

Glimpse : 2022-23



Intercollegiate Tournament



Dedicated the Renovated Men's Hostel Huts



Felicitation to Retired Staff



Talent Night



Intramurals



Observed National Day



Students Sports Meet



Festival Programmes



College Journal Release



The National Council of YMCAs of India
YMCA COLLEGE OF PHYSICAL EDUCATION

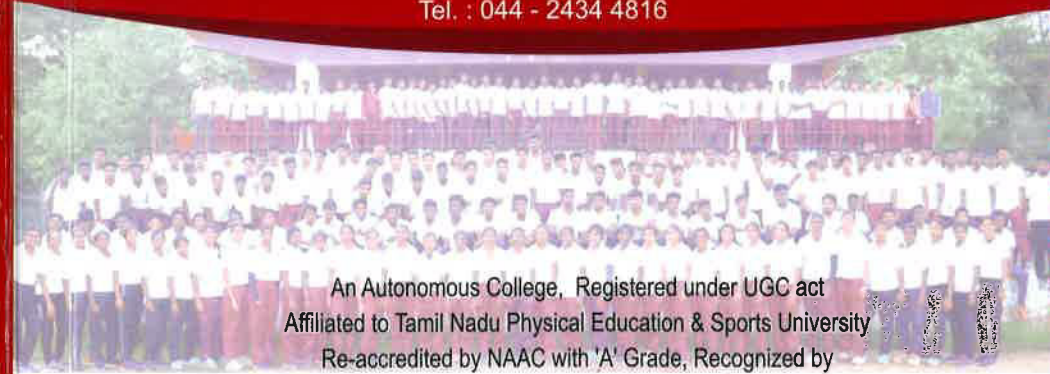


A Christian Minority Institution

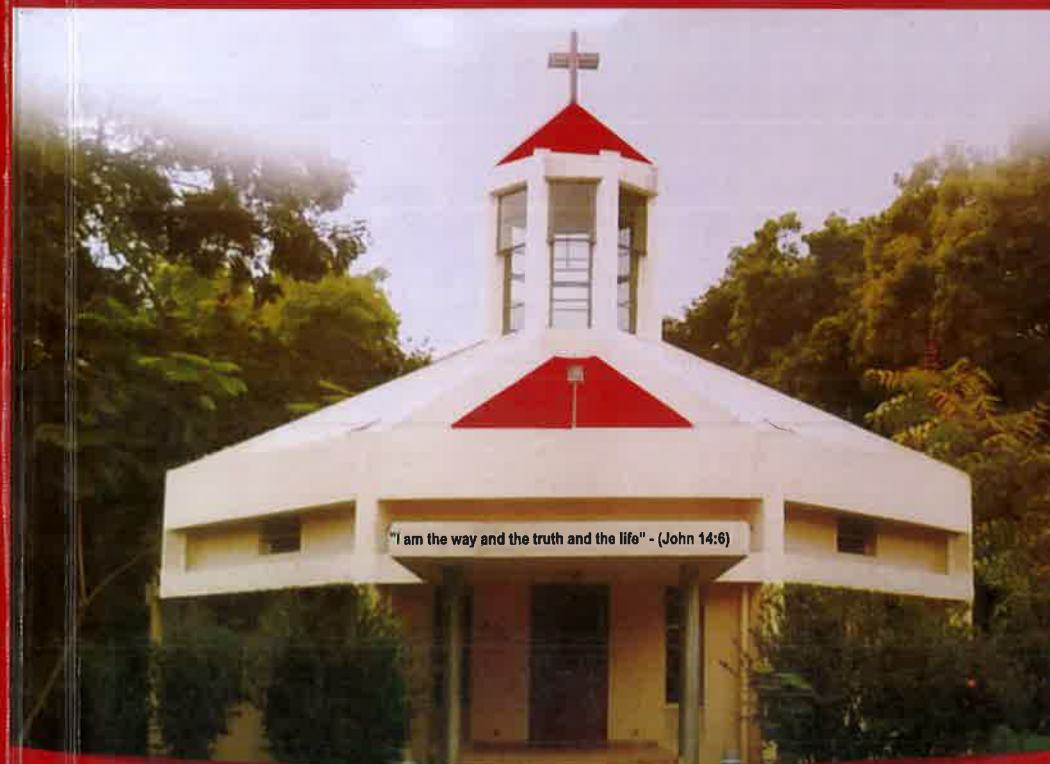
Nandanam, Chennai - 600 035.

www.ymcacollege.ac.in

Tel. : 044 - 2434 4816



An Autonomous College. Registered under UGC act
 Affiliated to Tamil Nadu Physical Education & Sports University
 Re-accredited by NAAC with 'A' Grade, Recognized by
 National Council for Teacher Education & Government of Tamil Nadu



"I am the way and the truth and the life" - (John 14:6)

CALENDAR 2022 - 2023

Important dates : 2022-23

7.07.2022	Thursday	BPES & D.P.Ed Selection Trials - 2022
08.07.2022	Friday	BPES & D.P.Ed Selection Trials - 2022
11.07.2022	Monday	M.P.Ed. Selection Trials - 2022
12.07.2022	Tuesday	M.P.Ed. Selection Trials - 2022
13.07.2022	Wednesday	B.P.Ed. Selection Trials - 2022
14.07.2022	Thursday	B.P.Ed. Selection Trials - 2022
18.07.2022	Monday	MPEd. II, BPEd. II, BPES.III, BPES & DPEd. II Class Starts
24.07.2022	Sunday	Holiday - Founder Principal H.C. Buck Memorial Day
28.07.2022	Thursday	44th International chess Olympiad inauguration
01.08.2022	Monday	Class starts for first year of MPEd.,BPEd.,BPES. & DPEd - Freshers Day - 2022-2023
12.08.2022	Friday	Talent Night
22.08.2022	Monday	Student Association Office bearer Selection & Inauguration
26.08.2022	Friday	Student's Picnic
29.08.2022	Monday	National Sports Day
05.09.2022	Monday	Teacher's Day
07.09.2022	Wednesday	First CA
09.09.2022	Friday	First CA
20.09.2022	Tuesday	Buck Memorial Sports Festival
21.09.2022	Wednesday	Buck Memorial Sports Festival
22.09.2022	Thursday	Buck Memorial Sports Festival
23.09.2022	Friday	Buck Memorial Sports Festival
13.10.2022	Thursday	Second CA
14.10.2022	Friday	Second CA
01.11.2022	Tuesday	MPEd. I year Model Sports Meet
08.11.2022	Tuesday	BPEd. II A Projects Sports Meet
10.11.2022	Thursday	Third CA
11.11.2022	Friday	Third CA
15.11.2022	Tuesday	BPEd. II B Projects Sports Meet
17.11.2022	Thursday	Internal Coaching Lesson / Teaching Practice
18.11.2022	Friday	Internal Teaching Practice
22.11.2022	Tuesday	Pre Semester Examination
23.11.2022	Wednesday	Pre Semester Examination
24.11.2022	Thursday	Pre Semester Examination
25.11.2022	Friday	Pre Semester Examination - Founder Principal Harry Crowe Buck Birthday
29.11.2022	Tuesday	Semester Examination
30.11.2022	Wednesday	Semester Examination
01.12.2022	Thursday	Semester Examination
02.12.2022	Friday	Semester Examination
05.12.2022	Monday	Even Semester Class Starts MPEd, BPEd, BPES and DPEd.
21.12.2022	Wednesday	Christmas Carols
10.01.2023	Tuesday	Leadership Training Camp
11.01.2023	Wednesday	Leadership Training Camp
12.01.2023	Thursday	Leadership Training Camp
13.01.2023	Friday	Leadership Training Camp
14.01.2023	Saturday	Leadership Training Camp
20.01.2023	Friday	First CA
21.01.2023	Saturday	First CA - Working day
23.02.2023	Thursday	BPES III year Project Sports Meet
28.02.2023	Tuesday	DPEd. II year Project Sports Meet
03.03.2023	Friday	Second CA
04.03.2023	Saturday	Second CA
29.03.2023	Wednesday	Intramural Valedictory & Annual Sports Meet
30.03.2023	Thursday	Third CA
31.04.2023	Friday	Third CA
05.04.2023	Wednesday	Internal Coaching / Teaching Practice Exam
06.04.2023	Thursday	Internal Coaching / Teaching Practice Exam - Maundy Thursday
10.04.2023	Monday	External Teaching Practice Exam
11.04.2023	Tuesday	External Teaching Practice Exam
13.04.2023	Thursday	Hostel day & Student Association Valedictory
17.04.2023	Monday	Pre Semester Examination
18.04.2023	Tuesday	Pre Semester Examination
19.04.2023	Wednesday	Pre Semester Examination
20.04.2023	Thursday	Pre Semester Examination
22.04.2023	Saturday	Ramzan - Holiday
24.04.2023	Monday	Semester Examination
25.04.2023	Tuesday	Semester Examination
26.04.2023	Wednesday	Semester Examination

The National Council of YMCAs of India
YMCA COLLEGE OF PHYSICAL EDUCATION

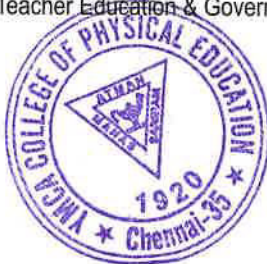
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CALENDAR
2022 - 2023

THE UNIVERSITY OF CHICAGO
DEPARTMENT OF CHEMISTRY
RESEARCH REPORT NO. 1000
1955



RECEIVED
MAY 10 1955

THE COLLEGE PRAYER

We Praise thee O God that ever Thou didst bring us into the fellowship of the College. We give Thee thanks for the adventures in friendship and in knowledge that we have shared together, and pray that as we go on to fulfill our great vocation, the ties that bind us to Thee and to one another may grow stronger with the years.

