

YMCA COLLEGE OF PHYSICAL EDUCATION

Nandanam, Chennai - 600 035

**An Autonomous College Affiliated to the Tamil Nadu Physical Education
and Sports University**

A Christian Minority Institution

A Project of National Council of YMCAs of India

Reaccredited by NAAC as "A" Grade College

**Recognized by National Council of Teacher Education and
Government of Tamilnadu**



A Q A R - 2016-17

**The Annual Quality Assurance Report (AQAR) of the IQAC
Part – A**

1. Details of the Institution	
Name of the Institution	YMCA COLLEGE OF PHYSICAL EDUCATION
Address Line 1	No. 435,Anna Salai
Address Line 2	Nandanam
City/Town	Chennai
State	TAMILNADU
Pin Code	600035
Institution e-mail address	
Contact Nos.	044-24244816
Name of the Head of the Institution:	Dr. J. Glory Darling Margaret
Tel. No. with STD Code:	044-24361069
Mobile:	9965625502
Name of the IQAC Co-ordinator:	Dr. K. JOTHI
Mobile:	9444335355
IQAC e-mail address:	jothidaya@gmail.com
NAAC Track ID (For ex. MHC0GN 18879) __EC/62/RAR/012__	
Website address:	www.ymcollegephyedu.ac.in
Web-link of the AQAR:	www.ymcollegephyedu.ac.in/ AQAR 2016-17

Accreditation Details

Sl. No.	Cycle	Grade	CGPA	Year of Accreditation	Validity Period
1	1st Cycle	A	86.70	2003	April 2008
2	2nd Cycle	A	3.28	2012	Oct. 2017
3	3rd Cycle				
4	4th Cycle				

Date of Establishment of IQAC:

August 2009

AQAR for the year (for example 2010-11)

2016-17

Details of the previous year's AQAR submitted to NAAC after the latest Assessment and Accreditation by NAAC ((for example AQAR 2010-11 submitted to NAAC on 12-10-2011)

AQAR_____2012-13 _30/01/2014

AQAR_____2013-14 _ 30/01/2014

AQAR_____2014-15- 30/01/2021

AQAR_2015-16 -30/01/2021

Institutional Status

University

State Central Deemed Private

Affiliated College

Yes No

Constituent College

Yes No

Autonomous college of UGC Yes No

Regulatory Agency approved Institution Yes No

(eg. AICTE, BCI, MCI, PCI, NCI)

Type of Institution Co-education Men Women

Urban Rural Tribal

Financial Status Grant-in-aid UGC 2(f) UGC 12B

Grant-in-aid + Self Financing Totally Self-financing

Type of Faculty/Programme

Arts Science Commerce Law PEI (Phys Edu)

TEI (Edu) Engineering Health Science Management

Others (Specify)

Name of the Affiliating University (for the Colleges)

Tamil Nadu Physical
Education & Sports

Special status conferred by Central/ State Government--
UGC/CSIR/DST/DBT/ICMR etc

Autonomy by State/Central Govt. / University YES

University with Potential for Excellence No UGC-CPE No

DST Star Scheme No UGC-CE No

UGC-Special Assistance Programme Yes DST-FIST No

UGC-Innovative PG programmes No any other (Specify)

UGC-COP Programmes No

2. IQAC Composition and Activities

No. of Teachers

No. of Administrative/Technical staff

No. of students

No. of Management representatives

No. of Alumni

2. 6 No. of any other stakeholder and

Community representatives

No. of Employers/ Industrialists

No. of other External Experts

Total No. of members

No. of IQAC meetings held

No. of meetings with various stakeholders:

No.	<input type="text" value="01"/>	Faculty	<input type="text" value="07"/>
Non-Teaching Staff	<input type="text" value="04"/>	Alumni	<input type="text"/>
Students		Others	<input type="text"/>

Has IQAC received any funding from UGC during the year?

Yes No

If yes, mention the amount

Seminars and Conferences (only quality related)

(i) No. of Seminars/Conferences/ Workshops/Symposia organized by the IQAC

Total Nos.	<input type="text" value="-"/>	International	<input type="text" value="-"/>	National	<input type="text" value="-"/>
State	<input type="text"/>	Institution Level	<input type="text" value="11"/>		

(ii) Themes

- 1. Workshop on “ Conditions of Carriage- A jumping Event “ Introduction on PARKOUR AND PILATES for Students were done by Mrs. Preethi on 22nd July 2016. 350 Students participated and learnt the techniques of pilates and were taught the basics of Park our programme**
- 2. 20 Students participated in the Workshop on ZUMBA DANCE at Evolve Fitness Center Mylapore on 6th August 2016. It was organized by Sina Epic Entertainers and the resource persons were Ms. Simu& Mr. Nandha,. It was a practical session where students were taught the movements of Zumba through which fitness can be improved**
- 3. On 17th August - “Workshop on PERSONALITY DEVELOPMENT & COMMUNICATION TO WIN“ was conducted for 65 Masters degree students and MPhil Scholars . Mr. Kaliyur Vijay, Ssavy Consultant effectively handled the session and elevated the students self confidence and trained them to communicate effectively**
- 4. “AWARENESS ON 104 HEALTH HELP LINE” was conducted on 29th August by Mr. Mohammed Billa , Project Manager 108, Ambulance Head & Head Hospital Relation, Chennai Dist . Roles and responsibilities of health help line and the methods to approach was explained by the Project manager and his team of officials. It was an interactive session and 360 students participated actively.**
- 5. “WORKSHOP ON EMPOWERING WOMEN TOWARDS INTEGRATED INDIA “ was conducted on 18th September by Shalom Ministries with an effective talk on empowering women in personal life, family life and social life with special references and activities. 63 women students participated and were encouraged to meet the challenges of the society with confidence. The Programme was organized by Ms. Hepsiba**
- 6. “WORKSHOP ON SELF DEFENCE TECHNIQUES FOR GIRLS AND STRENGTH AND CONDITIONING FOR BOYS was conducted on 21 st September by Christian Sports Fellowship to men and women students 350 men students and 63 women students were taught on skills of defensive mechanism motivated to apply practically when circumstances arises and developed self confidence**

7. On 26th November 2016 “CERTIFICATION ON ULTIMATE FRISBEE LEVEL - 1(Non players)” was conducted . 46 students of our college learnt the basics of the upcoming new game. Mr.Abinav, Head Coach , Indian Women Team, Mr . Pascal from Ultimate Frisbee German community , Mr. Rahul, Coach Ultimate Frisbee and Ms. Sangeetha , Director for ultimate Frisbee Development conducted classes both in theory and practical.
8. Workshop on SPORT STACKING was conducted on Wednesday 23rd November 2016 for 60M.P.Edstudents at the college gymnasium.
9. Workshop on “YOGA – TECHNIQUES & IMPORTANCE OF HEAD STAND” was conducted by Dr. Yuva Dayalan , Indian badminton player & coach P.V. Sindhu & Director Yuva Horizon Wings Limited at 6.30 am on 22nd November 2016
10. Workshop on GET INTO RUGBY was conducted for the students by the Tamilnadu Rugby Football Union on 24th November 2016. 400 students of various courses of study attended the workshop.

