Annual Report for the year 2024 – 2025

Presented by Dr.S. JOHNSON PREMKUMAR, M.A., M.P.Ed., B.M.S., M.Phil.,Ph.D., Principal In-Charge

"He has made everything beautiful in His time - Ecclesiastes: 3:11"

I feel extremely honoured and proud to welcome Thiru.P. Kumar, TPS, Deputy Commissioner of Police, Traffic South District, our Chief Guest on the occasion of College Day celebration held on Wednesday, the 09th April 2025. On behalf of management of Y.M.C.A. College of Physical Education, I express my sincere thanks to our Chief Guest, Mr.P. Kumar, TPS, Deputy Commissioner of Police, Traffic South District preside over as the Chief Guest and P. Asir Pandian Correspondent & Secretary of YCPE as a guest of honor with us on this memorable day, despite his various official commitments. I extend a very warm welcome to all the eminent guests, parents and all well-wishers who have kindly responded to our invitation. It is my pleasant privilege to present the brief report of the College, its activities, and achievements for the year 2024-2025.

Board of Management

- 1. Mr.P. Asir Pandian, Correspondent & Secretary
- 2. Dr.S. Johnson Premkumar, Principal i/c
- 3. Mr.N.G. John, Treasurer
- 4. Mr.T. John Sudarshan, Executive Secretary cum AO

CHRISTIAN MINORTY INSTITUTION

The Government of Tamil Nadu conferred with Christian Minority College. Our college is NAAC Accredited.

SPECIAL PRAYER MEETING

❖ The special prayer meeting was conducted on 06th June 2024 at 4.30 p.m. in our College Chapel to commemorate the 180th YMCA foundation day of Sri. George Williams. 50 pockets of provision items were distributed to visually disabled people in Ekkadu, Thiruvalur District. On 18th June 2024, Teaching, Non-teaching and Supportive staff attended the Staff Enrichment Programme which was organized at DMI International Centre, St. Thomas Mount, Chennai. Resource persons are Dr.T. Roopsingh, Principal (Retd.), Govt. Arts College, Dr.David, Associate Professor, Madras Christian College, Mr. Anbu, Faculty, Haggai Institute, Mr.Sam Blesson, Director, Christian Institute of Management and Mr.Godfrey, CEO Clarion Call Mission are invited.



❖ First working day of every month, the Communion Service conducted for all the months.



- ❖ On 17th July 2024, FMPB hosted a unique retreat to our college students with the topic "Sharpening" at our College Chapel from 09.30 a.m. to 01.30 p.m.
- ❖ On 11th October 2024, Sir.George William's 203rd birthday was celebrated in our college campus.
- ❖ The Even semester begins with prayer meeting on 25th November 2024. Rev.Paul Birla, Presbyter-in-Charge of CSI St.Thomas Church, Saidapet, Madras Diocese and Dr.J. Glory Darling Margaret, Associate Professor share the God's Message on the topic of "Be aware of your Future".



❖ All Souls Day was observed on 02.11.2024. Prayer and Message by Rev.Fr.Dr. Thisai Jerry, (College Chaplin).



- ❖ As per the direction of NCYIs, Week of prayer on 10th to 16th November 2024 conducted in our College Chapel.
- ❖ On 18th December 2024, Christmas Carol Service was conducted for students and staff and their families in the Gym court and sumptuous dinner was served. Carol singing was by our College Choir, Friends Missionary Prayer Band. Rev.W.S.Richardson was invited as Chief Guest and he shared the Christmas message and distributed the Christmas gift to the staff of YMCA College and schools.

NGS VISIT AND FELICITATION ON 05.06.2025



AWARDS AND HONOURS OF THE COLLEGE

* KAS Trust of Chennai has selected our college is one of the Champions in Chennai for Physical Education and Adapted Physical Education to the society. On August 17th, 2024, Principal i/c received the award from Mrs.B.Bhamathi, IAS Former Secretary to the Government of India at Dakshinamurthy Auditorium, P.S. Higher Secondary School, Mylapore,

Chennai.



Special School Program on 21.01.2025

❖ One of our board member contribute Christmas gift to our special school children on 21-01-2025. Christmas gift were distributed to Special School Children.



COURSES OFFERED

- D.P.Ed.
- ➤ B.P.E.S
- ➤ M.P.Ed.
- ➤ B.P.Ed.
- ➤ B.M.S.
- > Evening College M.Sc.
- > Evening College P.G.D.S.C.

ADMISSION STRENGTH

S. No.	Courses	Date of Selection trials	No. of candidates applied	No. of candidates Reported	No. seat sanctioned	No. of candidates selected
1	D.P.Ed.	21.06.2024	17	16	40	9
2	B.P.E.S	20.06.2024	209	189	80	80
3	M. P.Ed.	24.06.2024	83	77	60	60
4	B.P.Ed.	26.06.2024	213	207	100	100
5	B.M.S.	26.06.2024	4	3	12	3
6	Evening college M.Sc. (FERN)	20.06.2024	13	11	20	11
7	P.G.D.S.C	20.06.2024	1	1	12	1

STUDENTS' INDUCTION PROGRAM AND INAUGURATION OF THE PARENT TEACHER ASSOCIATION

❖ Students' Induction Program and Inauguration of Parent Teacher Association conducted on 03rd July 2024 at Buck Open Air Theatre. The event was graced by Rev.Paul Francis Ravichandran, Presbyter-in-charge of CSI Victorious Cross Church, Ashok Nagar, Madras Diocese, who delivered an inspiring message on "Hard work Makes the Students Achieve the Goal", Mr.P. Asir Pandian, Correspondent & Secretary, Dr.S.Johnson Premkumar, Principal (i/c), and Rev.Dr. Thisai Jerry, Chaplin, YMCA Chapel were also present at the event, emphasizing the collaborative efforts between the College administration, teaching staff, and parents in fostering a conducive learning environment for the students. The inauguration of the Parent Teacher Association highlighted the vital role of parental involvement in supporting the holistic development of students.





