

YMCA COLLEGE OF PHYSICAL EDUCATION, NANDNAM, CHENNAI-35

Minutes of Governing Body meeting held on 28.06.2018

Minutes of the Governing Body meeting held at 10.00am on 28th June 2018 (Thursday) at the College conference hall.

Members Present:

Mr.Ashok Soloman Vice Chairman YMCA College of Physical Education, Chennai-35	Chairman, Governing Body
Mr.Koshy Mathew Correspondent & Secretary YMCA College of Physical Education, Chennai-35	Member, College Management
Mr.Jeya Nesakumar	Member, College Management
Mr.Paulson Thomas Administrative Officer YMCA College of Physical Education, Chennai-35	Member, College Management
Dr.S.Johnson Premkumar Asst.Prof YMCA College of Physical Education, Chennai-35	Teachers of the College
Dr.J.Jackson Sutharsingh Asst.Prof YMCA College of Physical Education, Chennai-35	Teachers of the College
Dr.Sarah Sarojini Director & HOD, Department of Physical Education, Sri Padmavati Mahila Visvavidyalayam, Tirupati,	Educationist
Dr.T.Radhakrishnan Registrar, TNPESU, Chennai-127	University Nominee
Dr.George Abraham Principal YMCA College of Physical Education, Chennai-35	Ex-Officio

Agenda No:1

- The meeting commenced with a word of prayer by Dr.J.Jackson Sutharsingh, Asst.Prof, YMCA College of Physical Education

Agenda No:2

- Chairperson of Governing Body welcomed all the members of Governing body, YMCA College of Physical Education

Agenda No: 3

- Apologies for the absents of Dr. Lebi Philip Mathew, President – NCYI & Chairman , BOM YMCA College of Physical Education. & Dr.Santhi, Director, DCE, Chennai

Agenda No:4

Principal Dr. George Abraham presented the following Revision & Modification of Syllabus of various courses of study, ethical committee formation, examination reforms, cash award, scholarship and fees concession/wave for students, as per the decision taken by the academic council YMCA College of Physical Education on 27.06.2018.

Agenda No: 4A

It was suggested to change the following in the M.PED Course of study

MCC 302 CURRICULUM DESIGN IN PHYSICAL EDUCATION

Present content	Changes Required
UNIT- I Introduction to Curriculum Subject centred , learned centred and community centered <u>is repeated</u> Instead of theories of curriculum development	Introduction to Curriculum and Curriculum Design need to be deleted 1. include Old and modern concept of curriculum Patterns of curriculum to be included Meaning, definition of Curriculum Design – basic principles for planning Curriculum design
UNIT- II- Basic Principles of curriculum Development Sources of curriculam	delete sources of Curriculum in topic as well as sources of curriculum materials (modified a separate Unit V as Curriculum Sources)
Unit- III Integration of Physical Education with other Faculties	To be changed as Unit- IV
Unit- V Curriculum Sources	To be changed as as Unit- III
Unit- IV Curriculum Appraisal or Evaluation	To be changed as Unit- V <u>Include</u> - Characteristics, Types and importance of Evaluation in curriculum

In semester **IV M.P.Ed**, to equip the students for competitive and professional exams the following paper can be included as core paper

MCC- 403 PROFESSIONAL PREPARATION FOR NET/ SET / TRB/ TNPSC can be included as a core paper. For that it was decided each semester three elective papers.

Semester - I

MEC 104 – Adopted Physical Education

MEC 105- SPORTS Management

MEC 106 – Sports Technology

Semester - II

MEC 204 – Value education

MEC 205 - Environmental Science

MEC 206 - Sports Nutrition & Health Promotion

Semester - III

MEC 304 - ICT in Physical Education

MEC 305 - Sports Sociology

MEC 306 - Sports Engineering

Semester - IV

MCC 404- as Dissertation

Agenda No:4B

As per the decision by the Subject Experts, it was suggested to change the following in the B.P.Ed Course of study

- BCC – 303 Education Psychology and Sociology all the units are merged with BCC 101. The title of the subject is changed to Principles & Foundation of Physical Education, Educational psychology and sociology.

BCC 101

Principles, Foundations of Physical Education, Education Psychology and Sociology

Unit : I Introduction and Foundation of Physical Education

Meaning – definition- scope- aims & objectives of phy edn-Importance of phy edn in present era- relationship of phy edn with general education – phy edn as an art & science- philosophical foundation – idealism – pragmatism – naturalism – realism – humanism- existentialism.

Unit : II Principles of Physical Education

Biological – Growth & development – age & gender – characteristics – body types- anthropometric differences. Psychological – Attitude – interest – cognition & sentiments. Sociological – Social Integration & Cohesiveness.- Leadership.