Significant Activities and contributions made by IQAC

- In this year 2016-17, the IQAC members of the college held several meetings and tried to bring about many growths of the college.
- To conduct as many as workshops and educate the student in all the angles.
- To encourage students to attend workshops and conferences.
- To organise guest lectures by inviting experts from various fields.
- To encourage participation by the students in representing in sports and officiating.

Plan of Action by IQAC/Outcome

The plan of action chalked out by the IQAC in the beginning of the year towards quality

Enhancement and the outcome achieved by the end of the year

Plan of Action	Achievements
<p data-bbox="276 423 687 539">To conduct as many as workshops and educate the student in all the angles</p> <p data-bbox="276 573 687 734">To encourage students to literary work and introduce them to various libraries in the city.</p> <p data-bbox="276 1386 687 1426">To organise Extension activities</p>	<p data-bbox="719 423 1340 539">Organised 07 workshops in various games and sports also related physical education and women empowerment.</p> <p data-bbox="719 573 1340 779">21 M,Phil scholars along with the class advisor Dr. J. Jackson Sutharsingh and the Dr. Prabhu , Librarian visited American Library to enable them to improve their reading skills and explore their knowledge.</p> <p data-bbox="719 813 1340 1019">On 21st September 21 M,Phil students visited Anna Centenary Library to collect materials for their research work. The students gained lots of experience by visiting libraries which is the source of knowledge.</p> <p data-bbox="719 1052 1340 1258">On 3rd March 2017, 60 M.P.Ed students along with the class advisor and Librarian visited American Library to enable them to improve their reading skills and explore their knowledge.</p> <p data-bbox="719 1292 975 1332">TERRY FOX RUN</p> <p data-bbox="719 1364 1340 1570">As an extension activity 150 students served as volunteers for 8th edition of Terry Fox Run- A run for cancer patients to raise fund for Cancer Research Institute on 21st August in which 40,000 runners participated.</p> <p data-bbox="719 1603 1118 1644">OPERATION GREEN HUNT</p> <p data-bbox="719 1675 1340 1957">15 NSS students volunteers worked with the OPERATION GREEN HUNT unit near the defensive area behind college for one week to help the slum people of Jothiammal Nagar in teaching healthy habits, good manners and assist in filling up of forms related to bank, ration card, voters ID, AADHAR card etc.</p> <p data-bbox="719 1991 1283 2031">VILLAGE PLACEMENT PROGRAMME</p>

<p>to organise faculty development programme</p> <p>To recover and develop the campus after Tropical cyclone Vardah</p> <p>To organise Annual Leadership Training Camp</p>	<p>About 22 M.Phil Students had gone to a village near Sevapet and involved in (i) cleaning the environment, (ii) Instructed various precautions and safety measures in pollution; (iii) water management during the period of draught and (iv) conducted recreation and competitive sports and games for children and adults (vi) assisting the village people in filling the forms related to post office, bank, AADHAR Card etc. and (vii) stressed the importance of tree plantation .</p> <p>Faculty Development Programme on “EFFECTIVE TEACHING AND KNOWLEDGE TRANSFER ABILITY” was conducted for teaching faculty by MATCH POINT on 24th& 25th February 2017</p> <p>It took at least one week to completely put the college back into normalcy as many facilities including fence were damaged in the heavy storm.</p> <p>Annual Leadership Training Camp was conducted at YMCA Yelagiri Camp Site between 13th and 17th February 2017. 220 students and 8 staff has attended. The camp was focused to enhance the leadership qualities of the students with lots of camp activities for 5 days.</p>
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** Attach the Academic Calendar of the year as Annexure.*

2.15 Whether the AQAR was placed in statutory body Y

Management **Syndicate** **any other body**

Provide the details of the action taken

AQAR was discussed in IQAC meeting with all the staff members. The pending AQAR reports for the last two years was sent. Strategies to improve quality indicators of the institution were discussed and implemented .

Part – B

Criterion – I

1. Curricular Aspects

Details about Academic Programmes

Level of the Programme	Number of existing Programmes	Number of programmes added during the year	Number of self-financing programmes	Number of value added / Career Oriented programmes
PhD	01	00	00	00
PG	03	00	01	00
UG	05	00	0	00
PG Diploma	05	00	03	00
Advanced Diploma	00	00	00	00
Diploma	01	00	00	01
Certificate	00	00	00	00
Others	00	00	00	00
Total	12	02	03	00

Interdisciplinary	00	00	00	00
Innovative	00	00	00	00

(i) Flexibility of the Curriculum: CBCS/Core/Elective option / Open options

i) Pattern of programmes:

2.4 No. of Guest and Visiting faculty and Temporary faculty

Pattern	Number of programmes
Semester	√
Trimester	
Annual	

Feedback from stakeholders*

Alumni Parents Employers Students

(On all aspects)

Mode of feedback : Online Manual Co-operating

schools (for PEI)

*Please provide an analysis of the feedback in the Annexure

Whether there is any revision/update of regulation or syllabi, if yes, mention their salient aspects.

(i). P.G.Diploma in Sports Coaching in Tennis, Swimming and Cricket (One Year)

Same Syllabus was followed and it was suggested to change the Subject coding –

Five Theory Papers: PSCC1- PSCC5

Practicals-PSPR6 –PSPR8

Since there was no option to give marks for the project in the certificates so forum recommends to include marks for the Project in the Syllabus.

(ii). BACHELOR OF PHYSICAL EDUCATION (BPEd)

PRACTICAL – SEMESTER IV

It was suggested to include coaching lesson external- BPC410 – Coaching lesson and officiating – 100 marks (internal) can be changed as internal and external (average 100 marks) – This was accepted.

It was suggested to have External Teaching Practice Examination in the III –

Any new Department/Centre introduced during the year. If yes, give details.

The following Add-on and Optional courses are recommended to the students on all Saturday except 2nd Saturday.

Add-on courses

- Certificate course in Fitness Management
- Certificate course in Event Management
- Certificate course in Sports Medicine and Physiotherapy
- Certificate course in Adapted games
- Certificate course in Adventure sports
- Certificate course in Soft skills
- Certificate course in Personal and Professional Counselling

Optional courses

- Personal trainer
- Bharathiyam
- Fencing
- Taichi
- Shooting

Distance Education Programme :

Distance Education Programme under Tamilnadu Physical Education and Sports University for the academic year 2016-17. The various courses offered were PG Diploma in Yoga/ MSc in Yoga (L.E)/ Diploma in Aerobic Instructor/ Diploma in Gym Instructor/ PG Diploma in Gym Instructor. The DDE- PCP classes were conducted periodically.

