

An Autonomous College Affiliated to the Tamil Nadu Physical Education and Sports University

A Project of National Council of YMCAs of India

Accredited by NAAC as "A" Grade College

Recognized by National Council of Teacher Education and

Government of Tamilnadu





IQAC (2008 – 2009)

CONTENTS

Plan of Action for 2008-09 and out come achieved -	3
Activities Reflecting the goals and objectives -	4
New Academic Programmes -	4
Innovation in Curricular Design & Transaction -	5
Inter Disciplinary Programmes -	5
Examination Reforms -	6
Candidates qualified in NET/SLET -	6
Faculty Development Programmes -	6
Seminars / Workshop / Training Conducted -	6
Research Projects -	7
Patents generated -	7
New Collaborative Research Programmes -	7
Research grants received from various agencies -	7
Details of Research Scholars -	7
Citation Index -	8
Honors & Awards -	8
Internal resources generated -	8
Details of departments getting financial Assistance -	8
Community Services -	8
Newly Recruited Teachers -	10
Teaching & non-teaching staff ratio -	10
Improvements in Library Services -	10
Books & Journals Subscribed -	11
Student Feedback -	11
Unit cost of Education -	11
Computerization of Administration -	11
Increase in Infrastructural Facilities -	12
Technology Upgradation -	12
Computer & Internet Access -	13
Financial Aid to Students -	13
Alumnae Association -	13
Parent Teacher Association -	13
Health Services -	14
Sports Activities -	14
Incentives to outstanding sportspersons -	16
Counseling Unit -	16
Placement Services -	17
Development Programmes for Non-Teaching Staff -	17
Healthy Practices -	17
Linkages -	18
Other information -	19
Annexure -	

Part A

Action Plan for the Academic Year 2008-2009.

The plan of action chalked out by the IQAC at the beginning of the Academic year 2008-2009 towards Quality Enhancement and the outcome achieved by the end of the Academic Year 2008-2009.

- 1. Conducting at least one staff development programme.
- 2. Organizing at least one seminar/workshop each for students and staff.
- 3. Giving incentives to staff to take part in UGC Refresher courses and Orientation courses.
- 4. Construction of a new library building.
- 5. Community development programme by the college.
- 6. Achieving 100% computer literacy for staff and students.
- 7. Introducing value education for all students
- 8. Setting up the career guidance cell by the Alumni Association.
- 9. Development programme/exposure programme for non-teaching Staff
- 10. Construction of two new basket ball and volley ball courts.
- 11. Appointment of a trained resident counselor in the college.

PART-B

1. Activities reflecting the goals and objectives of the institution

YMCA College of Physical Education holds a reputed position among various physical education institutions in Taminadu. The College has well defined goals and objectives aimed at imparting quality education to its students, making them well disciplined and competent with a sense of concern to fellow beings. The various curricular and extra curricular activities of the institution are planned every year with a keen interest and dedication to achieve these goals.

2. New Academic programmes initiated

Special Courses/Diploma Certificate:-

It was decided to have the following add-on courses introduced during the academic year 2008-09 with the course fee of Rs.1000/- only.

- 1. Certificate course in Fitness Management and Personnel Trainer.
- 2. Certificate course in Gym Instructor.
- 3. Certificate Course in Library & information science.
- 4. Certificate Course in Sports Training
- 5. Certificate Course in Applied Sports Psychology, Guidance & Counseling
- 6. Certificate Course in Sports Injury Management.
- 7. Certificate Course in soft skills

Laboratories & Infrastructure:-

The list of equipment and the infrastructure needed for the quality sustenance of education at the college was placed for approval.

Research Forum:- suggested to form A Research Guidance cell with the faculty of the college.

3. Innovations in curricular design and transaction

It was decided to follow 80 & 20 pattern of external and internal marks for M.P.Ed., & B.P.Ed. degree courses after interacting with many experts like

-Prof & Head, Dept. of Politics & Public
Administration, University of Madras
Prof.&Head, Dept. of Education, University of
Madras
Prof.& Head, Bharathidasan University

Apart from classroom learning, students were provided exposure in the following:

- a. Model sports meet was organized by M.P.Ed I year class students under the leadership of their class registrar. Inter class tournament was organized by MP.Ed II class students.
- b. Students were encouraged to go on educational tour.
- ✤ BPE Final year students went on an educational tour to Ooty, Bangalooru and Goa between 10th February and 15th February 2009.
- MPEd I Year students enjoyed a tour to Bangalooru, Mysoru and Goa between 7th February and 13th February 2009.
- MPEd Final year students had a great fun by visiting Agra, Delhi and Shimla between 8th February and 17th February 2009
- DPED Final year students had an opportunity to have fun by visiting Ooty, Kanyakumari and Thirvananthapuram between 25th and 30th March 2009
- c. To improve the ability in spoken English special classes were arranged by an expert in English everyday between 2.30 p.m. to 3.30 p.m. for undergraduate students of the college and maximum students were benefited by it.

