

YMCA COLLEGE OF PHYSICAL EDUCATION

Nandanam, Chennai - 600 035

An Autonomous College Affiliated to the Tamil Nadu Physical Education and Sports University

A Project of National Council of YMCAs of India

Accredited by NAAC as "A" Grade College

Recognized by National Council of Teacher Education and
Government of Tamilnadu



IQAC (2007 – 2008)

ANNUAL REPORT - 2007-08

Part – A

1. Activities reflecting the goals and objectives of the institution

The plan of action chalked out by the IQAC in the beginning of the year and it was more oriented towards the overall development of the college. Emphasis was given to both infrastructure and academic developments along with research developments. The main proposals in the action plan and the outcome achieved by the end of the year are:

1. To encourage the teachers to apply for major and minor research projects and bring funds to the department. The proposal by Dr. Sheela Stephen is on topic “ “is in progress.
2. To encourage the teachers and students to use computer and internet. Many of teachers and all the students get ample expertise in using computers.
3. To organize seminars and conferences.

2. New academic programme initiated

3. Innovations in curricular design and transaction

- i. The syllabus was restructured and was designed by the faculty after interacting with many experts like

Prof. Dr. K. Vaidyanathan	– Dean & Head of Physical Education & Sports sciences
Prof. Dr. J. P. Sukumar	– Director, Sports Board, Anna University
Prof. Dr. Roshanara	

Under the chair person Dr. Sheela Stephen, the syllabi and curriculum of B.P.E, B.P.Ed, M.P.Ed, B.M.S and B.M.S programs were approved.

Seminars, assignments, productions and use of video films etc., have strengthened student’s knowledge.

- ii. Apart from classroom learning, students were provided exposure in the following:
- a. Model sports meet was organized by M.P.Ed – I year class students under the leadership of their class registrar. Inter class tournament was organized by MP.Ed – II class students.
 - b. Students of Master's degree were encouraged to go on educational tour.
 - i. M.P.Ed – II year students went to Gwalior, Delhi and Agra and visited various institutions in Gwalior and Delhi from 25th Feb to 3rd Mar, 2008.
 - ii. M.P.Ed – I year students went to Bangalore and Mysore from 3rd March to 7th March, 2008.
 - c. To improve the ability in spoken English special classes were arranged by an expert in English everyday between 2.30 p.m. to 3.30 p.m. for undergraduate students of the college and maximum students were benefited by it.
 - d. New syllabus was framed for the various optional courses.
 - i. Yoga
 - ii. Bharathiyam
 - iii. Gym Instructors Course
 - iv. Orientation and Mobility science
 - v. Boxing

It was decided to give grading and certificates to students in the end of the academic year.

4. Inter – disciplinary programmes started.

- College is conducting computer courses for men and women students separately.
Timing: 2.00 to 3.30 pm for women students.
6.30 to 8.00 pm for men students
- The college has introduced NET/SLET classes in the curriculum in a form of elective subject.
- Talented and intelligent students are spotted out and special coaching is given to them in their area of specializations.
- Post graduate diploma in Therapeutic recreation is a project already sanctioned by U.G.C. is on progress.

- Bachelor of Mobility Science (B.M.S) course was started in the year 1989, affiliated to university of Madras is now brought into autonomy.

Following subjects are brought as elective subjects

1. Sports Journalism and Information Science
2. Sports Sociology
3. Guidance and Counseling
4. Adapted Physical Education
5. Professional preparation / SLET and NET/TRBE
6. Environmental Science.

5. Examination Reforms implemented

During this year no major examination reforms have been implemented. However, some of the reforms implemented during the previous years have been found to be successful and hence college continues to follow such practices.

It was resolved to have the intensive coaching lesson practice for M.P.Ed – I and II years. To provide exhaustive, coaching experience for 15 days.

Students were graded by the concerned specialization staff and the coach of the particular institution where they are undergoing the classes. The following subjects were included as elective subjects.

6. Candidates qualified for NET/SLET/GATE etc.

A total of 03 students and one of the faculty member qualified in the NET exam held in Jan 2008.

7. Initiative towards faculty development program

The yearly performance of teachers is evaluated by the students and teachers are given the report for pursuit and improvement. 09 faculty members are pursuing their higher education by undergoing Ph.D programme and teachers are encouraged to register for Ph.D Programme and are also given opportunity to attend seminar Research projects:

Newly implemented projects:**8. Patents generated if any :**

Some of the faculty members of this college published books and articles in reputed journals and presented papers at various District level and State level Seminars. The names of those publications are given below :

9. New collaborative research programmes. Nil**RESEARCH ACTIVITIES**

Research in Physical Education imparts the knowledge in a specific area and helps us to apply the results in developing the skills & sports performance.

