given to D.P.Ed students like other students.**

## 2.9 No. of faculty members involved in curriculum

### Restructuring/revision/syllabus development

#### As member of Board of Study/Faculty/Curriculum Development workshop

<b>BoS</b>	<b>Faculty participated in workshop</b>
<b>26</b>	<b>08</b>

## 2.10 Average percentage of attendance of students

<b>90</b>
-----------

## 2.11 Course/Programme wise distribution of pass percentage :( Based on April 2013 Examination Results)

Title of the Programme	Total no. of students appeared	Rank	Division				
			Distinction %	I class %	II class%	III class%	Pass %
<b>M.P.Ed</b>	<b>120</b>	<b>2</b>				<b>--</b>	<b>100</b>
<b>B.P. Ed</b>	<b>159</b>	<b>--</b>				<b>--</b>	<b>100</b>
<b>B.MS</b>	<b>5</b>	<b>--</b>					<b>100</b>
<b>B.P.E</b>	<b>55</b>	<b>--</b>					<b>100</b>
<b>M.Sc</b>	<b>11</b>	<b>--</b>				<b>--</b>	<b>100</b>
<b>M.Phil</b>	<b>21</b>					<b>--</b>	<b>100</b>

## 2.12 How does IQAC Contribute/Monitor/Evaluate the Teaching & Learning processes:

- Encouraging faculty members to seek higher education
- Sharing of experiences of experts in the form of guest lecture and practical demonstrations.
- Taking regular Feedbacks on Teacher quality
- By constitute and monitor the functioning of Academic Audit.
- By continue providing campus with wide Wi-Fi connectivity to enhance techno-powered teaching-learning
- By framing the Learning outcome format to appraise students performance
- Byencouraging Multimedia Learning Material
- By promoting soft skill to students in the language lab.
- By encouraging optimum use of smart classrooms to promote ICT enabled teaching-learning
- By supplying note of lessons relating to Teaching and Learning process
- Conducting Workshops to enhance teaching competency.
- Making field visits and Project as compulsory part of course.
- Recognition to innovative and creative contributions of faculty and students.

### 2.13 Initiatives undertaken towards faculty development

Faculty / Staff Development Programmes	Number of faculty benefitted
Refresher courses	2
UGC – Faculty Improvement Programme	
HRD programmes	00
Orientation programmes	00
Faculty exchange programme	01
Staff training conducted by the university	00
Staff training conducted by other institutions	02
Summer / Winter schools, Workshops, etc.	04
Personality development Programme conducted by IQAC	00

### 2.14 Details of Administrative and Technical staff

Category	Number of Permanent Employees		Number of Vacant Positions	Number of permanent positions filled during the Year	Number of positions filled temporarily
	Aided	Management			
Administrative Staff	12(Govt)	16	05	00	04
Technical Staff	16(Govt)	23	07	00	02

## Criterion – III

### 3. Research, Consultancy and Extension

#### 3.1 Initiatives of the IQAC in Sensitizing/Promoting Research Climate in the institution

- Receive the status of research centre for PhD by the college form the T.N.P.E.S.U
- Emphasizing on U.G.C funded major research projects by the faculty.
- Addressing various schemes through 'UGC and encourage the faculty members to apply for projects under IQAC

#### 3.2 Details regarding major projects

	Completed	Ongoing	Sanctioned	Submitted
Number	00	01	01	00
Outlay in Rs. Lakhs			9.14	

#### 3.3 Details regarding minor projects

	Completed	Ongoing	Sanctioned	Submitted
Number	00	00	00	00
Outlay in Rs. Lakhs				

#### 3.4 Details on research publications

	International	National	Others
Peer Review Journals			00
Non-Peer Review Journals	00		00
e-Journals	12	00	00
Conference proceedings			

#### 3.5 Details on Impact factor of publications:

Range  Average  h-index  pos. in SCOPUS

**3.6 Research funds sanctioned and received from various funding agencies, industry and other organisations**

Nature of the Project	Duration Year	Name of the funding Agency	Total grant sanctioned	Received
Major projects		UGC	9.14	6,01,600.00
Minor Projects				
Interdisciplinary Projects				
Industry sponsored				
Projects sponsored by the University/ College				
Students research projects (other than compulsory by the University)				
Any other(Specify)				
<b>Total</b>				

3.7 No. of books published i) With ISBN No.  Chapters in Edited Books

ii) Without ISBN No.

