



**YMCA COLLEGE OF PHYSICAL EDUCATION**

( A PROJECT OF THE NATIONAL COUNCIL OF YMCAs OF INDIA )

(AUTONOMOUS)

RE-ACCREDITED BY NAAC AS “A” GRADE COLLEGE

NANDANAM, CHENNAI- 600035



**M.P.ED I YEAR MODEL SPORTS MEET**

**1<sup>st</sup> NOVEMBER 2022**




**MEET MANUAL**

# **PROGRAMME**

## **OPENING CEREMONY**

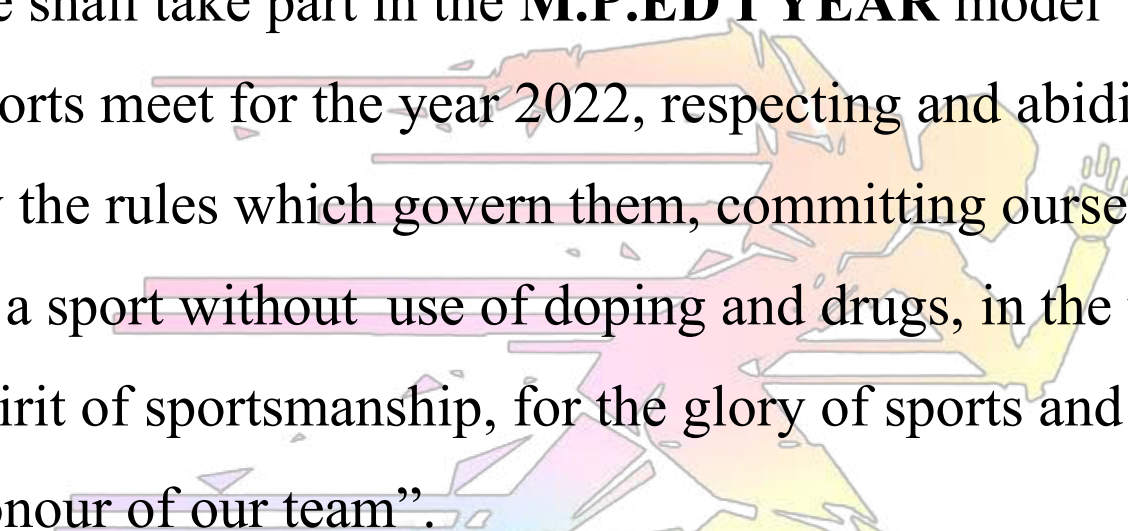
- ❖ ASSEMBLY OF ATHLETES
  - ❖ ARRIVAL OF THE CHIEF GUEST
  - ❖ PRAYER SONG
  - ❖ WELCOME ADDRESS
  - ❖ FLAG HOISTING
    - ✓ YMCA COLLEGE FLAG
  - ❖ MARCH PAST
  - ❖ CHIEF GUEST ADDRESS
  - ❖ DECLARING THE M.P.ED I YEAR MODEL SPORTS MEET OPEN
  - ❖ LIGHTING THE MEET TORCH
  - ❖ OATH TAKING
    - ✓ ATHLETE OATH
    - ✓ OFFICIAL OATH
  - ❖ PRESENTATION OF MEMENTOS AND PRIZES
  - ❖ COMMENCEMENT OF EVENTS
- 

## **CLOSING CEREMONY**

- PRAYER SONG
  - WELCOME ADDRESS
  - HONOURING THE CHIEF GUEST
  - CHIEF GUEST ADDRESS
  - DEMONSTRATION
  - PRIZE DISTRIBUTION
  - MODEL ATHLETIC MEET REPORT
  - PRINCIPAL ADDRESS
  - LOWERING THE FLAG
  - VOTE OF THANKS
  - DECLARING THE MODEL SPORTS MEET CLOSE
  - NATIONAL ANTHEM
- 

## **ATHLETE OATH**

“In the name of all the competitors, I promise that we shall take part in the **M.P.ED I YEAR** model sports meet for the year 2022, respecting and abiding by the rules which govern them, committing ourselves to a sport without use of doping and drugs, in the true spirit of sportsmanship, for the glory of sports and honour of our team”.



## **OFFICIAL OATH**

“In the name of all judges and officials, I promise that we shall officiate in M.P.ED I YEAR model sports meet for the year 2022, with complete impartiality, respecting and abiding by the rules which govern them in the true spirit of sportsmanship”.

