

YMCA COLLEGE OF PHYSICAL EDUCATION, NANDNAM, CHENNAI-35

Minutes of Governing Body meeting held on 24.06.2021

Minutes of the Governing body meeting held at 11.00a.m on 24th June 2021 at the Virtual Mode.

Members Present:

Hon. Justice Kurian Joseph(Retd)	Chairman, Governing Body
Secretary,UGC	University Grants Commission, New Delhi
Dr. Shiela Stephen	University Nominee, Governing Body
Dr. Ravanan	State Government Nominee, Governing Body
Dr.George Abraham	Ex-Officio, Governing Body
Dr. Jothi Dayanandan	Faculty, Governing Body
Dr.J.Jackson Sutharsingh	Faculty, Governing Body
Mr.Benjamin Franklin	Member, Governing Body
Mr. Rajjiv George	Member, College Management
Dr.R.Abraham	Educationalist
Mr.V. K. Varghese	Member, College Management
Mr.Jose Robi Wilson	Member, College Management
Adv.Varghese Moolan	Member, College Management

Agenda No: 1

The meeting commenced with a word of prayer by Dr. Jothi Dayanandan, Associate Professor, YMCA College of Physical Education.

Agenda No: 2

The Chairman, Hon. Justice Kurian Joseph(Retd)delivered the welcome address

Agenda No: 3

Secretary, New Delhi, UGC,New Delhi, and Dr. R. Ravanan, Regional Joint Director of Collegiate Education State Government Nominee, were absent.

Agenda No: 4- Introduction by the members

The Chairman, Hon. Justice Kurian Joseph(Retd) greeted everybody and gave an introduction about himself and highlighted upon the responsibilities that every member have to shoulder towards the growth and development of the college. He also stated that all the policies implemented should be with the aim and progress of the college and inspire everybody to strive to bring the institution back to the Glory, later, requested all the members to introduce themselves to the members present. Thus all the members one after the other introduced themselves briefly.

Agenda No: 5 - Approval of the minutes of Academic Council 2021-22

The Chairman, Hon. Justice Kurian Joseph (Retd) requested Dr. Jothi Dayanandan, Associate Professor, presented the minutes of Academic Council which was held on 22nd June 2021.

Minutes of Academic Council held on 22.06.2021

Minutes of Academic Council meeting held at 03.30 pm on 22nd June 2021 (Tuesday) through virtual mode.

Members Present:

Mr.Benjamin Franklin	Special Invitee
Mr.Rajjiv George	Special Invitee
Dr. S.Thirumalai Kumar,	University Nominee
Dr. Shahin Ahamed,	University Nominee
Dr. R.Ramakrishnan,	University Nominee
Mr.Ram Prasad	Advocate
Mr.Vincent Sahayaraj	Industrialist
Dr. Dilipkumar Veerajan	Medical officer
Mr.M.M.Selvakumar	Engineer
Dr. George Abraham	Principal &Chairman (AC)
Dr.K.Jothi Dayanandan	Associate Prof. Convener(AC)
Dr.S.Johnson Premkumar	Asst.Prof
Dr.J.Jackson Sutharsingh	Asst.Prof
Dr.Glory Darling Margaret	Asst.Prof
Dr.Glady Kirubakar	Asst.Prof
Dr. S.Jerome David	Asst.Prof
Dr.E.Simson Jesudass	Asst.Prof
Dr.S.Abraham Davidson	Asst.Prof

Agenda No: 1 Prayer

The meeting commenced with a word of prayer by Dr. Glory Darling Margaret, Asst. Prof.

Agenda No: 2 Welcome by Chairman

Principal Dr. George Abraham welcomed all the Special invitees, University Nominee, subject experts, and the faculty members of YMCA College of Physical Education.

Agenda No: 3 Apologies for the absence

All the invited members of the Academic Council were present

Mr. Benajamin Franklin, Correspondent & Secretary enquired the Chairman, Dr. George Abraham whether the members were invited as representatives from Tamil Nadu Physical Education and Sports University and asked to go with the proper recording of the event.

Dr. George Abraham, Principal, Chairman, for the Academic Council said yes, we have the members as representatives from Tamil Nadu Physical Education & Sports University and that all the members are as per the University sanctioned nominees only.

Agenda No: 4 Approval of minutes of Board of studies

(i) Revision & Modification of Syllabus

**Modification of Syllabus for M.P.Ed, B.P.Ed and B.M.S
Credits in Elective papers for M.P.Ed & B.P.Ed courses**

Recommendation : Elective papers to be given equal credits as like the core papers

5 days x 3 Theory hours = 15 hours per week

Out of 15 hours of theory in our college

3 Credits x 4 Papers = 12 hours

1 Credit extra for 1 paper

General Assembly = 1 hour

Library = 1 hour

15 hours

It was resolved to add that 1 credit to the following subjects in all the semesters

Semester- I MCC 102 -Research process in P.E & Sports science (4 credits)

Semester- II MCC 203-Test, Measurement and Evaluation in Physical Education(4 credits)

Semester- III MCC 301-Scientific Principles of Sports .Training (4 credits)

Semester- IV MCC 401-Prevention and Management of Sports Trauma (4 credits)

B.P.Ed

Semester- I BCC 101-Principles, Foundation of P.E & Educational Psycho (4 credits)

Semester-IIBCC 202-Organization and Administration and methods of teaching in Physical Education (4 credits)

Semester- III BCC 301 - Sports Training (4 credits)

Semester- IV BCC 401 - Test and Measurement in Physical Education (4 credits)

There are 86 Papers

M.P.Ed course	-	22 papers
B.P.Ed Course	-	20 papers
BMS Course	-	20 papers
B.P.ES Course	-	24 papers
TOTAL	-	86 PAPERS

The sample learning objectives are each courses of study presented below

MPED I YEAR - I & II SEMESTER THEORY PAPERS

MCC 101 Yogic Sciences

Objectives: After studying this paper the student teachers will be able:

- To understand the basic concept of yoga and apply the underlying concepts of yogasana as exercise
- To cultivate breath control, relaxation techniques and kinesthetic awareness
- To apply the principles of yogasana to live healthy and active life style
- To learn to apply the yogasana in sports performance
- To analyse the psychological changes on sports persons during sports participation
- Develop the knowledge through practice, participate and organize

SAMPLE LEARNING OBJECTIVES FOR B.P.Ed

BCC-101 Principles, Foundation of Physical Education, Education Psychology Guidance and counseling

- To Know about the importance of biological Principles
- To know about the importance of Psychological principles
- To know about the importance of Sociological principles
- To know about the importance of Educational Psychology
- To know about Guidance and Counseling

SAMPLE OBJECTIVES FOR B.M.S -I YEAR- SEMESTER-I

BMC-101: Principles of Education, Inclusive Education, Physical Education, Adapted Physical Education Introduction to movement Education and mobility Science.

Objectives: After studying this paper the student teachers will be able

- After completing the course the student-teachers will be able to
- Acquire Knowledge of Education.
- understand the process, functions of Education and knowledge of knowing
- Explain the construct of inclusive education & the progression from segregation towards valuing & appreciating diversity in inclusive education.
- Learn relevant legislation, current issues, and trends in Adapted Physical Education.
- Understand the influence of selected disabilities on the learning and performance of motor skills and physical activities.
- Enumerate the skills in adapting instructional strategies for teaching in mainstream classrooms.
- Describe the inclusive pedagogical practices & its relation to good teaching.

SAMPLE OBJECTIVES FOR B.P.E.S. I YEAR

I SEMESTER

BPES 104: Rules of Games and Sports -Part I (Basketball, Badminton, Kabaddi, Softball)

Objectives: After completing the course the student-teachers will be able to

- To acquire Knowledge of Rules and regulations of Basketball Badminton Kabaddi and Softball.
- Understand the process, functions of organisation setup of various games and sports
- Explain the General principles of officiating and Mechanism of officiating in the above listed four games.
- Learn about the history of above listed four games
- Describe the Measurements of play fields of the above listed four games

Revision /Modification of Syllabus for Bachelor of Mobility Science

(Two years course –FOUR SEMESTERS)

The syllabus has been modified in reference to Rehabilitation Council of India, B. Ed Special Education and NCTE and in equivalent with B.P.Ed course of study. This course was recognized and approved by Government of Tamil Nadu with 1 Aided Teaching staff and was certified as equivalent to B.P.Ed course. Since B.P.Ed course is being converted to 2 years now the effort is being taken to bring B.M.S course equivalent to two years of B.P.Ed course with 4 semesters.

Semester I (Revised)

Subject Code	Subject	L	T	P	Total Credit	Internal	External	Total
BMC-101	Principles of Education, Inclusive Education, Physical Education, Adapted Physical Education Introduction to movement Education and mobility Science	3	0	0	3	25	75	100
BMC-102	Human Growth and Development & Anatomy	3	0	0	3	25	75	100
BMC-103	Principles and techniques of officiating and coaching Part I Track & field	3	0	0	3	25	75	100
BME-104:	Nutrition Management Special Diet for a variety of Disabilities And Disorder	3	0	0	3	25	75	100
BME 105	Contemporary issues in Physical Education and Special Education							
BMP-106	Drill and Marching Calisthenics, Minor games, Light apparatus , Yoga	0	2	5	5	(Each 20 Marks)		100
BMP-107	Adapted Minor games, Calisthenics, Light apparatus and yoga	0	2	4	4	(Each 25 Marks)		100
BMP-108	Tennis and Table Tennis regular and adapted	0	2	4	4	(Each 25 Marks)		100
BMP-109	Track events –Sprint, Middle Long	0	2	6	5	(Each 25 Marks)		100
BMT-110	Teaching practice General (10 days)	0	2	6	5	Internal		100

I Semester Total Credit = 35

Semester II

Subject Code	Subject	L	T	P	Total Credit	Internal	External	Total
BMC-201	Organisation & Administration of mobility science and physical Education	3	0	0	3	25	75	100
BMC-202	Introduction to Physiology, Neurology, Ophthalmology and Audiology	3	0	0	3	25	75	100
BMC-203	Principles and techniques of officiating and coaching Part II (Football, Basketball, Volleyball, , Cricket, Tennis, Table Tennis)	3	0	0	3	25	75	100
BME-204:	Health Education, Safety Education First Aid and Environmental Studies	3	0	0	3	25	75	100
BME-205	Sports Medicine, physiotherapy Aquatic Rehabilitation for special sports persons							
BMP-206	Dhands&Baithaks Rhythmic activities, Silambam	0	2	5	5	(Each 20 Marks)		100
BMP-207	Orientation and mobility for visually disabled And Milestone Disabilities	0	2	4	4	(Each 25 Marks)		100
BMP-208	Volleyball, kabaddi sighted and disabled	0	2	4	4	(Each 25 Marks)		100
BMP-209	First-Aid and Physiotherapy	0	2	5	5	(Each 25 Marks)		100
BMT-210	Teaching practice Particular (10 days)	0	2	6	5	Internal		100
BMT-111	Teaching practice External Examination on General & Particular Lesson (4days)	0	0			External		200

II Semester Total Credit = 35

Semester III

Subject Code	Subject	L	T	P	Total Credit	Internal	External	Total
BMC-301	Causes of various disabilities and Introduction to sensory, neuro, locomotor and Multiple Disabilities	3	0	0	3	25	75	100
BMC-302	Physical Education, Applied Physical Fitness for the Disabled, Recreation and Camping	3	0	0	3	25	75	100
BMC-303	Principles and techniques of officiating and coaching Part II (Kabaddi, Kho-Kho, Handball, Badminton, Ball Badminton, Softball etc).	3	0	0	3	25	75	100
BME-304:	Computer Technology and Disability	3	0	0	3	25	75	100
BME-305	: Personality Development and communication skills							
BMP-306	Lezium, Swiss ball, Core board Training, Sensory training	0	2	5	5	Internal		100
BMP-307	Cricket, Basketball, Football, Kho-Kho	0	2	4	4	(Each 25 Marks)		100
BMP-308	Field Events – Throws	0	2	4	4	(Each 25 Marks)		100
BMT-309	: Intensive Teaching practice Normal School	0	2	6	5	External		100
BMT-310	Intensive Teaching practice Special School	0	2	6	5	External		100

III Semester Total Credit = 35

Semester IV

Subject Code	Subject	L	T	P	Total Credit	Internal	External	Total
BMC-401	Yoga Education and Yoga for children with special needs	3	0	0	3	25	75	100
BMC-402	History of Physical Education Olympics and unified sports.	3	0	0	3	25	75	100
BMC-403	Principles and techniques of officiating and coaching Part IV Adapted games	3	0	0	3	25	75	100
BME-404:	Educational Psychology ,Sociology, Guidance and Counseling	3	0	0	3	25	75	100
BME 405	Test measurement in physical Education. Fitness tests for disabilities							
BMP-406	Pyramid, Theraband and ladder training	0	2	5	5	Internal		100
BMP-407	Swimming, Handball, Throwball	0	2	4	4	Internal		100
BMP-408	Field Events – Jumping	0	2	4	4	(Each 25 Marks)		100
BMP-409	Coaching practice Normal School	0	2	6	5	External		100
BMT-410	Fitness training practice for Special children	0	2	6	5	External		100

IV Semester Total Credit = 35

Total Credits in BMS Two Years Course

Semester	Credits in Theory Part I	Credit in Practical		Total
		Part II Games and Other activity) Internship)	Part III (Teaching Coaching	
I	12	18	5	35
II	12	18	5	35
III	12	13	10	35
IV	12	13	10	35
Total	48	62	35	140

Total Marks in BMS Two Years Course

Semester	Credits in Theory Part I	Credit in Practical		Total
		Part II Games and Other activity) Internship)	Part III (Teaching Coaching	
I	400	400	100	900
II	400	400	300	1100
III	400	300	200	900
IV	400	300	200	900
Total	1600	1400	800	3800

The experts suggested bringing out the following for each course and for each subjects separately

- i. Programme Out Come
- ii. Course Out Come
- iii. Mapping
- iv. Objectives

Since the learning objectives for each paper i.e., 86 Papers is being prepared and presented the college can get ready with the above mentioned requirements for NAAC and IQAC.

It was also suggested by the experts to add Elective Generic subject for all the courses of the study in any one Semester with choices and which would encourage entrepreneurship and its mandatory for getting Re-accreditation, NAAC and Autonomous extension.

Examination Reforms

Examination Results 2020-21

A. Odd Semester Results of all courses of Study. The Pass percentage of Students are given below:

January – 2021

SL. NO.	CLASS	Sanctioned Students Strength	STUDENTS STRENGTH	STUDENTS APPEARED	STUDENTS PASSED	PERCENTAGE OF PASS
1	M.P.E.D II	60	59	59	59	100
2	M.P.E.D I	60	60	56	53	94.64
3	B.P.ED. II	100	99	91	91	100
4	B.P.ED. I	100	100	85	84	98.82
5	B.P.E.S.III	80	70	70	70	100
6	B.P.E.S II	80	77	60	60	100
7	B.P.E.S I	80	80	72	48	66.67

- B. Even Semester Examinations for MPED II Year, BPED II Year, BPES II year & BPES III Year were completed on 7th May, 2021 and the Valuation is being under process.
- C. Even Semester Examinations for MPED I Year, BPED I Year, & BPES I Year Will be conducted from 6th July, 2021

Modification of Question Paper Pattern for UG & PG Courses of Study

UG Courses of Study Total Marks= 75

Part – I Answer all the Questions 10X2= 20

Question No-1 to 5 Multiple Choice Questions

Question No-6 to 10 Short Answer Type of Questions

Part – II Answer any Five Questions 5X5= 25

Question No-11 to 17 Descriptive Type of Questions

Part – III Answer any Three Questions 3X10= 30

Question No-18 to 22 Descriptive Type of Questions

PG Courses of Study Total Marks= 75

Part – I Answer any Five Questions 5X5= 25

Question No-1. It is a mandatory Question (It contains 5-Multiple Choice Questions)

Question No-2 to 7. Descriptive Type of Questions

Part – II Answer any Five Questions 5X10= 50

Question No-8 to 14. Descriptive Type of Questions

IQAC

Dr. J. Glory Darling Margaret IQAC coordinator presented the members of YMCA College IQAC 2021-22

SL.NO.	NAME OF THE MEMBER	DESIGNATION
CHAIRPERSON		
1.	Dr. George Abraham	Principal
SENIOR ADMINISTRATIVE OFFICER		
2.	Mr. Benjamin Franklin	Correspondent & Secretary
3.	Mr. V.K. Varghese	Treasurer
INTERNAL MEMBERS		
4.	Dr. K.Jothi Dayanandan	Associate. Professor
5.	Dr. S. Johnson Premkumar	Asst. Professor
6.	Dr.J .Jackson Sutharsingh	Controller of Examinations
7.	Dr. S. Gladly Kirubakar	Asst. Professor
8.	Dr. R. Prabu	Librarian
EXTERNAL EXPERTS		

9.	Dr. Shoba Leslie	Associate Professor, Director IQAC Department of Computer Science Women's Christian College Chennai
10.	Dr. Shahin Ahmed	Professor Director IQAC Department of Sports Management And Sports Psychology & Sociology TNPESU
COORDINATOR OF IQAC		
11.	Dr. J. Glory Darling Margaret	Asst. Professor

Dr. George Abraham suggested paying Rs.1000 /- as sitting charge for once in a year for IQAC Committee two external experts while reviewing the AQAR or IQAC meeting.

Financial approval for various academic Courses and programs

It was suggested by the committee members to pay the Honorarium / Sitting charges for the members (outside the college) for various academic related bodies

Board of Studies Meeting -Rs. 1000/- + TA (as per norms)

Academic Council Meeting – Rs. 1500 + TA (as per norms)

Governing Body Meeting – Rs. 2500 + TA (as per norms)

Honorarium/ Remuneration for various courses and programme

1.Controller of Examination work

It was suggested to pay the Honorarium/ Remuneration for the subject expert for their work done

Controller of Examination – Rs. 6000 /- per month

Question Paper setting – Rs 750 /- Per set for UG& PG

Paper Valuation – Rs. 25 /- per paper for UG & PG

Practical examination – Rs. 30 /- per candidate for UG & PG

Preparation of dummy numbers – Rs 5 per paper

Scrutiny of Question Papers for 5 different courses of studies– 5 members

Rs. 5000 /- per semester for each committee member per semester which comprises of

1. Chief controller of examinations-Principal
2. Controller of examinations
3. Member
4. Member
5. Member

(All the three members will be selected by the Chief Controller-Principal)

Semester Invigilation

Chief Superintendent	– Rs. 300 /- per session
Additional Chief	– Rs. 275 /- per session
Senior Hall Superintendent	– Rs. 250 /- per session
Invigilators	– Rs. 225 /- per session
Invigilators (external)	- Rs. 225 + Rs. 75 (TA as per norms)
Water man, Cleaner, Scavenger & Sweeper	– Rs. 100 /- per session
Clerk	– Rs. 200 per session
Office Assistant	– Rs. 150
Seating Arrangements	– Rs. 2 per chair

2.Sports Academies

It was suggested that the Deputy director and coaches will work under the guidance and supervision of the Sports Academy Director – Principal
-The Deputy Director will be the College faculty members

Out of total income

50% - Management

50% - Coaching/Training side

3.Optional / Add on Courses /Evening College

Out of total income

It was suggested to pay from the total fees(Rs. 1000/-per student) of Add-on and Optional courses

70% - Expert remuneration

30% - Management

4.Practical Classes

It was suggested to pay the subject experts for various Practical Classes as per the timetable (Archery, swimming, king-fu, and gymnastics) where the experts are hired for that particular semester. These experts may be paid an amount of Rs. 5000/-per month.

5.Hostel Warden/ Deputy Warden / Sub Warden Remuneration

It was suggested to pay the

Warden – Rs. 5000/- per month (Men & Women hostels)

Deputy Warden – Rs. 4000/- per month

Sub Warden – Rs. 2000/- per month

6. Physiotherapy Internship Remuneration

Physiotherapy students are coming to our college for their internship as a part of their course from different govt. and private colleges.

It was suggested to collect fees of Rs. 1000/ per head for govt. college students and Rs. 1500 for private college students of maximum 30 days.

It was suggested that the physiotherapy internship coordinator will work under the supervision of Internship director– Principal

Out of total income

50% - Management

50% - Training department

7. Sports Competitions – Extramural Competitions

It was suggested to pay the

DA for students – Rs.150 /- + TA as per norms

DA for Team managers / Coaches – Rs. 300 /- +TA as per norms

8. Ph. D

It was suggested to form an ethical committee with the following members

Dr. George Abraham- Principal

Medical Practitioner

One Legal Advisor

One Social service Personnel

Supervisor & Guide for Ph D

It was suggested to pay the remuneration for the Doctoral Committee Members for 4 DCM meetings for each candidate from the fees collected to the total of approximately Rs.1,00,000/- per candidate.

Director Research centre - Principal – Rs. 1000 /-

Subject Expert (University) – Rs. 1000/- + TA as per norms

Subject Expert (Research Center) - Rs. 1000/-

Supervisor & Guide -Rs. 1000/-

9. YMCA College Scholarship

It was suggested to give the following scholarships to the students

1. Buck Memorial scholarship

About 20scholarship are awarded to students who are poor and whose parent's income is low.

Each deserving student will be given Rs. 5000/- as scholarship.

2. Dr. Amritkumar R. Moses Memorial Scholarship

There is two scholarship of Rs. 1500/- each for M.P.Ed and B.P.Ed students who secured high percentage of marks in;

A) M.P.Ed (Final year)

B) B.P.Ed (Final year)

(Only at the end of the final year the scholarship will be given)

3.Dr. Kirubakaran Memorial Scholarship

The endowment amount of Rs. 1500/-(Approximately) is awarded to the student who is outstanding in Hockey.

4. Cash award for Sports Achievers

All India Inter University / Inter State/ National approved Competition position

1. I Position: Rs. 30000/-
2. II Position: Rs. 20000/-
3. III Position: Rs. 10000/-

Representing country by approved Associations/ Federation: Rs.50000/-

The students who are **participating Interuniversity / National Competitions** – Rs.1000/- each student.

NET/SET Qualifying students during the study; Rs.5000/-

Fees Concession and Wave for students

Those who are getting Gold Medal at National Level would get 100% mess fees wave and Silver or Bronze medalist would get 50% mess fees wave.

- i. Sports quota admission at UG & PG level would be practiced and they would also be availing the scholarship
- ii. All those Medal winners should have participated in the recognized association at Junior or senior level.

The students who are **participating InterUniversity / National Competitions** – Rs.1000/- each student.

NET/SET Qualifying students during the course of study; Rs.5000/-

Fees Concession and Wave for students

Those who are getting Gold Medal at National Level would get 100% mess fees wave and Silver or Bronze medalist would get 50% mess fees wave.

- iii. Sports quota admission at UG & PG level would be practiced and they would also be availing the scholarship

- iv. All those Medal winners should have participated in the recognized association at Junior or senior level.

With this the minutes of Academic council was approved and the suggestions given by the experts would be implemented to the earliest.

Agenda -5: Selection of two subject experts from outside the parent University for Board of Studies

The principal suggested having Dr. G.Vasanthi, Professor and Head, Pondicherry University and Prof. A. Mehaboob Jhan, Department of Physical Education, Bharathidasan University, Trichy for next academic year Board of Studies. After discussion the two expert names have been approved and shall be a period of three years.

Agenda -6: Any other matter

1. Promote Quality Research- It was suggested by the University experts to initiate seed money to college teachers to do some new research and this money would help the researcher to purchase Small tools/ Apparatus/Software/ Feedback form or any innovative ideas. It was suggested to form a committee to frame the criteria for awarding the seed money initially with Rs.1000/- To drive the teachers to buy amount quality Resource projects.
2. Dr. Dilipkumar Veerajan, Medical Officer, advised the college to go for Medical screening for all the students thoroughly before the students are admitted in the college. Proper rehabilitation may be provided to the students who were affected by the COVID-19 to come up successfully in these sports.

Agenda -7: Vote of Thanks

Dr. K.Jothi Dayanandan, Convener Academic Council, thanked all the members for sharing their expertise, providing valuable suggestions, guidance for the growth and improvement of the institution.

Agenda -8: Closing Prayer

As there were no points for further discussion the meeting came to an end with a closing prayer by Dr. S. Johnson Premkumar.

The governing body members approved the minutes of the academic council meeting with few modifications :

- The Chairman, Hon. Justice Kurian Joseph suggested circulating the Academic Council minutes to all the members of the body one or two days before the meeting.
- It was approved to increase the paper valuation and the practical amount by few more rupees from what is been revised so that, teachers who value the papers should be rewarded for it.
- The Chairman, Hon. Justice Kurian Joseph questioned the appeared and pass percentage in the January 2021 Examination of B.P.E.S first-year students and asked for the reason. It was addressed by the Controller of examination that students fail more in number in the language papers. The Chairman further advised the committee to give better English teaching and spoken language and try to bloom & groom the students and help financially and with social support.
- The Hon. Vice-Chancellor, Dr. Shiela Stephen gave an idea of the Mentor and Mentee system, i.e, to the ratio of 1:25. The Chairman further added that teachers should identify, accompany and then counsel the students.
- Dr. R. Abraham informed about the existing system of having a Class registrar who acts as a mentor they can identified the problem in their class and then send for counseling.
- The Hon. Vice-Chancellor, Dr. Shiela Stephen suggested to start new courses, SWAYAM, and apply to UGC for new courses and run multidisciplinary college rather than single faculty and to expand the college vertically and horizontally.
- The Board approved to have Academic Chairman has Dr. Shiela Stephen and requested her to nominate 3 Sub-Committee members from the governing body for the growth and developmental of the college academically.
- The Chairman suggested having next Academic Growth Sub-Committee meeting on 17th July Saturday at 5.00p.m through virtual mode along with new committee members.

AGENDA No: 6 Vote of thanks (Staff representative)

As there were no points for further discussion the meeting came to an end with Vote of thanks by Dr .J. Jackson Sutharsingh, controller of examinations.

Hon. Justice Kurian Joseph (Retd)
Chairman, Governing Body

YMCA COLLEGE OF PHYSICAL EDUCATION, NANDANAM, CHENNAI- 35

Minutes of the Finance committee Meeting

Date: 01.06.2017

Time: 3.30 am

Venue: Chairman's Chamber

Members Present:

1. Mr. Koshy Mathew, Chairman
2. Mr. CH. R.P Manikumar, National General Secretary
3. Mr. Jacob Rajkumar, Vice President NCYI & Correspondent & Secretary
4. Mr. Paulson, Secretary Southern Region
5. Dr. J.Jackson Sutharsingh, Staff Representative
6. Dr. J. Glory Darling Margaret, Principal i/c

1. Opening Prayer/ Devotion:

The meeting commenced with a word of prayer by Dr. J.Jackson Sutharsingh

2. Welcome and Chairman's Address

Mr. Koshy Mathew , Chairman extended a warm welcome to Mr. CH. R.P Manikumar, National General Secretary Mr. Jacob Rajkumar, Correspondent & Secretary and the all the members of the Finance committee.

3. Roll call and Apologies

Apologies were received from Mr. R.S. Shettian, National Treasurer

4. Fees Structure 2017-18

Chairman stated that 50% of the fees collected from the Evening College, Add On Courses, Optional courses will be paid as remuneration for the staff.

20% will be retained as administration charges. All the budget will be planned and prepared by the management.

Dr. J. Jackson Sutharsingh suggested to include examination fees and exclude Annual Leadership Camp Fees of Rs. 2500/- as there will not be camp this year due to two year of B.P.Ed Course.

