

**Unit I: Philosophy of officiating & mechanism of Officiating**

- Qualification and Qualities of an official
- Philosophy of Officiating
- General principles of officiating
- Pre-during and post-Duties of official
- Mechanism of officiating
- Official signals and powers
- System of officiating
- Position of officiating

**Unit II: Layout of Track / Jumping, event and Dimensions of play field**

- Dimensions and Layout of play field
- Measurement and specification of equipment

**Unit III: Rules and their Interpretations of following games**

- Rules of the games
- Score sheet of the games
- Interpretations of the laws and rules of Tennis, Chess, Carrom

**Unit IV: Rules and their Interpretations of honoring games**

- Dimension of play field
- Measurement and specification of equipment
- Interpretations of the laws and rules of Tennis, Chess, Carrom
- Interpretations of the laws and rules of Badminton, Ball Badminton, Soft Ball, Table Tennis, Basket Ball, Volley ball, Football, Throw ball

**Unit V: Skills /Techniques and lead up games**

- Skills and technique
- Lead up games to develop the skill
- Drills

**Reference:**

1. Buck Rules of Sports and Games, Published by NCYI. New Delhi
2. Jenson G. and Fisher AG, (1972). Scientific Basis of Athletic Conditioning, 2nd edition, Lea and Febiger, Philadelphia
3. Jones RJ and et.al.,(1982) Guide to Effective Principles and Practices, Allyn and Bacn, INclawther
4. JD (1951). Psychology of Coaching, Prentice Hall, Inc, Englewood Cliffs, New Jersey
5. Rules of Games, Published by International Association of Respective Sports and Games
6. Singh H (1984), Sports Training, General Theory and Physical Fitness, NIS, Patiala