



National Council of YMCAs of India
YMCA COLLEGE OF PHYSICAL EDUCATION
 (An Autonomous College affiliated to Tamil Nadu Physical Education & Sports University)
 REGISTERED UNDER UGC ACT, NANDANAM, CHENNAI - 600 035
FIRST CONTINUOUS ASSESSMENT TEST - SEPTEMBER - 2022



07-09-2022 (WEDNESDAY)

Class	10.15 a.m- 11.30 a.m.	11.30- 11.45. a.m.	11.45 a.m - 1.00 p.m.
M.P.ED. I	MCC 101 Yogic Sciences	BREAK	MCC 102 Research Process in Phy. Edn. and Sports Sciences
M.P.ED. II	MCC 301 Scientific Principles of Sports Training	BREAK	MCC 302 Curriculum Design in Physical Education
B.P.ED. I	BCC 101 Principles, Foundation of P.E & Ednl. Psychology & Guidance and Counseling.	BREAK	BCC 102 Anatomy and Physiology
B.P.ED. II	BCC 301 Sports Training	BREAK	BCC 302 Health Education and Environmental Studies
B.P.E.S. I	BPS 101 Tamil - I / Hindi- I / French - I	BREAK	BPS 102 English - I
B.P.E.S. II	BPS 301 Tamil - III / Hindi- III / French - III	BREAK	BPS 302 English - III
B.P.E.S. III	BPS 501 Science of Yoga	BREAK	BPS 502 Care and Prevention of Sports Trauma

09-09-2022 (FRIDAY)

Class	10.15 a.m- 11.30 a.m.	11.30- 11.45. a.m.	11.45 a.m - 1.00 p.m.
M.P.ED. I	MCC 103 Physiology of Exercise	BREAK	MDE 104 Adapted Physical Education MDE 105 Sports Management. MDE 106 Sports Technology
M.P.ED. II	MCC 303 Sports Biomechanics and Applied Kinesiology	BREAK	MEC 304 ICT in Physical Education MEC 305 Sports Sociology MEC 106 Sports Engineering
B.P.ED. I	BCC 103 Yoga Education	BREAK	BDE 104 Educational Technology & Sports Journalism, Tourism BDE 105 Disabilities & Inclusive Education
B.P.ED. II	BCC 303 Principles and Techniques of Officiating Coaching Part - II	BREAK	BEC 304 Computer Application in Phy. Edn. BEC 305 Disabilities and Inclusive Education
B.P.E.S. I	BPS 103 General Knowledge and History of Physical Education	BREAK	BPS 104 Rules of Games and Sports Part - I (Basketball, Badminton, Kabaddi & Softball)
B.P.E.S. II	BPS 303 Health and Safety Edn.	BREAK	BPS 304 Rules of Games & Sports- Part III (Track & Field & Cross country)
B.P.E.S. III	BPS 503 Kinesiology and Biomechanics	BREAK	BPS 504 Educational Psychology and Sports Journalism

Dr. J. Glory Darling Margaret
 Controller of Examinations

Dr. George Abraham
 Principal