# M.P.ED I YEAR

## MODEL SPORTS MEET-2022

### COMMITTEES

<b>ORGANIZING COMMITTEE</b>	MR. M. FELIX AROKKIARAJ
	MR. S. SEKIN SHIJU
	MISS. J. MARIYA
	MISS. Y. UMEKULSUM
	MR. G. YOGESH KUMAR
	MR. J. JENO SINGH
	MR. V. ABISHEK
	MR. S. INBARASU
MR. M. JEGAN KUMAR	

<b>ENTRIES, PRINTING AND PUBLISMENT COMMITTEE</b>	MISS. K. KAVIYA
	MR. B. SELVANESAN
	MR. M. VICTOR VICKY
	MR. S. MOHAN RAJ
	MR. M. SANJAI GANTH

<b>EQUIPMENT COMMITTEE</b>	MR. T. VICTOR GIFTSON
	MR. N. KARTHICK RAJA
	MR. A. VEL MURUGAN
	MR. K. SATHISH KUMAR
	MR. NIKHIL PHILIP ROY
	MR. N. P. KALIMUTHU

<b>DECORATION COMMITTEE</b>	MR. S. VASUDEVAN
	MR. S. VIGNESH
	MR. M. MARIESWARAN
	MR. J. AKASH JOBEL
	MR. S. R. HARIHARAN
	MISS. T. DIVYA STENY
	MISS. M. F. RENIFA
	MISS. SANSITA GOGOI
	MISS. RIMPI DEVI
	MISS. PARINITA MILI
MISS. NANG OSINA NAMCHOOM	

<b>PURCHASE COMMITTEE</b>	MR. A. S. ASWIN
	MR. J. P. JOHN JINO
	MR. C. J. CERLIN JOSE
	MR. ROKOVOTO TASE
	MR. S. DINESH
	MR. M. YASWANTH

<b>HOSPITALITY</b>	MR. A. S. ASWIN
	MR. S. DINESH
	MR. P R. ABIN
	MISS. T. DIVYA STENY
	MISS. M. F. RENIFA
	MISS. K. KAVIYA

<b>REFRESHMENT COMMITTEE</b>	MR. D. SHEKINAH PREM KUMAR
	MR. MRINAL DUTTA
	MR. M. MARIESWARAN

<b>MEDICALAID</b>	<b>DR. PRINCE BOAZ EDWIN</b> (MEDICAL OFFICER)
	<b>MR. K. MUGIL</b> (PHYSIOTHERAPIST)



## **JURY OF APPEAL**

**DR. GEORGE ABRAHAM**

PRINCIPAL OF YMCA COLLEGE OF PHYSICAL EDUCATION

**DR. (Mrs) J. JOTHI DHAYANANDAN**

ASSOCIATE PROFESSOR OF YMCA COLLEGE OF PHYSICAL EDUCATION

**DR. S. JOHNSON PREMKUMAR**

ASSISTANT PROFESSOR OF YMCA COLLEGE OF PHYSICAL EDUCATION

## **MARCH PAST JUDGES**

**DR. S. ABRAHAM DAVIDSON**

ASSISTANT PROFESSOR OF YMCA COLLEGE OF PHYSICAL EDUCATION

**DR. J. JACKSON SUTHARSINGH**

ASSISTANT PROFESSOR OF YMCA COLLEGE OF PHYSICAL EDUCATION

**DR. PON. ANBARASU**

ASSISTANT PROFESSOR OF YMCA COLLEGE OF PHYSICAL EDUCATION

# **MANAGEMENT OFFICIALS**

## **COMPETITION DIRECTOR**

MR. M. FELIX AROKKIARAJ

Asst. Professor

## **MEET MANAGER**

MR. S. SEKIN SHIJU

## **TECHNICAL MANAGER**

MISS. A. MERLIN SUNITHA

## **EVENT PRESENTATION MANAGER**

MISS. J. MARIYA



## **COMPETITION OFFICIALS**

<i>CALL ROOM REFEREE</i>	MR. P. R. PAUL VIVIN MORAN
<i>CHIEF CALL ROOM JUDGE</i>	MR. K. HARIHARAN
<i>CALL ROOM JUDGES</i>	MR. V. ABISHEK
	MR. C. J. CERLIN JOSE
	MISS. NANG OSINA NAMCHOOM
	MISS. PARINITA MILI

## **TRACK EVENTS**

<i>TRACK EVENTS REFEREE</i>	MR. M. SANJAI GANTH
<i>CHIEF JUDGE</i>	MR. K. PARTHIPAN
<i>JUDGES</i>	MR. J. JENO SINGH
	MR. J. AKASH JOBEL
	MR. K. SATHISH KUMAR
<i>TRACK UMPIRES</i>	MR. M. YASHWANTH
	MR. S. VASUDEVAN
	MR. N.P. KALIMUTHU
	MR. P. RAJA
	MR. PARTHA PRATHIM GOGOI