4. Inter-disciplinary Programmes started.

 College is conducting computer courses for men and women students separately.
Timing: 2.00 to 3.30 pm for women students.
6.30 to 8.00 pm for men students

- + Talented and intelligent students are spotted out and special coaching is given to them in their area of specializations.
- M.Sc in Exercise Therapy, Rehabilitation and Nutritional Care evening college Course is run successfully
- P.G. Diploma in Sports Coaching Tennis is also been successfully run as a part of evening college course.

5. Examination Reforms Implemented

The College has remarkable machinery for continuous evaluation of the students. At the end of the first term and the second term examinations were conducted as per the university examination pattern. Class tests were conducted as per the calendar dates and the results were sent to parents. This process of continuous evaluation created an open forum for parents and teachers for discussion on the performance of their ward. This discussion enabled the students to be more serious and responsible in their academic matters.

During this year, no major examination reforms have been implemented. However, some of the reforms implemented during the previous years have been found to be successful and hence college continues to follow such practices.

The results are computerized and all the mark sheets are printed through computerized system.

6. Candidate qualifies for NET/SLET/GATE etc.

2 students of MPEd. Class have qualified in the NET exam held in Jan 2009.

7. Initiative involved in Faculty Development Programs

The yearly performance of teachers is evaluated by the students and teachers are given the report for pursuit and improvement. o8 faculty members are pursuing their higher education by undergoing Ph.D programme and teachers are encouraged to register for Ph.D Programme and are also given opportunity to attend seminar and Research projects.

8. Total number of Seminar and Workshops Conducted

Workshop on Training Methods and First-Aid was organized for BPE I year, BPE II year, MPED I year students between 29th August and 2nd September 2008.

- State level students' seminar on Training Methods was conducted on 19th & 20th January 2009. It enabled the Master's degree students to present papers and grabbed their interest towards Research. The idea conceived in the minds of our Principal Dr. (Mrs.) Sheila Stephen and the seminar was coordinated by Mrs. J. Glory Darling.
- Our College organized Training Programme for Physical Education Personnel – Department of Social Defense on 14th October 2008. Mrs. Jayashree Reghunandan, IAS Officer inaugurated the function
- A short term in-service programme on "Teaching Yoga and Martial Arts for the Blind " sponsored by National Institute of Visually Handicapped was conducted.

9.Research Project/ Newly Implemented Projects

Proposal submitted to UGC

10. Patents Generated - nil

11. New Collaborative Research Programmes

Research in Physical Education imparts the knowledge in a specific area and helps us to apply the results in developing the skills & sports performance.

Our college function as a research center, under university of Madras, and Sports University, to produce research scholars and Doctorates in Physical Education. This year alone, 10 M.Phil scholars have completed & around 7 have awarded Ph.D. degrees. At present, Dr. Esther Ranjini, Dr. Sheila Stephen, Dr. S. Sivaramakrishnan, & Dr. Jothi Dayanandan.

YMCA College is proud to publish a research journal named "Journal of Physical Exercise & Sports Science" and this journal is recognized at the International level.

12. Research Grants Received from various agencies - nil

13. Details of Research Scholars guided by our college faculty

. At present, Dr. Sheila Stephen, Dr. S. Sivaramakrishnan, & Dr. Jothi Dayanandan are recognized guides

NAME OF THE FACULTY	NUMBER OF RESE	ARCH SCHOLARS
Dr. Sheela Stephen	o8 Ph.D	05 M.Phil.
Dr. K. Jothi Dayanandan.	07 Ph.D	05 M.Phil.
Dr. S. Sivaramakrishnan,	o8 Ph.D	05 M.Phil.

YMCA College is proud to publish a research journal named "Journal of Physical Exercise & Sports Science" and this journal is recognized at the International level.