**3.8 No. of University Departments receiving funds from**

UGC-SAP  CAS  DST-FIST   
DPE  DBT Scheme/funds

3.9 For colleges Autonomy  CPE  DBT Star Scheme   
INSPIRE  CE  Any Other (specify)

Sl.No.	Details	Amount
1.	Autonomous Grant - 2013 – 14	8,00,000.00
2.	XII Plan Book / Journal / Equipment	2,10,000.00
3.	Additional Assistance	7,50,000.00
4.	Merged Scheme	3,50,000.00
5.	Autonomous Grant - 2014	8,03,246.00
	<b>TOTAL</b>	<b>29,13,246.00</b>

3.10 Revenue generated through consultancy

**3.11 No. of conferences organized by the Institution**

Level	International	National	State	University	College
Number	00	02	00	00	05
Sponsoring agencies	--	UGC	--	--	--

S.No.	Title	Conducted by
1.	Rules of Games in Athletics	Mr.Chandra Bose, Athletic coach, SDAT.
2.	Physical Educationist in Schools & Colleges	Dr.S.Thirumalaikumar, Associate Prof, TNPESU
3	First Aid & Sports Injury Management	Mr.C.Manoj, Physiotherapist, TNPESU
4.	Rules of Games in Hockey	Mr.Anil Kumar, National Referee
5.	Advance Equipments & Latest Scientific Method of Biomechanics analysis in sports & Games	Dr.P.Rajini Kumar, Assistant Prof, TNPESU

3.12 No. of faculty served as experts, chairpersons or resource persons

--

3.13 No. of collaborations

International

--

National

--

Any other

10

3.14 No. of linkages created during this year

3.15 Total budget for research for current year in lakhs:

From funding agency

--

From Management of University/College

--

Total

--

3.16 No. of patents received this year

Type of Patent		Number
National	Applied	00
	Granted	00
International	Applied	00
	Granted	00
Commercialised	Applied	00
	Granted	00

3.17 No. of research awards/ recognitions received by faculty and research fellows of the institute in the year

Total	International	National	State	University	Dist	College
00	00	00	00	00	00	00

3.18 No. of faculty from the Institution Who are Ph. D. GUIDES?

08

And students registered under them

60



3.19 No. of Ph.D. awarded by faculty from the Institution

3.20 No. of Research scholars receiving the Fellowships (Newly enrolled + existing ones)

JRF  SRF  Project Fellows  Any other

3.21 No. of students Participated in NSS events:

University level  State level   
National level  International level

3.22 No. of students participated in NCC events:

University level  State level   
National level  International level

3.23 No. of Awards won in NSS:

University level  State level   
National level  International level

3.24 No. of Awards won in NCC:

University level  State level   
National level  International level

3.25 No. of Extension activities organized

University forum  College forum   
NCC  NSS  Any other

### **3.26 Major Activities during the year in the sphere of extension activities and Institutional Social Responsibility**

1. **Sports for Special children-** The Mylapore Academy jointly with YMCA College of Physical Education are going to conduct Sports for Special children at our college on 5th April 2014.
2. **Drug Awareness Programme-** Drug awareness Programme organized by Intelligence Bureau, Crime Investigation Department (NIB – CID) at the college on 4th March 2014.SP of NIB – CID Shanthi & DSP of NIB – CID Chennai, Ramesh participated.
3. **Sports Academies**
  - i. **Basketball Academy – 72 on Roll**
  - ii. **Football Academy – 55 on Roll**
4. **Fitness Academy**
  - i. **Women Fitness Centre**
  - ii. **Week end fitness program**
5. **World White Cane Day-**To commemorate the “founders of the white cane” (a mobility aid for the visually challenged people), our college celebrated ‘World White Cane Day’ on 10th October 2013. Nearly 100 white canes were distributed to 100 visually disabled students on this day at the college gymnasium which was organized by the college students.
6. **Inter Collegiate Adapted Volleyball Tournament** were conducted and distributed the canes to the visually challenged people