Our college function as a research center, under university of Madras, and Sports University, to produce research scholars and Doctorates in Physical Education. This year alone, 10 M.Phil scholars have completed & around 7 have awarded Ph.D. degrees. At present, Dr. Esther Ranjini, Dr. Sheila Stephen, Dr. S. Sivaramakrishnan, & Dr. Jothi Dayanandan.

YMCA College is proud to publish a research journal named “Journal of Physical Exercise & Sports Science” and this journal is recognized at the International level.

11. Research grants received from various agencies – Nil**12. Details of research scholars guided by our college faculty**

NAME OF THE FACULTY	NUMBER OF RESEARCH SCHOLARS
Dr. Sheela Stephen	08 Ph.D 05 M.Phil.
Dr. Jothi Dayanandan. K	07 Ph.D 05 M.Phil.

Dr.Esther Ranjini	12 Ph.D	05 M.Phil
Dr. S. Sivaramakrishnan,	08 Ph.D	05 M.Phil.

10. Citation index of faculty members and impact factor - Nil

11. Honors or awards given to the faculty - Nil

12. Internal resources generated .

13. Details of departments getting SAP, COSIST (ASSIST)/DST, FIST, etc. assistance/recognition - Nil.

14. Citation Index of Faculty Members and Impact factor - Nil

15. Honors / Awards to the faculty - Nil

16. Internal Resources Generated - Nil

17. Details of departments getting SAP, CONSIST, assistance/recognition – Nil

18. Community Services

- Inter school aerobic competition was held on 25th Feb 2008 to imbibe the knowledge of fitness among school boys and girls. Twelve schools participated in the competition. The boys and girls were found bubbling with energy.
- The FFAMY team consisting of ten physiotherapists, senior interns and a couple of trainers have handled 221999 treatment and rehabilitation sessions in which 6862 were treated free of cost and 4740 were new patients.
- FFAMY plays a major role in providing a field management of sporting injuries for various tournaments held across Tamil Nadu.
- Anti – obesity rally was held on 19th March 2008. Mayor of Chennai – Mr. M. Subramanian came as a guest of honor. 150 students went on a cycle rally distributed the pamphlets carrying the message of exercise programme to reduce obesity.

- The YMCA College continues to be a revival and transforming movement in the field of Physical Education. To mobilize it and to remember the great work of the founder Harry Crowe Buck, the Buck Memorial Sports festival for this academic year was conducted between 21st & 24th July 2007. Zealous band of athletes and players from 150 city schools and colleges with 5000 student participated in various sports and games.

19. Teachers and officers newly recruited

Mr. Andavar,	Senior lecture
Mr. Sivarm Krishnan	Controller of examinations

NONTEACHING STAFF

20. Teaching – Non – Teaching staff ratio:

21. Improvements in the library services

Library automation was done. Web resources were also made. New curtains in the library windows were made and chairs were replaced. Seating capacity is 70.

New books/journals subscribed and their cost

Library Report (2007 – 2008)

Books	10,384
No. of books added during 2007-08 (180)	69,604
Journals	42,340
Reference Book	1206
Seating Capacity	70
Automation	Yes
Web resources	Yes
Encyclopedia Available	5

22. Unit cost of education--

23. Computerization of administration and the process of admission and examination result and the issue of certification

The examination results of the students during the academic year 2007-2008 are given below:

Name of the Course	Total No. of students	No. of students appeared	No. of students passed	No. of students failed	Percentage
M.P.Ed I	30	29	29	Nil	100
M.P.Ed II	30	30	30	Nil	100
M.Sc.	1	1	1	Nil	100
BPE I	45	30	25	5	83
BPE II	53	50	36	14	72
BPE III	58	56	56	Nil	100
B.P.Ed	157	156	156	Nil	100
BMS	12	12	12	Nil	100
PGDTR	3	3	3	Nil	100

ADMISSIONS

Men and women students were admitted to various courses of study as per the guidelines given by the Government of Tamil Nadu, (NCTE) National Council for Teacher Education and the Tamil Nadu Physical Education & Sports University.

26.Support form the alumni association and its activity

YMCA - ALUMNI

It was a great day to remember our student life and to join hands with the friends of the YMCA College Alumni. “Revival Get-together Meeting” was held on 8th September 2007. The respondents were quiet satisfied and the alumni Association was formed on that day.

