



## Yearly Status Report - 2017-2018

### Part A

#### Data of the Institution

<b>1. Name of the Institution</b>	YMCA COLLEGE OF PHYSICAL EDUCATION
Name of the head of the Institution	Dr. GEORGE ABRAHAM
Designation	Principal
Does the Institution function from own campus	Yes
Phone no/Alternate Phone no.	04424344816
Mobile no.	9444335355
Registered Email	ymcanandanam1920@gmail.com
Alternate Email	profgeorgeabraham@gmail.com
Address	497, ANNA SALAI, NANDANAM,
City/Town	CHENNAI
State/UT	Tamil Nadu
Pincode	600035
<b>2. Institutional Status</b>	

Affiliated / Constituent	Affiliated
Type of Institution	Co-education
Location	Urban
Financial Status	Self financed and grant-in-aid
Name of the IQAC co-ordinator/Director	Dr. K. JOTHI DAYANANDAN
Phone no/Alternate Phone no.	04424344816
Mobile no.	9444335355
Registered Email	ymcanandanam1920@gmail.com
Alternate Email	jothidaya@gmail.com

### 3. Website Address

Web-link of the AQAR: (Previous Academic Year)	<a href="http://ymcacollege.ac.in/iqac-reports.aspx">http://ymcacollege.ac.in/iqac-reports.aspx</a>
<b>4. Whether Academic Calendar prepared during the year</b>	Yes
if yes,whether it is uploaded in the institutional website: Weblink :	<a href="http://ymcacollege.ac.in/Calendar.aspx">http://ymcacollege.ac.in/Calendar.aspx</a>

### 5. Accrediation Details

Cycle	Grade	CGPA	Year of Accrediation	Validity	
				Period From	Period To
1	A	86.70	2003	21-Mar-2003	20-Mar-2008
2	A	3.28	2013	05-Jan-2013	04-Jan-2018

<b>6. Date of Establishment of IQAC</b>	01-Feb-2003
---	-------------

### 7. Internal Quality Assurance System

Quality initiatives by IQAC during the year for promoting quality culture		
Item /Title of the quality initiative by IQAC	Date & Duration	Number of participants/ beneficiaries
Blood Donation	11-Aug-2017 1	430

Terry Fox Run-A run for cancer patients to raise fund for Cancer Research Institute	17-Aug-2017 1	40000
NATIONAL YOUTH LEADERSHIP TRAINING PROGRAMME	05-Sep-2017 3	10
Idhayaganam programme for orphan children and senior citizens	13-Sep-2017 1	13
Cancer Awareness Programme	21-Sep-2017 1	75
Anti - corruption	03-Nov-2017 1	452
<a href="#">View File</a>		

**8. Provide the list of funds by Central/ State Government- UGC/CSIR/DST/DBT/ICMR/TEQIP/World Bank/CPE of UGC etc.**

Institution/Department/Faculty	Scheme	Funding Agency	Year of award with duration	Amount
YMCA COLLEGE OF PHYSICAL EDUCATION	AUTONOMOUS GRANT	UGC	2017 365	754349
<a href="#">View File</a>				

**9. Whether composition of IQAC as per latest NAAC guidelines:**

Yes

Upload latest notification of formation of IQAC

[View File](#)

**10. Number of IQAC meetings held during the year :**

6

The minutes of IQAC meeting and compliances to the decisions have been uploaded on the institutional website

Yes

Upload the minutes of meeting and action taken report

[View File](#)

**11. Whether IQAC received funding from any of the funding agency to support its activities during the year?**

No

**12. Significant contributions made by IQAC during the current year(maximum five bullets)**

Organized 2 Awareness Programme

Organized Inter school aerobics & calisthenics competition-2018

Organized Workshop on Job Interview Etiquette

Organized Workshop on Kho-Kho officiating held on 25th March 2018 coordinated by Mr. Karthikeyan.

Facilitated and added more options for Intensive teaching and coaching practice.

[View File](#)

**13. Plan of action chalked out by the IQAC in the beginning of the academic year towards Quality Enhancement and outcome achieved by the end of the academic year**

Plan of Action	Achievements/Outcomes
To invite more visitors from foreign countries to give better exposures to students.	U S Consulate General Mr. David Ballard has visited our college on 11th July 2017 • U S. Navy Captain Kevin Lenox has visited our college on 11th July 2017 • Delegates from US, France, Spain, Russia and Malaysia have visited our college to participate YMCA Regreen Chennai Programme on 3rd September 2017.
To offer value added courses for students	The College is conducting Distance Education Programme on various courses. We have conducted contact classes for the following courses from 14th to 24th March 2018. P.G Diploma in Yoga a) P.G. Diploma in Gym / Fitness Trainer b) Diploma in Yoga c) Diploma in Gym and Fitness Training d) M.Sc., Yoga (Lateral Entry)
Implement B.P.Es Course	It was proposed to restore and restructure BPE Course in to BPES in the College from the coming Academic year. Since UGC as accorded permission to continue BPES and MPES wide UGC Gazette dated , D.O.No.F.5-1/2015 (CPP - II) dated 31st May 2016.
To Conduct as many workshops as possible	Workshop on "Sports Nutrition and Diet" Workshop on "Cancer Awareness Programme" for women students Workshop on Job Interview Etiquette for M.Phil Scholars and M.P.Ed final year students was held on 5th Feb 2018 from 11.30am to 1.00pm
Appoint more faculty to fulfill the requirement	The College Management has appointed the following three new teaching staff. 1. Mr. R. Rajesh 2. Mrs. J. Komala 3. Dr. G. Bobby

[View File](#)

14. Whether AQAR was placed before statutory body ?	Yes				
<table border="1"> <tr> <td>Name of Statutory Body</td> <td>Meeting Date</td> </tr> <tr> <td>MANAGEMENT</td> <td>30-Nov-2018</td> </tr> </table>		Name of Statutory Body	Meeting Date	MANAGEMENT	30-Nov-2018
Name of Statutory Body	Meeting Date				
MANAGEMENT	30-Nov-2018				
15. Whether NAAC/or any other accredited body(s) visited IQAC or interacted with it to assess the functioning ?	No				
16. Whether institutional data submitted to AISHE:	Yes				
Year of Submission	2018				
Date of Submission	06-Feb-2018				
17. Does the Institution have Management Information System ?	No				

### Part B

#### CRITERION I – CURRICULAR ASPECTS

##### 1.1 – Curriculum Planning and Implementation

1.1.1 – Institution has the mechanism for well planned curriculum delivery and documentation. Explain in 500 words

In the beginning of the Academic Year based on the changes made in the Board of Studies passed in the Academic Council and the Governing Body approval. The syllabus is updated and sent for printing. The timetable is prepared by circulating the choices of the faculty members and as per the guidelines of workload the timetable is prepared. the responsibilities are put in the staff meeting and IQAC plays vital role in allocating staff responsibilities and based on which the mentor-mentees are allocated (i.e., as Class Registrar). The annual calendar is prepared, prospectus, date of Admission, the coordinators are all allocated in the beginning of the academic year and is followed through out the year it is followed with some changes as and when it is required thus the curriculum is flexible and added based on the demands.