Be Thou our teacher and guide, for it Thou dost teach us we cannot learn amiss, and if Thou dost guide us we cannot go astray. May we ever remember that it is in giving that we receive, it is in pardoning that we are pardoned, it is dying to self that we are born to life eternal.

So may we live in fellowship with Thee until all pure and just and noble things of God and men are precious to us and we find nothing worth seeking but that which is hateful in Thine eyes and nothing to fear but that which is precious to Thee, we pray in the Name of Jesus Christ, our Saviour.

-AMEN

COLLEGE SONG

Now Sing for YMCA college, let hearts and voices blend,
To celebrate her praises, whose fame shall have no end:
While fellowship makes holy, while eager hope elates,
And visioned youth come thronging, her spacious gates.

May victory descending o'er keep her banners bright,
And dye with new effulgence, our rare maroon and white
Bring fairness with thee winging and energy to dare,
Together shall be guardian her field so fair.

Earth wide may happy boyhood lift high its wand'ring eyes
Strong youth bring back the vision, of earthy paradise
To follow truth to wisdom nor faint thro' faltering fears,
Be this Thy task in India, thro' all the years.

PARTICULARS OF THE COLLEGE

(as per DCE E.No. 19447/pp 4/2000 dt 11.4.2000)

1. Name of the College with full postal Address:
YMCA College of Physical Education
No. 497, Annasalai, Nandanam, Chennai – 600 035.
2. Name of the Educational Agency:
The National Council of YMCAs of India,
Bharat Yuvak Bhavan, Post Box No. 14, Jai Singh Road,
New Delhi – 110001
3. Name of the members of the Board of Management Furnished in Page No.4
4. College Telephone No. : 044 – 24344816
5. Website : www.ymccollege.ac.in
6. Name, Address and Telephone No. of the Chairman
Hon. Justice Kurian Joseph (Retd.)
Chairman
YMCA College, Nandanam,
Chennai – 600 035, Ph: 044 – 2434 4816
ymcanandanam1920@gmail.com
7. Name, Address and Telephone No. of the Correspondent & Secretary
Mr. J. Benjamin Franklin
Staff Quarters, YMCA College
Phone : Off : 044 – 2981 9569
E.mail : ymcanandanam1920@gmail.com
8. Name, Address and Telephone No. of the Principal
Dr. George Abraham
Staff Quarters, YMCA College
Phone : Off : 044 – 2981 9569
E.mail : profgeorgeabraham@gmail.com
9. Year of establishment : 1920
Autonomous College Since 1986
Accredited by NAAC in 2003
Reaccredited by NAAC in 2012
10. **Course Offered : (Regular)**

Ph. D	Part Time and Full Time
M.P.Ed.	Full Time – Two Years
B.P.Ed.	Full Time – Two Years
B.P.E.S.	Full Time – Three Years
D.P.Ed.	Full Time – Two Years

Evening College
M.Sc., Fitness, Exercise Rehabilitation and Nutritional Care – Two Years
P.G.D.S.C (Cricket, Tennis Swimming) – One Year
11. Details of Teaching and Non Teaching Staff : Furnished in Page Nos. 5-8

Members of the Board of Management
YMCA College of Physical Education
Chennai – 600 035.

1. **Hon. Justice Kurian Joseph (Retd.)**
Chairman

2. **Mr. J. Benjamin Franklin,**
Correspondent & Secretary

3. **Mr. V. K. Varghese**
Treasurer

4. **Hon. Justice Jacob Benjamin Koshy (Retd.)**
National President, NCYI
Member

5. **Mr. Bertram Devadas**
National General Secretary, NCYI
Member

6. **Mr. R.S. Shettian**
Treasurer, NCYI
Member

7. **Mr. Johnson .K**
Member

8. **Mr. Jose Rabi Wilson**
Member

9. **Mr. N.T.N. Gideon Thangaraj**
Member

10. **Mr. Asir Pandian. P**
President AOS, GS-CEO,
YMCA Madras
Member

11. **Er. Vincent Sahaya Raj**
Member

12. **Mr. Varghese K. Moolan**
Member

13. **Dr. Sathiah**
Alumni Representative Member

14. **Dr. George Abraham**
Principal, Ex-officio

Regular Invitees:

1. **Dr. Subramanian**
Technical /Scholastic

2. **Dr. Johnson Premkumar**
Staff Representative

3. **Mr. Jacob Koshy**
Vice Chairman, NCYI

4. **Mr. Vincent George**
Regional Chairman, SIR of YMCAs

5. **Mr. Rajjiv George**
Administrator & Estate Manager

6. **Mr. A. Manohar Sam**
Regional Secretary, SIR of YMCAs

7. **Mr. C. A. Sen George** FCA
Internal Auditor

8. **Mr. T. John Sudarshan**
Executive Secretary, NCYI

9. **Mrs. E. Ponrani**
Headmistress
YMCA College Sports HSS

ADMINISTRATION

Hon'ble Justice Kurian Joseph (Retd.), *Chairman*
 Mr. J. Benjamin Franklin, *Correspondent & Secretary*
 Mr. Rajjiv George, *Administrator & Estate Manager*
 Mr. T. John Sudarshan, *Executive Secretary, NCYI*
 Mr. S. Jegan, *Project Secretary, NCYI*

PRINCIPAL

Dr. George Abraham, M.A.(Economic) M.A.(Population Studies) M.Sc. (Yoga) M.B.A(H.R.M)
 M.S.W, M.P.E.S., M.Phil, Ph.D, P.G.D.Y, P.G.D.H.M., P.G.D.F.M., P.G.D.H.R., P.G.D.P.A., A.D. Acu.,

TEACHING STAFF (AIDED)

Physical Education

Dr. (Mrs.) K.Jothi

M.Sc, M.P.E., M.Phil, Cert in Aerobics, N.I.S. (Cert in Gymnastics), Ph.D.

Asso. Prof.

Dr. S. Johnson Premkumar

M.A., M.P.Ed, M.Phil, B.M.S, P.G.D.Y, N.I.S.(Cert in Hand ball) Ph.D.

Asst. Prof. (Selection Grade)

Dr. J Jackson Sutharsingh

M.P.Ed., M.Phil, N.I.S. (Football), Ph.D.

Asst. Prof. (Selection Grade)

Dr. J. Glory Darling Margaret

M.P.Ed, M.Sc., (Cert in Aerobics), N.I.S. (Cert in Athletics), Ph.D.

Asst. Prof. (Selection Grade)

Dr. S. Gladly Kirubakar

M.P.Ed, M.Phil, MBA, P.G.D.C.A., N.I.S. (Cert in Tennis), N.I.S. (Cert in Cricket), Ph.D. Asst. Prof. (Selection Grade)

Dr. S. Jerome David

M.A., B.M.S, M.P.Ed, M.Phil, N.I.S. (Cert in TT and H.F.M.), Ph.D.

Asst. Prof.

Dr. E.Simon Jesudass

M.P.E.S., M.Phil., Ph.D.,

Asst. Prof.

Dr. S. Abraham Davidson

M.A., M.P.Ed, M.Phil., Ph.D.,

Asst. Prof. (Senior Scale)

Mr. M. Felix Arokkiaraj

M.P.Ed., M.Phil., N.I.S. (Cert in Cricket), P.G.D.N

Asst. Prof. (Senior Scale)

Dr. A. Merlin Thanka Daniel

M.P.Ed., M.Phil., N.I.S. (Volleyball) Ph.D.

Asst. Prof.

Library

Dr. R. Prabhu

M.L.I.S., M.Phil., Ph.D.

Librarian(Senior Scale)

Sports Medicine and Physiotherapy

Dr. Prince Boaz Edwin

M.D. (Physician), Diploma in Football Medicine (FIFA)

Medical Officer

Mr. K. Mugil

M.P.T.(Sports), PG Diploma(Aerobics), P.G.D.Y.T.

Physiotherapist

TEACHING STAFF (SELF FINANCE)

Physical Education

Dr. J. Samuel Jesudoss

M.P.Ed., M.Phil., P.G.D.So., N.I.S. (Cert in Volleyball), Ph.D., PGDY

Asst. Prof.

Dr. Pon. Anbarasu

M.Com., M.Sc.(Yoga), M.Sc.(Yoga Therapy), M.P.Ed., M.Phil., P.G.D.S.F.,
N.I.S. (Cert in Tennis) N.I.S. (Cert in Hockey), Ph.D.

Asst. Prof.

Dr. J. James

M.A.,(Eng) M.Sc.(Yoga), P.G.D.C.A., P.G.D.F.M., P.G.D.S.F., C.F.A.I.S.T.E.,
P.G.D.A.I., L.L.B., P.G.D.M.D.P.N., M.P.Ed., M.Phil., H.W.B., Ph.D.,

Asst. Prof.

Mr. B. Praveen Doss

M.P.Ed., M.Phil., N.I.S. (Cert in HandBall),

Asst. Prof.

Dr. K.Karthikeyan

B.A.(Eco), M.P.Ed., M.Phil., PGDY, N.I.S. (Cert in Athletics), Ph.D.

Asst. Prof.

Dr.J. Komala

M.P.Ed., M.Phil., TTC, PGDY, Ph.D, PGDY, M.Sc.,(NET&SET)

Asst. Prof.

Dr. G. Bobby

M.P.Ed., M.Phil., M.Sc.(Yoga), M.Sc., (Psy) Ph.D.

Asst. Prof.

Dr. J. Jemil Priscillal

B.A. M.P.Ed., M.Phil., Ph.D.

Asst. Prof.

Dr. Merin Girija

BMS, M.A., M.Sc.(Yoga), M.P.Ed., Ph.D.

Asst. Prof.