5. Scholarships

1. BUCK Scholarship of Rs. 1,00,000/- will be paid from the management
2. Kalaimamani Abirami Ramanathan Scholarship of Rs. 1,00,000/-

Both these scholarships will be given to outstanding 8 sports person of the current academic year

6 Men – Rs. 25,000/- each ; 2 Women- Rs. 25,000/- each

6. Utilization of funds received from UGC Grants

Mr. Paulson stated that Rs. 18,00,000/- have to be spent towards UGC programmes. Dr. J. Glory Darling Margaret, Principal i/c reported that the following programmes have been completed under UGC XII PLAN MERGED Schemes

- | | |
|---|-----------------------------|
| 1. Short Term Course on Positive Discrimination | - Dr. S. Abraham Davidson |
| Remedial Coaching (English) | - Mrs. Hepziba & Dr. Jerome |
| 2. Career Oriented Course –(Martial Arts) | - Dr. S. Glady Kirubakar |

Programmes to be completed

1. Coaching for NET
2. Coaching classes for entry in services

The above mentioned courses will be carried out in this academic year and the amount will be spent and the documents will be submitted to the UGC.

Mr. CH. R.P Manikumar, National General Secretary insisted to settle the required documents to CMDA regarding the Womens Hostel Building within 3 months of time and to receive the balance grant of Rs. 60,00,00/- from the UGC.

7. Infrastructure Development in the campus

Mr. Paulson reported that renovation work at the boys hostel, staff quarters, mess and toilets are under progress

Cots will be provided to all the students from this year

Principal i/c requested to develop infrastructure facilities for sports psychology, Exercise Physiology, Biomechanics and Anatomy and Physiology Laboratories .

Stationery shop to be provided for the students with photo copier Machines.

8. Vote of Thanks

Mr. Jacob Rajkumar, Correspondent & Secretary proposed the vote of thanks.

9. Closing Prayer

The closing prayer was offered by Dr. J. Glory Darling Margaret, Principal i/c

YMCA COLLEGE OF PHYSICAL EDUCATION: NANDANAM, CHENNAI: 600 035.

Minutes of the Board of Studies meeting held at 2.30 p.m. on 18th April 2017 (Tuesday) at the College Conference Hall.

Members Present:

1. Mr.Jacob Rajkumar, - Correspondent& Secretary, Special Invitee
2. Dr.(Mrs). Glory Darling Margaret - Principal i/c/Chairman, Bos
3. Dr.J.Jackson Sutharsingh - Convener, Board of Studies
4. Dr. VST. Saikumar, (Principal, MCPE) - University Nominee
5. Dr. Shahin (Prof.in head,Dept. of Phy.Edn. - Subject Expert
(Tamilnadu Physical Education & Sports University)
6. Dr.J. Sultana, HOD, Pondicherry Univ - Subjects Expert
7. Dr. Mrs. Uma Manohar, HOD, Q MC, - Allied Area
9. Dr. Mr.Chandran. -Representative – Industry Placement
Chief Inspector of Physical Education
10. Dr. G. Vasanthi, Asso. Prof. - Meritorious Alumni
Pondicherry University
11. Dr.(Mrs).Jothi Dayanandan - Associate Professor
12. Dr.Johnson Premkumar - Asst.Professor
- 13.Dr. S. Glady Kirubakar - Asst.Professor
14. Dr.S.Abraham Davidson - Asst.Professor
15. Dr.S.Jerome David - Asst.Professor
16. Mr.M.Felix Arockkiaraj - Asst.Professor
17. Dr.J.Samuel Jesudoss - Asst. Professor
18. Dr. Pon Anbarasu - Asst. Professor
19. Dr.J.James - Asst. Professor
20. Dr.Prabhu - Librarian
21. Mrs. Hepsibah Beulah - Physiotherapist
22. Mrs.Revathi - Computer Faculty
23. Mr.Maheswaran - Sports Trainer
24. Dr.Iyappan - Asst. Professor
25. Miss.Yogalakshmi - Sports Trainer
26. Mr.Praveen Doss - Asst. Professor
27. Tharshini - Asst.Professor
28. Sathish Kumar, MPed – II year - Student Representative

Agenda No.1: Prayer

The Meeting started with a word of prayer by Dr, S. Johnson Premkumar, Asst Professor, YMCA College of Physical Education.

Agenda No.2: Welcome by Chairman

Dr.(Mrs) Glory Darling Margret, Principal i/c and Chairman, Board of Studies extended a warm welcome to all the experts and members.

Agenda No.3: Apologies of absence (if any)

Apology of absence was received from

- | | |
|-----------------------------------|-------------------|
| 1. Mr.Koshy Mathew,Chairman, YMCA | - Special Invitee |
| 2. Mr. Manoj (TNPESU) | - Physiotherapist |
| 3. Mr.Mugil | - Physiotherapist |

Agenda No.4: Revision, Modification of Syllabus (Theory & Practical) – All Courses of study

Syllabus Revision: MPed, MSc and PGDSC

It was suggested to club the Value Education and Environmental Studies (elective papers) together as MEC204 in the second semester and Adapted Physical Education was included in first semester as MEC 104.

The Coaching Lesson: It was suggested that the existing Coaching Lesson may be specified in the mark Sheets as (Track & Field/ Basket Ball/ Cricket/ Handball/ Football/ Hockey and Volleyball).

It was recommended to add in the admission guidelines for the MSc (evening college) as, any science degree, exemption may be given for the outstanding sportsman with any degree.

Syllabus Revision: BPEd

It was recommended to include Disabilities and Inclusive Education (elective paper) in the place of Personality Development and Communication Skills as BEC305.

It was suggested to include Russell Lange Volleyball test and Friendel Field Hockey test in the place of SAI Volleyball Test and SAI Hockey Test in BCC 401 Test and Measurement in Physical Education Paper

It was decided to form a core committee to include the external coaching lesson practical along with external teaching practice for the BPEd students, right now BPEds are having two external teaching practice examination both in second and fourth semesters

Agenda No.5: Introduction of new courses (Evening College)

It was recommended to include PG Diploma in

- A) Guidance and Counseling
- B) Sports Injury Management - Syllabus enclosed

Agenda No. 6: Examination Reforms

- A) Introduction of dummy number in the main answer scripts
- B) Examination fee must be uniform for all courses of study as like MPEd – each paper Rs. 300/.
- C) Remuneration for the External Practical Examinations - each student Rs. 25/. (for all courses of study)
- D) Remuneration for the paper valuation - each answer script Rs. 20/. (for all courses of study)
- E) Remuneration for the Question Paper Setting – for each set Rs. 500/. (for all courses of study)

Agenda No. 7: IQAC

Dr. Jothi Dayanandan has expressed that she may be relieved as IQAC coordinator, so it was suggested to recommend the IQAC Co-ordinator by the Board of Management of YMCA College of Physical Education to have a new IQAC coordinator.

Agenda No. 8: Any Other Matter

i. It was discussed to convert the one year BMS Course to two years BMS course in par with BPEd degree and seek the approval from (RCI) Rehabilitation Council of India, New Delhi. Till such time the existing BMS Course will continue .

ii. It was proposed to restore and restructure BPE Course in to BPES in the College from the coming Academic year. Since UGC as accorded permission to continue BPES and MPES wide UGC Gazette dated , D.O.No.F.5-1/2015 (CPP – II) dated 31st May 2016.

iii. BPEd:

		INTERNAL	EXTERNAL
I Semester - 109 - Teaching Practice General	100		
II Semester - 209 - Teaching Practice Particular	100		
II Semester - 210 - Teaching Practice General		100	
Particular			100
III Semester BCP 309 Coaching lesson-T&f	100		
Specialization		100	
III Semester BTP Intensive Teaching Practice		100	
IV Semester BCP External Coaching Practice		200	
Track & Field Specialization		-----	
		400	500

As there were no other points for discussion, the meeting concluded with a vote of thanks by Dr.J.Jackson Sutharsingh (Convener).

Dr.J. Jackson Sutharsingh
Convener, Board of Studies

Dr.(Mrs).J. Glory Darling Margret
Principal i/c & Chairman (BOS)

Minutes of Board of Studies meeting held on 27.06.2018

Minutes of the Board of Studies meeting held at 10.30am on 27th June 2018 (Wednesday) at the College conference hall.

Members Present:

Mr.Koshy Mathew	Special Invitee
Mr.Paulson Thomas	Special Invitee
Dr.V.Mahadevan	Subject Expert
Dr.C.Arumugam	Expert for various courses
Dr.Vasanthi	Postgraduate Meritorious
Dr.George Abraham	Principal&Chairman
Dr.K.Jothi	Associate Prof
Dr.S.Johnson Premkumar	Asst.Prof
Dr.J.Jackson Sutharsingh	Asst.Prof
Dr.Glory Darling Margaret	Asst.Prof
Dr.Glady Kirubakar	Asst.Prof
Dr.S.Abraham Davidson	Asst.Prof
Dr.S.Jerome David	Asst.Prof
Mr.M.Felix Arokkiaraj	Asst.Prof
Dr.R.Prabu	Librarian
Dr.J Samuel Jesudoss	Asst.Prof
Dr.Pon Anbarasu	Asst.Prof
Dr.J.James	Asst.Prof
Dr.I.Iyappan	Asst.Prof
Mr.B.Praveen Doss	Asst.Prof
Mr.K.Karthikeyan	Asst.Prof
Mr.R.Rajesh	Asst.Prof
Mrs.J.Komala	Asst.Prof
Mr.G.Bobby	Asst.Prof
Mr.K.Mughil	Physiotherapist
Dr.E.Abraham Jebasingh	Asst.Prof
Mrs.Mabelda	Computer Teacher

Agenda No:1

- The meeting commenced with a word of prayer by Dr. Abraham Jebasingh, Part-time Lecturer in English, YMCA College of Physical Education

Agenda No:2

- Principal welcomed all the special invitees, subject experts, meritorious alumni and the faculty members of YMCA College of Physical Education

Agenda No: 3

- Apologies for the absents of Dr. Saikumar, Principal & Secretary, Maruti College of Physical Education, Coimbatore.

Agenda No:4

Revision & Modification of Syllabus

Agenda No: 4A

It was suggested to change the following in the M.PED Course of study

MCC 302 CURRICULUM DESIGN IN PHYSICAL EDUCATION

Present content	Changes Required
UNIT- I Introduction to Curriculum Subject centred , learned centred and community centered is repeated Instead of theories of curriculum development	Introduction to Curriculum and Curriculum Design need to be deleted I. include Old and modern concept of curriculum Patterns of curriculum to be included Meaning, definition of Curriculum Design – basic principles for planning Curriculum design
UNIT- II- Basic Principles of curriculum Development Sources of curriculum	delete sources of Curriculum in topic as well as sources of curriculum materials (modified a separate Unit V as Curriculum Sources)
Unit- III Integration of Physical Education with other Faculties	To be changed as Unit- IV
Unit- V Curriculum Sources	To be changed as as Unit- III
Unit- IV Curriculum Appraisal or Evaluation	To be changed as Unit- V Include- Characteristics, Types and importance of Evaluation in curriculum

In semester IV M.P.Ed, to equip the students for competitive and professional exams the following paper can be included as core paper

MCC- 403 PROFESSIONAL PREPARATION FOR NET/ SET / TRB/ TNPSC can be included as a core paper. For that it was decided each semester three elective papers.

Semester - I

MEC 104 – Adopted Physical Education

MEC 105- SPORTS Management

MEC 106 – Sports Technology

Semester - II

MEC 204 – Value education

MEC 205 - Environmental Science

MEC 206 - Sports Nutrition & Health Promotion

Semester - III

MEC 304 - ICT in Physical Education

MEC 305 - Sports Engineering

Semester - IV

MCC 404- as Dissertation

Agenda No:4B

As per the decision by the Subject Experts, it was suggested to change the following in the B.P.Ed Course of study

- BCC – 303 Education Psychology and Sociology all the units are merged with BCC 101. The title of the subject is changed to Principles & Foundation of Physical Education, Educational psychology and sociology.

BCC 101

Principles, Foundations of Physical Education, Education Psychology and Sociology

Unit : I Introduction and Foundation of Physical Education

Meaning – definition- scope- aims & objectives of phy edn-Importance of phy edn in present era- relationship of phy edn with general education – phy edn as an art & science- philosophical foundation – idealism – pragmatism – naturalism – realism – humanism- existentialism.

Unit : II Principles of Physical Education

Biological – Growth & development – age & gender – characteristics – body types- anthropometric differences. Psychological – Attitude – interest – cognition & sentiments. Sociological – Social Integration & Cohesiveness.- Leadership.

Unit : III Education Psychology

Meaning – Importance and scope of psychology & educational psychology- Various stages of Growth and development-types and nature of individual differences - theories of learning – laws of learning – learning curve, types of learning curve – transfer of learning. Meaning & Nature of motivation & aggression - Motivation & its impact on sports performance. Meaning & nature of anxiety & stress. Types of anxiety & stress, Effect of anxiety & stress on sports performance.

Unit : IV Sports Psychology

Meaning, Importance and Scope of Sports Psychology- General Characteristics & Various stages of Growth and development-types and nature of individual differences in Sports- factors affecting the sports performance – heredity and environment – Psycho – sociological aspects of Human behavior in relation to physical education and sports.

Unit : V Sociology

Orthodoxy, customs, tradition & phy edn. – Socialization through phy edn – importance of culture and effect of culture on life style.

1. The title of the subject BCC- 201 – History of Physical Education, Recreation and Camping has been proposed to change as History of Physical Education, Recreation, Camping and Guidance & Counseling.

Unit :IV – Recreation and Camping as merged as one unit.

Unit: V - Guidance and Counseling.

Meaning, definition of Guidance and Counseling- Educational and Vocational guidance, Guidance for gifted, slow learners, the disadvantaged, under achievers, exceptional, juvenile developments, differentially abled-types of counseling-crisis, school, individual, peer and small group, role of counselor and the teacher in counseling.

3. In BCC- 203 Principles and Techniques of Officiating Coaching Part –I(Badminton, Ball Badminton, Softball, Table Tennis, Chess, Carrom, Tennis, Basketball, Volleyball, Football, Throw ball, Track events and Jump Events.) Page No: 20 Games are transferred to III Sem BCC-303 Page No: 24 & Track & Jump events are transferred to BCC 203 and BCC-403 [Page No: 29] throw events also included in BCC – 203. Page No : 20

BCC -203

Principles and Techniques of officiating and coaching – Part –I

UNIT-I

Qualification and qualities of an official- philosophy of officiating – general principles of officiating – Pre, During & Post duties of official – Mechanism of officiating – Official signals and powers – system of officiating – position of officiating.

UNIT-II

Dimension & Layout of track events – Rules & Regulations – Track event Measurement and Specification of Equipments –Track & Field- layout of track , sprint, hurdle, middle , long distance and relay events.

UNIT-III

Dimension & Layout of Jump events – rules and regulations – measurements and specification of equipments- track & field – layout of long jump , high jump and polevault.

UNIT – IV

Dimension & Layout of throw events – rules and regulations – measurements and specification of equipments- track & field – layout of shot-put, discus, javelin & hammer throw.

UNIT – V

Skills & Techniques, Drills & Lead up Activities to develop various techniques in track and field events.

4. **BCC – 303** is Vacant. For that new paper is included as Principles and Techniques of Officiating Coaching Part –II [Badminton, Ball Badminton, Softball, Table Tennis, Chess, Carrom, Tennis, Basketball, Volleyball, Football, Throwball.] Following the previous syllabus.
5. **BCC – 403** Principles and Techniques of Officiating Coaching Part –II Change as Part III

BCC 401 – Test & Measurement in Physical Education – Unit – III- Page No: 27

- a. National Physical Fitness Test, U. S. Army Physical Fitness Test are Deleted.
- b. Barrow Motor Ability Test, Johnson Test of Motor Educability, Cozen Test of general Athletic Ability Test, SDAT Battery Test are Included.

BPC-406 Practical

The following activities are included in the **BPC 406** - Track & Field Marking – Play field marking – Training methods – Test & Measurements. Each Activities 25 Marks.
[Total : 100+100 = 200]

BCC 101 - Principles & Foundation of Physical Education, Educational psychology and sociology.

BCC 203- Principles and Techniques of officiating and coaching [Track & Field] – Part –I

It was suggested that the subcommittee should be formed to review the track & field syllabus.

BCC 303 - Principles and Techniques of Officiating Coaching Part –II [Badminton, Ball Badminton, Softball, Table Tennis, Chess, Carrom, Tennis, Basketball, Volleyball, Football, Throwball.]
Following the previous syllabus

BCC – 403 Principles and Techniques of Officiating Coaching Part –II Change as Part III

Practical

The following activities are included in the **BPC 406** - Track & Field Marking – Play field marking – Training methods – Test & Measurements. Each Activities 25 Marks.
[Total : 100+100 = 200]

The Committee approved the following changes in the BPEES course of study

Semester I

Page No: 21

Paper II English -I

Unit IV

- c. Translation (Deleted)
- c. Auxiliary Verbs (Added)

Unit V

(Added)

- a. The Hymn of Creation- poetry
- b. The Living God- Poetry
- c. Character Building - Prose

(Deleted)

- a. Cabuliwallah- Rabindranath Tagore
- b. The Last Leaf- O. Henry
- c. Upper Division Love - Manohar Malgonkar

Semester II

Page No: 29

Paper VI English - II

Unit II

- b. Translation- Idioms and Phrases (Deleted)
- b. Idioms and Phrase (Added)

Unit -IV and Unit- V (Deleted)

Unit IV

- Grammar (Added)
- a. Kinds of Sentence
- b. Reported Speech

Unit V Prose

- (Added)
- a. What I Cherish Most
- b. On forgetting

Semester II

Page No: 30

Paper VII Anatomy and Physiology

Unit I

- (Added)
- Descriptive Terms Used to describe the Human body and movements.

Semester III

Paper X English - III

Unit II

- b. Translation- Sentences - Tamil to English (Deleted)
- b. Voice and Tenses (Added)

Unit -IV and Unit- V (Deleted)

Unit IV

- Grammar (Added)
- a. Degrees of Comparison
- b. Articles

- Unit V Essays (Added)
- Happy life
 - Laugh and Be Merry

Semester III

Paper XI Health and safety Education
Unit- III- (Added)

- Non-Communicable Diseases
- Cardio vascular Diseases
 - Cardio respiratory Diseases
 - Cancer
 - Diabetes

Semester IV

Paper XIV English – IV
Unit –IV and Unit- V (Deleted)

- Unit IV Grammar(Added)
- Direct and Indirect Speech
 - Active and Passive Voice

- Unit V Extensive Reader(Added)
- R.K. Narayan
 - Jagadish Chandra Bose
 - Dr. S. Radhakrishnan

Semester V

Paper XVII Science of Yoga
Unit I

- (Added)
- Patanjali yoga sutra and
 - Thirumoolar Thirumandiram

- Unit V (Added)
- Methods of yogic practices
 - Prayer- Asana – Prandyara- kriyas – Meditation – closing prayer

Semester V

Paper XIX Kinesiology and Biomechanics
Unit III (Added)

Axes and Planes

- Part V: Extension Activities/ Village Placement Program
VPP to be shifted from III yr to II yr in fourth semester.

It was suggested to remove cardio vascular diseases, cardio respiratory diseases and to add hyper tension and arteriosclerosis along with diabetics

Agenda No: 4D

It was suggested to add the PG Diploma in Track & Field along with existing approved evening college courses.

The controller of TNPESU Dr. Arumugam suggested changing the existing nomenclature by not using the term training and coaching. Thus it was suggested to make it as PG diploma in Also he suggested to send the change of nomenclature to university.

PG Diploma in Track & Field.

POST GRADUATE DIPLOMA COURSE IN SPORTS COACHING – TRACK & FIELD

Theory :	PSCC3	Techniques in Track & Field Events
Practical:	PSPR6	Coaching Lesson Track & Field Events
	PSPR7	Officiating Track & Field Events
Project:	PSPR8	Project (The students should learn to participate, officiate & organize Different athletic competition held during a course of study. A Project report should be submitted by each student at the end of the academic year)

UNIT- 1

Origin and development of Federation, Associations, Sports Councils in India and World

Unit- II Construction of Track

Types of Track and Types of Surfaces- Plan of Track and field with all measurements and markings

UNIT - III Marking & Measurements of Field Events

Plan of Jumping & Throwing events with all measurements and markings.

UNIT-IV Sprint, Middle, Long and Combined Events

Rules, interpretations and techniques and teaching method for Sprint Events, middle distance events, long distance events, Marathon, combined events and race walking

UNIT-V- Throwing Events

Rules, interpretations and techniques and teaching method for Throwing Events

UNIT-VI- Jumping Events

Rules and interpretations & Techniques of Jumping Events

UNIT- VII- Mechanism of officiating

Duties of officials – Mechanism of officiating in Running, Jumping, and Throwing combined and Race walking events.

UNIT- VIII Evaluation

Drills & Lead up activities – Evaluation of Athletic performance.

Agenda : 5 Examination Reforms

Examination Reforms 2018-19

A) It has been suggested to have Internal and External question paper Setters for the Semester and Arrear Examinations.

B) The Question Paper Setters must have minimum of 5 Years of experience in teaching.

C) Three set of Question papers will be collected instead of two set of question papers from Examiners. Odd Semester Results of all courses were published on - 20.12.2017 and were uploaded in the website of the college. The percentage of pass is given below:

NOVEMBER - 2017

SL.NO.	CLASS	STUDENTS	STUDENTS	NO. OF	%
		STRENGTH	APPEARED	PASS	
1	M.P.E.D II	06	6	6	100
2	M.P.E.D I	47	41	39	95
3	B.P.E.D. II	92	76	70	92
4	B.P.E.D. I	95	91	85	93
5	B.M.S.	2	2	2	100
6	B.P.E.S.	58	50	16	32
7	M.Sc. II	4	4	4	100
8	M.Sc. I	6	2	2	100

Even Semester Results of all courses were published on - 30/04.2018 and were uploaded in the website of the college. The percentage of pass is given below:

APRIL - 2018

SL.NO.	CLASS	STUDENTS	STUDENTS	NO. OF	%
		STRENGTH	APPEARED	PASS	
1	M.P.E.D II	06	6	6	100
2	M.P.E.D I	47	34	34	100
3	B.P.E.D. II	92	90	90	100
4	B.P.E.D. I	94	8	85	95
5	B.M.S.	2	2	2	100
6	B.P.E.S.	58	2	13	56
7	M.Sc. II	4	4	4	100
8	M.Sc. I	6	2	2	100
9	PGDSC	4	4	4	100

o The ODD and Even semester results are approved

Agenda : 6 IQAC

- Present IQAC coordinator requested for change of Coordinator.

Agenda : 7 Any other Business.

- The management has proposed to offer the following Scholarship to the outstanding sports persons
- The students who are participating All India Interuniversity/ National Competitions –
- Inter University participation – Rs. 1000/- each student

All India Inter University and National Competition position

- Ist Position: Rs. 30000/-
- IInd Position: Rs.20000/-
- IIIrd Position: Rs.10000/-

Representing Country by approved associations and federation: Rs. 30000/-

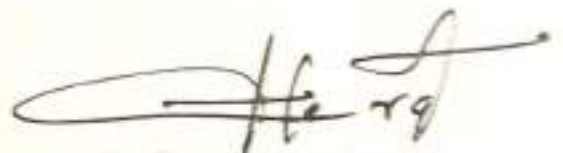
NET/ SET Qualifying students during course of study: Rs5000/-

- It was suggested that D.P.Ed course of study may be taken up by university and to award the degree. If D.P.Ed programme comes under the affiliation of university under the college autonomy the students can be benefited by representing university.
- It was also suggested to bring out lateral entry system in the second year of BPES course of study.
- The students who have completed Diploma after 10th standard (with minimum of two years) are eligible to join the BPES course of study.

The convener Dr. Johnson Premkumar of BOS proposed vote of thanks and the meeting came to an end by offering word of prayer by Dr. Glory Darling Margret



Dr. S. Johnson Premkumar
Convener, BOS



Dr. George Abraham
Principal & Chairman BOS

YMCA COLLEGE OF PHYSICAL EDUCATION, NANDNAM, CHENNAI-35

Minutes of Board of Studies meeting held on 01.07.2019

Minutes of the Board of Studies meeting held at 10.30am on 01st July 2019 (Monday) at the College conference hall.

Members Present:

Mr.Koshy Mathew	Special Invitee
Mr.Paulson Thomas	Special Invitee
Dr.V.Mahadevan	Subject Expert
Dr.Indira	Subject Expert
Dr.Vasanthi	Postgraduate Meritorious
Dr. K.Jothi	Principal i/c&Chairman
Dr.S.Johnson Premkumar	Asst.Prof
Dr.J.Jackson Sutharsingh	Asst.Prof
Dr.Glory Darling Margaret	Asst.Prof
Dr.Glady Kirubakar	Asst.Prof
Dr.S.Abraham Davidson	Asst.Prof
Dr.S.Jerome David	Asst.Prof
Mr.M.Felix Arokkiaraj	Asst.Prof
Dr.R.Prabu	Librarian
Dr.J.Samuel Jesudoss	Asst.Prof
Dr.Pon. Anbarasu	Asst.Prof
Dr.J.James	Asst.Prof
Mr.B.Praveen Doss	Asst.Prof
Mr.K.Karthikeyan	Asst.Prof
Dr.R.Rajesh	Asst.Prof
Dr..J.Komala	Asst.Prof
Dr.G.Bobby	Asst.Prof
Mr.S.Sathish Kumar	Asst.Prof
Mrs.Hepsiba Beula	Physiotherapist
Mrs.Mabelda	Computer Teacher

Agenda No: 1

- The meeting commenced with a word of prayer by Dr.S.Johnson Premkumar Asst.Prof.YMCA College of Physical Education

Agenda No: 2

- Principal i/c welcomed all the special invitees, subject experts, meritorious alumni and the faculty members of YMCA College of Physical Education

Agenda No: 3

- Apologies for the absence of Dr. Saikumar, Principal & Secretary, Maruti College of Physical Education, Coimbatore., Dr. C. Arumugam, COE, TNPESU., Mr. Mughil, Mr. Sai Abhinav, Dr. Abraham Jebasingh & Mr. Balaraman was accepted.

Agenda No: 4

- Minutes of previous Board studies meeting minutes was approved.

Agenda No: 5

Revision & Modification of Syllabus

Agenda No: 5A

ITEM – I

MPEd

Dr. S. Gladys Kirubakar Asst. Prof. presented the changes mentioned in the MPEd syllabus. It was suggested that there will not be minimum marks for passing in both internal and external examinations. The committee resolved internal & external of total 50% is (50/100). The required marks for passing for all courses of study.

The same was approved.

ITEM -II

BPEd

Dr. S. Abraham Davidson Asst. Prof. presented the changes mentioned below in the BPEd syllabus.

It was suggested that there will not be any changes in BCC-101, BCC-302.

BCC 101 Principles and foundation of Physical Education, guidance and counseling

UNIT-I

- Relationship of Physical Education with General Education & Physical education as an art & Science **are deleted. No changes, will be continued**

UNIT-II

- Fitness and wellness movement in the contemporary perspectives & Sports for all and its role in the maintenances and promotion of fitness are **deleted. Since it is repeated in IV Semester.**

UNIT-IV

- Social acceptance and recognition **is deleted. No changes, will be continued**

BCC -302 Health Education and Environmental Studies

UNIT – III

- Plastic recycling and probation of plastic bag/ cover **is deleted. No changes, will be continued**

ITEM –III

Further changes were approved in BCC-203&BCC-403 as mentioned below:

BCC – 203 Principles and Techniques of officiating and coaching – Part –I

Present content

UNIT-I

Qualification and qualities of an official- philosophy of officiating – general principles of officiating – Pre, During & Post duties of official – Mechanism of officiating – Official signals and powers – system of officiating – position of officiating.