1.1.2 – Certificate/ Diploma Courses introduced during the academic year

Certificate	Diploma Courses	Dates of Introduction	Duration	Focus on employ ability/entrepreneurship	Skill Development
P.G Diploma in Yoga	Yoga	04/09/2017	80	Employability / entrepreneurship	Yoga
P.G. Diploma in Gym / Fitness Trainer	Gym / Fitness Trainer	04/09/2017	80	Entrepreneurship	Fitness

Diploma in Yoga	Yoga	04/09/2017	80	Employability / entrepreneurship	Yoga
Diploma in Gym and Fitness Training	Gym / Fitness Trainer	04/09/2017	80	Entrepreneurship	Fitness

## 1.2 – Academic Flexibility

### 1.2.1 – New programmes/courses introduced during the academic year

Programme/Course	Programme Specialization	Dates of Introduction
BPES	Physical Education and Sports	03/07/2017
<a href="#">View File</a>		

### 1.2.2 – Programmes in which Choice Based Credit System (CBCS)/Elective course system implemented at the affiliated Colleges (if applicable) during the academic year.

Name of programmes adopting CBCS	Programme Specialization	Date of implementation of CBCS/Elective Course System
MPED	Physical Education	03/07/2006
BPED	Physical Education	07/07/2014

### 1.2.3 – Students enrolled in Certificate/ Diploma Courses introduced during the year

	Certificate	Diploma Course
Number of Students	0	72

## 1.3 – Curriculum Enrichment

### 1.3.1 – Value-added courses imparting transferable and life skills offered during the year

Value Added Courses	Date of Introduction	Number of Students Enrolled
Certificate course in Sports Medicine and Physiotherapy	05/08/2017	47
Certificate course in Special Olympics apted games and Adventure sports	05/08/2017	47
Certificate course in Soft skills	05/08/2017	23
Certificate course in Nutrition	05/08/2017	11
<a href="#">View File</a>		

### 1.3.2 – Field Projects / Internships under taken during the year

Project/Programme Title	Programme Specialization	No. of students enrolled for Field Projects / Internships
BPED	Teaching/ Coaching	200
MPED	Coaching	60
<a href="#">View File</a>		

## 1.4 – Feedback System

1.4.1 – Whether structured feedback received from all the stakeholders.

Students	Yes
Teachers	Yes
Employers	Yes
Alumni	Yes
Parents	Yes

1.4.2 – How the feedback obtained is being analyzed and utilized for overall development of the institution?  
(maximum 500 words)

<p><b>Feedback Obtained</b></p> <p>Student Feedback form is filled confidentially by Principal of the college by calling students on one of holidays. Later after the filling up the feedback form the principal sends it to the college management and after analyzing it the management serves individual letter to each staff and request them and informs the teacher which area they are lacking and where to improve upon. Based on which a follow up is done in the subsequent year and if there is no improvement a warning is served confidentially to the teacher and improvement in teaching is been made by the faculty. Teacher feedback is received by the teacher and based on that the freedom is given to them to modify the methodology of teaching and learning. The curriculum is designed by the teachers and based on the latest trend and demands the freedom is given to them to present it in the board of studies meeting and it's recorded. Alumni meet on holidays as per their convince as they complete their 25 years or ten years or according to their wish meet in the college campus and demand for the places in the campus to meet . They come from various places along with their family members, visit the campus and share their gratitude by gifting the teachers and have lunch or snacks, take photographs and disperse. Parents are the assert of the college. Their cooperation is always taken. They support the college hostel rules and help in maintain the discipline of the college by following it and reach the campus as and when demanded by the authorities. They are invited to attend the cultural and the award ceremonies. They are also provided with the lunch and food served in the hostel with meager money.</p>
--

**CRITERION II – TEACHING- LEARNING AND EVALUATION**

**2.1 – Student Enrolment and Profile**

2.1.1 – Demand Ratio during the year

Name of the Programme	Programme Specialization	Number of seats available	Number of Application received	Students Enrolled
MPhil	Physical Education	21	30	17
BMS	Mobility Education	11	5	2
BPEd	Physical Education	100	120	100
BPES	Physical Education	80	74	68
PG Diploma	Sports Coaching	12	5	3
MPed	Physical Education	60	72	47

[View File](#)

## 2.2 – Catering to Student Diversity

### 2.2.1 – Student - Full time teacher ratio (current year data)

Year	Number of students enrolled in the institution (UG)	Number of students enrolled in the institution (PG)	Number of fulltime teachers available in the institution teaching only UG courses	Number of fulltime teachers available in the institution teaching only PG courses	Number of teachers teaching both UG and PG courses
2017	170	32	16	8	21

## 2.3 – Teaching - Learning Process

### 2.3.1 – Percentage of teachers using ICT for effective teaching with Learning Management Systems (LMS), E-learning resources etc. (current year data)

Number of Teachers on Roll	Number of teachers using ICT (LMS, e-Resources)	ICT Tools and resources available	Number of ICT enabled Classrooms	Number of smart classrooms	E-resources and techniques used
24	18	0	8	2	0

[View File of ICT Tools and resources](#)

No file uploaded.

### 2.3.2 – Students mentoring system available in the institution? Give details. (maximum 500 words)

Students mentoring system is very much available in the college. In the beginning of the academic year the management with the help of Principal and IQAC coordinator nominates the mentor for each class with the number of students admitted. Each mentor is responsible for maintaining the attendance, sanction of OD, permission to go home etc. The mentor maintains the record of Continuous assessments, i.e CA-I, CA-II, CAIII, Assignment, Pre-semester and the Internal marks completely. They maintain the record in the prescribed format given by IQAC and in the end they counsel and guide the students regarding their internals, shortage of attendance, slow learning etc. The concerned mentor tries to maintain any disciplinary act and communicates to their parents and speaks personally to the student and parents and brings their problems to the Principal for action. Our college is purely residential and students are directly also responsible under one Warden and four Sub-warden and one Deputy warden for men students and one Warden, one Deputy Warden with one Matron in the Women's Hostel. Any help needed by the students are also taken care in hostel This is how the students are supported by mentors.

