



179  
Sl.No:...../2021

# TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY

Chennai - 600 127

Accredited with "B" Grade by NAAC  
India's First State University in Physical Education and Sports

## INTER COLLEGIATE TOURNAMENTS 2021-2022



This is to certify that Mr./Ms. ....**GIAMPALA ABHIGINA REDDY**... of  
...**II.M.P.Ed**... studying in .....**YMCA**..... was a  
member of .....**FOOTBALL**..... team and secured ~~Winner~~ / ~~Runner-up~~ / ~~Third~~ place in  
the **Inter Collegiate Tournament** held at .....**TNPESU - CHENNAI**.....  
from **08.12.2021** to **09.12.2021**...

  
Organising Secretary

  
Dr. K. Kannadasan  
Sports Secretary, TNPESU



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Sl.No:...../2021

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## INTER COLLEGIATE TOURNAMENTS 2021-2022



This is to certify that Mr./Ms. GIAMPALA ABHIGINA REDDY of  
II.M.P.Ed studying in YMCA was a  
member of FOOTBALL team and secured ~~Winner~~ / Runner-up / ~~Third~~ place in  
the **Inter Collegiate Tournament** held at TNPESU - CHENNAI  
from 08.12.2021 to 09.12.2021

  
Organising Secretary

  
Dr. K. Kannadasan  
Sports Secretary, TNPESU





# TAMILNADU TAEKWONDO ASSOCIATION

Office Address: T-401, Isha Yara Vadukupattu Main Road, Medavakkam, Chennai - 600100.

## Certificate Graduation



Certificate no : TNTA/011/2022  
Name : GAMPALA ABHIGNA REDDY  
College : YMCA College of Physical Education  
Event : KYORUGI



This is certify that the above named person has completed the **STATE REFEREE COURSE** conducted on **21.05.2022** at **YMCA College of Physical Education**, Nandanam, Chennai, Tamilnadu in accordance with competition Rules of World Taekwondo.

  
Mr. **S. VIJAY**

President  
Tamilnadu Taekwondo Association

  
Mr. **B. RAMALINGA BHARATHY**  
5th Dan Black Belt (Korea)  
International Coach Level - I  
International Referee



The National Council of YMCAs of India  
**YMCA COLLEGE OF PHYSICAL EDUCATION**

*A Project of the National Council of YMCAs of India*  
(Autonomous College Affiliated to Tamilnadu Physical Education & Sports University)  
Registered under UGC Act

**Centenary Celebration**

**Certificate of Participation**

**INTERNAL QUALITY ASSURANCE CELL**

This is to Certify that

Mr/Ms... *Gampala Abhigna Rddy* .....

has Participated in the Workshop on

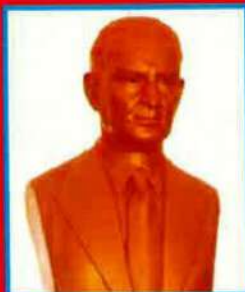
**CRIMES PRECAUTION AND SECURITY**

**IN CYBERSPACE**

on 22<sup>nd</sup> September 2021

at

**YMCA COLLEGE OF PHYSICAL EDUCATION**



Harry Crowe Buck  
Founder of YMCA College of  
Physical Education (1884-1943)

*[Signature]*  
**Mr. J. Benjamin Franklin**  
Correspondent & Secretary

*[Signature]*  
**Mr. Rajiv George**  
Administrator & Estate Manager

*[Signature]*  
**Dr. George Abraham**  
Principal & Convenor

*[Signature]*  
**Dr. J. Glory Darling Margaret**  
Organising Secretary & IQAC Co-ordinator





The National Council of YMCAs of India  
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Registered under UGC Act

**Centenary Celebration**

**Certificate of Participation**

**INTERNAL QUALITY ASSURANCE CELL**

This is to Certify that

Mr /Ms.....*Gampala Abhinava Reddy*.....

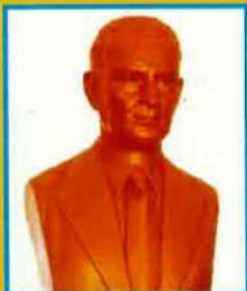
has Participated in the Workshop on

**FUNDAMENTALS OF HUMAN RIGHTS**

on 24<sup>th</sup> September 2021

at

**YMCA COLLEGE OF PHYSICAL EDUCATION**



**Harry Crowe Buck**  
Founder of YMCA College of  
Physical Education (1884-1943)

*[Signature]*  
**Mr. J. Benjamin Franklin**  
Correspondent & Secretary

*[Signature]*  
**Mr. Rajiv George**  
Administrator & Estate Manager

*[Signature]*  
**Dr. George Abraham**  
Principal & Convenor

*[Signature]*  
**Dr. J. Gloria Darling Margaret**  
Organising Secretary & QAC Co-ordinator



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**Centenary Celebration**

**Certificate of Participation**

**INTERNAL QUALITY ASSURANCE CELL**

This is to Certify that

Mr /Ms... **GAMPALA ARSHIGNA REDDY**.....