Criterion – II

2. Teaching, Learning and Evaluation

Total No. of permanent faculty

13

Total	Asst. Professors	Associate Professors	Professors	Others
13				
(Govt. Paid)	12	01	01	05

No. of permanent faculty with Ph.D.

Government	Management
11	02

No. of Faculty Positions

-2016-17

Asst. Professors		Associate Professors		Professors		Others		Total	
R	V	R	V	R	V	R	V	R	V
02	00	00	00	00	00	00	01	08	00

Recruited (R) and Vacant (V) during the year

No. of Guest and Visiting faculty and Temporary faculty

06	00	06
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Faculty participation in conferences and symposia:

No. of Faculty	International level	National level	State level
Attended	03	28	
Presented	03	28	
Resource Persons	01	04	

Innovative processes adopted by the institution in Teaching and Learning:

- Smart board in the class.
- Annual Leadership training camp.
- Encouraging student to participate in conferences and present papers.
- Educational Tour.
- Field works and field visit
- Internship training for UG and PG students.
- Project sports meet and conduct of tournaments.
- Usage of PPT by teachers and guest speakers.

**Total No. of actual teaching days
During this academic year**

200 Days

Examination/ Evaluation Reforms initiated by the Institution (for example: Open Book Examination, Bar Coding, Double Valuation, Photocopy, and Online Multiple Choice Questions)

1. The student who processes 65% of attendance has to redo the course (changed from 50% of attendance to redo the course)
2. Condonation fee was increased to Rs. 1000/- from Rs. 250/-
3. Condonation was acceptable one & only time for a student during his /her course of study.
4. Students should have 50% of marks both in Internal and External to pass in their examinations.
5. Five marks can be added for the students' attendance in internal marks (within those 25

No. of faculty members involved in curriculum Restructuring /revision/syllabus development as member of Board of Study/Faculty/Curriculum Development workshop

All the 13 faculty members were involved in curriculum restructuring and syllabi revision.

06 subjects including the university nominees and special invitees

01 student representatives also attended

Average percentage of attendance of students- 90 %

Course/Programme wise distribution of pass percentage:

YMCA COLLEGE OF PHYSICAL EDUCATION, NANDANAM, CHENNAI - 35

(An Autonomous College Affiliated to the TNPESU)

SEMESTER EXAMINATION RESULTS - APRIL 2017

PERCENTAGE OF PASS

SL.NO.	CLASS	STUDENTS STRENGTH	STUDENTS APPEARED	NO. OF PASS	%
1	M.P.E.D II	60	56	53	95
2	M.P.E.D I	52	49	49	100
3	B.P.ED. I	100	89	77	87
4	B.P.E. III	80	71	60	85
5	B.P.E. II	80	56	41	73
6	M.Sc. II	9	6	6	100
7	M.Sc.I	6	4	4	100

**Controller of Examinations
i/c.**

How does IQAC Contribute/Monitor/Evaluate the Teaching & Learning processes:

Analysis of teachers are been done and feedback was provided to the teachers to improve upon

Initiatives undertaken towards faculty development

Faculty / Staff Development Programmes	Number of faculty benefitted
Refresher courses	03
UGC – Faculty Improvement Programme	
HRD programmes	
Orientation programmes	02
Faculty exchange programme	02
Staff training conducted by the university	
Staff training conducted by other institutions	01
Summer / Winter schools, Workshops, etc.	03
Others	

Details of Administrative and Technical staff

Category	Number of Permanent Employees	Number of Vacant Positions	Number of permanent positions filled during the Year	Number of positions filled temporarily
Administrative Staff	11	--	--	02
Technical Staff		--	--	01

Criterion – III

3. Research, Consultancy and Extension

Initiatives of the IQAC in Sensitizing/Promoting Research Climate in the institution

College has proposed for autonomous status for M.Phil. From- TNPESU.

High number of Students registered for part time PhD in the college.

College research centre planned to procure research equipment for established ten research centres.

After the flood college tried to regain slowly since the college was flooded very badly twice in the academic year.

Details regarding major projects

	Complete d	Ongoing	Sanctioned	Submitted
Number				
Outlay in Rs. Lakhs				

Details regarding minor projects

	Complete d	Ongoing	Sanctioned	Submitted
Number	-	-	-	-
Outlay in Rs. Lakhs				

Details on research publications

	Internationa l	National	Others
Peer Review Journals	04	16	
Non-Peer Review Journals	02		
e-Journals	04		
Conference proceedings	02	28	

Details on Impact factor of publications:

Range **Average** **h-index** **Nos. in SCOPUS**

Research funds sanctioned and received from various funding agencies, industry and other organisations

Nature of the Project	Duration Year	Name of the funding Agency	Total grant sanctioned	Received
Major projects				
Minor Projects				
Interdisciplinary Projects				
Industry sponsored				
Projects sponsored by the University/ College				
Students research projects (other than compulsory by the University)				
Any other(Specify)				
Total				

No. of books published

i) With ISBN No. **Chapters in Edited Book**

ii) Without ISBN No.

No. of University Departments receiving funds from

UGC-SAP **CAS** **DST-FIST**

DPE **DBT Scheme/funds**

For colleges

Autonomy **CPE** **DBT Star Scheme**

INSPIRE **CE** **Any Other (specify)**

Revenue generated through consultancy

**No. of conferences Organized
by the Institution**

Level	International	National	State	University	College
Number		01			04
Sponsoring agencies		UGC			YMCA College

No. of faculty served as experts, chairpersons or resource persons

No. of collaborations **International** **National** **Any other**

No. of linkages created during this year

Total budget for research for current year in lakhs:

From funding agency

From Management of University/College

Total

No. of patents received this year

Type of Patent		Number
National	Applied	-
	Granted	-
International	Applied	-
	Granted	-
Commercialised	Applied	-
	Granted	-

No. of research awards/ recognitions received by faculty and research fellows

Of the institute in the year

Total	International	National	State	University	Dist	College
-	-	-	-			

No. of faculty from the Institution

Who are Ph. D. GUIDES?

And students registered under them

No. of Ph.D. awarded by faculty from the Institution

No. of Research scholars receiving the Fellowships (Newly enrolled + existing ones)

JRF **SRF** **Project Fellows** **Any other**

No. of students Participated in NSS events:

University level **State level**

National level **International level**

No. Of students participated in NCC events:

University level **State level**

National level **International level**

No. Of Awards won in NSS:

University level	<input type="text" value="-"/>	State level	<input type="text" value="-"/>
National level	<input type="text" value="-"/>	International level	<input type="text" value="-"/>

No. Of Awards won in NCC:

University level	<input type="text" value="-"/>	State level	<input type="text" value="-"/>
National level	<input type="text" value="-"/>	International level	<input type="text" value="-"/>

No. of Extension activities organized

University forum	<input type="text"/>	College forum	<input type="text" value="03"/>
NCC	<input type="text"/>	NSS	<input type="text" value="07"/>
		Any other	<input type="text"/>

Major Activities during the year in the sphere of extension activities and Institutional Social Responsibility

TERRY FOX RUN

As an extension activity 150 students served as volunteers for 8th edition of Terry Fox Run- A run for cancer patients to raise fund for Cancer Research Institute on 21st August in which 40,000 runners participated.