## Criterion – IV

### 4. Infrastructure and Learning Resources

#### 4.1 Details of increase in infrastructure facilities:

Facilities	Existing	Newly created	Source of Fund	Total
Campus area	65 hectors	1.Track refurbished. 2. Renovation of camping centre	Management	
Class rooms	14	0	Management	14
Library				11
Seminar Halls	1			1
No. of important equipments purchased (≥ 1-0 lakh) during the current year.		1.Gen set was purchased for an amount 2. Bio metric system - Processed. 3. Installation of new software Students' Attendance Staff Profile	UGC	Rs.4,15,732/-
Value of the equipment purchased during the year (Rs. in Lakhs)		06CCTVcameras installed Video conferencing materials procured	management	
Renovation of men's hostel		Old building	Management	

- 1.
2. Books purchased for Rs.85, 946/-

#### 4.2 Computerization of administration and library

- |  |
|--|
| <ol style="list-style-type: none"><li>1. Library resources (OPAC / Bar-coding)</li><li>2. Computerized documentation of fees paid by students (OFFICE)</li></ol> |
|--|

#### 4.3 Library services:

	Existing		Newly added		Total	
	No.	Value	No.	Value	No.	Value
<b>Text Books</b>						85,946
<b>Reference Books</b>						
<b>e-Books</b>						
<b>Journals</b>						
<b>e-Journals</b>						
<b>Digital Database</b>						
<b>CD &amp; Video</b>		Free		Free		Free
<b>Others (specify)</b>						

#### 4.4 Technology up gradation (overall)

	Total Computers	Computer Labs	Internet	Browsing Centres	Computer Centres	Office	Departments	Others
<b>Existing</b>	42	1	9	1	1	1	5	0
<b>Added</b>	1-	0	0	0	0	0	0	0
<b>Total</b>	43	1	9	1	1	1	5	0

#### 4.5 Computer, Internet access, training to teachers and students and any other programme for technology upgradation (Networking, e-Governance etc.)

- Computer Lab with Internet facility
- College library with Internet facility
- Wi-Fi connectivity in the campus
- SPSS workshop for all the faculty members
- Workshop on Photoshop and Web designing for Students

#### 4.6 Amount spent on maintenance in lakhs :

i) ICT	7,10,386
ii) Campus Infrastructure and facilities	12,42,225
iii) Equipments	88,000
iv) Others	15,740
<b>Total :</b>	<b>20,56,351</b>

## Criterion – V

### 5. Student Support and Progression

#### 5.1 Contribution of IQAC in enhancing awareness about Student Support Services

- Conducting clinic in Track and field before their project sports meet by the class advisor/class registrar
- Display of interview dates for Placement through notice boards and Placement cell.
- NET/SET coaching.
- Earn while learn scheme- support to students in the college.

#### 5.2 Efforts made by the institution for tracking the progression

Academic performance

#### 5.3 (a) Total Number of students

CLASS	MEN	WOMEN	TOTAL
M.PHIL	17	5	22
M.P.ED-I	48	12	60
M.P.ED-II			58
B.P.ED	119	40	159
BMS	6	-	6
BPE-III	47	13	60
B.P.E.-II			58
B.P.E.-I			80
D.P.ED-I	12	7	19
D.P.ED-II			13
P.G.D.S.T			
<i>M.Sc I &amp; II</i>			18

(b) No. of students outside the state 35

(c) No. of international students 07

<b>Men</b>	<b>No</b>	<b>%</b>	<b>Women</b>	<b>No</b>	<b>%</b>
	273	78		79	22

Last Year						This Year					
General	SC	ST	OBC	Physically Challenged	Total	General	SC	ST	OBC	Physically Challenged	Total
28	80	5	214	0	327	20	105	2	225	0	352

**Demand ratio 100%      Dropout% 2%**

**5.4 Details of student support mechanism for coaching for competitive examinations (If any)**

Special coaching in various sports and games based on their specialisation

Coaching for NET/SET exam

No. of students beneficiaries 230

**5.5 No. of students qualified in these examinations**

NET 06    SET/SLET 03    GATE 00    CAT 00

IAS/IPS etc 00    State PSC 00    UPSC 00    Others 00

**5.6 Details of student counselling and career guidance**

- Career guidance for outgoing students was held for M.P.Ed, B.P.Ed, B.M.S., B.P.E., by Career guidance Cell.
- Counselling for women students in the women's hostel .

