

**National Council of YMCAs of India**



# **YMCA COLLEGE OF PHYSICAL EDUCATION**



**Nandanam, Chennai - 600 035**

**An Autonomous College Affiliated to the Tamil Nadu Physical Education and Sports University**

**A Project of National Council of YMCAs of India**

**Accredited by NAAC as "A" Grade College**

**Recognized by National Council of Teacher Education and Government of Tamil Nadu**

**College website:- <https://www.ymcacollege.ac.in>**



## **IQAC REPORT**

## **2022-2023**



The Internal Quality Assurance Cell (IQAC) was established in the year 1996 at Y.M.C.A. College to promote quality enhancement of all aspects of college functioning. Over the years it has evolved mechanisms and procedures to ensure efficient, effective and progressive performance of academic and administrative tasks and to maintain relevance and quality of the academic programs.

IQAC focuses on quality enhancement of teaching, learning, evaluation, research, extension and consultancy opportunities.

The IQAC meets periodically to review the progress of the college and its quality enhancement based on the criteria suggested by the National Assessment and Accreditation Council (NAAC) and suggests actions for further strengthening and sustaining the quality. The qualities of the academic programs are ensured through constant monitoring.

### **Objectives**

- To create and implement quality standards for the institution's numerous administrative and academic operations.
- To assist in the construction of a learner-centered environment that supports high-quality instruction and faculty development so they can embrace the skills and technologies needed for interactive teaching and learning.
- To plan student, parent, and stakeholder feedback responses on institutional processes related to quality.
- To plan workshops both within and between institutions, lectures on quality-related topics, and quality circle promotion.
- To record different initiatives and actions aimed at raising standards of quality
- To serve as the Institution's nodal office for organizing actions pertaining to quality, such as adoption.
- To create an institution-wide culture of sustainability and quality.



## IQAC COMPOSITION 2022-2024

Y.M.C.A. COLLEGE OF PHYSICAL EDUCATION

Nandanam, Chennai - 600035, Tamil Nadu

IQAC Composition 2022-2024

| Sl. No. | Designation                   | Name  |
|---------|-------------------------------|---|
| 1.      | Chairperson                   | Dr. George Abraham<br>Principal   |
| 2.      | Teacher Representative 1      | Dr. Johnson Premkumar<br>Associate Professor                            |
| 3.      | Teacher Representative 2      | Dr. J. Glory Darling Margaret<br>Associate Professor                    |
| 4.      | Teacher Representative 3      | Dr. J. Jackson Sutharsingh<br>Associate Professor                       |
| 5.      | Teacher Representative 4      | Dr. S. Glady Kirubakar<br>Associate Professor                           |
| 6.      | Teacher Representative 5      | Dr. E. Simson Jesudass<br>Assistant Professor                           |
| 7.      | One Member from Management    | Mr. S. Samuel Kurbanandan<br>Treasurer                                  |
| 8.      | Senior Administrative Officer | Mr. T. John Sudarshan<br>Executive Secretary cum Administrative Officer |
| 9.      | Local Society                 | Mr. Paul Vivin Moran<br>Uni-Y   |
| 10.     | Students                      | Mr. Tony Deva Amirtham<br>M.P.Ed. II                                    |
| 11.     | Alumni                        | Mr. Vijay<br>Director, Smart 7 Wellness                                 |
| 12.     | Employer                      | Mr. P. Asir Pandian<br>Correspondent and Secretary                      |
| 13.     | Industrialist                 | Mr. Vincent Sahayaraj   |
| 14.     | Stakeholder                   | Mr. Solomon Gladson<br>St. Savio Hr. Sec. School, Velachery             |
| 15.     | Coordinator of the IQAC       | Dr. K. Jothi<br>Associate Professor                                     |



## IQAC REPORT 2022-2023

The college has adopted the following mechanisms / processes for internal quality checks through IQAC.