UNIT – V

Skills & Techniques, Drills & Lead up Activities to develop various techniques in track and field events.

BCC 203 Principles and Techniques of Officiating and Coaching Part- I

The following could be replaced or included Unit- I

UNIT	PRESENT CONTENT	CHANGES REQUIRED
UNIT-1	Qualification and qualities of an official- philosophy of officiating – general principles of officiating – Pre, During & Post duties of official – Mechanism of officiating – Official signals and powers – system of officiating – position of officiating	Age and sex categories of athletes – Entries – Clothing, shoes and Athlete Bibs- Assistance to athletes- Protest and Appeals- Duties and powers of International Officials – Management Officials - Competition Officials – Additional Officials
UNIT-II, III & IV		NO CHANGES
UNIT-V	Skills & Techniques, Drills & Lead up Activities to develop various techniques in track and field events.	Combined Events Competitions – Race Walking Events - Cross country Races- Mountain races- Trail Races –scoring(to be included)

ITEM - IV

BCC -402 Kinesiology and Biomechanics

UNIT – I

- Terminology of Fundamental movements can be changed as Terminology of Fundamental body movements
- Classification of joints and muscles can be changed as **Kinesiological classification of joints and muscles. Shifted to Unit -1**

UNIT – II

- In Types of muscle Contraction – (Isotonic, (Concentric & Eccentric)Isokinetic & Isometric are added
- Posture –Meaning Types and importance of Good Posture is changes as Meaning, Definition and types of Posture- Importance of good Posture – Types of Postural deformities.
- **Causes & corrective measures of posture was added.**

The committee approved the same

BPES

Mr.M..Felix Arokkiaraj Asst.Prof.presented the changes metioned below in the BPES syllabus.

It was suggested to include

- Teaching practice (**General , Particular & Intensive Teaching practice**) in III & IV Semester

The committee approved the same

Agenda: 5 Examination Reforms - Examination RESULTS 2018-19

Dr. J. Jackson Sutharsingh Asst.Prof. COE, presented Odd Semester Results of all courses of study and the Examination reforms

- A. Odd Semester Results of all courses were published on 18.02.2019 - and were uploaded in the website of the college. The percentage of pass is given below:

Examination RESULTS 2018-19

NOVEMBER – 2018

SL.NO.	CLASS	STUDENTS STRENGTH	STUDENTS APPEARED	NO. OF PASS	%
1	M.P.E.D II	47	40	40	100
2	M.P.E.D I	45	32	27	84.38
3	B.P.ED. II	92	92	81	88.04
4	B.P.ED. I	95	95	72	75.79
5	B.P.E.S.II	58	38	33	86.84
6	B.P.E.S I	76	56	43	76.79
7	M.Sc. II	6	2	1	50
8	M.Sc. I	6	6	6	100

Even Semester Results of all courses were published on - 03.05.2019 and were uploaded in the website of the college. The percentage of pass is given below:

APRIL – 2019

SL.NO.	CLASS	STUDENTS STRENGTH	STUDENTS APPEARED	NO. OF PASS	%
1	M.P.E.D II	47	47	47	100
2	M.P.E.D I	46	28	28	100
3	B.P.ED. II	94	94	94	100
4	B.P.ED. I	95	88	84	95.45
5	B.P.E.S. II	58	22	20	90.91
6	B.P.E.S I	76	39	34	87.18
7	M.Sc. II	6	2	1	50
8	M.Sc. I	7	7	7	100
9	PGDSC	4	4	2	50

Examination Reforms:

It was suggested to have revaluation and an appeal against results of the semester examination may be made to the principal by the students concerned within 15 days of publication of the results by paying a fee of Rs.200 for each paper. Further, Revaluation may be conducted with a prescribed fee of Rs.1000 for each paper. Revaluation is applicable for the current regular Semester papers only and not applicable for arrear examinations.

It was suggested to add AMC for the Software of the mark statement at the Examination centre from Mrs. Jayaseeni Software Solutions.

The committee approved the same

Agenda: 7 Any other Business.

- . Dr.Prabu Librarian suggested updating the software and budgeting for the library to be allocated every year.
- Existing Soft ware for attendance to be updated and portal of the college to be prepared by the committee headed by Mr.Felix Arokkiaraj & Dr.Prabu & Mrs.Mabelda.
- Mrs. Mabelda the Computer Teacher will be in-charge for maintaining the attendance through Software for all courses of the studies.
- Mr. Koshy Mathew Correspondent & Secretary requested the staff for the cooperation in the functioning of YMCA College of Yoga & Research Institute.

The convener Dr. **J. Glory Darling Margaret** of BOS proposed vote of thanks and the meeting came to an end by offering word of prayer by Dr J.Jackson Sutharsingh

Dr. J.Glory Darling Margaret
Convener,BOS

Dr.K. Jothi Dayanadan
Principal i/c& Chairman BOS

YMCA COLLEGE OF PHYSICAL EDUCATION, NANDANAM, CHENNAI-35

BOARD OF STUDIES - 1st JULY 2019

Notes on Agenda

Agenda No: 4A

BPEd -

ITEM - I

BCC 101 Principles and foundation of Physical Education, guidance and counseling

UNIT-I

- Relationship of Physical Education with General Education & Physical education as an art & Science **are deleted.**

UNIT-II

- Fitness and wellness movement in the contemporary perspectives & Sports for all and its role in the maintenances and promotion of fitness **are deleted. Since it is repeated in IV Semester.**

UNIT-IV

- Social acceptance and recognition **is deleted.**

ITEM -II

BCC – 203 Principles and Techniques of officiating and coaching – Part –I

Present syllabus content of

UNIT-I

Qualification and qualities of an official- philosophy of officiating – general principles of officiating – Pre, During & Post duties of official – Mechanism of officiating – Official signals and powers – system of officiating – position of officiating.

UNIT-II

Dimension & Layout of track events – Rules & Regulations – Track event Measurement and Specification of Equipments –Track & Field- layout of track , sprint, hurdle, middle , long distance and relay events.

UNIT-III

Dimension & Layout of Jump events – rules and regulations – measurements and specification of equipments- track & field – layout of long jump , high jump and polevault.

UNIT – IV

Dimension & Layout of throw events – rules and regulations – measurements and specification of equipments- track & field – layout of shot-put, discus, javelin & hammer throw.

UNIT – V

Skills & Techniques, Drills & Lead up Activities to develop various techniques in track and field events.

New Syllabus is

BCC 203 Principles and Techniques of Officiating and Coaching Part- I

The following could be replaced or included Unit- I

UNIT	PRESENT CONTENT	CHANGES REQUIRED
UNIT-1	Qualification and qualities of an official- philosophy of officiating – general principles of officiating – Pre, During & Post duties of official – Mechanism of officiating – Official signals and powers – system of officiating – position of officiating	Age and sex categories of athletes – Entries – Clothing, shoes and Athlete Bibs- Assistance to athletes- Protest and Appeals- Duties and powers of International Officials – Management Officials - Competition Officials – Additional Officials
UNIT-II, III & IV		NO CHANGES
UNIT-V	Skills & Techniques, Drills & Lead up Activities to develop various techniques in track and field events.	Combined Events Competitions – Race Walking Events - Cross country Races- Mountain races- Trail Races

ITEM - III

BCC -302 Health Education and Environmental Studies

UNIT – III

- Plastic recycling and probation of plastic bag/ cover **is deleted**.

ITEM - IV

BCC -402 Kinesiology and Biomechanics

UNIT – I

- Terminology of Fundamental movements can be changed as **Terminology of Fundamental body movements**

UNIT – II

- Classification of joints and muscles can be changed as **Kinesiological classification of joints and muscles**
- In Types of muscle Contraction – **(Isotonic, (Concentric & Eccentric) Isokinetic & Isometric are added)**
- Posture –Meaning Types and importance of Good Posture is changes as **Meaning, Definition and types of Posture- Importance of good Posture – Types of Postural deformities.**

MPEd

There are no minimum means for passing in both internal and external examinations.

BPES – It is suggested to included

- Teaching practice to be included in III & IV Semester
- In V Semester – Intensive Teaching practice
- End of the IV Semester- Internal Examinations
- In VI Semester - Students will undergo External Examination

Agenda: 5 Examination Reforms

Odd Semester Results of all courses were published on 18.02.2019 - and were uploaded in the website of the college. The percentage of pass is given below:

NOVEMBER – 2018

SL.NO.	CLASS	STUDENTS STRENGTH	STUDENTS APPEARED	NO. OF PASS	%
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8	M.Sc. I	6	6	6	100

Even Semester Results of all courses were published on - 03.05.2019 and were uploaded in the website of the college. The percentage of pass is given below:

APRIL – 2019

SL.NO.	CLASS	STUDENTS STRENGTH	STUDENTS APPEARED	NO. OF PASS	%
1	M.P.E.D II	47	47	47	100
2	M.P.E.D I	46	28	28	100
3	B.P.ED. II	94	94	94	100
4	B.P.ED. I	95	88	84	95.45
5	B.P.E.S. II	58	22	20	90.91
6	B.P.E.S I	76	39	34	87.18
7	M.Sc. II	6	2	1	50
8	M.Sc. I	7	7	7	100
9	PGDSC	4	4	2	50

Examination Reforms:

Appeal against results of the semester examination may be made to the principal by the students concerned within 15 days of publication of the results by paying a fee of Rs.200 for each paper. Revaluation may be conducted with a prescribed fee of Rs.1000 for each paper

YMCA COLLEGE OF PHYSICAL EDUCATION, NANDNAM, CHENNAI-35

Minutes of Board of Studies meeting held on 25.08.2020

Minutes of the Board of Studies meeting held at 10.30am on 25th August2020 (Tuesday) through virtual mode.

Members Present:

Mr.Benjamin Franklin	Special Invitee
Mr.Rajjiv George	Special Invitee
Dr.V.S.T.SaiKumar	University Nominee
Dr.C.Arumugam	Expert for various courses
Dr.V.Mahadevan	Subject Expert
Dr.Vasanthi	Postgraduate Meritorious
Mr.Vincent Sahayaraj	Industrialist
Dr. George Abraham	Principal &Chairman(BOS)
Dr.K.Jothi Dayanandan	Associate Prof.
Dr.S.Johnson Premkumar	Asst.Prof
Dr.J.Jackson Sutharsingh	Asst.Prof
Dr.Glory Darling Margaret	Asst.Prof
Dr.Glady Kirubakar	Asst.Prof
Dr. S.Jerome David	Asst.Prof
Dr.E.Simson Jesudass	Asst.Prof
Dr.S.Abraham Davidson	Asst.Prof
Mr.M.Felix Arokkiaraj	Asst.Prof
Dr.A.Merlin Thanka Daniel	Asst.Prof
Dr.R.Prabu	Librarian
Dr.J.Samuel Jesudoss	Asst.Prof
Dr.Pon. Anbarasu	Asst.Prof
Dr.J.James	Asst.Prof
Mr.B.Praveen Doss	Asst.Prof
Mr.K.Karthikeyan	Asst.Prof
Dr..J.Komala	Asst.Prof
Dr.G.Bobby	Asst.Prof
Mr.S.Sathish Kumar	Asst.Prof
Mr.V.Sai Abhinav	Asst.Prof
Mr.K.Mugil	Physiotherapist
Dr.Abraham Jepasingh	English Prof
Mrs.Mabelda	Computer Teacher

Agenda No: 1

The meeting commenced with a word of prayer by Rev. Abraham Jebasingh

Agenda No: 2

Principal Dr. George Abraham welcomed all the special invitees, subject experts, meritorious alumni and the faculty members of YMCA College of Physical Education

Agenda No: 3

Apologies for the absence were received from Dr. Indira , Director of Physical Education , JBAS College for women, Chennai was accepted

Agenda No: 4 Revision & Modification of Syllabus

Item No : 1

There is no specific changes in revision and modification of syllabus for the academic year 2020-21 in the following courses of study

M.P.Ed – Master of Physical Education (2 years)

B.P.Ed – Bachelor of Physical Education (2 years)

B.P.E.S - Bachelor of Physical Education and Sports (3 years)

Dr. S. Johnson Premkumar said that there is no specific changes required in the M.P.Ed syllabus for the academic year 2020-21

Dr. S. Jerome David said that there is no changes required in B.P.E.S Curriculum this year

Dr. S. Gladly Kirubakar requested Mr. Praveendoss to express his opinion on Outcome-based education (OBE) for B.P.Ed Course of study

Mr. Praveendass suggested to introduce Outcome-Based Education (OBE), is an educational theory that bases each part of an educational system around goals (outcomes) in B.P.Ed courses of study .

By the end of the educational experience, each student should have achieved the goal. There is no single specified style of teaching or assessment in OBE; instead, classes, opportunities, and assessments should all help students achieve the specified outcomes.

The role of the faculty adapts into instructor, trainer, facilitator, and/or mentor based on the outcomes targeted. OBE also uses the same methodology formally and informally adopted in actual workplace to achieve outcomes. It focuses on the following skills when developing curricula and outcomes: Life skills, Basic skills, Professional and vocational skills, Intellectual skills, and Interpersonal and personal skills .

Dr. Vasanthi , Professor & Head ,Dept of Physical Education Pondicherry University said too much of diversion and choices in subjects will demand more teachers for each subjects. Dr. V.S.T Saikumar Principal & Secretary , Maruthi College of Physical Education said that Balancing act of papers and staff has to be given priority in Choice Based Credit System .

Dr. V. Mahadevan, Professor & Head , Department of Physical Education, University of Madras suggested that the SWAYAM online courses -National Programme on Technology Enhanced Learning (NPTEL) is a project of MHRD are available for students to enhance skills and strengthen the education models and technology into lives.

Dr. S. Johnson Premkumar , Dr. K. Jothi and said that the B.P.Ed course in our college has sufficient elective papers , Add on and Optional courses along with Distance Education courses offered by TNPESU where Life skills, Basic skills, Professional and vocational skills, Intellectual skills, Inter personal skills are taught extensively as mentioned in Outcome-based education (OBE). So it was suggested that such nomenclature is not necessary for our curriculum .

The Committee approved the same .

Agenda No: 6A

Dr. J.Jackson Sutharsingh Controller of Examination, presented the Examination Results of Odd semester (November 2019) which was published on 04.02.2020. The percentage of pass is given below

SEMESTER EXAMINATION RESULTS – NOVEMBER 2019 PERCENTAGE OF PASS

SL.NO.	CLASS	STUDENTS STRENGTH	STUDENTS APPEARED	NO. OF PASS	%
1	M.P.E.D II	46	33	31	94
2	M.P.E.D I	60	41	39	95
3	B.P.ED. I	98	82	73	89
4	B.P.ED. II	100	85	52	61
5	B.P.E.S. III	58	31	28	90
6	B.P.E.S. II	76	44	30	68
7	B.P.E.S.I	77	45	34	76
8	M.Sc.II	7	7	7	100
9	M.Sc.I	6	6	6	100

Agenda No: 6B- Examination

Dr. J.Jackson Sutharsingh COE said that due to COVID – 19 Pandemic situation the final semester examination 2019-20 will be conducted tentatively by the end of September 2020 as per the state

Govt guidelines and the direction of TNPESU. The final year students having Backlog papers (arrears) will be held as per feasibility and suitability at a later date.

He also said that as per the Government guidelines 30% of marks from the previous semester and 70% of marks from the internal assessment will be the aggregate marks for the 1st year and 2nd year students of B.P.E.S., B.P.Ed., M.P.Ed., & M.Sc .

It was suggested by Dr. C. Arumugam that TNPESU under the guidance of Vice Chancellor is conducting the examination through online for 3hrs (25marks- Multiple Choice questions and 50 marks- Essay questions) . Students will write the essay questions by hand in paper take photograph or scan the copy and will send to the COE.

Dr. V.S.T Sai Kumar , Principal & Secretary Maruthi College of Physical Education said that they have conducted the model examination through online and found successful . Initially it was difficult where only 60% of students appeared later when it was made mandatory 100% students participated. He further said that Practical examination was conducted through online mode with viva voce. Survey of students support for e-learning was made initially before two 2 months and worked to for virtual mode of teaching and learning .

Mr. Benjamin Franklin Correspondent & Secretary suggested to have one hour online examination as a trial for students.

It was decided that online examination can be conducted for the final semester with the following measures

1. Survey of students support for e-learning and online education/ examination to be taken by the class teachers.
2. Online classes to be conducted prior to the examination to face uncertainty and getting in sync with teaching and learning
3. Class teachers should educate students to appear for on line examination
4. Preview online exam assessment to be conducted by the class teachers for one hour as a trail test for Internal Assessment
5. Model Examination for 2 hours shall be conducted by the subject teachers concerned and internal final marks will be submitted to the COE
6. Dissertation can be completed and viva voce can be conducted through online .
7. Question paper and evaluation of answer sheets of the final semester will be done by Controller of Examination.

Principal Dr. George Abraham said that all the efforts will be taken tentatively till the clear order from the state government and TNPESU is received.

The committee approved the same

Agenda 6: Internal Quality Assurance Cell

Principal Dr. George Abraham stated that Dr. J. Glory Darling Margaret will be the IQAC coordinator

Dr. J. Glory Darling Margaret IQAC coordinator presented the members of YMCA College IQAC for the year 2020-21 and 2021-22

S. No	Designation	Members
1	Chairperson	Dr. George Abraham
2	Teachers to represent all levels	Dr. K.Jothi Dayanandan Dr. S. Johnson Premkumar Dr.J .Jackson Sutharsingh Dr. S. Glady Kirubakar Dr. R. Prabu
3	One member from the Management	Mr. Benjamin Franklin Correspondent & Secretary
4	The senior administrative officer (Office Superintendent/Manager)	Mr. Rajjiv George
5	One nominee each from the Local Society/Trust, Students and Alumni	Local Trust : Mr. V.K. Varghese Student Representative :Ms. Vigneswari , M.PEd Alumni :
6	One nominee each from Employers/Industrialists/Stakeholders	Stakeholders :Dr. Shoba Leslie Dr. Shahin Ahmed
7	One of the senior teachers as the Coordinator of the IQAC	Dr. J. Glory Darling Margaret

It was approved.

Agenda: 7 Any other matter

1. Dr. K. Jothi raised that the students would copy from the books to answer essay questions Dr. V.S.T Saikumar replied that the U.G.C has provision for exam to be held as open book examination mode. Under the open book mode of examination, the student will be .. able to refer books, notes and other study materials to answer and upload the answers in a span of two hours
2. Dr. V.S.T Sai Kumar and Dr. Vasanthi congratulated the management for the hundredth anniversary of the college (1920- 2020) and suggested to conduct Inter Physical Education Tournaments next year as a mark of centenary celebrations
3. Principal Dr. George Abraham said that management has planned for Mega events for Centenary Celebrations with lots of academic , sports , cultural events.

The convener Dr. **J. Glory Darling Margaret** of BOS proposed vote of thanks and the meeting came to an end by offering a word of prayer by Dr J.Jackson Sutharsingh

Dr. J.Glory Darling Margaret
Convener,BOS

Dr. George Abraham
Principal & Chairman BOS

YMCA COLLEGE OF PHYSICAL EDUCATION, NANDANAM, CHENNAI-35

BOARD OF STUDIES - 1st JULY 2019

Notes on Agenda

Agenda No: 4A

BPEd -

ITEM - I

BCC 101 Principles and foundation of Physical Education, guidance and counseling

UNIT-I

- Relationship of Physical Education with General Education & Physical education as an art & Science **are deleted.**

UNIT-II

- Fitness and wellness movement in the contemporary perspectives & Sports for all and its role in the maintenances and promotion of fitness are **deleted. Since it is repeated in IV Semester.**

UNIT-IV

- Social acceptance and recognition **is deleted.**

ITEM -II

BCC – 203 Principles and Techniques of officiating and coaching – Part –I

Present syllabus content of

UNIT-I

Qualification and qualities of an official- philosophy of officiating – general principles of officiating – Pre, During & Post duties of official – Mechanism of officiating – Official signals and powers – system of officiating – position of officiating.

UNIT-II

Dimension & Layout of track events – Rules & Regulations – Track event Measurement and Specification of Equipments –Track & Field- layout of track , sprint, hurdle, middle , long distance and relay events.

UNIT-III

Dimension & Layout of Jump events – rules and regulations – measurements and specification of equipments- track & field – layout of long jump , high jump and polevault.

UNIT – IV

Dimension & Layout of throw events – rules and regulations – measurements and specification of equipments- track & field – layout of shot-put, discus, javelin & hammer throw.

UNIT – V

Skills & Techniques, Drills & Lead up Activities to develop various techniques in track and field events.

New Syllabus is

BCC 203 Principles and Techniques of Officiating and Coaching Part- I

The following could be replaced or included Unit- I

UNIT	PRESENT CONTENT	CHANGES REQUIRED
------	-----------------	------------------

UNIT-1	Qualification and qualities of an official- philosophy of officiating – general principles of officiating – Pre, During & Post duties of official – Mechanism of officiating – Official signals and powers – system of officiating – position of officiating	Age and sex categories of athletes – Entries – Clothing, shoes and Athlete Bibs- Assistance to athletes- Protest and Appeals- Duties and powers of International Officials – Management Officials - Competition Officials – Additional Officials
UNIT-II, III & IV		NO CHANGES
UNIT-V	Skills & Techniques, Drills & Lead up Activities to develop various techniques in track and field events.	Combined Events Competitions – Race Walking Events - Cross country Races- Mountain races- Trail Races

ITEM - III

BCC -302 Health Education and Environmental Studies

UNIT – III

- Plastic recycling and probation of plastic bag/ cover **is deleted.**

ITEM - IV

BCC -402 Kinesiology and Biomechanics

UNIT – I

- Terminology of Fundamental movements can be changed as **Terminology of Fundamental body movements**

UNIT – II

- Classification of joints and muscles can be changed as **Kinesiological classification of joints and muscles**
- In Types of muscle Contraction – **(Isotonic, (Concentric & Eccentric) Isokinetic & Isometric are added)**
- Posture –Meaning Types and importance of Good Posture is changes as **Meaning, Definition and types of Posture- Importance of good Posture – Types of Postural deformities.**

MPEd

There are no minimum means for passing in both internal and external examinations.

BPES – It is suggested to included

- Teaching practice to be included in III & IV Semester
- In V Semester – Intensive Teaching practice
- End of the IV Semester- Internal Examinations
- In VI Semester - Students will undergo External Examination

Agenda: 5 Examination Reforms

Odd Semester Results of all courses were published on 18.02.2019 - and were uploaded in the website of the college. The percentage of pass is given below:

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5	B.P.E.S.II	58	38	33	86.84
6	B.P.E.S I	76	56	43	76.79
7	M.Sc. II	6	2	1	50
8	M.Sc. I	6	6	6	100

Even Semester Results of all courses were published on - 03.05.2019 and were uploaded in the website of the college. The percentage of pass is given below:

APRIL – 2019

SL.NO.	CLASS	STUDENTS STRENGTH	STUDENTS APPEARED	NO. OF PASS	%
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2	M.P.E.D I	46	28	28	100
3	B.P.ED. II	94	94	94	100
4	B.P.ED. I	95	88	84	95.45
5	B.P.E.S. II	58	22	20	90.91
6	B.P.E.S I	76	39	34	87.18

7	M.Sc. II	6	2	1	50
8	M.Sc. I	7	7	7	100
9	PGDSC	4	4	2	50

Examination Reforms:

Appeal against results of the semester examination may be made to the principal by the students concerned within 15 days of publication of the results by paying a fee of Rs.200 for each paper. Revaluation may be conducted with a prescribed fee of Rs.1000 for each paper

YMCA COLLEGE OF PHYSICAL EDUCATION, NANDNAM, CHENNAI-35

Minutes of Board of Studies meeting held on 19.06.2021

Minutes of the Board of Studies meeting held at 11.00 am on 19th June 2021 (Saturday) through virtual mode.

Members Present:

Mr. Benjamin Franklin	Special Invitee
Mr. Rajjiv George	Special Invitee
Dr. V. S. T. Sai Kumar	University Nominee
	Expert for various courses
Dr. Manikandan	Subject Expert
Dr. James Zachariah	Subject Expert
Dr. Gopinath	Postgraduate Meritorious
Dr. P. Rajalakshmi	Subject Expert for special Course
Mr. Vincent Sahayaraj	Industrialist
Dr. George Abraham	Principal & Chairman(BOS)
Dr. K. Jothi Dayanandan	Associate Prof.
Dr. S. Johnson Premkumar	Asst. Prof
Dr. J. Jackson Sutharsingh	Asst. Prof
Dr. Glory Darling Margaret	Asst. Prof
Dr. Gladly Kirubakar	Asst. Prof
Dr. S. Jerome David	Asst. Prof
Dr. E. Simson Jesudass	Asst. Prof
Dr. S. Abraham Davidson	Asst. Prof
Mr. M. Felix Arokkiaraj	Asst. Prof
Dr. A. Merlin Thanka Daniel	Asst. Prof
Dr. R. Prabu	Librarian
Dr. J. Samuel Jesudoss	Asst. Prof
Dr. Pon. Anbarasu	Asst. Prof
Dr. J. James	Asst. Prof
Mr. B. Praveen Doss	Asst. Prof
Mr. K. Karthikeyan	Asst. Prof
Dr. J. Komala	Asst. Prof
Dr. G. Bobby	Asst. Prof
Dr. S. Sathish Kumar	Asst. Prof
Mr. K. Mugil	Physiotherapist
Dr. Abraham Jepasingh	English Prof
Mr. Balaraman	Tamil Prof
Mrs. Mabelda	Computer faculty

Agenda No: 1 Opening Prayer

The meeting commenced with a word of prayer by Rev. Abraham Jebasingh

Agenda No: 2 Welcome

Principal Dr. George Abraham welcomed all the special invitees, subject experts, meritorious alumni and the faculty members of YMCA College of Physical Education

Agenda No: 3 Apologies for the absence

All the invited members of the Board of studies were present

Agenda No: 4 (i) Revision & Modification of Syllabus

(i) Item No : Revision /Modification of Syllabus for M.P.Ed

Dr. S. Dr.S. S.Glady Kirubakar, coordinator for the revision and modification of syllabus for M.P.Ed course conducted a virtual meeting with the members of the faculty and received the changes recommended through email.

MCC 102 Research Process in Physical Education and Sports Sciences

UNIT I

Include

- Research assistance and fellowship

UNIT III

Include

- Qualitative and Quantitative analysis

UNIT V

Include

- Terms in Reference- Ibid, Loc.cit, ,Op.cit, Et al- Research metrics - Impact factor- ISSN- ISBN
-

MCC 302 CURRICULUM DESIGN IN PHYSICAL EDUCATION

Unit- 1

Include

Purposes of Curriculum-Competency based learning – Knowledge – Skill – Ability – Criterion reference verses Norm reference tests

UNIT – II Basic Principles of Curriculum development can be changedas Curriculum development

Include

- National Education Policy 2020- Syllabus verses Curriculum Committees of curricular activities
– Co curricular activities and Extracurricular activities –

UNIT III – Curriculum Design and Sources shift from Unit- 1

Include

Meaning, definition of Curriculum Design – Basic principles for planning Curriculum design -
.Factors that affecting curriculum

UNIT V – Curriculum Research, Appraisal or evaluation and Grading (include)

Include Grading in Unit- V Topic

Include Grading in curriculum – Choice Based Credit System (CBCS)

MEC 304 Information and Communication Technology in Physical Education

Delete in Unit- II

Software of Computer: Concept and Types Computer Memory: Concept and Types Viruses and its Management Concept, Types and Functions of Computer Networks Internet and its Applications

Delete in Unit- III

- MS Access: Creating a Database, Creating a Table, Queries, Forms and Reports on Tables and its Uses in Physical Education
- MS Publisher: Newsletter and Brochure

Include in Unit- III

Instead of main features “Basic “ features to be included

Delete in Unit- IV

MS Access: Creating a Database, Creating a Table, Queries, Forms and Reports on Tables and its Uses in Physical Education

MS Publisher: Newsletter and Brochure

Delete in Unit- IV

A Pedagogical Dimension

Dr. K. Jothi Dayanandhan suggested to elaborate the contents in Unit- V of MEC 304

It was resolved to accept the inclusion and deletions of contents in the M.P.Ed subjects

(ii)Credits in Elective papers for M.P.Ed course

Recommendation : Elective papers be given equal credits like the core papers

Discussion on distribution of credits to elective papers and core papers were an issue at the meeting .