Number of students enrolled in the institution	Number of fulltime teachers	Mentor : Mentee Ratio
371	21	1:18

## 2.4 – Teacher Profile and Quality

### 2.4.1 – Number of full time teachers appointed during the year

No. of sanctioned positions	No. of filled positions	Vacant positions	Positions filled during the current year	No. of faculty with Ph.D
14	12	2	0	11

### 2.4.2 – Honours and recognition received by teachers (received awards, recognition, fellowships at State, National, International level from Government, recognised bodies during the year )

Year of Award	Name of full time teachers receiving awards from state level, national level, international level	Designation	Name of the award, fellowship, received from Government or recognized bodies
2017	Dr. PON ANBARASU	Assistant Professor	ATP 250 WORLD TOUR TENNIS



			OFFICIAL 2017 DECEMBER AT CHENNAI.
2017	Dr. GLORY DARLING MARGRET	Assistant Professor	ASIAN ATHLETICS CHAMPIONSHIP TECHNICAL OFFICIAL,
<a href="#">View File</a>			

## 2.5 – Evaluation Process and Reforms

2.5.1 – Number of days from the date of semester-end/ year- end examination till the declaration of results during the year

Programme Name	Programme Code	Semester/ year	Last date of the last semester-end/ year-end examination	Date of declaration of results of semester-end/ year- end examination
MPEd	01	IV	18/04/2018	04/05/2018
BPEd	02	IV	18/04/2018	04/05/2018
BMS	03	II	18/04/2018	04/05/2018
<a href="#">View File</a>				

2.5.2 – Reforms initiated on Continuous Internal Evaluation(CIE) system at the institutional level (250 words)

1. Written Examination (20 Marks): Each student will be graded by the subject teacher(s). Three sessional tests will be conducted for each paper. Each test carries a maximum of 20 marks and the average of best two tests will be considered. However, in the case of students who miss the tests for any valid reason with prior permission from the subject teacher(s) and the Principal, they may be granted special permission to write the sessional test before the commencement of semester examinations. 2. Assignment (5 Marks): The students will be given 5 marks for assignments. This may be in the form of Seminars, Projects, Written Materials, Records, etc., A student should submit a minimum of two assignments for each course. 3. Pre-Semester (75 Marks): The Pre Semester examinations will be held at the end of each semester before the final semester examinations, covering all portions and 75 marks are awarded for this examination. Each paper will be evaluated for 75 marks and this will be converted into 25 marks. All the examination will be conducted by the Controller of Examinations. The dated and test portions will be intimated in advance by staff concerned. There are no minimum marks for passing in both internal and external examinations. However, the minimum for passing in each paper is 50 combining internal and external marks.

2.5.3 – Academic calendar prepared and adhered for conduct of Examination and other related matters (250 words)

The YMCA College calendar is to keep students, members of the teaching, nonteaching and management, a reminder of important and key dates throughout the academic semester and year. It consists of a complete details on the members of the board of management , the name of faculty members with their qualification, designation and their responsibilities with phone number and email address. The YMCA College calendar entails of the rules and regulations of the college, the hostel rules for Men and Women students separately. If any violation, they are called for the disciplinary committee meeting and action is taken accordingly by calling their parents. The YMCA College calendar comprises of the number of working days, start of the college, the continuous assessment, the pre-semester, semester, holidays and complete guide to the students for that academic year. It helps the far residing students to book the tickets and

come back accordingly. Thus, The YMCA College calendar is a guide to the academic year for staff, students and management and parents as well. There is flexibility in implementing the dates and announcements based on the natural disaster and as and when the situation demands otherwise the calendar is strictly followed.

## 2.6 – Student Performance and Learning Outcomes

2.6.1 – Program outcomes, program specific outcomes and course outcomes for all programs offered by the institution are stated and displayed in website of the institution (to provide the weblink)

<http://ymcacollege.ac.in/regular-courses.aspx>

2.6.2 – Pass percentage of students

Programme Code	Programme Name	Programme Specialization	Number of students appeared in the final year examination	Number of students passed in final year examination	Pass Percentage
01	MPed	Physical Education	6	6	100
01	MPed	Physical Education	41	39	95
02	BPed	Physical Education	76	70	92
02	BPed	Physical Education	91	85	93
03	BMS	Mobility Science	2	2	100
04	BPES	Physical Education	50	16	32
05	MSc	Fitness Exercise Nutrition and Rehabilitation	4	4	100
05	MSc	Fitness Exercise Nutrition and Rehabilitation	2	2	100

[View File](#)

## 2.7 – Student Satisfaction Survey

2.7.1 – Student Satisfaction Survey (SSS) on overall institutional performance (Institution may design the questionnaire) (results and details be provided as weblink)

**No Data Entered/Not Applicable !!!**

## CRITERION III – RESEARCH, INNOVATIONS AND EXTENSION

### 3.1 – Resource Mobilization for Research

3.1.1 – Research funds sanctioned and received from various agencies, industry and other organisations

Nature of the Project	Duration	Name of the funding agency	Total grant sanctioned	Amount received during the year

Nil	00	0	Nil	Nil
No file uploaded.				

### 3.2 – Innovation Ecosystem

3.2.1 – Workshops/Seminars Conducted on Intellectual Property Rights (IPR) and Industry-Academia Innovative practices during the year

Title of workshop/seminar	Name of the Dept.	Date
Workshop on Job Interview Etiquette	YMCA College	05/02/2018
Workshop on Kho-Kho officiating	YMCA College	25/03/2018
Workshop on Kabaddi officiating	YMCA College	08/04/2018
Workshop on "Sports Nutrition and Diet"	YMCA College	12/09/2017
Workshop on "Cancer Awareness Programme"	YMCA College	21/09/2017

3.2.2 – Awards for Innovation won by Institution/Teachers/Research scholars/Students during the year

Title of the innovation	Name of Awardee	Awarding Agency	Date of award	Category
NIL	Nil	Nil	Nil	Nil
No file uploaded.				

3.2.3 – No. of Incubation centre created, start-ups incubated on campus during the year

Incubation Center	Name	Sponsored By	Name of the Start-up	Nature of Start-up	Date of Commencement
NIL	Nil	Nil	Nil	Nil	Nil
No file uploaded.					

### 3.3 – Research Publications and Awards

3.3.1 – Incentive to the teachers who receive recognition/awards

State	National	International
00	00	00

3.3.2 – Ph. Ds awarded during the year (applicable for PG College, Research Center)

Name of the Department	Number of PhD's Awarded
YMCA College of Physical Education	7

3.3.3 – Research Publications in the Journals notified on UGC website during the year

Type	Department	Number of Publication	Average Impact Factor (if any)
National	College of Physical Education	4	Nil
International	College of Physical Education	26	6.1
<a href="#">View File</a>			

3.3.4 – Books and Chapters in edited Volumes / Books published, and papers in National/International Conference Proceedings per Teacher during the year

Department	Number of Publication
College of Physical Education	20
College of Physical Education	1
<a href="#">View File</a>	

3.3.5 – Bibliometrics of the publications during the last Academic year based on average citation index in Scopus/ Web of Science or PubMed/ Indian Citation Index

Title of the Paper	Name of Author	Title of journal	Year of publication	Citation Index	Institutional affiliation as mentioned in the publication	Number of citations excluding self citation
Arterial Blood Pressure And Heart Rate Response To Exercise	Dr. K.JOTHI	Recent Research in Science and Technology , 3 (2), 77-79	2017	1	Nil	Nil
Effect Of Concurrent Strength And Plyometric Training On Selected Biomotor Abilities 3.3.6 h-index of the Institutional Publications during the year. (based on Scopus/ Web of science) Title of the paper Effect Of Concurrent Strength And Plyome	Dr. K.JOTHI	Recent Research in Science and Technology 3 (2), 77-79	2018	4	Nil	Nil
Efficacy of Selected Mobility Exercises and Participation in Special	J. Samuel Jesudoss	World Academy of Science, Vol:6, No:11, 2012 Engineering and Technology	2017	1	Nil	Nil