No. of students benefitted 235

**5.7 Details of campus placement**

On campus			Off Campus
Number of Organizations Visited	Number of Students Participated	Number of Students Placed	Number of Students Placed
41	118	102	200

## 5.8 Details of gender sensitization programmes

Two days workshop on “Gender Awareness and sensitization” organized by Centre for women and gender studies on July 19<sup>th</sup> and 20<sup>th</sup> 2013.

## 5.9 Students Activities

### 5.9.1 No. of students participated in Sports, Games and other events

#### UNIVERSITY REPRESENTATION

The number of students who represented the Tamil Nadu Physical Education and Sports University in various games are given below.

#### Results of Buck Sports Festival

Sl.No.	Game	Position	
		Men	Women
1.	Basketball	---	Runner-up
2.	Football	---	Runner – up
3.	Handball	Runner-up	Winners
4.	Hockey	---	Runner-up

### 2) Inter collegiate Tournament

Inter Collegiate Tournament of Tamilnadu Physical Education and Sports University was hosted by YMCA College of Physical Education between 10th & 12th September 2013 in the games, Basketball (Men & Women), Hockey (Men & Women) & Football (Men & Women). Dr.A.Ravi Shankar, Regional Joint Director of Collegiate Education, Chennai Region inaugurated the tournament. Dr.P.Samraj, Registrar i/c, Tamilnadu Physical Education & Sports University was the Guest of Honour and Dr.R.Sweety Prem Kumar, Correspondent & Secretary, YMCA College of Physical Education presided over the function.

The results of the Tournament hosted by YMCA College of Physical Education are given below.

Sl.No.	Game	Position	
		Men	Women
1.	Basketball	Winners	Runner-up
2.	Football	Winners	Winners
3.	Hockey	Winners	Winners

The following are the position of our students in the Inter collegiate Tournament hosted by colleges affiliated to Tamilnadu Physical Education & Sports University.

Sl.No.	Game	Position	
		Men	Women
1.	Handball	Winners	Winners
2.	Volleyball	Runner-up	Runner-up
3.	Cricket	---	Winners
4.	Kabaddi	---	Runner-up
5.	Kho-kho	Runner-up	---
6.	Table Tennis	Winners	Winners
7.	Badminton	Winners	Winners
8.	Athletics	---	Over all championship

In Track & Field, Mr.Balaji of M.P.Ed II year secured individual championship for Men.

Yogalakshmi of M.P.Ed I year secured individual championship for Women.

#### UNIVERSITY REPRESENTATION

The number of students who represented the Tamil Nadu Physical Education and Sports University in various games are given below.

Game	University Representation	
	Men	Women
BASKETBALL	05	04
BADMINTON	03	--
BALL BADMINTON	02	01
BOXING	05	--
BODY BUILDING	02	--
CRICKET	04	--
CYCLING	03	--
FOOTBALL	08	08
FENCING	--	01
HANDBALL	06	05
HOCKEY	08	--
JUDO	01	--
KABADDI	01	02
KHO-KHO	02	--
POWER LIFTING	01	--
TABLE TENNIS	03	--
TAEKWONDO	--	01
TENNIS	01	--
VOLLEYBALL	02	04
WEIGHT LIFTING	01	--
<b>TOTAL</b>	<b>58</b>	<b>26</b>

**GRAND TOTAL**

**84**



## INTER PHYSICAL EDUCATION TOURNAMENTS – IPET 2014

On 11th March 2014 the tournament started with the grand inaugural ceremony at 10.00 a.m. in the pavilion ground. The chief guest for the day was the Rev. Johan Vilhelm Eltvik, Secretary General, (World Alliance of YMCAs). The National Council office bearers and our College Board members also graced the occasion with their presence. 1300 men and 550 women students from various physical education colleges and Universities participated in this tournament

Dr. K Vaithianathan, Director ( Sports) SRM University, Former Vice-Chancellor of TNPESU graced the Valedictory function and distributed the prizes and awards. He declared the tournament closed on 13th March 2014.

