

PROGRAMME

Venue: Gymnasium Hall

- 8.30 am. to 9.30 am. Registration
9.30 am. to 10.30 am. Inaugural Session
10.30 am. to 10.45 am. Tea Break
Session - 1
10.45 am. to 11.45 am. Lead Speaker - 1
Session - 2
11.45 am. to 12.45 pm. Lead Speaker - 2
12.45 pm. to 01.45 pm. Lunch Break
Session - 3
01.45 pm. to 03.00 pm. Paper Presentation
Technical Session - 1
03.00 pm. to 04.15 pm. Paper Presentation
Technical Session - 2
04.15 pm. to 04.30 pm. Tea Break
Concluding Session - 4
04.30 pm. Panel discussion and
preparing resolution
and valedictory function

ORGANIZING COMMITTEE

Chief Patron

Mr. Vincent George

President
National Council of YMCAs of India

Patrons

Hon. Justice Kurian Joseph

Supreme Court Judge (Retd.)
Chairman, YMCA College of Physical Education

Mr. P.J. Vincent

Vice Chairman, YMCA College of Physical Education

Justice Benjamin Koshy

Supreme Court Judge (Retd.)
Vice Chairman, YMCA College of Physical Education

Mr. P. Asir Pandian

Correspondent & Secretary, YMCA College of Physical Education

Mr. S. Samuel Kirubanandan

Treasurer, YMCA College of Physical Education

Co-Patrons

Mr. T. John Sudarshan

Executive Secretary, YMCA College of Physical Education

Mr. S. Jegan

Project Secretary, YMCA College of Physical Education

ORGANIZING COMMITTEE

Convener

Dr. S. Johnson Premkumar, Asso. Prof.

Principal i/c, YMCA College of Physical Education

Organising Secretary

Dr. J. Samuel Jesudoss

Asst. Professor, YMCA College of Physical Education

Members of the Organizing Committee

Dr. K. Jothi Dayanandan, Asso. Prof. (IQAC Co-ord)

Dr. J. Jackson Sutharsingh, Asso. Prof.

Dr. J. Glory Darling Margaret, Asso. Prof.

Dr. S. Gladly Kirubakar, Asso. Prof.

Dr. S. Jerome David, Asst. Prof.

Dr. E. Simson Jesudass, Asst. Prof.

Dr. S. Abraham Davidson, Asst. Prof.

Mr. M. Felix Arokkiaraj, Asst. Prof.

Dr. A. Merlin Thanka Daniel, Asst. Prof.

Dr. R. Prabu, Librarian

Dr. Prince Boaz Edwin, Medical Officer Cum Lecturer

Mr. K. Mugil, Physiotherapist

Dr. Pon. Anbarasu, Asst. Prof.

Dr. J. James, Asst. Prof.

Mr. B. Praveen Doss, Asst. Prof.

Dr. K. Karthikeyan, Asst. Prof.

Dr. J. Komala, Asst. Prof.

Dr. G. Bobby, Asst. Prof.

Dr. J. Jemil Priskilla, Asst. Prof.

Dr. Merin Girija, Asst. Prof.

Address for Communication

Dr. S. Johnson Premkumar

Principal i/c, YMCA College of Physical Education
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The National Council of YMCAs of India Y.M.C.A. COLLEGE OF PHYSICAL EDUCATION

An Autonomous College, registered under UGC Act
Affiliated to Tamilnadu Physical Education and Sports University
NANDANAM, CHENNAI - 600 035.

Centenary year Celebration

National Seminar on Sustainable Youth Development through Physical Education and Sports

Internal Quality Assurance Cell

28th March, 2023 | 8.30 am. | Gymnasium Hall



PROFILE OF THE COLLEGE

CREDENTIALSOF THE COLLEGE

- The YMCA College of Physical Education was established in 1920, at Madras, as the first Physical Education College in South East Asia.
- Harry Crowe Buck, our founder and legend in the field of Physical Education, was the coach for Indian Athletic team which had been to the 1924 Olympics at Paris.
- This institution is a "prestigious" project of National Council of YMCAs of India and a Christian Minority Institution. YMCA College is recognized by the National Council of Teacher Education.
- It is an Aided College, under the Government of Tamilnadu. An Autonomous College affiliated to the Tamilnadu Physical Education & Sports University.
- YMCA College is Re-accredited by National Assessment Accreditation Council (NAAC) as 'A' Grade.
- YMCA College has attained an Iconic Status having excelled over 100 years, and it is 'Role Model' for all Physical Education Colleges and Departments in our country's Higher Education realm.
- The College has grown into an outstanding institution of higher learning and dedicated to the growth of scientific physical education from Nursery School up to Doctoral degree all in one campus in the heart of the city.

THEME OF THE SEMINAR

Sustainable youth development through physical education and sports develops an inclusive vision of access for all to the sports & physical education, To maximize sport's contribution to sustainable development and peace, and protect the integrity of the sport. In addition, some practice-based models such as cooperative learning, the model of personal and social responsibility, or the self-construction of materials will allow the development of more sustainable behaviors in young students. The largest impact of sport and Physical Education would be on good health and well-being, as physical activity has a direct association in promoting

physical and mental health and well-being, increasing life expectancy as well as reducing obesity and the risk of non-communicable diseases. Sport can be utilised among all age groups, and must be promoted as a lifelong activity to have a sustained impact.

OBJECTIVES OF THE SEMINAR

- To facilitate the advancement of novel conceptual frameworks within the domain of physical education and sports sciences.
- To develop into the most recent progressions within the realm of physical education and sports sciences.
- To facilitate the comprehension of the most recent progressions in physical education and sports sciences among prospective teachers, educators, and research scholars.
- To cultivate the necessary expertise to engage in cutting-edge research in physical education and sports sciences.

SUB THEMES

- Sports Psychology
- Sports Sociology
- Exercise Physiology
- Sports Training
- Sports Nutrition
- Sports Rehabilitation
- Sports Bio Mechanics
- Sports Technology
- Fitness & Wellness
- Sports Management

CALL FOR PAPER

The organizing committee accepts research papers and theoretical papers on the above mentioned themes for presentation. The delegates who want to present papers are requested to send abstract and full papers both hard and soft copy along with registration form and registration fee (through Online) by 25th March 2023. The paper should be in English using Times New Roman font with character size of 12 and a 1.5 line spacing on a A4 size paper.

The soft copy shall be sent to e-mail:
ymcacpeseминаr2023@gmail.com

The selected papers will be published as proceedings of the Conference with ISBN number. Soft copy of the proceedings charge: Rs.100/-

Registration: Interested delegates should fill the enclosed registration form/Google form with **online payment**.

Registration Link:
<https://forms.gle/UnzWf7xjJn8i6Qnr7>

The registration fee includes Conference kit, working lunch, refreshments and admittance to all sessions. Send the screen shot (fee paid) to ymcacpeseминаr2023@gmail.com **on or before 25th March, 2023.**

Registration Fee:

Delegates	Rs. 600/-
Students / Scholars	Rs. 300/-

Accommodation:

Unfurnished accommodation can be arranged in the college campus itself on receiving prior request.

Furnished accommodation can be arranged on prior request and on payment.

Bank Account Detail :

Account Number	: 921010002771657
Name	: YMCA COLLEGE OF PHYSICAL EDUCATION
Name of the Bank	: AXIS BANK
Branch	: SAIDAPET
IFSC Code	: UTIB0000781