

INTER-SCHOOL AEROBIC-DANCE COMPETITION



TRAINING SESSIONS



INTRAMURAL COMPETITIONS



MARCHING AND COLLEGE BAND



RESEARCH/ WORKSHOPS



INTER-COLLEGIATE COMPETITIONS.



CLASSROOM TEACHING



CULTURALS AND FESTIVALS





THE NATIONAL COUNCIL OF YMCAs OF INDIA
Y.M.C.A. College of Physical Education

Nandanam, Chennai - 600035.
Ct. No. 044-24344816 | Email: office@ymcacollege.ac.in



ANNUAL REPORT 2022-2023

- College Opening Day:** The Academic year 2022-2023 started with a staff retreat held on 20-06-2022 at the College Chapel. Rev. Selvasekar shared the word of God and prayed for the blessing of the College.
- Admissions 2022-2023:** Men and women students were admitted to the following degree/diploma programs as per the guidelines of Tamil Nadu Physical Education and Sports University and Government of Tamil Nadu and the National Council for Teacher Education (NCTE) during the academic year 2022-2023.

Sl. No.	Name the degree/diploma programs	No. of men students admitted	No. of women students admitted	Total no. men & women students admitted.
Faculty of Teacher Training in Physical Education				
1.	Diploma in Physical Education (D.P.Ed.) - 2 yrs.	02	01	03
2.	Bachelor of Physical Education (B.P.Ed.) - 2 yrs.	65	34	99
3.	Master of Physical Education (M.P.Ed.) - 2 yrs.	46	13	59
Faculty of Physical Education and Sports				
4.	Bachelor of Physical Education and Sports (B.P.E.S.) - 3 yrs.	59	20	79
Evening College				
1.	Master of Science in Fitness, Exercise, Rehabilitation, and Nutrition Care (M.Sc. in FERN)	05	03	08
2.	Post Graduate Diploma in Sports Coaching -Swimming/Cricket/Tennis (P.G.D.S.C.)	01	02	03
Total				251



S.S.P.
Principal (i/c)

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3. **International Yoga Day:** In celebration of International Yoga Day, an International Webinar on 'Yogic Practices Excel the human Life Span' through virtual mode on 21-06-2022 at 04:00 pm.
4. **Board of Studies Meeting:** Board of Studies meeting was held on 23-06-2022 through virtual mode (Zoom Cloud Meeting). The Principal chaired the meeting. The Teaching Staff from YMCA College other Universities were participated.
5. **Academic Council Meeting:** Academic Council meeting held on 24-06-2022 through virtual mode (Zoom Cloud Meeting). The Principal chaired the meeting. The Academic Delegates from YMCA College other Universities were participated.
6. **Governing Body Meeting:** Governing Body meeting was held on 27-06-2022 through virtual mode (Zoom Cloud Meeting). The Chairman Honorable Justice Kurian Joseph (Retd.) chaired the meeting. The Academic Delegates, other Experts, Government Nominee, UGC nominee, and University nominees were participated.
7. **Start of classes for second years & third year:** The classes for second years & third year started on 18-07-2022.
8. **Students Admission:** Hundred Seats (Maximum) filled in B.P.Ed., Sixty Seats (Maximum) filled in M.P.Ed., Eighty Seats (Maximum) filled in B.P.E.S., and Two seats filled in D.P.Ed.
9. **Start of Classes for First years:** The classes for the first years started on 01-08-2022.
10. **Division for Intramural Houses:** The division of men and women in Intramural Houses was held at the College stadium on 10-08-2022 at 03:30 pm.
11. **Live Streaming of the Programme 'Drive Against Drug':** As per the instruction received from the Tamil Nadu Government, the College Authorities decided to organize Drive Against




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Drugs (DAD) Programme among students on 11-08-2022 at 10:30 a.m., in the YMCA College Buck Open Air Theatre for the live streaming screen. Dr. J. James, Organizing Secretary welcomed the gathering. The programme was inaugurated by Honorable Chief Minister of Tamil Nadu Thiru. M. K. STALIN on live streaming by taking the lead and administering a pledge against drug abuse to a few lakhs of students across the state and he briefed about the need for preventing College/School students from getting addicted to drugs. After the live streaming programme Dr. George Abraham, Principal delivered his speech on the eradication of drugs among the college students. Mr. Rajjiv George, Administrator cum Estate manager enlightens the students about completely eliminating drug abuse and drug-free Tamil Nadu. The teaching staff of YMCA College, YMCA School, and 650 students participated in the Live Streaming, Programme ended with National Anthem.