Unit : III Education Psychology

Meaning – Importance and scope of psychology & educational psychology- Various stages of Growth and development-types and nature of individual differences - theories of learning – laws of learning – learning curve, types of learning curve – transfer of learning. Meaning & Nature of motivation & aggression - Motivation & its impact on sports performance. Meaning & nature of anxiety & stress, Types of anxiety & stress, Effect of anxiety & stress on sports performance.

Unit : IV Sports Psychology

Meaning, Importance and Scope of Sports Psychology- General Characteristics & Various stages of Growth and development-types and nature of individual differences in Sports- factors affecting the sports performance – heredity and environment – Psycho – sociological aspects of Human behavior in relation to physical education and sports.

Unit : V Sociology

Orthodoxy, customs, tradition & phy edn. – Socialization through phy edn – importance of culture and effect of culture on life style.

1. The title of the subject BCC- 201 – History of Physical Education, Recreation and Camping has been proposed to change as History of Physical Education, Recreation, Camping and Guidance & Counseling.

Unit :IV – Recreation and Camping as merged as one unit.

Unit: V - Guidance and Counseling.

Meaning, definition of Guidance and Counseling- Educational and Vocational guidance, Guidance for gifted, slow learners, the disadvantaged, under achievers, exceptional, juvenile developments, differentially abled-types of counseling-crisis, school, individual, peer and small group, role of counselor and the teacher in counseling.

3. In BCC- 203 Principles and Techniques of Officiating Coaching Part –I(Badminton, Ball Badminton, Softball, Table Tennis, Chess, Carrom, Tennis, Basketball, Volleyball, Football, Throw ball, Track events and Jump Events.) Page No: 20 Games are transferred to III Sem BCC-303 Page No: 24 & Track & Jump events are transferred to BCC 203 and BCC-403 [Page No: 29] throw events also included in BCC – 203. Page No : 20

BCC -203

Principles and Techniques of officiating and coaching – Part –I

UNIT-I

Qualification and qualities of an official- philosophy of officiating – general principles of officiating – Pre, During & Post duties of official – Mechanism of officiating – Official signals and powers – system of officiating – position of officiating.

UNIT-II

Dimension & Layout of track events – Rules & Regulations – Track event Measurement and Specification of Equipments –Track & Field- layout of track , sprint, hurdle, middle , long distance and relay events.

UNIT-III

Dimension & Layout of Jump events – rules and regulations – measurements and specification of equipments- track & field – layout of long jump , high jump and polevault.

UNIT – IV

Dimension & Layout of throw events – rules and regulations – measurements and specification of equipments- track & field – layout of shot-put , discus , javelin & hammer throw.

UNIT – V

Skills & Techniques, Drills & Lead up Activities to develop various techniques in track and field events.

4. **BCC – 303** is Vacant. For that new paper is included as Principles and Techniques of Officiating Coaching Part –II [Badminton, Ball Badminton, Softball, Table Tennis, Chess, Carrom, Tennis, Basketball, Volleyball, Football, Throwball.] Following the previous syllabus.

5. **BCC – 403** Principles and Techniques of Officiating Coaching Part –II Change as Part III

BCC 401 – Test & Measurement in Physical Education – Unit – III- Page No: 27

- a. National Physical Fitness Test, U. S. Army Physical Fitness Test are Deleted.
- b. Barrow Motor Ability Test, Johnson Test of Motor Educability ,Cozen Test of general Athletic Ability Test, SDAT Battery Test are Included.

BPC-406 **Practical**

The following activities are included in the **BPC 406** - Track & Field Marking – Play field marking – Training methods – Test & Measurements. Each Activities 25 Marks.

[Total : 100+100 = 200]

BCC 101 - Principles & Foundation of Physical Education, Educational psychology and sociology.

BCC 203- Principles and Techniques of officiating and coaching [Track & Field] – Part –I

It was suggested that the subcommittee should be formed to review the track & field syllabus.

BCC 303 - Principles and Techniques of Officiating Coaching Part –II [Badminton, Ball Badminton, Softball, Table Tennis, Chess, Carrom, Tennis, Basketball, Volleyball, Football, Throwball.] Following the previous syllabus

BCC – 403 Principles and Techniques of Officiating Coaching Part –II Change as Part III

Practical

The following activities are included in the **BPC 406** - Track & Field Marking – Play field marking – Training methods – Test & Measurements. Each Activities 25 Marks.