- 14. Citation Index of Faculty Members and Impact Factor -Nil
- **15.** Honors or Awards Given to the Faculty Nil
- 16. Internal Resources Generated Nil
- 17. Details of Departments Getting SAP, COSIST (assist)/DST, FISTt, etc. assistance/recognition nil.
- **18.** Community Services

Students Contribution To The Society

1. **Officiating:-** Sharing 'expertise' is like "marching towards perfection", says the student community. The following students served as officiate, at the following institution.

S.No.	Date	Institution	Game/Sport	Name of the Official
1	10th & 11th July 08	Revoor Padmanabha	Volleyball &	1.Meganathan,M.P.Ed II
		School, Chennai – 19	Throwball	2. Ganesh, BPE III
2	17th & 18th July 08	Sishya, Adyar	Basketball	1. Parthiban, M.P.Ed.I
				2. Ramraj, M.P.Ed I
3	17th 18th & 19th	The Hindu Colony	Volleyball	1. Bala, B.P.Ed., 'A'
	July 08	Chellammal Vidyalaya,		2. Karthik, B.P.Ed. 'B'
		Chennai – 61		
4.	8 th August 2008	Govt.BoysHr.Sec.School,	Volleyball	1.Selvakumar,M.P.Ed.I
		Thiruporur		2. Surendar, M.P.Ed.II
5.	22nd Aug.2008	Govt.BoysHr.Sec.School,	Athletics	1.VictorPaul Raj,M.P.Ed II
		Thiruporur		2.Thangeswaran, M.P.Ed.II
				3. Elangovan, M.P.Ed.I
6	26th 27th & 28th	Tamilnadu Basketball	Basketball	1.Palani Vignesh, M.P.Ed.II
	Aug.08	Association		2. J.Ramraj, M.P.Ed. I
				3.K.Meenakshi Sundaram &
				J.Raman, M.P.Ed. I

7.	1st September	Sri Sankara	Basketball	1.Palani Vignesh, M.P.Ed.II
	2008	Vidyashramam		2. J.Ramraj, M.P.Ed. I
		Hr.Sec.School, Chennai –		3.K.Meenakshi Sundaram
		41		M.P.Ed. I

- Our Founder Missionary of this institution late Harry Crowe Buck is honored and remembered by the college every year with a colorful and high spirited sports festival for about four days between 18th & 21st August 2008.
- The YMCA College continues to be a revival and transforming movement in the field of Physical Education. To mobilize it and to remember the great work of the founder Harry Crowe Buck, the Buck Memorial Sports festival for this academic year was conducted in the month of August 2008.Zealous band of athletes and players from 153 city schools and colleges with 5000 student participated in various games and athletic events.
- To mobilize the word of God and His love to the sports lovers, Jesus Redeemers Ministry, organized a State level 'Redeemers cup' Volleyball tournament between 4th & 6th August 2008. Pastor Mohan C. Lazarus, founder of this ministry shared God's word and inaugurated the match.
- Tamilnadu physical education & sports university inter collegiate tournaments on basketball, hockey, ball badminton and handball was organized by YMCA college on 22nd & 23rd September 2008.
- Rural sports meet was organized on 26th January 2009 at a village named Karikili near Chengalpattu. a team of staff and students entered into the village with stunning testimonies and melodious songs to attract the people and thereby few competitions for kids, parents and youth was conducted.
- On 19th February 2009, 'Play Day' was organized by the college inviting city schools to perform aerobics and participate in various games and sports which entertained young ones with great fun and joy.
- ↓ On 28th February 2009, Inter School Auto Rickshaw and van drivers cricket tournament was organized at the college.
- Inter school aerobic competition was held on 27th Feb 2009 to imbibe the knowledge of fitness among school boys and girls. Twelve schools

participated in the competition. The boys and girls were found bubbling with energy.

- The YMCA College continues to be a revival and transforming movement in the field of Physical Education. To mobilize it and to remember the great work of the founder Harry Crowe Buck, the Buck Memorial Sports festival for this academic year was conducted between 21st & 24th July 2007.Zealous band of athletes and players from 150 city schools and colleges with 5000 student participated in various sports and game down the years
- FFAMY has conducted various academic programs and workshops and has been considered a sports medicine entity for many colleges across Tamil Nadu. For the year 2008-09, about 471 undergraduates and 5 post graduates from 25 physiotherapy colleges in and around Tamil Nadu underwent the Internship training program as well as clinical training program for a month. Physiotherapists who have worked under the guidance of Dr.Kannan Pugazhendi are working with various sporting teams as a Team Physiotherapists.