❖ On 04th July 2024, an Induction Programme on "Yoga and Sports" was organised by IQAC of the college for the B.P.Ed and M.P.Ed students. Dr.V.Subbulakshmi, Principal (i/c), Faculty of Yoga Science and Therapy, Meenakshi Academy of Higher Education and Research, Chennai was the esteemed resource person. Her expertise in the field provided invaluable insights into the integration of yoga and sports, emphasizing their combined benefits for physical and mental well-being.



- ❖ On 05th July 2024, the Internal Quality Assurance Cell (IQAC) organized an Induction Program on "Inclusive Physical Education and Sports for Persons with Disabilities" at Gymnasium of our College. Dr.M.S. Nagarajan, Regional Sports Director of Special Olympic Bharat (India) and Former Lecturer of YMCA College of Physical Education was the Resource Person. He shared his experience and knowledge in the field of inclusive sports and physical education.
- ❖ On 08th July 2024, the Internal Quality Assurance Cell (IQAC) organized an Induction Program on "YMCA and its contributions" at Gymnasium of our College. Mr.T. John Sudarshan, Executive Secretary cum Administrative Officer of our College was the Resource Person. He shared his extensive knowledge and experience, highlighting the Y.M.C.A.'s pivotal role in the development of Physical Education and its global influence.
- ❖ Dr.S. Johnson Premkumar, Principal (i/c), delivered the welcome address. He emphasized the importance of the induction program in helping students transition smoothly into their academic journey. Dr.S.Johnson Premkumar also expressed his gratitude to Mr.T.John Sudarshan for his valuable contribution to the event. IQAC extends its gratitude to Mr.T.John Sudarshan for his enlightening session and to all participants for their enthusiastic participation, contributing to the success of the program. Dr.S.Johnson Premkumar, Principal i/c of our college emphasized on "Milestone of YMCA College of Physical Education".
- ❖ On 08th July 2024, the Internal Quality Assurance Cell (IQAC) organised an Induction Program on "ICT Initiatives on Higher Education" for M.P.Ed. students. Dr.R. Prabu, Librarian of our College was the Resource Person. He underscored the significance of understanding national initiatives in higher education, setting a robust foundation for their academic pursuits.
- ❖ On 08th July 2024, organised an Induction Programme on "Measures on Fire Safety and Rescue Services". It aimed to enlighten our students on various aspects of fire safety and rescue services, aligning with our commitment to ensuring their holistic development and safety awareness.









❖ Organised a Seminar on "Mental Well-being for Men" on 10th July 2024 at Gymnasium of our college. Dr. Prince Boaz Edwin, a Medical Officer and Lecturer and Mr.K. Mugil, a Physiotherapist of our college were the resource persons. Their expertise provided valuable insights into the importance of mental well-being for men, addressing various aspects and challenges faced by men in maintaining their mental health. The programme was honoured by the presence of Dr.S. Johnson Premkumar, Principal (i/c), whose support underscored the institution's commitment to fostering a holistic approach to education that includes mental health awareness.





❖ Organised a Seminar on "General Well Being and Menstrual Hygiene for Women" on 10th July 2024 under the initiative of Campus Konnect by Brandtouch & Analytics in collaboration with global brands such as Whisper and Gillette. The event aimed to address important aspects of women's health and hygiene, focusing particularly on menstrual hygiene and general well-being. Dr. Swathi and Dr.B.B. Nafreen were the resource persons.





❖ Seminar on "Demonstration of Yoga" at Gymnasium of our College on 11.07.2024. The program focused on promoting the practice of Yoga, emphasizing its pivotal role in fostering holistic health and mindfulness. The session commenced with a serene demonstration of Yoga led by Yogacharya Dr.T.A. Krishnan, Founder and Director of Thirumoolar Yoga Trust. Dr.T.A. Krishnan highlighted the therapeutic benefits of Yoga, particularly in enhancing mental clarity and emotional balance. Dr.K.Jothi Dayanandanan, Associate Professor warmly welcomed all participants, emphasizing the significance of integrating Yoga into daily

life. The program was inaugurated by Dr.S.Johnson Premkumar, Principal i/c of our College who underscored the importance of holistic health practices like Yoga in creating a healthy campus environment conducive to learning and personal growth. Dr.Pon Anbarasu, Assistant Professor and Programme Coordinator, concluded the session with a vote of thanks, expressing gratitude to the esteemed speakers, participants, and organizers for their efforts in ensuring the success of the event.





PROJECT SPORTS MEET

❖ Model Sports meet 'Falcons 2K24' organised by First year M.P.Ed. students under the leadership of Dr.S. Glady Kirubakar, Associate Professor on 16th July 2024 at 06.30 a.m. Mr.B. Sugumar, 'World athletics Level One Coach, Strength & Conditioning Coach, Head Coach, Wing Sports Academy was inaugurated the function. International Volleyball Player Mr.A.Sivaraman (Senior Manager, Indian Overseas Bank) and National Basketball Player Mr.G.K. Radhakrishnan, I.R.S (Assistant Commissioner GST & Central Excise Chennai Outer Commissionarate) presided over the closing function.



❖ B.P.E.S III yr. under the leadership of Dr.J. Samuel Jesudoss, Assistant Professor, organized their Project Sports meet on the theme of 'GARA- 2K25' on 25th February 2025 inaugurated by Mr.A.Karthik Raja, International Athlete. Dr.Evelyn Synthiya, our college alumnus (Assistant Director of Physical Education University Sports Board Anna University Chennai) presided over the closing function.



❖ On 23rd August 2024, II Year B.P.Ed A students organized a Project Sports Meet on the theme of "Seratus" under the guidance of Dr.E.Simson Jesudass. Mr.Magesh Kumar, Asian Vetran Medalist was the Chief Guest to inaugurate the project meet at 6.30 a.m. Mrs. Madhavi Latha Prathigudutu presided over the valedictory function distributed prizes to the winners in the presence of Mr.NG. John, Treasurer, Board of Management. B.P.Ed. II yr. 'B' section under the leadership of Dr.S. Abraham Davidson, Assistant Professor, organized Project Sports meet on the theme of 'AGON' on 7th March 2025 was inaugurated by Prof.R. Mohanakrishnan, our college alumnus (Director Sports SRM Institute of Science and Technology Kattankulathur. Mr.Barathwaj N.R.G. Tamil Nadu). Executive Member, Association of India presided over the closing function and distributed the prizes.