Mrs. T. Mabelda

M.CA., M.Phil., M.Ed.,

Computer Trainer

Language

Dr. F. Zainabunissa Begum

M.A. B.Ed., M.Phil., Ph.D. (Hindi) Diploma in Translation

Hindi(Part-Time)

Mrs. T. Dhanusha Christy

M.A. B.Ed.,

English (Part-Time)

Mrs. R. Regi

M.A. M.Ed., M. Phil

Tamil (Part-Time)

Mrs. S. Karthiha

B.Com., DELF-B2

French (Part-Time)

NON-TEACHING STAFF (AIDED)

Assistant

Mrs. A. Punitha Kala Mary, B.Com,

Typist

Mrs.V. Latha, B.Com,

Junior Assistant

1. Mr. S. Martin Rajkumar, M.A.(His), M.A.(PS) M.L.I.S,

2. Mrs. C. Janet, B.Sc.,

Library Assistant

Mr. E. Kamalakannan

Office Assistant

1. Mr. S. Baskaran, (Selection Grade)

2. Mrs. K. Jeeva, (Selection Grade)

3. Mr. V. Mohanasundaram

4. Mr. K.V. Kannan

Gardener

Mr. S. Murugesan

Markers

1. Mr. M. Jalathaiyan (Spl. Grade)

2. Mr. S. John Peter

3. Mr. A. George

4. Mr. T. Wilson

5. Mr. M. Nagarajan

6. Mr. K. Sivamani

7. Mr. E. Vijaya Kumar

8. Mr. Yadavalli Prasad

9. Mr. Gandham David

Waterman

Mr. R. Joshua Ganesh

Watchman

Mr. C. Kondaiah

Life Guard cum Swimming Pool Cleaner

1. Mr. Addanki David
2. Mr. A. Manoj

Cleanliness Worker

1. Mr. A. Kondaiah, (Spl. Grade)
2. Mr. D. Rao

NON-TEACHING STAFF (SELF FINANCE)

Accounts Section

1. Mr. V. Rajesh, B.Com., M.B.A., *Accounts Officer*
2. Mrs. Divya Mary Danny, M.Com, *Assistant Accountant*
3. Mr. R.A. Ganesh Karthick, *Assistant Accountant*

Junior Assistants

1. Mrs. Sheela Rajakumari, B.A.

Personal Secretary to Principal

Mr. R. Arunkumar

Computer & Network Technician

Mr. R. Aswin, ITI

Work Supervisor

Mr. A. Sundaravadanan, B.Com.,

Mess Manager

Mr. D. Gladson Subakumar, M.A. Dip in Agriculture, Dip in Fisheries

Electrician

Mr. J. Shalin Solomon

Multi Tasking Staff

1. Mr. J. William Kary Ajay, B.A.(Eco)
2. Mr. Paul Saravanan, B.A., D.E.E.E.

Driver

Mr. P. Shiva

Cleanliness Workers

1. Mrs. S.Tamilarasi
2. Mrs. W. Rani

YMCA COLLEGE PROJECT - SPECIAL SCHOOL FOR DIFFERENTLY ABLED

1. Mrs. A. Sujatha, *Headmistress*
2. Mrs. P. Jeya, *Special Assistant*
3. Mr. S.J. Arul Murugan, *Special Assistant*
4. Mrs. V. Valli, *Care Taker*

VISION

**To prepare Physical Education Leaders
Of High Academic Calibre, with a holistic
Development of Body, Mind and Spirit
Nurtured with a strong commitment to serve
Humanity reflecting Christian Values**

THE LORD'S PRAYER

**Our Father, who art in heaven
Hallowed be thy name. thy Kingdom
Come. Thy will be done on earth as it
Is in Heaven. Given us this day our
daily bread, and forgive us our
trespasses, as we forgive those who
trespass against us. And lead us not
into temptation, but deliver us from
evil. For Thine is the kingdom the
power and the glory forever and ever.**

-AMEN

National Anthem

*Jana gana mana adhinayaka, jaya he
Bharatha bhagya vidhata
Punjaba Sind Gujarata Maratha
Dravida ukkala banga
Vindhya Himachala Yamuna Ganga
Uchhala Jaladhi Taranga
Tava Subha name jage,
Tava subha asisa mage,
Gahe tava jaya gatha
Jana gana mangala dayaka jaya he
Bharatha bhagya vidhata
Jaya he, Jaya he, jaya he,
Jaya jaya jaya jaya he !*

தமிழ்த்தாய் வாழ்த்து

நீராரும் கடலுடுத்த நிலமடந்தைக் கெழில் ஓழுகும்
சீராரும் வதனமெனத் திகழ்பரதக் கண்டமீதில்
தெக்கணமும் அதிற்சிறந்த திராவிடநல் திருநாடும்
தக்கசிறு பிறைநுதலும் தரித்தநறுந் திலகமுமே
அத்திலக வாசனைப் போல் அனைத்துலகும் இன்பமுற
எத்திசையும் புகழ்மணக்க இருந்தபெருந் தமிழணங்கே!
தமிழணங்கே!
உன் சீரிளமைத் திறம் வியந்து செயல் மறந்து வாழ்த்துதுமே !
வாழ்த்துதுமே !வாழ்த்துதுமே !

PREFACE

We welcome you to the fellowship of the college. It is our object to develop a worthy community dedicated to the pioneering work in the field of physical education and sports amongst our students and staff. We grow as we enable everyone around us to grow. The residential life at the college, is rewarding and enriching experience and may we learn to live most and serve best through physical education.



THE COLLEGE CREST

The college crest expresses its educational philosophy. The triangle in the crest symbolizes the aspects of the whole man. ATMAN, MANAS, SARIRAM (Spirit, Mind and Body). The triangle is enclosed by the circle representing harmonious blend of these aspects and union of the entire country to which the students commit to serve. The oil lamp in the centre is an expression of the idea that light is the kernel of life and growth.

From its founding in 1920 to the present, the YMCA College has pursued the goal of education of the complete man/woman and the service of all men and women.

The University Grants Commission and the University of Madras through the Government of Tamilnadu, Education Department conferred the status of AUTONOMY upon our college in the year 1986 by virtue of its reputed services to Humanity through Physical

education, Health education, Recreation and its Allied Science.

Since then, the college has been introducing and popularizing many new programmes by taking the lead in many pioneering ventures. In order to turn a creative and productive groups of leaders in physical education, sports and recreation, the college has now proposed a number of choices of subject as majors and activity options. The combination of our past experiences and our future thrusts and new vision would enable as a whole and thereby to stand first in serving the good cause of our nation.

To make use of the privilege of autonomy effectively, a team work is essential. This team consists of the College authorities from National Council of YMCAs of India, Chairman, Secretary, Correspondent, Principal, Staff, Students and Community Representatives. The University Grants Commission, Tamil Nadu Physical Education and Sports University, NCTE and Government of Tamil Nadu are strengthening our sources. The whole academic process in the college can be generated, designed and developed for the cause of students through an effective link between the above said partners. Autonomy means freedom. Here in our context most appropriately this freedom is used to suit to the learners need and to the "users" expectation, by offering courses of study designed by the academic team of the college. It need not be a rigid package but a flexible and innovative one to elevate the standard of the product and to upgrade their worthiness. The college has been accredited by NAAC with Grade 'A' in March 2003 and reaccredited by NAAC with Grade 'A' in 2012.

GENERAL COLLEGE RULES

1. College fees should be paid on or before the stipulated dates. Defaulters names will be removed from the rolls.
2. Fees once paid shall not be refunded to student, who leaves or discontinues on his or her own accord.
3. No fees shall be adjusted from the scholarship that a student may expect to receive.

4. COLLEGE WORKING HOURS

Practical	-	Morning 6.00 a.m. to 8.00 a.m.
Daily Worship	-	9.30 a.m. to 9.50 a.m.
Theory	-	10.00 a.m. to 1.00 p.m.
Practical	-	Evening 4.00 p.m. to 6.00 p.m.

(Christian students should attend worship regularly)

5. Students should report 5 minutes before the scheduled time for all classes. (Theory and Practicals)
6. Students who report late will be fined.

CERTIFICATE OF PROGRESS

Certificate of progress depends on regularity of attendance and performance in announced, unannounced tests and pre-semester examinations. A retest will be in exceptional cases of justified absence such as illness, official participation in games, etc. No retest will be permitted if prior permission is not obtained from the Principal.

ATTENDANCE AND LEAVE OF ABSENCE

1. Every student should attend all classes (theory and practical) regularly and punctually. Attendance will be taken in theory and practical classes of any kind prescribed by the college.
2. The Annual Certificate of attendance of progress required by the Government and the University for admission to Government and Semester examinations will not be granted, unless
 - (i) The Student has attended the required number of theory and practical classes as prescribed by the college, i.e., 90 percent of attendance in theory and practical classes for 90 working days in one semester.

- (ii) The Principal is satisfied about the students progress and conduct.
3. Leave is given for sickness and injury. Generally leave will not be granted for any other reason except in extraordinary circumstances.
 4. Application for leave should be made on the prescribed form and submitted to the Principal through the deputy wardens. No student should be absent himself / herself without a written leave letter duly sanctioned well in advance.
 5. Absence without leave during the working day shall be considered absent for one whole day for which he /she shall be asked to pay a fine of Rs. 50/- per day. If a student repeatedly absent himself or herself for any part of the classes, he/she may be asked to discontinue the course thereafter.
 6. If a student is absent for three successive days without prior permission / leave, his or her name will be removed from the rolls. Readmission of students may be done in genuine cases at the discretion of the Principal. In all such cases, the student has to pay a special readmission fee of Rs.2000/-
 7. Students who do not report on time on the reopening day will not be permitted to continue the course for any cause or reason.
 8. Students absenting themselves with / without a leave for one session in a day's programme will be marked as half a day leave / absent and students absenting themselves with / without a leave letter for more than one session will be marked as one day leave / absent.
 9. Medical and Fitness certificate should be produced (if the student has been hospitalized) on the day of reporting back at the college.
 10. Students who fall sick when they go home for weekend or holidays should send the leave letter along with Medical Certificate within two days to the Principal through the respective deputy warden and college Doctor/Physiotherapist. They should also bring the fitness certificate when they report to the college after recovery. If they fail to do so, leave will not be granted to them for their absence and they will not be permitted either to stay in the hostel or to attend classes thereafter.