26. Increase in the infrastructural facilities

Particulars		
College account	4,590,085.00	
Air conditioner	29,083.00	
Cable Core & Brush Cutter	11,594.00	
Car Parking Leveling SDAT Ground	234,000.00	
Church Reading Stand	4,500.00	
Compound Wall	6,000.00	
Computer	195,500.00	
Con. Of Drain Boys Hostel	89,000.00	
Con. Of Road Work	405,395.00	
Con. Of Class Room	1,593,856.00	
Cons. Of Motor Room Boys Hostel	32,509.00	
Cons. Of Shed Women Hostel	32,000.00	

Const. of A\C Sheet Men Hostel	35,640.00	
Const of Com. Wall	4,795.00	
Const of Com. Septic Tank	94,846.00	
Const of Toilets	250,000.00	
Const of Wall in Pavilion	115,279.00	
Cricket Mat	65,440.00	
Desk Cum Bench	247,319.00	
DVD Player	3,600.00	
DVD writer	6,113.00	
Electrical Fittings College	76,565.00	
Equipments College Account		82,005.00
Exnora Dipper Rickshaw	10,800.00	
Fan	170,841.00	
Fencing	8,000.00	
Gate	7,680.00	
Ink Jet Printers for Library	2,300.00	
Keyboard & Mouse	850.00	
Maax Electric Grass Mover	21,320.00	
Modem	2,199.00	
Monitor Samsung	4,250.00	
Mouse	1,115.00	
Onida TV	5,800.00	
Petrol Bush Cutter	27,040.00	
Printer	23,887.00	

Renovation & Modification Guest House	650,000.00	
Rolling Shutter Alteration	11,640.00	
Round Table	18,000.00	
Scanner-Library	3,250.00	
Speaker, Mike	19,721.00	
Sprayers-Spl School	1,900.00	
Stage Table	27,000.00	
Table	13,763.00	
Television	13,500.00	
U.P.S	29,200.00	
Volley Ball Court	65,000.00	
Mess Account	31,500.00	
Wet Grinder	31,500.00	
UGC Account	33,613.00	
Books & Journal	6,113.00	
Furniture & Fittings	25,000.00	
Office Equipment Lab	2,500.00	
Grand Total	4,655,198.00	

27. Technology Up gradation.

28. Computer and Internet access and training of teachers and students.

29. Financial aid to students

S.No.	Particulars	Amount	Total
1.	Social welfare Krishna	10,925.00	23,425.00
		12,500.00	
2.	A.D load Scholarship	4,41,000.00	6,21,500.00
		1,67,000.00	
		13,500.00	
3.	A.D.Scholarship	3,34,180.00	6,18,185.00
	A.D.Scholarship	2,84,005.00	
4.	Most Bachward Scholarship	3,639.00	1,46,557.00
		1,37,269.00	
		5,649.00	
5.	Backward Caste Scholarship	22,596.00	1,93,647.00
		1,71,051.00	
Gross Total			16,03,314.00

31. Placement services provided to students

PLACEMENT CELL

‘Placement cell’ is a boon to our college. This has been formed to increase the opportunities of employability and widening the scope for more students to serve the country at

- 1.Health Clubs
- 2.Fitness Center
- 3.Civil Service & Police Department and as
- 4.Consultants.
- 5.Physical Education Teachers

32. Support form the alumni association and its activity

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33. Conference and seminars attended & papers presented by college faculty :

Dr. (Mrs.) P. Esther Ranjini attended a National Seminar on “Multidimensional Futuristic Approach to Excellence in Physical Education and Sports” organized by Tamil Nadu Physical Education and Sports University and Sports Development Authority of Tamil Nadu on 21st July 2007 at Jawaharlal Nehru Stadium and presented a paper on “Goal setting – Steps Towards Excellence” and 9 other staff members also presented papers in this seminar.

Mr. S. Johnson Premkumar, Mrs. Glory Darling and Mr. Gladly Kirubakar, Lecturers presented papers in a National Seminar on Innovative Concept of Inter-disciplinary approaches towards Physical Education on 14th September 2007.

Dr. (Mrs) Sheila Stephen, Dr. Grace Helina, Dr. Jothi Dayanandan and Dr. Thirumalai Kumar presented papers in a seminar on “Yoga for Holistic Health” organized by the Tamilnadu Physical Education and Sports University during September 2007.