♦ M.P.Ed. II yr. under the leadership of Dr.J. Jackson Sutharsingh, Assistant Professor organized their Project Meet at Gymnasium on the theme of "போக்னம்" Interclass Kabbadi tournament on 13th March 2025 inaugurated by Mrs.D. Malkodi, Physical Director, ASGGHSS, Thirukovilur, our alumnus Mrs.S. Kavitha, Dhyan Chand Awardee 2023, Asian Gold Medalist, Indian Women Kabaddi Team Coach presided over the closing function and distribute the prizes.



❖ D.P.Ed. II yr. under the leadership of Mr.Praveen Dass, Assistant Professor, organized Project Sports meet on the theme of 'Sparrow-2K25' on 4th March 2025 was inaugurated by Mr.I. Derek Hutson, Physical Education Teacher Santhome Higher Secondary School Level I Coach and Head coach for Santhome Sports Army and Mrs.M. Rosy, Physical Director and Holy Angel's Anglo Indian Hr. Secondary School presided over the closing function and distributed the prizes.



INTRAMURAL

Coordinated by Dr.J.Samuel Jesudass and Dr.J. Komala, Assistant Professors

❖ The Intramural Investiture ceremonies took place at the College Pavilion on July 31st 2024. Dr.D. Naveena Priya, Director of Physical Education (SF) Women's Christian College, Chennai was the chief guest and inaugurate the intramural competition for the year 2024-2025. This programme Coordinated by Dr.J.Samuel Jesudass and Dr.J. Komala, Assistant Professors.



❖ The Intramural Valedictory and Annual Sports meet on 03rd April 2025. Mr.S.Nelson, Assistant Commissioner of Police, Tambaram, Alumnus of our college inaugurated the valedictory function at 06.30 a.m. and Dr.D.Joshua Edison, Lecturer, District Institute of Education and Training, Kanchipuram will be the Chief Guest for the valedictory function.



- ❖ Inter House Physical activity demonstration competition was conducted on 12th March 2025 at 6.00 a.m. Dr.Grace Helina, Professor (Retd.), Department of Exercise Physiology, TNPESU was Chief Guest and acted as Judge for the competition.
- ❖ Inter House Figure Marching competition was conducted at C.C.Abraham Pavilion. Dr.Capt. Indira, Director of Physical Education (Retd.), JBAS College for Women was the Chief Guest and Judge.
- ❖ Inter House Video Editing competition for Women on 24th March 2025 at M.P.Ed I year class room at 2.30 p.m. Dr.S. Johnson Premkumar, Principal i/c was the Chief Guest. Dr.J. Samuel Jesudoss, Assistant Professor, Mr.T. John Sudarshan, A.O were acted as Judges. Solomni house is the Winners & Ranjani house is the Runners.
- ❖ Inter House EXPO cum competition 2024-2025 (Arts and craft, cooking without fire, face painting, nail art and mehandi for Women students on 28th March 2025 at B.P.Ed II year class room at 3.00 p.m. to 5.00 p.m. Dr. S. Johnson Premkumar, Principal i/c was the Chief Guest. Dr.K. Jothi, Associate Professor, Dr.J. Glory Darling Margaret, Associate Professor, Dr.E. Simson Jesudoss, Assistant Professor, Mr.T. John Sudharsan, A.O and Mrs.V. Latha, Assistant were acted as Judges for the competition. Solomni house is the Winners & Ranjani house is the Runners.

EXTRAMURAL

Coordinated by Dr. Merlin Thanka Daniel, Assistant Professor

- ❖ Buck Memorial Sports Festival 2024 organized from 22nd July 2024 to 26th July 2024. On Monday 22nd July 2024 was inaugurated by Dr.K.Sudarkodi, Regional Director of Collegiate Education, and Chennai Region at College Pavilion @ 9.00 am. Students from around 200 schools and 100 colleges more than 6000 students were participated.
- ❖ On 24th July 2024 in Fond Memory of our Founder Principal Harry Crowe Buck, special prayer was observed by our College Chaplin Rev. Dr. Thisai Jerry. 2000 food packets were distributed to all participants of Buck Memorial Sports Festival represented from various schools and colleges by the Management.

- ❖ 500 students of our college were registered CM trophy 2024 in various sports and games. Mr. Lokesh, II Year B.P.Ed. represented in Silambam competition (Men category) and secured First place & received cash award of Rs.1,00,000/- Ms.M.Suruthi, II Year B.P.E.S represented Chennai District in Handball and secured Third place and received cash award of Rs.25,000/-.
- ❖ From 22nd September 2024 to 25th September 2024, the YMCA College of Physical Education in Chennai hosted an intercollegiate tournament under the auspices of the Tamil Nadu Physical Education and Sports University. During this competition, almost 700 students from 20 colleges in Tamil Nadu took part in Archery, Boxing, Basketball (Men) Football (Men & women), Korfball and Swimming. The Tournament was inaugurated by Mrs.J.Mercy Regina, General Manager (Retd.), Sports Development Authority of Tamil Nadu on 22nd September 2024 at Kho-Kho court.



List of games and sports participated inter-collegiate tournament and their position:-

S. No.	Game	Gender	Organize By	Date	YNCACPE Position
1	Basketball	Men	YMCACPE	22.10.2024	Winner
0	D 1 ' .	Men	MCPE	15.10.2024	Winner
2	Badminton	Women	SSCPE	15.11.2024	Runner
3	D 11 D 1 ' 4	Men	MCPE	26.10.2024	IV position
3	Ball Badminton	Women	SSCPE	15.11.2024	Winner
4	Football	Men	YMCACPE	22.10.2024	Winner
4	rootball	Women	YMCACPE	22.10.2024	IV
5	Handhall	Men	MCPE	26.10.2024	IV position
3	5 Handball	Women	CCPE	18.10.2024	Winner
6	Hockey	Men	MCPE	29.10.2024	III
0		Women	YMCACPE	16.10.2024	III
7	Kho-Kho	Men	TNPESU	14.11.2024	III
1	Kno-Kno	Women	TNPESU	14.11.2024	III
8	Table Tennis	Men	MCPE	26.10.2024	Runners
0		Women	SSCPE	15.11.2024	Winner
9	Tennis	Men	MCPE	26.10.2024	Runner
J		Women	SSCPE	15.11.2024	Winners
10	Volleyball	Men	DR.SACPE	11.11.2024	IV
11	Yoga	Men	VMCY	02.12.2024	III
11		Women	VMCY	02.12.2024	IV