<i>CHIEF TIMEKEEPER</i>	MR. R. RAJA
<i>TIMEKEEPER</i>	MR. J. P. JOHN JINO
	MR. ROKOVOTO TESA
	MR. S. MOHANRAJ
	MR. V. S. SANJU
	MR. K. T. ANSHAD
	MR. S. VIGNESH
	MR. S.R. HARIHARAN

<i>START CO-ORDINATOR</i>	MR. A. S. ASWIN
<i>STARTER</i>	MR. S. ARUNPANDI
<i>RECALLER</i>	MR. NAYAN JYOTI BORAH
<i>STARTER'S ASSISTANT</i>	MR. NIKHIL PHILIP ROY

<i>CHIEF LAP SCORER</i>	MR. N. KARTHICK RAJA
<i>LAP SCORERS</i>	MR. W. WASIM
	MR. J. AKASH JOBEL
	MR. K. SATHISH KUMAR
	MR. M. YASHWANTH
	MR. S. VASUDEVAN
	MR. J. JENO SINGH
	MR. N.P. KALIMUTHU
	MR. K. PARTHIPAN

## FIELD EVENTS

<i>REFEREE FOR JUMPS</i>	MR. S. ARUNPANDI
<i>CHIEF JUDGE FOR JUMPS</i>	MISS. A. MERLIN SUNITHA
<i>JUDGES FOR JUMPS</i>	MISS. A. AGNES EDITH
	MISS. K. JEVA REGA
	MISS. M.F. RENIFA
	MR. KESHAB CHINTEY
	MR. THEJASETUO

<i>REFEREE FOR THROWS</i>	MR. T. VICTOR GIFTSON
<i>CHIEF JUDGE FOR THROWS</i>	MR. A. VEL MURUGAN
<i>JUDGES FOR THROWS</i>	MR. P.R. ABIN
	MR. V. VARUNVEER
	MISS. SANSITA GOGOI
	MISS. K. ARCHANA
	MISS. T. DIVYA STENY

<i>CHIEF FIELD MARSHAL</i>	MR. S. DINESH
<i>FIELD MARSHAL</i>	MR. S. MANIKANDAN
	MR. B. SELVANESAN

<i>STEWARDS</i>	MISS. RIMPI DEVI
	MISS. NANG OSHINA NAMCHOOM

<i>RECORD OFFICIALS</i>	MISS. Y. UMEKULSUM
	MR. G. YOGESH KUMAR
	MR. M. JEGAN KUMAR

## ORDER OF MARCH PAST

<b>S.NO</b>	<b>CLASS</b>
1	M.P.Ed 2 <sup>ND</sup> YEAR
2	B.P.Ed 2 <sup>ND</sup> YEAR 'A'
3	B.P.Ed 2 <sup>ND</sup> YEAR 'B'
4	B.P.Ed 1 <sup>ST</sup> YEAR 'A'
5	B.P.Ed 1 <sup>ST</sup> YEAR 'B'
6	B.P.E.S 3 <sup>RD</sup> YEAR
7	B.P.E.S 2 <sup>ND</sup> YEAR
8	B.P.E.S 1 <sup>ST</sup> YEAR
9	D.P.Ed 2 <sup>ND</sup> YEAR & 1 <sup>ST</sup> YEAR

**LIST OF CLASSES PARTICIPATING**  
**IN THE**  
**ATHLETIC MEET (MEN) 2022**

<b>S. NO</b>	<b>CLASS</b>	<b>NO OF PARTICIPANTS</b>	<b>BIB NO</b>
1	M.P. Ed 2 <sup>ND</sup> YEAR	10	101-110
2	B.P. Ed 2 <sup>ND</sup> YEAR A	11	201-211
3	B.P. Ed 2 <sup>ND</sup> YEAR B	8	301-308
4	B.P. Ed 1 <sup>ST</sup> YEAR A	10	401-410
5	B.P. Ed 1 <sup>ST</sup> YEAR B	10	501-510
6	B.P.E.S. 3 <sup>RD</sup> YEAR	12	601-612
7	B.P.E.S. 2 <sup>ND</sup> YEAR	8	701-708
8	B.P.E.S. 1 <sup>ST</sup> YEAR	10	801-810
9	D.P. Ed 2 <sup>ND</sup> YEAR & 1 <sup>ST</sup> YEAR	4	901-904