Dr. SaiKumar Principal & Secretary , Maruthi College said that equal weightage is being given to all subjects including elective and core papers but it can be modified according the feasibility of the institution under autonomous privilege.

Dr. Manikandan . Prof & Head said that TNPESU gives equal credits to all papers including electives

Dr. S. Glady Kirubakar said that credits can be distributed according to the number of hours of instruction .(1 credit is equivalent to 1 hour of teaching either lecture or tutorial)

Dr. Johnson Premkumar and Dr. Jackson asked to recommended to give equal credits as like the core papers .

Dr. S. Glady Kirubakar explained that

5 days x 3 Theory hours = 15 hours per week

Out of 15 hours of theory in our college

If 3 Credits x 4 Papers = 12 hours

General Assembly = 1 hour

Library = 1 hour

14 hours (Instead of 15 credits)

***Students will lose 1 credit**

Dr. K. Jothi Dyanandhan suggested to give that 1 credit to computer teaching or library .

Dr. Prabhu , Librarian said 2 hours of library per class in a week is not possible with the infrastructure of our college library .

It was resolved to add the 1 credit to the following subjects in all the semesters

- Semester- I MCC 102 -Research process in P.E & Sports science (4 credits)
Semester- II MCC 203-Test, Measurement and Evaluation in Physical Education(4 credits)
Semester- III MCC 301-Scientific Principles of Sports .Training (4 credits)
Semester- IV MCC 401-Prevention and Management of Sports Trauma (4 credits)

After discussion it was resolved to give

Out of 4 theory papers 3 Credits to 3 Papers and 4 credits to one paper in each semester as mentioned above

(iii) Inclusion of learning objectives for all subjects

It was recommended to add the learning objectives for all the subjects in M.P.Ed

LEARNING OBJECTIVES

MPED I YEAR - I & II SEMESTER THEORY PAPERS

MPED-I SEMESTER -I

- MCC 101 -Yogic sciences,
MCC 102 -Research process in P.E & Sports science,
MCC 103 -Physiology of Exercise,
MEC 104 -Adapted Physical Edn,
MEC-105 -Sports Management,
MEC-106 -Sports Technology

MPED-I-SEMESTER-II

- MCC 201 - Sports Psychology
MCC 202 - Applied Statistics in Physical Education
MCC 203 - Test, Measurement and Evaluation in Physical Education
MEC 204 - Value Education
MEC205 - Environmental studies
MEC206 - Sports Nutrition &Health promotion

MPED-II- III SEMESTER

- MCC 301 -Scientific Principles of Sports .Training
MCC 302 -Curriculum Design in Physical Education
MCC 303 -Sports Biomechanics & Applied Kinesiology,
MEC 304 - ICT in Physical Education,
MEC 305 - Sports Sociology,
MEC 306 -Sports Engineering

MPED-II

MCC 401	-	Prevention and Management of Sports Trauma
MCC 402	-	Rules of Sports and Games
MCC 403	-	Professional preparation for NET/SLET/TRB/TNPSC
MCC 404	-	Dissertation

MCC 101 Yogic Sciences

Objectives: After studying this paper the student teachers will be able:

- To understand the basic concept of yoga and apply the underlying concepts of yogasana as exercise
- To cultivate breath control, relaxation techniques and kinesthetic awareness
- To apply the principles of yogasana to live healthy and active life style
- To learn to apply the yogasana in sports performance
- To analyse the psychological changes on sports persons during sports participation
- Develop the knowledge through practice, participate and organize

MCC102 Research Process in Physical Education and Sports Sciences

Objectives: After studying this paper the student teachers will be able:

- To gain knowledge about research in the field of physical education and sports
- To understand the method of collecting related reviews
- To understand the concept of sampling technique and population
- To gain the knowledge about various research studies
- To develop knowledge to find systematic and scientific solutions for the problems
- To identify contemporary issues of research in the field of physical education and sports
- To learn to structure the thesis in chapter wise format
- To learn to prepare abstract and paper publication in journal and seminar

MCC 103 Physiology of Exercise

Objectives: After studying this paper the student teachers will be able:

- To understand basic knowledge of skeletal muscle and muscle contraction
- To gain the knowledge of bioenergetics
- To identify different types of muscle fibers
- To learn about the effect of exercise on various systems of the body
- To learn to train athletes at high altitude
- To understand the significant changes on physiology due to climatic conditions
- To gain the knowledge about ergogenic aids in various sports

MEC 104 Adapted Physical Education

Objectives: After studying this paper the student teachers will be able:

- To understand basic knowledge of special education and inclusive education
- To gain the knowledge on goals of adapted Education
- To understand the development of child ,causes and classification of disability
- To learn about the techniques and aids for mobility science
- To learn to adopted major games for visually challenged
- To understand the and teachthe adapted games for hearing impaired
- To gain the knowledge about intellectual impairment, special Olympics and paraolympics

MEC 105 Sports Management

Objectives: After studying this paper the student teachers will be able:

- To identify the basic principles of sports management, leadership
- To know about structure of organization
- To learn to maintain records and registers in the field of physical education and sports
- To identify future trends in the field of sports management
- To know to prepare sports budget and utilization of resources like goods and human
- To assess sports marketing needs in organization and production sector
- To learn to organize sports event at state, national and corporate level
- To understand and gain the knowledge of event management in sports and games

MEC-106 Sports Technology

Objectives: After studying this paper the student teachers will be able:

- To understand basic knowledge of technological impact on sports
- To gain the knowledge about the science of sports materials
- To learn about the modern surfaces of playfields
- To gain knowledge on construction and installation of sports surfaces
- To learn about the sports equipments with nano technology

MCC 201 Sports Psychology

Objectives: After studying this paper the student teachers will be able:

- To know and to understand the sportsman behavior
- To gain the knowledge to train the athletes based on sports psychology concepts
- To know the concept of various positive and negative effects of psychological variables on sports person
- To learn psychological skill training
- To know the various psychological factors affecting sport performance
- To know the relationship of the sports person with various sports settings concepts
- To understand group mechanisms and group psychology in a sports context
- To gain knowledge on motivational psychology

MCC 202 Applied Statistics in Physical Education

Objectives: After studying this paper the student teachers will be able:

- To gain knowledge about statistics
- To test the existing theories in sports and games
- To develop systematic and scientific solution to the given problem
- To gain the knowledge to group and interpret the data

MCC 203 Test, Measurement and Evaluation in Physical Education

Objectives: After studying this paper the student teachers will be able:

- To learn to organize and administer a variety of tests
- To learn to analyse and evaluate various fitness components of sports person
- To know about the different types of test for different sports and games.
- To learn to prepare norms for the newly constructed test
- To learn to analyse the fitness and skill performance of an athlete
- To learn to keep record of pupils fitness test and norms

MEC 204 Value Education

Objectives: After studying this paper the student teachers will be able:

- To understand the importance of values, role of values, concepts, and functions
- To gain knowledge about value education and ambition
- To understand the values of religion and human being
- To learn to teach moral classes at school based on values
- To identify psychological parameters and present scenario of value education

MEC 205 Environmental Studies

Objectives: After studying this paper the student teachers will be able:

- To promote the knowledge of environmental education.
- To create health awareness among youth, various health problems and its impacts
- To understand the importance of environment and to create good environment
- To learn to give healthy environment to the future generation
- To learn to use resources without depleting the resources
- To understand the health problem of India and its solution
- To gain knowledge to achieve the goal of sustainable development

MEC 206 : Sports Nutrition and Health Promotion

Objectives: After studying this paper the student teachers will be able:

- To know nutrition ,diet chart for specific sports and diseases

- To know food labelling, pyramid and food choices.
- To know nutrition and weight management.
- To know health related diseases and management.
- To know about physical exercise for health promotion

MPED II YEAR - III SEMESTER THEORY PAPERS

MCC 301 : Scientific Principles of Sports Training

Objectives: After studying this paper the student teachers will be able:

- To know about Aim, characteristics, and loading in sports training
- To know about Strength ,Endurance, Speed and their training methods
- To know about Flexibility, Coordinative abilities their characteristics , means and methods of training
- To orient with training plans.
- To gain knowledge on genetic doping and technological doping. .
- Curriculum Design in Physical Education

MCC 302 Curriculum Design in Physical Education

Objectives: After studying this paper the student teachers will be able:

- To know the curriculum design and curriculum framework
- To know the government policy on curriculum
- To develop the ability to frame curriculum in physical education
- To understand the factors that influences curriculum
- To gain knowledge on the integration of physical education curriculum with other subjects
- To know the grading, appraisal and evaluation techniques
- To perform curriculum research

MCC 303 Sports Biomechanics & Applied Kinesiology

Objectives: After studying this paper the student teachers will be able:

- To know Kinesiology and Biomechanics
- To know various muscle location action and insertions.
- To gain knowledge on motion, force, friction and their application in sports
- To understand projectile, stability and dynamics in sports
- To analysis sports movements.

MEC 304 : Information and Communication Technology in Physical Education

Objectives: After studying this paper the student teachers will be able:

- To know about information and communication technology .
- To know computers and types .
- To know MS Office and application.
- To know approaches to ICT.
- To understand E-Learning and visual classroom.

MEC 305: Sports Sociology

Objectives: After studying this paper the student teachers will be able:

- To know sports sociology
- Gain knowledge on culture, elements and functions
- To know social institutions, sports and politics
- To understand sports and social stratifications
- To know women and gender issues.

MEC 306 -Sports Engineering

- To gain knowledge on sports engineering and technology
- Gain knowledge on mechanics of engineering materials
- To know about mechanical principles and movements
- To understand the sports dynamics
- To learn about building and maintenance
- To know about Maintenance policy and preventive measures

SEMESTER IV

MCC 401 :Prevention and Management of Sports Trauma

Objectives: After studying this paper the student teachers will be able:

- To understand sports medicine and the causes of sports injuries
- To understand stretching and the advantages and dangers of stretching.
- To understand rehabilitation injuries and their methods of management
- To know different manipulative techniques, modalities of electrotherapy
- strapping and techniques of tapping in different regions

MCC 402 Rules of Sports and Games

Objectives: After studying this paper the student teachers will be able

- To know the Planning, Construction, Marking of courts and track and field events

- To know the duties of various officials.
- To know the rules and interpretations
- To know the mechanism of officiating.
- To know the latest changes and techniques.

MCC 403 - Professional preparation for NET/SET/TNPSC/Other Competitive Exam

- Acquisition of knowledge and understanding
- Development of conceptual, Intellectual and subject specific skills
- Understand the basic concepts of quantitative ability
- Understand the basic concepts of logical reasoning Skills
- Acquire satisfactory competency in use of verbal reasoning
- Solve campus placements aptitude papers covering Quantitative Ability, Logical Reasoning and Verbal Ability
- To make students eligible for the post of assistant professor and/or Junior Research Fellowship award in Indian universities and colleges..

MCC 404 : Dissertation

Objectives: After studying this paper the student teachers will be able To prepare proposal and research report.

- To orient student to prepare topic for research
- To learn how to review the literature online and offline.
- To design and collect the samples
- To analyse the data using statistical tool.
- To prepare conclusion and summary.

The learning objectives was accepted for inclusion in syllabus by the members for M.P.Ed course

Item No : 4 B (i) Revision /Modification of Syllabus for B.P.Ed

Dr.E.Simson Jesudass coordinator for the revision and modification of syllabus for B.P.Ed course conducted a virtual meeting with the members of the faculty and received the changes recommended

BCC101-Principles and foundation of Physical Education, Education Psychology and Sociology – can be changed as Principles and foundation of Physical Education, Education Psychology, Guidance and Counseling.

Guidance and Counseling UNIT-V can be placed from BCC201 to BCC101 in the UNIT of Sociology.

BCC201 –History of Physical Education, Recreation, Camping, Guidance and Counseling can be changed as History of Physical Education, Sociology, Recreation and Camping.

Sociology UNIT-IV can be placed from BCC101 to BCC201 in the unit of Guidance and Counseling

Since the History of Physical Education, Recreation and Camping the portions are more we cannot able to complete the portion. Hence, Sociology and Guidance and Counseling can be interchanged.

All the Elective papers should be given equal credits like the core papers.
The recommendation is made based on the Syllabus framed by NCTE & TNPESU

Elective BEC 305 - Unit 5 can be merged with Unit 4 and subtitle may be named as Classification and causes of Disabilities
In Unit 5 - Major & Minor Adapted Games
Major & Minor Adapted Games for Visually Disabled- Volleyball, Kabaddi, Kho-Kho, Table Tennis, Tennis, Cricket and Track & Field events

It was resolved to accept the inclusion and deletions of contents in the B.P.Ed subjects

(ii) Credits in Elective papers for M.P.Ed course

Recommendation : Elective papers be given equal credits like the core papers

It was resolved to add 1 credit to the following subjects in all the semesters as like M.P.Ed course

Semester- I BCC 101-Principles, Foundation of P.E & Educational Psycho (4 credits)
Semester-II BCC 202-Organization and Administration and methods of teaching in Physical Education (4 credits)
Semester- III BCC 301 - Sports Training (4 credits)
Semester- IV BCC 401 - Test and Measurement in Physical Education (4 credits)

After discussion it was resolved to give

Out of 4 theory papers 3 Credits to 3 Papers and 4 credits to one paper in each semester as mentioned above

(iii)Inclusion of learning objectives for all subjects in B.P.Ed Course

It was recommended to add the learning objectives for all the subjects in B.P.Ed

B.P.Ed I YEAR - I & II SEMESTER THEORY PAPERS

BPED-I year- SEMESTER-I

BCC 101	-Principles, Foundation of P.E & Educational Psychology
BCC 102	-Anatomy and physiology
BCC 103	-Yoga Education
BEC 104	-Sports Nutrition & weight Management
BEC 105	- Sports Management

BPED-I year –SEMESTER-II

BCC 201	- History of Physical Education Recreation and Camping
BCC 202	- Organization and Administration and methods of teaching in Physical Education
BCC 203	- Principles and techniques of Officiating & Coaching Part I
BEC 204	- Educational Technology and sports Journalism and tourism
BEC205	- Sports medicine, Physiotherapy and Rehabilitation

BPED-II year SEMESTER-III

BCC 301	- Sports Training
BCC 302	- Health Education& Environmental studies,
BCC 303	- Principles & Techni. Of officiating Part-II(Badminton,Ball badminton,softball, TT,Chess,Carrom, Tennis,BB,VB,FB,TB)
BEC 304	- Computer Application in Physical Education
BEC305	- Disabilities and inclusive Education

BPED-II year SEMESTER-IV

BCC 401	- Test and Measurement in Physical Education
BCC 402	- Kinesiology and Biomechanics
BCC 403	- Principles and techniques of Officiating & Coaching PartII
BEC 404	- Contemporary issues in Physical Education, Fitness and wellness
BEC405	- Elementary Statistics

BCC-101 Principles, Foundation of Physical Education, Education Psychology Guidance and counselling

- To Know about the importance of biological Principles
- To know about the importance of Psychological principles
- To know about the importance of Sociological principles
- To know about the importance of Educational Psychology
- To know about Guidance and Counseling

BCC-102 Anatomy and Physiology

- To know about Anatomy of Human Body
- To Know about Circulatory and Respiratory System

- To know about Digestive and Excretory System
- To know about Endocrine glands and Nervous system
- To know about Human Physiology and Exercise on various systems.

BCC103- Yoga Education

- To aware about meaning, definition and need of Yoga
- To know about foundation Yoga
- To understand about various Asanas, Bandhas, Mudras and Kriyas
- To know about Yoga Education
- To know about Yoga for fitness

BEC 104- Sports Nutrition and Weight Management

- To know about basics of Nutrition and its role in Sports
- To know about Nutrients
- To know about Nutrition and Weight Management
- To get the awareness Health related diseases.
- To know about Life style Management and Preventive measures

BEC 105- Sports Management

- To know about the concept and purpose of sports management'
- To know about Leadership
- To know about Sports management in School, College and University
- To know about maintaining records
- To know about financial management.

SEMESTER-II

BCC-201- History of Physical Education, Sociology , Recreation and Camping

- To know about the growth and development of Physical in India
- . To know about the growth and development of Physical in Greece
- To know about origin and development of Olympics games
- To know about Recreation and Camping
- To know about the importance of Sociology

BCC202- Organization, Administration and methods of Teaching in Physical Education

- To know about structure of organization and administration
- To know about function of organization and administration
- To know about Competition organization

- To know about Teaching Technique and Teaching aids
- To know about Lesson plan and Teaching Innovations

BCC-203 Principles and Techniques of Officiating and Coaching-Part-I

- To know about Philosophy of officiating and mechanism of officiating
- To learn about dimensions and layout of playfield
- To know about Rules and Interpretation of Various games
- To know about Specification of equipments
- To know about Lead up games

BEC 204 Educational Technology ,Sports Journalism and Toursim

- To know about Education, Education Technology and types Education
- To know about Fundamentals of Journalism
- To know about Sports Bulletins
- To know about News reporting
- To aware about sports Tourism in India

BEC 205 Sports Medicine, Physiotherapy and Rehabilitation

- To Understand about need and importance of sports medicine
- To know about Prevention of injures in sports and First Aid
- To know about the importance of Physiotherapy
- To know about Hydrotherapy
- To know about Therapeutic exercises

B.P.Ed II YEAR

SEMESTER III

BCC 301 Sports training

Objectives: After studying this paper the student teachers will be able

- To know the importance of sports training on performance
- To know the means and methods of developing the fitness components
- To know about the process of training
- To design a training schedule for specific sport
- To select a team for different levels of competition

BCC 302 Health Education and Environmental Studies

Objectives: After studying this paper the student teachers will be able

- To know about health and personal hygiene
- To know about the health problems and services in India
- To understand the connection between life and environment
- To know about the natural resources and sustenance
- To know about pollution and its control

BCC 303 Principles & Techniques of officiating Part-II

Objectives: After studying this paper the student teachers will be able

- To lay out play fields of different sports
- To know the rules and their interpretation in different sports
- To know the equipment used in different sports and their specification
- To understand the mechanism of officiating in different sports
- To know the skills, techniques, drills and lead up games in different sports

BEC 304 Computer Application in Physical Education

Objectives: After studying this paper the student teachers will be able

- To know about information and communication technology
- To understand and use MS word – Word processor
- To understand and MS Excel – Spread sheet
- To understand and use MS Power point – Presentation programme
- To access the internet

BEC 305 Disabilities and Inclusive Education

Objectives: After studying this paper the student teachers will be able

- To know about Special Education
- To know about Adapted Physical Education
- To understand the development of a child
- To know the causes of disability
- To know the types of disability

SEMESTER IV

BCC 401 Tests and Measurement in Physical Education

Objectives: After studying this paper the student teachers will be able

- To know the importance of test and measurement in physical education

- To know the types of test and their administration
- To understand the different physical fitness tests
- To understand the health related physical fitness tests
- To know the skill tests of different sports

BCC 402 Kinesiology and Bio mechanics

Objectives: After studying this paper the student teachers will be able

- To know the basics of kinesiology & Bio mechanics and their importance in Physical Education
- To understand the classification of joints and muscles
- To understand the mechanical concepts
- To know about the human movements
- To analyze the human movements mechanically

BCC 403 Principles and Techniques of officiating and coaching – Part II

Objectives: After studying this paper the student teachers will be able

- To lay out play fields of different sports
- To know the rules and their interpretation in different sports
- To know the equipment used in different sports and their specification
- To understand the mechanism of officiating in different sports
- To know the skills, techniques, drills and lead up games in different sports

BEC 404 Contemporary Issues in Physical Education Fitness and Wellness

Objectives: After studying this paper the student teachers will be able

- To know the relevance of physical education in inter disciplinary concept
- To understand fitness, wellness and lifestyle
- To know programming in fitness
- To know about safety education
- To know about fitness promotion

BEC 405 Elementary Statistics

Objectives: After studying this paper the student teachers will be able

- To understand the basics of Statistics
- To know about frequency distribution
- To know the graphical representation of data
- To know the measures of central tendency
- To know the measures of variation/ dispersion

The learning objectives was accepted for inclusion in syllabus by the members for B.P.Ed course

Item No : 4 C (i) Revision /Modification of Syllabus for Bachelor of Mobility .Science

(Two years course)

Dr. S. Johnson PremKumar coordinator for the revision and modification of syllabus for B.M.S course for two years conducted a virtual meeting with the members of the faculty and received the changes recommended

The syllabus has been modified in reference to Rehabilitation Council of India, B. Ed Special Education and NCTE and in equivalent with B.P.Ed course of study.

Bachelor of Mobility Science (B.M.S) (Two Year course)

B.M.S -I YEAR- SEMESTER-I

THEORY

BMC-101: Principles of Education, Inclusive Education, Physical Education, Adapted Physical Education Introduction to movement Education and mobility Science.

BMC-102 : Human Growth and Development & Anatomy

BMC-103: Principles and techniques of officiating and coaching Part I Track& field

BME- 104: Nutrition management Special Diets for a Variety of Disabilities and Disorders

BME- 105 : Contemporary issues in Physical Education and special Education.

PRACTICALS

BMP-106 : Drill and Marching Calisthenics, Minor games, Light apparatus , Yoga

BMP -107: Adapted Minor games, Calisthenics, Light apparatus and yoga

BMP-108: Tennis and Table Tennis regular and adapted

BMP-109 Track events – sprint, middle and long distance

BMT- 110 Teaching practice General

B.M.S -I YEAR- SEMESTER-II

THEORY

BMC-201: Organisation & Administration of mobility science and physical Education

BMC- 202: Introduction to Physiology, Neurology, Ophthalmology and Audiology

BMC-203 :Principles and techniques of officiating and coaching Part II (Football, Basketball, Volleyball, Cricket, Tennis, Table Tennis)

BME-204Health Education, Safety Education First Aid and Environmental Studies

BME-205: Sports Medicine, physiotherapy, Rehabilitation and Aquatic Rehabilitation for special sports Persons

PRACTICALS

BMP-206 :Dhands&Baithaks Rhythmic activities, Silambam

BMP -207: Orientation and mobility for visually disabled

BMP-208: Volleyball, kabaddi sighted and disabled

BMP-209 First Aid and Physiotherapy

BMT- 210 Teaching practice Particular Lesson

B.M.S –II YEAR- SEMESTER-III

THEORY

BMC-301: Causes of various disabilities and Introduction to sensory, neuro, locomotor and Multiple Disabilities.

BMC-302.: Physical Education, Applied Physical Fitness for the Disabled, Recreation and Camping

BMC-303 : Principles and techniques of officiating and coaching Part II (, Kabaddi, Kho-Kho, Handball, Badminton, Ball Badminton , Softball etc.

BME -304: Computer Technology and Disability.

BME-305 : Personality Development and communication skills

PRACTICALS

BMP- 306 :Lezium, Swiss ball, Core board Training, Sensory training

BMP -307: Cricket, Basketball, Football, Kho-Kho

BMP-308: Field events - Throws

BMT-309 : Intensive Teaching practice Normal School

BMT- 310 Intensive Teaching practice Special School

B.M.S –II YEAR- SEMESTER-III

THEORY

BMC-401 Yoga Education and Yoga for children with special needs.

BMC- 402 History of Physical Education Olympics and unified sports.

BMC- 403 : Principles and techniques of officiating and coaching Part IV Adapted games

BME- 404 : Educational Psychology ,Sociology, Guidance and Counseling

BME- 405 : Test measurement in physical Education. Fitness tests for disabilities.

PRACTICALS

BMP- 406 : Pyramid, Theraband and ladder training

BMP -407: Swimming, Handball, Throwball

BMP-408: Field Events - Jumping

BMT-409 : Coaching practice Normal School

BMT- 410 Fitness training practice for Special children

B.M.S -I YEAR- SEMESTER-I

BMC-101: Principles of Education, Inclusive Education, Physical Education, Adapted Physical Education Introduction to movement Education and mobility Science.

Objectives: After studying this paper the student teachers will be able

- After completing the course the student-teachers will be able to
- Acquire Knowledge of Education.
- understand the process, functions of Education and knowledge of knowing

- Explain the construct of inclusive education & the progression from segregation towards valuing & appreciating diversity in inclusive education.
- Learn relevant legislation, current issues, and trends in Adapted Physical Education.
- Understand the influence of selected disabilities on the learning and performance of motor skills and physical activities.
- Enumerate the skills in adapting instructional strategies for teaching in mainstream classrooms.
- Describe the inclusive pedagogical practices & its relation to good teaching.

Unit I- Introduction to Education

Education - Meaning, Definition, Purpose and Nature - Concept of Education - Functions of Education – Types of Education: Formal , Informal and Non formal – Philosophy: Concept, Meaning and Definition - Branches of Philosophy - Relationship between Philosophy and Education.

Unit – II Introduction to Physical Education

Meaning , Definition and scope of Physical Education - Aims and objective of Physical Education Importance of Physical Education - Misconception about Physical Education - Relationship of Physical Education - General Education - Physical Education as an Art and Science

Unit -III Introduction to Inclusive Education

Marginalisation vs. Inclusion: Meaning & Definitions- Changing Practices in Education of Children with Disabilities: Segregation, Integration & Inclusion- Diversity in Classrooms: Learning Styles, Linguistic & Socio-Cultural Multiplicity- Principles of Inclusive Education: Access, Equity, Relevance, Participation & Empowerment- Barriers to Inclusive Education: Attitudinal, Physical & Instructional.

Unit IV Introduction to Movement.

History of movement Education- Aim and objectives of movement Education.- Application of Movement Education.- Significance and factors involved and fundamentals in movement.- Non-locomotor and locomotor movement.

Unit V: Introduction to Adapted Physical Education

Adapted Physical Education history.- Meaning and Definitions of Adapted physical education.- Aim and objectives of Adapted physical education.- Benefits Adapted physical education.- Needs of Adapted physical education- purpose and goals of adapted physical education

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BMC-102 : Human Growth and Development & Anatomy

Objectives: After studying this paper the student teachers will be able

- To explain the process of development with special focus on infancy, childhood and adolescence.
- To critically analyze developmental variations among children.
- To comprehend adolescence as a period of transition and threshold of adulthood.
- To analyze different factors influencing child development.

Unit 1: Approaches to Human Development

Human development as a discipline from infancy to adulthood-Concepts and Principles of development
Developing Human- Stages (Prenatal development, Infancy, Childhood, Adolescence, Adulthood)
Nature vs Nurture-Domains (Physical, Sensory- perceptual, Cognitive, Socio-emotional, Language & communication, Social relationship)

Unit II : Anatomy of Human Body

Brief Introduction of Anatomy in the field of Physical Education-Introduction of Cell and Tissue.
The arrangement of the skeleton- Functions – of the skeleton- Ribs and Vertebral column and the extremities – Joints of the body and their types of bones-Gender differences in the skeleton -Types of Muscles

Unit III Important Organs and system

Blood and Circulatory system-Respiratory system-The Respiratory system-The Digestive system-The Excretory System-The Endocrine system-Nervous system.