Mr.S.Johnson Premkumar, Lecturer attended a National Seminar on “Specific Approaches and Techniques for Handling children with Cerebral Palsy” under “Continuous Rehabilitation Education (CRE) ” at National Institute for Empowering of Person with Multiple Disability from 24th to 29th September 2007.

A Workshop on “Modern Trends in Athletics Training and Coaching’ was conducted for M.P.Ed. I & II year students in our campus between 25th & 30th November

2007. Experts from Track & Field discipline enlightened the students with latest techniques in coaching.

Principal Dr. Sheila Stephen was invited by the A.M.Jain College, Bangalore to deliver a Guest lecture on “Psychology Interface with Sports” on 8th Feb.2008. Her presentation was informative and appreciated by the invitees.

Mr.S.Johnson Premkumar, Lecturer, attended National Seminar on Empowering Differently abled persons through ICT (information Communication Technology), organized between 9th and 11th February 2008 at Indian National Science Academy, New Delhi.

Principal and staff presented papers and chaired the sessions in the International Conference and Exhibition on “Modern Trends in Exercise Physiology and Nutrition” organized by Tamilnadu Physical Education and Sports University on 16th Feb.2008 at Jawaharlal Nehru Stadium, Chennai. Dr. Sheila Stephen and Dr. Jothi Dayanandan, Mrs. J. Glory Darling, Mr. Jackson Sutharsingh, Mr. S. Gladly Kirubakar, Mr. Paul Jeevasingh, Mr. Merlin Thanga Daniel, Mr. Simson Jesudoss, Mr. Felix, Mr. Jerome and Mr. Sam presented papers on various sub-themes in the Conference.

Dr. Sheila Stephen presented a paper in the international conference on sports Management held at Kanyakumari and also the conference organized on “Tamizhar Vilayutum, Tamizhar Membadum” organized by Tamilnadu Physical Education & Sports University.

Mr. E. Simson Jesudass, Lecturer attended a National Seminar on “Professional and Scientific Approaches in Physical Education and Sports Sciences” organized by the Dept. of Physical Education & Sports, Pondicherry University on 12th March 2008 and presented a paper on “Culturally Determined Forms of Movement on Special Children.

34.Development porgrammes to non teaching staffs

32. Performance in the sports activities

ACHIEVEMENT OF STUDENTS – TOURNAMENTS

The YMCA College continues to be a revival and transforming movement in the field of Physical Education. To mobilize it and to remember the great work of the founder Harry Crowe Buck, the Buck Memorial Sports Festival for this academic year was conducted between 21st & 24th July 2007. A zealous band of athletes and players from 150 city schools and colleges with 5000 students participated in various sports and games. Our college men and women teams excelled in the performance in various games, to retain the trophies in almost all the games.

Extramural competitions are considered as a climax for the hard training. The tournaments are conducted among thirteen Physical Education Colleges which are affiliated to Sports University. Our Students performed exceptionally good and brought laurels to our institution in this academic year.

Game	Positions		No. of University blues
	Men	Women	
BASKETBALL	Winners	Winners	8
BALL BADMINTON	---	Runner-up	1
BADMINTON	Runner-up	Runner-up	4
CRICKET	Runner-up	---	7
FOOTBALL	Winners	Winners	9
HOCKEY	Winners	Winners	10
HANDBALL	Winners	---	8
KHO-KHO	Winners	Runner-up	3
KABADDI	---	---	4
VOLLEYBALL	Winners	Runner-up	5
TRACK & FIELD	Winners	Runner-up	9
TABLE TENNIS	Runner-up	--	
		TOTAL	68

UNIVERSITY REPRESENTATION

Tamilnadu Physical Education & Sports University – 68
 Madras University - 4, Maneka (Hockey), Jayalakshmi (Kho-kho),
 Sujitha (Foot ball) & Krishna (Rowing)
 Tamilnadu State - 1 Sujitha (Foot ball)

Intramural activities are the most exciting programme within the campus. It offers opportunities for the students of moderate ability to compete. Various matches are being conducted for Men and Women students on house basis on every Wednesday throughout the year under the leadership of Dr.(Mrs) Jothi Dayanandhan and Mr.Jackson Sutharsingh.

INTER PHYSICAL EDUCATION TOURNAMENTS

Our College Men and Women teams participated in the Tamil Nadu and Pondicherry state Inter Physical Education Tournaments conducted by Department of Physical Education and Sports Sciences, Annamalai University from 17th to 19th February 2007 and fared well in the tournaments. Around 15 institutions participated in this tournament. The men Athletic

team bagged the over all championship and the football & hockey teams were the winners of the tournaments.

