# YMCA COLLEGE OF PHYSICAL EDUCATION

Nandanam, Chennai - 600 035

An Autonomous College Affiliated to the Tamil Nadu Physical Education and Sports University
A Project of National Council of YMCAs of India
Accredited by NAAC as "A" Grade College
Recognized by National Council of Teacher Education and
Government of Tamilnadu







Minutes of the 7<sup>th</sup> meeting of the IQAC (Internal Quality Assessment Cell) of YMCA College of Physical Education held on 30<sup>th</sup> July 2008 at conference Hall of YMCA College of Physical Education, Nandanam, Chennai 600035 at 1.00 p.m.

## Present:

Dr. Mrs. Sheila Stephen, Principal

#### **SENIOR ADMINISTRATIVE OFFICER**

Mr. J.S. Jeyakardoss, Correspondent & Secretary

Mr. A. Manohar Sam, Fin. & Administrative Officer

#### **INTERNAL MEMBERS – SENIOR TEACHERS**

Dr. Kannan Pugazhendi, Medical Officer cum Lecturer

Dr. S. Johnson Premkumar, , Asst. Professor

Dr. Glory Darling Margaret, Asst. Professor

Mr. J. Jackson Sutharsingh, Asst. Professor

Mr. Simson Jebaseelan, Librarian

Dr. S. Sivaramakrishnan, Controller of Examinations

#### **EXTERNAL EXPERTS**

Dr. Samraj, Controller of Examinations, Tamil Nadu Physical Education & Sports University,

Dr. S. Thirumalai Kumar, Associate Professor, Tamil Nadu Physical Education & Sports University

### **COORDINATOR OF IQAC**

Dr. Mrs. K. Jothi, Reader

The meeting started with prayer.

The minutes of the previous Meeting of IQAC held was confirmed.

The IQAC has discussed on the further programmes and improvements to be carried out during this academic year for the development of college and student community on the aspects of both academic growth and infrastructure facilities, Research amenities etc.

The following are the major subjects discussed during the meeting and formulated programmes for the purpose of achieving the same for the current academic year.

#### 1. Goals and objectives of the Institution:

YMCA College of Physical of Education is pioneer Physical Education Institution and has reputation among various other physical educatio colleges in Tamil nadu and in the country has a whole. The College has well defined goals and objectives aimed at imparting quality education to its students, making them well disciplined and competent with a sense of concern to fellow beings. It was informed that various curricular and extra curricular activities of the institution are planned every year with a keen interest and dedication to achieve these goals. Hence this year also the college shall also focus and follow on the same.

# 2. New Academic Programmes:

It was decided to have the following add-on courses introduced during the academic year 2008-09 with the course fee of Rs.1000/- only in continuation to the regular evening college courses viz. (i) M.Sc. in Exercise Therapy, Rehabilitation and Nutritional Care; (ii) P.G. Diploma in Sports Coaching Tennis.

- 1. Certificate course in Fitness Management and Personnel Trainer.
- 2. Certificate course in GYM Instructor.
- 3. Certificate course in Library & Information science.
- 4. Certificate course in sports Training.
- 5. Certificate course in Applied Sports Psychology, Guidance & Counselling.
- 6. Certificate course in Sports Injury Management.
- 7. Certificate course in soft skills.

## B. Inter disciplinary programmes:

- i) Computer courses for the men and women students
- ii) Special coaching is to be given to the talented and deserved students in their relevant areas of specializations.

## 3. Examination Reforms:

It was emphasized that the college shall continue to bring the examination reforms during this academic year. It was also informed that college has remarkable machinery for continuous evaluation of the students. University pattern of examinations shall continue to be conducted for the first and second term, in addition to regular class tests

as per the college calendar dates. The results are required to be computerized and the mark sheets are printed through computerized system.

There being no other subject the meeting ended with vote of thanks to the Principal, Coordinator and others.

Coordinator

Place: Chennai -35 Date: 30.07.2008 Minutes of the meeting of the IQAC (Internal Quality Assessment Cell) of YMCA College of Physical Education held on 11<sup>th</sup> Nov. 2008 at conference Hall of YMCA College of Physical Education, Nandanam, Chennai 600035 at 1.00 p.m.