Games on P sychomotor Abilities, Functional Abilities and Game P erformance among Inte llectually Disabled Children of Under 14 Age		Internatio nal Journal of Psychologi cal and Behavioral Sciences				
Personal ity Traits: An analetical study between sedentary male and sports male	Dr. George Abraham	Science, Movement and Health	2017	3	Nil	Nil
Personal ity Traits: An analetical study between sedentary male and sports male	Dr. George Abraham	Science, Movement and Health	2018	2	Nil	Nil
Analysis of anthrop ometry, body compo sition and performanc e variables of young Indian athletes in southern region	Dr. George Abraham	Indian journal of science and technology	2017	6	Nil	Nil
Analysis of anthrop ometry, body compo sition and performanc e variables of young	Dr. George Abraham	Indian journal of science and technology	2018	1	Nil	Nil

Indian athletes in southern region					
No file uploaded.					

3.3.6 – h-Index of the Institutional Publications during the year. (based on Scopus/ Web of science)

Title of the Paper	Name of Author	Title of journal	Year of publication	h-index	Number of citations excluding self citation	Institutional affiliation as mentioned in the publication
Effect Of Concurrent Strength And Plyometric Training On Selected Biomotor Abilities	Dr. K.JOTHI	Recent Research in Science and Technology 2 (5), 124-126	2017	1	4	Nil
Arterial Blood Pressure And Heart Rate Response To Exercise	Dr. K.JOTHI	Recent Research in Science and Technology 3 (2), 77-79	2018	1	1	Nil
Efficacy of Selected Mobility Exercises and Participation in Special Games on Psychomotor Abilities, Functional Abilities and Game Performance among Intellectually Disabled Children of Under 14 Age	J. Samuel Jesudoss	World Academy of Science, Vol:6, No:11, 2012 Engineering and Technology International Journal of Psychological and Behavioral Sciences	2017	1	1	Nil

[View File](#)

3.3.7 – Faculty participation in Seminars/Conferences and Symposia during the year :

Number of Faculty	International	National	State	Local
-------------------	---------------	----------	-------	-------

Resource persons	1	11	Nil	Nil
Presented papers	8	10	Nil	Nil
<a href="#">View File</a>				

### 3.4 – Extension Activities

3.4.1 – Number of extension and outreach programmes conducted in collaboration with industry, community and Non- Government Organisations through NSS/NCC/Red cross/Youth Red Cross (YRC) etc., during the year

Title of the activities	Organising unit/agency/ collaborating agency	Number of teachers participated in such activities	Number of students participated in such activities
Cancer Awareness Programme"	YMCA college organised Dr. Kalawathy, Gynaecologist was held on 21st September 2017.	2	75
NSS PROGRAMME 5th Feb 2018	YMCA college	1	102
Anti - corruption" on 3rd November, 2017	YMCA college Mr.J.UdhayaSankar, Dy.S.P., Vigilance Anti-corruption, Chennai	2	348
NATIONAL YOUTH LEADERSHIP TRAINING PROGRAMME, at Kanyakumari	All India Association For Christian Higher Education (AIACHE).	1	10
13th September 2017 for Idhayagana programme for orphan children and senior citizens	Organized by Rotaract Club of Madras East	2	15
Terry Fox Run-A run for cancer patients to raise fund for Cancer Research Institute on 17th September 2017	Terry Fox Run 40,000 people participated	2	50
Blood Donation 11th August 2017	in association with Rotaract Club Madras East. (71) Units of blood have been collected through the Camp.	2	430
NSS PROGRAMME 5th Feb 2018	YMCA college	1	102
Awareness programme on Career Guidance Talk	YMCA college	3	63

Series - 13th Oct. 2017			
Awareness programme on Wings to Fly Semi-Finals - 3rd Nov. 2017	YMCA college	5	103
<a href="#">View File</a>			

3.4.2 – Awards and recognition received for extension activities from Government and other recognized bodies during the year

Name of the activity	Award/Recognition	Awarding Bodies	Number of students Benefited
NIL	Nil	Nil	Nil
No file uploaded.			

3.4.3 – Students participating in extension activities with Government Organisations, Non-Government Organisations and programmes such as Swachh Bharat, Aids Awareness, Gender Issue, etc. during the year

Name of the scheme	Organising unit/Agency/collaborating agency	Name of the activity	Number of teachers participated in such activities	Number of students participated in such activities
Idhayaganam programme for orphan children and senior citizens	Rotaract Club of Madras East.	Orphan children and senior citizens Rec.	2	15
Cancer Awareness Programme	Cancer Research Institute, Chennai	Awareness programme	5	75
Anti - corruption	Vigilance Anti-corruption, Chennai	Awareness programme	28	340
Terry Fox Run	Cancer Research Institute, Chennai	Fund for Cancer Research Institute	2	50
<a href="#">View File</a>				

### 3.5 – Collaborations

3.5.1 – Number of Collaborative activities for research, faculty exchange, student exchange during the year

Nature of activity	Participant	Source of financial support	Duration
National Seminar	26	College	2
<a href="#">View File</a>			

3.5.2 – Linkages with institutions/industries for internship, on-the- job training, project work, sharing of research facilities etc. during the year

Nature of linkage	Title of the linkage	Name of the partnering institution/ industry /research lab with contact	Duration From	Duration To	Participant



		details			
internship, on-the-job training	Teaching Practices/ Coaching	1. ST. Michaels Academy ,4th Cross Road ,Gandhi Naga, Adyar Chennai -20 (8) 2. .Alpha Matric Higher Secondary School 16, 3rd Cross Street, 3. Bala Vidya Mandir Sr Scondary School,No. 58, B,Ramach andra 4. Fathima Central Senior Secondary School	19/01/2018	09/02/2018	198
internship, on-the-job training	Teaching Practices/ Coaching	C.S.I St. Ebba's Girls Higher Secondary School, No 109 Dr, Radh akrishnan Road, Mylapor, Chennai- 4	19/01/2017	09/02/2017	47
<a href="#">View File</a>					

3.5.3 – MoUs signed with institutions of national, international importance, other universities, industries, corporate houses etc. during the year

Organisation	Date of MoU signed	Purpose/Activities	Number of students/teachers participated under MoUs
<b>No Data Entered/Not Applicable !!!</b>			
No file uploaded.			