GENERAL CODE OF CONDUCT

1. Students are expected to behave themselves within and outside college campus in such a way as to maintain the good name of the college as well as their own.
2. Students are expected to wear neat, decent and simple dress that conforms to the dress regulations laid down by the college. Students should be in proper uniform for the classes / programs as instructed by the Principal. Wearing lungi is not permitted in the class, mess hall, inside the college campus and particularly when they go out of the campus.
3. Silence should be maintained during library hours and while moving from class to library etc. In the class room perfect silence should be maintained.
4. Students shall not loiter in groups in the lobby or along the corridor, staircase, etc. or anywhere in the campus during college hours.
5. When students are free they are expected to go to the library or to the hostels, with the permission of the Principal or engage themselves silently in study.
6. Students should not leave the class without the permission of the staff concerned.
7. Students should cultivate the habit of reading notices (displayed on the college and hostel notice boards).
8. Students are forbidden to organize or attend any meeting in the college or collect money for any purpose without the prior written permission of the Principal.
9. Organized absence from classes and instigating the students to be absent or conducting strike is a serious breach of discipline for which the students may be dismissed from the college.
10. No students shall be taken part in any anti-social or subversive activities. No students shall be member of any organization or association not connected with the college, without prior written permission from the Principal. Students violating the rules are liable to be suspended or summarily dismissed from the college.

11. Smoking, drinking and gambling in the premises of the college is strictly prohibited.
12. Student should not throw waste paper or rubbish in class rooms or on roads. Writing on walls or on college furniture will be seriously dealt with. Such habits should not prevail in this college.
13. Classroom furniture should not be moved out without the permission of the staff concerned.
14. Good manners demand that every student should greet the members of staff on their first meeting of the day.
15. No student is allowed to enter college office and the staff rooms without permission.
16. Christian students should compulsorily attend morning chapel service at 9.30 a.m. on all working days, while others are welcome.
17. Disciplinary action will be taken for violating the rules of co-education of the college.
18. No Students shall be taken part in any physical abuse or manhandling. Violated students are liable to be suspended or summarily dismissed from the college.
19. Men and Women Students are not allowed to talk unnecessarily and frequently. Unprofessional interaction between men and women students are strictly restricted.
20. Violation of co-educational rules of the college will be strictly dealt with and the students involved are liable to be expelled from the college.

HOSTEL RULES

General

The College is completely residential for all the students. All students are expected to reside in their respective hostels.

Women's hostel area will be out of bounds for men and visitors. The Principal is the warden of the college men's and women's hostels. The hostels are managed by the deputy wardens under the supervision of the Principal.

HOSTEL RULES FOR MEN

1. Students should take care of the items of furniture supplied to them and also the water taps, electrical installation etc., any damage or loss of hostel property will be liable for recovery of its cost.
2. The hostel should always be kept clean and the properties of the hostel should be properly arranged and maintained.
3. Students are advised to avoid use of valuable things and keeping excess cash with them. They are advised to keep their boxes or suitcases always locked and to deposit excess money if any at the post office / savings bank. The college management will not be responsible for any loss.
4. Writing or pasting anything on walls, windows or doors are prohibited. Students found guilty of such acts will be severely dealt with.
5. Sanitary arrangements provided for the benefit of the students must be used properly.
6. Bathing near the wells or under the taps is prohibited. They can use only bathrooms.
7. Radio, Audio, Video System, Iron Box, Table fans and extra lamp should not be installed.
8. Guests are not allowed to stay overnight in the hostel unless prior permission is obtained from the deputy warden concerned.
9. Students shall not organize or address any meeting in the hostels without prior permission from the deputy warden.
10. Dhobies authorized by the college only may be engaged.
11. Both men and women students will observe perfect silence at their respective hostels from 9.00 to 10.00 p.m. on all days.
12. Lights in the room shall be put off by 10.00 p.m. Students are not permitted to stay outside the campus at night. Violations of these rules will be severely dealt with.
13. Roads and regular foot paths only should be used.
14. Students are not permitted to use mobile phones during the class hours (both theory and practical) in the college and silence hours in the hostel and the mess hall.
15. Students are not allowed to use any type of motor vehicles during their stay at the hostel.

LEAVE RULES

16. Students who are sick must report to the deputy warden along with leave application in the prescribed form.
17. Those who are sick and others who require medical help will have to report to the college medical officer between 2.30 p.m. and 6.00 p.m.
18. Leave for reasons other than being sick should be obtained from the Principal through the respective deputy wardens well in advance.
19. Students who leave the hostel for weekends should inform the wardens and obtain permission before they leave the hostel. The weekend permission cannot be extended.

DISCIPLINE & CONDUCT

20. Students should bear in mind that utmost discipline and order should be maintained during their stay in the campus. They should not disturb others by singing, whistling, shouting, etc., Shouting and passing remarks during any meeting or sports meet or any function are strictly prohibited. Pin drop silence should be maintained during functions.
21. Drinking and smoking are strictly prohibited and will be seriously dealt with.
22. Students must be in the hostel by 8.30 p.m. on all days. 'Late comers' will be severely dealt with and continued irregularity will lead to dismissal from the college.
23. College banians should not be worn outside the college limits except on special occasion.
24. During the working hours of the college, no student should be in the hostel except those who are sick and permitted by the deputy wardens and the Principal.
25. Prior permission of the principal through the deputy warden concerned should be obtained to leave the city limits.
26. The hostel committee should be responsible to look after the sanitation and cleanliness of room, etc.,
27. Growing long hair, beard and side bands are strictly prohibited for men students for any cause.
28. Students who do not pay their mess dues on time will not be

allowed to take food in the hostel mess.

29. Students should not enter the dining hall in athletic costumes or lungie. They should be properly dressed.
30. Students should bring their own plates and tumblers. Washing hands in the plate is forbidden in the dining hall.
31. Entry into the kitchen is strictly prohibited.
32. Students should not enter the dining hall before the bell and they will not served food after the mess is closed.
33. No private cooking is allowed in the room or the hostel premises.
34. Students are not allowed to have private arrangements with mess servants on any matter relating to mess.
35. Students are expected to leave the mess hall as soon as they finish their meals.
36. An orderly way of sitting is required and students shall not shout or make noise in the dining hall.
37. Food shall not be taken to the rooms for any reason without prior permission from the deputy warden.

Mess timing

	Timing
Break Fast	8.15 a.m. - 9.00 a.m.
Lunch	1.15 p.m. - 2.00 p.m.
Tea	6.30 p.m. - 7.00 p.m.
Dinner	8.00 p.m. - 8.45 p.m.

38. Students who wish to visit their native place, relatives' house friends' house on weekend / holidays should get permission from the deputy warden and should sign the register kept for this purpose in the hostels before they leave the college campus.

39. INDULGING IN RAGGING BY THE STUDENTS IS STRICTLY PROHIBITED. STUDENTS INDULGING IN RAGGING ARE LIABLE TO BE DISMISSED.

40. Students are expected to involve themselves actively in all National and International Days observed and celebrated at the College. Hundred percent attendance is expected.

HOSTEL RULES FOR WOMEN.

1. Women students are not permitted to go out of the campus, without permission from the deputy warden.
2. Students going out of the campus should sign the register kept with deputy warden, giving the particulars. Students will be permitted to go out in groups of three or four only.
3. Visitors (including the relatives) will be permitted only on Sundays between 12 noon to 6 p.m. Visitors should produce the visitors' cards (with photo) issued by the college whenever they visit their wards.
4. Students shall obtain permission to meet the visitors and necessary entry will be made in the visitors book maintained. Visitors should use only the visitors' entry and leave the campus by 6.00 p.m.
5. When women students go for the vacation only their parents should come and take their wards.
6. Students may leave the hostels for the chapel at 9.20 a.m. and for the theory classes only by 9.50 a.m. and return to the hostel by 1.15 p.m. after the theory classes. This should be strictly followed.
7. Students are expected to dress themselves always in decent dress befitting the teacher-trainees. Specified dress-code should be strictly followed by the students.
8. Women students are not permitted to visit the staff quarters without the prior permission of the deputy warden.
9. All the letters received or posted by the students are subject to censor if necessary, by the college authorities.
10. Violation of co-educational rules of the college will be strictly dealt with and the students involved are liable to be expelled from the college.

11. Students are specially warned not to keep large sum of money or jewellery with them in the hostel. Money should be deposited in the nearest savings bank.
 12. Students are not permitted to use electronic gadgets such as laptops, ipad and mobile phones and so on at the hostel and the college.
 13. Indulging in ragging by the students is strictly prohibited. Students indulging in ragging are liable to be dismissed.
 14. Women students who are sick or injured and others who require medical assistance are permitted to consult the college Medical Officer / Physiotherapists.
- N.B. : Other rules and regulations given for men are applicable to women also. Further detailed instructions will be displayed on the notice board, from time to time.

IMPORTANT

1. A student has to pay a fine of Rs.250/- on the first day and thereafter Rs.50/- per day if he or she does not report on time on the reopening day after vacation.
2. If any student is absent for three successive working days, his/her name will be removed from the roll. In all such cases, the students has to pay special readmission fee Rs.2000/-
3. A Student will be fined Rs.50/- if he or she is absent without permission during week-ends.
4. Students will be suspended or may be dismissed from the college for any serious violation of hostel rules.

LIBRARY

The college has a library with new books and magazines in physical education and recreation and other related subjects of study. Students are advised to make the best use of the library. College library is primarily a reference library.

Library Hours: The library will remain open from 9.00 a.m. to 1.00 p.m., 2.00 to 4.00 p.m. and 7.00 to 9.00 p.m. on all weekdays.