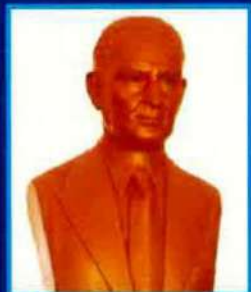
has Participated in the Workshop on

**PROFESSIONAL PREPARATION FOR  
SKILL AND COMPETENCY**

on 21<sup>st</sup> September 2021

at

**YMCA COLLEGE OF PHYSICAL EDUCATION**



**Harry Crowe Buck**  
Founder of YMCA College of  
Physical Education (1884-1943)

  
**Mr. J. Benjamin Franklin**  
Correspondent & Secretary

  
**Mr. Rajiv George**  
Administrator & Estate Manager

  
**Dr. George Abraham**  
Principal & Convenor

  
**Dr. J. Glory Darling Margaret**  
Organising Secretary & IQAC Co-ordinator





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**Centenary Celebration**

**Certificate of Participation**

**INTERNAL QUALITY ASSURANCE CELL**

**INTERNATIONAL WOMEN'S DAY**

This is to Certify that

Dr /Mr /Ms... **GAMPALA ABHIGNA REDDY**.....

has attended Workshop on

**WOMEN AND LEADERSHIP**

on 8<sup>th</sup> March 2021

at

**YMCA COLLEGE OF PHYSICAL EDUCATION**



**Harry Crowe Buck**  
Founder of YMCA College of  
Physical Education (1884-1943)

  
**Mr. J. Benjamin Franklin**  
Correspondent & Secretary

  
**Mr. Rajiv George**  
Administrator & Estate Manager

  
**Dr. George Abraham**  
Principal & Convenor

  
**Dr. J. Glory Darling Margaret**  
Organising Secretary & IQAC Co-ordinator



# YMCA COLLEGE OF PHYSICAL EDUCATION

A Christian Minority Institution  
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Autonomous College Registered under UGC Act  
Affiliated to Tamil Nadu Physical Education & Sports University  
Re-accredited by NAAC with 'A' Grade  
Recognized by the National Council for Teacher Education & Government of Tamil Nadu

**CENTENARY CELEBRATIONS**



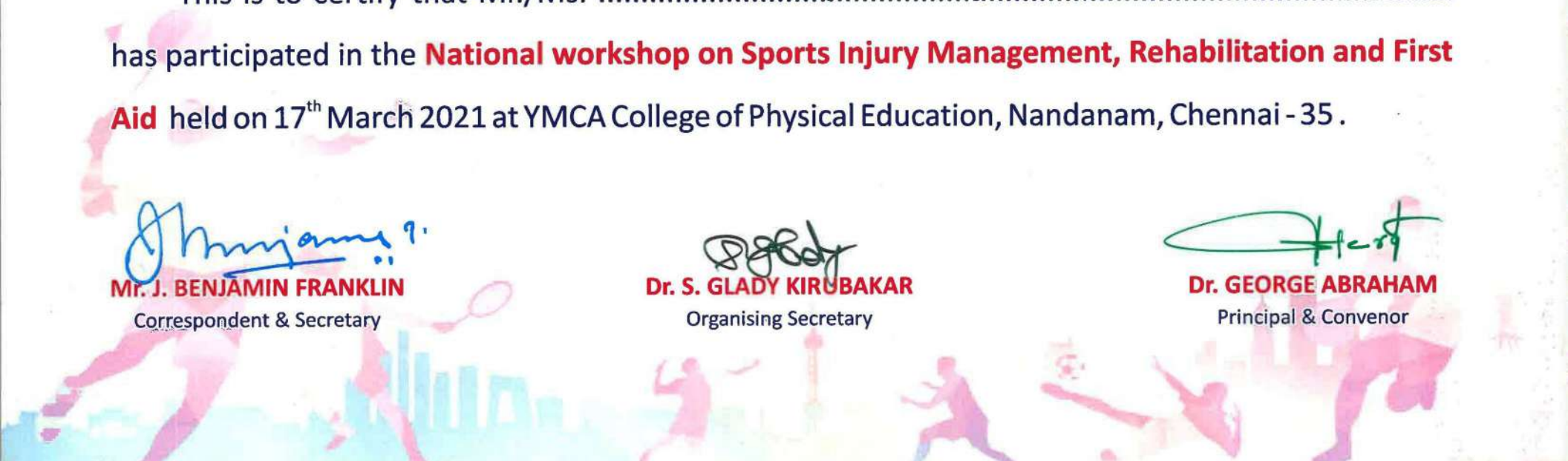
This is to certify that ~~Mr.~~/Ms. .... GIAMPALA ABHIGINA REDDY .....

has participated in the **National workshop on Sports Injury Management, Rehabilitation and First Aid** held on 17<sup>th</sup> March 2021 at YMCA College of Physical Education, Nandanam, Chennai - 35 .

**MR. J. BENJAMIN FRANKLIN**  
Correspondent & Secretary

**Dr. S. GLADY KIRUBAKAR**  
Organising Secretary

**Dr. GEORGE ABRAHAM**  
Principal & Convenor







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Recognized by the National Council for Teacher Education & Government of Tamil Nadu

## CENTENARY CELEBRATIONS



This is to certify that Mr./Ms. .... *GAMPALA ABHIGINA REDDY* .....

has participated in the **National Workshop on Practical Aspects of Strength and Conditioning for Sports Performance**, held at YMCA College of Physical Education, Nandanam, Chennai - 35 on 16th March 2021 and has successfully completed the workshop.

**Mr. J. BENJAMIN FRANKLIN**  
Correspondent & Secretary

**DR. K. JOTHI DAYANANDAN**  
Organising Secretary

**Dr. GEORGE ABRAHAM**  
Principal & Convenor



ಕುವೆಂಪು ವಿಶ್ವವಿದ್ಯಾಲಯ  
KUVEMPU UNIVERSITY



Department of P.G. Studies in Physical Education  
Jnapasahyadri, Shankaraghatta  
Karnataka

Two days National Conference on  
'Recent Advances in Physical Education and Sports'

**CERTIFICATE**

This is to certify that Mr/Mrs/Prof/Dr. GAMPALA ABHIGNA REDDY of YMCA College of Phy. Edu. Chennai has participated/ presented a paper as delegate/ ~~key note speaker/ lead speaker/ chairperson/ co-chairperson~~ in the **Two days National Conference on 'Recent advances in Physical Education and Sports'** organized on 30-03-2022 and 31-03-2022 at Jnanasahyadri Campus, Shankaraghatta.

