

## TRACK AND FIELD - RULES AND REGULATION:

1. The track & field meet will be conducted on the first day of Buck Sports Festival(20<sup>th</sup> September, 2022).
2. **No change** shall be permitted in the entries.
3. Competitors who fail to report when called will be **Disqualified**.
4. Competitors should wear the **Bib** numbers in front and back. The number must be securely fixed in all four corners.
5. Points will be awarded for each individual event. The winning institution shall score, **7 points** for the first place , **5 points** for the second place, **4 points** for the third place, **3 points** for the fourth place, **2 points** for the fifth place **and 1 point** for the sixth place.
6. The school scoring the total **highest number of points** shall be declared as the **champions**, separately for boys and girls.
7. The competitions will be conducted on **age** classification  
**Under 14** - Born on or After 01-01.2009  
**Under 17** - Born on or After 01-01.2006
8. **For Junior Boys**-100m, 200m, 600m, Long Jump, Shot put (4Kg), Discus Throw (1Kg), 4 x 100 Relay.
9. **For Junior Girls**-100m, 200m, 600m, Long Jump, Shot put (3Kg), Discus Throw (1Kg), 4 x 100 Relay.
10. **For Senior Boys**-100m, 200m, 1500m, Long Jump, shot put (5Kg), Discus Throw (1.5Kg), High Jump, 4 x 100 Relay.
11. **For Senior Girls**-100m, 200m, 800m, Long Jump, Shot put (3Kg), Discus Throw (1Kg), High Jump, 4 x 100 Relay.
12. **Spot** entries are not permitted.
13. Mark against the events as “C” For **Competitors** and “R” for **Reserve**.
14. An athlete can participate in two events excluding relay.
15. The participants should bring their **own school flags** for march past.
16. A separate **shield / trophy** will be awarded for the best team in marching.
17. A separate sheet may be enclosed , if necessary with the name and event of participation for various categories.
18. The decision of the **organizing committee** will be final.
19. The Last date for filled in entries is 15<sup>th</sup> September, 2022.

## RULES – BUCK SPORTS FESTIVAL 2022:

1. Matches will be organized for university / colleges and schools as per list enclosed. Participants must be bonafide students of the respective institutions.
2. Individual prizes and certificates will be awarded to the members of the winning teams.
3. All matches will be conducted at YMCA college ground and the latest rules will be followed. Matches will be played both in the morning and evening sessions.
4. The organizing committee’s decision will be final in all matters concerning the tournaments. No protest will be entertained.
5. Accommodation will not be provided for the participating teams.
6. Spot entry will not be entertained.
7. Teams should produce the bonafide certificate signed by the Principal / Headmaster before the first match, failing which the team will not be permitted to take part in the tournaments. The students should produce valid identity cards on request.
8. Tournaments will be held on knock out / league / league cum knock out basis depending on entries.
9. Team players should wear proper sports uniform. The PET / Physical Director / Manager nominated by the head of the institutions should accompany the team for all matches.
10. Payment of registration fee only through DD/ college office( only online mode).
11. The participating institution should send the soft copy of players name list to **buckcomputerlab@gmail.com**.
12. Boxing, Judo & Taekwondo competitions will be conducted on **weight category as per the norms**.
13. If you have queries contact the game coordinator.

### ORGANISING SECRETARY:

**Dr. E. Simson Jesudass**

Assistant Professor, 9444255744

Google Form Link for Registration:

<https://forms.gle/Byd4AtX1sWoMZmEY6>



The National Council of YMCAs of India  
**YMCA COLLEGE OF PHYSICAL EDUCATION**

(Autonomous College affiliated to Tamil Nadu Physical Education & Sports University)  
Nandanam, Chennai – 600 035.



## BUCK MEMORIAL SPORTS FESTIVAL 2022

**20-09-2022 to 23-09-2022**

**ENTRIES CLOSE ON 15<sup>th</sup> September, 2022**

**Venue: YMCA College of Physical Education**

Email: [ymcanandanam1920@gmail.com](mailto:ymcanandanam1920@gmail.com)

Website: [ymcacollege.ac.in](http://ymcacollege.ac.in)

Google Form Link for Registration:

<https://forms.gle/Byd4AtX1sWoMZmEY6>



## YMCA COLLEGE OF PHYSICAL EDUCATION:

In 1920, Harry Crowe Buck established the YMCA College of Physical Education, the first of its kind in India. It was H.C. Buck who gave light to the Physical Education Movement in India. In commemoration of the late leader the Buck Memorial Sports Festival is conducted every year.