The following 94 students were selected to represent Inter-university competition to receive Form-III under various Sports and Games for the year 2024-2025:-

S1. No.	Sport/Game	Name of the Student	Gender	Name of the degree
1	Athletics – Cross Country	D.S. Adharsh	Male	B.P.Ed. II
2	Athletics	R. Narasiman	Male	M.P.Ed. II
3	Badminton	D.Jones Antony Arulananth	Male	B.P.Ed. I
4	Badminton	V. Thiksha	Female	B.P.E.S. II
5	Badminton	P. Sowparnica	Female	B.P.Ed. II
6	Badminton	A. Franklin Sidhanth	Male	M.P.Ed. II
7	Ball Badminton	T. Bharath Sanjay	Male	B.P.Ed. I
8	Ball Badminton	Vigneswar Iyer	Male	B.P.E.S. III
9	Ball Badminton	P. Gokulprasanth	Male	B.P.Ed. II
10	Ball Badminton	G. Sowmiya	Female	B.P.Ed. II
11	Ball Badminton	P. R. Ramya	Female	B.P.Ed. II
12	Ball Badminton	B. Swetha	Female	B.P.Ed. II
13	Ball Badminton	T. Karthika	Female	B.P.E.S. III
14	Ball Badminton	K. Priya	Female	B.P.Ed. II
15	Basketball	R. Edwin Beniyal	Male	B.P.Ed. I
16	Basketball	Navinaa Shrikisan Dhurve	Female	B.P.Ed. I
17	Basketball	V. Subalatha	Female	B.P.E.S. III
18	Basketball	R. Rufeena Paulin	Female	M.P.Ed. II
19	Basketball	S. Padmavathi	Female	B.P.E.S. III
20	Boxing	C. Ranjith	Male	B.P.Ed. I
21	Cricket	Arthy Karthikeyan	Female	B.P.E.S. II
22	Cricket	K. Neha	Female	B.P.E.S. II
23	Cricket	V. Thiksha	Female	B.P.E.S. II
24	Cricket	A. Mohana	Female	M.P.Ed. I
25	Cricket	M. Roshini	Female	B.P.E.S. III
26	Cricket	K. Thevayani	Female	B.P.E.S. II
27	Cricket	A. Ivy Ajany	Female	B.P.E.S. II
28	Cricket	A. Anand	Male	M.P.Ed. I
29	Cricket	S. Mani Bharath	Male	B.P.E.S. III
30	Cricket	J. Kalai Selvam	Male	M.P.Ed. I
31	Football	A. Ajoy Rodrigo	Male	M.P.Ed. II

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32	Football	S. Sam	Male	M.P.Ed. II
33	Football	R. Tamilselvi	Female	M.P.Ed. I
34	Football	M. Soundarya	Female	M.P.Ed. II
35	Football	L.R. Priyadarshini	Female	B.P.Ed. I
36	Football	S. Lakshman	Male	M.P.Ed. II
37	Football	N. Thomas Munro	Male	M.P.Ed. II
38	Football	I. Mohammed Anas	Male	M.P.Ed. I
39	Football	J. Jerone	Male	B.P.Ed. II
40	Football	R. Stephein Aatheesh Anto	Male	B.P.Ed. II
41	Football	P.Muhammed Swalih	Male	B.P.Ed. II
42	Football	V. Vishnu Kumar	Male	B.P.E.S. III
43	Football	R. Praveena	Female	B.P.Ed. II
44	Gatka	A. Srinija	Female	M.P.Ed. I
45	Gatka	G. Senthamizh	Female	B.P.Ed. II
46	Gatka	J. Bebishma Rose	Female	B.P.Ed. I
47	Gatka	R.Udhayanila	Female	B.P.Ed. I
48	Gatka	D. Agilan	Male	B.P.Ed. I
49	Gatka	P. Lokesh	Male	B.P.Ed. II
50	Handball	R. Vanasmathi	Female	B.P.Ed. I
51	Handball	S. Vinisha	Female	B.P.Ed. II
52	Handball	M. Suruthi	Female	B.P.E.S. II
53	Handball	P S Vanavi Aadhirai	Female	B.P.Ed. I
54	Handball	M. Sudharshini	Female	B.P.E.S. III
55	Handball	E. Ranjith Kumar	Male	B.P.E.S. III
56	Hockey	V.Jebisha	Female	B.P.E.S. III
57	Hockey	N.Ambalavanan	Male	M.P.Ed. I
58	Hockey	R. Swathi	Female	B.P.Ed. II
59	Hockey	P. Soniya	Female	B.P.Ed. II
60	Hockey	R S Chindhiyaa	Female	M.P.Ed. II
61	Kho-Kho	K. Vallarasan	Male	B.P.Ed. I
62	Kho-Kho	C. Sanjay Nehru	Male	B.P.E.S. II
63	Kho-Kho	A. Brindha	Female	B.P.Ed. II
64	Kho-Kho	V. Thamizhendhi	Female	B.P.Ed. II
65	Lawn Tennis	G.Dhiya	Female	B.P.Ed. II
66	Lawn Tennis	M. Benedict Joseph	Male	M.P.Ed. I
67	Lawn Tennis	J.Miracle Joan	Female	M.Sc. (FERN) I
68		J. Lithan	Male	M.Sc. (FERN) I