Title of the Paper: **Comparative study on SWOT analysis of male and female athletes during pandemic**

**Dr. N. D. Virupaksha**  
Conference Director

**Dr. Gajana Prabhur B.**  
Organizing Secretary

**Prof. B. P. Veerabhadrappe**  
Hon'ble Vice-Chancellor





**The National Council of YMCAs of India**  
Department of Youth Empowerment, Gender, Sports / Physical Recreation

**Certificate of Participation**

awarded to

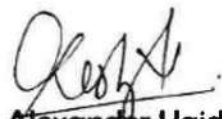
Ms. Gampala Abhigna Reddy, YMCA college.

in recognition of his/her active participation in the **National Students Assembly 2022** held during March 18-20, 2022, at Mysore.

  
Justice J.B. Koshy (Retd.)  
National President

  
Bertram Devadas  
National General Secretary

  
Gaurav Kalyan  
Chairman, Youth Empowerment Comt.

  
Koshy Alexander Vaidyan  
Secretary, Youth Empowerment



**SOUTHERN INDIA REGION OF YMCAs**  
(National Council of YMCAs of India)



**YOUNG PEACEMAKERS PROGRAMME**

**CERTIFICATE OF PARTICIPATION**

This certificate is awarded to *Grampala Abhigna Reddy* of *YMCA College of physical education, Chennai*  
for participating in the Southern India Regional Young Peacemakers Programme from 26<sup>th</sup> to 28<sup>th</sup> November 2021 at Golden Singar Hotel, Karaikudi  
hosted by YMCA Karaikudi.

*Topics Covered - National Integration & Peace, Leadership, Active Listening, Identifying Problems in the Community & Project Development.*

**Vincent George**  
Chairman, SIR of YMCAs

**Lakshmanan**  
President, Y's Men, Karaikudi

**Manohar Sam**  
Regional Secretary, SIRYs



The National Council of YMCAs of India  
**YMCA COLLEGE OF PHYSICAL EDUCATION**

(Autonomous College affiliated to Tamil Nadu Physical Education & Sports University)

Registered Under UGC ACT  
Nandanam, Chennai – 600 035.




In Association with  
**TAMIL NADU PENCAK SILAT ASSOCIATION**

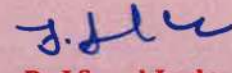
**CERTIFICATE OF PARTICIPATION**

This is to certify that Dr./ Mr./ Ms./ GAMPALA ABHIGINA REDDY  
has participated in the two days workshop on “PENCAK SILAT & OFFICIATING  
EXAMINATION ” organized by YMCA College of Physical Education, Nandanam, Chennai in  
association with Tamil Nadu Pencak Silat Association during 19<sup>th</sup> & 20<sup>th</sup> April 2022.

  
**Mr. J. Benjamin Franklin**  
Correspondent & Secretary

  
**Mr. C. P. Manohar Babu**  
General Secretary  
Tamil Nadu Pencak Silat Association

  
**Dr. J. James**  
Organizing Secretary

  
**Dr. J. Sannel Jesudoss**  
Organizing Secretary

  
**Dr. George Abraham**  
Principal





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In Association with  
**TAMIL NADU TAEKWONDO ASSOCIATION**

**WORKSHOP ON “TAEKWONDO & OFFICIATING EXAMINATION”**

**CERTIFICATE OF PARTICIPATION**

This is to certify that ~~Dr./ Mr./ Ms./~~ GIAMPALA ABHIGNA REDDY  
has participated in the one day workshop on “TAEKWONDO & OFFICIATING  
EXAMINATION” organized by YMCA College of Physical Education, Nandanam,  
Chennai in association with Tamil Nadu Taekwondo Association on 21<sup>st</sup> April 2022.

Mr. J. Benjamin Franklin  
Correspondent & Secretary

Mr. S. Vijay  
President  
Tamil Nadu Taekwondo Association

Dr. J. James  
Organizing Secretary

Dr. J. Samuel Jesudoss  
Organizing Secretary

Dr. George Abraham  
Principal





# YMCA COLLEGE OF PHYSICAL EDUCATION

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Recognized by the National Council for Teacher Education & Government of Tamil Nadu

**CENTENARY CELEBRATIONS**



This is to certify that Mr./Ms. .... *GANDPALA ABHIGNA REDDY* .....

has participated in the **National Workshop on Swiss Ball and Core Strengthening**, held at YMCA College of Physical Education, Nandanam, Chennai - 35 on 19th March 2021 and has successfully completed the workshop.

**Mr. J. BENJAMIN FRANKLIN**  
Correspondent & Secretary

**DR. K. JOTHI DAYANANDAN**  
Organising Secretary

**Dr. GEORGE ABRAHAM**  
Principal & Convenor



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**Centenary Celebration**

**Certificate of Participation**

**INTERNAL QUALITY ASSURANCE CELL**

This is to Certify that

Mr /Ms.....*Gampala Abhigna Reddy*.....