OPERATION GREEN HUNT

15 NSS students' volunteers worked with the OPERATION GREEN HUNT unit near the defensive area behind college for one week to help the slum people of Jothi ammal Nagar in teaching healthy habits, good manners and assist in filling up of forms related to bank, ration card, voters ID, AADHAR card etc.

VILLAGE PLACEMENT PROGRAMME

About 22 M.Phil Students had gone to a village near Sevapet and involved in (i) cleaning the environment, (ii) Instructed various precautions and safety measures in pollution; i) water management during the period of draught and (iv) conducted recreation and competitive sports and games for children and adults (vi) assisting the village people in filling the forms related to post office, bank, AADHAR Card etc. and (vii) stressed the importance of tree plantation

NSS PROGRAMME AT THE COLLEGE

50 NSS volunteers of our college and NSS Voulnteers of AnnaiVeilankanni Institution had their camp and cleaned many places near boy's hostel and college premises at YMCA college from 24th to 29th September 2016

50 NSS volunteers of our college participated in the blood donation camp organized by the Rotary club of the college on 10th August 2016

20 saplings of tree were planted by the Forest Department and rotary club along with our college NSS students on 20th October 2016 in our campus.

50 NSS volunteers of our college participated in cleaning and cutting the uprooted trees after the Vardha Cyclone in January 2017

On 23rd February 2017 , 15 NSS students volunteers worked with the OPERATION GREEN HUNT unit near the defensive area behind college for one week to help the slum people of Jothiammal Nagar in teaching healthy habits , good manners and assist in filling up of forms related to bank, ration card, voters ID, AADHAR card etc. on

All the NSS Programme was carried out by the coordinator Dr.S. Glady Kirubakar.

NCC COACHING CAMP

YMCA College conducted coaching camp on Basketball, Volleyball, Hockey, and Football & Kabaddi for 150 NCC CADETS of TN Directorate from 17th September to 4th October to enable them to participate in the NCC National Games at Delhi. Dr. Johnson, Dr. Jothi, Dr. Jackson Dr. Samuel & Mr. Felix were the chief coach for various games.

Blood Donation

On 8th August- Awareness on Blood Donation was delivered by Mr. Meenakshi Sundaram, Past President of RCME & Director Community Service to the staff and students of YMCA College in the gymnasium. Consequently on 10th August, 98 students donated blood.

Criterion – IV

4. Infrastructure and Learning Resources

Details of increase in infrastructure facilities:

Facilities	Existing	Newly created	Source of Fund	Total
Campus area	65 hectares			
Class rooms	14	0	Management	14
Laboratories		Psychological and Exercise Lab.	UGC	7,88,946.00
Seminar Halls	01			
No. of important equipments purchased (\geq 1-0 lakh) during the current year.		Furniture/	Management	276638.00
Value of the equipment purchased during the year (Rs. in Lakhs)		Archery Equipment/ Pole vault mat/	management	359950.00
Others				

Computerization of administration and library

Implementation of Management Information System
Student's attendance recording were done through computerisation.

Examination Office

Results were uploaded in the web site of the college and declaration of results was executed online.

From principal's office the list of students appearing for examinations were transferred through internet to COE's Office.

Exam Panel, Examiner selection and Hall Tickets are computerized.

CA marks computed and included to the End – Semester mark sheets.

Mark Sheets are computerized.

Library

E-Journal and e-books facility

Library services:

	Existing		Newly added		Total	
	No.	Value	No.	Value	No.	Value
Text Books & Reference Books	0	0	121	131097	0	0
e-Books	0		135000	5750		
Journals			16	49200		
e-Journals			6247	5750		
Digital Database			21	5750		
CD & Video			100	FREE		
Others (specify)						
Others (specify)						

Technology up gradation (overall)

	Total Computers	Computer Labs	Internet	Browsing Centres	Computer Centres	Offices	Departments	Others
Existing	48	1	9	1	1	1	5	0
Added	2	0	0	0	0	0	0	0
Total	50	1	9	1	1	1	5	0

Computer, Internet access, training to teachers and students and any other programme for technology

Up-gradation (Networking, e-Governance etc.)

- Maintenance of Campus Wi-Fi access facilities for students and staff
- Internet access to staff and students in library.
- Internet access to office staff in all the desks.
- Internet leased line up-gradation in progress.

Amount spent on maintenance in lakhs:

i) ICT

462145.00

ii) Campus Infrastructure and facilities

1613637.00

iii) Equipments

396644.00

iv) Others

88424.00

Total:

3260850.00

Criterion – V

5. Student Support and Progression

Contribution of IQAC in enhancing awareness about Student Support Services

- Conducted orientation program to provide basic knowledge on campus and facilities how of the college to the students
- Information's are provided in the College Prospectus and Handbook as well as College Website
- Display of information through notice boards in the college and hostel notice boards
- Personality development classes were conducted
- Students were encouraged to go for officiating and gain experience and earned money through it...

Efforts made by the institution for tracking the progression

- Since the college is residential college in the women's hostel personal guidance, on both academic and non-academic matters, is made.
- Classes introduced for development of soft skill
- Regular meetings are held with Student representatives. • Mock Interviews were conducted and personality development classes were • conducted each class is under a class registrar, who is available to the students mentoring, which is offered in the College at multiple levels. Besides the course teachers, each class has a class teacher and each student has a mentor, whom the students can approach for academic and personal counselling.
- Attendance record, course registration, fulfilment of course requirements and so on, giving guidance where necessary on matters pertaining to academics.
- The College maintains the records of all internal and semester examination marks through the examination centre.
- Teachers offer academic counselling to students, help them choose elective courses, recommend them for remedial coaching, if necessary, and also meet parents

(a) Total Number of students

S.NO	NAME OF THE COURSE	MEN	WOMEN	TOTAL
1	B.P.E III Year	61	15	76
2.	D.P.Ed I Year	19	10	29
3.	D.P.Ed II Year	27	4	31
4.	B.PEd I Year A	42	8	50
5.	B.PEd I Year B	44	6	50
6.	B.PEd II Year A	39	11	50
7.	B.PEd II Year B	39	11	50
8.	B.M.S	1	2	3
9.	M.P.Ed I Year	09	-	09
10.	M.P.Ed II Year	45	5	50
11.	M.Phil	21	-	21
12.	Ph. D (regular)	02	-	02
13.	M.Sc (FERN)	8	1	09
12	PGDSC	-	1	01
	TOTAL	357	74	431

(b) No. of students outside the state

22

(c) No. of international students

03

Last Year						This Year					
General	S C	ST	OBC	Physica lly Challe nged	Total	Genera l	S C	ST	OBC	Phys icall y Chal leng ed	Total
4	67	1	127	0	199	8	57	2	97	0	164

No	%
138	84

Men

No	%
26	16

Women

Demand ratio 100%

Dropout 2%

Details of student support mechanism for coaching for competitive examinations (If any)

- Extra classes were conducted to encourage students to clear UGC National eligibility test
- In sports -coaching is carried out in early mornings before their regular classes and extra time is also allocated to the deserving students who would like to participate in higher competitions
- UGC sponsored National Level conference on scientific Approach to Sports Training and coaching was organized by our college on 23rd January, 2016.
- Workshops on archery, rowing, throw ball and behavioural modification, of lifestyle management of physical education professionals were organized.