12. **Independence Day Celebration:** The 75th Independence Day was celebrated on 15th August 2022 at 08:00 am at the Buck Open Air Theatre, YMCA College of Physical Education, Nandanam, Chennai. The programme started with the prayer song followed by the proceedings as per the protocol. Dr. George Abraham, Principal was the Chief Guest and hoisted the National Flag. Mr. Rajjiv George, Administrator cum Estate Manager gave his felicitation address followed by Special Address by Mrs. Ponrani, Headmistress, YMCA College Sports Hr. Sec. School. Teaching and non-teaching staff of YMCA College and YMCA College Sports School participated in the event. Around 650 Students from school



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and college participated enthusiastically and reflected their patriotism by saluting the National flag. Sweets were distributed after the programme.



13. **State Level Boxing Tournament:** Y.M.C.A. College and Y.M.C.A. Madras jointly conducted State Level Boxing Tournament on 20-08-2022. Hon'ble Minister of Health and Family Welfare, Thiru. Ma. Subramanian inaugurated the tournament.
14. **College Picnic programme:** College Picnic programme was organized on 26-08-2022 at MGM water theme park. The staff and students participated.
15. **National Sports Day Celebration:** The 10th National Sports day was celebrated on 29th August 2022 at 07:00 am at the Gymnasium Hall, YMCA College of Physical Education, Nandanam, Chennai. The programme started with the prayer song. Dr. George Abraham, Principal of the College was the Chief Guest shared the significance of National Sports Day. Mr. Rajjiv George, Administrator cum Estate Manager, delivered his felicitation address. Teaching, non-teaching staff members and 550 Students of YMCA College have participated. Inter Class Hockey Matches were conducted at the at the Hockey Turf Ground and the students participated eagerly. Certificates were given to all the participants, the Winner and Runner up were awarded with Trophies, the programme ended with the Sweets Distribution.




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16. **Teachers Day Celebration:** In remembrance of former President Bharat Ratna Sarvepalli Radhakrishnan, Teachers Day was celebrated on 05-09-2022 at the Gymnasium Hall. The programme started with the prayer song. Dr. George Abraham, Principal was the Chief Guest and spoke about the significance of National Teachers Day. The teaching staff and Students participated in the programme. Minor Games were conducted and the teachers participated eagerly. Prizes and gifts were given to all the teachers. The Programme ended with National Anthem.



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The National Council of YMCAs of India
YMCA COLLEGE OF PHYSICAL EDUCATION
(Autonomous College affiliated to Tamil Nadu Physical Education & Sports University)
Registered Under U.P. Act
Nandanam, Chennai - 600035

Cordially invites you to the celebration of
Teachers' Day

 **5 SEP 2022**

Time: @ 4.00 P.M
Venue: Gymnasium Hall

Organizing Committee

Mr. J. Benjamin Franklin Correspondent & Secretary	Dr. George Abraham Principal
Mr. Rajiv George Administrator & Estate Manager	Mr. Jegan Project Secretary


Organizing Secretary
Dr. J. James
Assistant Professor



17. Start of Evening College, Add-on Courses and Optional Courses: The Evening College class was started on 14.09.2022. The Class Division of Add-on Courses and Optional Courses were held on 15-09-2022 and 16-09-2022 respectively.

18. Buck Memorial Sports Festival, 2022: In the fond memory of the leader Mr. Harry Crowe Buck, the 65th Buck Memorial Sports Festival was organized from 20-Sep-2022 to 23-Sep-2022. Students from different Schools and Colleges participated in this Mega Event. Dr. R.




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Ravanan, Regional Joint Director of Collegiate Education was inaugurated the programme. Mr. Riaz Mohammad, Olympian & Arjuna Awardee and Mr. Venkatesan Devarajan, Olympian & Arjuna Awardee were the Guest of Honours. Administrator cum Estate Manager Mr. Rajjiv George felicitated the event, Principal Dr. George Abraham was the Convener and Dr. Simson Jesudass was the organizing Secretary of the Sports Festival.