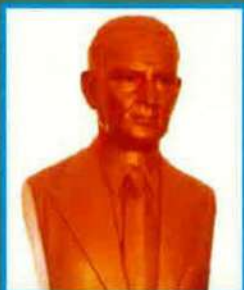
has Participated in the Workshop on

**NUTRITION IMMUNITY & COVID 19**

on 23<sup>rd</sup> September 2021

at

**YMCA COLLEGE OF PHYSICAL EDUCATION**



**Harry Cross Buck**  
Founder of YMCA College of  
Physical Education (1884-1943)

Health and knowledge  
are wealth

  
**Mr. J. Benjamin Franklin**  
Correspondent & Secretary

  
**Mr. Rajiv George**  
Administrator & Estate Manager

  
**Dr. George Abraham**  
Principal & Convenor

  
**Dr. J. Glory Darling Margaret**  
Organising Secretary & IQAC Co-ordinator





The National Council of YMCAs of India  
**YMCA COLLEGE OF PHYSICAL EDUCATION**

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**Centenary Celebration**

**Certificate of Participation**

**INTERNAL QUALITY ASSURANCE CELL**

This is to Certify that

Mr /Ms... **GAMPALA ABHIGNA REDDY**.....

has Participated in the Workshop on

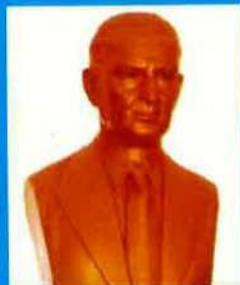
**ACCESS to E-RESOURCES THROUGH**

**N LIST PROGRAMME**

on 20<sup>th</sup> September 2021

at

**YMCA COLLEGE OF PHYSICAL EDUCATION**



**Harry Crowe Buck**  
Founder of YMCA College of  
Physical Education (1884-1943)

**Mr. J. Benjamin Franklin**  
Correspondent & Secretary

**Mr. Rajiv George**  
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**Dr. George Abraham**  
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**Dr. J. Glory Darling Margaret**  
Organising Secretary & IQAC Co-ordinator



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Recognized by the National Council for Teacher Education & Government of Tamil Nadu

**CENTENARY CELEBRATIONS**



This is to certify that ~~Mr./Ms.~~ ..... *Gram-pala Abhigna Reddy* .....

has participated in the **National workshop on Neoteric Research Methods, Application of Statistical Techniques in Physical Education and Sports** held on 18<sup>th</sup> March 2021 at YMCA College of Physical Education, Nandanam, Chennai - 35 .

  
**Mr. J. BENJAMIN FRANKLIN**  
Correspondent & Secretary

  
**Dr. S. GLADLY KIRUBAKAR**  
Organising Secretary

  
**Dr. GEORGE ABRAHAM**  
Principal & Convenor




**100**  
**YMCA COLLEGE OF PHYSICAL EDUCATION**  
Chennai - 600 035

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Re-accredited by NAAC with Grade 'A', recognized by NCTE and Government of Tamil Nadu

**CENTENARY CELEBRATION**

**INTERNATIONAL CONFERENCE ON CHALLENGES & STRATEGIES: A MARK TO WIN TOKYO OLYMPICS - 2020**

**Date: 10<sup>th</sup> July, 2021, Time: 10.00 AM to 01.00 PM**



**ABOUT THE COLLEGE**

Harry Crowe Buck founded the YMCA College of Physical Education at Madras, in the year 1920 which is the first in South East Asia. He played a key role in promoting sports and establishing Olympic movement in India. He has been called as "The Father of Physical Education in India". The University Grants Commission and the University of Madras conferred the status of autonomy upon our college in 1987 by virtue of its reputed services to humanity through physical education, health education, recreational activities and its allied sciences. YMCA College of Physical Education is affiliated to the Tamil Nadu Physical Education and Sports University, Re-accredited by NAAC with Grade 'A', recognized by NCTE and Government of Tamil Nadu

**YMCA COLLEGE & OLYMPIC MOVEMENT**

The most significant work of the YMCA in the field of physical education was to make it possible for India to be represented in the Olympics. H C Buck was the manager of the Indian team in 1924, an athletic coach, and Principal of the YMCA Physical Training School at Madras. He was also one of the founding members of the Olympic movement in India and the Indian Olympic Association. In a short span of two months, each members were well trained by H. C. Buck were they broke their own record in the Olympic competition. At the inaugural ceremony on an opening day, the Indian team, smoothly dressed with the word INDIA printed in bold capitals across the chest, marched proudly carrying their banner. The credit for building the morale and discipline of the team at Paris should go to Buck and Marry Buck. The team conducted itself so well that even the newspapers showered the highest praise on the demeanour of the Indian team.

In commemoration of the Centenary year celebration, the college takes pleasure of inviting you to the International Conference on CHALLENGES & STRATEGIES: A MARK TO WIN TOKYO OLYMPICS-2020 through virtual mode on July 10<sup>th</sup> 2021 at 10.00 am. This conference brings together more than 20 Indian Olympians and Vice-chancellors of various Sports Universities in the country. They would bring to light the best of discussions on the direction and growth of sports in our country and address the challenges and strategies the Indian Olympic team has kept ahead at Tokyo 2020 Olympics. With immense pleasure, YMCA College invites all enthusiasts to join the International Conference scheduled over the online platform, Zoom Meet. This virtual meet with minimal registration formalities is accessible to anyone around the nation. E - Certificates signed by Olympians will be issued to all the participants.

As a token of appreciation, YMCA College would Honour the Olympians with "CAYSE AWARD" which will be awarded by the Vice -Chancellors of different Sports Universities in India.

