Y.M.C.A. COLLEGE OF PHYSICAL EDUCATION, NANDNAM, CHENNAI-35 Minutes of Academic Council meeting held on 01.02.2025

Minutes of the Academic council meeting held at 11.00 am on 01st February 2025 (Saturday) in Conference Hall

Opening Prayer: Dr. J. Jackson Sutharsingh offered a prayer to start the meeting.

Agenda No. 1 Roll Call:

Members Present:

Dr. S Johnson Premkumar, Principal (i/c)	Chairperson		
Dr. K Jothi Dayanandan, Associate Professor	Member		
Dr. J Jackson Sutharsingh, Associate Professor	Member		
Dr. S Glady Kirubakar, Associate Professor	Member		
Dr. E Simson Jesudass, Associate Professor	Member		
Mr. T. Isaiah Kumar, Director,	Expert - Industrialist		
Chalcedony Controls & Instrumentation Pvt., Chennai	Expert - muustranst		
Mr. V R Thangavelu, Advocate, Chennai	Expert - Law		
Er. M.M. Selvakumar, Consulting Engineer, Chennai	Expert - Engineering		
Dr. C. Jothi Venkateswaran, Principal,	Academician - Educationist		
Government Arts College, Chennai	Academician - Eddcationist		
Dr. Prince Boaz Edwin, Medical Officer	Expert - Medicine		
Dr. V. Duraisami, Prof. & Head	University Nominee		
Department of Yoga, TNPESU, Chennai	Offiversity Noffiffice		
Dr. J. Glory Darling Margaret	Member Secretary		
Associate Professor & Controller of Examinations	Wichioel Secretary		
Mr. P. Asir Pandian, Correspondent & Secretary	Special Invitee		
Mr. T. John Sudarshan, Executive Secretary cum Admin. Officer	Special Invitee		

Agenda No: 2 Report on Absence

The absentees' report was presented by Dr. S. Johnson Premkumar Principal i/c – Dr. S. Thirumalaikumar and Dr. R Venkatesan, University Nominee, TNPESU mailed their inability to attend the meeting.

Agenda No: 3 Welcome

Principal i/c and Chairman (Academic Council) Dr. S. Johnson Premkumar greeted all of the esteemed invitees, subject experts, TNPESU university nominees, and faculty members of YMCA College of Physical Education and welcomed for the meeting.

Agenda No: 4 Revision & Modification of Syllabus

Item No. 4.1. M.P.Ed. – Theory & Practical - Revision and modification of Syllabus

Dr. J. Jackson Sutharsingh, presented the suggested changes to the M.P.Ed. Course syllabus.

It was resolved to accept the inclusion and deletions of the following contents in the M.P.Ed subjects: (Green colour to be included, Red colour to be omitted)

4.1.1.

Internship in teaching practice (20 lessons) and class room teaching (20 lessons) can be included in 2^{nd} semester in MTC 211

External exam marks = 100Internship marks = 100

Average of above two marks (to be printed on the mark sheet) = 100 MTC 211 to be changed as MTP 211 Race Walking in MPC405

SEMESTER - II

SI.	Course	Course Title	1	riod weel	per	Credits	Internal	External	Tota
No.	Code	304130 1100	L	Т	P	- Creams	1110011111		1
THE	EROY								
1	MCC 201	Sports Psychology	3	0	0	3	25	75	100
2	MCC 202	Applied Statistics in Physical Education	3	0	0	3	25	75	100
3	MCC 203	Test, Measurement and Evaluation in Physical Education	4	0	0	4	25	75	100
ELE	CTIVE	5							
4	MGE 204	Value Education							l!
5	MGE 205	Disaster Management & Environmental Studies	3	3 0	0	3	25	75	100
6	MGE 206	Sports Nutrition and Health Promotion							
PRA	CTICAL								
7	MPC 207	Track & Field (Sprint, Relay, Hurdle) and Gymnastics	0	2	4	3	(Each a marks)	ctivity 50	100
8	MPC 208	Indigenous Activities and Sports Psychology Lab	0	2	4	3	(Each a marks)	ctivity 50	100
9	MPC 209	Coaching Lesson & Officiating Specialization 2 nd Best	0	2	2	3	Average		100
10	MPC 210	Coaching Lesson & Officiating Specialization 1st	0	2	2	3	Average		100

		Best						
11	MTP 211	Teaching Practice and Classroom Teaching (Internal, External & Internship)	0	1	1	2	Internal 100 External 100 A) Average 100 B) Internship 100 Average 100 of A&B will be final mark	100
TOT	AL		13	9	1 3	27		900

SEMESTER - IV

	SEMESTER - IV								
SI.	Course			iod	per				
No.	Code	Course Title	Wee	K	P	Credits	Internal	External	Total
THE	EROY		L	1	P				
1	MCC 401	Prevention and Management of Sports Trauma	4	0	0	4	25	75	100
2	MCC 402	Rules of Sports and Games	3	0	0	3	25	75	100
3	MCC 403	Professional Preparation for NET/ SET/ TRB/ TNPSC	3	0	0	3	25	75	100
4	MCC 404	Dissertation	3	0	0	3	25	75	100
PRA	CTICAL								
5	MPC 405	Track & Field (Middle and Long Distance, Race walking) and Training Methods.	0	2	4	3	(Each ac marks)	ctivity 50	100
6	MPC 406	Mass Drill and Sports Injury and Rehabilitation Lab	0	2	4	3	(Each ac marks)	ctivity 50	100
7	MPC 407	Coaching Lesson and Officiating in T & F (External)	0	2	2	3	Average		100
8	MPC 408	Coaching Lesson and Officiating Specialization 1st Best	0	4	4	6	Average		100
TOT	AL		13	10	14	28			800

4.1.2.

MSEC 206 FITNESS, SPORTS NUTRITION AND HEALTH PROMOTION

Unit I – Introduction to Health and Physical Fitness -Spectrum, Dimension of Health, Health Objectives for the Nation, Physical fitness and exercise objectives for the Millennium, Exercise and physical Fitness, Elements of health and skill related Physical fitness components – Meaning, definition of nutrition, Nutrients, sports nutrition, athletes' diet.

Unit V - Harmful effects of too much exercise, musculoskeletal injuries in running, swimming, Osteoarthritis and Bicycling. Special consideration for youth and children and specific and safe exercise for the kindergarten to assess their milestone and proper development of the CNS and coordination, Heat injuries (cramp, exhaustion, and stroke) – Nutrition for the promotion of health physical exercise for the health promotion.

REFERENCE

De veries, H. Physiology of Exercise for Physical Education and Athletics, W.C. Brawn Co.. Lowa. U.S.A. 1980.