19. World White Cane Day was observed on Saturday, 15-10-2022.
20. Inauguration of Students Council & Investiture Ceremony was held on Monday, 17-10-2022 at 10:00 am in the Gymnasium Hall.
21. Staff Council Meeting was held on Thursday, 20-10-2022 by 12:30 pm in the Conference Hall.
22. M.P.Ed. I yr. Model Sports Meet was held on Tuesday, 01-11-2022.
23. All Souls Day was observed on Wednesday, 02-11-2022 by 07:00 am.
24. Odd Semester Examinations for B.P.Ed., M.P.Ed., and B.P.E.S., were held from 24-11-2022 to 28-11-2022.
25. Even semester classes for B.P.Ed., M.P.Ed., and B.P.E.S. were started on 29-11-2022.
26. M.P.Ed. II yr. The colloquium was held on 15-12-2022 from 10:00 am to 05:30 pm.
27. Christmas Celebration: The Christmas program was celebrated on 21st December 2020 by 05:30 p.m., in the College Gymnasium Hall. Rev. K. Dhanasingh, Gurukul Lutheran Technological College and Research Institute, Thoothukudi Nazareth diocese was the Chief Guest delivered the God's message and prayed for the gathering.




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28. **Reopening of College after Christmas Vacation:** College reopened after Christmas vacation with the General Assembly on 04-01-2023.
29. **National Votes Day:** As per the direction of the Government, the voters' day was observed on 25-01-2023 by 03:00 pm at the Kho-Kho court. Dr. J. James, Assistant Professor, administered the pledge along with Officers of the College, Teaching staff, Non-teaching staff, and the students.
30. **74th Republic Day** was celebrated on 26-01-2023 at 07:00 am at the Buck Open Air Theatre. The Correspondent & Secretary, Mr. J. Benjamin Franklin, hoisted the National Flag and delivered the Chief Guest's address.
31. **Workshop on Judo** was organized in association with Tamil Nadu Judo Association on 10th January 2023 at 10:00 am in the YMCA College Gymnasium Hall. NDIO National Referee Mr. M Manikandan, and Chennai District Judo Association Secretary & TNJA Executive Committee Member Mr. D. Sarathy were called Resource Persons.
32. **Workshop on Yoga Practice and Natural Diet** was organized by the YMCA College of Physical Education on 11th January 2023 at 10:00 am in the YMCA College Gymnasium Hall. The Guinness World Record Holder & Yogachary Dr. T.A. Krishnan was called Resource Person. He demonstrated the Yoga practices and explained the natural diet.
33. **Leadership Training Camp for Students** was held from 09-01-2023 to 12-01-2023 at Yelagiri, Tamil Nadu
34. **Intensive Teaching & Coaching Practice** for M.P.Ed.II/ B.P.E.S.III/ B.P.Ed.II/ D.P.Ed.II from 06th February 2023 to 01st March 2023. Coordinated by Dr. J. Jackson Sutharsingh, Associate Professor.



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35. **International Women's Day:** organized on 8th March 2023, in College Gymnasium special address. By Dr. K. Perinbam, Assistant Professor of Botany, Government Arts College for Men (Autonomous)
36. **B.P.Ed. II yr. 'A' Section' Project Sports 'VICTORIOUS BLAZE 2K23'** on 10th March 2023 by 06:30 p.m inaugurated by Indian Volleyball Player Mr. Guru Prashanth,(GST & Central Exercise Department')And the National Kabaddi Player Mr. C. Sajin, I.C.F. Railways presided over the closing coordinated by Dr. A. Merlin Thanka Daniel, Assistant Professor
37. As per the Chief Minister's propaganda, the Tamil Nadu Police has conducted Audio Visual awareness programme on Child abuse for our College students and for School students.
38. **National Service Scheme** students of our College had participated in the Campus cleaning programme held on 15th March 2023 in the YMCA College premises with the guidance of Dr. A. Merlin Thanka Daniel, Assistant Professor cum NSS Program officer.
39. **B.P.Ed. II yr. 'B' Section' Project Sports Meet** organized 'NIKE on 16th March 2023 by 06:15 a.m. chief guest inaugurated by The Indian Basketball Player Mr. Baladhaneshwar Poiyamozhi And the Indian Athletes Ms. R. Vithya and Ms. R. Nithya presided over the closing ceremony coordinated by Dr. J. Samuel Jesudoss, Assistant Professor
40. **7 students of various courses of study qualified Tamil Nadu State Volleyball Referees Examination:** The students have appeared from our College and passed the Tamil Nadu State Volleyball Referees Examination held from 17th to 19th March 2023 at Sivagangai.
41. **6 students various courses of study qualified Tamil Nadu State Handball Referees Examination- 2023** organized by Maruthi College of Physical Education, Coimbatore.
42. The Principal i/c was attended **TNPESU's 13th Convocation Day:** Tamil Nadu Physical Education and Sports University on Sunday, 19th March 2023 at 11:00 a.m. at Tamil Nadu Open University Convocation Hall. Hon'ble