**CAYSE AWARD**  
(CENTINNIAL AWARD OF YMCA COLLEGE FOR SPORTS EMINANCE)

**10<sup>th</sup> JULY, 2021 10 AM TO 1 PM**

**Chief Guest**

**Guest of Honour**

**Hon. Justice Kurian Joseph (Retd.)**  
(Retired Judge - Supreme Court)  
Chairman, YMCA College

**Hon. Justice J. B. Koshy (Retd.)**  
(Retired Chief Judge - Patna High Court)  
President of Indian YMCAs

**Mr. J. Benjamin Franklin**  
Correspondent & Secretary  
Chairman of the Conference

**Dr. George Abraham**  
Principal  
Oml. Co-ordinator

**Mr. Rajiv George**  
Administrator & Estate Manager

**Dr. K. Jothi Deepanandhan**  
Associate Professor

**Dr. J. Glory Darling Margaret**  
Assistant Professor

**Organizing Secretaries**

**Organizing Committee Members**

Dr. S. Johnson Premkumar, Asst. Prof.  
Dr. J. Jackson Sutharsingh, Asst. Prof.  
Dr. S. Gladys Kirubakaran, Asst. Prof.  
Dr. S. Jerome David, Asst. Prof.  
Dr. E. Simson Jesudoss, Asst. Prof.  
Dr. S. Abraham Davidson, Asst. Prof.  
Mr. M. Felix Arokkiaraj, Asst. Prof.  
Dr. A. Merlin Thanga Daniel, Asst. Prof.  
Dr. R. Prabu, Librarian  
Dr. J. Samuel Jesudoss, Asst. Prof.  
Dr. Pon. Anbarasu, Asst. Prof.

Dr. J. James, Asst. Prof.  
Mr. B. Praveen Doss, Asst. Prof.  
Dr. K. Karthikeyan, Asst. Prof.  
Dr. J. Komala, Asst. Prof.  
Dr. G. Bobby, Asst. Prof.  
Dr. S. Sathish Kumar, Asst. Prof.  
Mr. K. Mugli, Physiotherapist  
Rev. Dr. E. Abraham Jepsasingh, Asst. Prof.  
Mr. V. Balaraman, Asst. Prof.  
Mrs. T. Mebelda, Computer Faculty

**10<sup>th</sup> JULY, 2021 10 AM TO 1 PM**

**HONOURED GUEST'S**

**Li. Gen. Jagbir Singh Cheema**  
VC, MBSPS University  
Punjab

**Dr. Sheila Stephen**  
VC, TNPSU  
Tamil Nadu

**Dr. Arjunsinh Rana**  
VC, SGB University  
Gujarat

**Prof. S. Mukherjee**  
VC (Officiating), LNPE  
Odisha

**Prof. Jitendra Naruka**  
Former VC, LNPE  
Odisha  
Madhya Pradesh

**Prof. Alok Banerjee**  
Former VC,  
University of Kalyani  
West Bengal

**Prof. A. K. Uppal**  
Former Dean, LNPE  
Odisha  
Madhya Pradesh

**Prof. R. Thirumalaikany**  
Former VC, TNPSU  
Tamil Nadu

**Dr. Jatinkumar Soni**  
Former VC  
SGB University  
Gujarat

**Prof. K. Vaidhiyanathan**  
Former VC, TNPSU  
Tamil Nadu

**Prof. A. M. Moorthy**  
Former VC, TNPSU  
Tamil Nadu

**10<sup>th</sup> JULY, 2021 10 AM TO 1 PM**

## RENOWNED OLYMPIANS



**Padma Shri. M. P. Ganesh**  
Hockey  
1972 Munich Olympics  
Padma Shri & Arjuna Awardee



**Padma Shri. Charles Borromeo**  
Athletics  
1984 Los Angeles Olympics  
Padma Shri & Arjuna Awardee



**Padma Shri. P. T. Usha**  
Athletics  
4 Olympics: 1982, 1984, 1988 & 1992  
Padma Shri & Arjuna Awardee



**Padma Shri. Shiny Wilson**  
Athletics  
4 Olympics: 1984, 1988, 1992 & 1996  
Padma Shri & Arjuna Awardee



**Padma Shri. Limba Ram**  
Judo  
1988, 1992 & 1996 Olympics  
Padma Shri & Arjuna Awardee



**Padma Shri. K. M. Beenamol**  
Athletics  
2004 Athens Olympics  
Padma Shri & Arjuna  
Rajiv Gandhi Khel Ratna Awardee



**Padma Shri. Anji Bobby George**  
Athletics  
2004 Athens Olympics  
Bronze Medalist in  
World Championships (Para. 2003)  
Padma Shri, Arjuna &  
Rajiv Gandhi Khel Ratna Awardee



**Col. Balbir Singh Kular**  
Hockey  
1980 Olympics  
Arjuna Awardee



**B. P. Govinda**  
Hockey  
1972 Olympics  
Arjuna Awardee

10<sup>th</sup> JULY, 2021



10 AM TO 1 PM

## RENOWNED OLYMPIANS



**Charles Cornelius**  
Hockey  
1972 Munich Olympics  
Drona Chaud Awardee



**T.C. Yohanan**  
Athletics  
Former Asian Record  
1976 Montreal Olympics  
Arjuna Awardee



**V. Basaram**  
Hockey  
Indian Team Captain  
Gold Medal  
1980 Moscow Olympics  
Arjuna Awardee



**M. Tamil Selvan**  
Weight Lifting  
1988 Olympics  
Arjuna Awardee



**Venkatesan Devarajan**  
Boxing  
1982 Olympics  
Arjuna Awardee



**Sebastian Xavier**  
Swimming  
1984 Athens Olympics  
Arjuna Awardee



**Bobby Alayudas**  
Athletics  
2000 Sydney Olympics  
Drona Chaud Awardee



**Jincy Philip**  
Athletics  
2000 Sydney Olympics  
Drona Chaud Awardee



**Abhinav Shyam Gupta**  
Badminton  
2004 Athens Olympics  
Arjuna Awardee

10<sup>th</sup> JULY, 2021



10 AM TO 1 PM

## RENOWNED OLYMPIANS



**P. R. Sreejesh**  
Hockey, Indian Team Captain  
2018 & 2020 Tokyo Olympics  
Arjuna Awardee



**Perumal Subramanian**  
Athletics  
1980 Moscow Olympics



**Harbhajan Singh**  
Cricket  
1988 Moscow Olympics



**Parukuttan Ramachandran**  
Athletics  
2000 Sydney Olympics



**Renjith Maheswary**  
Athletics  
2000, 2012 & 2016 Olympics



**Sajjan Prakash**  
Swimming (Qual. 50)  
2018 & 2020 Tokyo Olympics



**Sreeshankar Murail**  
Long Jump (Qual. 50)  
2020 Tokyo Olympics

10<sup>th</sup> JULY, 2021



10 AM TO 1 PM

## PROGRAM INSTRUCTIONS

- E-certificate will be provided based on registration and attendance in all the sessions.
- The certificates will be signed by the Olympians.
- Zoom meeting ID and YouTube link will be communicated further the registration.

