



The National Council of YMCAs of India
Y.M.C.A. College of Physical Education



A Project of the National Council of YMCAs of India
(Autonomous College Affiliated to Tamil Nadu Physical Education & Sports University)
Registered under UGC Act

**ANNUAL REPORT ON THE ACTIVITIES OF COLLEGE
DURING THE ACADEMIC YEAR 2017-2018**

REOPENING DAY

The new academic year 2017-18 started on 16th June with a Staff Retreat at the college chapel. Mr. Jebasingh Moses shared the word of God.

Reopening Day of the college for Students was on 3rd July 2017. Special Prayer & Motivational Talk was given by evangelist Mr. Jebasingh Moses.

ADMISSIONS- 2017-2018

Men and women students were admitted to various courses of study as per the guidelines of Government of Tamil Nadu, National Council for Teacher Education (NCTE) and Tamil Nadu Physical Education and Sports University.

STUDENTS STRENGTH 2017-2018

S. No.	NAME OF THE COURSE	MEN	WOMEN	TOTAL
1.	D.P.Ed I Year	16	04	20
2.	D.P.Ed II Year	16	09	25
3.	B.P.E.S I Year	59	9	68
4.	B.PEd I Year A	38	12	50
5.	B.PEd I Year B	39	11	50
6.	B.PEd II Year A	43	07	50
7.	B.PEd II Year B	41	07	48
8.	B.M.S	02	-	02
9.	M.P.Ed I Year	41	06	47
10.	M.P.Ed II Year	06	-	06
11.	M. Phil	15	02	17
12.	Ph. D (regular)	03	-	03
13.	Ph. D (Part Time)	15	10	25
14.	M.Sc (FERN) I Year	05	01	06
15.	M.Sc (FERN) II Year	03	01	04
16.	PGDSC (Swimming)	-	01	01
17.	PGDSC (Tennis)	02	-	02
	TOTAL	344	80	424

INSTALLATION CEREMONY

Installation of Rotaract Club of YMCA College was conducted on 29th July 2017. Mr. B.S Purshotham, President RCME was the chief Guest and addressed the gathering. Mr. Unni gave a motivational talk to the students to develop their personality and communication skills. The programme was coordinated by Dr. R. Prabu and Dr. J. Glory Darling Margaret.

BUCK MEMORIAL SPORTS FESTIVAL

60th BUCK Memorial Sports Festival was conducted on 21st, 22nd and 23rd August 2017. **Mrs. K. Saramma, Arjuna Awardee**, Former Asian Champion and Sports Officer, Southern Railways inaugurated the festival. 4500 athletes and players from 90 institution participated in 27 sport. Track and Field has been introduced for college students' category. In the Valedictory function **Mr. Koshy Mathew**, Chairman, YMCA College of Physical Education; Chennai was the Chief Guest to distribute trophies & prizes for the winners. Dr. S. Johnson Premkumar was the organizing secretary of the Buck Memorial Sports Festival.

PICNIC

To relax from the tight and hefty academic activities a one- day picnic for staff and students to Vandaloore and Kishkintha Amusement Park was organized on 28th July 2017. It was coordinated by Dr. S. Johnson Premkumar.

NSS PROGRAMME

A cleaning programme was initiated by NSS on 5th Feb 2018. About 102 NSS volunteers of our college participated in the cleaning work. Various Programme were carried out by NSS in the campus during the academic year. Dr. S. Johnson Premkumar was the NSS coordinator.

CORPORATE SOCIAL RESPONSIBILITIES

YMCA College organized **Regreen Chennai** programme under the leadership of Fr. Jegath Gaspar Raj, Vision Head, Chennai on 3rd September 2017. Delegates from US, France, Spain, Russia and Malaysia were participated in the programme. They planted 1000 saplings and also conducted a mini Marathon competition.

EXTENSION ACTIVITIES

Terry Fox Run

- As an extension activity 50 students served as volunteers for 9th edition of **Terry Fox Run**-A run for cancer patients to raise fund for Cancer Research Institute on 17th September 2017 in which 40,000 people were participated.

