



The National Council of YMCAs of India
Y.M.C.A. College of Physical Education



A Project of the National Council of YMCAs of India
(Autonomous College Affiliated to Tamil Nadu Physical Education & Sports University)
Registered under UGC Act

**ANNUAL REPORT ON THE ACTIVITIES OF COLLEGE
DURING THE ACADEMIC YEAR 2018-2019**

REOPENING DAY

The new academic year 2018-19 started on 18th June with a Staff Retreat at the college chapel. Mr. Jebasingh Moses shared the words of God.

Reopening Day of the college for Students was on 5th July 2018. Special Prayer & Motivational Talk was given by evangelist Mr. Jebasingh Moses.

ADMISSIONS- 2018-2019

Men and women students were admitted to various courses of study as per the guidelines of Government of Tamil Nadu, National Council for Teacher Education (NCTE) and Tamil Nadu Physical Education and Sports University.

STUDENTS STRENGTH 2018-2019

S. No.	NAME OF THE COURSE	MEN	WOMEN	TOTAL
1.	D.P.Ed I Year	18	08	26
2.	D.P.Ed II Year	14	05	19
3.	B.P.E.S I Year	63	14	77
4.	B.P.E.S II Year	54	7	61
5.	B.PEd I Year	82	17	99
6.	B.PEd II Year	76	23	99
7.	M.P.Ed I Year	42	04	46
8.	M.P.Ed II Year	41	06	07
9.	M. Phil	14	02	16
10.	Ph. D (regular)	03	-	03
11.	Ph. D (Part Time)	15	10	25
12.	M.Sc (FERN) I Year	05	01	06
13.	M.Sc (FERN) II Year	03	01	04
14.	PGDSC (Swimming)	-	01	01
15.	PGDSC (Tennis)	03	-	02
	TOTAL	430	99	529

BUCK MEMORIAL SPORTS FESTIVAL

61th BUCK Memorial Sports Festival was conducted on 30th & 31st July and 1st August 2018. Around 4600 athletes and players from 94 institution participated in 27 sport. Track and Field has been introduced for college students' category. Dr. S. Johnson Premkumar was the organizing secretary of the Buck Memorial Sports Festival.

PICNIC

To get a relax from the tight and hefty academic activities a one- day picnic for staff and students to Vandaloor and Kishkintha Amusement Park was organized on 28th July 2018. It was coordinated by Dr. S. Johnson Premkumar.

NSS PROGRAMME

Various Programme were carried out by NSS in the campus during the academic year. Dr. S. Johnson Premkumar was the NSS coordinator.

CULUTURAL & LITERARY ACTIVITIES

- **Talent Night** was conducted every month. The Programme was organized by Dr. Pon. Anbarasu.
- **ONAM** was celebrated The programme was organized by Dr. Pon. Anbarasu & Mrs. Komala.
- **CHRISTMAS** was celebrated in the YMCA college premises. College Correspondent & Secretary Mr. Koshy Mathew was the Chief Guest. The performance of our Christmas papa added more color to the programme.
- The students of the College celebrated “**PONGAL FESTIVAL**” in the campus under the leadership of Dr. Pon Anbarasu.

EXTENSIVE TEACHING AND COACHING PRACTICE

Students of second year M.P.Ed, B.P.Ed and D.P.Ed went for Extensive Teaching and Coaching Practice to various schools around Chennai city to gain practical experience in teaching and coaching.

EXTERNAL TEACHING PRACTICE EXAMINATION

External Teaching Practice Examination conducted for our college students.

Date of Examination	Class
26.03.2019	B.P.Ed I & II
27.03.2019	M.P.Ed I & II
28.03.2019	D.P.Ed II

INTERNSHIP TRAINING- PHYSIOTHERAPY

B.P.T students came from different Colleges for Internship in our college

IMPORTANT NATIONAL AND INTERNATIONAL DAYS

Independence Day Celebration

71st Independence Day was celebrated on 15th August 2018. Dr. George Abraham, Principal hoisted the Flag and Independence Day message delivered by Mr. Rajiv Kunwar John, Director, YMCA Secretaries training department. The programme was coordinated by Dr. Gladys Kirubakar.

National Sports Day

Inter class Hockey Tournament was conducted on 29th August as a mark of National Sports Day. Students were highlighted about the achievements of legend Hockey player

Major Dyan Chand. The programme was organized by M.P.Ed II year students along with Dr. Gladly Kirubakar.

Teachers Day

Teachers Day Celebration was conducted on 5th September 2018 by M.P.Ed II and M.Phil students.

Republic Day

On 26th January 2019 Republic day flag hoisting ceremony was conducted at 6.00a.m in the college pavilion ground. Our Principal, Dr. George Abraham, hoisted the flag and delivered the Republic Day Message to the staff and students.