#### **CRITERION IV – INFRASTRUCTURE AND LEARNING RESOURCES**

##### **4.1 – Physical Facilities**

4.1.1 – Budget allocation, excluding salary for infrastructure augmentation during the year

Budget allocated for infrastructure augmentation	Budget utilized for infrastructure development
265	196.59

4.1.2 – Details of augmentation in infrastructure facilities during the year

Facilities	Existing or Newly Added
Number of important equipments purchased (Greater than 1-0 lakh) during the current year	Newly Added
Campus Area	Existing
Class rooms	Existing
Laboratories	Existing
Classrooms with LCD facilities	Existing
Number of important equipments purchased (Greater than 1-0 lakh) during the current year	Newly Added
<a href="#">View File</a>	

#### 4.2 – Library as a Learning Resource

##### 4.2.1 – Library is automated {Integrated Library Management System (ILMS)}

Name of the ILMS software	Nature of automation (fully or partially)	Version	Year of automation
AutoLib	Partially	1.1	2012

##### 4.2.2 – Library Services

Library Service Type	Existing		Newly Added		Total	
Text Books	166	285370	139	129812	305	415182
<a href="#">View File</a>						

##### 4.2.3 – E-content developed by teachers such as: e-PG- Pathshala, CEC (under e-PG- Pathshala CEC (Under Graduate) SWAYAM other MOOCs platform NPTEL/NMEICT/any other Government initiatives & institutional (Learning Management System (LMS) etc

Name of the Teacher	Name of the Module	Platform on which module is developed	Date of launching e-content
NIL	Nil	Nil	Nil
No file uploaded.			

#### 4.3 – IT Infrastructure

##### 4.3.1 – Technology Upgradation (overall)

Type	Total Computers	Computer Lab	Internet	Browsing centers	Computer Centers	Office	Departments	Available Bandwidth (MBPS/ GBPS)	Others
Existing	47	1	9	1	1	1	5	100	0
Added	1	0	0	0	0	0	0	0	0
Total	48	1	9	1	1	1	5	100	0

##### 4.3.2 – Bandwidth available of internet connection in the Institution (Leased line)

100 MBPS/ GBPS
----------------

##### 4.3.3 – Facility for e-content

Name of the e-content development facility	Provide the link of the videos and media centre and recording facility
NIL	Nil

#### 4.4 – Maintenance of Campus Infrastructure

4.4.1 – Expenditure incurred on maintenance of physical facilities and academic support facilities, excluding salary component, during the year

Assigned Budget on academic facilities	Expenditure incurred on maintenance of academic facilities	Assigned budget on physical facilities	Expenditure incurred on maintenance of physical facilities
30	27.31	20	17.5

4.4.2 – Procedures and policies for maintaining and utilizing physical, academic and support facilities - laboratory, library, sports complex, computers, classrooms etc. (maximum 500 words) (information to be available in institutional Website, provide link)

**INFRASTRUCTURE MAINTENANCE :** The institution ensures the maintenance of the infrastructure pertaining to physical, academic and support for maximum benefit to the students as well as teaching and nonteaching staff. The Estate Maintenance Department carryout the Maintenance work of Physical Facilities like maintenance of play fields since this college is practical oriented and physical education college we have to maintain the following fields and courts . Football fields -2, Fitness Centre-2, Hockey fields- 3, Cricket-2, Volleyball courts-3, Basketball-2, Badminton-7, Ball Badminton-2, Boxing Ring-1, Kho-kho-2, Kabbadi courts-2, Tennis Court -16, Handball courts-1, Track Field-2, Indoor Gym-1 Astro-turf hockey field-1, Table Tennis-14, Baseball-1, Softball diamond-1, Archery-50 mt. range Shooting Range-10 mts, Boot Camp-1, Swimming Pool, Mini Pool, Wadding Pool-25 mts, 10 mts 4 mts, Cricket Net Practice-16, Beach Volleyball-1, carrying out small repairs, electrical repairs, furniture repairs, painting, white washing etc. Indoor and Outdoor games Play Fields, Courts, Playground, Gym, Equipment and Yoga Meditation Centre are maintained by the staff In-charge, 3 Supervisors, 16 Markers and 4 Sweepers of the college. Maintenance of Academic Facilities : is carried out through two modes: Annual Maintenance Contract system (AMC) Maintenance and repairs through Service Centres Outside Agencies. The college AMC maintains annual contract. i) with Jayaseeni Software to maintain software in the Controller of Examinations office ii) with C-Soft Solutions to maintain software in the Accounts office iii) with Suresh Electricals to maintain Air Conditioner facilities in Campus iv) with NexBase System to maintain the Computers, UPS Printers. v) with xxxx Services for House keeping

**LABORATORIES :** Damaged equipment in the laboratories is replaced with new ones. For costly, big apparatuses, the repairs are carried out by technicians from outside agencies and service centres. Hence, the college does not maintain Annual Maintenance Contract. The college has a Technical Assistant to ensure proper upkeep of the support facilities. The damaged Sports materials are immediately replaced with new ones. There are electricians, masons, plumbers, carpenters deputed by management who ensure the maintenance of Administrative Blocks, Classrooms, Hostels and related infrastructure. Being residential college, there are separate workers for cleaning and maintaining the hostel zones and hostel mess.

<http://ymcacollege.ac.in>

#### CRITERION V – STUDENT SUPPORT AND PROGRESSION

##### 5.1 – Student Support

5.1.1 – Scholarships and Financial Support

	Name/Title of the scheme	Number of students	Amount in Rupees

Financial Support from institution	Financial support from government	49	49000
Financial Support from Other Sources			
a) National	State govt. Different quota scholarship	245	Nil
b) International	00	Nil	Nil
<a href="#">View File</a>			

5.1.2 – Number of capability enhancement and development schemes such as Soft skill development, Remedial coaching, Language lab, Bridge courses, Yoga, Meditation, Personal Counselling and Mentoring etc.,

Name of the capability enhancement scheme	Date of implementation	Number of students enrolled	Agencies involved
Bridge Course in English	04/07/2017	58	YMCA College
NET/ SET/Competition preparation	05/10/2017	26	YMCA College
Job Interview Etiquette Training	05/02/2018	23	YMCA College
Colloquium for finalizing the Topic of research work	23/01/2018	23	YMCA College
P.G Diploma in Yoga	14/03/2018	72	Distance Education Programme under Tamil Nadu Physical Education and Sports University for the academic year
<a href="#">View File</a>			

5.1.3 – Students benefited by guidance for competitive examinations and career counselling offered by the institution during the year

Year	Name of the scheme	Number of benefited students for competitive examination	Number of benefited students by career counseling activities	Number of students who have passed in the comp. exam	Number of students placed
2017	NET/ SET/Competition preparation	26	26	1	26
<a href="#">View File</a>					

5.1.4 – Institutional mechanism for transparency, timely redressal of student grievances, Prevention of sexual harassment and ragging cases during the year

Total grievances received	Number of grievances redressed	Avg. number of days for grievance redressal

0	0	0
---	---	---

## 5.2 – Student Progression

### 5.2.1 – Details of campus placement during the year

On campus			Off campus		
Name of organizations visited	Number of students participated	Number of students placed	Name of organizations visited	Number of students participated	Number of students placed
Schools	60	21	Schools	62	22
<a href="#">View File</a>					