**LIST OF CLASSES PARTICIPATING**  
**IN THE**  
**ATHLETIC MEET (WOMEN) 2022**

<b>S.N O</b>	<b>CLASS</b>	<b>NO OF PARTICIPANTS</b>	<b>BIB NO</b>
1	M.P. Ed 2 <sup>ND</sup> YEAR	6	111-116
2	B.P. Ed 2 <sup>ND</sup> YEAR A	7	212-218
3	B.P. Ed 2 <sup>ND</sup> YEAR B	9	309-317
4	B.P. Ed 1 <sup>ST</sup> YEAR A	7	411-417
5	B.P. Ed 1 <sup>ST</sup> YEAR B	9	511-519
6	B.P.E.S. 3 <sup>RD</sup> YEAR	8	613-620
7	B.P.E.S. 2 <sup>ND</sup> YEAR	6	709-714
8	B.P.E.S. 1 <sup>ST</sup> YEAR	9	811-819
9	D.P. Ed 2 <sup>ND</sup> YEAR & 1 <sup>ST</sup> YEAR	5	905-909

## LIST OF PARTICIPANTS (MEN)

### M.P. ED 2<sup>ND</sup> YEAR

S.NO	BIB NO	NAME	EVENTS
1	1 01	RAMASAMY. S	100 M
2	102	THOMSON DURAI. M	100 M, 4×400 M RELAY
3	103	DHANA SEKARAN. C	TJ
4	104	ELAYA SURYA. E	TJ
5	105	KISHORE. M. B	SP
6	106	PRATHAP. S	SP
7	107	JEYARAM. A	5000 M
8	108	GOWTHAM. M	4×400 M RELAY
9	109	KALAI SELVAN. A	4×400 M RELAY
10	110	VETRI RAJ. K	4×400 M RELAY

### B.P. ED. 2<sup>ND</sup> YEAR "A"

S.NO	BIB NO	NAME	EVENTS
1	201	JAGAN. J	100 M, TJ, 4×400 M RELAY
2	202	AROCKIA PRAKASH	100 M, 4×400 M RELAY
3	203	GUNASEKAR	TJ, 4×400 M RELAY
4	204	JINO	SP
5	205	FAYAS	SP
6	206	JEYAPRATHAP	SP ®
7	207	GOKUL BALAJI	4×400 M RELAY
8	208	ANEESH. K	5000 M, 4×400 M RELAY ®
9	209	ATHIBAN BOSE	5000 M
10	210	EISTEIN	4×400 M RELAY ®
11	211	JEYA PRAKESH	TJ ®



## B.P. ED. 2<sup>ND</sup> YEAR "B"

S.NO	BIB NO	NAME	EVENTS
1	301	NARASIMAN	100 M, TJ, 4×400 M RELAY
2	302	MANIKANDAN	100 M, 4×400 M RELAY
3	303	MANI BHARATHY	TJ
4	304	REX RONALDO	SP
5	305	SARAN	SP
6	306	PINTU RAYNIER	5000 M, 4×400 M RELAY
7	307	SHIBU	5000 M
8	308	RAGU RAM	4×400 M RELAY

## B.P. ED. 1<sup>ST</sup> YEAR "A"

S.NO	BIB NO	NAME	EVENTS
1	401	ABU BACKER SIDDIQ	100 M
2	402	KISHOR KUMAR. G	100 M
3	403	GNANA PRAKASAM	TJ, 4×400 M RELAY
4	404	JEBY JOSHWA. S	SP
5	405	JEEVANANTHAM. S	SP
6	406	ARUN RAJ. T. S	5000 M
7	407	AMBALAVANAN	5000 M
8	408	DINESH KUMAR. K	4×400 M RELAY
9	409	KALAI SELVAM. J	4×400 M RELAY
10	410	DEEPANADHAN	4×400 M RELAY

## B.P. ED. 1<sup>ST</sup> YEAR "B"

S.NO	BIB NO	NAME	EVENTS
1	501	STEVE JOSE	100 M, 4×400 M RELAY
2	502	LUKESH	100 M
3	503	SAMUEL	TJ
4	504	SANJAY. R	TJ, 4×400 M RELAY
5	505	MADHAN GOPHAL	TJ ®
6	506	SATHYA	SP
7	507	MOHAMMED YUSUF	SP
8	508	SOWTHAM. S	5000 M, 4×400 M RELAY
9	509	MAHESH	5000 M
10	510	VELMANI	100 M ®, 4×400 M RELAY

## B.P.E.S 3<sup>RD</sup> YEAR

S.NO	BIB NO	NAME	EVENTS
1	601	BENCELES. B	100 M
2	602	DAISON MANOJ. M. D	100 M
3	603	MANOJ KUMAR. S	100 M ®
4	604	ASHOK KUMAR. S	TJ, SP
5	605	LOGESH KANAN. A. L	TJ
6	606	JOLLY DENY	TJ ®, 5000 M ®
7	607	THAJ MANO. T. S	SP
8	608	ADHARSH. R. S	5000 M, 4×400 M RELAY
9	609	PRITHIVRAJ	4×400 M RELAY
10	610	VISHVA. S	4×400 M RELAY
11	611	LOKESH. P	4×400 M RELAY
12	612	GOKUL CHANDER	5000 M