69	Mallakhamb	K.Gayathiri	Female	B.P.E.S. I
70	Netball	N.Bharath Kumar	Male	B.P.Ed. I
71	Netball	A. Gokul	Male	B.P.Ed. II
72	Netball	P. Kavimalar	Female	B.P.Ed. I
73	Netball	M. Vinodhini	Female	M.P.Ed. II
74	Netball	Euvan Basil Varghese	Male	B.P.E.S. III
75	Netball	B.Sindhuja	Female	B.P.E.S II
76	Speed Skating	A. Thrisha	Female	B.P.E.S. III
77	Swimming	U.Mithilesh	Male	B.P.E.S. I
78	Table Tennis	M.Hemalatha	Female	B.P.E.S. III
79	Table Tennis	R. Aarthi	Female	B.P.Ed. II
80	Table Tennis	S.Suthir	Male	B.P.Ed. I
81	Target Ball	M. Mahalakshmi	Female	B.P.Ed. I
82	Target Ball	K.Sujatha	Female	B.P.Ed. I
83	Target Ball	G.Keerthana Selvi	Female	B.P.Ed. I
84	Target Ball	V. Subalatha	Female	B.P.E.S. III
85	Target Ball	E. Sonica	Female	B.P.Ed. I
86	Target Ball	S. Padmavathi	Female	B.P.E.S. III
87	Target Ball	P.Dheenadhayalan	Male	M.P.Ed. II
88	Target Ball	K. Christopher	Male	M.P.Ed. II
89	Target Ball	M. Harish	Male	M.P.Ed. II
90	Target Ball	B.Yokeshwaran	Male	B.P.Ed. I
91	Volleyball	W.Auxilia	Female	M.P.Ed. II
92	Volleyball	M.Madhuushri	Female	B.P.Ed. II
93	Volleyball	Alen Antony	Male	M.P.Ed. I
94	Yoga	M.Deepanadhan	Male	M.P.Ed. I

PICNIC

Co-ordinated by Mr.M. Felix Arockiaraj, Assistant Professor

❖ One day Picnic was organized on 19th July 2024 for students and staff of our college to visit monuments at Mahaballipuram and MGM Amusement park. This programme was co-ordinated by Mr.M. Felix Arockiayaraj, Assistant Professor of our College.



EDUCATIONAL EXPOSURE PROGRAMME

❖ Holistic Personality Development skill program: Empowering M.P.Ed final year students for career success at college from 10th December 2024 to 13th December 2024 with following topic with resource persons:-

S. No.	Date	Торіс	Resource Person
1	10.12.2024	Master in Mindfulness, Emotional Intelligence, and Health practices	S. Jagadesh, HR, SDP Globalpay G. Rithanya G.M Litttoral Com
2	11.12.2024	Unlocking your potential confidence building for carer success	Dr.Sandhya Arunkumar
3	12.12.2024	Understanding the path to financial freedom	Mr. Ramakrishnan V Nayak, Director at Dakshi Capital Pvt. Ltd.
4	13.12.2024	Fuelling your Future passion into a thriving Career	Mr. Lakshminarayan N.J Director Build HR Management Consultants



❖ M.P.Ed first year students visited the following Library from 10th December 2024 to 13th December 2024 as a part of the Educational Exposure Programme. This program co-ordinated by Mr.M.Felix Arockiyaraj, Assistant Professor:-

S. No.	Date	Name of the Library
1	10-12-2024	Anna Centenary Library
2	11-12-2024	Connemara Public Library
3	12-12-2024	British Library
4	13-12-2024	US Consulate Library



INCEPTION DAY

In commemoration of the 105th Inception Day of our college, Dr.S.Johnson Premkumar, Principal i/c, was inaugurated on 01st August 2024 at College Pavilion on 6.30 a.m. Inter class & staff adapted Volleyball football tournament was organized for men and women. In men session, Staff team emerged as winner and B.P.Ed. I year is runner and in women session, B.P.E.S III year emerged as winner and M.P.Ed. II year is runner. In the evening, thanks giving service was conducted. Rev.Clement was shared the God message and prayed for the institution. Dinner was served to all the students and guest.





NATIONAL DAYS

Coordinated by Dr.J. Samuel Jesudoss, Assistant Professor

❖ Celebrated Independence Day in our College Pavilion on 15th August 2024 at 6.30 a.m. Dr.S. Johnson Premkumar, Principal i/c, hoisted the National Flag and delivered the speech.





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❖ After Independence Day celebration, Student council, Green group, NSS, Rotaract and UniY of our College planted more than 400 tree samples' in our college campus.



❖ On August 15, 2024, 14 students attended one day Youth Retreat on the topic "Freedom from Sin and Bondage" at Nungambakkam LEF center.



❖ National Sports Day was celebrated on 29th August 2024. The Interclass Hockey was organized by M.P.Ed. II Year. Mr.Kanthaline, Manager, State Bank of India and Mr.Anil Kumar, The International Officials were the Chief Guests of the day.



❖ As per the direction of the Regional Joint Directorate of Collegiate Education, we observed "Vigilance Awareness Week" on 28th October 2024. All the staff and students were taken oath.

- ❖ As per the direction of the Directorate of Collegiate Education, we observed 75th Constitution Day on 26th November 2024. All the staff and students were taken constitution oath. Special lecture was given by Dr.J.Glory Darling Margaret, Associate Professor on 25th November 2024. Elocution and Essay writing competition conducted by Students' Council on the theme of "Indian Constitution" on 26th November 2024.
- ❖ Observed Voters Day on 25th January 2025 as directed by the Government. The pledge was taken on this day.
- ❖ Celebrated Republic day on 26th January 2025. Director Mr. Rajiv Kunwar John, YMCA Secretary Training department hoisted the National Flag and delivered the Chief Guests address.





❖ Observed "Martyrs Day" on 30th January 2025 in front of the Massey hall at 11.00 a.m. Dr.S. Johnson Premkumar, Principal in-charge of our college briefed the importance of Martyrs' day. Two minutes silence was observed by all the staff members of the college in respect and remembrance of the Martyrs.

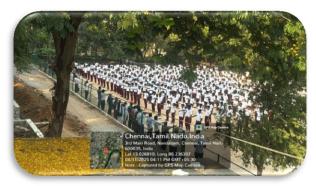


❖ Celebrated Pongal festival on 10th January 2025 by the Student's Council of our College. The interclass Rangoli and Pongal preparation competition was conducted and in the evening, traditional games conducted interclass basics.





- ❖ Celebrated Onam festival on 14.09.2024.
- ❖ As per the direction of Government of Tamil Nadu under Adi Dravidar and Tribal Welfare Department observed as "Equality Day" to commemorate the birth anniversary of Dr.B.R. Ambedkar on 14th April 2025. Pledge was taken by the students and staffs of the college on 11th April 2025.