No. of students beneficiaries

280

No. of students qualified in these examinations

NET

02

SET/SLET

GATE

CAT

IAS/IPS etc

State PSC

UPSC

Other

Details of student counselling and career guidance

- Career guidance for outgoing students was held for M.P.Ed, B.P.Ed, B.M.S., D.P.Ed., and B.P.E., by the college in the assembly hall.
- Counselling for women students in the women's hostel took place regularly.

No. of students benefitted

267

Details of campus placement

On campus			Off Campus
Number of Organizations Visited	Number of Students Participated	Number of Students Placed	Number of Students Placed
40	60	60	77

PLACEMENT CELL REPORT

Our college placement cell provides wide range of job opportunities for the students who complete their education. 40 institutions from all over Tamilnadu visited our campus on 5th April 2017. About 60 students were placed in various schools and sports companies as Physical Education Teachers and Sports Trainers. The programme was coordinated by Mr. Felix Arockkiara

The following are the institutions that offered appointments through Placement and many more outside campus.

Participating schools/ colleges/institutions

Desk No.	Name of the Institution	Place
1	Thiruthangal Nadar Vidhyalaya	Thangal, Thiruvottiyur, Chennai-19 (Lady)
2	Rite Stride Pvt. Ltd	RA Puram, Chennai
3	Annai Veilakannai's Mhes	West Saidapet (Lady)
4	Selvam Matric Higher secondary school	Arakonam
5	The Hindu colony chellammal vid.	Nanganallur, 9094584838 (Lady)
6	YRTV Metric Higher secondary school	Sivakasi
7	Our lady's Matric higher secondary school, CHETPET	Chennai (Male-2, Female – 1)
8	Ignite Fitness - Prasad . K.	Nungambakkam
9	Bharathi Vidhyalaya Matric & CBSE School	Gobi (4 Men , 3-women) 5-6

Details of gender sensitization programmes-

At the beginning of every academic year all students are given an orientation on gender sensitization in the assembly hall along with their parent. along with other areas of concern. The college has an association for girl students which also conducts

State/ University level

49

National level

12

International level

01

STUDENTS ACHIEVEMENTS 2016-17

R. Rajkumar of BPEdIyr Participated in State Games for Chief Ministers Trophy in Hockey and won II Position with a cash award of Rs. 75,000/-

K. Vignesh of BPEd II YR B Participated in State Games for Chief Ministers Trophy in KABADDI with won III Position with a cash award of Rs. 50,000/-

M. Indhumathi – Participated in State Games for Chief Ministers Trophy in Hockey and won IV Position with a cash award Rs. 10,000/-

V. Manikandan of BPEd participated and won first position in Boxing in the 70th Independence Trophy State level BOXING CHAMPIONSHIP at Thoothukodi , Tamilnadu

V. Manikandan of BPEd participated and won second position in Boxing in the State Level Senior BOXING CHAMPIONSHIP at Chennai, Tamilnadu

TNPESU INTERCOLLEGIATE RESULTS 2016-17

Tamilnadu Physical Education & Sporty University Intercollegiate Tournament on various games in the month of September 2016. The Results are

GAME	MEN
BASKETBAL L	WINNERS
TABLE TENNIS	RUNNER UP
KABADDI	RUNNER UP

Mr.Silambarasn of BPEd II Year received the Best Defender Award in the TNPESU Intercollegiate Kabaddi Match

T. Vinoth, Y. Kathirvelan A. Vengadesh, M. SelvaManikandan, M. Sharma, Hari Krishnan, Naveen Kumar Participated in Beach volleyball Tournament held at Chennai on 31 st August

And won I & II POSITION

12 Students participated in State Level Inter Collegiate Sivanthi Mini Marathon Competition on 24th September 2016 at Thiruchendur and secured the following places.

Name	Class	Place	Cash Award
Mr.MuthuRaj	M.P.Ed II Year	V	Rs.300 /-
Mr.Manikandan	B.P.Ed II Year	X	Rs.300 /-
Ms.Jansi Mary	B.P.Ed II Year	V	Rs.200 /-

Mr.Manikandan of B.P.Ed II Year and Mr.Vijaya Kumar of M.P.Ed II year were selected to represent “Under 25 Youth Sports League T-20” held at Ramakrishna Misson School ,T Nagar,Chennai on 24th& 25th Sep 2016 and Won the tournament with the Cash Award of Rs.20,000 /-. Each. Our students received the following awards

Award

Mr.Manikandan of B.P.Ed II Year – Best All Rounder in Cricket

Mr.Vijaya Kumar of M.P.Ed II Year - Best Fielder in Cricket

M.ShanmugaSundaramofB.P.Ed II yr had participated in the “4th National All Style Marital Arts Open Championship 2016” on 10th& 11th September at J.J.Indoor Stadium and Won I place in sparing (65kg) Color Belt Junior in Kung Fu.

Mr. Venkatesh of M.Phil has been selected as a Referee for Foot ball English Premier League held at London in April 2016 .He has been qualified as a Professional Referee among the six candidates in India by All India Football Federation. He has been selected as a referee for INDIAN SUPER LEAGUE to be held at Guwahati on 4th October 2016.