As a token of appreciation, YMCA College would Honour the Olympians with **"CAYSE AWARD"** which will be awarded by the Vice-Chancellors of different Sports Universities in India.

**CAYSE AWARD**  
(CENTENNIAL AWARD OF YMCA COLLEGE FOR SPORTS ENHANCE)



For queries, please contact

**Dr. K. Jothi Dayanadan**  
Associate Professor  
9444335351

**Dr. J. Glory Darling Margaret**  
Assistant Professor  
9444866050

10<sup>th</sup> JULY, 2021



10 AM TO 1 PM





**YMCA COLLEGE OF PHYSICAL EDUCATION**  
Nandham, Chennai - 600035

A Christian Minority Institution  
A Project of the National Council of YMCA of India  
Autonomous College Registered under UGC Act  
Affiliated to Tamil Nadu Physical Education & Sports University  
Recognized by the National Council for Teacher Education & Government of Tamil Nadu

**INTERNATIONAL CONFERENCE ON  
"STRATEGIC PREPAREDNESS AND RESPONSE PLAN FOR  
PHYSICAL EDUCATION PROFESSIONALS"**

Date: 17th July 2021 Time: 10:30 AM to 01.00 PM

Registration Link : <https://forms.gle/mc5dmoBb1w7ZSsqYHA>

Registration **FREE**

Platform :

**ABOUT THE COLLEGE**  
Harry Crowe Buck founded the YMCA College of Physical Education at Madras, in the year 1920 which is the first in South East Asia. He played a key role in promoting sports and establishing Olympic movement in India. He has been called as "The Father of Physical Education in India". The University Grants Commission and the University of Madras conferred the status of autonomy upon our college in 1987 by virtue of its reputed services to humanity through physical education, health education, recreational activities and its allied sciences. YMCA College of Physical Education is affiliated to the Tamil Nadu Physical Education and Sports University, Re-accredited by NAAC with Grade 'A', recognized by NCTE and Government of Tamil Nadu

**Organising Committee**

**Hon. Justice JB Koshy**  
(Retd. Chief Justice Patta High Court)  
National President YMCA of India

**Hon. Justice Kurian Joseph**  
(Retd. Supreme Court Judge)  
Chairman

**Mr. J. Benjamin Franklin**  
Correspondent & Secretary

**Mr. Rajjiv George**  
Administrator & Faculty Manager

**Dr. George Abraham**  
Principal cum Co-ordinator

**Organising Secretaries**

**Dr. S. Gladly Kirubakar, Asst. Prof.**

**Dr. S. Jerome David, Asst. Prof.**

**Members**

Dr. (Mrs.) K. Irithi Dayanandan, Asst. Prof.  
Dr. S. Johnson Perumbavur, Asst. Prof.  
Dr. J. Jackson Satharasingh, Asst. Prof.  
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Dr. E. Simon Jeyarudras, Asst. Prof.  
Dr. S. Abraham Davidson, Asst. Prof.  
Mr. M. Felix Arakkhilaraj, Asst. Prof.

Dr. A. Merlin Prathiba Daniel, Asst. Prof.  
Dr. B. Prathiba Librarian  
Dr. J. Summel Jeyarudras, Asst. Prof.  
Dr. Pon. Anbarasu, Asst. Prof.  
Dr. J. James, Asst. Prof.  
Mr. E. Praveen Das, Asst. Prof.  
Dr. K. Karthikeyan, Asst. Prof.

Dr. J. Romada, Asst. Prof.  
Dr. G. Bobby, Asst. Prof.  
Mr. Sathish Kumar, Asst. Prof.  
Mr. K. Magil, Physiotherapist  
Mrs. T. Malavika, Computer Faculty  
Dr. Abraham Satharasingh, Part-time English Teacher  
Mr. Balaraman Part-time Tamil Teacher

**Chief Guest**  
**Prof. G. Ravindran**  
Principal  
Koviloor Andavar College of Physical Education & Sports Science, Koviloor, Kanakud

**Guest of Honour**  
**Prof. Archana Chahal**  
HOD, Dept. of Physical Education,  
Central University of Ashabab, Ashabab, UP

**Resource Persons**

**Dr. Liandi Vd Berg**  
Senior lecturer, Sport Business  
Management, North-West University Vanderbijlpark,  
South Africa

**Dr. Rakesh Tomar**  
Physical Education Department  
King Fahd University of Petroleum & Minerals  
Dhahran, Saudi Arabia

**Competitive intelligence of sports coaches,  
teams and athletes**  
11 am - 12 Noon

**Reflexion on sports nutrition:  
Strategies for enhancing performance**  
12 Noon - 1 pm

**Program Instructions :**

- E-certificate will be provided based on registration and attendance in all the sessions
- Conference Zoom & Youtube link will be communicated in the whatsapp group and through e-mail.