TAMIL PUDHALVAN SCHEME

Tamil Pudhalvan Scheme by Government of Tamil Nadu was inaugurated by Mr.M. Mahesh Kumar, Deputy Mayor, Greater Chennai Corporation at our College and distributed the Debit cards on 09th August 2024. 41 men students were benefitted.



LIBRARY

Dr.R. Prabu, Librarian

The Department of Library organised "Book Exhibition" on 06th March 2025 was inaugurated by Mr.N.G. John, Treasurer, YMCA College of Physical Education. Faculty members and Research scholars actively participated and selected the books for the library.





NATIONAL SERVICE SCHEME

Coordinator - Dr. Merlin Thanka Daniel, Assistant Professor

- ❖ On 19th September 2024, the Builder's Association of India Southern Centre, NSS & Green Club of Physical Education organized Tree Plantation programme on the theme "Let's join hands in making our planet greener and together for a sustainable future".
- ❖ NSS Inauguration on 03rd October 2024.



❖ During Inter collegiate Tournament, NSS team acted as volunteers on 23rd October 2024.



❖ Our college NSS Co-ordinator Dr. Merlin Thanka Daniel organised Dental camp for public, intercollegiate participants and for our college students on 25th October 2024 in our college campus. More than 260 members were benefited.



❖ On 18th December 2024, Christmas celebration at New hope, and new Life children orphanage at Chennai-Perumbakkam.



❖ YMCA college of Physical Education NSS unit and Global Welfare foundation organised Mega Blood donation camp on 21st January 2025. More than 150 students of YMCA college of physical Education donated blood during the camp.



❖ NSS Special camp from 23rd February 2025 to 01st March 2025 at Kodaikkanal.



STUDENTS COUNCIL

Coordinator - Dr.K. Karthikeyan, Assistant Professor

❖ On July 29, 2024, the inauguration and investiture ceremonies of Students Council took place at Gymnasium. Prof. Dr. S. Bevinson Perinbaraj, Principal (Retd.), Alagappa University College of Physical Education and Dr. Sivanthi Aditanar College of Physical Education, Thiruchendur, Member of the Management Board of YMCA College of Physical Education were the Chief Guests.



❖ On 15th August 2024, Independence day celebration, Student council, Green group, NSS, Rotaract and UniY of our College planted more than 400 tree samples' in our college campus.



❖ On 21st of August 2024, Student council organized with Chennai City traffic police conducted awareness program on '0' is good and 26th August 2024 is "0 - Accident Day" and explain about the traffic rules and important of wearing helmet.



- ❖ On 21st March 2025, Elocution competition on "Rule of sports on youth development in India" and Painting competition was conducted B.P.Ed. class at 2.30 p.m. Evening, Inter class dance competition was organised at Buck Memorial Open Air Theatre at 7.00 p.m. Mr.Sai, Cine Actor was the Chief guest and Judge of this competition.
- ❖ College Day celebrated on 09th April 2025, Mr.P. Kumar, TPS, Deputy Commissioner of Police, Traffic South District preside over the as chief Guest and P. Asir Pandian Correspondent & Secretary of YCPE as a guest of honor at 6.30 p.m. in Buck memorial Open air theater.
- ❖ Hostel day and Students Council valedictory function was conducted on 12th April 2025 at Pavilion ground at 6.30 PM. Dr.S. Thirumalai Kumar, Professor & Head, Dept. of Physical Education, Tamil Nadu Physical Education & Sports University and Dr.T.Malaiyarasi, Assistant Professor, Dept. of Tamil, A.M. Jain College, Chennai preside over the function as Chief Guest and distributed the prizes for various programmes.
- ❖ Farewell function for outgoing students conducted on 23rd April 2025 at Buck open air theater Mr.Zac Robert, Evangelist & Alumnus preside over the function and shared Ward of God and Farewell message.

UNI-Y

Coordinator - Dr. Bobby, Assistant Professor

Uni-Y Inter School Christmas Program on 05.12.2024 at 11 a.m. at YMCA College Sports Higher Secondary School at Nandanam, at 3.00 p.m. YMCA Boys Town School Fort St.George on 07.12.2024 YMCA Boys Town School Kottivakkam.





❖ On 25th January 2025 at YMCA College of Physical Education gymnasium, the students of UNI-Y organized a inter club and inter school dance competition for the under 14 and under 17 categories in which around 200 students participated. Mr.Johnny and Mr.Sai was a Chief Guest and Judge for dance competition. They inaugurated the competition and distributed the prizes for the winners.



ROTARACT CLUB

Coordinator - Dr.R. Prabu, Librarian

❖ On 06th August 2024, the Rotaract Club of our College organised an elocution competition on "The challenges and seizing opportunities for women through sports in Modern India".





❖ On 17th August 2024, 24 students participated in the 16th Terry Fox Run in support of those who are affected by cancer.



❖ On 14th November 2024, our College students organized Children's Day events with YMCA Special School kids and Jeeva Jothi Orphanage students. Our students conducted special games and distributed prizes and also provided food and refreshments.



❖ On 4th December 2024, Special Lecture on "Breast Cancer and Menstrual Hygiene awareness programme". Dr.S. Ranjitha M.D.R.D was the guest speaker of the programme. All the women students and staff were benefitted.



❖ Rotaract club of our College organized "On the Spot Painting Competition" on the theme of "Save the Earth and Say No to Drugs" for the school students of YMCA College Sports Higher Secondary School on 06th March 2025.



❖ Rotaract Club of YMCA College of Physical Education successfully organized the Cloth Donation Distribution Programme on 02nd April 2025.



YMCA TOURNAMENTS

❖ The National Council of YMCAs of India Department of Empowerment, Gender, Sports / Physical recreation organized First All India Inter − YMCA Kabaddi Championship 2024 from 11th October 2024 to 13th October 2024. Our College Kabaddi Team participated and secured III Place & Mr.A.Kiran Kumar (M.P.Ed II Year) received Promising Player Award.