Unit IV: The Early Years (Birth to Eight Years)

Prenatal development: Conception, stages and influences on prenatal development-Birth and Neonatal development: Screening the newborn - APGAR Score, Reflexes and responses, neuro-perceptual development-Milestones and variations in Development-Environmental factors influencing early childhood development-Role of play in enhancing development

Unit V: Early Adolescence (From nine years to eighteen years)-Emerging capabilities across domains of physical and social emotional-Emerging capabilities across domains related to cognition - metacognition, creativity, ethics-Issues related to puberty-Gender and development-Influence of the environment (social, cultural, political) on the growing child

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BMC-103 : Principles and techniques of officiating and coaching Part I Track & field

Objectives: After studying this paper the student teachers will be able

- To acquire the fundamental Knowledge in Rules and regulation in various sports events.
- To make the learner to be familiar with marking of all sports.
- It highlights the layout, specification and maintenance of track and field events.
- To educate and analyses the rules.
- To interpret the game rules and preparation of players profile.

Unit I Philosophy of officiating & Mechanism of officiating

Qualification and Qualities of an official-Philosophy of officiating-General principles of officiating. Pre, during and post duties of official.

Unit II Officiating

Mechanism of officiating.-Official Signals and powers.-System of officiating.-Position of officiating.

Unit III Lay out of Track and field Dimensions of play field.

Dimensions and lay out of Track 200 Mts and Standard track 400 Mts=Dimensions and lay out of Thrown events. Shotput ,javelin ,Discus and Hammer throw -Dimensions and la out of Jumping events. High Jump, Long Jump, Triple Jump and polevault-Marking of hurdle, middle distance ,Long Distance race, Relay – 4x400 relay and 4x100 relay

Unit IV Rules and their Interpretations of following sports

Rules of the track and field events.-Score sheet of the track and field events.-Interpretation of the laws.

Unit V Techniques and lead up games

Techniques-Lead up games to develop the technique.-Drills-

Reference

- Buck Rules of Sports and Games, Published by NCYSI , New Delhi
- Jenson G. and Fisher A.G. (1972). Scientific Basis of Athletic Conditioning , 2nd edition, Lea and Febiger, Philadelphia.
- Jones, RJ and et.al., (1982). Guide to Effective Principles and Practices, Allyn and Bacon, Inc.
- Lawther JD (1951). Psychology of Coaching, PrenticeHall, Inc, Englewood Cliffs, New Jersey.
- Rules of Games, Published by International Association of Respective Sports and Games
- Singh H (1984). Sports Training, General Theory and physical fitness, NIS, Patiala.

BME- 104: Nutrition management Special Diets for a Variety of Disabilities and Disorders.

Objectives: After studying this paper the student teachers will be able

- To familiarize students with fundamentals of food, nutrients and their relationship to Health
- . To create awareness with respect to deriving maximum benefit from available food resources

Unit I Introduction to Nutrition

Meaning and Definition of Nutrition-Basic Nutrition guidelines-Role of nutrition in daily life.
Factor to consider for developing Nutrition plan.

Unit II Classification of food

Balance Diet According to RDA for different classification-Energy proteins fats, carbohydrate, vitamins minerals and water-Function, Sources, requirements recommended allowances assessment of Nutritional status methods

Unit III weight Management

Meaning and definition of weight management-Concept of weight management in modern era
Factors affecting weight management and values of weight management-Overweight under , Under weight , weight obesity.-Concept of BMI (Body mass index)-Life style management, Daily calorie intake and expenditure.

Unit IV Health Related Diseases

Nutritional diseases-diabetesarthereoselrosis, nephritis, nephrosis.-Hypotension, Hyper glycemia, Dyslipidemia and it risks

Unit V Diet management for special children

Basic concepts of Diet therapy: Therapeutic adaptation of normal diet, principles -Nutrition Care process
Recommended dietary allowances – definition, general principles of deriving RDA, factors affecting RDA, uses of RDA-Planning and Nutritive value calculation and preparation of micro nutrient dishes for special children-Food allergy and food intolerance

References

Safety at school (Education pamphlet No 33 Lond, Her Majesty's Stationary office)
School safety Policies: Washington D.C American Association for Health, Physical Education and Recreation.
RoyappaDr. Daisy Joseph and Dr.L.KGovidarajulu –safety Education.
Evans A. William everyday safety, Chicaga- Lyons and Carnahan.
First aid to injured New Delhi, St. John's Ambulance Association.

BME- 105 : Contemporary issues in Physical Education and special Education.

Objectives: After the completion of this course the student teacher will be able

- To understand the concept and aims of Education.
- To develop understanding about the social realities of Indian society and its impact on education.
- To learn the concepts of social Change and social transformation in relation to education .
- To understand the educational contributions of the Indian cum western thinkers
- To know the different values enshrined in the constitution of India and its impact on education.
- To identify the contemporary issues in education and its educational implications
- To understand the historical developments in policy framework related to education.

Unit. -I Concept and Aims Education

Meaning and definitions of Education.-Formal, non-formal and informal education -Various levels of Education-Objectives-pre-primary, primary, secondary and higher secondary education and various statutory boards of education -Aims of Education in Contemporary Indian society Determinants of Aims of Education.

Unit. -II Concept of Physical Education and fitness

Definition, Aim and objective of Physical education, fitness and wellness-Importance and scope of fitness and wellness-Modern concept of Physical fitness and wellness-Physical Education and its Relevance in inter Disciplinary Context.

UNIT-III Social Realities of Indian Society and Education

Rich Cultural Heritage - Diversity in Indian Society-Inequality and Marginalization Schisms in terms of Caste, Religion, Language, Region and their demands on Education-Forms and Bases of Social Stratification -Impact of Social Stratification on Education and Vice versa -Culture and Education - Meaning and definitions of culture –Characteristics of culture Dimensions of culture, cultural lag, cultural pluralism -Role of Education in preservation, transmission and promotion of culture.

Unit IV Fitness, wellness and Lifestyle

Fitness – Types of fitness and components of fitness.-Understanding of wellness.-Importance modern concept and scope of wellness.-Metabolic fitness –BP- LDL- HDL-Lipid profile –Triglyceride-Pulse – BMI – BMR –skin fold-Physical Activity and Health Benefits.

UNIT-V Policy Framework for Public Education in India

Education in Pre-Independent India -significant recommendations of commissions and committees - Education in Post-Independent India -Significant recommendations of Commissions and Committees-National Policy on Education — 1986- 1992 -Universalization of Elementary Education — SarvaShikshaAbhiyan, RTE ACT 2009, RMSA, MHRD and Elementary education-Major functions of UGC, NUPEA, NCTE, NCERT, SCERT and TANSICHE in relation to the development of education.

References:

- Bhattacharya, S.(2006). Sociological Foundation of Education: Atlantic Publishers. New Delhi
- Dhankar.N. (2010). Education In Emerging Indian Society. New Delhi: APH Publishing Corporation.
- Dhiman. O. P. (1973). Principles and Techniques of Education. Ludhiana: Sharda Brothers.
- . Fagerting, I., and Saha, L. J.U. (1989). Education and National Development (2nd Ed.). England: Pergarnon Press.
- Kakkat, S. B. (1995). Changing Perspectives in Education. New Delhi: Vikas, Publishing House Pvt. Ltd.
- Mehra D. D. (2009). Education in Emerging Indian Education, Indian Education.Ludhiyana: Tondan Publications, Books Market.
- Mehta, D. D. (2009). Education in Emerging Indian Education, Indian Education.Ludhiyana:Tondan Publications, Books Market.
- Meglynn,G. (1993). Dynamics of fitness. Madison: W.C.B. Brown.
- Sharkey, B.J.(1990). Physiology of fitness, Human kinetics Book.

B.M.S Semester II

BMC-201: Organisation & Administration of mobility science and physical Education

Objectives: After studying this paper the student teacher will be able :

- To know the methods of organization and administration.
- To Know about the various teaching aid to teach physical Education and mobility science.
- To know to prepare lesson plan and the parts and types of lesson plan.
- To know how to prepare the fixture and to organize tournament in various level.
- To Know about teaching aid mobility aids and basic about Braille.

Unit I Organisation and Administration in physical Education and mobility Science

Meaning, definition and importance of Organization and Administration. -Basic Principles of Planning, program planning meaning and importance of planning. -Organization Chart – National level, state level, university level, College level, school level, Special School, Integrated School and Rehabilitation council of India. -Qualification and Responsibilities of physical Education Teacher, mobility teacher and pupil leader.

Unit II Teaching, Teaching aid physical education and mobility Science

Meaning of Teaching, factors determining the methods of teaching, presentation technique, step way of presentation and various methods teaching physical activities. -Command- meaning types of commands and used in different situation. -Class management, Guiding principles of good class management.

The learning process “ Teaching learning Process” Hearing, sight, feeling and mental application, learning by demonstration explanation and practice by guide invention, by discovery process.-Standards for organizing mobility science facilities, equipment, finance, Leadership -Traditional Methods of teaching-Lesson plan applicable to visually challenged, Auditory defective, Orthopedic and Intellectual Challenged.

Unit III Techniques and Aids for mobility Science and Braille

Introduction to mobility skills -Orientation & Mobility – Dog Guide -sighted guide- Establishing contact grip speed control- side change – Inward turns – turn around, Narrow space walking in crowded place.- Ascending and Descending and door ways Independent Travel skills:-Square off upper and lower body protection.-Searching pattern- Room Familiarization.-Long Cane skills- Independent Travel skills with cane through vehicles and residential area and road crossing.

Unit IV Braille

Use of writing machine, Hand frame-By letter Alphabet –word signs-Simple Upper and Lower contraction.-Signs- Lower word , Compound initial signs with three dots.-Final contraction- compound punctuation sign Numeral sign.

Unit V Competition Organization

Importance of tournament.-Types of Tournament and its organization structure –knock-out Tournament, League or Round Robin Tournament, Combination Tournament and Challenge Tournament.-Organization structure of Athletic meet, Sports day, Play day-Sports Event Intramural and Extramural Tournament planning.

Reference

Tirunaraanan ,C and Harihara.S, (1969) Methods in Physical Education. Karaikudi; South India Press.

Thomas .J.P, (1967) Organization and Administration of Physical Education. Madras; Gyanodayal Press.

Pandy .L.K (1977). Methods in physical Education. Delhi: Metropolitan BookDepo.

Bucher,C.A. (1983). Administration of Physical Education and Athletic programme.St. Lolis: The C. V. Hosby Co.

Walia.J.S (1999). Principles and methods of education, Jullandhar; Paul Publishers.

Bruce. B.BlaschPh.D , Richard L. Welsh Ph.D – Foundation of Orientation & Mobility American Foundation for the Blind New York -1980.

BMC- 202: Introduction to Physiology, Neurology, Ophthalmology and Audiology

Objectives : After studying this course the student- teachers will be able to

- To explain the process and functions of system in our human body
- To critically analyze neurological problems among children.
- To comprehend Physiology, Neurology, Ophthalmology and Audiology

- To analyze different factors influencing various system in human body.

Unit I: Human Physiology

Definition of physiology and its importance in the field of physical Education and sports. Structure, Composition, properties and functions of skeletal muscles.-Nerve control of muscular activity:- Neuromuscular junction.-Transmission of nerve impulse across it.-Fuel for muscular activity -Role of oxygen-physical Training, oxygen debt, Second wind, Vital capacity.

Unit II: Ophthalmology

Anatomical structure of the Eye-Physiological functions of the Eye, Physiology of the vision-visual perception.-Neurology of vision, the visual pathway-Determination of the Retraction Errors of retraction Diseases of the Eye – Symptoms, causes and Management -Preventive Ophthalmology

Unit III: Audiology

The anatomy and physiology of the Ear-Properties of the of the sound-frequency intensity –phase – sound discrimination -sound localization.-Refraction, Refraction and detraction –masking-Hearing loss.

Unit IV Neurology

Introduction: Organization of CNS – central and peripheral nervous system. Functions of nervous system. Sensory Mechanism: Sensory receptors: function, classification and properties. -Pain sensation: mechanism of pain. Cutaneous pain –slow and fast pain, hyperalgesia. Deep pain. Visceral pain – referred pain. - Sensory cortex. Somatic sensations: crude touch, fine touch, tactile localization, tactile discrimination, stereognosis, vibration sense, kinesthetic sensations

Unit V Neurology in Motor mechanism

Motor Mechanism: Motor Cortex. Motor pathway: The descending tracts – pyramidal tracts, extrapyramidal tracts – origin, course, termination and functions. -Reflex Action: Monosynaptic and polysynaptic reflexes, superficial reflexes, deep reflexes. Muscle tone –definition, and properties hypotonia, atonia and hypertonia. UMNL and LMNL -Cerebellum: Functions -Posture and Equilibrium: Thalamus and Hypothalamus: Nuclei. Functions. -Basal Ganglia: Structures, functions. -Cerebral Cortex: Lobes. Brodmann's areas and their functions. Higher functions of cerebral cortex – learning, memory and speech-

Reference

Jainson's illustrations of Regional Anatomy

Caumigham Manual of practical Anatomy.

Casey, Joseph and yousuf, A Manuel of Human Anatomy by Aitkan, Volume I,II&III.

Michael Glasspool, problems in Ophthalmology.

Mary Ingle Loghul, The pathology of Deafness and introduction.

BMC-203 : Principles and techniques of officiating and coaching Part II (Football, Basketball, Volleyball, Cricket, Tennis, Table Tennis)

Objectives : After studying this course the student- teachers will be able to

- To acquire the fundamental Knowledge in Rules and regulation in various games.
- To make the learner to be familiar with marking of all Play field and courts.
- It highlights the layout, specification and maintenance of play field
- To educate and analyses the rules.
- To interpret the game rules and preparation of players profile.

Unit I Philosophy of officiating & Mechanism of officiating

Qualification and Qualities of an official-Philosophy of officiating-General principles of officiating. Pre, during and post duties of official.

Unit II Officiating

Mechanism of officiating.-Official Signals and powers.-System of officiating.-Position of officiating.

Unit III Rules and Interpretations - I .

Dimensions of play field (Football, Cricket Basketball)-Rules & Regulation-Specification of equipment - Position of Play

Unit IV Rules and Interpretations - II .

Dimensions of courts (Volleyball, , Tennis, , Table Tennis)-Rules & Regulation-Specification of equipment-Position of Play

Unit V Techniques and lead up games

Techniques-Lead up games to develop the technique and skills-Drills-

Reference

Buck Rules of Sports and Games, Published by NCYsI , New Delhi

Jenson G. and Fisher A.G. (1972). Scientific Basis of Athletic Conditioning , 2nd edition, Lea and Febiger, Philadelphia.

Jones, RJ and et.al., (1982). Guide to Effective Principles and Practices, Allyn and Bacon, Inc.

Lawther JD (1951). Psychology of Coaching, PrenticeHall, Inc, Englewood Cliffs, New Jersey.

Rules of Games, Published by International Association of Respective Sports and Games

Singh H (1984). Sports Training, General Theory and physical fitness, NIS, Patiala.

BME-204: Health Education, Safety Education First Aid and Environmental Studies

Objectives : After studying this course the student- teachers will be able to

- To know about Health education and Safety Education.
- To Know about First aid.

- To know about give first aid to student during school hours .
- To know what are the safety measures to be taken in the school premises.
- To Know about and environmental studies.

Unit I Health Education

Definition , Need and scope of Health Education.-Role of medicine-public and Education in the attainment of Health Goals.-General principles in the development and administration of Health Education.-Concept of Health and fitness importance of health to Individual family community and the State.-Health Problem in world and in India. Scientific approaches to problems of health disease.-Personal hygiene- care of skin , mouth, teeth, ear, Eye nails Clothing etc.

Unit II Safety Education

Definition Need and importance of Safety Education.-Safety measures for visual impairment children , Body protection, Coverage, Direct, Indirect, Co-related and integrated methods, -Safety in the road: Traffic rules for the pedestrians drivers of vehicles. -Safety in the school as the part of that school health programme Instructional- graded safety rules.-Instruction, service –storage of chemical location of specific departments well etc.,-Maintenance of building –electrical connection and boards.-Safety at home, Building –floorings maintenance of surface. Electricity, wells drugs poisons storage, Inflammable storage, use precautionary methods.-Safety in the play grounds, equipment.

Unit III Special safety measures for the disabled

Existence and evaluation of the defects and deficiencies of the disabled emphasis on extra care- quipment, gadgets,-wheel chair, cycle-Safety in the water: Rescue from water - avoiding – stagnation of water.- Safety in the fire fighting the fire.

Unit IV : First Aid

Scope of First Aid : Qualities of a first – aider limitations-Bleeding – External- nasal , bleeding, bleeding from the extremities , internal bleeding- Shock First Aid measures:-Injuries : open wounds and First aid closed injuries- soft tissue injuries contusion- sprain, strain and tendon injury, Fractures, Dislocations first aid measures.-Injuries to internal organ: closed and open – Head injury , Thoracic injuries abdominal - injury spinal injury first measures.

Unit V Environmental Studies

Definition, Scope Need and importance of Environmental Studies-Concept of Environmental Education, Historical background of Environmental Education-Celebration of various days in relation with Environment.-Plastic, recycling and prohibition of plastic bag/ cover.-Role of school in Environmental conservation and sustainable development.

References

Safety at school (Education Pamphlet No33 Lond, Her Majesty's Stationery office)

School Safety Policies : Washington D.C. American Association for Health, Physical Education and Recreation.

Royappa Dr. Daisy Joseph and Dr. L.K.Govindarajulu – safety Education

Evans A. William Everyday safety, Chicaga–Lyons and Carnahan.

First aid to injured New Delhi, St. John's Ambulance Association.

Agrawal, K.C (2001).Environmental biology. Bikaner:Nidhi Publishers Ltd.

BME-205: Sports Medicine, physiotherapy and Rehabilitation for special sports persons

Objectives: After studying this paper the student teacher will be able :

- To know about Sports Medicine and Physiotherapy.
- To Know about the various Rehabilitation for mobility science.
- To know Prevention of injuries in Sports and first aid .
- To know Physiotherapy and Hydrotherapy.
- To Know about suitable therapeutic Exercises for injuries .

Unit I Sports Medicine

Meaning ,Definition , Aim , Objectives, Modern Concept and Importance of sports Medicine.-Athletes Care and Rehabilitation: Contribution of Physical Education Teachers.-Need and Importance of the study of sports injuries in the field of Physical Education.

Unit II Preventive Measures and First Aid

Prevention of injuries in Sports-- Common sports injuries – Diagnosis-First Aid –Treatment – Laceration – Blisters—Contusion-- Strain--- Sprain—Fracture---Dislocation and Cramps--- Bandages --- Types of Bandages --- trapping and supports.

Unit III Physiotherapy

Definition ,Principles and Importance of Physiotherapy-Introduction and Demonstration of treatments. Electrotherapy – infrared rays - short wave diathermy- Ultrasonic Rays. IFT-Wax therapy-Cryotherapy-Massage: History of massage – Classification of Manipulation(Swedish System),Physiological effect of massage.

Unit IV Hydrotherapy

Introduction and demonstration of treatment of Hydrotherapy and thermo Therapy.-Principals, Law and concepts of Hydrotherapy-Safety and precautions in water -Contrast Bath, Whirlpool Bath- Sauna Bath, - Hot Water Fomentation.

Unit V : Therapeutic Exercise

Definition and Scope – Principles of therapeutic Exercise-Effect and uses of Therapeutic exercise . Passive movements. (Relaxed, Forced and Passive stretching)-Active movements (Concentric, Eccentric and stastic)

Application of the Therapeutic exercise.-Free Mobility Exercise – Shoulder, Elbow- Wrist and finger Joints- Hip, Knee, ankle and Foot joints- Trunk, Head and Neck exercises.

References:

Christine, M.D., (1999), Physiology of Sports and exercise. USA: Human Kinetics
Conley M (2000). Bioenergetics of exercise training. In T.R. Baechle, and R.W . Earle, (Eds).
Essentials of strength Training and conditioning (PP. 73-90).Champaign, IL ; Human Kinetics.
David, R.M. (2005) Drugs in sports.(4th Ed).RoutledgeTaylor and Francis Group.
Hunter, M.D. (1979). A dictionary for physical Educators. In H.M. Barrow and R. McGee, (Eds), A
practical approach to measurement in Physical Education (PP 573-74).

Semester III

BMC-301: Causes of various disabilities and Introduction to sensory, Neurological, loco motor Non loco motor and Multiple Disabilities.

Objectives: After studying this paper the student teacher will be able :

Unit I: Child Development-Pre-natal development of the child-Period of ovum,Period of the embryo
Period of the foetus-post-natal motor development of the child

Unit II: Disability and Rehabilitation

Meaning and Definitions of Disable – Disability – Handicap – Impaired.-Meaning and Definitions of
Rehabilitation.-Meaning and Definitions of Multiple Disabilities.-Need and importance of
Rehabilitation for Special Children

Unit III: Causes of Neurological Disability

Pre-natal causes of Autism, Down Syndrome, and Cerebral Palsy of visually challenged, physically
challenged.-Natal causes and of Autism, Down Syndrome, and Cerebral Palsy of visually challenged,
physically challenged.-Post-natal causes, of Autism, Down Syndrome, and Cerebral Palsy. visually
challenged, physically challenged.

Unit IV: Causes of Physical and Visual Disability

Pre-natal causes of visually challenged, physically challenged.-Natal causes and of visually challenged,
physically challenged.-Post-natal causes, of visually challenged, physically challenged .

Unit V: Classification of Disability

Disability / differently abled classification and sub classification' in each disability –Blind .-Deaf and
Dumb -Orthopedically .-Intellectual disability.- Spastic - Autism - Cerebral Palsy etc.,

Reference

Clauding and Sheill, Adopted Physical Education and Recreation C. Publishers, IOWA
Paul.A. Metzge, Elementary, School Physical Education C. Brow company publishers.
Barrow, Harold M., M., Gee, Rosmary, A Practical approach to Measurement in Physical Education
Philadelphia, Lea and Febiger, 1964. Meyers, Carlton R. and Erwin, T. Measurement in Physical
Education, London G. Bell and Sons Ltd, 1967.
Campell, W.R, and Tucker.N.M An introduction in Physical Education, Londo G. Bell and S' one
Ltd.1987.
Prof.S. Jaimitra, Physical Education for the Blind Grace Printer, Chennai-1990

BMC-302: Physical Education, Applied Physical Fitness for the Disabled, Recreation and Camping.

Unit I: Physical Training, Physical Culture and Physical Education

Meaning definition, aim of Physical Education-Objective and Scope of Physical Education.-Physical Training, Physical Culture and Physical Education.-Terms and Principles of Physical Education.

Unit II: Applied Physical Fitness For the Disabled

Components of Physical Fitness.-Tests of physical fitness components.-Methods for improving physical fitness.-Special fitness programmes for the Disabled.

Unit III: Physical Activities for Physical Education programme

Exercise Table-Mimetics and story play, -Drill and Marching.-Indigenous activities Yogic exercise Dands and Baithaks, Light Apparatus-Gymnastics ad 'wresting-Minor gam, Relay and compative-swimming- Rythms-Suitable activities for different disabilities and required adaptation-Facilities and equipment- Necessary adaptation for the disabled.

Unit IV: Recreation

Definitio and Meaning of Recreation.-Scope and Significance of Recreation.-Relationship, Work, Leisure and Recreation.-Classification and type of Recreation. Indoor, outdoor games, Arts and Crafts, Drama Music, Hobbies, Aquatics, Dancing and Hiking.

Unit V Camping

Definition and meaning of camping.-Scope and significance of camping.-Types of camp.-Selection and layout of campsite.-Organization and Administration of Camp.-Camp programme and activities.-Leadership in Physical Education qualities and qualification.-Special Training -Class management.

Reference:

Hollis First- Sauders, special Physical Education, College Publishing.
Charles A. Buches, Foudation of Physical Education,The C.V. Mosby co
Jesse, Feiring Williams W.B Principles of Physical Education, Saunders Co., Phuladelphia London.
J.B.Nash, Philosophy of Recreation and Leisure.

BMC-303 : Principles and techniques of officiating and coaching Part II (Kabaddi, Kho-Kho, , handball, Badminton, Ball Badminton , Softball etc).

Objectives: After studying this paper the student teacher will be able :

- To acquire the fundamental Knowledge in Rules and regulation in various games.
- To make the learner to be familiar with marking of all Play field and courts.
- It highlights the layout, specification and maintenance of play field
- To educate and analyses the rules.
- To interpret the game rules and preparation of players profile.

Unit I Philosophy of officiating & Mechanism of officiating

Qualification and Qualities of an official-Philosophy of officiating-General principles of officiating. Pre, during and post duties of official.

Unit II Officiating

Mechanism of officiating.-Official Signals and powers.-System of officiating.-Position of officiating.

Unit III Rules and Interpretations - I .

Dimensions of play field(Football, Cricket Hockey)-Rules & Regulation-Specification of equipments

Unit IV Rules and Interpretations - I .

Dimensions of courts (Basketball, Volleyball, Handball Kabaddi, Kho-Kho, Tennis, Softball, Table Tennis)-Rules & Regulation-Specification of equipments

Unit V Techniques and lead up games

Techniques-Lead up games to develop the technique.-Drills

Reference

- Buck Rules of Sports and Games, Published by NCYSI , New Delhi
- Jenson G. and Fisher A.G. (1972). Scientific Basis of Athletic Conditioning , 2nd edition, Lea and Febiger, Philadelphia.
- Jones, RJ and et.al., (1982). Guide to Effective Principles and Practices, Allyn and Bacon, Inc.
- Lawther JD (1951). Psychology of Coaching, PrenticeHall,Inc, Englewood Cliffs, New Jersey.
- Rules of Games, Published by International Association of Respective Sports and Games
- Singh H (1984). Sports Training, General Theory and physical fitness, NIS, Patiala.

BME -304: COMPUTER TECHNOLOGY AND DISABILITY

Objectives :After undergoing the course, the students will be able to:

- Access various technology and applications for learning and skill development
- Operate a variety of hardware and software independently and troubleshoot common problems.
- Use the ICT facility with care, ensuring the safety of themselves, others and the equipment
- Create awareness and basic exposure to state-of-the-art technology for management of various aspects of speech
- Explain the present and future technologies facilitating the education of special children with hearing and visual impairment.

Unit 1: Computer Fundamentals

Definition of Computer - Generation of computers, classification of computers - Components of Computers- Storage devices - input and output device– software - operating system - programming language – memories - computer network- role of computer in Physical Education - Need and importance of information and communication technology

Unit II: Application of Computers

Introduction to MS Word (page setup, paragraph alignment, spelling and grammar check printing option, inserting page number, graph, footnote and notes) – Preparation of word document. Introduction to MS Excel (Formatting and editing features adjusting columns width and row, height understanding charts, Creating formula) - Preparation of word Ms Excel. - Introduction to MS Power Point (format and editing features slide show, design , inserting slide number of picture ,graph ,table) - Preparation of PowerPoint Presentation.

Unit III: ICT Application

World Wide Web - Browsers and search engines – Web based learning - M-Learning - Co-operative learning - Collaborative Learning - Smart Classroom-Nature, Features, Advantages - On-Line Learning resources- e-library, Video Conferencing, Webinars - Social networking.