## B.P.E.S. 2<sup>ND</sup> YEAR

S.NO	BIB NO	NAME	EVENTS
1	701	VINOTH. B	100 M, 4×400 M RELAY®
2	702	SANJAI	100 M
3	703	ABISHEK KUMAR. S	TJ
4	704	DINESH. S	TJ, 5000 M, 4×400 M RELAY
5	705	PETER PAUL	SP
6	706	SANTHOSH KUMAR. S	5000 M, 4×400 M RELAY
7	707	HARIKARASUDAN	5000 M®, 4×400 M RELAY
8	708	NIKHIL JREGORY	4×400 M RELAY

## B.P.E.S. 1<sup>ST</sup> YEAR

S.NO	BIB NO	NAME	EVENTS
01	801	PAWAN. K	100 M®
02	802	PRADEEP. K. N	100 M, 4×400 M RELAY
03	803	ALBIN JOSEPH	100 M, 4×400 M RELAY®
04	804	DEBA KUMAR. U	TJ, SP®, 4×400 M RELAY
05	805	GOKULNATH	TJ
06	806	JOAN. A	TJ®, 4×400 M RELAY
07	807	NITHISH. M	SP
08	808	PRINCE JEROME. G. S	SP
09	809	FAHAM. S	5000 M, 4×400 M RELAY
10	810	PATRICK MASIH	5000 M

## D.P. ED II YEAR & I YEAR

S.NO	BIB NO	NAME	EVENTS
01	901	RAJA	100 M
02	902	GEORGE	100 M
03	903	NIJO	SP
04	904	ARVIND	SP

## LIST OF PARTICIPANTS (WOMEN)

### M.P. ED 2<sup>ND</sup> YEAR

S.NO	BIB NO	NAME	EVENTS
1	111	MONISHA. G	LJ, 4×100 M RELAY
2	112	HILDA	LJ, 4×100 M RELAY
3	113	JENO RAJI. J	DT, 4×100 M RELAY
4	114	ALDY MARIAN VIJU	DT
5	115	MONISHA. M	4×100 M RELAY
6	116	YAMUNA RANI	4×100 M RELAY

### B.P. ED. 2<sup>ND</sup> YEAR "A"

S.NO	BIB NO	NAME	EVENTS
1	212	DEEPIKA. S	200 M, LJ, 4×100 M RELAY
2	213	ARCHANA DEVI. P	200 M, 4×100 M RELAY
3	214	KIRUBA THANGAM. R	LJ, 4×100 M RELAY
4	215	GUBBALA MARY GOLD	DT
5	216	DHARMASRI. M	DT
6	217	MATHUMITHA. R	1500 M, 4×100 M RELAY
7	218	DEEPIKA. A	1500 M

## B.P. ED. 2<sup>ND</sup> YEAR "B"

S.NO	BIB NO	NAME	EVENTS
1	309	SANDHIYA. B	200 M, LJ, 4×100 M RELAY
2	310	NANDHINI. M. S	200 M, LJ, 4×100 M RELAY®
3	311	MERCY MABEL	200 M ®, 1500 M
4	312	SUWETHA. A	200 M ®, LJ ®, 4×100 M RELAY
5	313	SANDIYA. M	DT
6	314	VINOTHINI	DT
7	315	RUFEENA PAULIN. R	1500 M ®, 4×100 M RELAY
8	316	YUVASRI	1500 M
9	317	RIYANA	4×100 M RELAY

## B.P. ED. 1<sup>ST</sup> YEAR "A"

S.NO	BIB NO	NAME	EVENTS
1	411	JULY SULTHANA.S	200 M, LJ, 4×100 M RELAY
2	412	LOKESHWARI	LJ ®, 1500 M, 4×100 M RELAY
3	413	ABINAYA. S. M	LJ
4	414	AKSHAYA. A. I	DT
5	415	AKSHARA. A	DT, 4×100 M RELAY
6	416	ARCHANA. P. K	1500 M
7	417	INDHU SWETHA.E	4×100 M RELAY