**Contact**

**Dr. S. Gladly Kirubakar**  
(Assistant Professor)  
Mob No: 9950412283  
e-mail: spartjy21@gmail.com

**Dr. S. Jerome David**  
(Assistant Professor)  
Mob No: 9981204811

**About the Conference.....**  
Conference will highlight about the competitive intelligence and the reflexion of the sports nutrition for enhancing performance. Participants of the conference will gain strategic knowledge about the competitive intelligence and the response plan for peak performance. Conference will also enhance your knowledge with rich input of sports nutrition for sports performance.

**Target participants .....**

- \*Physical education teachers
- \* Gym instructors
- \* Professionals from sports industry
- \*Physical education teacher trainees
- \* Physical trainers
- \* Sports nutritionists
- \* Professionals from fitness industry
- \* Athletes
- \* Coaches
- \* Yoga instructors
- \* Sports marketing professionals
- \* Fitness trainers
- \* Sports psychologists
- \* Sports activists

**YMCA COLLEGE OF PHYSICAL EDUCATION**  
Nandham, Chennai - 600035

**CENTENARY CELEBRATIONS**

National workshop on  
**Neoteric Research Methods,  
Application of Statistical Techniques in  
Physical Education and Sports**  
18th March, 2021

REGISTRATION FORM

Name : \_\_\_\_\_  
Designation/Class : \_\_\_\_\_  
Email id : \_\_\_\_\_  
Phone : \_\_\_\_\_

Signature of the Participant

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**CENTENARY CELEBRATIONS**

National Workshop  
on  
**Neoteric Research Methods,  
Application of Statistical  
Techniques in Physical Education  
and Sports**

18th March, 2021  
at YMCA College Gymnasium

**SPSS**

**Organising Committee**

**Hon. Justice JB Koshy**  
(Retd. Chief Justice Patta High Court)  
National President YMCA of India

**Hon. Justice Kurian Joseph**  
(Retd. Supreme Court Judge)  
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**Mr. Benjamin Franklin**  
Correspondent & Secretary

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**Dr. George Abraham**  
Principal

**Organising Secretary**  
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Dr. E. Simon Jeyarudras, Asst. Prof.  
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Dr. J. Romada, Asst. Prof.  
Dr. G. Bobby, Asst. Prof.  
Mr. Sathish Kumar, Asst. Prof.  
Mr. K. Magil, Physiotherapist  
Mrs. T. Malavika, Computer Faculty  
Dr. Abraham Satharasingh, Part-time English Teacher  
Mr. Balaraman Part-time Tamil Teacher

**ABOUT THE COLLEGE**  
Established in the year 1920 to the present, the YMCA College has pursued the goal of education of the younger and younger generation in the field of sports and games.

The University Grants Commission and the University of Madras through the Government of Tamil Nadu, Education Department conferred the status of AUTONOMY upon our college in the year 1987 by virtue of its reputed services to humanity through Physical Education, Health Education, Recreation and its allied sciences.

Since then, the college has been introducing and implementing every new programme by taking the lead in many pioneering ventures. In order to cater to creative and productive groups of effective physical education, sports and recreation, the college has been providing extensive facilities of modern recreation and activity spaces. The combination of our past experiences and our future dreams and our vision would enable us to evolve and thereby to stand first in serving the grand cause of our nation.

The College in celebrating its Centenary Year in this regard the college management has decided to organize a series of Workshops, Seminars and Conferences. Particular workshop on Neoteric Research Methods, Application of Statistical Techniques in Physical Education and Sports will be held at the Department of Physical Education of YMCA College.

**Aims and Objectives of the Workshop**

- 1. Enhance skills
- 2. Management program
- 3. Research design
- 4. Data collection and analysis including SPSS and reliability
- 5. Statistical software and practical methods
- 6. Research instruments
- 7. SPSS 2020
- 8. Application of statistical techniques
- 9. Statistical research

**VENUE**  
**Dr. S. Gladly Kirubakar** Asst. Prof.  
Principal  
YMCA College Gymnasium  
Nandham, Chennai - 600035









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### INTERNATIONAL CONFERENCE ON "PSYCHOLOGICAL PREPAREDNESS ON PEAK PERFORMANCE" - PPOPP

Date: 31st July 2021 Time: 10:00 AM to 01.00 PM

Registration Link : <https://forms.gle/WyNRRmufpVZb9U3Lj8>

Registration **FREE**

Platform :  

**ABOUT THE COLLEGE**

Harry Crowe Buck founded the YMCA College of Physical Education at Madras, in the year 1920 which is the first in South East Asia. He played a key role in promoting sports and establishing Olympic movement in India. He has been called as "The Father of Physical Education in India". The University Grants Commission and the University of Madras conferred the status of autonomy upon our college in 1987 by virtue of its reputed services to humanity through physical education, health education, recreational activities and its allied sciences. YMCA College of Physical Education is affiliated to the Tamil Nadu Physical Education and Sports University, Re-accredited by NAAC with Grade 'A', recognized by NCTE and Government of Tamil Nadu

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(Hon. Chief Justice, Fata High Court)  
National President YMCA of India

**Mr. J. Benjamin Franklin**  
Correspondent & Secretary

**Mr. Rajiv George**  
Administrator & Estate Manager

**Mr. Moses J**  
Executive Secretary

**Mr. S. Jegan**  
Project Secretary

**Organising Secretaries**

**Mr. M. Felix Arakkilaraj**, Asst. Prof.  
**Dr. A. Merlin Thanka Daniel**, Asst. Prof.

**Members**

Dr. (Mrs.) K. Iruthi Dayaraman, Asst. Prof.  
Dr. S. Johnson Premabharan, Asst. Prof.  
Dr. J. Jackson Satharasingh, Asst. Prof.  
Dr. J. Glory Darling Margaret, Asst. Prof.  
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Dr. E. Simon Josephadas, Asst. Prof.