### 5.2.2 – Student progression to higher education in percentage during the year

Year	Number of students enrolling into higher education	Programme graduated from	Department graduated from	Name of institution joined	Name of programme admitted to
2017	17	M.P.Ed	Physical Education	YMCA College of Physical Education	M.P.hil.
2017	44	B.P.Ed	Physical Education	YMCA College of Physical Education	M.P.Ed
2017	54	B.P.E.S	Physical Education	YMCA College of Physical Education	B.P.Ed
<a href="#">View File</a>					

### 5.2.3 – Students qualifying in state/ national/ international level examinations during the year (eg:NET/SET/SLET/GATE/GMAT/CAT/GRE/TOFEL/Civil Services/State Government Services)

Items	Number of students selected/ qualifying
NET	1
<a href="#">View File</a>	

### 5.2.4 – Sports and cultural activities / competitions organised at the institution level during the year

Activity	Level	Number of Participants
Talent Night	College	210
Model Sports Meet	Interclass	400
SECOND WIND -Project Sports Meets	Interclass	400
"ADO-50-PROJECT SPORTS MEET"	Interclass	280
"ZEST" Sports Meet	Interclass	300
60th BUCK Memorial Sports Festival	Intercollegiate and Interschool	4500
National Sports Day	Inter class Hockey Tournament	120

TNPESU Intercollegiate tournament	Interzone	2200
Onam Festival ,Pongal. Christmas etc	Interclass	300
Intramural competitions	Inter -house	430
<a href="#">View File</a>		

### 5.3 – Student Participation and Activities

5.3.1 – Number of awards/medals for outstanding performance in sports/cultural activities at national/international level (award for a team event should be counted as one)

Year	Name of the award/medal	National/ Internaional	Number of awards for Sports	Number of awards for Cultural	Student ID number	Name of the student
Nil	00	Nil	Nil	Nil	Nil	Nil
No file uploaded.						

5.3.2 – Activity of Student Council & representation of students on academic & administrative bodies/committees of the institution (maximum 500 words)

STUDENTS' COUNCIL Social, Religious, Cultural, Recreational, Project Literacy activities of the students will be looked after by the students' council. The committee will consist of a Secretary, a Joint Secretary and members for Social, Religious, Recreational, Cultural, Project activities. The class representatives are nominated by the students on class basis and selected by the staff. The students' council will be assisted and guided by the warden and deputy wardens The constitution regulations and the functioning of the students' council will be explained by the Principal and the staff advisor deputy Sub wardens. In the beginning of the academic year the dy. Wardens and sub-wardens are nominated by the college authorities. Based on which there will be nomination of class representatives based on their willingness to act as a leader. Many students who wish to stand for the post introduces themselves in the general assembly in front of all the students and staff. Based on their capacities the faculty members meet for a meeting under the principal together along with the class registrar. The representatives are nominated and they are allocated the sub - department as Social, Religious, Cultural, Recreational, Project Literacy activities Based on their area the students will be functioning under the Students' Association. The committee will consist of a Secretary, a Joint Secretary and members for Social, Religious, Recreational, Cultural, Project activities. The association will be assisted and guided by the class registrar when required, the warden, deputy wardens Men and Women and the sub-wardens. The constitution regulations and the functioning of the students association will be explained by the Principal and the staff advisor deputy Sub wardens. It starts functioning after the Investiture ceremony. They conduct various competitions throughout the academic year and in the end of the academic year valedictory of Student's Association is done in a mega manner and prizes are distributed for the competitions held the various heads.

### 5.4 – Alumni Engagement

5.4.1 – Whether the institution has registered Alumni Association?

No

--

5.4.2 – No. of enrolled Alumni:

0
---

5.4.3 – Alumni contribution during the year (in Rupees) :

0

5.4.4 – Meetings/activities organized by Alumni Association :

00

## CRITERION VI – GOVERNANCE, LEADERSHIP AND MANAGEMENT

### 6.1 – Institutional Vision and Leadership

6.1.1 – Mention two practices of decentralization and participative management during the last year (maximum 500 words)

Management played vital in the following ways: • The management transfers the control of the college actives to the local authorities and to the senior teachers rather than the nation council of YMCAs authority in all the planning and decision making. • The management delegates the operations through various levels such as estate, government, students, controller of examinations, and maintenance of play fields and purchasing of equipment and disseminates power, functions and responsibility related to the academics.

6.1.2 – Does the institution have a Management Information System (MIS)?

No

### 6.2 – Strategy Development and Deployment

6.2.1 – Quality improvement strategies adopted by the institution for each of the following (with in 100 words each):

Strategy Type	Details
Research and Development	26 Students and 2 faculty members presented papers and 5 to 3 students were under one faculty who took the responsibility of preparing research or thematic paper with PPT for presentation and trained each and every student on presentation technique. Students are made compulsory to do research in the Masters courses. Colloquium is conducted for M.Phil., M.P.Ed and M.Sc courses of study and they are put under the guide to work on it and publish papers in journals and present papers in conferences
Curriculum Development	Ever year curriculum is enriched by the faculty members. All the members of the staff are invited and requested to bring the changes in the curriculum and freedom is given also to the students who also contribute and share their thoughts and contribute in the curriculum development
Examination and Evaluation	The controller of examination presents the reforms to be implemented in the Board of Studies and taken to the Academic Council Meeting and is been further approved in the Governing Body Meeting
Admission of Students	From this year the Applications are

through online i.e in the college website. We are conducting written and practical exams in the in the selection trials. Admission is transparent and based the guidelines framed by NCTE, Government of Tamil Nadu and Tamil Nadu and Physical Education and Sports University.

Library, ICT and Physical Infrastructure / Instrumentation

College has very big library hall with well-equipped infrastructure to accommodate students and research scholars. The college has its central partially automated library in which all books accession and issue-return is done. College has ICT facilities in all the class rooms to make the teaching learning more effective. Being practical oriented college more ground facilities are provided Apart from major sports games and sports we also have swimming pool, archery, shooting range, boxing rink and wading pool

Human Resource Management

Being the physical education college the institution recognizes and inspires the faculty members to publish the papers in college Bi-annual National - Journal of Physical Education and Exercise Science with ISBN., encourages faculty and research scholars to publish with free of cost. College also insist to publish papers in national, international journals. The institution provides special CL to faculty to attend the seminars, workshops, conferences The faculty members are also give On Duty for attending the Refresher Course and Orientation courses in any part of India. They have written many reference books for the Tamilnadu Physical Education and Sports University and to publish books.