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Dr. Mrs. Sheila Stephen, Principal

#### SENIOR ADMINISTRATIVE OFFICER

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Mr. A. Manohar Sam, Fin. & Administrative Officer

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#### **EXTERNAL EXPERTS**

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Dr. S. Thirumalai Kumar, Associate Professor, Tamil Nadu Physical Education & Sports University

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The following are the major subjects discussed during the meeting and formulated programmes for the purpose of achieving the same.

## 1. <u>Faculty development programme:</u>

The yearly performance of teachers is to be evaluated by the students and teachers are given evaluation reports for pursuit and improvement. The staff members are to be encouraged to undergo higher education like Ph D. etc. and opportunities shall be given to attend the seminar and research projects.

## 2. Community development programme by the College:

It was recalled that YMCA college is continuously involved in the community development and services. The students shall be allowed to participate and officiate various sports and games within the city and outside also. The Founder Missionary late Harry Crowe Buck always remembered and honored by the college every year. This year also the Buck Memorial Sports Festival shall be conducted in a grand manner.

Inter school, Inter college tournaments shall be conducted in various sports and games.

## 3. Improvements in the Library Services:

IQAC was informed that the YMCA College has a Library with very good numbers of Books cater to the needs of the student community as also to the faculty members in the college. International Journals and periodicals related to Physical Education and New Books shall be purchased out of the UGC funds during this year.

There being no other subject the meeting ended with vote of thanks to the Principal, Coordinator and others.

Coordinator

Place: Chennai -35 Date: 11.11.2008 Minutes of the meeting of the IQAC (Internal Quality Assessment Cell) of YMCA College of Physical Education held on 19<sup>th</sup> March 2009 at conference Hall of YMCA College of Physical Education, Nandanam, Chennai 600035 at 4.00 p.m.

## Present:

Dr. Mrs. Sheila Stephen, Principal

#### **SENIOR ADMINISTRATIVE OFFICER**

Mr. J.S. Jeyakardoss, Correspondent & Secretary

Mr. A. Manohar Sam, Fin. & Administrative Officer

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The following are the major subjects discussed during the meeting and formulated programmes for the purpose of achieving the same.

# 1. Research programmes:

The meeting discussed on submitting new proposals to UGC.

It was also discussed on new collaborative research programme. As the Research in Physical Education imparts the knowledge in a specific area and helps us to apply the results in developing the skills and sports performance, faculties and students shall be encouraged to actively involve in such programmes.

Further it was noted that YMCA college functions as a research centre under University of Madras, and Tamil Nadu Physical Education and sports University to produce research scholars and Doctorates in Physical Education. YMCA College publishes research journal titled "Journal of Physical Exercise & Sports Science" which is recognized at International level.

## 2. <u>Infrastructural facilities and Technology Upgradation</u>:

List of equipments and the infrastructure needed for the quality sustenance of education at the college was placed. Renovations including provisions for separate section for reference, separate seating arrangements for the postgraduate students, New toilets for boys' hostel, maintenance of office rooms, class rooms and other toilets are required to be carried out during this year. Foundation stone laying cermony for building the college women's hostel organised for 29th September, 2008.

New software procured for the use of Principal Office to monitor the attendance of the students and for the use of Controller of Examinations office.

# 3. Activities of Guidance and the Counselling Cell:

The College Student Association is formed with Principal as a faculty member heading it as a Student Advisor. The students Association will consist of some nominated student-member representing all the classes. The student members are nominated on the basis of their respective classes.

The Student Association wil help students starting from the initial problems at the time of their entry to the career planning in due course. The Student association offiers help to students on a variety of issues and practical problems related to academic, administrative, disciplinary, personal social or emotional.

The counselling will be either at individual or group level on issues such as stress management, confidence building, creative expression and many from time to time. The students association also arranges for some interactive sessions to help the students with job hunting procedures and provide more information about the available opportunities.

#### 4. Placement Cell:

"Placement Cell" has been formed to increase the opportunities of employability and widening the scope for more students to seve the country at i) Health Clubs; ii) Fitness Centre; iii) Civil service & Police Dept.; iv) Consultants; v) Physical Education Teachers in Schools and Colleges. The college faculties are nominated to form the Committee for Placement Cell.

There being no other subject the meeting ended with vote of thanks to the Principal, Coordinator and others.

Coordinator Chairman

Place: Chennai -35 Date: 19.03.2009