Baechle, TR. (Ed) Essentials of Strength Training and Conditioning, Hyman Kinetics, USA, 1994.

Kumar, V.K.G & panda, MM. Modem Principles of Athletic Training, "Friends Publications, New Delhi. 2002.

Birkitt, D., Medical Applications of Clinical Nutrition, New Cannon, Keats, U.S.A. 1983.

Singh, H. Science of Sports Training, D. V.S. Publications, New Delhi, 1991.

McArdle, W.C Katach, F.I.Katch, V.I. Exercise Physiology, Energy, Nutrition and Human Performance. Lea & Febiger, Philadelphia, U.S.A. 1991.

4.1.3. MCC201 - Sports Psychology

Unit I - Introduction & Cognitive process

Meaning, Definition – History -Need- status of sports psychology in India - Importance of Sports Psychology in Physical education and sports- Motor Learning: Basic Considerations in Motor Learning Motor Perception ~ Factors Affecting Perception Perceptual Mechanism. Cognitive process- memory and thinking. Principles of Motor skill learning. Transfer of training and its types with its implication in sports. Personality: Meaning, Definition-Theories of personality - Measuring Personality Traits. Effects of Personality on Sports Performance. Shifted to unit- II

Unit II - Personality, Motivation and Emotions

Personality: Meaning, Definition-Theories of personality - Measuring Personality Traits. Effects of Personality on Sports Performance.-Meaning and Definition, Types of Motivation-Achievement Motivation: Meaning, Measuring of Achievement Motivation. — Theories of motivation - Motivation and performance Anxiety: Meaning and Definition, Nature, Causes, Method of Measuring Anxiety. Competitive Anxiety and Sports Performance. Stress: Meaning and Definition, Causes. Stress and Sports Performance. Aggression: Meaning and Definition, Method of Measurement. Aggression and Sports Performance. Self-Concept: Meaning and Definition, Method of Measurement- Attention - concentration

UNIT III – Goal Setting & Psychological skill training

Meaning and Definition, Process of Goal Setting in Physical Education and Sports. Relaxation: Meaning and Definition, types and methods of psychological relaxation. Emotional intelligence

Mental toughness Psychological Skill Training (PST) - Long and short term psychological preparation for performance/ competition. Psycho Regulatory Training (PRT) for performance enhancement and relaxation.

UNIT- IV: Dynamics of Group

Group Dynamics (Nature, Functions and types of groups). Structure of the Group (Role differentiation, Status differentiation, Norms formation and group cohesiveness). Group/Team Cohesion (Factor Affecting group performance: Homogeneity of group, stability of membership, Group size, group status, Communication structure, Social facilitation and inhibition). Development of Team Cohesion (Genesis, teams and groups, cultural influences on team work: Teams in the Indian context and Building teams in the Indian Sport Context)

Unit- V: Leadership and Spectators in Sport

Introduction to Leadership in Sport. Theories [Trait Theory, Situational Leadership, Hersey and Blanchard's Situational Leadership]. Types of Leadership. Inter-personnel Communication and Coach-Athlete Relationship. Spectators, Types and their Effect on Sport Performance. Leadership and Spectators in Sport.

REFERENCES:

- 1. Authors Guide (2013) National Library of Educational and Psychological Test(NLEPT)
- 2. Catalogue of Tests, New Delhi: National Council of Educational Research and Training Publication.
- 3. John D Lauther (2000) Psychology of Coaching. NerJersy: Prenticce Hall Inc.
- 4. Miroslaw Vauks and Bryant Cratty (1999). Psychology and the Superior Athlete. London: The Macmillan Co.
- 5. Richard, J.Crisp. (2000). Essential Social Psychology. Sage Publications.
- 6. Robert N. Singer (2001). Motor Learning and Human Performance. New York: The Macmillan Co.
- 7. Robert N. Singer.(1989)The Psychology Domain Movement Behaviour. Philadelphia: Lea and Febiger.
- 8. Thehna Horn. (2002). Advances in Sports Psychology. Human Kinetic.
- 9. Whiting, K, Karman., Hendry L. Band Jones M.G. (1999) Personality and Performance in Physical Education and Sports. London: Hendry Kimpton Publishers.

4.1.4.

MGE 205- DISASTER MANAGEMENT AND ENVIRONMENTAL STUDIES Unit-I Basic Concepts

Meaning, Definition, Nature, Scope, Types, Components, Structure of Environment – ecosystem, Atmosphere, Biosphere, Hydrosphere, Lithosphere and importance of Environmental Studies

Unit - II Environmental Hazards

Pollution: Land, Air, Water, Noise-- Radiation, Deforestation, Soil Erosion ways of Protecting, Preserving &Restoring Environment

Unit: III Definition and types of disaster

Hazards and Disasters, Risk and Vulnerability in Disasters, Natural and Man-made disasters, earthquakes, floods drought, landside, land subsidence, cyclones, volcanoes, tsunami, avalanches, global climate extremes. Man-made disasters: Terrorism, gas and radiations leaks, toxic waste disposal, oil spills, forest fires.

Unit: IV Study of Important disasters

Earthquakes and its types, magnitude and intensity, seismic zones of India, major fault systems of India plate, flood types and its management, drought types and its management, landside and its managements in hill station and other surroundings. Social Economics and Environmental impact of disasters.

Unit: V Mitigation and Management techniques of Disaster

Disaster Management cycle, Disaster management policy, National and State Bodies for Disaster Management, Early Warning Systems, Building design and construction in highly seismic zones, Training for disaster preparedness, Awareness generation program, Usages of geographic information

4.1.5. MGE 206 - SPORTS SOCIOLOGY

Unit I - Introduction to sports sociology

Meaning and definition of sociology and sports sociology, sport as a social phenomena, sociology of sports as separate discipline, Meaning and definition of the term Socialization – types and stages of Socialization – Need and importance of Socialization - sports and socialization.

Unit II - Sports and Culture

Sports and culture basic concepts of culture - elements of culture - functions of culture-Relationship of sports with other elements of culture social planning and physical culture work, free time and physical culture - physical culture as a requirement of social development - Development of socialistic production and physical culture - Sport and Global Culture - The Global transformation of sport, Ethnoscapes, Technoscapes, Financescapes, Mediascapes, Ideoscapes - Sport Stars, Celebrities and the Global Culture of sports.

Unit III - Social institutions, sports, politics and religion

Relationship of sports with other social institutions- emergence and growth of commercial sports- effects of commercialization on sports, status and incomes of athletes/ sports persons in commercial sports. Sports and solidarity political consequences of international sports event-reasons for combining sports and religion similarities and differences between sports and religion

Unit IV - Sports and Social Stratification, Social mobility and sports

Sports and Social Stratification, Meaning, Term, Definition, Characteristics and factors of Social Stratification - Stratification in sports occupation - Social Differentiation - Causes of social differentiation - mobility opportunities sports participation and general career success athletic retirement and social mobility, Sports as mobility escalator.

