



The National Council of YMCAs of India
Y.M.C.A. COLLEGE OF PHYSICAL EDUCATION
 (An Autonomous College affiliated to Tamil Nadu Physical Education & Sports University)
 REGISTERED UNDER UGC ACT, NANDANAM, CHENNAI – 600 035
THIRD CONTINUOUS INTERNAL ASSESSMENT TEST (CIA) – October - 2023



26-10-2023 (THURSDAY)

Class	10.15 a.m– 11.30 a.m.		11.30– 11.45. a.m.	11.45 a.m – 1.00 p.m.	
M.P.Ed - I	MCC 101	Yogic Sciences	BREAK	MCC 102	Research Process in Physical Education and Sports Sciences
M.P.Ed - II	MCC 301	Scientific Principles of Sports Training	BREAK	MCC 302	Curriculum Design in Physical Education
B.P.Ed -I	BCC 101	Principles of Physical Education & Educational Psychology & Guidance & Counseling	BREAK	BCC 102	Anatomy and Physiology
B.P.Ed. -II	BCC 301	Sports Training	BREAK	BCC 302	Health Education & Environmental Studies
B.M.S.	BMC 101	Principles of Education, Inclusive Edn. PE, APE, & Intro. to Movement Edn and Mobility Science	BREAK	BMC 102	Human Growth and Development & Anatomy
B.P.E.S -I	BPS 102	English – I	BREAK	BPS 101	Tamil – I / Hindi- I / French - I
B.P.E.S -II	BPS 301	Tamil – III / Hindi- III / French - III	BREAK	BPS 302	English – III
B.P.E.S- III	BPS 501	Science of Yoga	BREAK	BPS 502	Care and Prevention of Sports Trauma

27-10-2023 (FRIDAY)

Class	10.15 a.m– 11.30 a.m.		11.30– 11.45. a.m.	11.45 a.m – 1.00 p.m.	
M.P.Ed - I	MCC 103	Physiology of Exercise	BREAK	MGE 104 MGE 105 MGE 106	Adapted Physical Education Sports Management. Sports Technology
M.P.Ed - II	MCC 303	Test, Measurement & Evaluation	BREAK	MSEC 304 MSEC 305 MSEC 306	ICT in Physical Education Sports Nutrition Sports Counselling
B.P.Ed -I	BCC 103	Yoga Education	BREAK	BDSE 104 BDSE 105	Educational Technology & Sports Journalism, Tourism Disabilities & Inclusive Education
B.P.Ed. -II	BCC 303	Principles & Techniques of Officiating & Coaching Part - II	BREAK	BSEC 304 BSEC 305	Sports Management Fitness, Wellness & Sports Nutrition
B.M.S.	BMC 103	Yoga Edn and Yoga for Children with Special Needs	BREAK	BME 104 BME 105	Nutrition Management Special Diets for a Variety of Disabilities and Disorders Contemporary issues in Physical Edn and Special Edn
B.P.E.S -I	BPS 103	General Knowledge and History of Physical Education	BREAK	BPS 104	Rules of Games and Sports Part – I (Basketball, Badminton, Kabaddi & Softball)
B.P.E.S -II	BPS 303	Health and Safety Education	BREAK	BPS 304	Rules of Games & Sports- Part III (Track & Field & Cross country)
B.P.E.S- III	BPS 503	Kinesiology and Biomechanics	BREAK	BPS 504	Educational Psychology and Sports Journalism

Dr. S. Johnson Premkumar
Principal i/c



Dr. J. Glory Darling Margaret
Controller of Examinations