MODEL/ PROJECT SPORTS MEET

College has conducted four project sports meet and one sport tournament during 2018-19 academic year.

TNPESU INTERCOLLEGIATE RESULTS 2018-19

About 47 players / athletes from YMCA College of Physical Education represented Tamil Nadu Physical Education and Sports University at South Zone and All India Inter University Tournaments in various sports and games during 2018-19.

S.NO	NAME OF GAMES	MEN	WOMEN
1	BALL BADMINTON	2	
2	BADMINTON	1	
3	BASKETBALL	3	
4	BOXING	4	
5	CRICKET	2	3
6	FOOTBALL	4	4
7	HANDBALL	5	3
8	HOCKEY	4	1
9	NETBALL	3	
10	VOLLEYBALL	2	1
12	TENNIS	3	
13	TABLE TENNIS	1	
14	TAEK WONDO		1
TOTAL		34MEN	13WOMEN

RESULTS OF TAMIL NADU PHYSICAL EDUCATION & SPORTS UNIVERSITY INTERCOLLEGIATE TOURNAMENT 2018-19

MEN SECTION

Winners

1. Ball Badminton
2. Cricket

Runners

1. Football
2. Hockey
3. Handball
4. Table Tennis

WOMEN SECTION**Runner**

1. Volleyball

College has received many medals for Archery and Boxing for both Men and Women category in Tamil Nadu Physical Education University Inter collegiate Competitions.

ALL INDIA INTERUNIVERSITY COMPETITION

1. Mr. Vishwadeep Kaushik has secured Two Bronze Medals for Grappling in All India Inter University Grappling Championship.

BOOK EXHIBITION

The Book Exhibition held on 15th February, 2019 at Conference Hall, was inaugurated by our Principal, Dr. George Abraham, organized by college librarian Dr. Prabhu.

All Souls Day

All Souls Day was remembered on 2nd November 2018. Students and staff were gathered near the tomb of leaders of YMCA College and offered floral tribute.

World Week of Prayer

World Week of Prayer was remembered at the College

Prayer Cell

Regular prayer and meditation are the important factors to satisfy the soul and add Christian based values in life. The prayer cell is functioning effectively every day at 9.00 am and 7pm in the college chapel by boys and girls.

DISTANCE EDUCATION PROGRAMME

About 72 Students have enrolled in Distance Education Programme under Tamil Nadu Physical Education and Sports University for the academic year 2018-19. The various courses offered were PG Diploma in Yoga/ M.Sc., in Yoga (L.E)/ Diploma in Aerobics Instructor/ Diploma in Gym Instructor/ PG Diploma in Gym Instructor. The DDE- PCP classes were conducted periodically under the staff coordinator Mr. Felix Arockkiaraj.

NEW TEACHING STAFF

The College Management has appointed the following three new teaching staff.

1. Mr. Sathish Kumar
2. Mr. Sai Abhinav

STAFF ACHIEVEMENTS

1. Dr. Johnson Premkumar is nominated as coach cum manager of handball women team for South Zone Inter University Handball (Women) Tournament.
2. Mr. Sai Abhinav, Assistant Professor is nominated as coach of football team for South Zone Inter University Football (Men & Women) Tournaments.
3. Principal Dr. George Abraham was acted as a Resource Person of the 29th National conference of Sports Psychology, titled *Self Talk: A tool of Performance Development*, NIT, Warangal, Andhra Pradesh, 29th to 31st March, 2019.
4. Principal Dr. George Abraham was acted as a Chair Person of the Global Conference of Physical Education at Acharya Nagarjuna University (ANU), Guntur, Andhra Pradesh, 11th to 13th October 2018.
5. Principal Dr. George Abraham was acted as a Chair Person of National conference of Sports Psychology, NIT, Warangal, Andhra Pradesh, 29th to 31st March, 2019.
6. Principal Dr. George Abraham was acted as a Chair Person of International National conference on Sports Medicine, Yoga, Fitness Therapy & Rehabilitation (SYFTR), Sri Balaji Medical College & Hospital, Chrompet, Chennai, 11th and 12th March, 2019.
7. Principal Dr. George Abraham has Received Samaj Ratna Award at Nashik, Mumbai, 17th August 2018.
8. Principal Dr. George Abraham has received the Appreciation Award from NAPESS (National Association of Physical Education and Sports Sciences), New Delhi on 12th October 2018.
9. Principal Dr. George Abraham has Received Distinguished Professor award for the futuristic and outstanding best practices in the field of Education, 2nd December, 2018.
10. Principal Dr. George Abraham has Received Outstanding Faculty award for the futuristic and outstanding best practices in the field of Education, 2nd December, 2018.

