

2.4.3 Participating in institutional activities as ‘anchor’, ‘discussant’ or ‘rapporteur



Figure 1 Student participation in team



Figure 2 students participate inion as college band group – Team Work

**Figure 3 Team participation decoration work**



**Figure 4 Group participation in cultural**





Figure 5 go green



Figure 6 As Official



Figure 7 Participation in workshop

**Annual Leadership training Camp at Yellagiri from 16<sup>th</sup> to 19<sup>th</sup> March 2021. 177 students attended.**



**International Yoga Day:** In celebration of International Yoga Day, an International Webinar on through virtual mode on 21-06-2021

6. **International Conference on Challenges & Strategies: A mark to win Tokyo Olympics – 2020 - Date: July 10, 2021 through Online mode**  
**Chief Guest:** Hon. Justice Kurian Joseph (retd.) and the Guest of Honour: Hon. Justice J.B. Koshy (retd.) Earmarks to the YMCA College, 25 Olympians were invited as Guest to this conference.
7. **International Conference on Strategic Preparedness and Response Plan for Physical Education - Date: July 17, 2021, through Online mode**
8. **International Conference on Managerial Approach in Physical Education and Sports – MAPES - Date: July 24, 2021, through Online mode**
9. **International Conference on Psychological Preparedness on Peak Performance – PPOPP - Date: July 31, 2021, through Online mode**
10. **International Conference on Education & New Learning Technologies - Date: August 7, 2021, through Online mode**
11. **International Conference on New Norm for Enhancing Physical Activity Health and Lifestyle Management - Date: August 14, 2021, through Online mode**
12. **International Conference on Biomechanics in Sports performance - Date: August 21, 2021, through Online mode**
13. **International Conference on Modern Approach on Kinanthropometry Nutrition on Growth & Development - Date: August 28, 2021, through Online mode**
14. **International workshop on Physical Literacy: A paradigm Shift Required - Date: October 12, 2021, through Online mode.**
15. **Workshop on Pencak Silat & Officiating Examination** organized by YCPE in association with Tamil Nadu Pencak Silat Association on 19<sup>th</sup> & 20<sup>th</sup> April 2022, Tamil Nadu Pencak Silat Association's, Executive Committee Member of Indian Pencak Silat Federation Mr. G.P. Maheshbabu called as Resource Persons. And the workshop was organized by the Assistant professors Dr. J. James & Dr. J. Samuel Jesudoss.
16. **Workshop on Taekwondo & Officiating Examination** organized by YCPE in association with Tamil Nadu Taekwondo Association on 21<sup>st</sup> April 2022 Tamil Nadu Taekwondo Association's President Mr. S. Vijay and 5<sup>th</sup> Dan Black Belt (Korea), International Coach Level-1, International Referee Mr. B. Ramalinga Bharathy are called as Resource Persons. And the workshop was organized by the Assistant professors Dr. J. James & Dr. J. Samuel Jesudoss.
17. **Workshop on Fencing & Officiating Examination** organized by YCPE in association with Tamil Nadu Fencing Association on 22<sup>nd</sup> and 23<sup>rd</sup> April 2022 And

the workshop was organized by the Assistant professors Dr. J. James & Dr. J. Samuel.



18. **Workshop on Kabaddi & Officiating Examination** was inaugurated on 4<sup>th</sup> May 2022 The programme was organized by the Assistant Professor Dr. Pon. Anbarasu.

19. **Summer Coaching camp on various sports and games** was inaugurated on 7<sup>th</sup> May 2022

**20. Book Exhibition:**

On 30<sup>th</sup> September 2021, YMCA College organized Book Exhibition in the college and based on the demands put up by staff and students the books were selected for purchase and procured a good number of books for college library.



