

YMCA COLLEGE OF PHYSICAL EDUCATION, NANDNAM, CHENNAI-35

Minutes of Academic Council meeting held on 27.06.2018

Minutes of Academic Council meeting held at 3.30 pm on 27th June 2018 (Wednesday) at the College conference hall.

Members Present:

Mr.Koshy Mathew	Special Invitee
Mr.Paulson Thomas	Special Invitee
Dr.George Abraham	Principal&Chairman BOS
Dr.Praveena Lionel	Pediatrician
Dr. S.Thirumalai Kumar	University Nominee
Dr. Shahin Ahamed	University Nominee
Mr.T.N.Santhosh Kumar	Auditor
Mr.Kathiresan	Auditor Special Invitee
Dr.K.Jothi	Associate Prof
Dr.S.Johnson Premkumar	Asst.Prof
Dr.J.Jackson Sutharsingh	Asst.Prof
Dr.Glory Darling Margaret	Asst.Prof
Dr.S.Abraham Davidson	Asst.Prof

Agenda No:1

- The meeting commenced with a word of prayer by Dr. S.Johnson Premkumar, Asst.Prof, YMCA College of Physical Education

Agenda No:2

- Principal welcomed the Correspondent & Secretary, Administrative officer, all the special invitees, university nominees and the faculty members of YMCA College of Physical Education

Agenda No: 3

Apologies for the absents of Dr. R.Ramakrishnan, Professor, Department of Advanced Sports Training & Technology, TNPESU, Chennai-127

Agenda No:4

The below mentioned revision & modification in the syllabus for the academic year was approved.


Agenda No: 4A

It was suggested to change the following in the M.PED Course of study

MCC 302 CURRICULUM DESIGN IN PHYSICAL EDUCATION

Present content	Changes Required
UNIT- I Introduction to Curriculum Subject centred , learned centred and community centered is repeated Instead of theories of curriculum development	Introduction to Curriculum and Curriculum Design need to be deleted 1. include Old and modern concept of curriculum Patterns of curriculum to be included




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	Meaning, definition of Curriculum Design – basic principles for planning Curriculum design
UNIT- II- Basic Principles of curriculum Development Sources of curriculum	delete sources of Curriculum in topic as well as sources of curriculum materials (modified a separate Unit V as Curriculum Sources)
Unit- III Integration of Physical Education with other Faculties	To be changed as Unit- IV
Unit- V Curriculum Sources	To be changed as as Unit- III
Unit- IV Curriculum Appraisal or Evaluation	To be changed as Unit- V <u>Include</u> - Characteristics, Types and importance of Evaluation in curriculum

In semester **IV M.P.Ed**, to equip the students for competitive and professional exams the following paper can be included as core paper

MCC- 403 PROFESSIONAL PREPARATION FOR NET/ SET / TRB/ TNPSC can be included as a core paper. For that it was decided each semester three elective papers.

Semester - I

MEC 104 – Adopted Physical Education

MEC 105- SPORTS Management

MEC 106 – Sports Technology

Semester - II

MEC 204 – Value education

MEC 205 - Environmental Science

MEC 206 - Sports Nutrition & Health Promotion

Semester - III

MEC 304 - ICT in Physical Education

MEC 305 - Sports Engineering

Semester - IV

MCC 404- as Dissertation

Agenda No:4B

As per the decision by the Subject Experts, it was suggested to change the following in the B.P.Ed Course of study

- BCC – 303 Education Psychology and Sociology all the units are merged with BCC 101. The title of the subject is changed to Principles & Foundation of Physical Education, Educational psychology and sociology.

BCC 101

Principles, Foundations of Physical Education, Education Psychology and Sociology

Unit : I

Introduction and Foundation of Physical Education

Meaning – definition- scope- aims & objectives of phy edn-Importance of phy edn in present era- relationship of phy edn with general education – phy edn as an art & science-philosophical foundation – idealism – pragmatism – naturalism – realism – humanism-existentialism.



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Unit : II Principles of Physical Education

Biological – Growth & development – age & gender – characteristics – body types- anthropometric differences. Psychological – Attitude – interest – cognition & sentiments. Sociological – Social Integration & Cohesiveness.- Leadership.

Unit : III Education Psychology

Meaning – Importance and scope of psychology & educational psychology- Various stages of Growth and development-types and nature of individual differences - theories of learning – laws of learning – learning curve, types of learning curve – transfer of learning. Meaning & Nature of motivation & aggression - Motivation & its impact on sports performance. Meaning & nature of anxiety & stress, Types of anxiety & stress, Effect of anxiety & stress on sports performance.

Unit : IV Sports Psychology

Meaning, Importance and Scope of Sports Psychology- General Characteristics & Various stages of Growth and development-types and nature of individual differences in Sports- factors affecting the sports performance – heredity and environment – Psycho – sociological aspects of Human behavior in relation to physical education and sports.

Unit : V Sociology

Orthodoxy, customs, tradition & phy edn. – Socialization through phy edn – importance of culture and effect of culture on life style.

1. The title of the subject BCC- 201 – History of Physical Education, Recreation and Camping has been proposed to change as History of Physical Education, Recreation, Camping and Guidance & Counseling.

Unit :IV – Recreation and Camping as merged as one unit.

Unit: V - Guidance and Counseling.

Meaning, definition of Guidance and Counseling- Educational and Vocational guidance, Guidance for gifted, slow learners, the disadvantaged, under achievers, exceptional, juvenile developments, differentially abled-types of counseling-crisis, school, individual, peer and small group, role of counselor and the teacher in counseling.