The library will remain closed on all holidays and during vacation.

Only sheets of paper or one exercise note book can be taken inside the library for taking notes.

During the regular library periods students shall be present in the library, until the period is over.

Writing in books, magazines etc., tearing of pages, drawing diagrams and figures on the pages, will be seriously dealt with.

All students are individually and collectively responsible for the safety of the books.

Cost of books if lost or damaged will be recovered from the entire students body. Students found in possession of library books are liable to be dismissed.

The librarian will always be present in the library to help and guide the students.

Other rules will be exhibited on the bulletin board from time to time.

SPECIAL FEATURES OF TRAINING

In order to ensure the wholesome development of the students, the college provides opportunities for the students to engage in Curricular, Co-Curricular, Extra-Curricular and Extension activities. These include:

TEACHING PRACTICE / INTERNSHIP

Practice teaching occupies a key position in the physical education teacher training programme. It is a culminating experience in teacher preparation. It provides opportunity to beginning teachers to become socialized into the profession. Teacher education is the mean of preparing professional physical education teachers. Practice teaching of teachers is key to quality enhancement of school education. Teaching practice / internship is a period that a student teacher spends teaching at a school as part of his or her training. In order to evaluate the teaching practice supervisor observe the student teacher while teaching in the classroom. Supervisor evaluates / observes the punctuality, lesson planning, teaching methods, use of teaching aids, adequacy of teaching aids, pitch of voice, dress, start and end of lesson, interest of the students, discipline of class, students teachers' lesson plan notebooks and objectives of the lesson.

ANNUAL LEADERSHIP TRAINING CAMP

Leadership Training Camp is a hands-on, experiential learning camp that focuses on problem-solving, collaboration, citizenship, leadership and followership. Leadership qualities may be inborn, but the YMCA College takes great pride in nurturing and honing them through various activities. In the Annual Leadership Training Camp students are exposed to camp in the outdoors and experience challenges that are exhilarating yet strengthen the will and the mind. Leadership Training Camp at the college is the opportunity for the teacher trainees to challenge thinking, set personal goals and reflect on their own personal growth and development. Leadership Training Camp is designed to challenge the teacher trainees both physically and mentally in order to strengthen their inner core and mettle. These Leadership camp empower teacher trainees to succeed and teach valuable skills of collaboration, critical thinking, problem solving, citizenship, leadership along with some basic survival techniques.

INTRAMURAL COMPETITIONS

Intramural Programme is an interesting phase of the training programme at the college. Intramural competitions in all major games and sports are conducted throughout the training period on Wednesday evenings and also in some special days.

The men will be divided into eight houses and the women into four houses.

These competitions are conducted by a committee consisting of the Intramural Directors, Intramural Secretaries, Joint secretaries, the captains and vice-captains of various houses for men & women separately.

Tournaments will be conducted on league or knock-out basis. The intramural champions will be decided on point system of scoring.

The details of rules and regulations of the competitions will be formulated by the Intramural committee.

STUDENTS COUNCIL

Social, Religious, Cultural, Recreational, Project & Literacy activities of the students will be looked after by the students' council. The committee will consist of a Secretary, Joint Secretary and members of Social, Religious, Cultural, Recreational, Project & Literacy activities.

The class representatives are nominated by the students on class basis and selected by the staff. The students' council will be assisted and guided by the warden and deputy wardens.

The constitution regulations and the functioning of the students council will be explained by the Principal and the staff advisor deputy and sub wardens.

COMPUTER EDUCATION

The college has a well equipped air-conditioned computer lab. Computer courses are offered to all the students on important software application programmes by qualified staff from YMCA College of Physical Education, Chennai. Merit certificates are awarded by the college to students who successfully complete the requirements of the computer courses. Browsing facilities are also open to students as per the students' working hours. Computer lab is facilitated with a language lab.

OPTIONAL COURSES

The college, under autonomy, offers optional practical courses for all the students on every Saturday morning in Bharathiam, Boxing, Yoga, Orientation and Mobility training, Gym Instructor Training, Karate, taichi and Silambam.

ADD-ON COURSES

The college, under autonomy, offers add-on courses for all the students. The college offers following courses for the students Fitness Management, Event Management, Sports Nutrition, Soft Skills, Special Olympics & Adventure Sports and Sports Therapy & Rehabilitation. Students can opt for anyone course of study in an academic year.

RESEARCH CENTRE

The Tamil Nadu Physical Education and Sports University has offered a status of a Research Centre to the college, which is functioning with 15 Research Laboratories.

There is a Resource Centre attached to the Research Centre which is funded by UGC.

PROJECT SPORTS MEET / INTER CLASS COMPETITIONS

Students are encouraged to develop leadership qualities and gain valuable experience in organisation and administration of sports events by conducting projects sports meets and inter class competitions.

PROJECT OF THE COLLEGE

1. Mark Buck Project for the Differently Abled

Project Physical Education for the visually Disabled was started in the year 1982 by YMCA College of Physical Education and funded by Christoffel Blinden Mission till 2002. Now it is funded by YMCA College of Physical Education and named as Mary Buck Project for the Differently Abled. Prof. S. Jaimithra invented Volleyball, Kabbadi, Kho-Kho, Tennis and Table Tennis for the Visually disabled in the year 1983.

Project offers the following services:

- * Teaching O & M
- * Adapted Games
- * Daily living skill
- * Organising Seminar

2. YMCA School for Intellectual Disabilities

YMCA Special School for mentally challenged children was started in June-2006. There are some special children now. The school

functions with volunteers, helpers and attenders to serve the needs of special children. The special school offers the following services.

- Special Education
- Integrated Education
- Sustained and durable behavior management therapy
- Physiotherapy
- Adapted sports and games
- Recreation Therapy such as Aqua therapy, Yogasana, Gymnastics & Calisthenics

The school adopts new educational techniques and novel teaching strategies based on modern educational psychology principles.

3. FFAMY (Fitness Foundation Academy)

Fitness Foundation Academy is a service oriented of YMCA College of Physical Education. It renders commendable service in providing fitness to the community at large. It has its aim of working as a 'Rehabilitation Centre' to the public in general and for Athletes / Players in particular FFAMY concentrates on extension services by providing fitness oriented programmes like GYM Instructor, Aerobics and Sports Injury Management Courses. Provides internship programme for physiotherapy students of various institutions.

The college offers various programmes towards fitness to the society through, Women Fitness Centre and Multi Gym.

COLLEGE SCHOLARSHIPS

Buck Memorial Scholarship

About 20 scholarships are awarded to students who are poor and whose parents' income is low. Each deserving student will be given Rs.5000/- as scholarship.

Dr. Amritkumar R. Moses Memorial Scholarship

There are two scholarships of Rs.1,500/- each for M.P.Ed. and B.P.Ed. students who secured high percentage of marks in:

(a) M.P.Ed (Final Year)

(b) B.P.Ed. (Final Year)

(Only at the end of the final year, the scholarship will be given)

Dr. Kirubakaran Memorial Scholarship

This scholarship is awarded to the student who is outstanding in Hockey.

Cash Awards for Sports Achievers

All India Inter University / Inter State / National approved Competition position

I Position: Rs. 30000/-

II Position : Rs. 20000/-

III Position : Rs. 10000/-

Representing Country by approved Associations / Federation Rs. 50000/-

The students who are participating Inter University / National Competitions Rs. 1000 each student

NET /SET Qualifying students during the course of study : Rs. 5000/-

Fees Concession and Wave for Students.

Those who are getting Gold Medal at National level would get 100% mess fees wave and Silver or Bronze medalist would get 50% mess fees wave.

- i. Sports quota admission at UG & PG level would be practiced and they would also be availing the scholarship.
- ii. All those Medal Winners should have participated in the recognized association at Junior or Senior level.

VARIOUS COMMITTEES

1. Anti Ragging Redressal Committee

Dr. George Abraham, Principal (Convenor)
Two Senior Faculties
Deputy Warden (Women)
Deputy Warden (Men)
4 Students' Representatives (2Men + 2Women)
Overseas Students' Representative
Local Inspector of Police (Special Invitee)

2. Disciplinary Committee

Dr. George Abraham, Principal (Convenor)
Dr. S. Johnson Premkumar
Dr. J. Jackson Sutharsingh
Dr. J. Glory Darling Margret
Dr. E. Simon Jesudoss
Dr. S. Abraham Davidson
Deputy Warden (Men)
Deputy warden (Women)
Mr. K. Mugil, Medical Doctor/Physiotherapist(Special Invitee) and
all sub wardens

3. Purchase Committee

Mr. Benjamin Franklin, Correspondent & Secretary
Dr. George Abraham, Principal
Mr. Rajjiv George, Administrator & Estate Manager
Mr. T. John Sudharsan, Executive Secretary, NCYI
Mr. Jegan, Project Secretary, , NCYI
Dr. K. Jothi, Associate Professor
Dr. S. Johnson Premkumar, Assistant Professor
Dr. J. Jackson Sutharsingh Assistant Professor
Dr. J. Glory Darling Margaret Assistant Professor
Dr. Karthikeyan, Assistant Professor

Mr. B. Praveen Doss, Assistant Professor
 Dr. J.Jemil Priskillal, Assistant Professor
 Mrs. Dhanusha Christy
 Students Representative - Mess Secretary
 Students Representative - Students Council

4. Admission Committee

Mr. Benjamin Franklin, Correspondent & Secretary
 Dr. George Abraham, Principal (Convenor)
 Dr. K. Jothi Dayanandan
 Dr. S. Johnson Premkumar
 Dr. J. Jackson Sutharsingh
 Dr. J. Glory Darling Margaret
 Concern Staff In-Charge for Admission

5. Internal Complaints Committee is functioning in the college with - Dr. J. Glory darling Margret, Asst Professor as Presiding Officer