- Self-appraisal reports submitted by teachers every year.
- Students' feedback on various academic programs is received to understand and evaluate their impact on and usefulness to students.
- Organization of workshops of Quality Assurance and Management at regular intervals to sensitize the faculty on these issues.
- Maintenance of Y.M.C.A. College Student Academic Management System.
- Academic Quality Assurance of faculty induction.

The following Academic Programs and Celebrations were conducted through IQAC for the academic year 2022-23:

1. **IQAC Conducted Staff Retreat on College Opening Day:** The Academic year 2022-2023 started with a staff retreat held on 20-06-2022 at the College Chapel. Rev. Selvasekar shared the word of God and prayed for the blessing of the College.
2. **International Yoga Day Celebrated through IQAC:** In celebration of International Yoga Day, an International Webinar on 'Yogic Practices Excel the human Life Span' through virtual mode on 21-06-2022 at 04:00 pm.
3. **Board of Studies Meeting:** Board of Studies meeting was held on 23-06-2022 through virtual mode (Zoom Cloud Meeting). The Principal chaired the meeting. The Teaching Staff from YMCA College other Universities were participated. Our College IQAC facilitated to organize BOS Meeting.
4. **Academic Council Meeting:** Academic Council meeting held on 24-06-2022 through virtual mode (Zoom Cloud Meeting). The Principal chaired the meeting. The Academic Delegates from YMCA College other Universities were participated. Our College IQAC facilitated to organize Academic Council Meeting.





5. **Governing Body Meeting:** Governing Body meeting was held on 27-06-2022 through virtual mode (Zoom Cloud Meeting). The Chairman Honorable Justice Kurian Joseph (Retd.) chaired the meeting. The Academic Delegates, other Experts, Government Nominee, UGC nominee, and University nominees were participated. Our College IQAC facilitated to organize governing Body Meeting.
6. **Career advancement Program was conducted on the first day of classes for second years & third year through IQAC:** The classes for second years & third year started on 18-07-2022.
7. **Students Orientation and Induction program was conducted on the first day of Classes for First years through IQAC:** The classes for the first years started on 01-08-2022.
8. **Live Streaming of the Programme 'Drive Against Drug' through IQAC:** As per the instruction received from the Tamil Nadu Government, the College Authorities decided to organize Drive Against Drugs (DAD) Programme among students on 11-08-2022 at 10:30 a.m., in the YMCA College Buck Open Air Theatre for the live streaming screen. Dr. J. James, Organizing Secretary welcomed the gathering. The programme was inaugurated by Honorable Chief Minister of Tamil Nadu Thiru. M. K. STALIN on live streaming by taking the lead and administering a pledge against drug abuse to a few lakhs of students across the state and he briefed about the need for preventing College/School students from getting addicted to drugs. After the live streaming programme Dr. George Abraham, Principal delivered his speech on the eradication of drugs among the college students. Mr. Rajjiv George, Administrator cum Estate manager enlightens the students about completely eliminating drug abuse and drug-free Tamil Nadu. The teaching staff of YMCA College, YMCA School, and 650 students participated in the Live Streaming, Programme ended with National Anthem.
9. **State Level Boxing Tournament under the guidance of IQAC:** Y.M.C.A. College and Y.M.C.A. Madras jointly conducted State Level Boxing Tournament on 20-08-2022. Hon'ble Minister of Health and Family Welfare, Thiru. Ma. Subramanian inaugurated the tournament.



10. **IQAC Welcomed and induction program was conducted on the first day of Evening College, Add-on Courses and Optional Courses:** The Evening College class was started on 14.09,2022. The Class Division of Add-on Courses and Optional Courses were held on 15-09-2022 and 16-09-2022 respectively.