**6. Teacher's Day : On 5<sup>th</sup> September 2021 :**

7. **Inauguration of Uni-Y:** We have planned to initiate Uni-Y forum in our college and conducted an orientation program for the students on the scope and benefit of the forum - on Monday 22<sup>nd</sup> November 2021 4 p.m. at Gymnasium Hall.
8. **Participation of Uni-Y in Regional Young Peace Makers 2021 and National Students Assembly 2022:** It was decided to make the Uni-Y team to participate in the Regional Young Peace Makers 2021 program scheduled to be held from 26<sup>th</sup> to 28<sup>th</sup> November 2021 at Karaikudi and National Students Assembly proposed to be held in Mysore, from 14<sup>th</sup> to 16<sup>th</sup> January 2022 organized by NCYI - Youth Empowerment, Gender, Sports/Physical Recreation, and Media & Communication.
9. **Plastic awareness programme:** On 11-12-2021 at YMCA college campus, we had an inaugural function at 10:15 am in front of Massey hall. Dr. K. Karthikeyan, programme co-ordinator welcomed the gathering. The programme inaugurated by Mr. Benjamin Franklin, correspondent and secretary
10. **Intercollegiate Tournaments – Tamil Nadu Physical Education Sports University 2021-2022:** The Intercollegiate Tournaments on various games and sports were organized by various affiliated colleges of TNPESU. The inauguration was held on 14<sup>th</sup> December 2021 and Prof. V. Gopinath, Registrar, TNPESU inaugurated the tournament and Mr. Mohammed Riaz, Olympian, (Arjuna Awardee) participated as a guest of honour.

## RESULTS :

S.NO	NAME OF GAMES	MEN	WOMEN
1	Archery	Winners	Runners
2	Athletics	Runners	Runners
3	Ball Badminton	-	Winners
4	Badminton	-	Runners
5	Basketball	Winners	Winners
6	Boxing	Winners	Winners
7	Chess	Winners	-
8	Cricket	Runners	Runners
9	Football	Third Position	Third Position
10	Handball	Winners	Winners
11	Hockey	Winners	Third Position
12	Judo	Winners	Winners
13	Kabaddi	-	Third Position
14	Volleyball	-	Runners
15	Table Tennis		Winners
16	Tennis	Winners	Runners



### Basketball Women Winner    Hockey Men    Inauguration of Intercollegiate Tour.

11. **Observance of Voters' Day:** Voter day was observed on 25-01-2022 at 11:00 am at the college in front of the Massey hall.

12. **International Women's Day:** Our College celebrated International Women's day on 8<sup>th</sup> March 2022, Ms. Beulah Azariah, Chief Executive, Emmaus Community welfare fund, Chennai, her given talk on 'GENDER EQUALITY TODAY FOR A SUSTAINABLE TOMORROW'. All the Staff & Students attended the programme. All the officials of the YCPE facilitated the Women's Day Celebration.



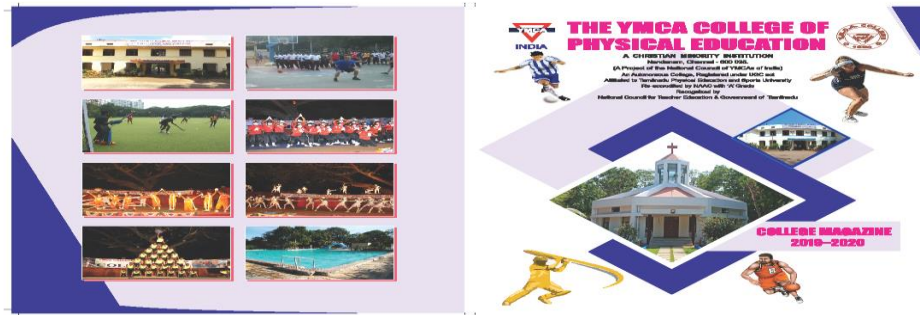
**Inter School Aerobics, Calisthenics & Minor Games Competition 2021-2022:** After the completion of Intensive Teaching Practice of the students in the local schools, on 18<sup>th</sup> March 2022 the college organized Inter School Aerobics, Calisthenics and Minor



Games competition for the schools This programme was coordinated by Dr. S. Johnson Premkumar.

**YMCA National Youth Assembly:** The National Council of YMCAs of India organized YMCA National Youth Assembly at Mysore International youth hostel from 18th to 20<sup>th</sup> March 2022. The Theme of the Assembly is "Healing a Broken World". UNI-Y members (seven) of the YMCA College of Physical Education participated in the assembly accompanied by Mr. Jegan, Project Secretary.