[Total : 100+100 = 200]

Agenda No:4C

The Committee approved the following changes in the BPES course of study

Semester I

Paper II

English -1

Page No: 21

Unit IV

c. Translation (Deleted)

- c. Auxiliary Verbs (Added)
- Unit V
- (Added)
 - a. The Hymn of Creation- poetry
 - b. The Living God- Poetry
 - c. Character Building – Prose
 - (Deleted)
 - a. Cabuliwallah- Rabindranath Tagore
 - b. The Last Leaf- O. Henry
 - c. Upper Division Love – Manohar Malgonkar

Semester II

Paper VI English – II

Page No: 29

- Unit II
- b. Translation- Idioms and Phrases (Deleted)
 - b. Idioms and Phrase (Added)

Unit –IV and Unit- V (Deleted)

- Unit IV Grammar (Added)
- a. Kinds of Sentence
 - b. Reported Speech

- Unit V Prose (Added)
- a. What I Cherish Most
 - b. On forgetting

Semester II

Paper VII Anatomy and Physiology

Page No: 30

- Unit 1 (Added)
- Descriptive Terms Used to describe the Human body and movements.

Semester III

Paper X English – III

- Unit II
- b. Translation- Sentences - Tamil to English (Deleted)
 - b. Voice and Tenses (Added)

Unit –IV and Unit- V (Deleted)

- Unit IV Grammar (Added)
- a. Degrees of Comparison
 - b. Articles

- Unit V Essays (Added)
- a. Happy life
 - b. Laugh and Be Marry

Semester III

Paper XI Health and safety Education

Page No:38

Unit- III- (Added)

Non-Communicable Diseases

- Cardio vascular Diseases
- Cardio respiratory Diseases
- Cancer
- Diabetes

Semester IV

Paper XIV English – IV

Unit –IV and Unit- V (Deleted)

Unit IV Grammar(Added)
a. Direct and Indirect Speech
b. Active and Passive Voice

Unit V Extensive Reader(Added)
a. R.K. Narayan
b. Jagadish Chandra Bose
c. Dr. S. Radhakrishnan

Semester V

Paper XVII Science of Yoga

Page No: 49

Unit 1

(Added)

Patanjali yoga sutra and
Thirumoolar Thirumandiram

Unit V

(Added)

Methods of yogic practices
Prayer- Asana – Prandiyara- kriyas – Meditation – closing prayer

Semester V

Paper XIX Kinesiology and Biomechanics

Page No:51

Unit III

(Added)

Axes and Planes

Part V. Extension Activities/ Village Placement Program

Page No: 15

VPP to be shifted from III yr to II yr in fourth semester.

It was suggested to remove cardio vascular diseases, cardio respiratory diseases and to add obesity, hyper tension, myocardial infarction, Stroke, Bronchial, Asthma, Diabetics and Healthy life style modification.

Agenda No: 4D

PG Diploma in various games & sports

It was suggested to add the PG Diploma in Track & Field along with existing approved evening college courses.

The controller of TNPESU Dr. Arumugam suggested changing the existing nomenclature by not using the term training and coaching in the Board of Studies.

It was suggested by the Academic council members, to frame a sub-committee along with principal to discuss on nomenclature of the PG Diploma Course.

Track & Field syllabus was approved.

PG Diploma in Track & Field.

POST GRADUATE DIPLOMA COURSE IN SPORTS COACHING – TRACK & FIELD

Theory : PSCC3 Techniques in Track & Field Events

Practical: PSPR6 Coaching Lesson Track & Field Events.

PSPR7 Officiating Track & Field Events

Project: PSPR8 Project (The students should learn to participate, officiate & organize
Different athletic competition held during a course of study. A
Project report should be submitted by each student at the end of the
academic year)

UNIT- 1

Origin and development of Federation, Associations, Sports Councils in India and World

Unit- II Construction of Track

Types of Track and Types of Surfaces- Plan of Track and field with all measurements and markings

UNIT - III Marking & Measurements of Field Events

Plan of Jumping & Throwing events with all measurements and markings.

UNIT- IV Spirit, Middle, Long and Combined Events

Rules, interpretations and techniques and teaching method for Sprint Events, middle distance events, long distance events, Marathon, combined events and race walking

UNIT-V- Throwing Events

Rules, interpretations and techniques and teaching method for Throwing Events

UNIT-VI- Jumping Events

Rules and interpretations & Techniques of Jumping Events

UNIT- VII- Mechanism of officiating

Duties of officials – Mechanism of officiating in Running, Jumping, and Throwing combined and Race walking events.

UNIT- VIII Evaluation

Drills & Lead up activities – Evaluation of Athletic performance.

Agenda : 5 Examination Reforms

Examination Reforms 2018-19

- A) It has been suggested to have Internal and External question paper Setters for the Semester and Arrear Examinations.
- B) The Question Paper Setters must have minimum of 5 Years of experience in teaching.
- C) Three set of Question papers will be collected instead of two set of question papers from Examiners.
- D) New software should be installed for Online application form for the Semester & Arrear Examination in the college website.