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43. The General Assembly Monday on 20th March 2023. Sis. M. Merlin Amirtharaj brought the God's word and prayed for the students and staff.
44. Career Guidance Programme: The Motivational Speaker Rtn. T.N. Santhoosh Kumar was the Chief Guest of the programme on 20th March 2023 at 02:30 p.m. The programme was organized by Dr. R. Prabu, Librarian cum Staff Coordinator.
45. D.P.Ed. II yr. Project Sports Meet: 'ZEAL 2K23' on 21st March 2023 by 06:00 a.m. The Principal i/c Dr. S. Johnson Premkumar chief guest and inaugurated the meet The Correspondent & Secretary Mr. P. Asir Padian and the Treasurer Mr. S. Samuel Kirubanandan presided over the closing ceremony and distributed the prizes. The Meet was organized by Dr. G. Bobby, Assistant Professor.
46. B.P.E.S. III yr. Project Sports Meet: 'Transformation 2K23' The National Football Player Mr. Fredy Chief guest inaugurated on 24th March 2023 by 06:15 a.m.' The National Boxer cum YMCA College Alumni Mr. P. Karthick Pechimuthu, presided over the closing ceremony and distributed the prizes. The meet was organized by Mr. B. Praveen Doss, Assistant Professor cum Competition Director.
47. M.P.Ed. II yr. Project Interclass Volleyball matches On 27th March 2023 was inaugurated by Mrs. R.P. Sripriya Srinivasan, Superintendent in Commercial Department, Southern Railways. Chief Guest for Valedictory Mr. D. Selvaprabu International Volleyball Player, Manager of Indian Overseas Bank was the function.
48. Book Exhibition was conducted on 28th March 2023 in the Gymnasium Hall. Dr. Esther Ranjini, Former Principal of our College was the Chief Guest and inaugurated the exhibition. This Exhibition was organized by Dr. R. Prabu, College Librarian
49. The National Seminar on Sustainable Youth Development through Physical Education and Sports was held on 28th March 2023 by 09:30 a.m., in the Gymnasium Hall of our College.




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Dr. Esther Ranjini, Former Principal of our College was the Chief Guest inaugurated and delivered the keynote address. Dr. S. Thirumalai Kumar, Professor of Physical Education and Dr. P. Rajinikumar, Associate Professor of Biomechanics, TNPESU were invited as Resource Persons. 55 papers presented in the seminar out of this the special award was given to the best paper. The Valedictory function was held on the same day by 04:30 p.m. Dr. S. Thirumalai Kumar, Professor of Physical Education, Tamil Nadu Physical Education and Sports University was the Chief Guest distributed the certificates. Dr. J. Samuel Jesudoss, Assistant Professor has organized the seminar.

50. **The Intramural Physical Activity Competition conducted On 28th March 2023 at 06:00 am at Pavilion ground** Mrs. S. Viji, Physical Education Teacher of Holy Angels AI Higher Secondary School and Mr. D. Alwin, Physical Education Teacher of CSI St. Thomas Higher Secondary School are the judges for Intramural Physical Activity Competitions. The programme was organized by the Intramural Directors Dr. J. Komala, Assistant Professor and Mr. B. Praveen Doss, Assistant Professor.
51. **Valedictory Function of Intramural Competitions & Annual Sports Meet: On 29th March 2023 at 06:15 a.m., in the Pavilion ground.** Meet inaugurated by Dr. (Mrs.) S. Selvalakshmi, Associate Professor of Yoga, TNPESU and Dr. D. Sathiakumar, Director of the School of Distance Education, Tamil Nadu Physical Education and Sports University presided over the valedictory function and distributed the prizes in the presence of the Correspondent & Secretary Mr. P. AsirPandian, Treasurer Mr. Samuel Kirubanandan, and the Principal incharge Dr. S. Johnson Premkumar. The programme was organized by the Intramural Directors Dr. J. Komala, Assistant Professor and Mr. B. Praveen Doss, Assistant Professor.
52. **Student's Council has conducted Drawing, Elocution, Poetry, and Essay competitions on 30th March 2023 and 31st March 2023.**
53. **Campus Interview 2022-2023:** Our College Placement Cell organized the campus interview on 03-04-2023 on the College Campus.




