



The National Council of YMCAs of India  
**Y.M.C.A. College of Physical Education**



**A Project of the National Council of YMCAs of India**

(Autonomous College Affiliated to Tamil Nadu Physical Education & Sports University)  
Registered under UGC Act

**PROGRAMME OUTCOMES (POs)**

**MASTER OF PHYSICAL EDUCATION (M.P.Ed.) – Two years**

**CBCS and OBE System:** The CBCS provides students with the opportunity to choose courses from a prescribed list, including core, elective, and skill-based courses. These courses will be evaluated using a grading system, which benefits students when transferring between institutions in India and abroad. To ensure uniformity in the evaluation system and the computation of the Cumulative Grade Point Average (CGPA) based on students' performance in examinations, guidelines have been formulated.

**LEARNING OUTCOME-BASED APPROACH:** The nature of outcome-based education (OBE) revolves around defining the competencies students should demonstrate upon completing their educational program. Consequently, the outcomes or competencies dictate curriculum content and organization, teaching methods and strategies, course offerings, the educational environment, and assessment strategies. All curriculum and teaching decisions are made with the aim of facilitating the desired final outcomes.

**COURSE:** The term "course," often referred to as "paper," is a component of a program. All courses include various learning objectives and learning outcomes, such as coursework, fieldwork, outreach activities, project work, vocational training, viva, seminars, term papers, assignments, presentations, self-study, or a combination thereof.

- i. **Core Course:** A Core Course is required in every semester and is compulsory for students to fulfill the program requirements.
- ii. **Elective Course:** An Elective Course can be chosen from a pool of options.

**PROGRAM EDUCATIONAL OUTCOMES (PEOs):** The overall objective of the Learning Outcomes-based Curriculum Framework (LOCF) for a Master of Physical Education (M.P.Ed.) degree is as follows:

1. PEO-1: To provide fundamental knowledge in physical education, sports sciences, and related fields of study.
2. PEO-2: To cultivate learners into competent and proficient physical education professionals ready for the industry.
3. PEO-3: To empower learners with communication, professional, and life skills.
4. PEO-4: To impart Information Communication Technologies (ICTs) skills, including digital and media literacy.
5. PEO-5: To instill a culture of research, innovation, entrepreneurship, and incubation.
6. PEO-6: To inculcate professional ethics and values from both Indian and global perspectives.
7. PEO-7: To prepare socially responsible teaching academicians, researchers, and professionals with a global vision.

Principal (i/c)



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**PROGRAMME LEARNING OUTCOMES (PLOs):** The key outcomes planned in this Master of Physical Education degree program are further reinforced as follows:

Upon completing this Master's degree program, a learner:

- i. Shall acquire fundamental knowledge in Physical education, sports sciences, and related study areas.
- ii. Shall acquire knowledge related to physical education, sports, and their impact.
- iii. Shall be competent enough to undertake professional roles as demanded by the physical education and fitness industry.
- iv. Shall empower themselves with communication, professional, and life skills.
- v. Shall be capable of enhancing leadership abilities.
- vi. Shall become socially responsible citizens with a global perspective.
- vii. Shall be equipped with ICT competencies, including digital literacy.
- viii. Shall become ethically committed physical education professionals and entrepreneurs, adhering to human values, Indian culture, and global culture.
- ix. Shall have an understanding of the importance of lifelong learning.
- x. Shall acquire primary research skills; understand the significance of innovation, entrepreneurship, and incubation abilities.
- xi. Shall understand the importance of cooperation and teamwork.

  
Principal (i/c)  
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