19. Teachers And Officers Newly Recruited

Teaching Staff Recruited

Mr.Nagrajan,	Lecturer		
	Silambam Master		
Mr. Jayseelan.L	Tutor		
Mr.J.M.Viswanath	Lecturer		
Mr.Daniel Amalan	Lecturer		
Mr. Nagarajan	Lecturer		

Non-teaching Staff Newly Recruited

Name	Designation
Mr.K.Nammalwar	Office Manager
Mr. Koshy Alexander	Campus Administrator
Mr.M.M.Arunachalam	Van Driver
Mr.Kirubakaran	Watchman

20. Teaching – Non – Teaching Staff Ratio: 3:1

21. Improvements In The Library Services

International Journals and periodicals related to Physical Education are available in the library for the benefits of students and staff. New books were purchased out of UGC funds.

22.New Books/Journals Subscribed And Their Cost

Library Report (2008 – 2009)

Books	10,472
No. of books added during 2008-09 (90)	68,714
Journals	48,140
Reference Book	1274
Seating Capacity	90
Automation	Yes
Web resources	Yes
Encyclopedia Available	5

23. Number of courses for which student assessment of teachers is introduced and the action taken on student feedback

Teachers engaging classes for all programmes were assessed in a very systematic manner. We have considered twenty criteria, like their work performance, the mastery of the subject taught, efficiency in communicating the subject with students, punctuality and sincerity, involvement in research activities, approachability of the teacher etc. This questionnaire is prepared in accordance with the guidelines of UGC. The questionnaire was supplied to one master degree class students. Using another questionnaire, the Principal herself collected the feedback on each teacher. We provide an opportunity for parents to give oral feed back about the experience of their ward in the College, academic and infrastructural facilities etc., in the Parent Teacher meeting of each batch. The feedback are analyzed and necessary steps to improve teacher performance are taken. All the teachers were graded high and no remarkable bad feedback was received since teachers teaching master degree are only six.

24. Unit Cost of Education

With salary component : Rs. 23,253/- pa Without salary component : Rs. 1,328/- pa

25. Computerization of Administration and the Process Of Admissions And Examination Results, Issue Of Certificates

The College has a well equipped office and effective administrative machinery. The office and the administration are computerized. The admission process to various under graduate and post graduate course is managed by computer software. The College accounts, the collection of fees, the disbursement of salary, and the accounts of the estate etc., are done with the proper Management Information systems. The attendance of students and their examination results are also computerized. The progress report of the students as well as certificates of students issued from the office is also prepared with use of computers.

ADMISSIONS

Men and women students were admitted to various courses of study as per the guidelines given by the Government of Tamil Nadu, (NCTE) National Council for Teacher Education and the Tamil Nadu Physical Education & Sports University.

26.Increase in the infrastructural facilities

During this academic year we have introduced several projects with respect to the infrastructural development. Renovations including provisions for separate section for reference, separate seating arrangements for the postgraduate students. New toilets were constructed for boys. The maintenances of all other rooms including office, class rooms, and toilets were properly done.

Foundation stone laying ceremony for building the college women's hostel was organized on 29th September 2008. The stone was laid by our Chairman Dr.J.Alexander. Rev.Francis Raja Dass Presbyter and Rev.Clive Ponnuraj shared God's word.

Particulars	Rs.
AMC Air Conditioner	5618.00
AMC Computer	11050.00
AMC Record Office Maintenance	8000.00
Amc Telephone	2500.00
AMC Xerox Machine	17416.00
Campus Maintenance	255192.00
General Repairs & Maintenance	153156.00
Office Maintenance	30027.00
Staff Quarters Repairs & Maintenance	160652.00
1. 日本日本日本日本日本日本日本日本日	643611.00

27. Technology Upgradaion.

New Software procured for the use of Principal Office to monitor the attendance of the students and for the use of Controller of Examination Office.

28. Computerization and Internet Access and Training To Teachers And Students

This year also the provision for the free Internet facility to students is continued. This facility received great appreciation from students and parents. The College have own computer facilities and other accessories. The College every year conducts various programmes and conduct examination. Grade sheets are issued to the students on hostel day celebration, with a view to maintain cent percent IT literacy in the campus.