6.2.2 – Implementation of e-governance in areas of operations:

E-governance area	Details
Student Admission and Support	The controller of examination is one of the faculty members who runs the department with separate staff exclusively. The Jayaseeni Software is used to maintain the Controller of Examinations office. Examination department is well equipped with ICT tools necessary for examination purpose. As per the requirement of Examination department all the necessary equipments are provided by the college such as it prints the semester mark sheet and issued to



	<p>student timely and in the end semester the consolidated mark-sheets are issued first to the outgoing students. The results are announced within twenty days of completion of examination and uploaded in the college website.</p>
Finance and Accounts	<p>The college uses C-Soft Solutions to maintain software in the Accounts office for clear operation of Finance and Accounts department of the College. The college management does regular finance audit and nation council also conducts annual audit and the report is transparent and is been presented in the Board of management meeting and finance committee meeting. This helps to increase the efficiency of staff towards the accuracy in financial transaction. The administrative office keeps all financial records separately as per the events and transactions made for. The administrative office maintains the Books of Accounts properly which helps in auditing procedure.</p>
Examination	<p>The controller of examination is one of the faculty members who runs the department with separate staff exclusively. The Jayaseeni Software is used to maintain the Controller of Examinations office. Examination department is well equipped with ICT tools necessary for examination purpose. As per the requirement of Examination department all the necessary equipments are provided by the college such as it prints the semester mark sheet and issued to student timely and in the end semester the consolidated mark-sheets are issued first to the outgoing students. The results are announced within twenty days of completion of examination and uploaded in the college website.</p>
Student Admission and Support	<p>Applications are issued through offline mode and online mode i.e in the college website. We are conducting written and practical exams in the in the selection trials. Admission is transparent and based the guidelines framed by NCTE, Government of Tamil Nadu and Tamil Nadu and Physical Education and Sports University. Results are put-up on the notice board.</p>

### 6.3 – Faculty Empowerment Strategies

6.3.1 – Teachers provided with financial support to attend conferences / workshops and towards membership fee

of professional bodies during the year

Year	Name of Teacher	Name of conference/ workshop attended for which financial support provided	Name of the professional body for which membership fee is provided	Amount of support
2018	Dr. George Abraham	National Conference on A Life of Wellness, Food Habits and Yoga in Vogue (Sparsham 2018)	Department of Physical Education, Govt. College, Tripunithura, Kerala	3000
2018	Dr. Glory Darlig Margret	National Conference on A Life of Wellness, Food Habits and Yoga in Vogue (Sparsham 2018)	Department of Physical Education, Govt. College, Tripunithura, Kerala	3000
2018	50 students	National Conference on A Life of Wellness, Food Habits and Yoga in Vogue (Sparsham 2018)	Department of Physical Education, Govt. College, Tripunithura, Kerala	5000
<a href="#">View File</a>				

6.3.2 – Number of professional development / administrative training programmes organized by the College for teaching and non teaching staff during the year

Year	Title of the professional development programme organised for teaching staff	Title of the administrative training programme organised for non-teaching staff	From date	To Date	Number of participants (Teaching staff)	Number of participants (non-teaching staff)
<b>No Data Entered/Not Applicable !!!</b>						
No file uploaded.						

6.3.3 – No. of teachers attending professional development programmes, viz., Orientation Programme, Refresher Course, Short Term Course, Faculty Development Programmes during the year

Title of the professional development programme	Number of teachers who attended	From Date	To date	Duration
REFRESHER	2	26/02/2018	17/03/2018	21
REFRESHER	2	29/05/2018	18/06/2018	21
ORIENTATION	1	10/05/2017	06/06/2017	28
<a href="#">View File</a>				

6.3.4 – Faculty and Staff recruitment (no. for permanent recruitment):

Teaching	Non-teaching

Permanent	Full Time	Permanent	Full Time
12	24	12	48

#### 6.3.5 – Welfare schemes for

Teaching	Non-teaching	Students
<p>Christmas gifts are given. Uniform like T-shirt, one track pant and a jogging shoe is gifted to all the teachers staff members. They are taken to Yellagiri along with students for 5 days leadership training camp. Teacher come with their children to one day picnic organised for the students.</p>	<p>Kaki Uniform is provided to all the marker by taking measurements. The office staff members are provided with light blue shirts and navy-blue pants. The non-teaching staff members can avail interest-free loan with easy instalments. They were taken to Kodaicannel hill station for three days Christmas gifts are given.</p>	<p>Students are provided with best uniform with three white T-shirts, 2 maroon track pants, one white track pant, Jogging shoes and blazer with individual measurement. Record note books, free library, gymnasium with weights for power building, Swimming pool any time accesses during working hours. Christmas gifts are given. 5 days Annual leadership training camp to Yellagiri. One day picnic and intercollegiate tournament held in all over the Tamil Nadu.</p>

#### 6.4 – Financial Management and Resource Mobilization

##### 6.4.1 – Institution conducts internal and external financial audits regularly (with in 100 words each)

**External Audit: Government of Tamilnadu:** The Joint Director of Chennai Region makes annual audit with Three members comprising of One Superintendent and Two Assistant They verify related 1. Student fees collection and expenditure. 2. Attendance of Teaching and Non-teaching aided staff. 3. They verify the scholarship provided to student for B.C., M.B.C., SC, ST. 4. They check the service Registers of all the aided staff 5. All ledger books. 6. Applications received and amount collected. 7. Fees and receipt of the students. 8. College prospectus etc. Based on the same they send the audit reports to the college management for action. **MANAGEMENT AUDITING :** 1.The college uses C-Soft Solutions to maintain software in the Accounts office for clear operation of Finance and Accounts department of the College. 2. The college management does regular finance audit and nation council also conducts annual audit and the report is transparent and is been presented in the Board of management meeting and finance committee meeting. This helps to increase the efficiency of staff towards the accuracy in financial transaction.

##### 6.4.2 – Funds / Grants received from management, non-government bodies, individuals, philanthropies during the year(not covered in Criterion III)

Name of the non government funding agencies /individuals	Funds/ Grnats received in Rs.	Purpose
YMCAs of India	1157000	Conducts Founders Day in the name of Buck Sports Festival Purchases Sports equipment University Blues and National and All India positioned and

participants Provides Christmas Gifts and Dinner for 100 staff members ,their family and to 450 students worth

[View File](#)

6.4.3 – Total corpus fund generated

807801.70

**6.5 – Internal Quality Assurance System**

6.5.1 – Whether Academic and Administrative Audit (AAA) has been done?

Audit Type	External		Internal	
	Yes/No	Agency	Yes/No	Authority
Academic	Yes	College selects nominee and along with the IQAC Coordinator and Principal	Yes	YMCA College
Administrative	Yes	Government of Tamilnadu	Yes	YMCAs of India

6.5.2 – Activities and support from the Parent – Teacher Association (at least three)

1. In the beginning of the academic year Orientation program is organised for parents along with wards they are oriented with the rules and regulations of the hostel and the college. They also understand the structure and the routine activities of the college 2. Parents join during the Annual days, Christmas , Talent nights and any such cultural and festival and to encourage their wards. 2. The mentors, the Wardens and the class registrars coordinate with the parents of college students studying and staying in their respective hostels and preparing themselves according to the needs of the students. 3. They also fill the feedback form.

6.5.3 – Development programmes for support staff (at least three)

1. Encouraging them to acquire computer skills 2. Administrative Training 3. Markers are updated with the latest rules and regulation in marking the grounds and courts.