Dr. S. Abraham Davidson, Asst. Prof.  
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Dr. J. Sumalatha Devi, Asst. Prof.  
Dr. Pon. Anbarasu, Asst. Prof.  
Dr. J. Janya, Asst. Prof.  
Mr. E. Praveen Datta, Asst. Prof.  
Dr. K. Karthikeyan, Asst. Prof.

Dr. Komala, Asst. Prof.  
Dr. G. Bobby, Asst. Prof.  
Dr. S. Sathish Kumar, Asst. Prof.  
Mr. K. Mugil, Physiotherapist  
Mrs. T. Madhulini, Computer Faculty  
Rev. Dr. E. Abraham Johnalingy, Asst. Prof. (Part-time)  
Mr. V. Balaraman Asst. Prof. (Part-time)

**Chief Guest**



**Prof. L.B. Laxmikanth Rathod**  
Vice-Chancellor of  
Palamuru University, Mahabubnagar,  
Telangana

**Guest of Honour**



**Prof. K. Ravindran Periarathar**  
Former Director, Project  
College of Physical Education,  
Anna University, Chennai, TN



**Prof. Ashimanga Singh**  
MCC, University of Physical Education,  
BHU, Varanasi, UP



**Dr. Ch. V.V. SAIRAM**  
Principal, University  
MCC, Anna College of Physical Education,  
Chennai, TN



**Prof. JOSPAP BRISAJI NARI**  
Director of Sports &  
MCC, Department of Physical Education,  
National Pura, Mysore, Mysore, KA

**Resource Persons**



**Dr. Varghese C Antony**  
Physical Education Department,  
King Fahd University of Petroleum & Minerals, Saudi Arabia

**Mental Skills and Psychological  
Preparation for Peak Performance**



**Dr. Germina Cesena**  
Professor, Department of Fitness and Rehabilitation of  
Banyo Institute, University of Cologne, Germany

**Dark Triad and aggression  
in Sport**

**Program Instructions :**

- E-certificate will be provided based on registration and attendance in all the sessions
- Conference Zoom & Youtube link will be communicated in the whatsapp group and through e-mail.

**Contact**




**Mr. M. Felix Arakkilaraj**  
Assistant Professor  
Mob No. : 9444287403  
e-mail : ppopymccollege100@gmail.com

**Dr. A. Merlin Thanka Daniel**  
Assistant Professor  
Mob No. : 9444109052

**About the Conference.....**  
Conference will highlight about the psychological preparation for higher performance in sports & games. Participants of the conference will gain the knowledge about the psychological principles needed for higher performance of athletes.

**Target participants .....**

- \*Physical Education Teachers
- \*Gym Instructors
- \*Professionals from Sports Industry
- \*Physical Education Teacher Trainers
- \*Physical Trainers
- \*Special Educators
- \*Professionals from Fitness Industry
- \*Athletes
- \*Coaches
- \*Yoga Instructors
- \*Professionals from Fitness Industry
- \*Sports Marketing Professionals
- \*Fitness Trainers
- \*Sports Psychologists
- \*Sports Activists

## YMCA COLLEGE OF PHYSICAL EDUCATION

CHENNAI, TAMIL NADU - 35  
A Project of the National Council of YMCAs of India  
(An Autonomous College Registered under UGC Act, Physical Education & Sports University)  
(Recognized by the National Council for Teacher Education & Government of Tamil Nadu)


### Celebrating 7th International Day of Yoga - 2021

#### One Day International Virtual Conference on Yogic Practices for Healthy Life


Date: 21st June 2021, Time: 10.00 AM to 12.00 PM

**NO ENTRY FEE**

**Resource Persons**




**DR. YMA DAYALAN, HONG KONG**  
Yogacharya, Culture World Record Holder  
Sessions: 10:00 AM to 11:00 AM




**DR. BRIAN SETHNATHAN INGLE, IRLAND**  
Somatic Yoga Teacher  
Sessions: 11:00 AM to 12:00 PM


**Organising Secretaries**



**DR. GEORGE ABRAHAM**  
Principal  
9444287403



**DR. P.OM. ANBARASU**  
Assistant Professor  
9444287403



**DR. J. KOMALA**  
Assistant Professor  
979887743

**Click Here To Register**

**Click Here To REGISTER**

**Management Committee**

**HON. JUSTICE KURIAN JOSEPH (RETD.)**  
Chairman

**HON. JUSTICE J. B. KOSHY (RETD.)**  
President, NCCT

**MR. J. BENJAMIN FRANKLIN**  
Correspondent & Secretary

**MR. V. K. MURUGESH**  
Trustee

**MR. RAJIV GEORGE**  
Administrator & Estate Manager

**Organising Committee Members**

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Mrs. T. Madhulini, Computer Faculty  
Rev. Dr. E. Abraham Johnalingy, Asst. Prof. (Part-time)  
Mr. V. Balaraman Asst. Prof. (Part-time)

**ABOUT THE COLLEGE**

YMCA College of Physical Education is a pioneer institution in the field of Physical Education and Sports in India and it was established in the year 1920. The college today stands as a Monument to the Missionary Vision, Courage and Faith of its founder Late Harry Crowe Buck towards development of physical education and sports. The University Grants Commission and the University of Madras conferred the status of Autonomy upon our college in 1987 by virtue of its reputed services to humanity through physical education, health education, recreational activities and its allied sciences. The YMCA College is affiliated to the Tamil Nadu Physical Education and Sports University, Re-accredited by NAAC with Grade 'A' and recognized by NCTE.

**PROGRAMME INSTRUCTIONS**

- E-certificate will be provided based on registration and attendance in both sessions.
- Zoom meeting ID and YouTube link will be communicated further after registration.
- Only limited number of seats are available, participation is strictly based on "First come first serve" basis.



**Click Here TO REGISTER**