The results of the games/sports in which YMCA College of Physical Education are the winners/Runner-up are given below.

Sl.No.	Game	Position	
		Men	Women
1.	Athletics	Over all championship	Over all championship
2.	Ball Badminton	Runner-up	--
3.	Basketball	Runner-up	Runner-up
4.	Beach Volleyball	Runner-up	--
5.	Boxing	Runner-up	--
6.	Cricket	--	Winners
7.	Football	--	Runner-up
8.	Handball	Runner-up	Winners
9.	Hockey	Runner-up	--
10.	Kho-kho	Runner-up	--
11.	Table Tennis	Runner-up	Winners
12.	Swimming 50m - back stroke	Runner-up	---

### Individual Championship

Men – Balaji, M.P.Ed II – YMCA College of Physical Education

Women – Yogalakshmi, M.P.Ed. I - YMCA College of Physical Education

State/ University level

66

National level

14

International level

03

**No. of students participated in cultural events**

State/ University level

55

National level

00

International level

00

**5.9.2 No. of medals /awards won by students in Sports, Games and other events**

Sl.No.	Game	Position	
		Men	Women
1.	Badminton	Runner-up	Winners
2.	Ball Badminton	----	Runner-up
3.	Basketball	Winner	---
4.	Cricket	---	Runner-up
5.	Football	Winner	Winners
6.	Kabaddi	----	Runner - up
7.	Handball	Winner	Winner
8.	Hockey	Winner	Winner
9.	Table Tennis	Winner	---
10.	Tennis	Runner – up	---
11.	Volleyball	Runner – up	---
12	Track and Field	----	Winner (overall championship)

Sports: State/ University level

National level

International level

Cultural: State/ University level

84

National level

00

International level

00

**5.10 Scholarships and Financial Support**

	Number of Students	Amount
Financial support from institution	10	50,000
Financial support from government	310	35,98,855
Financial support from other sources		
Number of students who received International/ National recognitions		

**5.11 Student organised / initiatives**

<b>Fairs</b>	<b>: State/ University level</b>	<input type="text"/>	<b>National level</b>	<input type="text"/>	<b>International level</b>	<input type="text" value="00"/>
<b>Exhibition:</b>	<b>State/ University level</b>	<input type="text"/>	<b>National level</b>	<input type="text" value="00"/>	<b>International level</b>	<input type="text" value="00"/>

**5.12 No. of social initiatives undertaken by the students**

**5.13 Major grievances of students (if any) redressed:** **NIL**

## Criterion – VI

### 6. Governance, Leadership and Management

#### 6.1 State the Vision and Mission of the institution

**Vision:** To make quality the defining element of higher education in India through a combination of self and external quality evaluation, promotion and sustenance initiatives.

**Mission:** 1. To impart quality education to all sections of society at affordable cost.  
2. To develop good character, manners, habits and taste among the students.

#### 6.2 Does the Institution has a management Information System

#### 6.3 Quality improvement strategies adopted by the institution for each of the following:

##### 6.3.1 Curriculum Development

The curriculum is designed by the college. The college provides facilities for co-curricular activities, NSS, Games & sports, Track and Field, Tai-chi, Band, Kungfu, Silambam, Boxing are thought in addition, to the college time-table

Add – On and optional course along with Certificates.

During class room interaction, special importance is given to Power Point Presentation, Group discussion, Student seminar and Projectwork.

##### 6.3.2 Teaching and Learning

- Extensive use of ICT in for classroom teaching
- Encouraging students present news in English and Tamil language.
- Encouraging Seminars and Power Point Presentations by students.
- Giving individual attention during Practical classes.

##### 6.3.3 Examination and Evaluation

Periodical examinations and tests are conducted. Three monthly cycle tests are conducted and based on performance, marks are awarded. In addition marks are allotted for Assignments and student's progress is assessed through assignments, paper presentation, seminars, viva-voce and group discussion.

#### 6.3.4 Research and Development

- The college encourages the teaching faculty to pursue Research work.
- Student Research Projects are made mandatory in some subjects.
- Power point presentation for students is made compulsory
- Seminars/ Conferences conducted by the college and
- Students are encouraged to attend the seminars and conferences in out station..

Six PhD scholars were awarded PhD degree under the guidance of faculty members of the college.