PRINCIPAL'S VISITS

- ❖ Principal was the Chief Guest of the Annual Sports Meet of St. William's Anglo Indian School, Royapettah, Chennai on 19th July, 2018.
- ❖ Chief Guest of the 41st Annual Sports Meet of Ebenezer Marcus Matric. Hr. Sec. School, Ambattur, Chennai on 21st August, 2018.
- ❖ Chief Guest of the Yoga World Festival, Mahabelipuram, Chennai on 26th August, 2018.
- ❖ Chief Guest of the Sports Day of Holy Angels Metric Hr. Secondary School, Chennai on August, 2018.
- ❖ Chief Guest of the 36th Sports Meet of Shri Jawanthraj Tejaraj Surana Jain Vidyalaya, Park Town, Chennai on 4th September, 2018.
- ❖ Chief Guest of the 23rd Tamil Nadu Inter District Junior Athletic Meet, Jawaharlal Nehru Stadium, Chennai on 19th September, 2018.
- ❖ Chief Guest of the XVI Chennai District Masters Athletic Meet, Nehru Stadium, Chennai on 30th September, 2018.
- ❖ Chief Guest of the Boot Camp Marathon Challenges, Chennai on October, 2018.
- ❖ Chief Guest of the Sports Meet of Sri Sathya Sai Institution of Educare, Chrompet, Chennai on November, 2018.


- ❖ Chief Guest of the 49th Annual Sports Day of National Public School, Chennai on 21st December, 2018.
- ❖ Chief Guest of the Annual Sports Day of Sri Krish International School, Kovur, Chennai on 22st December, 2018.
- ❖ Chief Guest of the 5th Sports Day of D A V Public School, Chennai on 12th January, 2019.
- ❖ Chief Guest of the Sports Day of BVM Global School, Perumbakkam, Chennai on 12th January, 2019.
- ❖ Chief Guest of the Sports Day of Stella Matutina College of Education, Ashok Nagar, Chennai on 24th January, 2019.
- ❖ Chief Guest of the Republic day and Sports Day celebration of Arsha Vidya Mandir Senior Secondary School, Guindy, Chennai on 26th January, 2019.
- ❖ Chief Guest of the Sports Day of Holy Prince Matriculation Higher Secondary School, Madipakkam, Chennai on 2nd February, 2019.
- ❖ Chief Guest of the 6th Annual Sports Day of Sri Chaitanya School, Mandaveli, Chennai on 11th February, 2019.
- ❖ Chief Guest of the Sports Day of SSS Jain College for Women, T Nagar, Chennai on 12th February, 2019.
- ❖ Chief Guest of the Sports Day of Holy Tiaana Vidhyasrm School, on 16th February, 2019.
- ❖ Chief Guest of the Sports Day of Chellammal Women College, Guindy on 02nd March, 2019.
- ❖ Chief Guest of the Sports Day of Juvanine Rehabilitation Programme, Juvenile Home, Purasawlkam On 2nd March, 2019.
- ❖ Chief Guest of the Sports Day of Nazareth College for Women, Avadi on 05th March, 2019.
- ❖ Chief Guest of the Annual Sports Day of NKT National College of Education for Women, Triplicane on 06th March, 2019.
- ❖ Chief Guest of the Annual Sports Day of Nazareth College of Arts and Science, Avadi on 11th March, 2019.
- ❖ Chief Guest of the Annual Sports Day of Sri Padmavathi Mahila Viswavidyalaya (SPMVV), Tirupati on 18th March, 2019.

STUDENTS CORNER

- All the M.Phil Scholars & M.P.Ed –II year students attended a **Colloquium** for finalizing the Topic of research work on 18-01-2019. All the teaching staff and Principal attended.
- Students of M.P.Ed II year & B.P.Ed II year went for **Intensive coaching classes** from 24th Jan to 09th Feb 2019 between 2 p.m and 6 p.m. to various schools around Chennai city to gain practical experience in teaching and coaching under the supervision of Physical Education Teacher/ Physical Director/ Coach of the corresponding Institution. They handled Intensive Coaching classes whenever the teams are practicing in the corresponding institution.

PLACEMENT CELL

Our college placement cell provides wide range of job opportunities for the students who complete their education. Institutions from all over Tamil Nadu visited our campus on 4th April 2018. About 60 students were placed in various schools and sports companies as Physical Education Teachers and Sports Trainers. The programme was coordinated by Dr. (Mrs.). J. Glory Darling Margaret.


Principal (i/c)
YMCA COLLEGE OF PHYSICAL EDUCATION
NANDANAM, CHENNAI-600 035