❖ The Southern India Region of YMCA organized Regional Volley Ball Tournament on 09th November 2024 hosted by Y.M.C.A Thoothukudi. Our College Volleyball team participated and secured III place.



❖ The Inter YMCA Volleyball Tournament was organized by the National Council of YMCA's of India and hosted by Bombay YMCA from 24th January 2025 to 26th January 2025. Our College has a Champion of the Tournament. Our player, Sohan Chakrabarthy, was selected as the Best Setter of the Tournament.



CAMPS

- ❖ On 03rd August 2024, thirty students of our college participated in the Leadership Training Camp, themed "Be the Champion" at YMCA Vepery hosted by the Madras YMCA.
- ❖ Camping is an outdoor life experience that can promote leadership qualities and character building for easier adjustment. Students of B.P.Ed II, B.P.E.S II & D.P.Ed II year students participated in the "Annual Leadership Training Camp" at YMCA Camp site at Yelagiri from 09th December 2024 to 13th December 2024 co-ordinated by Dr.K.Jothi, Camp director.



❖ B.P.E.S final year students visited the various special schools in and around Chennai from 10th December 2024 to 13th December 2024 as a part their curriculum village placement programe was organised. This program co-ordinated by Dr.J. Samuel Jesudoss, Assistant Professor of our College.

YMCA SECRETARY TRAINEES

❖ Exposure Training program for the Secretary-Trainees: The orientation programme in Physical Education for YMCA Secretary – Trainees of YMCA Training & Leadership Department of NCYI under the leadership and the guidance of the Director Mr. Rajiv Kunwar John held from 22nd January 2025 to 31st January 2025 at our College campus. All the faculty members have opportunity to execute their teaching in various sports and games. Dr.K.Karthikeyan, Assistant Professor, YCPE was the Programme coordinator and organized the exposure program meticulously with the guidance of Principal in-charge Dr.S. Johnson Premkumar.





ACADEMIC MATTERS

- ❖ Board of studies was conducted on 25th January 2025. Dr.J. Jackson Sutharsingh, Associate Professor cum BoS-Coordinator convened the meeting. All faculty members, Dr.K. Muralirajan, Professor, Alagappa University College of Physical Education attended as University nominee, Dr.Mohana Krishnan, Director SRM sports Board as Subject Expert, Dr.D.Prasanna Balaji, Vice Principal as Subject Expert, Dr.W. Vinu, Associate Professor, Pondicherry University as Meritorious Alumnus, Dr.Sherine Vinoca Snehalatha, Principal, Meston College of Education as Expert for Special Course of Studies.
- ❖ Academic Council meeting was held on 01.02.2025. Dr.J.Glory Darling Margaret, Associate Professor and Member Secretary convened the meeting. The Principal i/c and four senior faculty members have attended the meeting. Mr.T.Isaiah Kumar, Director, Chalcedony Controls and Chennai Instrumentation Pvt. Ltd., as Expert from Mr.V.R.Thangavelu, Advocate as Expert from Law, Er.M.M. Selva Kumar, Consulting Engineer as Expert from Engineering, Dr.C. Venkateswaran, Principal, Government Arts College, Nandanam as Academician, Dr. Prince Boaz Edwin, Medical Officer as Expert from Medicine, Dr.V. Duraisami, Professor and Head, Dept. of Yoga participated as University Nominee.



INTERNSHIP

Coordinated by Dr.E.Simson Jesudoss and Dr. Pon Anbarasu, Assistant Professors

❖ The students were under went Internship coaching practice for M.P.Ed II, Internship teaching and practice for B.P.Ed II & I B.P.E.S III and D.P.Ed. I & II in 12 colleges and 112 schools in and around Chennai from 27th January 2025 to 21st February 2025.





❖ Internal Teaching and Coaching Practice Examination from 19th March 2025 to 21st March 2025 and External teaching and coaching practice examination for all course of study was conducted from 25th March 2025 to 27th March 2025.

WORKSHOPS

❖ On 10th October 2024, Dr.Simson Jesudoss organized one day workshop on "Rowing" in association with Madras Boat Club. Mr.Naresh Vasudew and Ms. Sumana were the Resource Persons.



❖ Dr.J. James, Assistant Professor and Dr.J. Komala, Assistant Professor organized National Workshop on Slingshot. Prof.Dr.V. Mangaiyarkarasi, Member Vice- chancellor's convener committee, TNPESU inaugurated the workshop on 26th February 2025 at Gymnasium. This workshop was coordinated by ADV.G.Victor Devasahayaam, Member, Board of Management and our College Alumnus (Former Director of Physical Education, Dr.Ambedkar Law College, Chennai).





❖ On 28th March 2025, Dr.K.Jothi, IQAC organized one day workshop on Value added sports "Massage & Taping". Mr. Praveen was the Resource person.





❖ Dr.E.Simson Jesudass and Dr.Pon Anbarasu coordinated Hockey officiating Examination on 4th and 5th April 2025 with Hockey Association.



NAAC - National Assessment and Assessment Council

NAAC Mock visit conducted on 29th April 2025. Dr.Ebenezer, Principal, Law College and Dr.S. Thirumalai Kumar, Professor & Head, Dept. of Physical Education, Tamil Nadu Physical Education & Sports University were the Committee members.

NAAC conducted online peer visit on 16th May 2025 & 17th May 2025. Dr.Rakesh Malik, Chairperson, Dr.Shatrunjay Kote, Member Coordinator & Dr.A.V. Prasad, NAAC Co-ordinator are the members to assess the institution.

Our College received a mail from NAAC on 29th May 2025 at 10.00 p.m. they re-accredited our college with a CGPA of 3.04 on a seven point scale at 'A' Grade valid for a period of 5 years from 29.05.2025 to 28.05.2030.

PLACEMENT CELL

Coordinator - Dr. Abraham Davidson, Assistant Professor

❖ Our college placement cell provides a wide range of job opportunities for the students who complete their education. About 78 students were participated and 20 students were placed in various schools and sports companies as Physical Education Teachers and Sports Trainers. The programme was coordinated by Dr.S. Abraham Davidson.