Unit IV: Multimedia Technology in Education

Multi Media - Meaning, Nature, Scope, Definition and Approaches - Types of Instructional Aids: Projected & non-projected Aids, Projectors, Radio, Tape Recorder, Television, Films, Computers, whiteboard, Smart board, e-FlashCards, Educational Toys - Advantages, Limitations and Challenges of Using Multimedia in Education - Recent Trends in Multimedia - Implication of Multimedia in teaching and learning.

Unit V: Assistive Technology and Disability

Assistive devices and computer aids - Assistive technology – Listening, Math, Organization and memory, Reading and Writing - Disability Friendly Technology-Application of Technology in Assistive Devices –

For example, JAWS,Smartphones, ScreenReaders - Use of software for Individuals with Special needs – Teaching, Learning, Evaluation.

BME-305 : Personality Development and communication skills

Objectives :After undergoing the course, the students will be able to:

Unit I Personality Development

The concept of Personality-Self esteem.-Guidelines on personality.-Developing good personality

Unit II Fundamental of Career Rules

Psychological position.-Better human relations.-Time Management-Qualities of Leaders.

Unit III Fundamental of Communication Skills

Concept of Communication-Basics of Communication.-Theories of Motivation.-Communication Goals

Principles of Communication-Barriers of Communication.-Real Communication.-Listening

Unit IV Preparation

Basic Grammar-Concorde (Agreement of verb with the subject)

Unit V Presentation

Outline of your speech-Effect of your speech-Analysing the occasion-The audience and their psychology speech plan, art of speaking and class room seminar.

Reference

Abraham R,(1995). Personality Development Communication Skill and Public Speaking Saint Catherine Press, Chennai.

Dale Carnegie(1956), Public Speaking, Pocket Book Publication, New York.

Anthony D' Souza (1985).Personality Development, Being and Leader, Haggai Institute of Publication, Singapore.

Eric Watson (1980) Teach Yourself The Art of Convrstation,3rd edition, Hindi Pocket Books publication, Delhi.

Guilford JP (1959). Personality, McGraw Hill Ltd., New York.

SEMESTER IV

BMC-401: Yoga Education and Yoga for children with special needs.

Objectives

- The course will provide deeper insight into the curriculum of Yogic Sciences along with the practical applications of Yoga and alternative therapies
- At the Bachelor level it is also intended that students should get familiar with the original texts of Yoga.
- Promoting Positive Health in the Student through Yoga and enabling and imparting skill in them to practice and apply Yogic practices for Health to general public and teach Yoga for Total personality development and spiritual evolution.

Unit I : Introduction

Meaning and Definition of yoga-Aim and Objectives of Yoga-Yoga in Early Upanisads-The Yoga Sutra: General Consideration-Need and importance of Yoga in physical Education and Special Physical Education.

Unit II : Foundation of Yoga

The Astanga Yoga : Yama, Niyama, Asana, Pranayama, Pratyahara, Dharana, Dhyana, and Samadhi
Yoga in the Bhagavadgita – Karma Yoga, Raja Yoga, Jnana Yoga and Bhakti Yoga

Unit III :Asanas

Effect of Asanas and Pranayama on various system of the body.-Classification of asanas with special reference to physical Education and sports.-Influences of relaxiv, mditativ posture on various systems of the body.-Types of Bandhas and mudras.-Types of Kriyas

Unit IV : Yoga Education

Basic applied and action research in Yoga.-Difference between yogic practices and physical exercises. Yoga education centres in India.-Competitions in Yogasanas.

Unit V : Yoga for Fitness

Yoga for physical fitness .-Yoga for health and wellness.-Yoga for diseases-Yogic practices for health y living..

References:

- Brown, F.Y (2000). How to use Yoga, Delhi: Sports Publication.
- Gharote, M.L. and Ganguly, H. (1988).Teaching methods for yogic practices.Lonawala: Kaixyadahmoe.
- Rajjan,S.M. (1985).Yoga strengthening of relaxation for sports ma. New Delhi Allied Publishers.
- Shankar .G. (1998). Holistic approach of Yoga, New Delhi: AdityaPulishers.
- Shekar, K.G.(2003). Yoga for health. Delhi: KhelSahitya Kendra.

BMC- 402 :History of Physical Education Olympics and unified sports.

Objectives :After completing the course the student-teachers will be able to

- Acquire Knowledge of Various Olympics for person with differently abled
- understand the process, functions of Olympicsfor person with differently abled
- Enumerate the skills in various sports and games in Various Olympics for person with differently abled
- Describe the inclusive pedagogical practices & its relation to goodteaching.

Unit I- History Development of Physical Education

Indus Valley Civilization Period.-Vedic Period.-Epic Period-History Period-Nalandha Period-Rajput Period-Muslism Period-British period-YMCA and its contribution to Physical Education.

Unit II- Introduction to Olympic games

Olympic games-Olympicsfor person with differently abled-Need and importance for sports competition for person with differently abled-Eligibility for the sports competition for person with differently abled

Unit – III -Introduction to Paralympic Games

Paralympic Games- Various sports and games in Paralympic Games-Eligibility for participants in Paralympic games - Organisation setup in Paralympics games.

Unit IVIntroduction to Special Olympics

History of Special Olympics Games- Various sports and games in Special Olympics- Eligibility for participants in Special Olympics- Organisation setup in Special Olympics-Unified sports

Unit V Introduction to Deaflympics and Blind Sports

Deaflympics Games- Various sports and games in Deaflympics-Eligibility and classification of participants in Deaflympics- Organisation setup in Deaflympics-Blind sportsGames- Various sports and games in Blind sports-Eligibility and classification of participants Blind sports- Organisation setup in Blind sports

References

Prof S Jaimitra, Physical Education for the Blind Grace Printer, Chennai-1990

Adam Hellebuyck, and LauraDeime (2019) Global Citizens Sports ISBN: 1534150404 / ISBN-13: 9781534150409.

Mike Kennedy(2002) Special Olympics (True Books: Sports)

Claudine Sherrill, Adapted Physical Education and Recreation, U.S.A.: Wm. C. Brown Publishers, 1986.

BMC- 403 : Principles and techniques of officiating and coaching Part IV Adapted games

Objectives :After completing the course the student-teachers will be able to

- To expose to different types of competition that ‘exists’ for the special people.
- To enable the students to know the rules and regulation of these conditions
- To enable the students to approach the agencies for participation.
- To enable and expose the various training methods to experience.

Unit I Demography of games and sports

History and development of adapted games -Ground Marking and suitable equipment's and tactical marking-Specification of equipment

Unit II Rules and Officiating of games and sports I

Theory and officiating for Visual impairment games-Volleyball-Kabaddi-Kho –Kho-Tennis-Table Tennis-Cricket-Track & Field

Unit III Rules and Officiating of games and sports II

Theory and officiating for Special olympic games-Basketball-Football-Throwball-Track & Field

Unit Iv Rules and Officiating of games and sports III

Theory and officiating for Indoor games

Unit V Methodology of Training

Theory and officiating for Visual impairment games

Reference

VisvanathM.J . Track and Field marking & Athletics officiating Manual Silver Publication, 2002.

Weigh Gary ,A Step guide

BME- 404 :Educational Psychology ,Sociology, Guidance and Counseling

Unit I Introduction

Meaning, Importance and scope of Educational psychology and Sports psychology.-General Characteristics & various stages of growth and development.-Types and nature of individual difference; Factors responsible – Heredity and environment.-Psycho – sociological aspects of Human behavior in relation to Physical Education and sports.

Unit II Educational Psychology

Nature of learning, Theories of learning , Laws of Learning.-Learning Curve; and transfer of training. Meaning and definition of personality, characteristic of personality.-Dimension of personality, personality and sports performance.

Unit III Memory

Memory remembering and forgetting-Factor influencing forgetting -Short term and long term memory, factors affecting memory-Intelligence – Nature – theories of Intelligence-Factors influencing intelligence and attitudes.-Attitudes- Nature, components of attitude, Interpersonal and intergroup attitudes,

Unit IV Guidance and counseling

Meaning , definition of Guidance and counseling-Purpose of Guidance, range methods of counseling. Preparation for counseling, Methods of counseling and Interview-Process of counseling- Role of counseling

Unit V Sociology

Meaning , definition of Sociology.-Socialization through physical Education programme-Social group life, Social conglomeration/ Inspection method, questionnaire method, Interview method..

Reference:

- Ball, D.W. and Loy, J.W. (1975). Sports and Social order; Contribution to the sociology of Sport. London: Addison Wesley Publishing Co., Inc
- Blair J. Simpson, R. (1962).Educational psychology, New York:McMillan.Co
- Cratty, B.J (1968). Psychology ad physical activity. Eaglewood Cliffs. Prentice.
- Kamalash. M.L (1998). Psychology in Physical Education and Sport. New Delhi; Metropolitan Book.Co
- Loy,J.WKenyo, G.S. and Mc person, B.D (1978). Sports Social system. London: Addison Wesley Publishing Company Inc.
- Loy,J.WKenyo, G.S. and Mc person, B.D (1981). Sports Culture and Society Philadelphia.

BME- 405 : Test measurement in physical Education. Fitness tests for disabilities.

Test, Measurement and Evaluation for person with differently abled

Objectives: After completing the course the student-teachers will be able to

- Acquire Knowledge of Various Test, Measurement and Evaluation for person with differently abled
- understand the process, functions of Test, Measurement and Evaluation for person with differently abled
- Enumerate the skill test in various sports and games for person with differently abled
- Describe the inclusive pedagogical practices & its relation to good teaching.

UNIT I- INTRODUCTION TO TEST, MEASUREMENT AND EVALUATION

Meaning and Definition of test, measurement and Evaluation. Need and importance of test and measurement in Adapted physical education.

UNIT- II CRITERIA AND ADMINISTRATION OF TEST:

Criteria of test, scientific authenticity (reliability, objectivity - validity - availability of norms). Administrative feasibility and educational application. Administration of test: advance preparation - Duties during testing - Duties after testing. Divisioning in special Olympics - divisioning process.

UNIT- III FITNESS TEST

Physical fitness test: Importance of Fitness Assessment for person with differently abled- Endurance: 6-Minute Walk- Speed: 10-Meter Agility Shuttle Run- Power: Standing Long Jump- Balance: Single Leg Stance – Eyes Open and Closed - Flexibility: Modified Apley's Shoulder Flexibility Test- Modified Sit and Reach - Muscular Strength: Hand Grip Strength - Muscular Strength: Maximal Repetition Curl-Up - Timed Sit-to-Stand - Maximal Repetition Push-Up- Isometric Push-Up- Seated Isometric Push-Up.

UNIT- IV SPORTS SKILL TEST:

Badminton Skill test- Basketball Skill test - Cricket Skill test: Hockey - Skill test- Handball Skill test.

UNIT V Sports Skill Test:

Sports Skill Test: Football Skill test – Tennis Skill test – Table tennis Skill test -Volleyball Skill test-

References

Barrow, H.M. and McGee, R., A (1964.) Practical Approach to Measurement in Physical Education, Philadelphia : Lea and Febiger.

Bovard, J.F., Cozens, F., W. & Hagman, P.E. (1949) Test and Measurements in Physical Education, Philadelphia: W.B. Saunders Company.

Campbell, W.R. & Tucker, N.M. (1967) An Introduction in Physical Education, London : G. Bell and Sons Ltd.

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Adam Hellebuyck, and Laura Deime (2019) Global Citizens Sports ISBN: 1534150404 / ISBN-13: 9781534150409.

Mike Kennedy (2002) Special Olympics (True Books: Sports)

Claudine Sherrill, Adapted Physical Education and Recreation, U.S.A.: Wm. C. Brown Publishers, 1986.

It was resolved to accept by the members on all the semester theory , elective papers and practical with the same distribution of credits as like B.P.Ed will be followed

Item No : 4 D : Revision /Modification of Syllabus for B.P.E.S

Item No : 4 D (i) Revision /Modification of Syllabus for B.P.E.S

Dr. S. Abraham Davidson coordinator for the revision and modification of syllabus for B.P.E.S course conducted a virtual meeting with the members of the faculty and received the changes recommended

Changes in B.P.E.S

The following changes was recommended in English for all semesters

1. Sem-I- English – I basic language skills

Unit IV is deleted and the following is added

Unit IV Letter writing -Private letters and special letters -Grammar in Usage – Auxiliary verbs

2. Sem –II- English-II Developing the language skills

Unit III is deleted and the following is added.

Unit III Comprehension-Listening and reading comprehension(Exercise of prescribed short answers)

3. Sem –III- EnglishIII-Progressive language skills

Unit IV is deleted and the following is added

Unit IV Grammar-1. Parts of speech in brief-2. Transformation and synthesis of sentences ,verb, and tense forms

4.Sem IV- EngIV- Career Listening and speaking

Unit –I is deleted and the following is added

Unit –I A) Interview Techniques-B) Presentation skills-C) Vocabulary and Compositions

It was resolved to make changes as mentioned by the members

II) In rules of Games and Sports Part-I-VI

Record notes can be submitted instead of assignment

It was resolved to make changes in Rules of Games and Sports Part I – VI as mentioned by the members

III) In Sem IV- BPES 403 Methods in Physical Education

In Unit III Tournaments can be changed as Tournaments and Computer application and the following can be added.

Definition of computer, Flowchart diagram of computers, Classification of Computer, MS-word, Excel, Power point working with google office application and Virtual library.

It was resolved not to include computer in Methods in Physical Education paper

IV) In Paper BPES 603 Scientific Principles of Sports Training in Unit II Strength and speed and endurance is there-Typing mistake (and endurance) can be deleted because Endurance is coming in next unit.

It was resolved to make changes in Scientific Principles of Sports Training

V) Paper BPES 303 Health and Safety Education

1.It can be changed as Health, Fitness and safety Education.

Unit II School health can be changed as School Health and Fitness

The following can be added in this Unit.

- Meaning and importance of Fitness , Types of Fitness, Components of Health related fitness.
- Role of Physical education Teacher in school Health Programme can be changed as
- Role of Physical Education Teacher in School Health and Fitness Programmes.

It was resolved not to include Fitness in Health and safety Education paper

(iii)Inclusion of learning objectives for all subjects in B.P.E.S Course

It was recommended to add the learning objectives for all the subjects in B.P.E.S

B.P.E.S. I YEAR

I SEMESTER

BPES 101 : Tamil – (Part – I) / French (Part- I) / Hindi (Part- I)

Objectives : After completing the course the student-teachers will be able to

- To acquire knowledge in language.
- To gain skills in terms of reading, writing, listening, speaking and thinking
- Students will demonstrate a high level of communicative proficiency in the target language.
- Acquire Knowledge of Tamil language.
- Tamilnadu state government giving importance for tamil medium/ tamil language
- Students those who have not opted the tamil language can get a chance to learn

BPES 102 : English – I

Objectives : After completing the course the student-teachers will be able to

- To acquire Knowledge of English language.
- Students will interact and negotiate meaning in spoken and written conversations to share information, reactions, feelings, and opinions.
- Students will use sources of information appropriately in the English language.

BPES 103: General Knowledge and History of Physical Education

Objectives : After completing the course the student-teachers will be able to

- To acquire General Knowledge of Physical Education
- To acquire Knowledge about history of Physical Education
- Understand the process, functions of Physical Education and knowledge of knowing
- Learn relevant legislation, current issues, and trends in Physical Education.

BPES 104 : Rules of Games and Sports -Part I (Basketball, Badminton, Kabaddi, Softball)

Objectives : After completing the course the student-teachers will be able to

- To acquire Knowledge of Rules and regulations of Basketball Badminton Kabaddi and Softball.
- Understand the process, functions of organisation setup of various games and sports
- Explain the General principles of officiating and Mechanism of officiating in the above listed four games.
- Learn about the history of above listed four games
- Describe the Measurements of play fields of the above listed four games

SEMESTER - II

BPES 201: Tamil (PART – II)

Objectives : After completing the course the student-teachers will be able to

- To acquire knowledge in language.
- To gain skills in terms of reading, writing, listening, speaking and thinking
- Students will demonstrate a high level of communicative proficiency in the target language.
- Acquire Knowledge of Tamil language.
- Tamilnadu state government giving importance for tamil medium/ tamil language
- Students those who have not opted the tamil language can get a chance to learn

BPES 202 –English- II

Objectives : After completing the course the student-teachers will be able to

- To acquire Knowledge of English language.
- Our college medium of teaching will be English
- Students those who coming from tamil medium school they can learn English language
- It is work like bridge course.

BPES 203: Anatomy and Physiology

Objectives : After completing the course the student-teachers will be able to

- To acquire Knowledge of Anatomy and Physiology
- Understand the various systems of our human body
- Explain the structure and functions of various systems of our human body
- Understand the structure of cell and tissues
- Explain the structure of various organs

Paper 204 : Rules Of Games And Sports - Part II (Volleyball, Table Tennis, Swimming, Throwball & Kho-Kho)

Objectives : After completing the course the student-teachers will be able to

- To acquire knowledge of Rules and regulations of Volleyball Table Tennis Swimming Throwball& Kho-Kho.
- To understand the process, functions of organisation setup of various games and sports
- To explain the General principles of officiating and Mechanism of officiating in the above listed five games.
- To learn about the history of above listed five games
- To describe the measurements of play fields of the above listed five games

III SEMESTER

BPES-II Year (IIISEMESTER)

BPES301	-	Tamil III/Hindi/French,
BPES302	-	English III,
BPES 303	-	Health and Safety Edn.,

BPES 304 - Rules of games., spor. Part-III (Track & field & cross country)

BPES-II Year (IV SEMESTER)

BPES401 - Tamil -IV
BPES402 - English -IV
BPES 403 - Methods in Physical Education
BPES 404 - Rules of games and sports –Part IV(Tennis, Tennikoit, Ball Badminton, Football ,Gymnastics)

BPES-II Year (III SEMESTER)

BPES 301 : Tamil – (Part – III) / French (Part- III) / Hindi (Part- III)

Objectives :After completing the course the student-teachers will be able to

- To acquire knowledge in language.
- To gain skills in terms of reading, writing, listening, speaking and thinking
- Students will demonstrate a high level of communicative proficiency in the target language.
- Acquire Knowledge of Tamil language.
- Tamilnadu state government giving importance for Tamil medium/ Tamil language
- Students those who have not opted the Tamil language can get a chance to learn

BPES 302 : English – III

Objectives : After completing the course the student-teachers will be able to

- To acquire Knowledge of English language.
- Students will interact and negotiate meaning in spoken and written conversations to share information, reactions, feelings, and opinions.
- Students will use sources of information appropriately in the English language.

BPES 303 - Health and Safety Education

Objectives : After completing the course the student-teachers will be able to

- To understand the basic concepts in health and safety education.
- Know the problems of school health and health services.
- To know the public health measure and communicable diseases.
- To understand safety at home and environment
- To know safety at play ground precautions and safety policies.

BPES 304 - Rules of games., spor. Part-III (Track & field & cross country)

1. To know the Planning, Construction, Marking of 200 & 400 m.
2. To know the procedure of calculating and marking running track.
3. To learn the procedure of calculating and marking field events.
4. To know the rules and interpretations of track –field events and cross-country races
5. To know the duties of various officials.

BPES-II Year IV SEMESTER

BPES401 - Tamil – (Part – IV) / French (Part- IV) / Hindi (Part- IV)

Objectives : After completing the course the student-teachers will be able to

- To acquire knowledge in language.
- To gain skills in terms of reading, writing, listening, speaking and thinking
- Students will demonstrate a high level of communicative proficiency in the target language.
- Acquire Knowledge of Tamil language.
- Tamilnadu state government giving importance for Tamil medium/ Tamil language
- Students those who have not opted the Tamil language can get a chance to learn

BPES 402 : English – IV

Objectives : After completing the course the student-teachers will be able to

- To acquire Knowledge of English language.
- Students will interact and negotiate meaning in spoken and written conversations to share information, reactions, feelings, and opinions.
- Students will use sources of information appropriately in the English language.

BPES 403 - Methods in Physical Education

Objectives : After completing the course the student-teachers will be able to

- To know about Teaching Technique, Teaching aids and class management.
- To know Lesson plan and Teaching Innovations and commands
- To know tournament and fixtures
- To know about physical activities, organization and conduct of competition
- To know about supervision and techniques.

BPES 404 - Rules of games and sports –Part IV(Tennis,Tennikoit,Ball Badminton,Football,Gymnastics)

Objectives : After completing the course the student-teachers will be able to

- To know about qualifications and Qualities of an official
- To know the history of sports
- To know the duties and power of officials.

- To know the planning and construction of playgrounds and gymnasium.
- To know about rules and interpretations.

V SEMESTER

BPES 501 :Science of Yoga

Objectives : After completing the course the student-teachers will be able to

- To know the origin and development of yoga
- To provide knowledge to establish the relationship between yoga and physical education
- To know the meaning of asana
- To know the meaning of pranayama
- To know the meaning of BANDHAS, SHATKRIYAS AND MUDRAS

BPES 502 :Care and Prevention of Sports Trauma

Objectives : After completing the course the student-teachers will be able to

- To know the posture and correction of bad posture
- To know the origin, procedure and uses of massage
- To know the principles of prevention of sports injuries
- To know the management of sports injuries
- To know the different types of therapies to treat sports injuries

BPES 503: Kinesiology and Biomechanics

Objectives : After completing the course the student-teachers will be able to

- To know the history of kinesiology
- To know the muscles
- To know the joints
- To know the movements
- To know the meaning of biomechanics
- To know the principles of the biomechanical concepts

BPES 504 : Educational Psychology and Sports Journalism

Objectives : After completing the course the student-teachers will be able to

- To know the meaning of psychology
- To know the application of psychological principles
- To know the meaning and importance of motivation
- To know the learning and theories of learning
- To know the ethics of sports journalism
- To know the reporting, bulletin, mass media

V SEMESTER

BPES 601 :Exercise Physiology and Nutrition

Objectives : After completing the course the student-teachers will be able to

- To know the effect of exercise on skeletal system
- To know the effect of exercise on cardio vascular system
- To know the effect of exercise on respiratory system
- To know the effect of exercise on nervous system
- To know the concept of nutrition
- To know the basic food group

BPES 602 : Test, Measurement and Evaluation

Objectives : After completing the course the student-teachers will be able to

- To know the meaning of test, measurement and evaluation
- To know the criteria and administration of test
- To know the various types of fitness test
- To know the various types of sports skill tests
- To know the importance of standard tests

BPES 603 :Scientific Principles of Sports Training

Objectives : After completing the course the student-teachers will be able to

- To know the meaning of sports training
- To know the concept of fitness components
- To know the importance of various fitness components
- To know the methods to develop various fitness components
- To know the procedure to develop the sports performance

BPES 604: Rules of Games And Sports - Part V (Hockey, Handball, Cricket& Netball)

Objectives : After completing the course the student-teachers will be able to

- To know the rules and regulation of the game hockey, handball, cricket, and netball
- To know the pre requisite of officiating
- To know the quality and qualification and principles of officiating
- To know the history of the games
- To know the dimension playfield
- specification of sports equipment

The learning objectives **was accepted for inclusion** in syllabus by the members for B.P.E.S course

Item No : 5 : Examination Reforms

Dr. J. Jackson Sutharsingh, COE presented the examination reforms

Examination Results 2020-21

A. Odd Semester Results of all courses of Study. The Pass percentage of Students are given below:

January – 2021

SL. NO.	CLASS	STUDENTS STRENGTH	STUDENTS APPEARED	STUDENTS PASSED	PERCENTAGE OF PASS
1	M.P.E.D II	59	59	59	100
2	M.P.E.D I	60	56	53	94.64
3	B.P.ED. II	99	91	91	100
4	B.P.ED. I	100	85	84	98.82
5	B.P.E.S.III	70	70	70	100
6	B.P.E.S II	77	60	60	100
7	B.P.E.S I	80	72	48	66.67

B. Even Semester Examinations for MPED II Year, BPEd II Year, BPES II year & BPES III Year were completed on 7th May, 2021 and the Valuation is being under process.

C. Even Semester Examinations for MPED I Year, BPEd I Year, & BPES I Year Will be conducted from 6th July, 2021

Examination Reforms:

1. Remuneration for the Examiners (for all courses of study):

A) External Practical Examinations - For each student Rs. 30/-

B) Paper Valuation – For each answer script Rs. 25/-

C) Question Paper Setting – For each set Rs. 750/-

D) Preparation of dummy number – For each answer script Rs 5/-

2. Five Member Scrutiny Committee has been constituted to scrutinize the Question Papers before the Pre-semester & Semester examinations. The Committee Consists of Principal (Chief COE), COE & three members from the Faculty, which will be nominated by the Principal. Each member will get the remuneration of Rs. 5000/-

It was accepted by the members of the Board of studies .

Item No : 6 IQAC

Dr. J. Glory Darling Margaret IQAC coordinator presented the members of YMCA College IQAC 2021-22

SI.NO.	NAME OF THE MEMBER	DESIGNATION
CHAIRPERSON		
1.	Dr. George Abraham	Principal
SENIOR ADMINISTRATIVE OFFICER		
2.	Mr. Benjamin Franklin	Correspondent & Secretary
3.	Mr. V.K. Varghese	Treasurer
INTERNAL MEMBERS		
4.	Dr. K.Jothi Dayanandan	Associate. Professor
5.	Dr. S. Johnson Premkumar	Asst. Professor
6.	Dr.J .Jackson Sutharsingh	Controller of Examinations
7.	Dr. S. Gladly Kirubakar	Asst. Professor
8.	Dr. R. Prabu	Librarian
EXTERNAL EXPERTS		
9.	Dr. Shoba Leslie	Associate Professor, Director IQAC Department of Computer Science Women's Christian College Chennai
10.	Dr. Shahin Ahmed	Professor Director IQAC Department of Sports Management And Sports Psychology & Sociology TNPESU
COORDINATOR OF IQAC		
11.	Dr.J. Glory Darling Margaret	Asst. Professor

The members were accepted .

Dr. Saikumar said that Annual Quality Assurance Report (AQAR) is a useful document which gives overall picture of the institutional growth in all the seven criteria's identified by NAAC for the year . It also provides systematic data with respect to various improvements to be taken up by the institution.It is mandatory to fill all the seven criteria in AQAR to upload in computer

Item No : 7 : Financial approval for various academic Courses and programs

Dr. J. Glory Darling Margaret, presented the Financial approval for various academic Courses and programs from the extract of the sub committee meeting minutes

Minutes of the sub committee meeting held on 11.06.2021 in the College conference hall

Members Present

Dr. George Abraham- Principal
Dr. K. JothiDayanandhan- Associate Professor
Dr. S. Johnson Premkumar – Assistant Professor
Dr. J. Jackson Sutharsingh- COE/ Assistant Professor
Dr. J. Glory Darling Margaret - Assistant Professor
Dr. S. Gladys Kirubakar- Assistant Professor
Dr. E. Simson Jesudass- Assistant Professor

It was suggested by the committee members to pay the Honorarium / Sitting charges for the members (outside the college) for various academic related bodies

Board of Studies Meeting -Rs. 1000/- + TA (as per norms)
Academic Council Meeting – Rs. 1500 + TA (as per norms)
Governing Body Meeting – Rs. 2500 + TA (as per norms)

Agenda 4: Honorarium/ Remuneration for various courses and programme

1.Controller of Examination work

It was suggested to pay the Honorarium/ Remuneration for the subject expert for their work done

Controller of Examination – Rs. 6000 /- per month
Question Paper setting – Rs 750 /- Per set for UG& PG
Paper Valuation – Rs. 25 /- per paper for UG & PG
Practical examination – Rs. 30 /- per candidate for UG & PG
Preparation of dummy numbers – Rs 5 per paper
Scrutiny of Question Papers for 5 different courses of studies– 5 members
Rs. 5000 /- per semester for each committee member per semester which comprises of

1. Chief controller of examinations
2. Controller of examinations
3. Member
4. Member
5. Member

Semester Invigilation

Chief Superintendent – Rs. 300 /- per session
Additional Chief – Rs. 275 /- per session
Senior Hall Superintendent – Rs. 250 /- per session
Invigilators – Rs. 225 /- per session
Invigilators (external)- Rs. 225 + Rs. 75 (TA as per norms)
Water man , Cleaner, Scavenger & Sweeper – Rs. 100 /- per session
Clerk – Rs. 200 per session
Office Assistant – Rs. 150
Seating Arrangements – Rs. 2 per chair

2.Sports Academies

It was suggested that the Deputy director and coaches will work under the guidance and supervision of the Sports Academy Director – Principal
-The Deputy director will be the College faculty members

Out of total income

50% - Management
50% - Coaching / Training side

3.Optional / Add on Courses

Out of total income

It was suggested to pay from the total fees(Rs. 1000/-per student) of Add-on and Optional courses
70% - Expert remuneration
30% - Management

4.Practical Classes

It was suggested to pay the subject expert for Practical Classes like Kung- Fu and Gymnastics Rs. 5000/-per month.