29. Financial aid to students

Scholarship - 2008-2009

SI No.	Details of Scholarship	Students benefited	Amount in Rs.
1.	SC/ST Scholarship	130	6,75,835
2.	SC/ST Loan Scholarship	102	6,77,500
3.	Backward Scholarship	115	1,94,253
4.	MBC & DNC Scholarship	76	1,30,608

30. Support from the Alumni Association and its activity

YMCA - ALUMNI

The Meeting of the Alumni Association met in the month of August 2008 and resolved to collect Rs.200/- from the outgoing students of this college towards the Alumni Association Fund.

31. Support from the parent- teacher association and its activity

Parents teacher association was formed in the month of April 2008. The parents of the College students and teachers met and shared their views on the growth and development of the college and it was decided to meet once in a year on the Annual Day.

32. Health Services

Fitness Foundation Academy (FFAMY) has been functioning from 2001 under the excellent anchoring and guidance of Dr. Kannan Pugazhendi, MBBS., MSM., (Aus), an eminent and knowledgeable Sports Physician. FFAMY handles treatment & Rehabilitation of Sports injuries for organization such as SDAT, SAI and Athletes from various sports club in and around Chennai, Tamil Nadu Police Commando Team and National level athletes in various sporting fields from different states all over India. Apart from the sports population they extended their services to non competitive athletes, recreational players, senior citizens dancers both western and classical and to differentially abled children.

Down the years FFAMY has conducted various academic programs and workshops and has been considered a sports medicine entity for many colleges across Tamil Nadu. For the year 2008-09, about 471 undergraduates and 5 post graduates from 25 physiotherapy colleges in and around Tamil Nadu underwent the Internship training program as well as clinical training program for a month. Physiotherapists who have worked under the guidance of Dr.Kannan Pugazhendi are working with various sporting teams as a Team Physiotherapists.

33. Student Achievement and Awards & Performance in the sports activities

The list of students who have ACHIEVEMENTS IN SPORTS FENCING

Shri.C.Selvakumar, B.P.Ed., won Gold Medal in the fencing competition organized by Salem District Fencing Association at MGR indoor stadium from 24th to 26th July 2008.

He also won II place in the fencing competition organized by Manipur Fencing Association at Khuman Lampak Indoor Stadium, Imphal, from 15th to 19th September 2008.

He got 34th rank in the fencing competition organized by Taipei Fencing Open Land seed fencing cup in China on 20th to 27th November 2008. Nearly 120 members participated in this event.

The following students participated in the Inter-National Vels – Cup Fencing Tournament 2009.

OVERALL CHAPMIONSHIP

Dhinesh De	varaj		
C.Selvakum	ar	1 st – Foil Event	
V.Viju	}		
Rajiv			
R.Michael R	aj		
Vinu			
Subash		2 nd – Saber Ever	ıt
Sam Apsolo	mraja (
Victor Paulr	aj 🚽		
Pradeep	2、近天 近天 月。	1 st – IPEE Event	
Jeresh	}		
Michael			

The following students participated in the Tamilnadu State 23rd Senior Nationals Baseball Competitions held at Cuttack, Orissa. From 28th Jan. to 4th February 2009.

1.	R.Michael Raj	2	BPE I
2.	Arokia Silambarasan	-	BPE II
3.	G.Prakash	-	BPE II
4.	Maria Lionald Antony	7-	M.P.Ed. II
	Rajarathinam	-	M.P.Ed. II
6.	V.Viju	200	B.P.Ed.
7.	Vimalraja	-	B.P.Ed.

The number of students who represented the Tamilnadu Physical Education and Sports University in various games are given below.

Game	University Representation	
	Men	Women
BALL BADMINTON	05	03
BASKETBALL	07	1

BADMINTON	03	
CRICKET		05
FOOTBALL		08
HANDBALL	05	
HOCKEY	10	
KABADDI	02	05
КНО-КНО	07	
TABLE TENNIS	03	
TRACK AND FIELD	05	02
VOLLEYBALL	06	07
TOTAL	53	30

34.Incentives To Outstanding Sports Persons -

Out standing Sports Performers among men and women of our college are given incentives like uniform and playing kit and they are also encouraged to participate in the Nationals and Inter University Tournaments. College honored "College Colours during the College day. Best Sportsmen and Women are given selection in the college and seek various courses offered in the College based on the Government Norms for admission.

35.Activities of the guidance and the counseling cell.