## B.P. ED. 1<sup>ST</sup> YEAR "B"

S.NO	BIB NO	NAME	EVENTS
1	511	MONICA. J	200 M, 4×100 M RELAY
2	512	TEJEVARISINI. M	200 M, LJ ®
3	513	RATHA	LJ
4	514	VINUSHA P RAYEE	LJ, 4×100 M RELAY
5	515	RAMELA RAJKUMARI	DT
6	516	SRINIJA	DT
7	517	ROMEHA. C. S	1500 M, 4×100 M RELAY
8	518	PRIYADARSHNI	1500 M
9	519	OVIYA. K	4×100 M RELAY

## B.P. E.S. 3<sup>RD</sup> YEAR

S.NO	BIB NO	NAME	EVENTS
1	613	RAMYA. P. R	200 M, 4×100 M RELAY
2	614	RIJISHYA. V	200 M, 4×100 M RELAY
3	615	SUMMUKKA	LJ, 4×100 M RELAY
4	616	BHUVANESHWARI	LJ
5	617	AARTHI	DT
6	618	PRIYA	DT
7	619	LEELA	1500 M, 4×100 M RELAY
8	620	SOWMIYA. G	1500 M



## B.P. E.S. 2<sup>ND</sup> YEAR

S.NO	BIB NO	NAME	EVENTS
1	709	JEEVALOCHINI	200 M, LJ, 4×100 M RELAY
2	710	NITHYA	200 M, 4×100 M RELAY
3	711	KAIVITHA	DT
4	712	VINASMATHI	DT
5	713	KAVIMALAR	1500 M, 4×100 M RELAY
6	714	ESTHER	4×100 M RELAY

## B.P. E.S. 1<sup>ST</sup> YEAR

S.NO	BIB NO	NAME	EVENTS
1	811	HEMALATHA	200 M, 4×100 M RELAY
2	812	SOWBAGHYA	200 M
3	813	ROSHINI	LJ, 4×100 M RELAY
4	814	JEBISHA. R	LJ
5	815	KAVIYA	DT
6	816	SUHARSHINI	DT
7	817	PRIYA DHARSHINI	1500 M, 4×100 M RELAY
8	818	TRISHA	1500 M, 4×100 M RELAY
9	819	DURGA	DT ®

## D.P. ED II YEAR & I YEAR

S.NO	BIB NO	NAME	EVENTS
1	905	VIJASHANTHI	200 M
2	906	PRAVEENA	200 M
3	907	HARINI SRI. H	LJ, DT, 1500 M
4	908	DHANAYA. P	DT, 1500 M
5	909	KEERTHANA	LJ



## ORDER OF EVENT TIMING

TIMING	EVENTS	CATEGORIES
7:00 AM	1500M	WOMEN (FINALS)
7:10 AM	100M	MEN (HEATS)
7:15 AM	200M	WOMEN (HEATS)
7:25 AM	SHOT PUT	MEN (TRAILS & FINALS)
<b>BREAKFAST BREAK</b>		
9:30 AM	LONG JUMP	WOMEN (TRAILS & FINALS)
9:35 AM	DISCUS THROW	WOMEN (FINALS)
9:45 AM	4 × 400 RELAY	MEN (FINALS)
10:00 AM	4 × 100 RELAY	WOMEN (FINALS)
10:10 AM	TRIPLE JUMP	MEN (FINALS)
<b>LUNCH BREAK</b>		
3:15 PM	200M	WOMEN (FINALS)
3:45 PM	5000M	MEN (FINALS)
4:15 PM	100M	MEN (FINALS)

### **IMPORTANT NOTES:**

*THE ORDER OF EVENTS MAY BE CHANGED AS PER THE TIME AND WEATHER CONDITIONS.*

## MEN ENTRIES

S.NO	EVENTS	ENTRIES
1	100 M	101,102,201,202,301,302,401,402,501,502,601,602,701,702,802, 803,901,902. <b>RESERVE:</b> (510,603,801)
2	TRIPLE JUMP	103,104,201,203,301,303,403,503,504,604,605,703,704,804,805. <b>RESERVE:</b> (211,505,606,806)
3	SHOTPUT	105,106,204,205,304,305,404,405,506,507,604,607,705,807,808, 903,904. <b>RESERVE:</b> (206,804)
4	5000 M	107,208,209,306,307,406,407,508,509,608,612,704,706,809,810. <b>RESERVE:</b> (606,707)

## WOMEN ENTRIES

S.NO	EVENTS	ENTRIES
1	200 M	212,213,309,310,411,511,512,613,614,709,710,811,812,905,906. <b>RESERVE:</b> (311,312)
2	LONG JUMP	111,112,212,214,309,310,411,413,513,514,615,616,709,813,814,907,909. <b>RESERVE:</b> (312,412,512)
3	DISCUS THROW	113,114,215,216,313,314,414,415,515,516,617,618,711,712,815,816,907, 908. <b>RESERVE:</b> (819)
4	1500 M	217,218,311,316,412,416,517,518,619,620,713,817,818,907,908. <b>RESERVE:</b> (315)