National Youth Leadership Training Programme

- 10 students were participated **NATIONAL YOUTH LEADERSHIP TRAINING PROGRAMME 2017** at Kanyakumari between 5th to 7th September 2017 organized by **All India Association For Christian Higher Education (AIACHE)**. The students were accompanied by Dr. Prabu.

Idhayaganam Programme

- 15 students served as volunteers on 13th September 2017 for **Idhayaganam programme** for orphan children and senior citizens organized by Rotaract Club of Madras East.

CULUTURAL & LITERARY ACTIVITIES

- **Talent Nite** was conducted on 21st July 2017 at 5.00 pm. Dr. George Abraham, Principal was the chief guest. Students performed variety of programme and exhibited their talents. The Programme was organized by Dr. Pon. Anbarasu.

- **ONAM** was celebrated on 4th September 2017 with floral arrangement competitions and other traditional games, Mr. **M. A Salim, President, Confederation of Tamil Nadu Malayalee Association (CTMA)** was the chief guest and addressed the students. The programme was organized by Dr. Pon. Anbarasu and Ms. K. Yogalakshmi.
- **CHRISTMAS DAY** celebration was held on 19th December 2017, in the YMCA college premises. College Correspondent & Secretary Mr. Koshy Mathew was the Chief Guest. The performance of our Christmas papa added more color to the programme.
- The students of the College celebrated “**PONGAL FESTIVAL**” in the campus on 10th January 2018, under the leadership of Dr. Pon Anbarasu.

AWARENESS PROGRAMME

Our College N.S.S organized an awareness program on “Anti - corruption” on 3rd November, 2017 in Gymnasium hall. Mr. J. Udhaya Sankar, Dy.S.P., Vigilance & Anti-corruption, Chennai has given talk on Anti-Corruption. All the Staff & Students attended the programme.

ROTARACT ACTIVITIES-2017-2018

The **ROTARACT CLUB** of YMCA College was organized the following programme in the academic year 2017-2018 [From Oct 2017- Feb 2018]

S.No	Date	Programme	Students Involved	Core Team Members	Manhours Invested
1	13 th Oct	Career Guidance Talk Series	50	3	100
2	3 rd Nov	Wings to Fly Semi-Finals	25	5	150
3	12 th Jan	National Youth Day Leadership Training Program	10	1	50
4	5 th Feb	Job Interview Etiquette Training	23	2	100
5	21 st Feb	Art Public Awareness Exhibition	20	2	50

EXTENSIVE TEACHING AND COACHING PRACTICE

Students of second year M.P.Ed, B.P.Ed, D.P.Ed and B.M.S went for Extensive Teaching and Coaching Practice from 18th Jan to 9th Feb 2018 to various schools around Chennai city to gain practical experience in teaching and coaching.

EXTERNAL TEACHING PRACTICE EXAMINATION

External Teaching Practice Examination conducted for our college students.

Date of Examination	Class
26.03.2018	B.P.Ed I & II
27.03.2018	M.P.Ed I & II
28.03.2018	D.P.Ed II

INTERNSHIP TRAINING- PHYSIOTHERAPY

Twenty B.P.T students came from Trichy Government College for Internship in our college and they completed their Internship on 24th Nov 2017.

IMPORTANT NATIONAL AND INTERNATIONAL DAYS

Independence Day Celebration

71st Independence Day was celebrated on 15th August 2017. Dr. George Abraham, Principal hoisted the Flag and delivered Independence Day message to the Staff and Students. The programme was coordinated by Dr. Glady Kirubakar and Ms. Yogalakshmi.

National Sports Day

Inter class Hockey Tournament was conducted on 29th August as a mark of National Sports Day. Students were highlighted about the achievements of legend Hockey player Major Dyan Chand. The programme was organized by M.P.Ed II year students along with Dr. Glady Kirubakar.

Teachers Day

Teachers Day Celebration was conducted on 5th September 2017 by M.P.Ed II and M.Phil students. Management honored the teaching faculty by cash award of Rs. 2000 to each staff.