**STUDENTS CONTRIBUTED TOWARDS THE COLLEGE MAGAZINE**



National Youth Assembly

**CULTURAL ACTIVITIES - Talent Night:** Talent Nite was conducted on 25<sup>th</sup>



**Inauguration of Intramural Competitions & Annual Sports Meet 2021-2022:** On 20<sup>th</sup> May 2022 at 07:00 am in the Pavilion ground the Intramural Competitions & Annual Sports Meet were inaugurated by Mr. Jossy Mathew, International Athlete (SAF Games Gold Medalist) Sports officer, Superintendent of Chennai



**6. Valedictory Function of Intramural Competitions & Annual Sports Meet 2021-2022:** On 20<sup>th</sup> May 2022 at 04:00 am in the Pavilion ground the Intramural Competitions & Annual Sports Meet were celebrated and Mrs. Angela Lincy Robin, International Athlete (SAF Games Gold Medalist) Assistant Manager, Indian Bank called as Chief Guest

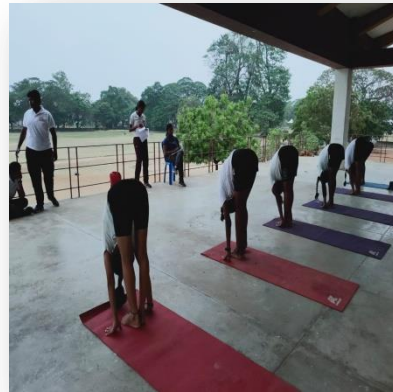


### ONAM – FLORAL DECORATION COMPETITION





## INTER-HOUSE MASS DISPLAY COMPETITION



INTER-HOUSE YOGA AND MAJOR GAMES AND SPORTS COMPETITION WERE HELD UNI-Y Valedictory function 2021-2022: On 28<sup>th</sup> May 2022 at 10:30 am was celebrated in the 2<sup>nd</sup> year B.P.Ed., Classroom. The Correspondent & Secretary Mr. J. Benjamin Franklin called as Chief Guest.

**The National Council of YMCAs of India**  
**YMCA COLLEGE OF PHYSICAL EDUCATION**  
 (Autonomous College affiliated to Tamil Nadu Physical Education & Sports University)  
 Noidamun, Chennai - 600 035.

**INTERNAL QUALITY ASSURANCE CELL (IQAC)**  
*You are Cordially Invited to the*  
**ADMINISTRATIVE STAFF - WORKSHOP ON**  
**"Building Team Through Relationships To Achieve Organizational Goals"**

Date: 13<sup>th</sup> May 2022 Time: 10.00 A.M. Venue: College Conference Hall

**Objectives:** Well-designed team building activities make sure each member gets an opportunity to take charge of their share of responsibilities. The team achieves a much-larger task than an individual could accomplish. Because the team works together through a challenge to meet their goal, cooperation and collaboration become necessary. The common goal gets placed before personal feelings so the team becomes stronger by completing the tasks together and achieving success. This carries over to collaborative tasks in the office, where employees work together on objectives to fulfill the institutions vision. This workshop aims to build team through relationships to achieve organizational goals.

**Resource Person**  
**A. DAVID MOHAN**, M.A., MBA, PG.DIP (PR), PG.DIP (HRM)  
 People Management, University of California  
 Chief Manager & Principal  
 Corporate Learning Centre  
 United India Insurance Co.Ltd., Chennai

**Dr. George Abraham**  
*Principal & Convener*  
**Dr. J. Glory Darling Margaret**  
*Organising Secretary & IQAC Coordinator*

**Organising Committee**  
**Hon. Justice Kurian Joeshp**  
 (Retd. Supreme Court Judge)  
 Chairman  
**Mr. J. Benjamin Franklin**  
 Convener & Secretary  
**Mr. Rajjiv George**  
 Administrator & Estate Manager  
**Mr. Moses J**  
 Executive Secretary  
**Mr. S. Jegan**  
 Project Secretary

**IQAC Committee Members**  
 Dr. K. Jothi Dayanandan, Asso. Prof.  
 Dr. S. Johnson Pynbulunaz, Asst. Prof.  
 Dr. J. Jackson Sutharasingh, Asst. Prof.  
 Dr. S. Gladhy Kirubakar, Asst. Prof.  
 Dr. R. Prabu, Librarian

**YMCA COLLEGE OF PHYSICAL EDUCATION**  
 Noidamun, Chennai - 600035  
 A Project of the National Council of YMCAs of India  
 Autonomous College Registered under UGC Act  
 Affiliated to Tamil Nadu Physical Education & Sports University

**INTERNAL QUALITY ASSURANCE CELL (IQAC)**  
**WORKSHOP ON**  
**CRIMES, PRECAUTION AND SECURITY IN CYBERSPACE**

Date: 22<sup>nd</sup> September 2021 Time: 10:00 AM Venue: YMCA College

**ABOUT THE WORKSHOP**  
 The workshop will enhance the research scholars, academicians, students, physical education professionals to develop their knowledge on cyberspace, the virtual computer world, an electronic medium that is used to facilitate online communication. Cyber crimes includes criminal activities done with the use of computers which further perpetuates crimes i.e. financial crimes, sale of illegal articles, pornography, online gambling, intellectual property crime, e-mail, spoofing, forgery, cyber defamation, cyberstalking, unauthorized access to Computer system. The workshop will enable the participants to know about the Information Technology - IT Act 2000 with the precautions and security to be maintained in Cyberspace.