11. **Buck Memorial Sports Festival, 2022:** In the fond memory of the leader Mr. Harry Crowe Buck, the 65th Buck Memorial Sports Festival was organized from 20-Sep-2022 to 23-Sep-2022. Students from different Schools and Colleges participated in this Mega Event. Dr. R. Ramanan, Regional Joint Director of Collegiate Education was inaugurated the programme. Mr. Riaz Mohammad, Olympian & Arjuna Awardee and Mr. Venkatesan Devarajan, Olympian & Arjuna Awardee were the Guest of Honours. Administrator cum Estate Manager Mr. Rajjiv George felicitated the event, Principal Dr. George Abraham was the Convener and Dr. Simson Jesudass was the organizing Secretary of the Sports Festival. **IQAC** assisted in organization of Buck Memorial Sports Festival, 2022

12. **World White Cane Day** was observed under the support of **IQAC** on Saturday, 15-10-2022.

13. **Inauguration of Students Council & Investiture Ceremony** was held through **IQAC** on Monday, 17-10-2022 at 10:00 am in the Gymnasium Hall.

14. **IQAC & Staff Council Meeting** was held on Thursday, 20-10-2022 by 12:30 pm in the Conference Hall.

15. **IQAC conducted and career advancement program on the first day of even semester classes for B.P.Ed., M.P.Ed., and B.P.E.S.**

Even semester classes were started on 29-11-2022.

16. **IQAC conducted colloquium for M.P.Ed. II yr.**

The colloquium was held on 15-12-2022 from 10:00 am to 05:30 pm.

17. **National Votes Day observed through IQAC:** As per the direction of the Government, the voters' day was observed on 25-01-2023 by 03:00 pm at the Kho-Kho court. Dr. J. James, Assistant Professor, administered the pledge along with Officers of the College, Teaching staff, Non-teaching staff, and the students.



18. **Workshop on Judo** was organized in association with Tamil Nadu Judo Association by IQAC on 10th January 2023 at 10:00 am in the YMCA College Gymnasium Hall. National Referee Mr. M Manikandan, and Chennai District Judo Association Secretary & TNJA Executive Committee Member Mr. D. Sarathy were called Resource Persons.

19. **Workshop on Yoga Practice and Natural Diet** was organized under IQAC by the YMCA College of Physical Education on 11th January 2023 at 10:00 am in the YMCA College Gymnasium Hall. The Guinness World Record Holder & Yogachary Dr. T.A. Krishnan was called Resource Person. He demonstrated the Yoga practices and explained the natural diet.

20. **Leadership Training Camp for Students** was held from 09-01-2023 to 12-01-2023 at Yelagiri, Tamil Nadu. IQAC members played their role to organize Leadership camp.

21. **Intensive Teaching & Coaching Practice** for M.P.Ed.II/ B.P.E.S.III/ B.P.Ed.II/ D.P.Ed.II from 06<sup>th</sup> February 2023 to 01<sup>st</sup> March 2023. Coordinated by Dr. J. Jackson Sutharsingh, Associate Professor. IQAC members assisted the coordinator in conducting the program.

22. **IQAC Organized International Women's Day:** organized on 8<sup>th</sup> March 2023, in College Gymnasium special address. By Dr. K. Perinbam, Assistant Professor of Botany, Government Arts College for Men (Autonomous)

23. **Career Guidance Programme was conducted under the assistance of IQAC:** The Motivational Speaker Rtn. T.N. Santhoosh Kumar was the Chief Guest of the programme on 20<sup>th</sup> March 2023 at 02:30 p.m. The programme was organized by Dr. R. Prabu, Librarian cum Staff Coordinator.

24. **Book Exhibition** was conducted on 28<sup>th</sup> March 2023 in the Gymnasium Hall. Dr. Esther Ranjini, Former Principal of our College was the Chief Guest and inaugurated the exhibition. This Exhibition was organized by Dr. R. Prabu, College Librarian with a guidance of IQAC.