Results of Inter Physical Education Games and Sports

Sl.No.	Game	Position	
		Men	Women
1.	Athletics	Winners	Runner-up
2.	Basketball	Runner-up	---
3.	Badminton	---	Runner-up
4.	Ball Badminton	---	Runner-up
5.	Football	Winners	Runner-up
6.	Handball	Runner-up	---
7.	Hockey	Winners	Runner-up
8.	Kho-Kho	Runner-up	Runner-up
9.	Kabaddi	---	---
10.	Net ball	Runner-up	---
11.	Table Tennis	Runner-up	---
12.	Tennis	Runner-up	Not organized
13.	Volleyball	Runner-up	Runner-up
14.	Culturals	---	3 rd place

34.Activities of the guidance and the counseling cell

Colleges Student Association is formed with principal as a faculty member heading it as a Student Advisor. The Student Association will consist of some nominated student-members representing all the classes. The student-members are nominated on the basis of their merit in their respective classes.

The Student Association will help students starting from the initial problems at the time of their entry to the career planning in due course. The Student Association offers help to students on a variety of issues and practical problems related to academic, administrative, disciplinary, personal, social or emotional. All the members of the Council shall work under a code of confidentiality. The counseling will be either at individual or group level on issues such as stress management, confidence building, creative expression, and many more as required from time to time. The Student Association also arranges for some interactive sessions to help the students with job hunting procedures and provide more information about the opportunities. The Student Association will arrange for the smooth flow of information from and to the administration and the department. The Student Association shall also be responsible and work for the maintenance of cordial and harmonious relationship between the staff and students in the college.

Lady Counselor

Woman-faculty members are entrusted with the counseling responsibility for girl students at any time during the college hours. At least one counselor faculty will be available in the office to guide the students through the problems, if any. Counseling for girl students provides an opportunity to talk to some experienced and friendly lady faculty about some of their issues that crop up during their stay in the college campus. The counselor allows them to focus on difficulties which may be interfering with their personal and academic development. It can also help them in understanding the situation and deal with their emotions and feelings. Counseling can also help them to manage and cope better with their problem and work towards possible solutions. Counseling is going to be offered in confidential manner. The girl students are advised to contact the counselor faculty members for further information and help.

34. Best practice of the institution

- ➡ Student Grievance Boxes are provided and are being monitored.
- ➡ Student Feed Back regarding Teacher Evaluation academic and administrative matters is collected and analyzed
- ➡ Introduction of single identity card for students to be used at college.

- Strict adherence to academic schedule
- Focused programs through centers of excellence
- Opportunities to acquire soft skills
- Ensure uniform and objective evaluation of the students
- Opportunity offered to seek diploma courses to PG students
- Establishment of Foreign Relations Office to co-ordinate collaborative activities with foreign countries.
- Training of Non-teaching staff
- utilization of real estate, advertising boards, leasing play fields, swimming pool, leasing of land ,minimizing expenditure, better management of hostels, outsourcing of services, rationalization of expenditure, introduction of self-financing courses and self-financing 'seats', cost effective delivery of education,
- SC/ST students are given extra computer education .
- Library facilities are available for the students appearing in competitive examinations.
- Biannual Journal of Sports Sciences -----was published

33. Linkage the other institution and research

Mr. Karen Van Berlo, International Coordinator, Worcester University, U.K. visited our college on 15th February 2008 to build a relationship between the college and the University for Higher Education, Students and Staff exchange Programme. Indeed, it's an eye-opener for a new era to the wing of Educational Planting research and growth.

The visit of Maj. Gen. Shibnath Mukherjee, Vice Chancellor, Lakshmi Bai National Institute of Physical Education, Gwalior, to our college on 25th Feb.2008 was really a motivating force for our students. He not only attracted the crowd with enthusiastic words, but could trigger the minds of students to be more resourceful and research oriented.

Dr. Rajendra B. Lal, Vice Chancellor of Allahabad Agricultural Institute - Deemed University visited the college on 13th March 2008. He addressed the staff and students of the college and discussed various sports policies and programmes.

It was an incredible honour to our institution when Mr. J.D. Walsh and Mr. David T. Hopper, U.S. Consulate General, visited our college campus to honour Late Harry Crowe Buck on 13th December 2007. They also addressed the students and teachers.

2. Any other relevant Information

3. Support form the Parent- Teacher association and its activity

4. Health services

5.

6. Incentives to outstanding sports persons

7. Student achievement and awards

The list of students who have represented the TamilNadu Physical Education and sports university and madras university in the academic year :