Unit V – Sports and the Mass media, Women in sports society

Social functions of Mass Media- Impact of the Mass Media on Sports - Racism and Racial Discrimination in Sports - Women in sports - Attitudes toward female Athletes- participation patterns among women - Gender in equation issues women in sports in future - Opportunity and reward structure.

REFERENCES:

- 1. Ball and Loy, Sports and social order, Wesley publishing company
- 2. Craty B, Social Dimensions of physical activity, Prentice Hall, Inc
- 3. Edwards- (1986). Sociology of sports, Lllinois Dorsey Press
- 4. Jay I, Waldy (1986). Sport in society issues and controversies, St. Louis Mosby College Publishing, Co.
- 5. Lay Mepherson and Kenyson, Sports and Social System, Addison Wesley publishing

company

- 6. Panna VR (1980). Sports in socialist countries, Allied publishers private ltd, Bombay
- 7. D. Stanley Eitzen/ George H. Sage (1986) Sociology of North American Sport, Wm.C.Brown publishers, Dubuquw,Iowa
- 8. Peter Craig and Paul Beedie (2008) Sports Sociology, Learning Matters Ltd, UK

4.1.6. MCC 402 - RULES OF SPORTS AND GAMES

Unit I – Evolution of Game, Philosophy and Mechanism of Officiating

- Origin and Development of the Game
- Federations, Associations, Councils in India and World
- Qualification and Qualities of an official
- Philosophy and General Principles of Officiating
- Mechanism and System of officiating and Position of officials
- Official Signals and Powers
- Pre, during and post Duties of officials

Unit II - Dimensions of play field/ event

- Lay out of Standard track/ nonstandard track / Marking of all the athletic events
- Lay out of the playfield and marking Specifications of all the equipment used in the event/game

Unit III - Rules and their Interpretations - I

- Rules of the above mentioned sport / games
- Interpretations and implications of laws

Unit IV - Rules and their Interpretations - II

- Rules, Interpretations and Implications of Laws.
- Interpretations and implications of law

Unit V - Techniques/Skills, Errors, Corrections and Lead up games

- Techniques, Skills, Tactics, Strategies
- Lead up games to develop the technique/skill
- Error and corrections of technique/skill
- Drills

REFERENCES:

- 1. Buck rules book for sports and games, published by NCYs of India, New Delhi
- 2. IAAF, WA (WORLD ATHLETICS) Competition rules book -Track & Field
- 3. F IBA, Official Basketball rules book,
- 4. ICC, Cricket rules book,
- 5. FIFA Laws of the game Football,
- 6. IHF, Rules of the game Handball,
- 7. FIH, Rules of Hockey,
- 8. FIVB, Official Volleyball rules,

The council accepted and approved the same.

Item No: 4.2 Revision / Modification of Syllabus for B.P.Ed

Dr. J. Jackson Sutharsingh, presented the recommended revision and modification of syllabus for B.P.Ed course.

BPC107, BPC207, BPC307, BPC407 - inclusion of Specialization & officiating - Marks

It was resolved to accept the inclusion and deletions of the following contents in the B.P.Ed subjects: (Green colour to be included, Red colour to be omitted)

SEMESTER - I

	SEMESTER - I								
SI.	Course Code	Course Title		Period per week		Credits	Internal	External	Total
		(5.)	L	T	P				N.
THE	EROY								
1	BCC101	Principles and Foundation of Physical Education, Educational Psychology and Guidance & Counseling.	4	0	0	4	25	75	100
2	BCC102	Anatomy and Physiology	3	0	0	3	25	75	100
3	BCC103	Yoga Education	3	0	0	3	25	75	100
ELE	CTIVE								
4	BDE104	Educational Technology, Sports Journalism And Tourism	3	0	0	3	25	75	100
5	BDE105	Disabilities and Inclusive Education							
PRA	CTICAL								
6	BPC106	Calisthenics, Minor Games, Drills and Aerobics	0	2	4	4			100
7	BPC107	Badminton, Ball Badminton, Softball, Table Tennis, Chess and Carrom, Specialization & officiating	0	2	4	⁸ 4			100
8	BPC108	Track & Events	0	2	6	5			100
9	BTP109	Teaching Practice (General Lesson)	0	2	6	1.5			100
		TOTAL	13	8	20	31			800

SEMESTER - II

	SENIESTEK-II										
SI. No.	Course Code	Course Title	Period per week			CREDITS	Internal	External	Total		
			L	T	P						
THE	THEROY										
1	BCC201	History of Physical Education, Recreation, Camping, Guidance & Counseling	3	0	0	3	25	75	100		
2	BCC202	Organization, Administration, and Methods in Physical Education	4	0	0	4	25	75	100		
3	BCC203	Principles and Techniques of Officiating and Coaching (T&F) Part-I	3	0	0	3	25	75	100		
ELE	CTIVE				-						
4	BGE204	Computer Application in Physical Education	3	0	0	3	25	75	100		
5	BGE205	Elementary Statistics									
PRA	CTICAL										
6	BPC206	Dhands and Baithaks Light Apparatus Yoga and Silambam	0	2	4	4			100		
7	BPC207	Basketball, Volleyball, Football and Throwball, Specialization & officiating	0	2	6	4		12	100		
8	BPC208	Field Events (Jumps)	0	1	6	5			100		
9	BTP209	Teaching Practice (Particular Lesson)	0	1	6	5			100		
10	BTP210	External Teaching Practice (General & Particular)	0	1	6	5			200		
	,	ГОТАL	13	7	28	36			1000		

SEMESTER - III

	SEVIESTER - III									
SI.	Course	Course Title		erio r we		CREDITS	Internal	External	Total	
No.	Code	334133 2133	L	Т	P	0142110				
THE	THEROY									
1	BCC301	Sports Training	4	0	0	4	25	75	100	
2	BCC302	Health Education and Environmental Studies	3	0	0	3	25	75	100	
3	BCC303	Principles and Techniques of Officiating & Coaching- Part II	3	0	0	3	25	75	100	
ELE	CTIVE									
4	BSE304	Sports management								
5	BSE305	Fitness, Wellness & Sports Nutrition	3	0	0	3	25	75	100	
PRA	CTICAL									
6	BPC306	Lezium, Kung Fu, Swissball and Core Board Training and Tennikoits	0	2	4	× 4			100	
7	BPC307	Cricket, Archery, Hockey and Netball, Specialization & officiating	0	2	4	4		25	100	
8	BPC308	Field Events (Throws)	0	2	6	5			100	
9	BTP309	Coaching Lesson and Officiating	0	2	6	5			100	
		TOTAL	13	8	40	36			800	