**Resource Person**  
**SRINATH RA. IYENGAR**  
 ADVOCATE, SOLICITOR  
 England & Wales (Np)

**Organising Committee**  
**Hon. Justice Kurian Joeshp**  
 (Retd. Supreme Court Judge)  
 Chairman  
**Hon. Justice J.B. Koshy**  
 (Retd. Chief Justice, Panna High Court)  
 National President YMCAs of India  
**Mr. J. Benjamin Franklin**  
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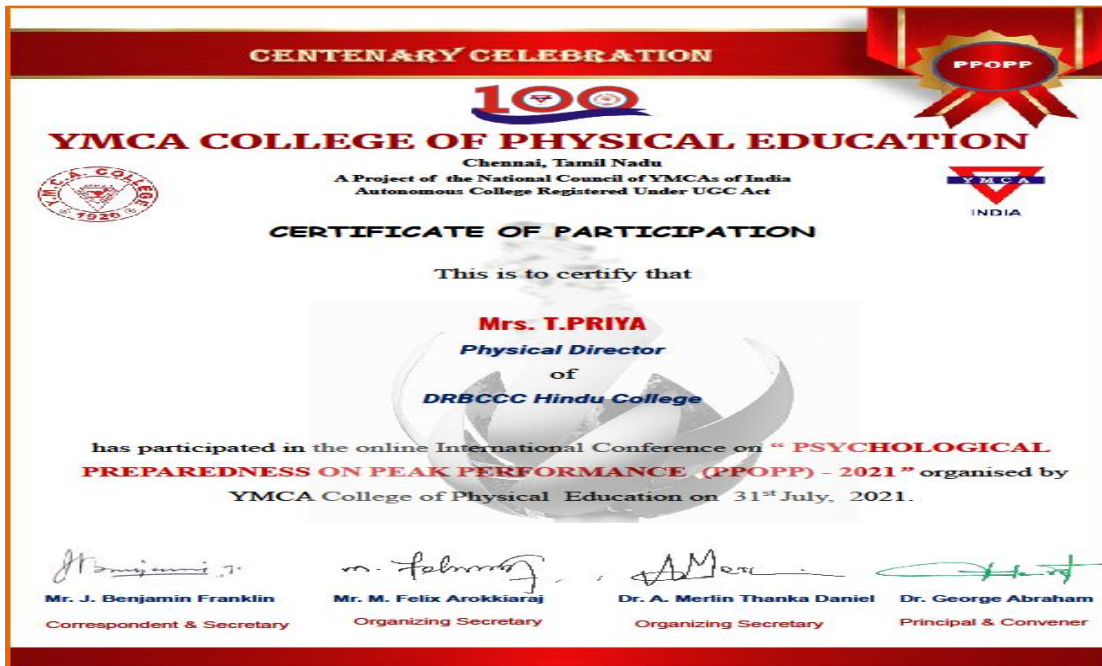