## **RELAY LETTERS**

M.P.ED 2 <sup>ND</sup> YEAR	M
B.P.ED 2 <sup>ND</sup> YEAR 'A'	P
B.P.ED 2 <sup>ND</sup> YEAR 'B'	E
B.P.ED 1 <sup>ST</sup> YEAR 'A'	D
B.P.ED 1 <sup>ST</sup> YEAR 'B'	G
B.P.E.S 3 <sup>RD</sup> YEAR	U
B.P.E.S 2 <sup>ND</sup> YEAR	Y
B.P.E.S 1 <sup>ST</sup> YEAR	S



**WE WHOLE HEARTEDLY THANK EVERYONE FOR  
YOUR PARTICIPATION**

# **YMCA COLLEGE OF PHYSICAL EDUCATION**

**NANDANAM, CHENNAI – 600 035**

**(A Project of the National Council of YMCAs of India)**



**INTRAMURAL & ANNUAL SPORTS MEET 2021-2022**

**DATE: 20<sup>th</sup> MAY 2022**

## **MEET MANUAL**

## **OPENING CERMONY**

- ❖ ASSEMBLE OF HOUSES
- ❖ WELCOMING / ARRIVAL OF CHIEF GUEST
- ❖ PRAYER SONG / TAMIL THAI VAZLUTHU
- ❖ WELCOME ADDRESS
- ❖ FLAG HOISTING
- ❖ MARCH PAST
- ❖ HONORING THE GUEST
- ❖ CHIEF GUEST INTRODUCTION
- ❖ CHIEF GUEST ADDRESS
- ❖ PRESIDENTIAL ADDRESS
- ❖ DECLARING ANNUAL SPORTS MEET OPEN
- ❖ LIGHTING THE OLYMPIC TORCH
- ❖ ATHLETE OATH
- ❖ OFFICIAL OATH
- ❖ CULTURAL DEMONSTRATION
- ❖ COMMENCEMENT OF EVENTS

## **CLOSING CERMONY**

- ASSEMBLE OF HOUSES
- ARRIVAL OF CHIEF GUEST
- PRAYER SONG & TAMIL THAI VAZLTHU
- LOWERING THE FLAG
- WELCOME ADDRESS
- HONORING THE GUEST
- MEET REPORT
- CHIEF GUEST INTRODUCTION
- CHIEF GUEST ADDRESS
- PRESIDENTIAL ADDRESS
- CULTURAL DEMONSTRATION
- PRIZE DISTRIBUTION
- DECLARING ANNUAL SPORTS MEET CLOSE
- VOTE OF THANKS
- NATIONAL ANTHEM

## **ATHLETES OATH**

“In the name of all competitors, I promise that we shall take part in the INTRAMURAL ANNUAL SPORTS MEET for the year 2021 – 2022, respecting and abiding by the rules which govern them, committing ourselves to a game without use of doping and drugs, in the true spirit of sportsmanship, for the glory of games and Honor of our team”.

## **OFFICIAL OATH**

“In the name of all judges and officials, I promise that we shall officiate in INTRAMURAL ANNUAL SPORTS MEET for the year 2021 – 2022, with complete impartiality, respecting and abiding by the true spirit of sportsmanship”.



## **INTRAMURAL COMMITTEE MEMBERS**

**Director for Men: Mr. PRAVEEN DOSS**

**Secretary for Men: Mr. M. A. SATHISH KUMAR**

**Joint secretary for Men: Mr. S. Daisan**

<b>HOUSE</b>	<b>CAPTAINS</b>	<b>VICE CAPTAINS</b>
BHAKTHI	Mr.J.JEBIN KUMAR	Mr. G.GOWTHAMAN
JOTHI	Mr. LEKETOULIE LIEZIETSU	Mr. VETRI RAJ
KEERTHI	MR.THISON DHAS .C	Mr. S.TONY DEVA AMIRTHAM
MOORTHI	Mr. MANASH BARHOI	Mr.KISHORE
PREETHI	Mr.STEVE AUSTIN	Mr.M.RAMESH
SAKTHI	Mr.ANOOP J KALoor	Mr. NIJAY JOSHEP PARAKAL
SHANTHI	Mr. N.BRITTO KAANI AJITHAN	Mr.K.A. AKASH
SPOORTHI	Mr. M.SATHYAVANAN	Mr. STEVE RAYMAN C