SEMESTER - IV

Sl.	Course	Course Title	Period per week			CREDITS	Internal	External	Total
No.	Code		L	T	P				
THE	EROY								.22
1	BCC401	Test and Measurement in Physical Education	4	0	0	4	25	75	100
2	BCC402	Kinesiology and Biomechanics	3	0	0	3	25	75	100
3	BCC403	Principles and Techniques of Officiating and Coaching Part-III	3	0	0	3	25	75	100

ELE	CTIVE								
4	BAE404	Sports Medicine, Physiotherapy and Rehabilitation	3	0	0	3	25	75	100
5	BAE405	Gender Studies & Personality							
PRA	CTICAL							·	
6	BPC406	Malkhamb and Pyramid, Boxing, Theraband Ladder Training and Gymnastics	0	2	4	4		*	100
7	BPC407	Kabbaddi, Handball, Kho-Kho and Swimming, Specialization & officiating	0	2	4	4		£:	100
8	BTP408	External Coaching Lesson and Officiating (Track & Field and Specialization)	0	2	6	5			100
9	BTP4 09	Intensive Teaching Practice	0	2	6	5			100
		TOTAL	13	6	14	26			800

BCC101 - PRINCIPLES AND FOUNDATION OF PHYSICAL EDUCATION, EDUCATIONAL PSYCHOLOGY AND GUIDANCE & COUNSELING

Unit I: Introduction and Foundation of Education and Physical Education

- Meaning, Definition and Scope of Education and Physical Education
- Education Commissions and Policies in India- Radhakrishnan-Mudaliar-Kothari-NPE-NEP
- Aims and Objective of Physical Education
- Importance of Physical Education in present era.
- Relationship of Physical Education with General Education.
- Physical Education as an Art and Science.
- Philosophical foundation Idealism, Pragmatism, Naturalism, Realism, Humanism, Existentialism

Unit II: Principles of Physical Education

- Biological Principles General Characteristics & Various stages of Growth and Development
 Age (calendar. anatomical & physical age) and gender characteristics Body Types Anthropometric differences Heredity and environment
- Psychological Principles Parts of mind- Conative, Cognitive & Affective Attitude, Interest,
 Cognition, Emotions and Sentiments
- Sociological Principles Social Integration and Cohesiveness

• Leadership

Unit III: Education Psychology

- Meaning and Importance and scope of psychology & educational psychology
- Various stages of growth and development
- Types and nature of individual differences
- Theories of learning
- Laws of Learning. Learning Curve, Types of Learning curve, Transfer of Learning
- Meaning & nature of motivation & aggression
- Motivation & its impact on sports performance
- Meaning & nature of anxiety & stress
- Types of anxiety & stress
- Effect of anxiety & stress on sports performance

Unit IV: Sports Psychology

- Meaning, Importance and scope of Sports psychology
- General Characteristics & Various stages of growth and development
- Types and nature of individual differences in Sports
- Relationship of Sports Psychology with other Sports Sciences.
- Factors affecting the sports performance Motivation, Anxiety, Stress and Aggression their impact on sports
- Heredity and environment
- Psycho Sociological aspects Group dynamics in team games-Role of spectators in sports performance
- Human behavior in relation to physical education and sports.

Unit V: Guidance & Counseling

- Meaning, Definition of Guidance and Counseling
- Educational and Vocational Guidance
- Guidance for gifted, slow learners, the disadvantaged, under achievers, exceptional, juvenile developments, differentially abled
 - Types of counseling-crisis, school, individual, peer and small group
 - Role of counselor and the teacher in counseling

References:

- 1. Bucher, C. A. (n.d.) Foundation of physical education. St. Louis: The C.V. Mosby Co.
- 2. Deshpande, S. H. (2014). Physical Education in Ancient India. Amravati: Degree college of Pahysical education.
- 3. Mohan, V. M. (1969). Principles of physical education. Delhi: Metropolitan Book Dep. Nixon, E. E. and Cozen, F.W. (1969). An introduction to physical education. Philadelphia: W.B. Saunders co.
- 4. Obertuffer, (1970). Delbert physical education. New York: Harper and Brothers Publisher.
- 5. Shannan, J. R. (1964). Introduction to physical education. New York: A.S. Barnes and Co.
- 6. William, J. F. (1964). The principles of physical education. Philadelphia: W.B. Saunders Co.

The council accepted and approved the same.

Item No: 4.3 Revision / Modification of Syllabus for B.M.Sc

Dr. S. Glady Kirubakar presented the recommended revision and modification of syllabus for B.M.Sc course. It was resolved to accept the inclusion and deletions of the following contents in the B.M.Sc subjects: (Green colour to be included, Red colour to be omitted)

- BME-104: Nutrition management, Special Diet for a variety of Disabilities and Disorders, paper title has been changed as BME-104: Nutrition management, Disabilities and Disorders Special Diet (Nutrition and Diet Management for Disabilities)
 - Dr. Vinu: Suggested to change the sub title as "Nutrition and Diet Management for Disabilities" in BME104 and removing "Various."
- BMP -107: Adapted minor sports and games, Calisthenics, Minor games, light apparatus, yoga paper title has been changed as BMP -107: Adapted sports and games, and Adapted yoga.
 - Recommended to replace as "Adapted Sports and Games, & Yoga" for BMP107.
- In the second semester paper-1 BMC -201- Organisation & Administration of Mobility Science Unit –III heading Braille has been removed, as it is in Unit-IV.
- Paper BMC-201 Jaws technology for teaching and learning has been added in the Unit-II.
- BME-205: Sports Medicine, Physiotherapy and Rehabilitation for special Sports persons paper title has been changed as
- BME-205: Sports Medicine, Physiotherapy and Rehabilitation for special athletes
- BMP-207: Orientation and mobility for visually disabled
- paper title has been changed as BMP-207: Orientation and mobility
- BMT- 410: Fitness training for Special children paper title has been changed as BMT- 410: Fitness training practice for Special children

The council accepted and approved the same.

Item No: 4.4. Revision / Modification of Syllabus for B.P.E.S.