STAFF WELFARE

- ❖ Teachers Day was celebrated on 05th September 2024. Management honoured the teacher with the Teachers day Gift.
- ❖ The management offered Christmas gift to all the staff of YMCA College.
- ❖ On September 11th to 15th 2024, the management organized excursion to Teaching staff to visit Munnar, Alleppey Boat House stay in Alappuzha. The wonderful and delicious lunch were provided in the grand hotel Kochi by our Correspondent and Secretary and visited LuLu Mall & YMCA Kochi.

STAFF ACHIEVEMENTS

Dr.K. Jothi, Associate Professor

- ❖ Dr.K. Jothi acted as resource person in refresher course held at Calicut University.
- ❖ Acted as resource person in SRM University for the Induction Programme in the month of July 2024 and handled two sessions.
- ❖ Acted as resource person in International Yoga Day in St.Anne's College, Himachal Pradesh.
- ❖ Acted as resource person in the Kiit International conference held at Assam
- ❖ Acted as resource person in the International Conference held at Manipal University, Rajasthan on 15th July 2024.
- ❖ Acted as a resource person in St. Joseph University, Nagaland on 17th October 2024.

Dr.J. Glory Darling Margaret, Associate Professor

❖ Dr.J.Glory Darling Margaret, Associate Professor participated as delegate in the International Technical Officials (Area) seminar conducted by Asian Athletics Association from 10th to 14 May 2024 at Bangkok.



- ❖ Dr.J. Glory Darling Margaret, Associate Professor was appointed as Technical Delegate by Athletics Federation of India (AFI) for the 73rd Inter Services Athletics Championship held at SAI LNCPE, Trivandrum on 28th July 2024 & 1st August 2024.
- ❖ Dr.J. Glory Darling Margaret, Associate Professor and Dr.Bobby, Assistant Professor were participated as officials and our college track & field specialisation students are participated as volunteers in 4th South Asian Junior Athletics Championship at J.N. Stadium, Chennai from 11th September 2024 to 13th September 2024.

- ❖ Dr.J. Glory Darling Margaret, Associate Professor was the Resource Person and shared paper on "Technological Metamorphosis & Integration of Artificial Intelligence A touch stone for the world of sports" on 09th November 2024 in the 2nd International Conference on Innovations in Physical Education, Sports & Yogic Sciences with leading Edge Technologies 2024 organized by SRM Institute of Science & Technology, Kattankulathur, Chennai.
- ❖ Dr.J. Glory Darling Margaret completed the course on Technical Essentials of Athletics Synthetic track organised by Athletics Federation of India at NSNIS Patiala from 04th April 2025 to 06th April 2025.



- ❖ Dr.E.Simson Jesudass, Assistant Professor & Mr.M. Felix Arockiyaraj, Assistant Professor were participated in the Refresher Course conducted by UGC, Malaviya Mission Teacher Training Centre (MMTTC), LNIPE, Gwalior from 18.07.2024 to 31.07.2024 through online mode.
- ❖ Lions International District 324J 2024-2025 organized Teachers Day Celebration on 16th September 2024 at Sri Krishna Gana Sabha, T-Nagar, Chennai. Dr.K. Karthikeyan, Assistant Professor received "BEST TEACHER AWARD" on this occasion.



Dr.K. Karthikeyan, Assistant Professor participated as officials as well as volunteers in Tamil Nadu Master Veteran Athletic Competition held at J.N Stadium, Chennai on 30th November 2024 & 01st December 2024.



❖ Sri Sankar Global Academy, Pammal, Chennai organised Career guidance and Counselling on 16th November 2024. Mr.B.Praveen Kumar & Dr.G.Bobby, Assistant Professors attended the program and enlighten the various courses conducting in YMCA College of Physical Education.



STUDENTS ACHIEVEMENTS

- ❖ Gampala Abhigna Redddy, Ph.D. Research Scholar presented a paper at National Conference organised by Department of Yoga and Distance Education, Tamil Nadu Physical Education and Sports University on 19.06.2024.
- ❖ Presented a paper at 10th ASEAN Council of Physical Education and Sports International Conference held at University MARA, Malaysia from 18.09.2024 to 20.09.2024.
- ❖ Participated in the International Conference on "Physical Education and Sports 2025" conducted by Vasavi Engineering College, Hyderabad on 15.01.2025 & 16.01.2025.
- ❖ Successfully completed the "Train the Trainer" program for the Foundation Course in Physical Literacy in August 2024.

- ❖ Earned the certification of Motor Skill Learning Coach from the Motor Skill Learning Academy, Switzerland (Online) on 04th November 2024.
- ❖ Appointed as Assistant Coach for the TNPESU Ball Badminton (Women) Team for the All India Inter University Tournament 2024-2025 held at Alagappa University, Karaikudi, from 29th March 2025 to 01st April 2025.
- ❖ R.S.Chindhiya, M.P.Ed. II participated and presented a Research Paper organized by International Organization Health Sports Kinesiology, held at University of Santo Tomas, Manila, Philippines during July 15-19, 2024. She received IOHSK Merit Scholarship of USD 1000.



- ❖ B. DarSani B.P.E.S I year participated in Title Achieved in the Record 2024 maximum number of skaters in multiple talents with skaters non-stop skating for 78 minutes and set a new record on 15th August 2024 in India Book of World Records.
- ❖ B. DarSani B.P.E.S I year represented in Indian team as a captain to participate in International Roller skate basketball tri-series tournament held at Srilanka from 17th February to 20th February 2025 and secured winners.
- ❖ 102 students of our college were participated in Marathon on 29th September 2024 organised by Soles for souls marathon Chennai 2024. Ms.C.S. Romeha, I Year M.P.Ed. represented in 10km competition and secured first place and received Rs.7000/- cash award in College Women category.
- ❖ HCL Cyclothon Chennai and SDAT organized an Open National Cycling on 6th October 2024 at Chennai. Ms. Aarthi, II year B.P.Ed represented and secured first place and received cash award of Rs.50,000/- in women category.

❖ Ist AIBFA Partially sighted National Football Championship 2024 on 18.10.2024 at Surya Academy, Bhuj, Kutch, Gujarat organised by National Football Tournament for partially sighted and All India Blind Football Association. Praveen BMS student represent Tamil Nadu state and secured winner.