M.Phil. scholars 22 in number were awarded degree.

#### 6.3.5 Library, ICT and physical infrastructure / instrumentation

- To create awareness among the students about the latest arrivals and quality reference, Books are exhibited in the library .
- All the library books are bar coded.
- The College building is extended and renovated.

#### 6.3.6 Human Resource Management

- The college organizes annual leadership training camp at Yellagiri, a hill station for the men and women students.
- The IQAC organises Workshops for Teaching as well as Non-teaching staff to enhance their competency.
- Training programme for NET and SET examinations are conducted in the college.
- Computer training for students are offered separately for men in the evening after 6.39 pm and for women students between 2.00 to 3.30pm .
- Students are encouraged to participate in the conferences/seminar organized by other institution.
- Add-on, Certificate courses and optional courses are conducted for the students to enable them to acquire additional knowledge and skills in different spheres and in end of the academic year grading is done and certificates are awarded .

### 6.3.7 Faculty and Staff recruitment

The institution follows a systematic procedure for faculty and staff recruitment. The Principal forwards staff requirement proposals to the management. The management advertises in the local daily. The applications received are short listed and called for an interview before the Principal, Management members. Interview is followed by Demonstration class and finally the right candidate is chosen.

### 6.3.8 Industry Interaction / Collaboration

--

### 6.3.9 Admission of Students

- Admission procedure laid by State government.
- Admission is purely on merit basis and done in transparent procedure.
- All admission information is placed on notice boards.
- Well communicated admission process with course features highlighted through news paper advertisements.
  - Reservations are strictly followed as per state government

### 6.4 Welfare schemes for

Teaching	Provident Fund, Star health
Non teaching	Provident Fund, ESI
Students	Group insurance

### 6.5 Total corpus fund generated

Rs.

### 6.6 Whether annual financial audit has been done

Yes

No

### 6.7 Whether Academic and Administrative Audit (AAA) has been done?

Audit Type	External		Internal	
	Yes/No	Agency	Yes/No	Authority
Academic	Yes		Yes	College Management
Administrative	Yes	1.Joint Director of Collegiate Education, Chennai 2.Accountant General office, Chennai	Yes	.

**6.8 Does the University/ Autonomous College declare results within 30 days?**

**For UG Programmes**      Yes       No

**For PG Programmes**      Yes       No

**6.9 What efforts are made by the University/ Autonomous College for Examination Reforms?**

**6.10 What efforts are made by the University to promote autonomy in the affiliated/constituent colleges?**

**Encourages affiliated colleges to continue Autonomy.**

**6.11 Activities and support from the Alumni Association**

- **The Alumni participates in Sports activities in the college.**

**6.12 Activities and support from the Parent – Teacher Association**

**The College organises formal and informal Parent meet to keep them aware of their ward's progress, to get feedback**

**6.13 Development programmes for support staff**

- **The staff members are encouraged to participate in Seminars and Workshops organised by other Institutions.**
  - **The college organises retreat in the beginning of the academic year in a form of Workshops for Non-teaching staff to enhance their competency.**

**6.14 Initiatives taken by the institution to make the campus eco-friendly**

**Every week the NSS volunteers of the college undertake campus cleaning programme.**

**Tree plantation took place on 15<sup>th</sup> Aug and 26<sup>th</sup> January**

## Criterion – VII

### 7. Innovations and Best Practices

7.1 Innovations introduced during this academic year which have created a positive impact on the Functioning of the institution. Give details.

#### MODEL/ PROJECT SPORTS MEETS

The main aim of the Project Sports Meet is “Learning by doing”. It is mandatory to all the outgoing students to organize a Project Sports Meet and to learn the officiating techniques practically. They also extend the knowledge of organizing a standard Sports Meet and to gain practical experience.