Dr.S. Glady Kirubakar presented the recommended for the revision and modification of syllabus for B.P.E.S. course. It was resolved to accept the inclusion and deletions of the following contents in the B.P.E.S. subjects: (Green colour to be included, Red colour to be omitted)

4.4.1. Tamil

BPS101 - Tamil I

அலகு 2: 2.2. "ஈரோடு தமிழன்பன் – ஒரு வண்டி சென்ரியு" **பதிலாக** "நா. காமராசன் – கங்கை இங்கே ஓட வேண்டும்"

அலகு 3: 3.3. "நாடக இலக்கியத்தின் தோற்றமும் (சிலப்பதிகாரம் முதல் தற்கால நாடகம் வரை)" **பதிலாக** "நாடக இலக்கியம் (சிலப்பதிகாரம் – வழக்காடு காதை)"

அலகு 5: 5.3. "ஒரு நாள் கழிந்தது" **பதிலாக** "சங்கு தேவனின் தர்மம்"

BPS301 - Tamil III

அலகு 2: "கம்பரமாயணம் (சுந்தர காண்டம் – ஊர் தேடும் படலம் முதல் 74 செய்யுள்கள்)" **பதிலாக**

"தன் வரலாறு கூறுதல் 2.1. அலைபேசி தன் வரலாறு கூறுதல், 2.2. மழை தன் வரலாறு கூறுதல்"

BPS401 - Tamil IV

அலகு 2: நெடுநல்வாடை பதிலாக "குறிஞ்சிப்பாட்டு"

4.4.2. Revision and modification

Semester I – BPS102

UNIT 1

LISTENING AND SPEAKING

- Greeting people and responding to greetings
- Introducing Oneself and Others
- Asking for and giving personal details

UNIT 2

GRAMMAR

- a. Types of a sentence Articles
- b. Parts of a Sentence
- c. Sentence structure : Subject Predicate
- d. Articles
- e. Pronouns
- f. Auxiliary verbs
- g. Action verbs
- h. Conjunctions
- i. Prepositions

UNIT 3

Using the telephone - exchanging information and taking messages

Describing a visual clipping / Interpreting Advertisements

UNIT4

WRITING

Completing forms with personal details – Bio-data & Curriculum Vitae Paragraph Writing – converting to paragraph

Descriptive Writing – describing a scene/ person/situation

UNIT 5

1. The Hymn of Creation 2. The Living God – Poetry 3. Character Building – Prose

Semester II – BPS202

UNIT 1

LISTENING AND SPEAKING

Asking and Giving permission

Inviting a person – accepting / declining

UNIT 2

GRAMMAR

- > Subject Verb Agreement
- > Sentence formation Subject Verb Object
- Verbs tenses

- > Adjective Kinds
- ➤ Adverbs Kinds
- > Reported Speech
- > Framing "wh" questions

UNIT 3

WRITING

Grammar in usage

Idioms & Phrases

Filling up forms – Bank Challans/ Pay in slips/ Demand Draft, Railway Reservation / Cancellation

UNIT 4

Welcoming a foreign visitor & describing a region and country

Letter Writing – formal / informal

Descriptive Writing – describing an event / tournament / match

UNIT 5

What I cherish most – Prose

On forgetting - Prose

Semester 3 – BPS302

UNIT 1

LISTENING AND SPEAKING

- Discussing Interests & Leisure Activities
- Checking in & out of a hotel
- Complaint & Apology

UNIT 2

GRAMMAR

- Degrees of Comparison
- ➤ Active voice & Passive voice
- ➤ Direct & Indirect speech

UNIT 3

WRITING

Comprehension

Developing Hints

UNIT 4

Expansion of ideas (New Inclusion)

Descriptive Writing - Comparing & Contrasting

UNIT 5

Happy Life

Laugh and be Merry

Semester 4 – BPS402

UNIT 1

GROUP DISCUSSION - Predicting and describing future possibilities

- Globalization
- Consumerism
- Current Events

UNIT 2

GRAMMAR

> Verbal : Gerund, Participle, Infinitives

➤ Modals

➤ Clauses : Simple, Compound, Complex

Conditional Clauses -IF

UNIT 3

WRITING

- Report Writing on an event, tournament or match
- Note Making UNIT 4
- Writing an Email
- Writing an application
- Descriptive Writing Writing with a purpose

Eg: How to play a game to a new playmate

UNIT 5 (New Inclusion)

My Greatest Olympic Prize – Jesse Owens (Prose)

Village Cricket – Charles Dickens

An Alpine Pass on Ski – Sir Arthur Conan Doyle

4.4.3. Rules of Games:

Dr. Glady Kirubakar, Practical Coordinator, Suggested and Recommended to add Rules of Games Paper in V- Semester (BPS504) also, which is left out in V Semester.

4.4.4. Teaching Practice Marks to be included for

Semester III: BPS306TP General Lesson Internal – 100 marks Semester IV: BPS406TP Particular Lesson Internal – 100 marks

Existing BPS406P converted as BPS407TP

Semester IV: BPS606P converted as External Teaching Practice - General and

Particular Lesson External – 100 marks

PART I - Language: Tamil

Part II - English

Part III - Major and Allied

Part IV - Practical

Part V - Extension Activities: Village Placement Programme

I SEMESTER

Game / Activity: Internal Marks	Internal Max. Marks
1. Calisthenics & Minor Games	50
2. Drill & Marching	50
3. Basketball & Softball	50
4. Badminton & Kabaddi	50
5. Specialization and officiating	50
Total	250

II SEMESTER

Game / Activity: Internal Assessment	Internal Marks
1. Dhands & Baithaks	50
2. Light Apparatus & Lezium	50
3. Kho-Kho & Swimming	50
4. Volleyball & Throwball	50
5. Specialization and officiating	50
Total	250

III SEMESTER

Game / Activity: Internal Assessment	Internal Marks
Track and Field Activity	
1. Short, Middle, Long Distance Running & Relay Races	25
2. Long Jump	25
3. Triple Jump	25
4. Shot put & Hammer	25
5. Discus	25
6. Javelin	25
7. High Jump & Pole Vault	25
8. Hurdles	25
9. Internal teaching practice (General Lesson)	50
10. Specialization and officiating	50
Total	300

IV SEMESTER

Game / Activity: Internal Assessment	Marks
1. Marking (Track & Field) [Marking manual for Track & Field	
events must be submitted to the concerned staff]	50
2. Yoga, Pyramid, Malkhamb, Martial Arts	50
3. Ball Badminton & Gymnastics	50
4. Football & Tennis	50
5. Internal Teaching Practice (Particular lesson includes sports and	50
games, Track and field)	
6. Specialization and officiating	50
Total	300
External Practical Examination : General Lesson, Particular	100
Lesson (Sport & Games, Track & Field)	
Intensive Teaching Practice	100
Total	200

V Semester

	Marks	
1. Marking (Ground) [Marking manual for Sports & Games must	50	
be submitted to the concern staff]		
2. Training Methods I: Conditioning Exercises: General and	50	

Specific. Weight Training (Free Weights and Machine	
Weights), Circuit Training, Plyometric.	
3. Table Tennis & Archery	50
4. Tennikoit & Korfball	50
5. Coaching lesson	50
6. Specialization and officiating	50
Total	300