TNPESU Inter Collegiate Track & Field Meet was held from 24th- 26th October 2016 at the university campus. The results are

Name	Event	Position
Muthuraj	800 mts	First
Sathish Kumar	800 mts	Second
Muthuraj	1500 mts	First (New Meet Record)
K. Mani	10,000 mts	Second
A.Nallathambi	20km Walk	Second
Selva Kumar	20km Walk	Third
Rajamanikam	Shot put	Third
John Arockiaraj	Discus Throw	Third
K.Mukesh	Javelin Throw	Second
MuthuGuhan	Javelin Throw	Third
John Arockiaraj	Hammer Throw	First
R. Manikandan	Hammer Throw	Second
	4x 100mts R	Third
	4x 400 mts R	Third

Name	Event	Position
R. Jancy	1500 mts	First
S.S. Sanitha	200 mts	Second
S. Gladina	100 mts	Third
S. Gladina	Long Jump	Third
	4x 400 mts Relay	Third

Mr. Venkatesh Student of MPhil class acted as Match Official (Referee) on the following Football Championship

Indian Super League Football at Kolkata and Kochi in October to December 2016

South Asian Football Tournament at Nepal in June 2016

BRICKS- Football Tournament at Goa in October 2016

All India Football Federation Youth Cup 2016 at Goa

Indian Football League from January to March 2016

Sub Junior National Football Championship at Odisha in January 2017

Santhosh Trophy Football Tournament at Gujarat in December 2016

On 8th January R. Rohin Kumar Reddy of B.P.E III YEAR won second position under 75 kg category in Body Building Championship & Fitness Championship organized by Indian Fitness Federation at S.N. R Arangam, Coimbatore

On 8th January S. Tendulkar of B.P.Ed II YEAR won fifth position under 65 kg category in Body Building Championship organized by Indian Fitness Federation at S.N. R Arangam, Coimbatore

Mr. R. Venkatesh of M.P.Ed II Year acted as a Football referee at the South Asian Football Federation (SAFF) held at Katmandu, Nepal between 20th & 29th August 2015. Muthuraj of Mped I year student represented Tamil Nadu in SLUM SOCCER and won the first place he has been selected to represent India to play in 16th Homeless World cup at Scotland.

5.9.2 No. of students participated in cultural events

State/ University level National level International level

Students participated in the intercollegiate speech and poetry competition held at Ethiraj College on 21st September 2016.

2 men students participated in the SPORTS QUIZ COMPETITION held at Sivanthi College of physical education, Tiruchendur on 24th & 25th September 2016.

In view of Dr. A.P.J Abdul kalam's 80th Birthday Celebration on (15th October) Essay Writing competition was conducted on the topic "Achievements and Contribution of

Dr. A.P.J Abdul Kalam .

S.no	Name	Class	Position	Cash Award
1	Ms. Bhavani	BPE III	First	Rs. 1000/-
2.	Ms. Lovisal	D.P.Ed II	Second	Rs. 750/-
3.	Mrs.Priya	B.P.Ed I	Third	Rs. 500/-

07 Students participated in the YMCA National Youth & Cultural Exchange Festival 2016 between 20th & 22nd November hosted by Eastern India Region of YMCAs at Gopalpur , Odisha and won first position in five cultural events.

5.9.2 No. of medals /awards won by students in Sports, Games and other events

Sports:

State/ University level National level International level

Cultural:

State/ University level National level International level

Scholarships and Financial Support

	Number of students	Amount
Financial support from institution	10	50,000
Financial support from government	441	42,05,013
Financial support from other sources		
Number of students who received International/ National recognitions		

Student organised / initiatives Fairs

:

State/ University level

National level

International level

Exhibition:

State/ University level

National level

International level

No. of social initiatives undertaken by the students

Major grievances of students (if any) redressed:

Criterion – VI

6. Governance, Leadership and Management

State the Vision and Mission of the institution

Vision: To prepare physical education leaders of high academic calibre, with a holistic development of body, mind and spirit nurtured with a strong, commitment to serve humanity reflecting Christian values

Mission:

- ❖ Striving for excellence in physical education and allied sciences through dynamic programmes and activities to empower youth with increased responsibility of serving the community.
- ❖ To pursue global standard of excellence in teaching, learning, research and consultancy by self evaluation and continuous improvement.
- ❖ To provide “knowledge – based service” to the sports industry and to satisfy the needs of the Nation.

MOTTO

- ❖ The motto of the institution “the Abundant Life” distinctively shows that the institution is one of its kind that deal not only with a professional domain but also provides training to serve the National through sports and physical education.

Does the Institution has a management Information System

- ❖ YES. E-mail facility to all officers and teaching community
- ❖ Controller of Examination-Results
- ❖ Faculty Positions, Faculty Profile & Publications Non-Teaching
- ❖ Doctoral Programmes
- ❖ Grants received from Funding Agencies
- ❖ ICT – Facilities
- ❖ Internal Quality Assurance Cell
- ❖ Placement
- ❖ Research Facilities, Library
- ❖ Short-Term Courses conducted
- ❖ Staff Profile
- ❖ Student’s on the rolls for 2016-17

Quality improvement strategies adopted by the institution for each of the following:

Curriculum Development

The curriculum is designed by the college.

- The college provides facilities for co-curricular activities
- Internet access band width was enhanced to 240 Mbps (1:1) and was made effective from 31.10.2014. About 300 Mbps Internet access is being realized'
- special importance is given to Power Point Presentation, Group discussion, Student seminar and Project

Add-on courses

- Certificate course in Fitness Management
- Certificate course in Event Management
- Certificate course in Sports Medicine and Physiotherapy
- Certificate course in Adapted games
- Certificate course in Adventure sports
- Certificate course in Soft skills
- Certificate course in Personal and Professional Counselling
- Optional courses
- Personal trainer
- Bharathiyam
- Fencing
- Taichi

Teaching and Learning

- •Introduction of Computer aided training in all subjects with establishment of Computer Laboratories with licensed software
- •Extensive use of ICT in for classroom teaching
- •Encouraging students present news in English and Tamil language.
- Access to online journals is now made available
- Use of smart board.
- •Encouraging Seminars and Power Point Presentations by students.
- •Special attention during Practical classes individually.

Examination and Evaluation

- Double evaluation for U.G Courses of study and single evaluation by external examiner for U.G courses
- If unable to meet the minimum marks of inters the re-exams are conducted by staff concerned.
- In addition marks are allotted for Assignments and student's progress is assessed through assignments, paper presentation, seminars, viva-voce and group discussion
- Three class assessment tests are periodically conducted. From the three monthly cycle tests conducted, best two marks are taken into account.
- Five marks can be added for the students' attendance in internal marks (within that 25 marks).

Research and Development

- Computer Laboratories have been established
- Seminars/ Conferences conducted by the college and Students are encouraged to attend the seminars and conferences organised out station and locally.
- M.Phil. Scholars 22 in number were awarded degree Sports University.
- PhD scholars were awarded PhD degree under the guidance of faculty members of the college and degrees were awarded by Sports University.
- Power point presentation for students is made compulsory in the class room teaching practice class.
- Student of master's degree class room teaching is made mandatory and external and internal valuation is made for 100 marks.
- The college encourages the teaching faculty to pursue Research work.