Blood Donation

A Blood Donation Drive has been arranged in the college campus on 11th August 2017 in association with Rotaract Club Madras East. Seventy one (71) Units of blood have been collected through the Camp.

Republic Day

On 26th January 2018 Republic day flag hoisting ceremony was conducted at 6.00a.m in the college pavilion ground. Our Principal, Dr. George Abraham, hoisted the flag and delivered the Republic Day Message to the staff and students.

MODEL/ PROJECT SPORTS MEET

DATE	CLASS	CHIEF GUEST	COMPETITION DIRECTOR
15.09.2017	M.P.Ed	"ACE" Inauguration: Mr. V. Jayaprakash , International Body Builder, Security Branch CID Chennai Valedictory: Mrs. Molly Chacko , International Athlete. Superintendent, Southern Railway.	Mr. Felix Arokiaraj
11.10.2017	B.PEd-II(A)	"SECOND WIND" Inauguration: Mr. A Rajan , Asian Gold Medalist in 800mts Valedictory: Mr.C.V Sunny , Former Indian Basket Ball Team Captain	Dr. J. Samuel Jesudoss
07.12.2017	B.PEd-	"ADO-50-PROJECT SPORTS	Dr. Pon Anbarasu

	II(B)	MEET Inauguration: Mrs. Nina Reddy , Patron, Tamil Nadu Aquatic State Association Valedictory: Mrs.Renuka Lakshmi , General Secretary, Hockey Unit of India	
06.03.2018	D.P.Ed	“ZEST” Inauguration: Mr. M. Suresh Kumar Marimuthu , Fitness Coach Valedictory: Dr. A.V.Bharath Krishna , CEO of 7 TH Box Fit & TN State Judo Coach.	Mr.Praveen Doss

TNPESU INTERCOLLEGIATE RESULTS 2017-18

About 49 players / athletes from YMCA College of Physical Education represented Tamil Nadu Physical Education and Sports University at South Zone and All India Inter University Tournaments in various sports and games during 2017-18 on 24th & 25th Oct 2017.

S.NO	NAME OF GAMES	MEN	CLASS	WOMEN	CLASS
1	BALL BADMINTON	Vimal Raj.R- Praveen Kumar. B	B.P.Ed - II B B.P.Ed - I B		-
2	BADMINTON	Alex,	MPed. I		
3	BASKETBALL	Vince.T., Jeyaprakash.J, Anand Kumar Sarath Kumar Keerthivasan,	MPed. I B.P.Ed. II A BPed II A BPed.I B BPed IA		
4	BOXING	Yogeshwaran.K, Vignesh.K, Karthick.P, Tinu.B.Tharique,	BPed. II B BPed. II B BPed IA BPES I		
5	CRICKET	Praveen Kumar, Jino John,	MPed. I BPED I A	EmiMall Yuvarani, Indhu	BPES I BPES I BPed.II
6	FOOTBALL	Thangabalu.M, Nasar Khan.M. Skhembor Khong B.T., Ganesh.R.	BPED I B MPED I BPED I B BPED IIB	Prema.K., Praveena.V, Raj Gnana Joshana Jayasudha.V,	BPED I B BPED I B BPED IB BPED II B
7	HANDBALL	Anb Arasan, Venkatesh, Tiruppathi.R., Aravind.K.,	BPED II A BPED II B BPED II B	Chitra.S., Ramya.R., Manju.P.,	BPED I A BPED I B BPED I A

		Edwin Jerry.C,	MPED I BPED I A		
8	HOCKEY	Iyyanar, Praveen Kumar.S., Vijay Kumar.V., Madhavan.R.,	BPED II A BPED II B BPED I B BPED I A	Logeswari.G	MPED.I
9	NETBALL	Keerthi Vasan, Jayaprakash sarath Kumar,	BPED IA B.P.Ed. II A BPED I B		
10	VOLLEYBALL	Raj.R., Vengatesh.	BPED I B MPED I	Keerthika.K.,	BPED II B
12	TENNIS	Vasanthan.A. Dinesh.S., Prasad,.	MPED I MPED I P.G. DIP		
13	TABLE TENNIS	Mahendran.P.	BPED I B		
14	TAEK WONDO			Ramya.R	BPED I B
TOTAL		36 MEN			13 WOMEN