VI Semester

	Marks
1. Bharathiam & Aerobics	50
2. Test, Measurement & Training Methods II: Interval Training-	50
Fartlek Training - Swiss ball Training - Medicine Ball Training	
- Core Board Training, Cross Training.	
3. Hockey & Netball	50
4. Cricket & Netball	50
5. Coaching lesson	50
6. Specialization and officiating	50
Total	300
Extension Activities: Village Placement Programme	100
External coaching lesson	100

		FIRST YEAR	
		I SEMESTER	
PART	PAPER	SUBJECT	
I	BPS 101	Tamil – I /Hindi-I/ French-I	
II	BPS 102	English –I	
	BPS 103	General Knowledge and History of Physical Education	
III	BPS 104	Rules of Games and Sports-Part I	
	,	(Basketball, Badminton, Kabaddi, Softball)	
		II SEMESTER	
I	BPS 201	Tamil – II/Hindi-II/ French-II	
II	BPS 202	English –II	
77	BPS 203	3PS 203 Anatomy and Physiology	
m	BPS 204	Rules of Games and Sports-Part II	
		(Volleyball, Swimming, Throwball, Kho-Kho)	
		SECOND YEAR	
		III SEMESTER	
I	BPS 301	Tamil – III/Hindi-III/ French-III	
II	BPS 302	English –III	
	BPS 303	Health and Safety Education	
III	BPS 304	Rules of Games and Sports - Part III	
		(Track and Field and Cross Country)	
		IV SEMESTER	
I	BPS 401	Tamil – IV/Hindi-IV/ French-IV	

II	BPS 402	English –IV	
BPS 403		Methods in Physical Education	
III	BPS 404	Rules of Games and Sports-Part IV	
		(Tennis, Ball Badminton, Football, Gymnastics)	
	**	THIRD YEAR - V SEMESTER	
	BPS 501 Science of Yoga		
III	BPS 502	Care and Prevention of Sports Trauma	
111	BPS 503	Kinesiology and Biomechanics	
	DDC 504	Rules of Games and Sports – Part V	
	BPS 504	(Table Tennis, Tennikoit, Archery, Korfball)	
		VI SEMESTER	
	BPS 601	Exercise Physiology and Nutrition	
Ш	BPS 602	Test, Measurement and Evaluation	
1111	BPS 603	Scientific Principles of Sports Training	
	BPS 604	Rules of Games and Sports-Part VI	
		(Hockey, Handball, Cricket, & Netball)	

BPS 504

RULES OF GAMES AND SPORTS - PART V

(Table Tennis, chess, carom, Tennikoit, Archery, Korfball)

UNIT I - PREREQUISITES OF AN OFFICIAL

Qualification and Qualities of officials, Philosophy of Officiating in the above listed four games.

UNIT II - HISTORY AND ORGANIZATIONAL SETUP

History and Development, International, national level organisational setup, Major Tournaments and Trophies in the above listed four games.

UNIT III - PRINCIPLES AND MECHANISM OF OFFICIATING

General principles of officiating - Duties and powers of officials - Mechanism of officiating in the above listed four games.

UNIT IV - DIMENSIONS OF PLAY FIELD

Measurements of play fields of the above listed four games.

UNIT V - RULES AND THEIR INTERPRETATIONS

Rules and regulations of the above listed.

REFERENCES:

Ashok Kumar, (2004) Hand Ball, New Delhi: DPH Publishers.

Ashwin Shaw(2001) Cricket manual, New Delhi: Luther worth Publishers.

Claime Michal, Taverna (2009) Field Hockey – Techniques, Tactics, London:

Elizabet Ander (2009) Field Hockey – Steps to Success, London: Human Kinetics.

Human Kinetics.

Jain (2005) Play and learn Hand ball, Bangalore: KSK Publishers. Tan Poin (2009) coaching youth cricket, London: Human Kinetics.

SUMMARY OF MARKS

Part	Category		Marks	Marks
		Internal (4 Papers x 25)	100	
I	Tamil	External Semester Theory	300	400
		Examination (4 Paper x75)		
		Internal (4 Papers x 25)	100	
II	English	External Semester Theory	300	400
		Examination (4 Paper x75)		
	3.6	Internal (16 Papers x 25)	400	
III	Major and Allied	External Semester Theory	1200	1600
	Allieu	Examination (16 Papers x 75)		
		1 st year 2X250	500	1700
		2 nd , 3 rd year 4X300	1200	
IV	D 41 1	External Teaching practice	100	
	Practical	General lesson and Particular	100	
		Lesson		
		Intensive Teaching Practice	100	300
		External coaching lesson	100	
	Extension			
	Activities:	Field visit and Project report	100	100
\mathbf{V}	Village Placement		100	100
	Programme			
	1 Togramme			
			Total	4500

The council accepted and approved the same.

Item No: 4.5. Revision / Modification of Syllabus for M.Sc

Dr. E. Simson Jesudass, Evening College Coordinator, presented the recommended revision and modification of syllabus for the M.Sc course. It was resolved to accept the inclusion and deletions of the following contents in the M.Sc subjects:

MSCC-11

UNIT: 4 NERVOUS SYSTEM

UNIT: 5 IV & V merged (digestive and excretory system) UNIT: 5 HEALTH EDUCATION

Health - Meaning, Definition and concepts - Factors influencing health - Health determinants, Heredity and environment. Health problems of India - Population and health - Environment pollution. Personal hygiene.

UNIT 4 & 5 Deleted

MSCC-12

TAI CHI AND AQUATIC REHABILITATION

UNIT: IV WATER AND FITNESS

Physical properties of water, Benefits of water based exercise, pool safety, Adapting the environment.

UNIT: V DESIGNING THE WATER BASED EXERCISE PROGRAME

Programme format, Warm-up, Cool-down, cardiovascular training, strength and endurance training, circuit training, aqua aerobics

UNIT 4, 5 & 6 Deleted

MSCC - 13: EXERCISE TESTING AND PRESCRIPTION

UNIT: I & VII Merged and UNIT: III & IV Merged

MSEC – 14: HEALTH AND SAFTEY EDUCATION

UNIT – IV Road safety

Meaning, importance, traffic rules, safety measures, traffic signals, traffic violations

UNIT - V Safety at Work Place

Safety policies and plans, principles of safety with respect to buildings, equipment, dress and machineries, principles of safety with respect to Orginisization and administration

UNIT: II & V Deleted

MSEC - 15

SCIENCE OF YOGA

UNIT-I: Introduction

- Meaning and Definition of Yoga
- Aims and Objectives of Yoga
- Need and Importance of Yoga in Physical Education and Sports
- Yoga in Early Upanishads
- The Yoga Sutras: General Consideration

UNIT-II: Foundation of Yoga

The Astanga Yoga: Yama, Niyama, Asana, Pranayama, Pratyahara, Dharana,

Dhyana and Samadhi

Yoga in the Bhagavadgita - Karma Yoga, Raja Yoga, Jnana Yoga and Bhakti Yoga

Hata Yoga

UNIT-III: Asanas, Pranayama, Bandhas, Mudras and kriyas their effects

Types of Bandhas and mudras

Type of kriyas

Asanas and Pranayama with special reference to physical education and sports

Effect of Asanas and Pranayama on various system of the body

Influences of relaxtive, meditative posture on various system of the body

UNIT-IV: Yoga Education

Difference between yogic practices and physical exercises.