Library, ICT and physical infrastructure / instrumentation—Prabu PL. ASSWER

- To create awareness among the students about the latest arrivals and quality reference, Books are exhibited in the library.
- All the library books are bar coded.
- Borrowing Facility
- Each member is issued with an Identity –cum- library membership card and books are issued for 03 days for students and 15 days for faculties. The number of borrowing books by members may vary from category to category.
- Library Services
- Orientation/awareness programme
- On-line Public Access Catalogue
- Information alert service
- Information display service
- Current awareness service
- On-line database services
- Reference service (Short Range and Long Range)
- Referral Service
- Photocopying service
- Document Delivery Service
- Scanning & Printing
- Literature search
- CD ROM search
- Question Bank
- The College building is modified and sitting arrangements modified.
- SMART Boards in selected two classrooms located in the college building. Additionally, every class room has been provided with a CPU and a mounted LCD projector.
- For guest lecture there are two additional LCD Projector to be used
- Physical Infrastructure/Instrumentation:
 - Big gymnasium halls, conference room, audio visual rooms, classrooms
 - With SMART Boards, classrooms with projector, administrative offices, staff rooms, well equipped laboratories, a video conferencing facility, library, a chapel, students' common room, guest house, health & wellness centre, games
 - field, computer centre, a telephone kiosk with STD and ISD in the women's hostel, three canteens, parking area, Hostel facilities for women and men students,
 - Staff quarters are provided.
 - Well established play fields in the campus which is utilized by sports school and College
 - In order to ensure safety and security of the campus community, the College is under central surveillance with the installation of CCTVs at several locations on campus.

Human Resource Management

At the end of each academic year the workload is prepared and sent to the Directorate of Collegiate Education. Vacancies are notified and is taken to fill up the post and advertisement is given in the news paper

Faculty and Staff recruitment

As and when the aided post arises the management sends the request to Regional director of collegiate education and they sanction the post. After the post is sanctioned the institution follows a systematic procedure for faculty and staff recruitment.

The management advertises in the local daily. The applications received are short listed and called for an interview before the Principal, Management members. Interview is followed by Demonstration class and finally the right candidate is chosen.

The selected names are send to regional director's office and approval seeked.

Industry Interaction / Collaboration

The students of B.P.Es , D.P.Ed, B.P.Ed and M.P.Ed went on internship to the school in Chennai and 102 City schools were used for service.

M.P.Ed II year students attended Intensive Coaching Practice at 19 city schools/colleges from 27th January to 12th February 2016 to gain coaching experience as a part of the curriculum.-

Admission of Students

Men and women students were admitted to various courses of study as per the guidelines of Government of Tamil Nadu, National Council for Teacher Education (NCTE) and Tamil Nadu Physical Education & Sports University.

Admission is purely on merit basis and done in transparent procedure.

All admission information is placed on notice boards.

Well communicated admission process with course features

Highlighted through news paper advertisements.

Reservations are strictly followed as per state government

S.NO	NAME OF THE COURSE	MEN	WOMEN	TOTAL
1	B.P.E III Year	61	15	76
2.	D.P.Ed I Year	19	10	29
3.	D.P.Ed II Year	27	4	31
4.	B.PEd I Year A	42	8	50
5.	B.PEd I Year B	44	6	50
6.	B.PEd II Year A	39	11	50
7.	B.PEd II Year B	39	11	50
8.	B.M.S	1	2	3
9.	M.P.Ed I Year	09	-	09
10.	M.P.Ed II Year	45	5	50
11.	M.Phil	21	-	21
12.	Ph. D (regular)	02	-	02
13.	M.Sc (FERN)	8	1	09
12	PGDSC	-	1	01
	TOTAL	357	74	431

Welfare schemes for

Teaching	Interest free Loan facilities Festival advance Pongal bonus Six month Maternity leave Contributory Provident Fund for management faculty
Non teaching	Admissions, scholarships and fee concessions for the wards of administrative and supportive staff Festival allowance Interest free Loan facilities Uniforms for the ground markers and other supportive staff Festival advance Pongal bonus for administrative and supportive staff Refreshments during working hours for administrative staff
Students	Government scholarships based on community-BC, SC, ST and Minority Scholarships are provided. Students get free government scholarships. Women's fitness centre exclusively for women students Multi-gym for Men separately. Physiotherapy centre with separate timing for men and women students. Medical Centre under the supervision of a regular doctor. Medical check-up for all fresher's. Group Health insurance facility

Total corpus fund generated

NIL

Whether annual financial audit has been done

Yes **No**

Whether Academic and Administrative Audit (AAA) has been done?

Audit Type	External		Internal	
	Yes/No	Agency	Yes/No	Authority
Academic				
Administrative				

Does the University/ Autonomous College declare results within 30 days?

For UG Programmes Yes No

For PG Programmes Yes No

What efforts are made by the University/ Autonomous College for Examination Reforms?

- Credit system introduced for BMS Degree course
- Implementation of new methods to arrive at the C.A.
 - Present system- Internal Assessment marks – (3 CAs, Assignment & Pre-semester)
 - For CA marks group work, Quiz, Presentations at class seminar, class interaction, online –assignment and Open book exam were added.
 - Results are published within record time of 20 days after semester examinations.
 - Marks statements are issued within 15 days from date of publication of results.
 - The student who processes 65% of attendance has to redo the course (changed from 50% of attendance to redo the course)
 - Condonation fee was increased to Rs. 1000/- from Rs. 250/-
 - Condonation is acceptable one & only time for a student during his /her course of study.
 - Students should have 50% of marks both in Internal and External to pass in their examinations.

What efforts are made by the University to promote autonomy in the affiliated/constituent colleges?

The TNPESU helps and encourages to continue with the autonomous
Nominees for the board of studies and academic council members are
been sent by the university and all the inspection commission
representatives are been provided

Activities and support from the Alumni Association

Three meetings of the Alumni Homing were conducted this
year at the campus.

1. Batch of 1985 – M.P.Ed – on 21st June 2014.
2. Batch of 2004-06 – M.P.Ed on 19th July 2014
3. Batch of 2003-04 – Higher Grade – on 26th July 2014
4. Batch of 1986-87 - B.P.Ed., - on 21st Feb.2015.

Our Founder's Memorial Day was remembered on 25th July
2014 with due respect.

Activities and support from the Parent – Teacher Association

- The College does not have an established Parent – Teacher Association.
- However on the reopening day there are activities organised by the college wherein parents are encouraged to attend.
- In the beginning of the academic year it is mandatory that parents of I year students should attend an Orientation on all academic programmes and student support services offered on campus.
- The College does not have an established Parent – Teacher Association. However
there are activities organised by the college wherein parents are encouraged to attend.

Development programmes for support staff

- Staff picnic was organized for Administrative staff.
- Women's was celebrated – All women staff went to various spot of visit in Chennai.
- Pongal bonus (cash) was disbursed.
- On the eve of Christmas- Gifts were distributed to all the support staff.
- Some of staff children were given fee concession and for class IV staff children fees was waived.

Initiatives taken by the institution to make the campus eco-friendly

- Tobacco free and no sale and smoking in the campus.
- Plastic free campus.
- Spiritual songs in campus in the loud speaker from 5.00-6.00 am to develop spiritual life.
- Daily chapel service takes place for all the residential students' morning and in the evenings.