Figure 8 workshop on psychological preparedness on peak performance



Figure 9 CHALLENGES & STRATEGIES

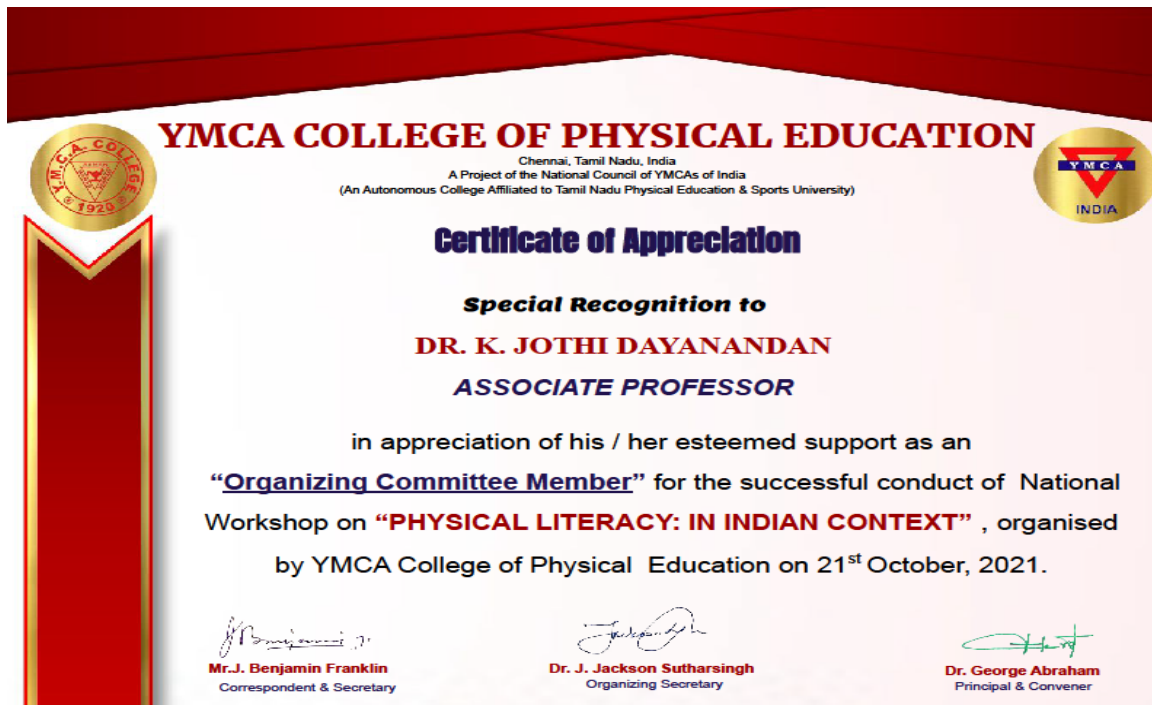


Figure 10 physical literacy

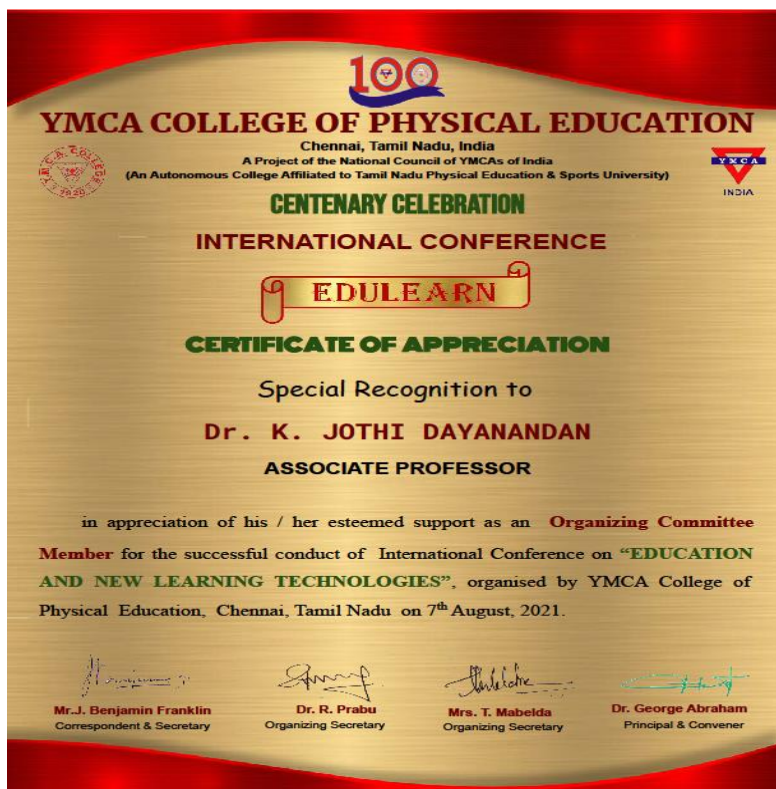


Figure 11 EDUCATION AND NEW LEARNING TECHNOLOGIES

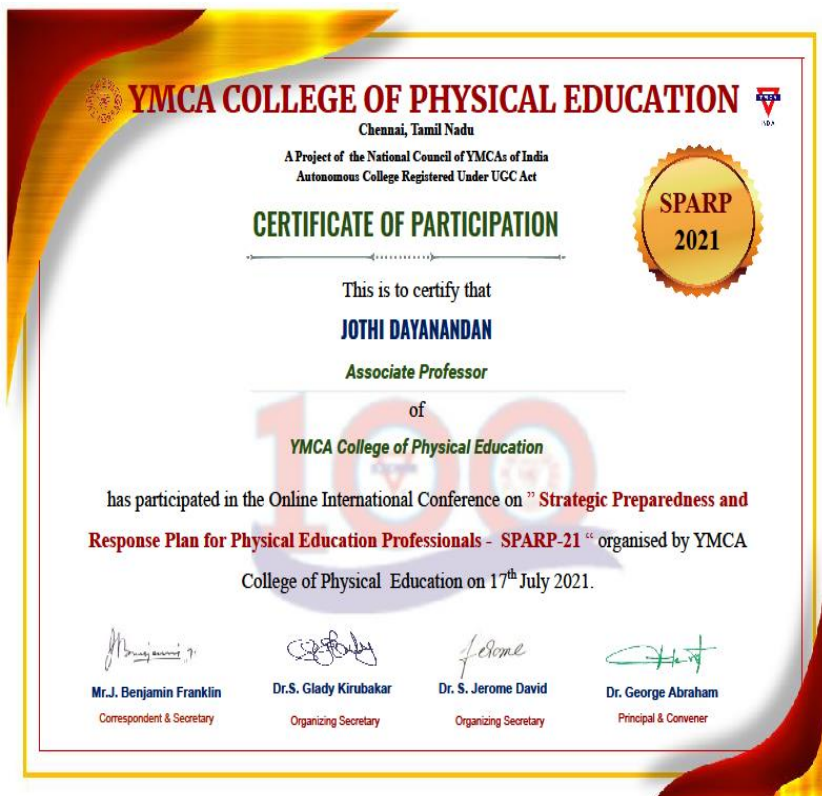