RESULTS OF TAMIL NADU PHYSICAL EDUCATION & SPORTS UNIVERSITY INTERCOLLEGIATE TOURNAMENT 2017-18

MEN SECTION

Winners

1. Basketball
2. Ball Badminton
3. Handball

Runners

1. Netball
2. Tennis

WOMEN SECTION

Runner

1. Volleyball

Students Achievements in other University Competitions

On 15th September the College Throw ball Women Team have participated in Jean Harris Carnival Tournament and secured 3rd Position. This programme is organized by Rotract Club of Guindy

INTER SCHOOL AEROBICS & CALISTHENICS COMPETITION-2018

Inter School Aerobics & Calisthenics Competition 2018 held in the College campus under the leadership of Dr. S Johnson Premkumar. 24 schools participated in this competition. The winners and participants were given Medals and Certificates.

BOOK EXHIBITION

The Book Exhibition held on 19th February, 2018 at Conference Hall, was inaugurated by our Principal, Dr. George Abraham, organized by college librarian Dr. Prabhu.

RELIGIOUS ACTIVITIES

On 9th September 2017 one day youth retreat programme has been arranged for the staff and students in the College Chapel in association with Laymen Evangelical Fellowship. The programme was very useful to learn and understand the word of God with Skit, Choreography and Group discussion.

All Souls Day

All Souls Day was remembered on 2nd November 2017. Students and staff were gathered near the tomb of leaders of YMCA College and offered floral tribute.

World Week of Prayer

World Week of Prayer was remembered at the College from 12th November to 18th November 2017 with a Theme "STAND UP, SPEAK UP".

Prayer Cell

Regular prayer and meditation are the important factors to satisfy the soul and add Christian based values in life. The prayer cell is functioning effectively every day at 9.00 pm in the college chapel by boys and girls in the hostel.

Monthly Prayer Meeting

God gives us the joy and privilege of administrating His kingdom, His affairs working together through this monthly prayer meeting initiated by our college Correspondent & Secretary Mr. Koshy Mathew.

- Thanks giving prayer meeting for the month Dec 2017 held on 19th Dec 2017 at 4.00 pm in the College chapel.
- Thanks giving prayer meeting for the month Jan 2018 held on 11th Jan 2018 at 4.00 pm in the College chapel. Praise and worship by Mr. Christopher and Dr. Jackson Sutharsingh.
- Thanks giving prayer meeting for the month of Feb held on 07th Feb 2018 between 4pm and 5.30pm. Praise and worship Mr. John Vijayan, [Cherubim Ministry] & Message by Rev. Dr. Abraham Jeba Singh.

DISTANCE EDUCATION PROGRAMME

About 72 Students have enrolled in Distance Education Programme under Tamil Nadu Physical Education and Sports University for the academic year 2018-19. The various courses offered were PG Diploma in Yoga/ M.Sc., in Yoga (L.E)/ Diploma in Aerobics Instructor/ Diploma in Gym Instructor/ PG Diploma in Gym Instructor. The

DDE- PCP classes were conducted periodically under the staff coordinator Mr. Felix Arockkiaraj.

The College is conducting Distance Education Programme on various courses. We have conducted contact classes for the following courses from 14th to 24th March 2018.

- a) P.G Diploma in Yoga
- b) P.G. Diploma in Gym / Fitness Trainer
- c) Diploma in Yoga
- d) Diploma in Gym and Fitness Training
- e) M.Sc., Yoga (Lateral Entry)

NEW TEACHING STAFF

The College Management has appointed the following three new teaching staff.

1. Mr. R. Rajesh
2. Mrs. J. Komala
3. Dr. G. Bobby

STAFF ACHIEVEMENTS

Dr. Johnson Premkumar is nominated as coach cum manager of handball women team for South Zone Inter University Handball (Women) Tournament.

Dr. K. Jothi was invited as a resource person for National Conference at Government college, Manimalakunnu, Ernakulam, Kerala.