25. **The National Seminar on Sustainable Youth Development through Physical Education and Sports** was held under the guidance of IQAC on 28<sup>th</sup> March 2023 by 09:30 a.m., in the Gymnasium Hall of our College. Dr. Esther Ranjini, Former Principal of our College



was the Chief Guest inaugurated and delivered the keynote address. Dr. S. Thirumalai Kumar, Professor of Physical Education and Dr. P. Rajinikumar, Associate Professor of Biomechanics, TNPESU were invited as Resource Persons. 55 papers presented in the seminar out of this the special award was given to the best paper. The Valedictory function was held on the same day by 04:30 p.m. Dr. S. Thirumalai Kumar, Professor of Physical Education, Tamil Nadu Physical Education and Sports University was the Chief Guest distributed the certificates. Dr. J. Samuel Jesudoss, Assistant Professor has organized the seminar.

26. **The Intramural Physical Activity Competition conducted** under the guidance of IQAC On 28<sup>th</sup> March 2023 at 06:00 am at Pavilion ground Mrs. S. Viji, Physical Education Teacher of Holy Angels AI Higher Secondary School and Mr. D. Alwin, Physical Education Teacher of CSI St. Thomas Higher Secondary School are the judges for Intramural Physical Activity Competitions. The programme was organized by the Intramural Directors Dr. J. Komala, Assistant Professor and Mr. B. Praveen Doss, Assistant Professor.

27. **Valedictory Function of Intramural Competitions & Annual Sports Meet** organized under the guidance of IQAC: On 29<sup>th</sup> March 2023 at 06:15 a.m., in the Pavilion ground. Meet inaugurated by Dr. (Mrs.) S. Selvalakshmi, Associate Professor of Yoga, TNPESU Dr. D. Sathiakumar, Director of the School of Distance Education, Tamil Nadu Physical Education and Sports University presided over the valedictory function and distributed the prizes in the presence of the Correspondent & Secretary Mr. P. AsirPandian, Treasurer Mr. Samuel Kirubanandan, and the Principal incharge Dr. S. Johnson Premkumar. The programme was organized by the Intramural Directors Dr. J. Komala, Assistant Professor and Mr. B. Praveen Doss, Assistant Professor.

28. **Campus Interview 2022-2023:** Our College Placement Cell organized the campus interview on 03-04-2023 on the College Campus under the guidance of IQAC.

29. **Legal Literacy Camp** under the guidance of IQAC: The District Legal Services Authority, Chennai has organized a Legal Literacy Camp on 03-04-2023 by 10:30 a.m., in our College. . A Judge and two advocates delivered the awareness to the staff and the students who were participated.

30. IQAC facilitated the Promotion of Teaching Staff:



Dr. S. Johnson Premkumar, Dr. J. Glory Darling Margaret, Dr. J. Jackson Sutharsingh, Dr. S. Gladly Kirubakar have been promoted from Assistant Professor grade to Associate Professor Grade.

Dr. S. Abraham Davidson and Mr. M. Felix Arokkiaraj are in Senior Scale.

Dr. R. Prabu, Librarian is from Senior Scale to Selection Grade.

### **Action Plan**

The college IQAC coordinated the promotions of faculty members for various stages by screening and forwarding the CAS application with necessary grading in accordance with the Government of Tamil Nadu Higher Education Department Standard Operating Procedure for Promotion. Till date around 09 government aided teachers have successfully been promoted as per CAS 2018/ other promotion schemes.

The IQAC Meetings in the year 2022-23 focused on preparations for NAAC Peer team visit scheduled in 2024. Joint meetings with teaching and non-teaching staff were held to discuss and implement quality initiatives in all spheres of college activities. The meetings consistently focused on the activities and future plans of various departments and societies of the college.

### **Future Action Plan**

Acknowledging the common objective of fostering collaboration in the fields of education, physical education and research, our college plans to work with a number of universities and colleges situated in and around Chennai.

Our college is intending to have MoU with Industries, Organizations, Associations and Institutes for the benefit of the students and faculty for the development of high quality education and to go in hand with the latest technology.

Furthermore, our college intends to establish staff and student exchange programs with colleges and institutions globally.



Principal (i/c)  
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