6.5.4 – Post Accreditation initiative(s) (mention at least three)

1. Starting B.P.E.S course as per UGC guidelines. 2. Improvement in the infrastructure for class rooms. 3. Progression in internet facilities in campus. 4. Fixing of CCTV in the hostels also. 4.To encourage students and teachers to present research papers in reputed journals

6.5.5 – Internal Quality Assurance System Details

a) Submission of Data for AISHE portal	Yes
b)Participation in NIRF	No
c)ISO certification	No
d)NBA or any other quality audit	No

6.5.6 – Number of Quality Initiatives undertaken during the year

Year	Name of quality initiative by IQAC	Date of conducting IQAC	Duration From	Duration To	Number of participants
2017	Regreen Chennai programme	03/09/2017	03/09/2017	03/09/2017	1000
2017	Planted 1000 Saplings	03/09/2017	Nil	Nil	1000
2017	Mini Marathon competition	03/09/2017	03/09/2017	Nil	1000

[View File](#)

## CRITERION VII – INSTITUTIONAL VALUES AND BEST PRACTICES

### 7.1 – Institutional Values and Social Responsibilities

7.1.1 – Gender Equity (Number of gender equity promotion programmes organized by the institution during the year)

Title of the programme	Period from	Period To	Number of Participants	
			Female	Male
nil	Nil	Nil	Nil	Nil

7.1.2 – Environmental Consciousness and Sustainability/Alternate Energy initiatives such as:

Percentage of power requirement of the University met by the renewable energy sources
1. Street light were replaced with solar panels 2. Eco friendly and sound proof generator 3. Planting and protecting trees 4. Tobacco free environment

7.1.3 – Differently abled (Divyangjan) friendliness

Item facilities	Yes/No	Number of beneficiaries
Ramp/Rails	Yes	0

7.1.4 – Inclusion and Situatedness

Year	Number of initiatives to address locational advantages and disadvantages	Number of initiatives taken to engage with and contribute to local community	Date	Duration	Name of initiative	Issues addressed	Number of participating students and staff
Nil	Nil	Nil	Nil	00	00	Nil	Nil

No file uploaded.

7.1.5 – Human Values and Professional Ethics Code of conduct (handbooks) for various stakeholders

Title	Date of publication	Follow up(max 100 words)
NIL	Nil	Nil

7.1.6 – Activities conducted for promotion of universal Values and Ethics

Activity	Duration From	Duration To	Number of participants
NIL	Nil	Nil	Nil

No file uploaded.

#### 7.1.7 – Initiatives taken by the institution to make the campus eco-friendly (at least five)

LED Bulbs were replaced with the ordinary bulbs.

Sound proof generator is used when in emergencies.

Tree plantation is done frequently and eco friendly campus is maintained.

Smoking free environment.

Alcohol and tobacco free campus.

#### 7.2 – Best Practices

##### 7.2.1 – Describe at least two institutional best practices

1. Title of the Practice: HIGH ACADEMIC ACQUAINTANCE 2. Goal: The College is established against the strong demand of the student, guardian educationists with a view to provide physical education as compulsory education in all the educational institutions. 3. The Context: The large numbers of students come from the poor and middle class family whose income is very low. After tough selection trials in practical, theory and interview the top students seek admission in the college and the meritorious students are selected after proper verification and with authentic proof. This becomes a challenging job and the college has to provide a 100 secure job with a high package of salary to all the outgoing students. 4. The Practice: In 2017-18 the syllabus in each course is well supported by the practical and theoretical knowledge. The curriculum is vast and covers a long range of activities which can help prospective teachers (who undergo various courses offered at the college) to be confident of taking up any sports related vocation like Personal training, Gym instructor course, and event management. Theory and practical go hand in hand and are well supported in subjects. Computer education offered as theory is assisted with the 'hands on experience' at the Computer laboratory. 5. Evidence of Success: The teacher trainees who are completing their courses of study and seeking jobs as Physical Education Teachers and Physical Directors at schools and colleges organize Sports Meet carry out good teaching and coaching, relate their knowledge gained at theory with practical. 6. Problems encountered and Resources required The college authority and the teachers have to face great problems in generating funds to meet the demands of getting into the organization of sports to meet up to the desired level. This is a challenging task and still great effort is necessary to give more support to the poor and meritorious students. 7. Note: After passing the different courses in physical education and sports sciences and hailing from a poor family the salary provided by the schools are very meager. It is hoped for more financial support after successfully passing out with good salary packages which can be fixed in schools and institutions that absorb the trained teachers. BEST PRACTICE-II 1. Title of the Practice: ORGANISATION OF SPORTS MEET Project sports meet Play day, Intramural competition, Buck sports festival and organization of inter Collegiate Tournament at the campus give ample opportunity to put them into practice. 2. The Context: It is necessary to give regular exposure to students to organize the sports meet. But the busy schedule of the semester system provides less time for such activities 3. The Practice: As per the calendar schedule each class has to conduct the sports meet under the leadership of their Mentor. Who leads them for one or two day's clinics on Rules of Tack-Field. They are tuned to measure the ground and draw a standard track and mark the field events, prepare booklets, allocate officials among their class members and finally fix the chief guest, print invitations, and invite everybody who is an elite athlete for the inaugural and closing ceremony. The students purchase prizes, prepare certificates, learn to announce in the mike, put up a physical display and close the meet at the end of day. 4. Evidence of

Success: • The students at the end of the academic year come out with great experience and this programme has made awareness about the importance of organizing a standard sports meet. • The student will be able to technically prepare to conduct/ organize tournaments, sports meet and related events and event management. They are trained to be very good leaders. • Students help the community by officiating the tournaments and helping them in learning Aerobics ,Yoga and other games and sports . • This is done during holidays. Students/teachers from various schools come to the college to learn the special activities like Aerobics, Malkaumb, Yoga, Pyramid, Mess Drill, Tabulate and other activities for demonstration and exhibition. 5. Problems encountered and Resources required: This practice required a lot of time and money. It requires great patience to work in team for almost a week 6. Notes: To keep practicing this type of awareness and organization of a standard sports meet, the students should have keen interest in order to develop their ability in officiating and later they undergo examinations and to qualify as State and National Officials in Athletics. This gives them self-confidence and provides a kind of bravery and motivates them to do well in the coming days.

Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website, provide the link

<http://ymcacollege.ac.in>

### 7.3 – Institutional Distinctiveness

7.3.1 – Provide the details of the performance of the institution in one area distinctive to its vision, priority and thrust in not more than 500 words

--

Provide the weblink of the institution

<http://www.ymcacollege.ac.in/best-practices.aspx>

### 8.Future Plans of Actions for Next Academic Year

Fees Concession and Wave for Students. ? Those who are getting gold medal at national level would get 100 mess fees wave. ? Silver or Bronze medalist would get 50 mess fees wave. ? Sports quota admission at UG PG level would be practiced and they would also be availing the scholarship ? All those medal winners should have participated in the recognized association at Junior or Senior level Cash Awards for Sports Achievers • The management has proposed to offer the following Scholarship to the outstanding sports persons • The students who are participating All India Interuniversity/ National Competitions - • Inter University participation - Rs. 1000/- each student All India Inter University and National Competition position o Ist Postiton: Rs. 30000/- o IInd Position: Rs.20000/- o IIIrd Position: Rs.10000/-