Basic, applied and action research in Yoga

Instruction and Method of Teaching Yoga

Competitions in Yogasanas

UNIT-V: Yoga - Benefits

Knowledge of common diseases; their prevention and management through Yoga.

Knowledge of role of Yoga in the management of non-communicable diseases.

Concept of stress and yogic management of stress and its consequences.

REFERENCES

- 1. Brown, F. Y. (2000). How to use yoga. Delhi: Sports Publication.
- 2. Gharote, M. L. & Ganguly, H. (1988). Teaching methods for yogic practices. Lonawala: Kaixydahmoe.
- 3. Iyengar B. K. S., (2000). Yoga Deepika. Vivekananda Kendra Publishers, Bangalore
- 4. Rajjan, S. M. (1985). Yoga: strengthening and relaxation for sports man. New Delhi: Allied Publishers.
- 5. Shankar, G. (1998). Holistic approach of yoga. New Delhi: Aditya Publishers.
- 6. Shekar, K. C. (2003). Yoga for health. Delhi: Khel Sahitya Kendra.

MSCC – 21: OCCUPATIONAL FITNESS AND HEALTH PROMOTION UNIT- I & II Merged, UNIT- VI & VII Merged

MSCC-22

NUTRITIONAL PROMOTION FOR HEALTH UNIT – II & III Merged, UNIT – IV & V Merged

MSCC-23

EXERCISE PHYSIOLOGY

UNIT – I & II Merged, UNIT – V & VI Merged

MSEC - 24

PERSONALITY DEVELEOPMENT AND COMMUNICATION SKILLS UNIT- V & VI Merged, UNIT- IV & V Merged

MSEC-25

COMPUTER APPLICATION IN SPORTS SCIENCE

UNIT- IV & V Merged

MSCC-31

NUTRITION AND WEIGHT MANAGEMENT

UNIT: II & III Merged, UNIT- VI & VII Merged

MSCC-32

RESEARCH METHODS AND STATISTICS IN PHYSICAL PERFORMANCWE

UNIT: I & II Merged, UNIT- VI & VII Merged

MSCC-33

EXERCISE REHABILITATION OF THE DIFFERENTLY ABLED UNIT: II & IV Merged, UNIT: VI & VII Merged

MSEC-34

SPORTS MANAGEMENT

UNIT: II Introduction to Sports and Sports Industry, Sports Operations & Supply Chain Management, Management Accounting in Sports, Business Communication.

UNIT: III Sports Marketing and Sponsorship Management, Sports Project Management, Financial Management in Sports.

UNIT: IV Integrated Marketing Communications in Sports Management, Public Relations, Sports Media Management

UNIT: V Sports Science, Sports Training And Conditioning, Sports Destination and Tourism.

UNIT- II Deleted

MSEC-35

SPORTS JOURNALISM. UNIT: I & II Merged

MSEC-41

HUMAN DEVELOPMENT AND HEALTH PSYCHOLOGY. UNIT: I & II Merged, UNIT: V & VI Merged

MSEC-42

MANAGEMENT OF SPORTS INJURIES. UNIT: I & II Merged, UNIT – V & VI Merged

MSEC-43

APPLIED KINESIOLOGY AND BIOMECHANICA OF MUSCULAR INJURY UNIT: I & II Merged, UNIT – V & VI Merged

Dr. Prince Boaz proposed renaming the digestive and excretory systems (MSCC-11, Unit-5) as the alimentary system and integrating them into one. Nervous system (MSCC-11, Unit-4) can be renamed as Central Nervous System.

The council accepted and approved the same.

Agenda 5: Examination Reforms Dr. J. Glory Darling Margaret, COE presented the examination reforms:

5.1. Use of Technological Interventions

- Internal practical and theory marks submission through online software
- Barcode system for Hall ticket
- In the Formative assessment which is followed in CIA- III for 20 marks

Open book - 5 marks
Group discussion - 5 marks
Quiz - 5 Marks
Class Seminar - 5 marks

20 Marks

Instead of Presentation (class seminar) Poster presentation can be implemented

• Question paper for CIA- 1 & II (with the specifications of unit)

Objectives 5 x 1 = 5 Marks Short Answers 1 x 5 = 5 Marks Essay type 1 x 10 = 10 Marks

Average of CIA- I - 20 Marks

CIA- II - 20 Marks

CIA- III - 20 Marks

CIA- III - 20 Marks

Assignment

CIA- III - 20 Marks

S Marks

Assignment

CIA- III - 20 Marks

S Marks

• Question paper setting pattern for M.Sc –(FERN) & PGDSC will be the same as like B. P.Ed & M.P.Ed

Part- A – Objective type

10x 2 = 20 marks (Q1-Q10 Choose, fill up, & True / False)

Part – B Short Answers

 $5 \times 5 = 25 \text{ Marks (Q11-Q15 Either a or b)}$

Part - C Essay answers

3x 10 = 30 Marks (any 3 questions out of 5)

It was resolved to accept the same.

5.2. Examination Results 2023-2024

Odd Semester Results of all courses were published on 22/12/2023 and were uploaded on the website of the college. The percentage of pass is given below:

	NOVEMBER – 2023					
SL. NO.	CLASS	STUDENTS STRENGTH	STUDENTS APPEARED	NO. OF PASS	0/0	
1	M.P.E.D II	60	58	58	100	
2	M.P.E.D I	60	59	59	98	
3	B.P.ED. II	100	98	98	100	
4	B.P.ED. I	100	99	99	99	
5	B.P.E.S.III	70	58	58	100	
6	B.P.E.S.II	80	77	77	100	
7	B.P.E.S I	58	56	56	92	
8	M.Sc. II	08	08	8	100	
9	M.Sc. I	11	11	11	100	
10	BMSc-I	2	2	2	100	

Even Semester Results of all courses were published on 16/05/2024 and were uploaded on the website of the college. The percentage of pass is given below:

		APRI	L - 2024		
SL. NO.	CLASS	STUDENTS STRENGTH	STUDENTS APPEARED	NO. OF PASS	%
1	M.P.E.D II	60	58	58	100

2	M.P.E.D I	60	59	59	98
3	B.P.ED. II	100	98	98	100
4	B.P.ED. I	100	99	99	99
5	B.P.E.S. III	70	59	52	86
6	B.P.E.S. II	80	77	77	94
7	B.P.E.S I	56	56	56	92
8	M.Sc. II	8	8	8	100
9	M.Sc. I	11	11	11	100
10	PGDSC	1	1	1	100
11	BMSc I	2	2	2	100

The council accepted and approved the same.