5.Hostel Warden/ Deputy Warden / Sub Warden Remuneration

It was suggested to pay the
Warden – Rs. 5000/- per month (Men & Women hostels)
Deputy Warden – Rs. 4000/- per month
Sub Warden – Rs. 2000/- per month

6.Sports Competitions – Extramural Competitions

It was suggested to pay the
DA for students – Rs.150 /- + TA as per norms
DA for Team managers / Coaches – Rs. 300 /- +TA as per norms

7.Ph. D

It was suggested to form an ethical committee with the following members

Dr. George Abraham- Principal
Medical Practitioner
One Legal Advisor
One Social service Personnel
Supervisor & Guide for Ph D

It was suggested to pay the remuneration for the Doctoral Committee Members for 4 DCM meetings for each candidate from the fees collected to the total of approximately Rs.1,00,000/- per candidate.

Director Research centre – Rs. 1000 /-
Subject Expert (University) – Rs. 1000/- + TA as per norms
Subject Expert (Research Center)- Rs. 1000/-
Supervisor & Guide- Rs. 1000/-

8. YMCA College Scholarship

It was suggested to give the following scholarships to the students

1.Buck Memorial scholarship

About 20scholarship are awarded to students who are poor and whose parents income is low. Each deserving student will be given Rs. 5000/- as scholarship.

2. Dr. Amritkumar R. Moses Memorial Scholarship

There are two scholarship of Rs. 1500/- each for M.P.Ed and B.P.Ed students who secured high percentage of marks in;

A)M.P.Ed (Final year)

B) B.P.Ed (Final year)

(only at the end of the final year the scholarship will be given)

3.Dr. Kirubakaran Memorial Scholarship

The endowment amount of Rs. 1500/-(Approximately) is awarded to the student who is outstanding in Hockey.

4. Cash award for Sports Achievers

All India Inter University / Inter State/ National approved Competition position

1. I Position: Rs. 30000/-
2. II Position: Rs. 20000/-
3. III Position: Rs. 10000/-

Representing country by approved Associations/ Federation: Rs.50000/-

The students who are **participating InterUniversity / National Competitions** – Rs.1000/- each student.

NET/SET Qualifying students during the course of study; Rs.5000/-

Fees Concession and Wave for students

Those who are getting Gold Medal at National Level would get 100% mess fees wave and Silver or Bronze medalist would get 50% mess fees wave.

- i. Sports quota admission at UG & PG level would be practiced and they would also be availing the scholarship
- ii. All those Medal winners should have participated in the recognized association at Junior or Senior level.

The students who are **participating InterUniversity / National Competitions** – Rs.1000/- each student.

NET/SET Qualifying students during the course of study; Rs.5000/-

Fees Concession and Wave for students

Those who are getting Gold Medal at National Level would get 100% mess fees wave and Silver or Bronze medalist would get 50% mess fees wave.

- iii. Sports quota admission at UG & PG level would be practiced and they would also be availing the scholarship
- iv. All those Medal winners should have participated in the recognized association at Junior or Senior level.

Dr. Saikumar acknowledged the finance distribution for various programmes of the college

Dr. P. Rajalakshmi , Associate professor Alagappa University college of Physical Education said that the TA for students extramural competitions is similar to that of their university.

Dr. James Zachariah appreciated the effort that the college put forth in the financial support for the outstanding players and in all programs .

Mr. Benjamin Franklin Correspondent & Secretary appreciated the presentation and said whatever is in usual practice can be followed.

Dr. Manikandan recognized the efforts in financial issues of the college for various programs.

Mr. Vincent Sahayaraj, Industrialist , member of the Board of Management , YMCA College said that everything was discussed elaborately and appreciated the efforts.

All the finance requirement for various academic and other programmes was unanimously approved by the members of Board of studies

Item No: 8 Any other matter

- Dr. E. Simson Jesudass suggested to include computer in all semesters for B.P.E.S course
- Dr. Komala suggested to include Basic Statistics for B.P.E.S course
- Dr. K. Karthikeyan suggested Fees Concession and Wave for students as Gold Medal at National Level would be 100% mess fees wave and Silver Medalist – 75% mess fees wave Bronze medalist 50% mess fees wave instead of 100 % for gold and 50% for silver and bronze

Item No: 9 : Vote of Thanks

Dr. J. Glory Darling Margaret , Convener BOS sincerely thanked all the members for sharing their expertise ,providing valuable suggestions, guidance for the improvement of the institution.

Item No : 10 Closing Prayer

As there were no points for further discussion the meeting came to an end with a closing prayer by Dr. R. Prabhu

YMCA COLLEGE OF PHYSICAL EDUCATION, NANDNAM, CHENNAI-35

Minutes of Academic Council meeting held on 27.06.2018

Minutes of Academic Council meeting held at 3.30 pm on 27th June 2018 (Wednesday) at the College conference hall.

Members Present:

Mr.Koshy Mathew	Special Invitee
Mr.Paulson Thomas	Special Invitee
Dr.George Abraham	Principal&Chairman BOS
Dr.Praveena Lionel	Pediatrician
Dr. S.Thirumalai Kumar	University Nominee
Dr. Shahin Ahamed	University Nominee
Mr.T.N.Santhosh Kumar	Auditor
Mr.Kathiresan	Auditor Special Invitee
Dr.K.Jothi	Associate Prof
Dr.S.Johnson Premkumar	Asst.Prof
Dr.J.Jackson Sutharsingh	Asst.Prof
Dr.Glory Darling Margaret	Asst.Prof
Dr.S.Abraham Davidson	Asst.Prof

Agenda No:1

- The meeting commenced with a word of prayer by Dr. S.Johnson Premkumar, Asst.Prof, YMCA College of Physical Education

Agenda No:2

- Principal welcomed the Correspondent &Secretary, Administrative officer, all the special invitees, university nominees and the faculty members of YMCA College of Physical Education

Agenda No: 3

Apologies for the absents of Dr. R.Ramakrishnan,Professor,Department of Advanced Sports Training & Technology,TNPESU, Chennai-127

Agenda No:4

The below mentioned revision & modification in the syllabus for the academic year was approved.

Agenda No: 4A

It was suggested to change the following in the M.PED Course of study

MCC 302 CURRICULUM DESIGN IN PHYSICAL EDUCATION

Present content	Changes Required
UNIT- I Introduction to Curriculum Subject centred , learned centred and community centered is repeated Instead of theories of curriculum development	Introduction to Curriculum and Curriculum Design need to be deleted 1. include Old and modern concept of curriculum Patterns of curriculum to be included

	Meaning, definition of Curriculum Design – basic principles for planning Curriculum design
UNIT- II- Basic Principles of curriculum Development Sources of curriculum	delete sources of Curriculum in topic as well as sources of curriculum materials (modified a separate Unit V as Curriculum Sources)
Unit- III Integration of Physical Education with other Faculties	To be changed as Unit- IV
Unit- V Curriculum Sources	To be changed as as Unit- III
Unit- IV Curriculum Appraisal or Evaluation	To be changed as Unit- V Include- Characteristics, Types and importance of Evaluation in curriculum

In semester **IV M.P.Ed**, to equip the students for competitive and professional exams the following paper can be included as core paper

MCC- 403 PROFESSIONAL PREPARATION FOR NET/ SET / TRB/ TNPSC can be included as a core paper. For that it was decided each semester three elective papers.

Semester - I

MEC 104 – Adopted Physical Education

MEC 105- SPORTS Management

MEC 106 – Sports Technology

Semester - II

MEC 204 – Value education

MEC 205 - Environmental Science

MEC 206 - Sports Nutrition & Health Promotion

Semester - III

MEC 304 - ICT in Physical Education

MEC 305 - Sports Engineering

Semester - IV

MCC 404- as Dissertation

Agenda No:4B

As per the decision by the Subject Experts, it was suggested to change the following in the B.P.Ed Course of study

- BCC – 303 Education Psychology and Sociology all the units are merged with BCC 101. The title of the subject is changed to Principles & Foundation of Physical Education, Educational psychology and sociology.

BCC 101

Principles, Foundations of Physical Education, Education Psychology and Sociology

Unit : I Introduction and Foundation of Physical Education

Meaning – definition- scope- aims & objectives of phy edn-Importance of phy edn in present era- relationship of phy edn with general education – phy edn as an art & science-philosophical foundation – idealism – pragmatism – naturalism – realism – humanism-existentialism.

Unit : II Principles of Physical Education

Biological – Growth & development – age & gender – characteristics – body types- anthropometric differences. Psychological – Attitude – interest – cognition & sentiments. Sociological – Social Integration & Cohesiveness.- Leadership.

Unit : III Education Psychology

Meaning – Importance and scope of psychology & educational psychology- Various stages of Growth and development-types and nature of individual differences - theories of learning – laws of learning – learning curve, types of learning curve – transfer of learning. Meaning & Nature of motivation & aggression - Motivation & its impact on sports performance. Meaning & nature of anxiety & stress, Types of anxiety & stress, Effect of anxiety & stress on sports performance.

Unit : IV Sports Psychology

Meaning, Importance and Scope of Sports Psychology- General Characteristics & Various stages of Growth and development-types and nature of individual differences in Sports- factors affecting the sports performance – heredity and environment – Psycho – sociological aspects of Human behavior in relation to physical education and sports.

Unit : V Sociology

Orthodoxy, customs, tradition & phy edn. – Socialization through phy edn – importance of culture and effect of culture on life style.

1. The title of the subject BCC- 201 – History of Physical Education, Recreation and Camping has been proposed to change as History of Physical Education, Recreation, Camping and Guidance & Counseling.

Unit :IV – Recreation and Camping as merged as one unit.

Unit: V - Guidance and Counseling.

Meaning, definition of Guidance and Counseling- Educational and Vocational guidance, Guidance for gifted, slow learners, the disadvantaged, under achievers, exceptional, juvenile developments, differentially abled-types of counseling-crisis, school, individual, peer and small group, role of counselor and the teacher in counseling.

3. In BCC- 203 Principles and Techniques of Officiating Coaching Part –I(Badminton, Ball Badminton, Softball, Table Tennis, Chess, Carrom, Tennis, Basketball, Volleyball, Football, Throw ball, Track events and Jump Events.) Page No: 20 Games are transferred to III Sem BCC-303 Page No: 24 & Track & Jump events are transferred to BCC 203 and BCC-403 [Page No: 29] throw events also included in BCC – 203. Page No : 20

BCC -203

Principles and Techniques of officiating and coaching – Part –I

UNIT-I

Qualification and qualities of an official- philosophy of officiating – general principles of officiating – Pre, During & Post duties of official – Mechanism of officiating – Official signals and powers – system of officiating – position of officiating.

UNIT-II

Dimension & Layout of track events – Rules & Regulations – Track event Measurement and Specification of Equipments –Track & Field- layout of track , sprint, hurdle, middle , long distance and relay events.

UNIT-III

Dimension & Layout of Jump events – rules and regulations – measurements and specification of equipments- track & field – layout of long jump , high jump and polevault.

UNIT – IV

Dimension & Layout of throw events – rules and regulations – measurements and specification of equipments- track & field – layout of shot-put , discus , javelin & hammer throw.

UNIT – V

Skills & Techniques, Drills & Lead up Activities to develop various techniques in track and field events.

4. **BCC – 303** is Vacant. For that new paper is included as Principles and Techniques of Officiating Coaching Part –II [Badminton, Ball Badminton, Softball, Table Tennis, Chess, Carrom, Tennis, Basketball, Volleyball, Football, Throwball.] Following the previous syllabus.
5. **BCC – 403** Principles and Techniques of Officiating Coaching Part –II Change as Part III
BCC 401 – Test & Measurement in Physical Education – Unit – III- Page No: 27
 - a. National Physical Fitness Test, U. S. Army Physical Fitness Test are Deleted.
 - b. Barrow Motor Ability Test, Johnson Test of Motor Educability ,Cozen Test of general Athletic Ability Test, SDAT Battery Test are Included.

BPC-406

Practical

The following activities are included in the **BPC 406** - Track & Field Marking – Play field marking – Training methods – Test & Measurements. Each Activities 25 Marks.

[Total : 100+100 = 200]

BCC 101 - Principles & Foundation of Physical Education, Educational psychology and sociology.

BCC 203- Principles and Techniques of officiating and coaching [Track & Field] – Part –I
It was suggested that the subcommittee should be formed to review the track & field syllabus.

BCC 303 - Principles and Techniques of Officiating Coaching Part –II [Badminton, Ball Badminton, Softball, Table Tennis, Chess, Carrom, Tennis, Basketball, Volleyball, Football, Throwball.] Following the previous syllabus

BCC – 403 Principles and Techniques of Officiating Coaching Part –II Change as Part III

Practical

The following activities are included in the **BPC 406** - Track & Field Marking – Play field marking – Training methods – Test & Measurements. Each Activities 25 Marks.

[Total : 100+100 = 200]

Agenda No:4C

The Committee approved the following changes in the BPES course of study

Semester I

Paper II

English -1

Page

No: 21

Unit IV

- c. Translation (Deleted)
- c. Auxiliary Verbs (Added)

Unit V

(Added)

- a. The Hymn of Creation- poetry
- b. The Living God- Poetry
- c. Character Building – Prose

(Deleted)

- a. Cabuliwallah- Rabindranath Tagore
- b. The Last Leaf- O. Henry
- c. Upper Division Love – Manohar Malgonkar

Semester II

Paper VI English – II

Page No: 29

Unit II

- b. Translation- Idioms and Phrases (Deleted)
- b. Idioms and Phrase (Added)

Unit –IV and Unit- V (Deleted)

Unit IV Grammar (Added)

- a. Kinds of Sentence
- b. Reported Speech

Unit V Prose (Added)

- a. What I Cherish Most
- b. On forgetting

Semester II

Paper VII Anatomy and Physiology

Page No: 30

Unit 1

(Added)

Descriptive Terms Used to describe the Human body and movements.

Semester III

Paper X English – III

Unit II

- b. Translation- Sentences - Tamil to English (Deleted)
- b. Voice and Tenses (Added)

Unit –IV and Unit- V (Deleted)

Unit IV Grammar (Added)

- a. Degrees of Comparison
- b. Articles

Unit V Essays (Added)

- a. Happy life
- b. Laugh and Be Marry

Semester III

Paper XI Health and safety Education

Page No:38

Unit- III- (Added)

Non-Communicable Diseases

- Hyper tension
- Obesity
- Myocardial
- Diabetes

Semester IV

PaperXIV English – IV

Unit –IV and Unit- V (Deleted)

Unit IV Grammar(Added)

- a. Direct and Indirect Speech
- b. Active and Passive Voice

Unit V Extensive Reader(Added)

- a. R.K. Narayan
- b. Jagadish Chandra Bose
- c. Dr. S. Radhakrishnan

Semester V

Paper XVII Science of Yoga

Page No: 49

Unit 1

(Added)

Patanjali yoga sutra and
Thirumoolar Thirumandiram

Unit V

(Added)

Methods of yogic practices
Prayer- Asana – Prandyara- kriyas – Meditation – closing prayer

Semester V

Paper XIX Kinesiology and Biomechanics

Page

Unit III

(Added)

Axes and Planes

YMCA COLLEGE OF PHYSICAL EDUCATION

Academic Council Meeting

Date: 01.07.2019

Time: 03.30 p.m.

Venue: College Conference Hall

AGENDA

1. Prayer : Dr.Glory Darling Margaret,Asst Prof.
2. Welcome by Chairman : Dr.K.Jothi Dayanandan
Principal i/c Chairman AC.
3. Apologies of Absence (if any)
4. Approval of Syllabus for various courses
5. Examination Reforms
6. Vote of Thanks : Dr. S.Johnson Premkumar,Asst Prof.,Convener,AC
7. Closing Prayer : Dr. J.Jackson Sutharsingh Asst.Prof.

YMCA COLLEGE OF PHYSICAL EDUCATION


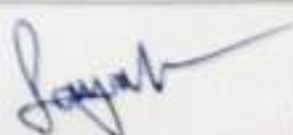
Members Present Academic Council Meeting

EXPERTS – ATTENDED ACADEMIC COUNCIL MEETING

Date: 01.07.2019

Time: 03.30 p.m.

Venue: College Conference Hall

S.NO	NAME & DESIGNATION	EXPERTS	SIGNATURE
1	Dr. S.Thirumalai Kumar, Professor and Head, Department of Physical Education, TNPESU, Chennai-127	University Nominee	
2	Dr. Shahin Ahamed, Professor and Head, Department of Sports Management and Sports Psychology & Sociology, TNPESU, Chennai-127.	University Nominee	
3	Dr. R.Ramakrishnan, Professor, Department of Advanced Sports Training & Technology, TNPESU, Chennai-127.	University Nominee	
4	Mr.Jayaprakash (9884936493) (9487288002)	Advocate	
5	Mr.T.A.Santhosh Kumar, CA,Chennai-35.	Chartered Accountant	
6	Dr.Thanigachalam - R	Medical officer	

YMCA COLLEGE OF PHYSICAL EDUCATION



Members Present Academic Council Meeting

Date: 01.07.2019

Time: 03.30 p.m.

Venue: College Conference Hall

Special Invitees

S.NO	NAME & DESIGNATION	EXPERTS	SIGNATURE
1	Mr.Koshy Mathew Correspondent & Secretary YMCA College of Physical Education, Chennai-35	Special Invitee	
2	Mr.Paulson Thomas Regional Secretary YMCA College of Physical Education, Chennai-35	Special Invitee	
3	Dr.S.Selva Lakshmi Head i/c Dept.of Yoga TNPESU, Chennai-127.	Special Invitee	




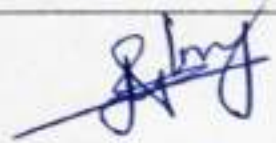
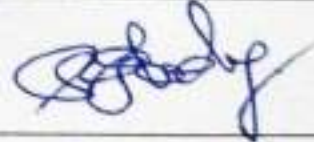
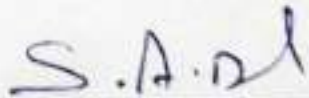
YMCA COLLEGE OF PHYSICAL EDUCATION

Members Present Academic Council Meeting

Date: 01.07.2019

Time: 03.30 p.m.

Venue: College Conference Hall

S.NO	NAME	DESIGNATION	SIGNATURE
1	Dr.K.Jothi Dayanandan	Principal i/c&Chairman Academic Council	
2	Dr.S.Johnson Premkumar	Asst.Prof	
3	Dr.J.Jackson Sutharsingh	Asst.Prof	
4	Dr.J.Glory Darling Margaret	Asst.Prof	
5	Dr.S. Glady Kirubakar	Asst.Prof	
6	Dr.S.Abraham Davidson	Asst.Prof	

①

YMCA COLLEGE OF PHYSICAL EDUCATION, NANDNAM, CHENNAI-35

Minutes of Academic Council meeting held on 01.07.2019

Minutes of the Academic Council meeting held at 03.30p.mon 01st July 2019 (Monday) at the College conference hall.

Members Present:

Mr.Koshy Mathew	Special Invitee
Mr.Paulson Thomas	Special Invitee
Dr.S.Thirumalai Kumar	Phy.Edn.Subject Expert(University Nominee)
Dr.Shahin Ahamed	Psychology & Sociology Subject Expert(University Nominee)
Dr.R.Thanigachalam	Medical Officer,Saidapet Govt.Hospital
Dr. K.Jothi	Principal i/c&Chairman AC
Dr.S.Johnson Premkumar	Asst.Prof
Dr.J.Jackson Sutharsingh	Asst.Prof
Dr.Glory Darling Margaret	Asst.Prof
Dr.Glady Kirubakar	Asst.Prof
Dr.S.Abraham Davidson	Asst.Prof

Agenda No: 1

- The meeting commenced with a word of prayer by Dr. .Glory Darling Margaret Asst.Prof.YMCA College of Physical Education

Agenda No: 2

- Principal i/c welcomed all the special invitees, subject experts, meritorious and the faculty members of YMCA College of Physical Education

Agenda No: 3

- Apologies for the absence of Dr. R.Ramakrishnan,Professor, Dept.of Advanced Sports Training,&Tech, Mr.T.A.Santhosh Kumar- C.A, and Mr.Jayaprakash –Advocate

Agenda No: 4

- Minutes of previous Academic Council meeting minutes was approved.

Agenda No: 5

Revision & Modification of Syllabus

Agenda No: 5A

ITEM - I

MPEd

In the MPEd syllabus, it was suggested that there will not be minimum marks for passing in both internal and external examinations. The committee resolved internal & external of total 50% is (50/100). The required marks for passing for all courses of study.

Dr.S. Thirumalai Kumar (University Nominee) has suggested minimum passing in external should be followed. (38/75)

It was approved.

ITEM -II

Further changes were approved in BCC-203&BCC-403 as mentioned below:

BCC - 203 Principles and Techniques of officiating and coaching - Part -I

Present content

UNIT-I

Qualification and qualities of an official- philosophy of officiating - general principles of officiating - Pre, During & Post duties of official - Mechanism of officiating - Official signals and powers - system of officiating - position of officiating.

UNIT - V

Skills & Techniques, Drills & Lead up Activities to develop various techniques in track and field events.

BCC 203 Principles and Techniques of Officiating and Coaching Part- I

The following could be replaced or included Unit- I

UNIT	PRESENT CONTENT	CHANGES REQUIRED
UNIT-I	Qualification and qualities of an official- philosophy of officiating - general principles of officiating - Pre, During & Post duties of official - Mechanism of officiating - Official signals and powers - system of officiating - position of officiating	Age and sex categories of athletes - Entries - Clothing, shoes and Athlete Bibs- Assistance to athletes- Protest and Appeals- Duties and powers of International Officials - Management Officials - Competition Officials - Additional Officials
UNIT-II, III & IV		NO CHANGES

ITEM - III

BCC -402 Kinesiology and Biomechanics

UNIT - I

- Terminology of Fundamental movements can be changed as Terminology of Fundamental body movements
- Classification of joints and muscles can be changed as **Kinesiological classification of joints and muscles. Shifted to Unit - I**

UNIT - II

- In Types of muscle Contraction - (Isotonic, (Concentric & Eccentric) Isokinetic & Isometric are added
- Posture - Meaning Types and importance of Good Posture is changes as Meaning, Definition and types of Posture- Importance of good Posture - Types of Postural deformities.
- **Causes & corrective measures of bad posture was added.**

The committee approved the same

BPES

It was suggested to include

- Teaching practice (**General , Particular & Intensive Teaching practice**) in III & IV Semester

The committee approved the same

Agenda: 5 Examination Reforms - Examination RESULTS 2018-19

Dr. J. Jackson Sutharsingh Asst.Prof. COE, presented Odd and Even Semester Results of all courses of study and the Examination reforms

- A. Odd Semester Results of all courses were published on 18.02.2019 - and were uploaded in the website of the college. The percentage of pass is given below

Examination RESULTS 2018-19
NOVEMBER - 2018

SL.NO.	CLASS	STUDENTS STRENGTH	STUDENTS APPEARED	NO. OF PASS	%
1	M.P.E.D II	47	40	40	100
2	M.P.E.D I	45	32	27	84.38
3	B.P.E.D. II	92	92	81	88.04
4	B.P.E.D. I	95	95	72	75.79
5	B.P.E.S.II	58	38	33	86.84
6	B.P.E.S I	76	56	43	76.79
7	M.Sc. II	6	2	1	50
8	M.Sc. I	6	6	6	100

Even Semester Results of all courses were published on - 03.05.2019 and were uploaded in the website of the college. The percentage of pass is given below:

APRIL - 2019

SL.NO.	CLASS	STUDENTS STRENGTH	STUDENTS APPEARED	NO. OF PASS	%
1	M.P.E.D II	47	47	47	100
2	M.P.E.D I	46	28	28	100
3	B.P.E.D. II	94	94	94	100
4	B.P.E.D. I	95	88	84	95.45
5	B.P.E.S. II	58	22	20	90.91
6	B.P.E.S I	76	39	34	87.18
7	M.Sc. II	6	2	1	50
8	M.Sc. I	7	7	7	100
9	PGDSC	4	4	2	50

Examination Reforms:

It was suggested and approved by the committee, to have revaluation and an appeal against results of the semester and arrear examinations may be made to the principal by the students concern within 15 days of publication of the results by paying a fee of Rs.200/-. Further, Revaluation may be conducted with a prescribed fee of Rs.1000 for each paper .Revaluation is applicable for the regular Semester paper and arrear examinations.

It was suggested by Dr. S.Thirumalai Kumar Subject Expert to have the supplementary examinations for outgoing students. The committee decided the supplementary examinations should be conducted for the final year Semester year papers alone.


It was suggested to add AMC for the Software of the mark statement at the Examination centre from Mrs. Jayaseeni Software Solutions

The committee approved the same

Agenda: 7 The following was approved in any other Business.

- Updating the software and budgeting for the library to be allocated every year.
- Soft ware for attendance to be updated and portal of the college to be prepared by the committee.
- Computer Teacher will be in-charge for maintaining the attendance through Software for all courses of the studies.
- Mr. Koshy Mathew Correspondent & Secretary announced that the Syndicate of TNPESU, approved to start YMCA College of Yoga & Research Institute.

The convener Dr. **S.Johnson Premkumar** of AC proposed vote of thanks and the meeting came to an end by offering word of prayer by Dr J.Jackson Sutharsingh


Dr. S.Johnson Premkumar
Convener, AC


Dr.K. Jothi Dayanadan
Principal i/c& Chairman AC



Greetings !

YMCA COLLEGE OF PHYSICAL EDUCATION,
Nandanam, Chennai- 35,
Tamil Nadu.

Respected Sir/ Madam,

YMCA COLLEGE OF PHYSICAL EDUCATION is inviting you to attend the Academic Council Meeting on Zoom.

Date & Time: Aug 26, 2020 10:30 AM India

Join Zoom Meeting

<https://us02web.zoom.us/j/3503691251?pwd=a0JvNlFyeDNlbnklKeHUybjZzQ216dz09>

Meeting ID: 350 369 1251

Passcode: ACMeet2020

With Regards,

Dr. George Abraham,
Principal & Chairman AC.



Thank you

YMCA COLLEGE OF PHYSICAL EDUCATION

Academic Council Meeting

Date: 26.08.2020

Time: 10.30 a.m.