Class	Date	Chief Guest
M.P.Ed. I	30.07.13	Dr.P.Nagaraj, Superintendent of Central Excise, inaugurated the meet and Mrs. Angela Lincy Robin, Assistant Manager, IB, distributed the prizes in the evening.
B.P.Ed. 'A'	03.09.13	Mr.Prem Anand, International Athlete inaugurated the meet and Dr.S.Sivaramakrishnan, Controller of Examinations distributed the prizes in the evening.
B.P.Ed. 'B'	30.09.13	Mr.Vadivelu.N. Inspector of Income Tax inaugurated the meet and Mr.Pradeep John, Manager, State Bank of India distributed the prizes in the evening.
B.P.Ed.'C'	08.10.13	Mr.T.Balamurugan, International Athlete, Southern Railways inaugurated the meet and Ms.Sharadha Narayana, International Athlete, Southern Railways distributed the prizes in the evening.
BPE III	30.10.13	Mr.J.Selvin Devadoss, NIS inaugurated the meet and Mr.G.Victor Devasahayam, an Alumni was the Chief Guest for the valedictory function.
D.P.Ed II	13.12.13	Dr.V.Mahadevan, Director, Department of Physical Education, University of Madras inaugurated the meet and Dr.P.Vanangamudi, Vice Chancellor of Dr.Ambedkar Law University distributed the prizes at the Valedictory function. Dr.G.Jeyachandran, Chairman, Board of Management presided over the function.

These activities were conducted mainly to give some practical knowledge to the students relating to respective areas.



**7.2 Provide the Action Taken Report (ATR) based on the plan of action decided upon at the beginning of the year**

Plan of Action	Action taken
<p>1.To have coaching intensive for masters and Intensive Teaching Practice for U.G.classes.</p> <p>2. To have environmental science and communicative skill in English along with Value education and NET/SET classes to help students recognize, encourage and inculcate moral values.</p> <p>St.John's Ambulance First Aid course</p> <p>Arrange for Field Visits</p> <p>To encourage Research culture among students by making 'Project work' a part of internal assessment.</p> <p>3. To organize at least one workshop/seminar/conference</p> <p>6. To strengthen Remedial classes for slow learners.</p> <p>7. To start a few more useful Add-on courses.</p>	<p>1.Intensive Teaching Practice at 75 city schools from 27th Jan to 12th Feb.14 to gain practical experience in handling classes. M.P.Ed II year students have undergone Intensive Coaching Practice at 19 city schools/colleges from 27th January to 12th February 2014 to gain coaching experience as a part of the curriculum. Internal Coaching Lesson Examination were held for M.P.Eds &amp; BPE III on 20th &amp; 21st March 2014.</p> <p>St.John's Ambulance First Aid course was conducted for the students of BPE II year between 25th &amp; 28th November 2013.</p> <p>The students of BPE I, II, III, DPED I, &amp; II years were on field visits to Dimension Fitness Gym, Velachery Aquatic Complex, Express Avenue – Sports shops like Adidas, Reebok, etc, Jawaharlal Nehru stadium and squash courts, on 28th &amp; 29th November 2013.</p> <p>Value education classes are conducted for all the classes during the first hour of every Saturday.</p> <p>Project work is given due weightage in internal assessment.</p> <p>organized workshop/seminar/conference.</p> <p>Remedial classes are being conducted.</p> <p>Two new Add on courses are started.</p>

**7.3 Give two Best Practices of the institution (please see the format in the NAAC Self-study Manuals)**

**7.4 Contribution to environmental awareness / protection- Tree plantations were done**

**7.5 Whether environmental audit was conducted? No**

**7.6 Any other relevant information the institution wishes to add. (for example SWOT Analysis)**

**7.8. Plans of institution for next year**

- To continue Intercollegiate competitions Buck sports festival
  - To carry out UGC sponsored Research Projects and National Seminars.
  - To continue bridge course for fresher's, subjects like Environmental science and Value education at masters degree classes , Extension activities and other student mentoring and support activities.

**Name:**

**Dr. K. Jothi Dayanandan**

**For Dr. Sheila Stephen**

**Signature of the Coordinator, IQAC**

**Signature of the Chairperson, IQAC**

\_\_\_\_\_ \*\*\* \_\_\_\_\_

\*\*\*\*\*

**Annexure (i)**  
**Annexure (ii)**  
**Annexure (iii)**  
**Best Practices (IV)**

**Calendar of activities 2015-16**  
**College prospectus**  
**College annual Magazine**

**By ANNUAL JOURNAL ON**

**JOURNAL OF PHYSICAL EDUCATION AND EXERCISE SCIENCES**