Agenda 6: IQAC

The IQAC coordinator, Dr. K. Jothi Dayanandan, emphasized the entire year-long work and presented the list of YMCA College IQAC 2024–25 composition members, which was framed and brought for ratification.

	Composition of Internal Quality Assurance Cell			
	2024-2025			
Sl. No.	Composition	Member		
1	Chairperson	Dr. S. Johnson Premkumar, Principal (i/c)		
2	Teacher 1	Dr. J. Glory Darling Margaret, Associate Professor		
3	Teacher 2	Dr. J. Jackson Sutharsingh, Associate Professor		
4	Teacher 3	Dr. S. Glady Kirubakar, Associate Professor		
5	Teacher 4	Dr. E. Simson Jesudass, Assistant Professor		
6	Member	Dr. R. Prabu, Librarian		
7	One Member from Management	Mr. Tamil Selvan C. Samuel		
8	Senior Administrative Officer	Mr. T. John Sudarshan, ES cum Administrative Officer		
9	Local Society Nominee	Mr. N.G. John, Treasurer		
10	Student Nominee	Ms. Blessy Gulsana Vasava, M.P.Ed. I yr.		
11	Alumnus	Dr. R. Mohana Krishnan, Director - Directorate of Sports, SRM Institute of Science and Technology (Deemed to be University)		
12	One Nominee from the Employer	Mr. P. Asir Pandian, Correspondent and Secretary		
13	One Nominee from Industrialists	Mr. Vincent Sahayaraj		
14	One Nominee from Stakeholders	Mrs. E. Ponrani		
15	IQAC Coordinator	Dr. K. Jothi Dayanandan		

The council accepted and approved the same.

Academic Bank of Credits (ABC) to be created for each students and the class mentors were requested to submit the ID to the office of the Principal. Students' record of achievements and awards should be uploaded by the students in their respective students' portal.

Noted.

Agenda 7: NAAC and Autonomous Extension

The IQAC coordinator, Dr. K. Jothi Dayanandan, highlighted the initiatives taken towards the NAAC and Autonomous extension by the institution.

- First IIQA was submitted on 23-02-2023
- IIQA was resubmitted on 16-02-2024
- SSR uploaded successfully on 18-11-2024
- DVV submitted on 05-12-2024
- Autonomous Extension hardcopy submitted on 26-12-2021
- As per the telephonic instruction from UGC, the online application for Autonomous extension was submitted on 28-03-2024
- Awaiting prequalification, based on which mock visit would be arranged.
- Proposal to invite a few experts before the visit.

Agenda 8: Introduction of Tamil Medium in B.P.Ed.

The Council strongly recommended and resolved to implement B.P.Ed Tamil Medium as another unit by getting the approval from NCTE and Government of Tamil Nadu through the affiliating University.

Agenda 9: Memorandum with Other Institutions

MoU with Ministry of AYUSH, reputed hospitals, Sports companies such as Edu Sports, Trident Sports, etc., for students employability.

Agenda 10: Any other matter

- **8.1.** Dr. S. Johnson Premkumar, Principal (i/c) put forwarded the recommendations by the BoS Members as follows
 - Suggested to include the specialization marks in BPES, B.P.Ed., and B.M.Sc.
 - Recommended Internal and External Teaching Practice for B.P.E.S.
 - Proposed to form an Ethical Committee.

The responsibilities of an IEC can be defined as follows:-

- 1. To protect the dignity, rights and well-being of the potential research participants.
- 2. To ensure that universal ethical values and international scientific standards are expressed in terms of local community values and customs.
- 3. To assist in the development and the education of a research community responsive to local health care requirements.

The IECs should be multidisciplinary and multi-sectorial in composition. Independence and competence are the two hallmarks of an IEC. The number of persons in an ethics committee should be kept fairly small (8 - 12 members). It is generally accepted that a minimum of five persons is required to form the quorum without which a decision regarding the research should not be taken. The IEC should appoint from among its members a Chairman who should be from outside the Institution and not head of the

same Institution to maintain the independence of the Committee. The Member Secretary should be from the same Institution and should conduct the business of the Committee. Other members should be a mix of medical/ non-medical, scientific and non-scientific persons including lay persons to represent the differed points of view. The composition may be as follows:-

- 1. Chairperson Dr. S. Johnson Premkumar
- 2. One two persons from basic medical science area Dr. Prince Boaz Edwin
- 3. One two clinicians from various Institutes Dr. Ajitha and Dr. Vasanthi
- 4. One legal expert or retired judge Mr. V.R. Thangavelu
- 5. One social scientist/ representative of non-governmental voluntary agency
- Mr. T. Isaiah Kumar
- 6. One philosopher/ ethicist/ theologian Rev. Premiah
- 7. One lay person from the community Dr. C. Sherine Vinoca Snehalatha
- 8. Member Secretary Dr. K. Jothi Dayanandan
- Advocated inclusion of specialization and officiating marks for each semester.
- Recommended revamping the Alumni Association at the earliest.
- Proposed to include Artificial Intelligence

Concluding Remarks

- **Mr. Isiah Kumar:** Expressed gratitude to the management and offered his expertise in the integration of AI into the educational process.
- Mr. V R Thangavelu: conveyed his appreciation and asked about the Advocate's position in the research ethical committee and offered his whole hearted support
- Mr. Selvakumar: Wished and hoped for the college's future successes and encouraged for the inclusion of projects.
- **Dr. C. Jothi Venkatesan:** The institution was commended for its various advancements, and an inquiry was made regarding the necessity of a research ethical committee, to which the teachers in the council provided a response.
- **Dr. Duraisami:** Expressed gratitude to the management and educators, acknowledging their valuable contributions and conveying hopes for the institution's continued growth and advancement.

Agenda 11: Vote of Thanks: The Academic Council Member secretary, Dr. J. Glory Darling Margaret, accredited the contributions of every member for sharing their proficiency and providing valued guidance and commendations for the progression of the institution.

Closing Prayer

Dr. S. Glady Kirubakar gave a closing prayer to conclude the meeting as there were no additional topics to discuss.

Dr. J. Hory Darling Margaret Member secretary, (AC)

Dr. S. Johnson Premkumar Principal (i/c)

Chairman, Academic Council