Ph : 9444886080 email: jdmargaret@yahoo.com

6. Staff In-charge for Admission

Course of Study

Dr. S. Gladly Kirubakar	MPEd
Dr. E. Simon Jesudoss	BPEd
Dr.J. Samuel Jesudoss	DPEd
Dr. S.Jerome David	B.M.S
Mr. M. Felix Arokkiaraj	BPES
Dr. A. Merlin Thanka Daniel	M.Sc., P.G.Dip

7. Nodal Officer Committee for SC/ST Cell

Mr. B. Praveen Doss, Assistant Professor 9444868415

8. Nodal Officer Committee for Minority Cell

Dr. S. Johnson Premkumar, Assistant Professor 9444313687

9. Nodal Officer Committee for OBC Cell

Dr. S. Gladly Kirubakar, Assistant Professor 9940412283

YMCA College Of Physical Education Staff Responsibilities 2022-2023

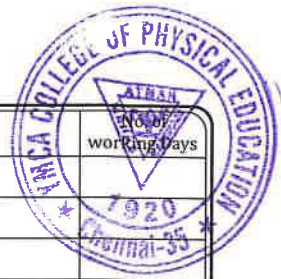
Staff Members	Responsibilities
Dr. George Abraham	Chief Controller of Examinations Chief Editor-Journal, News Letter, College Magazine. Director- Research Center, Resource Center, Examination Cell. Director of Academic Affairs, Workshop, Seminar, Conference Webinar and Sports Academies. Chairman of Internal complaint cell. Internship Director, Warden for Men & Women Hostel.
Dr. Jothi Dayanandan	IQAC coordinator, Camp Director, Admission Committee member, Anti-Ragging Redressal Committee Member, Journal Editorial board Member. Disciplinary committee member.
Dr. S. Johnson Premkumar	Academic Council Convener, Admission Committee member, In-charge for Syllabus. Disciplinary Committee member, Kinesiology Lab In-charge, Anti Ragging Redressal Committee Member, Programme Coordinator for the Project for the Disabled. Journal editorial board member.
Dr. J. Jackson Sutharsingh.	Staff Council Secretary, Board of Studies Convener, College Journal Editor. Coordinator for Teaching Practice, Coaching Lesson and Internship. Anti-Ragging Redressal Committee member, Admission Committee member, Disciplinary Committee member. Member of internal complaint cell.
Dr. J. Glory Darling Margaret	Controller of Examinations, Presiding officer of the Internal Complaint Cell. Rortract Club in charge, Anti-ragging Redressal Committee member. Sports Psychology lab in charge, Disciplinary Committee member. Admission Committee member. Journal editorial board member.
Dr. S. Gladly Kirubakar	Theory Coordinator. Editor of College Calendar, College Chaplin, In charge for Exercise Physiology

Staff Members	Responsibilities
Dr. Jerome David. S	lab, Anti-ragging Redressal Committee member. Journal editorial board member. Class Registrar of BMS In-charge for Record Books, Teaching Practice & Coaching Lesson Note Book, Music Therapy Lab In-charge, Press and Media in-charge. In-charge for Trophies.
Dr. E. Simson Jesudass	Extramural Director, Journal editorial board member. Disciplinary committee member. Exercise Physiology Lab In-charge.
Dr. S. Abraham Davidson	In-charge for Picnic, Placement cell Coordinator, Journal Editorial board Member, Disciplinary committee member. Anatomy and Physiology Lab in charge. Class Registrar & Attendance in-charge of M.PEd -II Year.
Mr. M. Felix Arokkiraj	Practical Coordinator. Coordinator for online programme. Biomechanics Lab In-charge. Class Registrar & Attendance in-charge of M.PEd -I Year.
Dr. A. Merlin Thanka Daniel	NSS Coordinator, Secretary of YMCA College Alumni Association, field visits. Class Registrar & Attendance In charge of BPEd II Year-A. Test & Measurement Lab In-charge.
Dr. Prince Boaz Edwin	College Medical Officer, In-charge for General Health Checkup, In-charge for health awareness program. In-charge for Sports Medicine & Nutrition Lab, Disciplinary Committee member, In-charge for Clinic & Sports Physiotherapy Center.
Dr. R. Prabhu	In-charge for Library, Resource Center, Library Visits & Video Conferencing, In charge of AIACHE, Rrotract Club. Editor News Letter, Journal Editorial Committee Member. In charge of college website & online publications.

Staff Members	Responsibilities
Mr. K. Mugil.	Sub Warden (Men). In-charge for General Health Checkup, In-charge for health awareness programme. In-charge for Sports Medicine & Nutrition Lab, Disciplinary Committee member, In-charge for Sports Physiotherapy Center.
Dr. J. Samuel Jesudoss	Optional Course Coordinator, In-charge for Store, Equipment & Markers, ID card In-charge, In-charge for Test & measurement lab. Class Registrar & Attendance In charge - BPEd II Year-B.
Dr. Pon Anbarasu	In-charge of Add on Course, Assistant Practical coordinator. In charge for sports exhibition, In charge for remedial & bridge course. In charge of Yoga lab, In-charge for sports quiz. In charge of extension activities. Class Registrar & Attendance In charge of B.PEd I Year - A.
Dr. J. James	In charge for National Days & Special Days Celebrations, In-charge for Chairs & Stage arrangements, Adventure Sports, extension activities, In-charge for fitness Therapy lab, In-charge for Advertisement. In charge for VPP. Class Register & Attendance In charge of BPEd I Year -B.
Mr. B. Praveen Doss	Sub Warden (Men). In charge of students Uniform (Men), Intramural coordinator, In- Charge for Test & Measurement lab, Editorial committee member of college magazine. Extension Activities, In charge for Trophies. In Charge for Student Council & literacy, Society & Cultural programme (Men). Class Registrar & Attendance In charge of BPES III Year.
Dr. K. Karthikeyan	Deputy Warden (Men). Disciplinary Committee Member, Evening college coordinator. Editor of college magazine. In-charge for Student Council & literacy, Society & Cultural Programme (Men), In-charge for Officiating (Students), In charge for Net/Set training, Sports Psychology Lab-In-charge.
Dr. J. Komala	Intramural Director (Women), In charge for Students General assembly. In charge of students Uniform

Staff Members	Responsibilities
Dr. G. Bobby	(Women). Class Registrar & Attendance In charge for BPES - II year, In-charge for Yoga Lab, In-charge for distribution of YMCA rules book. In charge of DPED Examinations. In charge of Uni Y, In charge for Students General Assembly & Sports News, In-charge for Class room & Staff room technology, In-charge for Band Group, Photography & Exhibition activities. Class Registrar & Attendance In charge for BPES - I Year, In charge of Fitness Therapy lab.
Dr. Jemil Priskillal	Deputy Warden (Women), In charge of Uni Y, Class Registrar & Attendance in- charge for DPED- II Year, in Charge for Student Council, Editorial committee member of college magazine, Literacy Society & Cultural Programme (Women), In charge for officiating (Women Students), Disciplinary committee member, Exercise Physiology lab incharge. Member of internal complaint cell.
Dr. V. Merin Girija	Class Registrar & Attendance in charge for DPED-I Year. In-charge for Audio Visual & Exhibitions. Extension Activities, In charge for distribution of students' uniform (Women), In charge of Fitness Therapy lab & Music therapy lab.
Mrs. T. Mabelda	Computer Faculty, In-charge for Computer Lab, In-charge for College Website, in charge for online Programme/classes, In-charge for Students attendance software.
Dr. Zainabunissa Begum	Part-time Hindi Faculty, Language Lab in charge, Student Councilor.
Mrs. T. Dhanusha Christy	Part-time English Faculty, Language Lab in charge. In charge of Bridge Course. Content writer, in charge for virtual programme.
Mrs. R.Reji	Part-time Tamil faculty, Language Lab in charge, Student Counselor.
Mrs. S. Karthiha	Part-time French faculty, Language Lab in charge,

CALENDAR 2022 - 2023



Date	Day	June 2022
1	Wednesday	
2	Thursday	
3	Friday	
4	Saturday	
5	Sunday	Holiday
6	Monday	
7	Tuesday	
8	Wednesday	
9	Thursday	
10	Friday	
11	Saturday	
12	Sunday	Holiday
13	Monday	
14	Tuesday	
15	Wednesday	
16	Thursday	
17	Friday	
18	Saturday	
19	Sunday	Holiday
20	Monday	College Reopens - Staff Retreat
21	Tuesday	International Yoga day
22	Wednesday	
23	Thursday	International Olympic Day
24	Friday	
25	Saturday	
26	Sunday	Holiday
27	Monday	
28	Tuesday	
29	Wednesday	
30	Thursday	
Total No. of working days =		

He said to me, "You are my servant, Israel, in whom I will display my splendor." (Isaiah 49:3)

CALENDAR 2022 - 2023

Date	Day	July 2022	No. of working Days
1	Friday		
2	Saturday		
3	Sunday	Holiday	
4	Monday		
5	Tuesday		
6	Wednesday		
7	Thursday	BPES & DPed Selection trials 2022	
8	Friday	BPES & DPed Selection trials 2022	
9	Saturday		
10	Sunday	Holiday	
11	Monday	MPed Selection trials 2022	
12	Tuesday	MPed Selection trials 2022	
13	Wednesday	BPEd Selection trials 2022	
14	Thursday	BPEd Selection trials 2022	
15	Friday		
16	Saturday		
17	Sunday	Holiday	
18	Monday	MPed II, BPEd II, BPES III, BPES & DPED class starts	1
19	Tuesday		2
20	Wednesday		3
21	Thursday		4
22	Friday		5
23	Saturday	Holiday	
24	Sunday	Holiday- Founder Principal H.C. Buck memorial day	
25	Monday		6
26	Tuesday		7
27	Wednesday		8
28	Thursday	44th International Chess Olympiad Inauguration Declared Holiday	
29	Friday		9
30	Saturday	Holiday	
31	Sunday	Holiday	