Through Virtual mode

AGENDA

1. Prayer : Dr.Glory Darling Margaret, Asst.Prof.
2. Welcome by Chairman : Dr.George Abraham
Principal, Chairman AC.
3. Apologies of Absence (if any)
4. Approval of minutes of Board of studies :
5. Examination Reforms
6. Vote of Thanks : Dr. K. Jothi Dayanandan
Associate Prof, Convener AC
7. Closing Prayer : Dr.S.Johnson Premkumar, Asst.Prof.

Dr. K. Jothi
Associate Prof , Convener AC

Dr.George Abraham
Principal, Chairman AC.



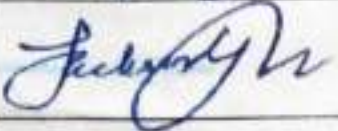
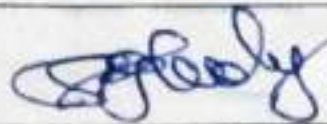
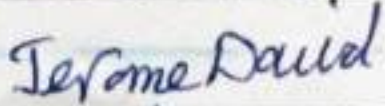
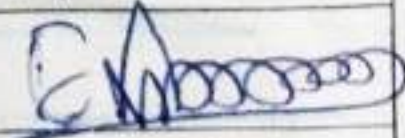
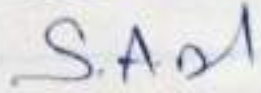
YMCA COLLEGE OF PHYSICAL EDUCATION

Members Present Academic Council Meeting

Date: 26.08.2020

Time: 10.30a.m

Through Virtual mode

S.NO	NAME	DESIGNATION	SIGNATURE
1	Dr.George Abraham	Principal&Chairman Academic Council	
2	Dr.K.Jothi	Associate Prof & Convener Academic Council	
3	Dr.S.Johnson Premkumar	Asst.Prof	
4	Dr.J.Jackson Sutharsingh	Asst.Prof	
5	Dr.Glory Darling Margaret	Asst.Prof	
6	Dr.S.Glady Kirubakar	Asst.Prof	
7	Dr.S.Jerome David	Asst.Prof	
8	Dr.E.Simson Jesudass	Asst.Prof	
9	Dr.S.Abraham Davidson	Asst.Prof	

YMCA COLLEGE OF PHYSICAL EDUCATION

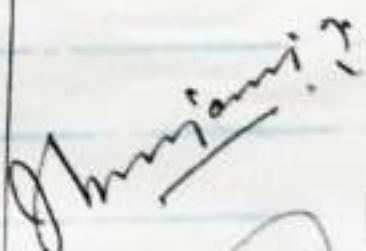
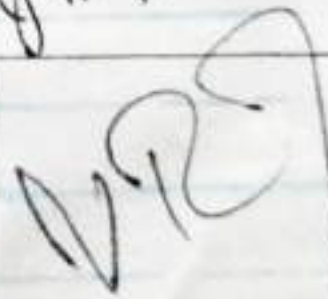
Members Present Academic Council Meeting

Date: 26.08.2020

Time: 10.30 a.m.

Through Virtual Mode

Special Invitees

S.NO	NAME & DESIGNATION	EXPERTS	SIGNATURE
1	Mr. J. Benjamin Franklin Correspondent & Secretary YMCA College of Physical Education, Chennai-35	Special Invitee	
2	Mr. Rajjiv George Administrator & Estate Manager YMCA College of Physical Education, Chennai-35	Special Invitee	

Zoom link for academic council 2021-22

**YMCA COLLEGE OF PHYSICAL EDUCATION
NANDANAM, CHENNAI - 35.**

Dear Member(s),

We cordially invite you to a scheduled Academic Council Meeting for the academic year 2021 - 2022 via virtual mode in the zoom platform.

Date / Time: Jun 22, 2021 03:30 PM India

Join Zoom Meeting

<https://us02web.zoom.us/j/83244164613?pwd=TDdSdEtRdzBqK1MvZGh1WHVaZzFmQT09>

Meeting ID: 832 4416 4613

Passcode: YMCAACmeet

YMCA COLLEGE OF PHYSICAL EDUCATION

Academic Council Meeting

Date: 22.06.2021

Time: 03.30 p.m.

Through Virtual mode

AGENDA

1. Prayer : Dr.Glory Darling Margaret, Asst.Prof.
2. Welcome by Chairman : Dr.George Abraham
Principal, Chairman AC.
3. Apologies of Absence (if any)
4. Approval of minutes of Board of studies
5. Selection of two subject experts from outside the
parent University for Board of Studies
6. Any other matter :
7. Vote of Thanks : Dr. K. Jothi Dayanandan
Associate Prof, Convener AC
8. Closing Prayer : Dr.S.Johnson Premkumar, Asst.Prof.

YMCA COLLEGE OF PHYSICAL EDUCATION, NANDNAM, CHENNAI-35

Minutes of Academic Council held on 22.06.2021

Minutes of Academic Council meeting held at 03.30 pm on 22nd June 2021 (Tuesday) through virtual mode.

Members Present:

Dr. George Abraham	Principal & Chairman (AC)
Mr Benjamin Franklin	Special Invitee (College Secretary)
Mr Rajiv George	Special Invitee (College Admin.)
Dr. S Thirumalai Kumar,	University Nominee
Dr. Shahin Ahmed,	University Nominee
Dr. R.Ramakrishnan,	University Nominee
Mr Ram Prasad	Advocate
Mr Vifcent Sahayraj	Industrialist
Dr. Dilipkumar Veerajan	Medical officer
Mr M.M.Selvakumar	Engineer
Dr.K.Jothi Dayanandan	Associate Prof. Convener (AC)
Dr.S.Johnson Premkumar	Asst.Prof
Dr.J.Jackson Sutharsingh	Asst.Prof
Dr. Glory Darling Margaret	Asst.Prof
Dr. Gladly Kirubakar	Asst.Prof
Dr. S.Jerome David	Asst.Prof
Dr.E.Simson Jesudass	Asst.Prof
Dr.S.Abraham Davidson	Asst.Prof

Agenda No: 1 Prayer

The meeting commenced with a word of prayer by Dr. Glory Darling Margaret, Assistant Professor

Agenda No: 2 Welcome by Chairman

Principal Dr. George Abraham welcomed all the Special invitees, University Nominee, subject experts, and the faculty members of YMCA College of Physical Education.

Agenda No: 3 Apologies for the absence

All the invited members of the Academic council were present

Mr. Benjamin Franklin, Correspondent & Secretary enquired the Chairman, Dr. George Abraham whether the members invited as representatives from Tamil Nadu Physical Education and Sports University as University nominees for 2021-2022 academic council meeting are Sanctioned/ Approved members? And asked to go with the proper recording of the event.

Dr. George Abraham, Principal, Chairman, for the Academic Council said yes, that all the members are as per the University sanctioned nominees only.

Agenda No: 4 Approval of minutes of Board of studies

(i) Revision & Modification of Syllabus

Modification of Syllabus for M.P.Ed, B.P.Ed and B.M.S

Credits in Elective papers for M.P.Ed & B.P.Ed courses

Recommendation : Elective papers to be given equal credits as like the core papers

5 days x 3 Theory hours = 15 hours per week

Out of 15 hours of theory in our college

3 Credits x 4 Papers = 12 hours

1 Credit extra for 1 paper

General Assembly = 1 hour

Library = 1 hour

15 hours

It was resolved to add that 1 credit to the following subjects in all the semesters

Semester- I MCC 102 -Research process in P.E & Sports science (4 credits)

Semester- II MCC 203-Test, Measurement and Evaluation in Physical Education(4 credits)

Semester- III MCC 301-Scientific Principles of Sports Training (4 credits)

Semester- IV MCC 401-Prevention and Management of Sports Trauma (4 credits)

B.P.Ed

Semester- I BCC 101-Principles, Foundation of P.E & Educational Psycho (4 credits)

Semester-II BCC 202-Organization and Administration and methods of teaching in Physical Education (4 credits)

Semester- III BCC 301 - Sports Training (4 credits)

Semester- IV BCC 401 - Test and Measurement in Physical Education (4 credits)

There are 86 Papers

M.P.Ed course - 22 papers

B.P.Ed Course - 20 papers

BMS Course - 20 papers

B.P.ES Course - 24 papers

TOTAL - 86 PAPERS

The sample learning objectives are each courses of study presented below

MPED I YEAR - I & II SEMESTER THEORY PAPERS

MCC 101 Yogic Sciences

Objectives: After studying this paper the student teachers will be able:

- To understand the basic concept of yoga and apply the underlying concepts of yogasana as exercise
- To cultivate breath control, relaxation techniques and kinesthetic awareness
- To apply the principles of yogasana to live healthy and active life style
- To learn to apply the yogasana in sports performance

- To analyse the psychological changes on sports persons during sports participation
- Develop the knowledge through practice, participate and organize

SAMPLE LEARNING OBJECTIVES FOR B.P.Ed

BCC-101 Principles, Foundation of Physical Education, Education Psychology Guidance and counseling

- To Know about the importance of biological Principles
- To know about the importance of Psychological principles
- To know about the importance of Sociological principles
- To know about the importance of Educational Psychology
- To know about Guidance and Counseling

SAMPLE OBJECTIVES FOR B.M.S -I YEAR- SEMESTER-I

BMC-101: Principles of Education, Inclusive Education, Physical Education, Adapted Physical Education Introduction to movement Education and mobility Science.

Objectives: After studying this paper the student teachers will be able

- After completing the course the student-teachers will be able to
- Acquire Knowledge of Education.
- understand the process, functions of Education and knowledge of knowing
- Explain the construct of inclusive education & the progression from segregation towards valuing & appreciating diversity in inclusive education.
- Learn relevant legislation, current issues, and trends in Adapted Physical Education.
- Understand the influence of selected disabilities on the learning and performance of motor skills and physical activities.
- Enumerate the skills in adapting instructional strategies for teaching in mainstream classrooms.
- Describe the inclusive pedagogical practices & its relation to good teaching.

SAMPLE OBJECTIVES FOR B.P.E.S. I YEAR

I SEMESTER

BPES 104 : Rules of Games and Sports -Part I (Basketball, Badminton, Kabaddi, Softball)

Objectives : After completing the course the student-teachers will be able to

- To acquire Knowledge of Rules and regulations of Basketball Badminton Kabaddi and Softball.
- Understand the process, functions of organisation setup of various games and sports
- Explain the General principles of officiating and Mechanism of officiating in the above listed four games.
- Learn about the history of above listed four games
- Describe the Measurements of play fields of the above listed four games

(Two years course -FOUR SEMESTERS)

The syllabus has been modified in reference to Rehabilitation Council of India, B. Ed Special Education and NCTE and in equivalent with B.P.Ed course of study. This course was recognized and approved by Government of Tamil Nadu with 1 Aided Teaching staff and was certified as equivalent to B.P.Ed course. Since B.P.Ed course is being converted to 2 years now the effort is being taken to bring B.M.S course equivalent to two years of B.P.Ed course with 4 semesters.

Semester I (Revised)

Subject Code	Subject	L	T	P	Total Credit	Internal	External	Total
BMC-101	Principles of Education, Inclusive Education, Physical Education, Adapted Physical Education Introduction to movement Education and mobility Science	3	0	0	3	25	75	100
BMC-102	Human Growth and Development & Anatomy	3	0	0	3	25	75	100
BMC-103	Principles and techniques of officiating and coaching Part I Track & field	3	0	0	3	25	75	100
BME-104:	Nutrition Management Special Diet for a variety of Disabilities And Disorder	3	0	0	3	25	75	100
BME-105	Contemporary issues in Physical Education and Special Education							
BMP-106	Drill and Marching Calisthenics, Minor games, Light apparatus, Yoga	0	2	5	5	(Each 20 Marks)		100
BMP-107	Adapted Minor games, Calisthenics, Light apparatus and yoga	0	2	4	4	(Each 25 Marks)		100
BMP-108	Tennis and Table Tennis regular and adapted	0	2	4	4	(Each 25 Marks)		100
BMP-109	Track events – Sprint, Middle Long	0	2	6	5	(Each 25 Marks)		100
BMT-110	Teaching practice General (10 days)	0	2	6	5	Internal		100

I Semester Total Credit = 30

Semester II

Subject Code	Subject	L	T	P	Total Credit	Internal	External	Total
BMC-201	Organisation & Administration of mobility science and physical Education	3	0	0	3	25	75	100
BMC-202	Introduction to Physiology, Neurology, Ophthalmology and Audiology	3	0	0	3	25	75	100
BMC-203	Principles and techniques of officiating and coaching Part II (Football, Basketball, Volleyball, , Cricket, Tennis, Table Tennis)	3	0	0	3	25	75	100
BME-204:	Health Education, Safety Education First Aid and Environmental Studies	3	0	0	3	25	75	100
BME-205	Sports Medicine, physiotherapy Aquatic Rehabilitation for special sports persons							
BMP-206	Dhands&Baithaks Rhythmic activities, Silambam	0	2	5	5	(Each 20 Marks)		100
BMP-207	Orientation and mobility for visually disabled And Milestone Disabilities	0	2	4	4	(Each 25 Marks)		100
BMP-208	Volleyball, kabaddi sighted and disabled	0	2	4	4	(Each 25 Marks)		100
BMP-209	First-Aid and Physiotherapy	0	2	5	5	(Each 25 Marks)		100
BMT-210	Teaching practice Particular (10 days)	0	2	6	5	Internal		100
BMT-111	Teaching practice External Examination on General & Particular Lesson (4days)	0	0			External		200

II Semester Total Credit = 35

Semester III

Subject Code	Subject	L	T	P	Total Credit	Internal	External	Total
BMC-301	Causes of various disabilities and Introduction to sensory, neuro, locomotor and Multiple Disabilities	3	0	0	3	25	75	100
BMC-302	Physical Education, Applied Physical Fitness for the Disabled, Recreation and Camping	3	0	0	3	25	75	100
BMC-303	Principles and techniques of officiating and coaching Part II (, Kabaddi, Kho-Kho, Handball, Badminton, Ball Badminton , Softball etc).	3	0	0	3	25	75	100
BME-304:	Computer Technology and Disability	3	0	0	3	25	75	100
BME-305	: Personality Development and communication skills							
BMP-306	Lezium, Swiss ball, Core board Training, Sensory training	0	2	5	5	Internal		100
BMP-307	Cricket, Basketball, Football, Kho-Kho	0	2	4	4	(Each 25 Marks)		100
BMP-308	Field Events – Throws	0	2	4	4	(Each 25 Marks)		100
BMT-309	: Intensive Teaching practice Normal School	0	2	6	5	External		100
BMT-310	Intensive Teaching practice Special School	0	2	6	5	External		100

III Semester Total Credit = 35

Semester IV

Subject Code	Subject	L	T	P	Total Credit	Internal	External	Total
BMC-401	Yoga Education and Yoga for children with special needs	3	0	0	3	25	75	100
BMC-402	History of Physical Education Olympics and unified sports.	3	0	0	3	25	75	100
BMC-403	Principles and techniques of officiating and coaching Part IV Adapted games	3	0	0	3	25	75	100
BME-404	Educational Psychology, Sociology, Guidance and Counseling	3	0	0	3	25	75	100
BME-405	Test measurement in physical Education. Fitness tests for disabilities							
BMP-406	Pyramid, Theraband and ladder training	0	2	5	5	Internal		100
BMP-407	Swimming, Handball, Throwball	0	2	4	4	Internal		100
BMP-408	Field Events - Jumping	0	2	4	4	(Each 25 Marks)		100
BMP-409	Coaching practice Normal School	0	2	6	5	External		100
BMT-410	Fitness training practice for Special children	0	2	6	5	External		100

IV Semester Total Credit = 35

Total Credits in BMS Two Years Course

Semester	Credits in Theory Part I	Credit in Practical		Total
		Part II Games and Other activity) Intenship)	Part III (Teaching Coaching	
I	12	18	5	35
II	12	18	5	35
III	12	13	10	35
IV	12	13	10	35
Total	48	62	35	140

Total Marks in BMS Two Years Course

Semester	Credits in Theory Part I	Credit in Practical		Total
		Part II Games and Other activity) Intenship)	Part III (Teaching Coaching	
I	400	400	100	900
II	400	400	300	1100
III	400	300	200	900
IV	400	300	200	900
Total	1600	1400	800	3800

The experts suggested to bring out the following for each course and for each subjects separately

- i. Programme Out Come
- ii. Course Out Come
- iii. Mapping
- iv. Objectives

Since the learning objectives for each paper i.e., 86 Papers is being prepared and presented the college can get ready with the above mentioned requirements for NAAC and IQAC.

It was also suggested by the experts to add Elective Generic subject for all the courses of the study in any one Semester with choices and which would encourage entrepreneurship and its mandatory for getting Re-accreditation, NAAC and Autonomous extension.

Examination Reforms

Examination Results 2020-21

A. Odd Semester Results of all courses of Study. The Pass percentage of Students are given below:

January - 2021

SL. NO.	CLASS	STUDENTS STRENGTH	STUDENTS APPEARED	STUDENTS PASSED	PERCENTAGE OF PASS
1	M.P.E.D II	59	59	59	100
2	M.P.E.D I	60	56	53	94.64
3	B.P.ED. II	99	91	91	100
4	B.P.ED. I	100	85	84	98.82
5	B.P.E.S.III	70	70	70	100
6	B.P.E.S II	77	60	60	100
7	B.P.E.S I	80	72	48	66.67

- B. Even Semester Examinations for MPed II Year, BPed II Year, BPES II year & BPES I Year were completed on 7th May, 2021 and the Valuation is being under process.
- C. Even Semester Examinations for MPed I Year, BPed I Year, & BPES I Year Will be conducted from 6th July, 2021

Modification of Question Paper Pattern for UG & PG Courses of Study

UG Courses of Study Total Marks= 75

Part – I Answer all the Questions 10X2= 20

Question No-1 to 5 Multiple Choice Questions

Question No-6 to 10 Short Answer Type of Questions

Part – II Answer any Five Questions 5X5= 25

Question No-11 to 17 Descriptive Type of Questions

Part – III Answer any Three Questions 3X10= 30

Question No-18 to 22 Descriptive Type of Questions

PG Courses of Study Total Marks= 75

Part – I Answer any Five Questions 5X5= 25

Question No-1. It is a mandatory Question (It contains 5-Multiple Choice Questions)

Question No-2 to 7. Descriptive Type of Questions

Part – II Answer any Five Questions 5X10= 50

Question No-8 to 14. Descriptive Type of Questions

IQAC

Dr. J. Glory Darling Margaret IQAC coordinator presented the members of YMCA College IQAC 2021-22

SLNO.	NAME OF THE MEMBER	DESIGNATION
CHAIRPERSON		
1.	Dr. George Abraham	Principal
SENIOR ADMINISTRATIVE OFFICER		
2.	Mr. Benjamin Franklin	Correspondent & Secretary
3.	Mr. V.K. Varghese	Treasurer
INTERNAL MEMBERS		
4.	Dr. K.Jothi Dayanandan	Associate. Professor
5.	Dr. S. Johnson Premkumar	Asst. Professor
6.	Dr.J Jackson Sutharsingh	Controller of Examinations
7.	Dr. S. Glady Kirubakar	Asst. Professor
8.	Dr. R. Prabu	Librarian
EXTERNAL EXPERTS		
9.	Dr. Shoba Leslie	Associate Professor, Director IQAC Department of Computer Science Women's Christian College Chennai
10.	Dr. Shahin Ahmed	Professor Director IQAC Department of Sports Management And Sports Psychology & Sociology TNPESU
COORDINATOR OF IQAC		
11.	Dr.J. Glory Darling Margaret	Asst. Professor

Dr. George Abraham, suggested to pay Rs.1000/- for IQAC Committee two external experts while reviewing the AQAR or IQAC meeting

Financial approval for various academic Courses and programs

It was suggested by the committee members to pay the Honorarium / Sitting charges for the members (outside the college) for various academic related bodies

Board of Studies Meeting -Rs. 1000/- + TA (as per norms)

Academic Council Meeting – Rs. 1500 + TA (as per norms)

Governing Body Meeting – Rs. 2500 + TA (as per norms)

Honorarium/ Remuneration for various courses and programme

1.Controller of Examination work

It was suggested to pay the Honorarium/ Remuneration for the subject expert for their work done

- B. Even Semester Examinations for MPed II Year, BPed II Year, BPES II year & BPES II Year were completed on 7th May, 2021 and the Valuation is being under process.
- C. Even Semester Examinations for MPed I Year, BPed I Year, & BPES I Year were conducted from 6th July, 2021

Modification of Question Paper Pattern for UG & PG Courses of Study

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Question No-1 to 5 Multiple Choice Questions

Question No-6 to 10 Short Answer Type of Questions

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Question No-11 to 17 Descriptive Type of Questions

Part – III Answer any Three Questions 3X10= 30

Question No-18 to 22 Descriptive Type of Questions

PG Courses of Study Total Marks= 75

Part – I Answer any Five Questions 5X5= 25

Question No-1. It is a mandatory Question (It contains 5-Multiple Choice Questions)

Question No-2 to 7. Descriptive Type of Questions

Part – II Answer any Five Questions 5X10= 50

Question No-8 to 14. Descriptive Type of Questions

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5.	Dr. S. Johnson Premkumar	Asst. Professor
6.	Dr.J Jackson Sutharsingh	Controller of Examinations
7.	Dr. S. Gladly Kirubakar	Asst. Professor
8.	Dr. R. Prabu	Librarian
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Governing Body Meeting – Rs. 2500 + TA (as per norms)

Honorarium/ Remuneration for various courses and programme

1.Controller of Examination work

It was suggested to pay the Honorarium/ Remuneration for the subject expert for their work done

Controller of Examination – Rs. 6000 /- per month
Question Paper setting – Rs 750 /- Per set for UG& PG
Paper Valuation – Rs. 25 /- per paper for UG & PG
Practical examination – Rs. 30 /- per candidate for UG & PG
Preparation of dummy numbers – Rs 5 per paper
Scrutiny of Question Papers for 5 different courses of studies– 5 members
Rs. 5000 /- per semester for each committee member per semester which comprises of

1. Chief controller of examinations
2. Controller of examinations
3. Member
4. Member
5. Member

Semester Invigilation

Chief Superintendent – Rs. 300 /- per session
Additional Chief – Rs. 275 /- per session
Senior Hall Superintendent – Rs. 250 /- per session
Invigilators – Rs. 225 /- per session
Invigilators (external)- Rs. 225 + Rs. 75 (TA as per norms)
Water man , Cleaner, Scavenger & Sweeper – Rs. 100 /- per session
Clerk – Rs. 200 per session
Office Assistant – Rs. 150
Seating Arrangements – Rs. 2 per chair

2.Sports Academies

It was suggested that the Deputy director and coaches will work under the guidance and supervision of the Sports Academy Director – Principal
-The Deputy director will be the College faculty members

Out of total income

50% - Management
50% - Coaching / Training side

3.Optional / Add on Courses /Evening College

Out of total income

It was suggested to pay from the total fees(Rs. 1000/-per student) of Add-on and Optional courses
70% - Expert remuneration
30% - Management

4. Practical Classes

It was suggested to pay the subject experts for various Practical Classes as per the Time-table were the experts are hired for that particular semester. These experts may be paid an amount of Rs. 5000/- per month.

5. Hostel Warden/ Deputy Warden / Sub Warden Remuneration

It was suggested to pay the

Warden – Rs. 5000/- per month (Men & Women hostels)

Deputy Warden – Rs. 4000/- per month

Sub Warden – Rs. 2000/- per month

6. Sports Competitions – Extramural Competitions

It was suggested to pay the

DA for students – Rs. 150 /- + TA as per norms

DA for Team managers / Coaches – Rs. 300 /- + TA as per norms

7. Ph. D

It was suggested to form an ethical committee with the following members

Dr. George Abraham- Principal

Medical Practitioner

One Legal Advisor

One Social service Personnel

Supervisor & Guide for Ph D

It was suggested to pay the remuneration for the Doctoral Committee Members for 4 DCM meetings for each candidate from the fees collected to the total of approximately Rs. 1,00,000/- per candidate.

Director Research centre – Rs. 1000 /-

Subject Expert (University) – Rs. 1000/- + TA as per norms

Subject Expert (Research Center)- Rs. 1000/-

Supervisor & Guide- Rs. 1000/-

8. YMCA College Scholarship

It was suggested to give the following scholarships to the students

1. Buck Memorial scholarship

About 20 scholarship are awarded to students who are poor and whose parents income is low. Each deserving student will be given Rs. 5000/- as scholarship.

2. Dr. Amritkumar R. Moses Memorial Scholarship

There are two scholarship of Rs. 1500/- each for M.P.Ed and B.P.Ed students who secured high percentage of marks in;

A) M.P.Ed (Final year)

B) B.P.Ed (Final year)

(only at the end of the final year the scholarship will be given)

3. Dr. Kirubakaran Memorial Scholarship

The endowment amount of Rs. 1500/- (Approximately) is awarded to the student who is outstanding in Hockey.

4. Cash award for Sports Achievers

All India Inter University / Inter State / National approved Competition position

1. I Position: Rs. 30000/-

2. II Position: Rs. 20000/-

3. III Position: Rs. 10000/-

Representing country by approved Associations / Federation: Rs. 50000/-

The students who are participating Inter University / National Competitions – Rs. 1000/- each student.

NET/SET Qualifying students during the course of study; Rs. 5000/-

Fees Concession and Wave for students

Those who are getting Gold Medal at National Level would get 100% mess fees wave and Silver or Bronze medalist would get 50% mess fees wave.

- i. Sports quota admission at UG & PG level would be practiced and they would also be availing the scholarship
- ii. All those Medal winners should have participated in the recognized association at Junior or Senior level.

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NET/SET Qualifying students during the course of study; Rs. 5000/-

Fees Concession and Wave for students

Those who are getting Gold Medal at National Level would get 100% mess fees wave and Silver or Bronze medalist would get 50% mess fees wave.

- iii. Sports quota admission at UG & PG level would be practiced and they would also be availing the scholarship
- iv. All those Medal winners should have participated in the recognized association at Junior or Senior level.

With this the minutes of Academic council was approved and the suggestions given by the experts would be implemented to the earliest.

Agenda -5: Selection of two subject experts from outside the parent University for Board of Studies

The principal suggested to have Dr. G.Vasanthi, Professor and Head, Pondicherry University and Prof. A.Mehaboob Jhan, Department of Physical Education, Bharathidasan University, Trichy for next academic year Board of Studies.

Agenda -6: Any other matter


1. Promote Quality Research- It was suggested by the University experts to initiate seed money to college teachers to do some new research and this money would help the researcher to purchase Small tools/ Apparatus/Soft ware/ Feedback form or any innovative ideas. It was suggested to form a committee to frame the criteria for awarding the seed money initially with Rs.1000/- To drive the teachers to buy amount quality Resource projects.
2. Dr. Dilipkumar Veerajan, Medical Officer, advised the college to go for Medical screening for all the students thoroughly before the students are admitted in the college. Proper rehabilitation may be provided to the students who were affected by the COVID-19 to come up successfully in these sports.

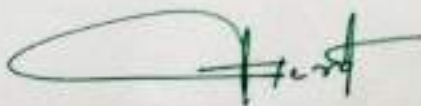
Agenda -7: Vote of Thanks

Dr. K.Jothi Dayanandan, Convener Academic Council, thanked all the members for sharing their expertise, providing valuable suggestions, guidance for the improvement of the institution.

Agenda -8: Closing Prayer

As there were no points for further discussion the meeting came to an end with a closing prayer by Dr. S. Johnson Premkumar.


Dr. K. Jothi Dayanandan
Convener, AC


Dr. George Abraham
Principal & Chairman AC