Criterion – VII

7. Innovations and Best Practices

Innovations introduced during this academic year which have created a positive impact on the Functioning of the institution. Give details.

- Training in Soft Skills increases self confidence, builds leadership qualities and skills

For holistic development

On 4th July the college was reopened for Students. A special Prayer & Motivational Talk was given by evangelist Issac Joe and Rev. John Victor. Students are constantly given opportunity to “EARN AND LEARN” during weekends through officiating various games and Track & Field meets on and off the campus. Officiating exams are also conducted to qualify themselves in different games.

FITNESS TRAINING

For the first time the students were introduced to NCC Officers Fitness Training from 11th-15th July 2016, where they experienced tough training. It was enjoyable and the students underwent a different training module.

RELIGIOUS ACTIVITIES

On 8th July, 8th September & 16th September Bible Study in John chapters was conducted in the College Chapel for staff and students by Captain (IN) AJ Manohar Correspondent & Secretary. The study was very useful to learn and understand the word of God with in depth knowledge and to practice in life.

ALL SOULS DAY

All Souls Day was remembered on 2nd November 2016 at 6.30 am. Mr. Immanuel, FMPB shared the word of God. Students and staff were gathered near the tomb of leaders of YMCA College and offered floral tribute.

WORLD WEEK OF PRAYER

World week of prayer was remembered at the college from 13th November to 19th November 2016 with a Theme: “Leaving No One Behind” . Mrs. Kumari Kuriokose, Chair person, National Women’s Forum inaugurated the programme.

petition was conducted on 8th March 2017 at 3.30 pm. Dr. Indira Physical Directress J.B.A.S, College for women was the Chief Guest.

ALL NIGHT PRAYER

Monthly ALL NIGHT PRAYER was conducted for students at the college chapel by Friends Missionary Prayer Band. (FMPB)

INDIAN MISSIONARY SOCIETY

On 7th January 2017, 16 Students served as volunteers in 25th year silver jubilee celebrations of Indian Missionary Society, Chennai Branch “Children to Children Programme 2017 in Chennai

MONTHLY PRAYER MEETING

God gives us the joy and privilege of administering His kingdom, His affairs working together with Him through this monthly prayer meeting initiated by our college chairman

PRAYER CELL

Regular prayer and meditation has been an important factor to satisfy the soul and add Christ based values in life. The prayer cell is functioning effectively at the college chapel by boys every day at 9.00 pm and by the girls in the hostel

INSTALLATION CEREMONY

Installation of ROTARACT CLUB of YMCA College was conducted on 18th July. Mr. Ananthu President ROTARY Club of Madras East was the chief guest and addressed the gathering. Mr. Unni gave a motivational talk to the students to build their communication and personality.

Investiture ceremony of CULTURAL AND LITERARY SOCIETY was conducted on 25th July- Mr. Kumaresan Editor Theekathir Daily Chennai was the chief guest and addressed the students.

INTRAMURAL ACTIVITIES

INTRAMURAL Investiture ceremony was conducted on 27th July- Mr. Koshy Mathew Chairman YMCA College of Physical Education was the chief guest. He inspired the student by his vibrant speech and encouraged the students to be alert, attentive and come out with winning performance. The Programme was organized by the intramural directors Dr. K. Jothi and Mr. Felix

Inter House Physical Activity Display Competition was conducted on 1st March 2017 at 3.30 pm. Dr. Uma Manohar Head of the Department, Queen Marys College was the Chief Guest. The students displayed challenging physical activity and colourful demonstration.

Inter House Figure Marching Com

Provide the Action Taken Report (ATR) based on the plan of action decided upon at the Beginning of the year

- Submitted the XII Plan proposal for 64 lacs at UGC.
- Principal Dr. Sheila Stephen attended the meeting as an expert committee member of WRO, UGC at Pune on 6th & 7th December 2014.
- Autonomous Extension – Visit of members
- Expert committee members UGC, New Delhi visited the college from 19th to 21st November 2014 and inspected the classrooms, library, computer & language lab, and various other facilities of our college to extend autonomous extension to our college.
- Enhanced research output.

Give two Best Practices of the institution (please see the format in the NAAC Self-study Manuals)

UGC Sponsored REMEDIAL COACHING IN ENGLISH was conducted for B.P.E III Yr, DPed I & II yr Students between 14th and 30th September by Mrs. UshaRamakrishnan, Director Global Adjustments Foundation, and Chennai. 120 students participated in batches students developed their skills in public speaking and techniques of communicating in simple English

♣ UG & PG Admission - Transparency is maintained.

- Internal and External Audit was conducted for both the semesters in the Academic Year
- Feed back from students.
- Faculty were encouraged to do Major and Minor Projects, publish books and articles.
- Staff members were encouraged to participate in Seminar and Workshop.
- Admission –Reservation in Community wise
- Supplementary Examination is conducted
- Results are declared in the College Website.
- Mark sheets are given with Photographs of students.
- Buck sports festival, inter collegiate tournament is conducted to make students learn officiating and organizing aspect.
- Students are encouraged to take part in various tournaments along with presenting the college and university
- Teaching practice internship, project sports meet is conducted to expose students to develop organisational aspect.
- Grievance and Redressal Cell
- Regular arrangement of recruitment and placement opportunities for the students every year
- Positive growth in pass percentage

Contribution to environmental awareness / protection

Go GREEN – WORLD TREE DAY was celebrated on 31st July. Mr. Jacob Rajkumar National Vice President & Treasurer, along with principal i/c and other faculty members planted samplings near the womens hostel. NSS Volunteers along with the coordinator Dr. S. Gladykirubakar & Dr. James organized the Tree plantation

Whether environmental audit was conducted?

Yes No

Any other relevant information the institution wishes to add. (For example SWOT Analysis)

8. Plans of institution for next year

i). Introduction of new courses (Evening College)

It was recommended to include PG Diploma in

- A) Guidance and Counselling
- B) Sports Injury Management

ii). It was discussed to convert the one year BMS Course to two years BMS course in par with BPEd degree and seek the approval from (RCI) Rehabilitation Council of India, New Delhi. Till such time the existing BMS Course will continue.

iii). It was proposed to restore and restructure BPE Course in to BPES in the College from the coming Academic year. Since UGC as accorded permission to continue BPES and MPES wide UGC Gazette dated, D.O.No.F.5-1/2015 (CPP – II) dated 31st May 2016.

Name:

Dr. K. Jothi Dayanandan

**Signature of the Coordinator, IQAC
Chairperson, IQAC**

For Dr. J. Glory Darling Margaret

Signature of the

**Annexure (i)
Annexure (ii)
Annexure (iii)
Best Practices (IV)**

**Calendar of activities 2016-17
College prospectus
College annual Magazine**

By ANNUAL JOURNAL ON

JOURNAL OF PHYSICAL EDUCATION AND EXERCISE SCIENCES