Total No. of working days =9 (For II & III Years)

For great is his love toward us, (Psalm 117:2)

CALENDAR 2022 - 2023

Date	Day	August 2022	No. of working Days
1	Monday	Class starts for first year MPED, BPED, BPES & DPED Freshers Day - 2022-2023	1
2	Tuesday		2
3	Wednesday		3
4	Thursday		4
5	Friday		5
6	Saturday	Holiday	
7	Sunday	Holiday	
8	Monday		6
9	Tuesday	Muharram-Holiday	
10	Wednesday	Intramural Group Division	7
11	Thursday		8
12	Friday	Talent Night	9
13	Saturday	Holiday	
14	Sunday	Holiday	
15	Monday	Independence Day - Holiday	
16	Tuesday		10
17	Wednesday		11
18	Thursday		12
19	Friday	Krishna Jayanthi - Holiday	
20	Saturday		13
21	Sunday	Holiday	
22	Monday	Student Association Office bearer Selection & Inauguration	14
23	Tuesday		15
24	Wednesday		16
25	Thursday		17
26	Friday	Student's Picnic	18
27	Saturday	Compensated working day for 28.07.2022	19
28	Sunday	Holiday	
29	Monday	National Sports Day	20
30	Tuesday		21
31	Wednesday	Vinayagar Chathurthi - Holiday	
Total No. of working days =21			

Let perseverance finish its work so that you may be mature and complete,
not lacking anything (James 1:4)

CALENDAR 2022 - 2023

Date	Day	September 2022	No. of working Days
1	Thursday		1
2	Friday		2
3	Saturday		3
4	Sunday	Holiday	
5	Monday	Teacher's Day	4
6	Tuesday		5
7	Wednesday	First CA	6
8	Thursday	Onam - Holiday	
9	Friday	First CA	7
10	Saturday		8
11	Sunday	Holiday	
12	Monday		9
13	Tuesday		10
14	Wednesday		11
15	Thursday		12
16	Friday		13
17	Saturday		14
18	Sunday	Holiday	
19	Monday		15
20	Tuesday	Buck Memorial Sports Festival	16
21	Wednesday	Buck Memorial Sports Festival	17
22	Thursday	Buck Memorial Sports Festival	18
23	Friday	Buck Memorial Sports Festival	19
24	Saturday		20
25	Sunday	Holiday	
26	Monday		21
27	Tuesday		22
28	Wednesday		23
29	Thursday		24
30	Friday		25
Total No. of working days =25			

But as for me, it is good to be near God. (Psalms 73:28)

CALENDAR 2022 - 2023

Date	Day	October 2022	No. of working Days
1	Saturday	Holiday	
2	Sunday	Gandhi Jayanthi - Holiday	
3	Monday	Declared Holiday	
4	Tuesday	Ayutha pooja - Holiday	
5	Wednesday	Vijayadasami - Holiday	
6	Thursday		1
7	Friday		2
8	Saturday		3
9	Sunday	Holiday - Milad-un- Nabi	
10	Monday		4
11	Tuesday		5
12	Wednesday		6
13	Thursday	Second CA	7
14	Friday	Second CA	8
15	Saturday	World white cane day (compensating 3rd october)	9
16	Sunday	Holiday	
17	Monday		10
18	Tuesday		11
19	Wednesday		12
20	Thursday		13
21	Friday		14
22	Saturday	Holiday	
23	Sunday	Holiday	
24	Monday	Deepavali -Holiday	
25	Tuesday		15
26	Wednesday		16
27	Thursday		17
28	Friday		18
29	Saturday		19
30	Sunday	Holiday	
31	Monday		20
Total No. of working days = 20			

In my distress I called to the LORD, and he answered me. (Jonah 2:2)

CALENDAR 2022 - 2023

Date	Day	November 2022	No. of working Days
1	Tuesday	MPED I year model sports meet	1
2	Wednesday	All soul's day	2
3	Thursday		3
4	Friday		4
5	Saturday		5
6	Sunday	Holiday	
7	Monday		6
8	Tuesday	BPED II A Projects sports meet	7
9	Wednesday		8
10	Thursday	Third CA	9
11	Friday	Third CA	10
12	Saturday		11
13	Sunday	Holiday	
14	Monday		12
15	Tuesday	BPED II B Projects sports meet	13
16	Wednesday		14
17	Thursday	Internal Coaching Lesson / Teaching Practice	15
18	Friday	Internal teaching practice	16
19	Saturday		17
20	Sunday	Holiday	
21	Monday		18
22	Tuesday	Pre Semester Examination	19
23	Wednesday	Pre Semester Examination	20
24	Thursday	Pre Semester Examination	21
25	Friday	Pre Semester Examination - Founder H.C.Buck Birthday	22
26	Saturday		23
27	Sunday	Holiday	
28	Monday		24
29	Tuesday	Semester Examination	
30	Wednesday	Semester Examination	

Total No. of working days = 15(For II nd & III years) & 24(For Ist years)

Produce fruit in keeping with repentance. (Matthew 3:8)

CALENDAR 2022 - 2023

Date	Day	December 2022	No. of working Days
1	Thursday	Semester Examination	
2	Friday	Semester Examination	
3	Saturday		
4	Sunday	Holiday	
5	Monday	Even Semester class starts MPEd, BPEd, BPES and DPEd.	1
6	Tuesday		2
7	Wednesday		3
8	Thursday		4
9	Friday		5
10	Saturday	Holiday	
11	Sunday	Holiday	
12	Monday		6
13	Tuesday		7
14	Wednesday		8
15	Thursday		9
16	Friday		10
17	Saturday	Holiday	
18	Sunday	Holiday	
19	Monday		11
20	Tuesday		12
21	Wednesday	Christmas Carols	13
22	Thursday		14
23	Friday	Semester Break - Holiday Starts	
24	Saturday	Holiday	
25	Sunday	Holiday - Christmas	
26	Monday	Holiday	
27	Tuesday	Holiday	
28	Wednesday	Holiday	
29	Thursday	Holiday	
30	Friday	Holiday	
31	Saturday	Holiday	

Total No. of working days =14

He answered our prayer (Ezra 8:23)

CALENDAR 2022 - 2023

Date	Day	January 2023	No. of working Days
1	Sunday	Holiday - New Years Day	
2	Monday		
3	Tuesday		
4	Wednesday	College reopens after Christmas Holidays	1
5	Thursday		2
6	Friday		3
7	Saturday	Holiday	
8	Sunday	Holiday	
9	Monday		4
10	Tuesday	Leadership training camp	5
11	Wednesday	Leadership training camp	6
12	Thursday	Leadership training camp	7
13	Friday	Leadership training camp	8
14	Saturday	Leadership training camp	9
15	Sunday	Holiday Pongal	
16	Monday	Uzhavar thirunal - Holiday	
17	Tuesday	Kaanu pongal - Holiday	
18	Wednesday	Declared Special Holiday	
19	Thursday		10
20	Friday	First CA	11
21	Saturday	First CA- Working Day	12
22	Sunday	Holiday	
23	Monday		
24	Tuesday		13
25	Wednesday	National voters day	14
26	Thursday	Republic Day - Holiday "	15
27	Friday		
28	Saturday		16
29	Sunday	Holiday	
30	Monday	Teaching Practice	17
31	Tuesday		18
Total No. of working days =18			

The LORD will vindicate me; (Psalms 138:8)

CALENDAR 2022 - 2023

Date	Day	February 2023	No. of working Days
1	Wednesday		1
2	Thursday		2
3	Friday		3
4	Saturday		4
5	Sunday	Holiday	
6	Monday		5
7	Tuesday		6
8	Wednesday		7
9	Thursday		8
10	Friday		9
11	Saturday		10
12	Sunday	Holiday	
13	Monday		11
14	Tuesday		12
15	Wednesday		13
16	Thursday		14
17	Friday		15
18	Saturday	Holiday	
19	Sunday	Holiday	
20	Monday		16
21	Tuesday		17
22	Wednesday	Ash Wednesday	18
23	Thursday	BPES III year project sports meet	19
24	Friday		20
25	Saturday	Holiday	
26	Sunday	Holiday	
27	Monday		21
28	Tuesday	DPEd II year project sports meet	22
Total No. of working days =22			

The LORD is my strength and my defense he has become my salvation (Exodus 15:2)

CALENDAR 2022 - 2023

Date	Day	March 2023	No. of working Days
1	Wednesday		1
2	Thursday		2
3	Friday	Second CA	3
4	Saturday	Second CA	4
5	Sunday	Holiday	
6	Monday		5
7	Tuesday		6
8	Wednesday	International Women's day	7
9	Thursday		8
10	Friday		9
11	Saturday	Holiday	
12	Sunday	Holiday	
13	Monday		10
14	Tuesday		11
15	Wednesday		12
16	Thursday		13
17	Friday		14
18	Saturday	Holiday	
19	Sunday	Holiday	
20	Monday		15
21	Tuesday		16
22	Wednesday	Telugu New Year - Ugadi	
23	Thursday		17
24	Friday		18
25	Saturday	Holiday	
26	Sunday	Holiday	
27	Monday		19
28	Tuesday		20
29	Wednesday	Intramural Valedictory & Annual Sports meet	21
30	Thursday	Third CA	22
31	Friday	Third CA	23
Total No. of working days = 23			

Follow my decrees and be careful to obey my laws, and you will live safely in the land (Leviticus 25:18)