The YMCA (Young Men Christian Association) is well known for its service to the youth. The ideals of YMCA is to make our youth to realise and recognise a harmonious development of the body, mind and spirit. The College of Physical Education is one of the projects of the National Council of YMCAs of India with an objective of Human Development through Physical Exercises, Sports, Games and Recreation.

This great Institution has produced Leaders, Teachers, Directors of Physical Education, and Heads of Department of Physical Education. Those who were produced by the college in the early years have instituted several Colleges of Physical Education in India and abroad. "Buck's Vision" is the base for our goals and strength for our strides which leads us to grow and grow further.

### ORGANISING COMMITTEE:

**Mr. J. Benjamin Franklin**, Correspondent & Secretary  
**Mr. Rajjiv George**, Administrator cum Estate Manager  
**Mr. S. Jegan**, Project Secretary  
**Dr. George Abraham**, Principal & Convenor  
**Dr. (Mrs). K. Jothi**, Asso. Prof.  
**Dr. S. Johnson Premkumar**, Asst. Prof.  
**Dr. J. Jackson Sutharsingh**, Asst. Prof.  
**Dr. (Mrs.). J. Glory Darling Margaret**, Asst. Prof.  
**Dr. E. Simson Jesudass**, Asst. Prof., Organising Secretary

### COORDINATORS

**Dr. J. Jothi, 9444335355**

**Basketball: School - Boys & Girls**  
**College - Men / Women (Invitational )**

**Dr. J. Glory Darling Margaret, 9444886080**

**Athletics: School - Boys & Girls**

**Dr. A. Merlin Thanka Daniel, 9444109052**

**Ball Badminton: College - Men & Women**

### COORDINATORS

**Dr. S. Johnson Premkumar, 9444313687**

**Handball : School - Boys & Girls**  
**College - Men & Women**

**Dr. J. Jackson Sutharsingh, 9841294776**

**Football: School - Boys (Invitational )**  
**Men - (Invitational ) / Women**

**Dr. S. Gladly Kirubakar, 9940412283**

**Cricket: College - Men & Women**

**Dr. E. Simson Jesudass, 9444255744**

**Hockey : School - Boys and College - Men & Women**

**Mr. M. Felix Arokkiaraj, 9444287403**

**Volleyball: School - Boys & Girls**  
**College - Men & Women**

**Dr. J. James, 9941518899**

**Judo & Taekwondo: School - Boys & Girls**  
**College - Men & Women**

**Dr. J. Samuel Jesudoss, 9176151802**

**Badminton: School - Boys & Girls**  
**College - Men & Women**

**Dr. Pon. Anbarasu, 9444224620**

**Kabaddi: School - Boys & Girls**  
**College - Men & Women**

**Tennis: College - Men & Women**

**Dr. K. Karthikeyan, 9941411554**

**Kho-Kho: School - Boys & Girls**  
**College - Men & Women**

**Dr. G. Bobby, 9940289848**

**Throwball: School - Boys & Girls**  
**College - Men & Women**  
**Staff Tournament (Men & Women)**

**Mr. B. Praveendoss, 9444868415**

**Boxing: School - Boys & Girls**  
**College - Men & Women**

**Dr. J. Komala, 9791857741**

**Archery: School - Boys & Girls**  
**College - Men & Women**

### ENTRY FEE

**ATHLETICS : ₹ 1000 for School**

**GAMES : ₹ 500 for School & College**

**CRICKET : ₹ 1000 for College**

**ARCHERY : ₹ 500 per Individual / Event**

**BO XING, JUDO & TAEKWONDO : ₹ 300 per Individual**

**Entry fee may be paid through DD in favor of**

**YMCA College of Physical Education**

**Payable at - Chennai -35.**