Colleges Student Association is formed with principal as a faculty member heading it as a Student Advisor. The Student Association will consist of some nominated student-members representing all the classes. The studentmembers are nominated on the basis of their merit in their respective classes.

The Student Association will help students starting from the initial problems at the time of their entry to the career planning in due course. The Student Association offers help to students on a variety of issues and practical problems related to academic, administrative, disciplinary, personal, social or emotional. All the members of the Council shall work under a code of confidentiality. The counseling will be either at individual or group level on issues such as stress management, confidence building, creative expression, and many more as required from time to time. The Student Association also arranges for some interactive sessions to help the students with job hunting procedures and provide more information about the opportunities. The Student Association will arrange for the smooth flow of information from and to the administration and the department. The Student Association shall also be responsible and work for the maintenance of cordial and harmonious relationship between the staff and students in the college.

36. Placement services provided to students

PLACEMENT CELL

'Placement cell' is a boon to our college. This has been formed to increase the opportunities of employability and widening the scope for more students to serve the country at

Health Clubs
Fitness Center
Civil Service & Police Department and as
Consultants.
Physical Education Teachers

The following names are nominated to form the committee for Placement cell.

- a. Mrs.Glory Kirubakar (Convenor)
- b. Mr.E.Simson Jesudss
- c. Mr.S.Johnson Premkumar
- d. Mr.Abraham Davidson
- e. Ms.Selin Mary

37. Development Porgrammes to Non Teaching Staffs

Correspondent & Secretary organized a welcome lunch for all teaching and non-teaching staff on 2nd July 2008. Rev.John Daniel shared God's message. A combined lunch was arranged for all the workers and staff.

38. Best practice of the institution

- Project Sports Meet is organized.
- News letter is printed.
- First-aid course is conducted.
- Optional courses are conducted.
- ↓ Add-on courses are conducted during the off days.
- Educational Tours are provided.
- ✤ Officiating exams through the sports associations are provided.
- + Student Grievance Boxes are provided and are being monitored.
- Student Feed Back regarding Teacher Evaluation academic and administrative matters is collected and analyzed
- ↓ Introduction of single identity card for students to be used at colle
- Strict adherence to academic schedule
- Focused programs through centers of excellence
- Opportunities to acquire soft skills

- Ensure uniform and objective evaluation of the students
- ↓ Opportunity offered to seek diploma courses to PG students
- Establishment of Foreign Relations Office to co-ordinate collaborative activities with foreign countries.
- Utilization of estate, leasing play fields, swimming pool, leasing of land minimizing expenditure, better management of hostels, outsourcing of services, rationalization of expenditure, introduction of self-financing courses and self-financing 'seats', cost effective delivery of education,
- SC/ST students are given extra computer education .
- Library facilities are available for the students appearing in competitive examinations.
- Biannual Journal of Physical Education and Research Sciences was published

39. Linkage the other institution and research international linkage and collaborative programss

The institution has established a close linkage with International universities in order to share their resources both physical and human.

For physical education institutes to be responsive to the national realities, it should have functional linkage with national and international agencies and research organization. By the extensive effort of our Correspondent & Secretary, collaborative and Interactive programs are initiated and MoU has been signed with Springfield college of physical education, Massachusetts, USA and Worcester University, UK.

He also made visits to Brazil to participate in the International Coalition, of YMCA to strengthen the International relationships with other educational Institutions for the YMCA movement.

"The Springfield college of physical education – Massachusetts, U.S.A. & the Worcester University – U.K., London". These developments in such Inter active programme have motivate three of our Master degree students to attend an online interview for MS program, at Worcester University.

VISITORS

Prof.Judith and Miss Lorraine from Worcester University, U.K. visited our college on 26th November 2008 and encouraged the staff and students for their higher education at their University.

40. Any other relevant Information

The following add-on courses were started during the academic year 2008-09.

Fitness Management Sports Therapy & Rehabilitation Soft Skills Special Olympics & Adventures Sports Sports Nutrition.

It is considered and approved to start a Cricket academy at the college.

Bridge course is another course we try to start for freshers of Under-graduate courses.

Personal trainer course, a 'market driven', program and a need based program is to be started from the next academic year. Three more courses are also to be started in the evening college stream.

B.Sc., (Fitness, Exercise Rehabilitation And Nutritional Care (FERN) PGDSC (Post Graduate Diploma in Swimming Coaching) PGDCC (Post Graduate Diploma in Cricket Coaching)

CS 80 CS CS