3. In BCC- 203 Principles and Techniques of Officiating Coaching Part –I(Badminton, Ball Badminton, Softball, Table Tennis, Chess, Carrom, Tennis, Basketball, Volleyball, Football, Throw ball, Track events and Jump Events.) Page No: 20 Games are transferred to III Sem BCC-303 Page No: 24 & Track & Jump events are transferred to BCC 203 and BCC-403 [Page No: 29] throw events also included in BCC – 203. Page No : 20

BCC -203

Principles and Techniques of officiating and coaching – Part –I

UNIT-I

Qualification and qualities of an official- philosophy of officiating – general principles of officiating – Pre, During & Post duties of official – Mechanism of officiating – Official signals and powers – system of officiating – position of officiating.

UNIT-II

Dimension & Layout of track events – Rules & Regulations – Track event Measurement and Specification of Equipments –Track & Field- layout of track , sprint, hurdle, middle , long distance and relay events.

UNIT-III




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Dimension & Layout of Jump events – rules and regulations – measurements and specification of equipments- track & field – layout of long jump , high jump and polevault.

UNIT – IV

Dimension & Layout of throw events – rules and regulations – measurements and specification of equipments- track & field – layout of shot-put , discus , javelin & hammer throw.

UNIT – V

Skills & Techniques, Drills & Lead up Activities to develop various techniques in track and field events.

4. **BCC – 303** is Vacant. For that new paper is included as Principles and Techniques of Officiating Coaching Part –II [Badminton, Ball Badminton, Softball, Table Tennis, Chess, Carrom, Tennis, Basketball, Volleyball, Football, Throwball.] Following the previous syllabus.
5. **BCC – 403** Principles and Techniques of Officiating Coaching Part –II Change as Part III
BCC 401 – Test & Measurement in Physical Education – Unit – III- Page No: 27
 - a. National Physical Fitness Test, U. S. Army Physical Fitness Test are Deleted.
 - b. Barrow Motor Ability Test, Johnson Test of Motor Educability ,Cozen Test of general Athletic Ability Test, SDAT Battery Test are Included.

BPC-406

Practical

The following activities are included in the **BPC 406 - Track & Field Marking – Play field marking – Training methods – Test & Measurements. Each Activities 25 Marks.**
[Total : 100+100 = 200]

BCC 101 - Principles & Foundation of Physical Education, Educational psychology and sociology.

BCC 203- Principles and Techniques of officiating and coaching [Track & Field] – Part –I
It was suggested that the subcommittee should be formed to review the track & field syllabus.

BCC 303 - Principles and Techniques of Officiating Coaching Part –II [Badminton, Ball Badminton, Softball, Table Tennis, Chess, Carrom, Tennis, Basketball, Volleyball, Football, Throwball.] Following the previous syllabus

BCC – 403 Principles and Techniques of Officiating Coaching Part –II Change as Part III

Practical

The following activities are included in the **BPC 406 - Track & Field Marking – Play field marking – Training methods – Test & Measurements. Each Activities 25 Marks.**
[Total : 100+100 = 200]

Agenda No:4C

The Committee approved the following changes in the BPES course of study

Semester I

Paper II
No: 21

English -I

Page



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Unit IV

- c. Translation (Deleted)
- c. Auxiliary Verbs (Added)

Unit V

(Added)

- a. The Hymn of Creation- poetry
- b. The Living God- Poetry
- c. Character Building – Prose

(Deleted)

- a. Cabuliwallah- Rabindranath Tagore
- b. The Last Leaf- O. Henry
- c. Upper Division Love – Manohar Malgonkar

Semester II

Paper VI English – II

Page No: 29

Unit II

- b. Translation- Idioms and Phrases (Deleted)
- b. Idioms and Phrase (Added)

Unit –IV and Unit- V (Deleted)

Unit IV Grammar (Added)

- a. Kinds of Sentence
- b. Reported Speech

Unit V Prose (Added)

- a. What I Cherish Most
- b. On forgetting

Semester II

Paper VII Anatomy and Physiology

Page No: 30

Unit 1 (Added)

Descriptive Terms Used to describe the Human body and movements.

Semester III

Paper X English – III

Unit II

- b. Translation- Sentences - Tamil to English (Deleted)
- b. Voice and Tenses (Added)

Unit –IV and Unit- V (Deleted)



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Unit IV Grammar (Added)

- a. Degrees of Comparison
- b. Articles

Unit V Essays (Added)

- a. Happy life
- b. Laugh and Be Marry

Semester III

Paper XI Health and safety Education

Page No:38

Unit- III- (Added)

Non-Communicable Diseases

- Hyper tension
- Obesity
- Myocardial
- Diabetes

Semester IV

PaperXIV English – IV

Unit –IV and Unit- V (Deleted)

Unit IV Grammar(Added)

- a. Direct and Indirect Speech
- b. Active and Passive Voice

Unit V Extensive Reader(Added)

- a. R.K. Narayan
- b. Jagadish Chandra Bose
- c. Dr. S. Radhakrishnan

Semester V

Paper XVII Science of Yoga

Page No: 49

Unit 1

(Added)

Patanjali yoga sutra and
Thirumoolar Thirumandiram

Unit V

(Added)

Methods of yogic practices
Prayer- Asana – Prandyara- kriyas – Meditation – closing prayer

Semester V

Paper XIX Kinesiology and Biomechanics

Page

Unit III (Added)

Axes and Planes




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Part V.	Extension Activities/ Village Placement Program	Page
	VPP to be shifted from III yr to II yr in fourth semester.	

It was suggested to remove cardio vascular diseases, cardio respiratory diseases and to add hyper tension and arteriosclerosis along with diabetics




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