Odd Semester Results of all courses were published on - 20.12.2017 and were uploaded in the website of the college. The percentage of pass is given below:

NOVEMBER - 2017

SL.NO.	CLASS	STUDENTS	STUDENTS	NO. OF	%
		STRENGTH	APPEARED	PASS	
1	M.P.E.D II	06	6	6	100
2	M.P.E.D I	47	41	39	95
3	B.P.E.D. II	92	76	70	92
4	B.P.E.D. I	95	91	85	93
5	B.M.S.	2	2	2	100
6	B.P.E.S.	58	50	16	32
7	M.Sc. II	4	4	4	100
8	M.Sc. I	6	2	2	100

Even Semester Results of all courses were published on - 30.04.2018 and were uploaded in the website of the college. The percentage of pass is given below:

APRIL - 2018

SL.NO.	CLASS	STUDENTS	STUDENTS	NO. OF	%	
		STRENGTH	APPEARED	PASS		
1	M.P.E.D II	06	6	6	100	
2	M.P.E.D I	47	34	34	100	
3	B.P.E.D. II	92	90	90	100	
4	B.P.E.D. I	94	89	85	95	
5	B.M.S.	2	2	2	100	
6	B.P.E.S.	58	23	13	56	
7	M.Sc. II	4	4	4	100	
8	M.Sc. I	6	2	2	100	
9	PGDSC	4	4	4	100	

- The ODD and Even semester results are approved

- Present IQAC coordinator requested for change of Coordinator and selected Dr. Johnson Premkumar as the new IQAC coordinator

Agenda : 7 Any other Business.

Scholarship

The existing Buck Scholarship which used to be awarded to 16 students with Rs.5000/- was suggested to be increased to 20 students and budget has been raised from Rs.80000/- to Rs.100000/- based on students discipline, their participation, financial background & overall performance with the discretion of the Principal.

It was suggested by the Auditor that to meet the financial commitment of this scholarship a total commitment to be frame and then corpus has to be fixed and then create long term fixed deposit and then incurred the expenses from the interest created. For the current financial year it has to be met.

- The management has proposed to offer the following Scholarship to the outstanding sports persons;
- The students who are participating All India Interuniversity/ National Competitions –
- Inter University participation – Rs. 1000/- each student
It was suggested to increase Rs.1000/- to Rs.2000/- for the inter university participation as like the university finance committee decision

All India Inter University and National Competition position

- Ist Postiton: Rs. 30000/-
- IInd Position: Rs.20000/-
- IIIrd Position: Rs.10000/-

Representing Country by approved associations and federation: Rs. 30000/-

NET/ SET Qualifying students during course of study: Rs5000/-

A student participating the Intercollegiate tournament DA increase to Rs.150/- from Rs.100/- along with the refreshment Rs.30/- per match.

A staff member accompanying the team as coach cum manager to Intercollegiate tournament DA increased to Rs.200/- from Rs.150/-

It was suggested the following matters in the Board of studies:

- It was suggested that D.P.Ed course of study may be taken up by university and to award the degree. If D.P.Ed programme comes under the affiliation of university under the college autonomy the students can be benefited by representing university.
- It was suggested that D.P.Ed course of study may be continued up by Government of Tamil Nadu

The following decisions were recommended in the Academic council:

- It was suggested that D.P.Ed course of study may be continued up by Government of Tamil Nadu

- It was disapproved by the committee member to bring lateral entry system in the second year of BPES course of study. This being the professional teacher training course.
- It was also suggested to bring out lateral entry system in the second year of BPES course of study.
- The students who have completed Diploma after 10th standard (with minimum of two years) are eligible to join the BPES course of study.

The following recommendations were made by the Academic Council Experts.

- Principal Spoke about the Ethical Committee to be framed based on the guide line given by ICMR.
- Dr.Praveena Suggested to encourage student to have Inter disciplinary research, go for base line ECG and Vaccination certification for Hepatics – A-B-C.
- Dr. Shahin Ahamed spoke very high about the forum and said she is motivated by the major discussion that is been made.
- Other members also appreciated the progress of the college.

The following recommendations were made by the Governing Body

- The Registrar, TNPESU, Dr.T.Radhakrishnan suggested to send the proposal of new changes in Academic Matters, also the recommendation from the subcommittee regarding the nomenclature of PG Diploma in Sports Coaching.
- The Registrar, TNPESU, Dr.T.Radhakrishnan suggested to send the proposal as per the recommendation of Governing body, to bring the M.Phil course of study in autonomous mode as like the other course of study.

The above recommendations of the academic council were approved by the Governing Body.

The correspondent & secretary Mr.Koshy Mathew proposed vote of thanks and the meeting came to an end by offering word of prayer by Dr. S.Johnson Premkumar.

**Mr.Ashok Soloman
Chairperson, Governing Body**