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54. **Legal Literacy Camp:** The District Legal Services Authority, Chennai has organized a Legal Literacy Camp on 03-04-2023 by 10:30 a.m., in our College. . A Judge and two advocates delivered the awareness to the staff and the students who were participated.
55. **External Teaching Practice/ Coaching Lesson Examination:**B.P.Ed. &M.P.Ed. I & II years was held on 10th& 11th April 2023 and for B.P.E.S. II & III years was held on 12th& 13th April 2023.
56. **Pre-semester Examination of Even Semester:** for B.P.Ed. &M.P.Ed. I & II years held on 12th, 13th, 19th, & 20th April 2023 and for B.P.E.S. I,II, & III years held on 17th to 20th April 2023.
57. **Tamil Nadu & Puducherry - Inter-Physical Education Tournaments** was hosted by TNPESU, Chennai. Various Specialization Teams from UG/Diploma Degree programs have participated from 10th to 12th April 2023 and from PG/Professional (B.P.Ed./M.P.Ed) degree programs have participated from 17th to 20th April 2023. In UG/Diploma programs: **Volleyball** (Men-Runner, Women-Runner), **Tennis** (Men – Winner), **Cricket** (Men – Runner), **Football** (Men-Runner), **March past - II**; **Kho-Kho** (Men – Runner), **Athletics** (Women: P.R. Ramya-Triple jump 3rd place, A. Thrisha 800m 2nd place, M. Sutharshini-Discussthrow 2nd place)(Men: M.Agilan & B. Benceles & M.D. Daison Manoj & K M Prajith- 4x100m relay 3rd place, U Devakumar-Long jump 2nd place & Triple jump 3rd place, K M Prajith-100m 3rd place, M. Agilan-200m 3rd place, S Dinesh-5km race walking 3rd place, G S Prince Jerome-shotput 1st place, S. Ashok Kumar-Javelin 1st place & shotput 3rd place.
- PG/Professional programs: **Volleyball** (B.P.Ed. Men – Winner), **Cricket** (B.P.Ed. Women – Winner), **Basketball** (Men & Women - Winner), **Athletics** (Women: S. Juhi Sulthana-High Jump 2nd place & Long Jump 3rd place, S. Yamuna Rani-4x400m mixed relay 3rd place, M.S. Nandhini & G. Monisha & Juhi Sulthana -4x100m relay 3rd place)(Men: Ramasamy-100mts 1st place, 200mts 2nd place, Individual Championship, S.Sowtham-4x400m mixed relay 3rd place, 4x400m relay 3rd place, S. Vishva-Pole Vault 1st place, S. Vignesh & Pinto




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Raynier- 4x400m 3rd place, Samuel Ravi & K. Parveen Raj 4x400m relay 3rd place, R. Praveen Raj-Javelin 2nd Place) OVERALL CHAMPIONSHIP MEN

58. **College Day, Hostel Day, & Valedictory of Uni-Y and Rotaract Club, Students Council 2022-2023:** On 20th April 2023 by 06:30 p.m., College Day, Hostel Day, & Valedictory of Uni-Y and Rotaract Club, Students Council for the academic year 2022-2023 were celebrated at the Pavilion Ground. Rev. Fr. Dr. Thisai Gerry, Chaplain of YMCA College of Physical Education was the Chief Guest delivered the keynote address and prayed for the gathering.

59. **College Farewell Day:** On 21st April 2023 by 06:30 p.m., Farewell day function was held on the Buck Open Air Theatre. Pastor Reenukumar, Senior Pastor of Rock Eternal Church was the Chief Guest presided over the function and brought the word of God and prayed for the gathering.

60. **Intercollegiate Tournament:** Football (Men – Runner), Netball (Women – Runner), Basketball (Men & women – Winner), Handball (Women – Winner), Cricket (Women – Runner), Targetball (Men & Women – Runner), Hockey (Men – Winner), Badminton (Women – Runner), Ball Badminton (Women – Runner), Yoga (Women – Runner), Tennis (Women – Runner, Men – Winner), Karate (Women – Winners), Judo (Ms. Jayasarathi & Ms. Sandhiya), Athletics (Women: S. Juhi Sulthana-High jump and Heplathlon 18th Place, Indu Swetha-20km Walking 3rd place, Nandhini- Long jump 2nd place, Sandhiya-High jump 1st place and 400m Hurdle 2nd place, P. Archana Devi-400m 18th place)

61. **Promotion of Teaching Staff:**

Dr. S. Johnson Premkumar, Dr. J. Glory Darling Margaret, Dr. J. Jackson Sutharsingh, Dr. S. Gladly Kirubakar have been promoted from Assistant Professor grade to Associate Professor Grade.

Dr. S. Abraham Davidson and Mr. M. Felix Arokkiaraj are in Senior Scale.

Dr. R. Prabu, Librarian is from Senior Scale to Selection Grade.



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