CALENDAR 2022 - 2023

Date	Day	April 2023	No. of working Days
1	Saturday		1
2	Sunday	Holiday	
3	Monday		2
4	Tuesday	Mahavir Jayanthi - Holiday	
5	Wednesday	Internal Coaching / Teaching practice Exam	3
6	Thursday	Internal Coaching / Teaching practice Exam - Maundy Thursday	4
7	Friday	Good Friday - Holiday	
8	Saturday	Holiday	
9	Sunday	Holiday Easter	
10	Monday	External Teaching Practice Exam	5
11	Tuesday	External Teaching Practice Exam	6
12	Wednesday		7
13	Thursday	Hostel day & Student association valedictory	8
14	Friday	Tamil New Year -Holiday - Dr. Ambedkar Jayanthi	
15	Saturday	Holiday	
16	Sunday	Holiday	
17	Monday	Pre Semester Examination	9
18	Tuesday	Pre Semester Examination	10
19	Wednesday	Pre Semester Examination	11
20	Thursday	Pre Semester Examination	12
21	Friday		13
22	Saturday	Ramzan - Holiday	
23	Sunday	Holiday	
24	Monday	Semester Examination	
25	Tuesday	Semester Examination	
26	Wednesday	Semester Examination	
27	Thursday	Semester Examination	
28	Friday		
29	Saturday		
30	Sunday	Holiday	
Total No. of working days =13			

Believe in your heart that God raised him from the dead, you will be saved. (Romans 10:9)

CALENDAR 2022 - 2023

Date	Day	May 2023	No. of working Days
1	Monday	May Day	
2	Tuesday		
3	Wednesday		
4	Thursday		
5	Friday		
6	Saturday		
7	Sunday	Holiday	
8	Monday		
9	Tuesday		
10	Wednesday		
11	Thursday		
12	Friday		
13	Saturday		
14	Sunday	Holiday	
15	Monday		
16	Tuesday		
17	Wednesday		
18	Thursday		
19	Friday		
20	Saturday		
21	Sunday	Holiday	
22	Monday		
23	Tuesday		
24	Wednesday		
25	Thursday		
26	Friday		
27	Saturday		
28	Sunday	Holiday	
29	Monday		
30	Tuesday		
31	Wednesday		

The day of the LORD is near for all nations (Obadiah 1:15)

WHAT A FRIEND

**What a Friend we have in Jesus,
All our sins and griefs to bear!
What a privilege to carry
Everything to God in prayer!
O what peace we often forfeit,
O what needless pain we bear,
All because we do not carry
Everything to God in prayer!**

**Have we trials and temptations?
Is there trouble anywhere?
We should never be discouraged,
Take it to the Lord in prayer.
Can we find a friend so faithful
Who will all our sorrows share?
Jesus knows our every weakness,
Take it to the Lord in prayer.**

**Are we weak and heavy-laden,
Cumbered with a load of care?
Precious Savior, still our refuge-
Take it to the Lord in prayer;
Do thy friends despise, forsake thee?
Take it to the Lord in prayer;
In His arms He'll take and shield thee,
Thou wilt find a solace there.**

There is surely a future hope for you, and your hope will not be cut off (Proverbs 23:18)

O GOD, OUR HELP IN AGES PAST

**O God, our help in ages past,
Our hope for years to come,
Our shelter from the stormy blast,
And our eternal home.**

**Under the shadow of Thy throne
Thy saints have dwelt secure;
Sufficient is Thine arm alone,
And our defense is sure.**

**Before the hills in order stood,
Or earth received her frame,
From everlasting Thou art God,
To endless years the same.
A thousand ages in Thy sight
Are like an evening gone;
Short as the watch that ends the night
Before the rising sun.**

**Time, like an ever-rolling stream,
Bears all its sons away;
They fly forgotten, as a dream
Dies at the opening day.**

**O God, our help in ages past,
Our hope for years to come,
Be Thou our guard while life shall last,
And our eternal home.**

PRAISE HIM

**Praise Him! Praise Him! Jesus our blessed Redeemer
Sing, O earth, His wonderful, love proclaim
Hail Him! Hail Him! Highest archangels in glory
Strength and honour give to His holy name
Like a shepherd, Jesus will guard His children
In His arms He carries them all day long
Praise Him! Praise Him! Tell of His excellent greatness
Praise Him! Praise Him! Ever in joyful song !**

**Praise Him! Praise Him! Jesus our blessed Redeemer
For our sins He suffered and bled and died
He, our rock, our hope of eternal salvation
Hail Him! Hail Him! Jesus the crucified
Loving Savior, meekly enduring sorrow,
Crowned with thorns that cruelly pierced His brow;
Once for us rejected, despised, and forsaken,
Prince of Glory, ever triumphant now.**

**Praise Him! Praise Him! Jesus our blessed Redeemer
Heavenly portals loud with hosannas ring
Jesus, Saviour, reigneth for ever and ever
Crown Him! Crown Him! Prophet and Priest and King
Death is vanquished! Tell it with joy, ye faithful
Where is now Thy victory, boasting grave?
Jesus lives! No longer Thy portals are cheerless;
Jesus lives the mighty and strong to save.**

STAND UP FOR JESUS

**Stand up! stand up for Jesus! Ye soldiers of the cross;
Lift high His royal banner, It must not suffer loss:
From vict'ry unto vict'ry, His army shall He lead,
Till every foe is vanquished, And Christ is Lord indeed.**

**Stand up! stand up for Jesus! The trumpet call obey;
Forth to the mighty conflict, In this His glorious day.
Ye that are men, now serve Him against unnumbered foes;
Let courage rise with danger. And strength to strength oppose.**

**Stand up! stand up for Jesus! Stand in His strength alone;
The arm of flesh will fail you; Ye dare not trust your own.
Put on the Gospel armor, and watching unto prayer,
Where calls the voice of duty, be never wanting there.**

**Stand up! stand up for Jesus! the strife will not be long:
This day the noise of battle, the next the victor's song;
To him that overcometh a crown of life shall be;
He, with the King of glory, shall reign eternally.**

THERE SHALL BE SHOWERS OF BLESSING

**There shall be showers of blessing
This is the promise of love
There shall be seasons, refreshing
Sent from the Saviour above.**

Refrain:

**Showers of blessing
Showers of blessing we need:
Mercy drops 'round us are falling
But for the showers we plead.**

**There shall be showers of blessing
Precious reviving again
Over the hills and the valleys
Sound of abundance of rain.**

**There shall be showers of blessing
Send them upon us, O Lord;
Grant to us now a refreshing,
Come, and now honor Thy Word.**

**There shall be showers of blessing
Oh, that today they might fall
Now as to God we're confessing
Now as on Jesus we call**

LEAD, KINDLY LIGHT

**Lead, kindly light, amid the encircling gloom,
Lead thou me on;
The night is dark, and I am far from home;
Lead thou me on;
Keep thou my feet; I do not ask to see
The distant scene: one step enough for me.**

**I was not ever thus, nor prayed that thou
Shouldst lead me on;
I loved to choose, and see my path; but now
Lead thou me on;
I loved the garish day, and, spite of fears,
Pride ruled my will: remember not past years.**

**So long thy pow'r hath blest me, sure it still
Will lead me on,
O'er moor and fen, o'er crag and torrent, till
The night is gone,
And with the morn those angel faces smile,
Which I have loved long since, and lost a while.**

I AM THINE, O LORD, I HAVE HEARD THY VOICE

**I am Thine, O Lord, I have heard Thy voice,
and it told Thy love to me;
But I long to rise in the arms of faith,
And be closer drawn to Thee.**

Refrain:

**Draw me nearer, nearer, blessed Lord,
to the cross where Thou hast died;
Draw me nearer, nearer, nearer, blessed Lord,
to Thy precious, bleeding side.**

**Consecrate me now to Thy service, Lord,
by the pow'r of grace divine;
let my soul look up with a steadfast hope,
And my will be lost in Thine.**

(Refrain)

**O the pure delight of a single hour
that before Thy throne I spend,
when I kneel in prayer, and with thee, my God,
I commune as friend with friend!**

(Refrain)

**There are depths of love that I yet may know
Ere Thee face to face I see;
There are heights of joy that I yet may reach
Ere I rest in peace with thee.**

(Refrain)

HEAVEN CAME DOWN AND GLORY FILLED MY SOUL

**Oh what a wonderful, wonderful day
Day I will never forget
After I'd wandered in darkness away,
Jesus my Savior I met
Oh what a tender, compassionate friend,
He met the need of my heart
Shadows dispelling, with joy I am telling,
He made all the darkness depart!**

CHORUS:

**Heaven came down
and glory filled my soul
When at the cross
the Savior made me whole
My sins were washed away
My night was turned to day
Heaven came down
and glory filled my soul**

**Now I've a hope that will surely endure
After the passing of time;
I have a future in heaven for sure.
There in those mansions sublime.
And its because of that wonderful day
What at the cross I believed;
Riches eternal And blessings supernal
From His precious hand I received.**

HOW GREAT THOU ART (O LORD MY GOD)

**O Lord my God, When I in awesome wonder,
Consider all the worlds Thy Hands have made;
I see the stars, I hear the rolling thunder,
Thy power throughout the universe displayed.**

Refrain:

**Then sings my soul, My Saviour God, to Thee,
How great Thou art! How great Thou art!
Then sings my soul, my Saviour God, to Thee,
How great Thou art, How great Thou art!**

**When through the woods, and forest glades I wander,
And hear the birds sing sweetly in the trees.
When I look down, from lofty mountain grandeur
And see the brook, and feel the gentle breeze.**

**And when I think, that God, His Son not sparing;
Sent Him to die, I scarce can take it in;
That on the Cross, my burden gladly bearing,
He bled and died to take away my sin.**

**When Christ shall come, with shout of acclamation,
And take me home, what joy shall fill my heart.
Then I shall bow, in humble adoration,
And then proclaim: "My God, how great Thou art!"**

NOTES

“Ask for whatever you want me to give you.” (1 Kings 3:5)

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THEORY TIME TABLE

I SEMESTER				II SEMESTER			
DAY	10-11	11-12	12-1.00	DAY	10-11	11-12	12-1.00
Mon				Mon			
Tue				Tue			
Wed				Wed			
Thu				Thu			
Fri				Fri			