Dr. J. Glory Darling Margaret was invited as a guest speaker for National Seminar on "A Life Of Wellness, Food Habits And Yoga In Vague" on 11th & 12th January 2018 at Ernakulum, organized by Department of Physical Education, Government College, Tripunithura, Ernakulum, Kerala.

PRINCIPAL'S VISITS

- ❖ Principal visited TNPESU on 12th September, 2017 to discuss the development and improvement of Academic Standards.
- ❖ Principal visited Sri Padmavathi Mahila University, Tirupati, to attend Board of Studies and Sports Board Meeting on 28th August, 2017.
- ❖ Principal was the Chief Guest of Valedictory function of CBSE Schools Southern Cluster Athletic Meet on 30th September, 2017.
- ❖ Principal visited Bangalore YMCA college of Physical Education and attended the Executive committee meeting of **National Association of Physical Education and Sports [NAPESS]** on 7th January 2018. He has been elected as the **Vice-President of NAPESS**.
- ❖ Principal has been invited as the Chief Guest for **National Seminar on "A Life Of Wellness, Food Habits And Yoga In Vague"** on 11th & 12th January 2018 at Ernakulum, organized by Department of Physical Education, Government College, Tripunithura, Ernakulum, Kerala.
- ❖ Principal attended **PEFI Conference in Delhi** on 09th & 10th February, 2018.
- ❖ Principal has been invited as the Chief Guest of Sports Day functions of various school and colleges.

STUDENTS CORNER

- Hundred Students participated and learnt the fundamental techniques in sports nutrition and diet in a Workshop on “**Sports Nutrition and Diet**” by Mrs. Priya, Nutritionist, Ramachandra Medical University on 12th September 2017.
- Workshop on “**Cancer Awareness Programme**” for women students by Dr. Kalawathy, Gynecologist was held on 21st September 2017. 75 students have actively participated in the interactive session.
- Our 6 Ph.D Scholars, 17 M.Phil Scholars, 18 MPED Students, 2 BPED Students and 5 Faculty Members have participated and presented papers in a National Seminar on “**A Life of Wellness, Food Habits and Yoga in Vogue**” held at Ernakulum on 11th & 12th January, 2018.
- All the M.Phil Scholars & M.P.Ed –II year students attended a **Colloquium** for finalizing the Topic of research work on 23-01-2018. All the teaching staff and Principal attended.
- Students of M.P.Ed II year & B.P.Ed II year went for **Intensive coaching classes** from 24th Jan to 09th Feb 2018 between 2 p.m and 6 p.m. to various schools around Chennai city to gain practical experience in teaching and coaching under the supervision of Physical Education Teacher/ Physical Director/ Coach of the corresponding Institution. They handled Intensive Coaching classes whenever the teams are practicing in the corresponding institution.
- **Workshop on Job Interview Etiquette** for M.Phil Scholars and M.P.Ed final year students was held on 5th Feb 2018 from 11.30am to 1.00 pm in the B.P.Ed – I B class room. Organized by Rotary Club of YMCA College of Physical Education. Workshop Participation certificates have issued to the participants.
- **Workshop on Kho-Kho** officiating held on 25th March 2018 co-ordinated by Mr.Karthikeyan.
- **Workshop on Kabaddi** officiating held on 8th April 2018 co-ordinated by Dr. Pon Anbarasu.

VISITORS FROM FOREIGN COUNTRIES

- U S Consulate General Mr. David Ballard has visited our college on 11th July 2017
- U S. Navy Captain Kevin Lenox has visited our college on 11th July 2017
- Delegates from US, France, Spain, Russia and Malaysia have visited our college to participate YMCA Regreen Chennai Programme on 3rd September 2017.

PLACEMENT CELL

Our college placement cell provides wide range of job opportunities for the students who complete their education. Institutions from all over Tamil Nadu visited our campus on 3rd April 2018. About 60 students were placed in various schools and sports companies as

Physical Education Teachers and Sports Trainers. The programme was coordinated by Dr. (Mrs.). J. Glory Darling Margaret.


Principal (i/c)
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