

## Y.M.C.A. College of Physical Education

Nandanam, Chennai 600035



2.3.1 Course wise details of modes of teaching learning adopted during last completed academic year in each program

| Year      | Sl. No. | Name of the Programme/s | Name of the course/s                                       | Name/s of the ICT resource/s used        |
|-----------|---------|-------------------------|--|--|
| 2022-2023 | 1       | M.P.Ed.                 | Science of Yoga  | LMS                                      |
| 2022-2023 | 2       | M.P.Ed.                 | Prevention and Management of Sports Trauma                 | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 3       | M.P.Ed.                 | Sports Technology  | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 4       | M.P.Ed.                 | Sports Nutrition and Health Promotion                      | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 5       | M.P.Ed.                 | Adapted Physical Education                                 | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 6       | M.P.Ed.                 | Sports Biomechanics and Applied Kinesiology                | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 7       | M.P.Ed.                 | Enivronmental Studies                                      | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 8       | M.P.Ed.                 | Test Measurement and Evaluation in Physical Education      | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 9       | M.P.Ed.                 | Scientific Principles of Sports Training                   | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 10      | M.P.Ed.                 | Sports Sociology   | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 11      | M.P.Ed.                 | Research Process in Physical Education and Sports Sciences | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 12      | M.P.Ed.                 | Sports Psychology  | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 13      | M.P.Ed.                 | Curriculum Design in Physical Education                    | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 14      | M.P.Ed.                 | Value Education  | LMS, e-book, e-materials, video lectures |

  
Principal (i/c)

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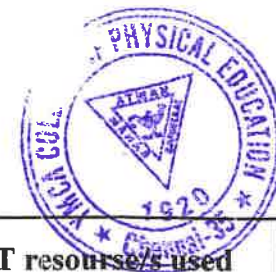
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|-----------|---------|-------------------------|---|---|
| 2022-2023 | 15      | M.P.Ed.                 | Physiology of Exercise  | LMS, e-book, e-materials, video lectures, Moodle, Google Class room |
| 2022-2023 | 16      | M.P.Ed.                 | Applied Statistics in Physical Education                                      | LMS, e-book, e-materials, video lectures                            |
| 2022-2023 | 17      | M.P.Ed.                 | ICT in Physical Education   | LMS, e-book, e-materials, video lectures                            |
| 2022-2023 | 18      | B.P.Ed.                 | History of Physical Education, Recreation and Camping                         | LMS, e-book, e-materials, video lectures                            |
| 2022-2023 | 19      | M.P.Ed.                 | Sports Engineering  | LMS, e-book, e-materials, video lectures                            |
| 2022-2023 | 20      | B.P.Ed.                 | Organization and Administration and Methods of Teaching in Physical Education | LMS, e-book, e-materials, video lectures                            |
| 2022-2023 | 21      | B.P.Ed.                 | Health Education and Environmental Studies                                    | LMS, e-book, e-materials, video lectures                            |
| 2022-2023 | 22      | B.P.Ed.                 | History of Physical Education, Recreation and Camping                         | LMS, e-book, e-materials, video lectures                            |
| 2022-2023 | 23      | B.P.Ed.                 | Educational Psychology and Sociology  | LMS, e-book, e-materials, video lectures                            |
| 2022-2023 | 24      | M.P.Ed.                 | Value Education   | LMS, e-book, e-materials, video lectures                            |
| 2022-2023 | 25      | B.P.Ed.                 | Principles Foundation of Physical Education and Sociology                     | LMS, e-book, e-materials, video lectures                            |
| 2022-2023 | 26      | B.P.Ed.                 | Anatomy and Physiology  | LMS, e-book, e-materials, video lectures                            |
| 2022-2023 | 27      | B.P.Ed.                 | Sports Training   | LMS, e-book, e-materials, video lectures                            |
| 2022-2023 | 28      | B.P.Ed.                 | Environmental Studies   | LMS, e-book, e-materials, video lectures                            |

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|-----------|---------|-------------------------|--|--|
| 2022-2023 | 29      | B.P.Ed.                 | Sports Training  | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 30      | B.P.Ed.                 | Test Measurement in Physical Education                                 | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 31      | B.P.Ed.                 | Elementary Statistics  | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 32      | B.P.Ed.                 | Yoga Education   | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 33      | B.P.Ed.                 | Principles and Technics of Officating and Coaching Part II             | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 34      | B.P.Ed.                 | Principles Foundation of Physical Education and Guidance & Counselling | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 35      | B.P.Ed.                 | Principles and Technics of Officating and Coaching Part I              | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 36      | B.P.Ed.                 | Educational Psychology and Sociology                                   | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 37      | B.P.Ed.                 | Sports Nutrition and Weight Management                                 | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 38      | B.P.Ed.                 | Educational Technology & Sports Journalism                             | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 39      | B.P.Ed.                 | Computer Application in Physical Education                             | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 40      | B.P.Ed.                 | Personality Development & Communication Skills                         | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 41      | B.P.Ed.                 | Contemporary Issues in Physical Education Fitness and Wellness         | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 42      | B.P.Ed.                 | Principles and Technics of Officating and Coaching Part I              | LMS, e-book, e-materials, video lectures |

*S. K.*  
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| 2022-2023 | 43      | B.P.Ed.                 | Test Measurement in Physical Education                     | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 44      | B.P.Ed.                 | Principles and Technics of Officating and Coaching Part II | LMS, e-book, e-materials, video lectures |
| 2022-2023 | 45      | B.P.Ed.                 | Kinesiology & Biomechanics                                 | LMS, e-book, e-materials, video lectures |

  
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