Figure 12 STRATEGIEC PREPAREDNESS& RESPONSE PLAN FOR PHYSICAL EDUCATION PROFESSIONALS



Figure 13 MANAGERIAL APPROACH IN PHYSICAL EDUCATION AND SPORTS- 2021

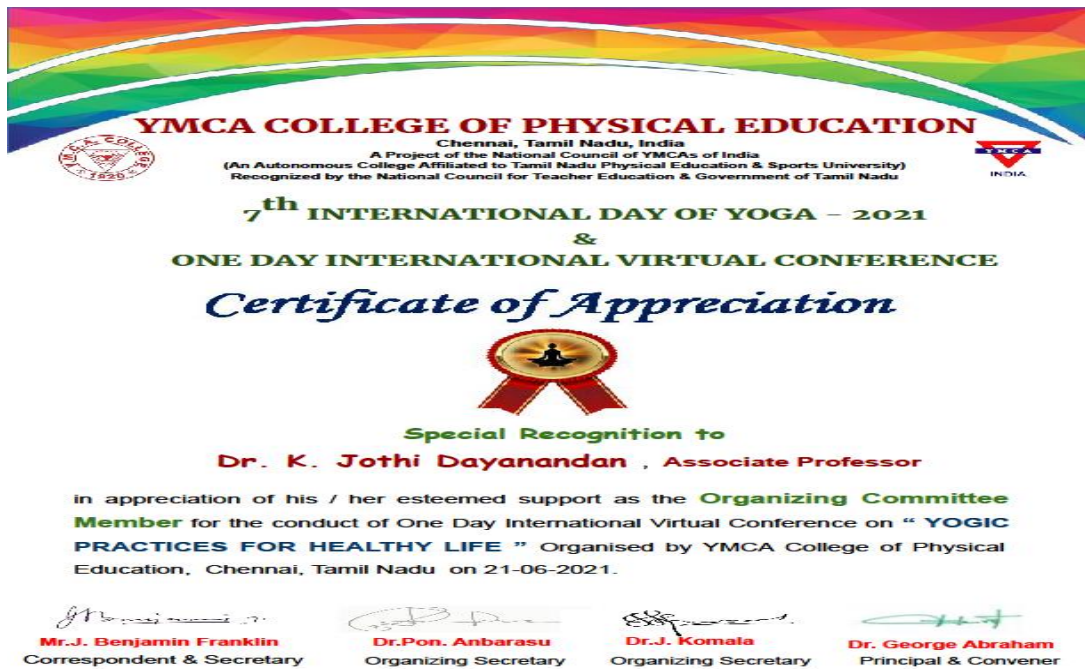


Figure 14 YOGIC PRACTICES FOR HEALTHY LIFE



Figure 15 MODERN APPROACH ON KINANTHROPOMETRY, NUTRITION ON GROWTH & DEVELOPMENT



**SOME OF THE RESOURCE PERSONS INVITED FOR THE ONLINE CONFERENCE**