**Director for Women: Dr. J. KOMALA**

**Secretary for Women: Ms. S. PRIYADHARSHINI**

**Joint secretary for Women: Ms. G.MOHANA**

<b>HOUSE</b>	<b>CAPTAINS</b>	<b>VICE CAPTAINS</b>
PADMINI	K.S.PADHMA PRIYAA	J.JENO RAJI
RANJINI	K.BHARATHI	G.HILDA
SAROJINI	M.BHAVITHRA	R.SWATHI
SHALINI	M.VIGNESHWARI	S.YAMUNA RANI

## **JURY OF APPEAL**

**Dr. GEORGE ABRAHAM**

Principal & Secretary  
YMCA College of Physical Education

**Dr. Mrs. K. JOTHI DAYANANDAN**

Associate Professor  
YMCA College of Physical Education

**Dr. S. JACKSON SUDERSHING**

Assistant Professor  
YMCA College of Physical Education

**Dr. J. GLORY DARLING MARGARET**

Assistant Professor  
YMCA College of Physical Education

**Dr. S. GLADY KIRUBAKARAN**

Assistant Professor  
YMCA College of Physical Education

# **MANAGEMENT OFFICIALS**

## **COMPETITION DIRECTORS**

Mr. B. PRAVEEN DOSS

Dr. J. KOMALA

## **TECHNICAL DELEGATE**

Dr. K. KARTHIKEYAN

## **TECHNICAL MANAGER**

Dr. G. BOBBY

## **MEETING MANAGER**

Mr. M. A. SATHISH KUMAR

Ms. G. MOHANA

## **EVENT PRESENTATION MANAGER**

Ms. S. PRIYADHARSHINI

## COMPETITION OFFICIALS

<b>COMPETITION SECRETARY</b>	DISAN
<b>CALL ROOM REFEREE</b>	THISON DHAS
<b>CHIEF JUDGE</b>	VIGNESHWARI
<b>JUDGE</b>	ARUN
	JENO RAJI
	FELISTRO
	KISHORE
	BHARAKA
	BIJAYA
<b>TRACK EVENT REFEREE</b>	CHINNADURAI
<b>CHIEF JUDGE</b>	VISHWA
<b>JUDGE</b>	THOMSON DURAI
<b>FINISHING JUDGE</b>	ISERAL
	RANJITH
	STEFFI
	ABHIGNA
<b>TIME KEEPER</b>	ALFI
	ANU
	ANOOOP
	MAHESH
	STALIN
	JEYARAM
	NITHISH

**CHIEF LAP SCORER**

**LAP SCORER**

**FIELD EVENT REFREE(JUMP)**

**CHIEF JUDGE**

**JUDGE**

RAJA

RAGURAM

BALAJI

KISHOR

BALAJI.C

CINCY

MARIYA

BALAJI

VINITHA

KAVIYA

VIBISHA

SATHYA VANAN

JJOJOY

SIDHANTH

BRITTO

STEVE,DHANASEKAR

THANGA PANDI

KASIMAYAN

TONY

ASHOK

YAMUNA RANI

KEERTHANA

VINOYHA

SUSMITHA

PADHMA PRIYA

ARUN CHANDAR

BEBITO

TEENA

SUDARVANAN

PRAVEEN

DANIEL

ARUN

DINESH KUMAR

DEEPANANTHAN

SOWTHAM

MEGANATHAN

MOHAN

**FIELD EVENT REFREE(THROW)**

JEBIN KUMAR

**CHIEF JUDGE**

LAKETOULIE,

KISHORE

**JUDGE**

SWATHI G

PETTER

GOWTHAM

BHAVITHRA

GOPI

ALBY

BHARATHI

ROHIT

ABILAS

SATHESH  
VINOTH  
RABIN  
DHIVIA BHARATHI  
P.C  
VINOTH  
JAIN  
CHANDRU  
PRASHANT  
ILYAS  
VEL MANI

**ADDITIONAL OFFICIALS**

**ANNOUNCER**

M.VIGNESHWARI

**DOCTOR/PHYSIOTHERAPIST**

Dr. PRINCE

Mr. K.MUGHIL

**STEWARDS**

BIJAYA

BHARAKA

KARTHI

JAYA BHARATHI

**RECORDERS**

SILAS

KIMI



## **ORDER OF MARCH PAST**

<b>S.NO</b>	<b>HOUSES</b>
1.	BHAKTHI
2.	JOTHI
3.	PADMINI
4.	KEERTHI
5.	MOORTHI
6.	RANJINI
7.	PEERTHI
8.	SAKTHI
9.	SAROJINI
10.	SHANTHI
11.	SPOORTHI
12.	SHALINI

## **LIST OF HOUSES PARTICIPATION FOR MEN**

<b>S.NO</b>	<b>HOUSE</b>	<b>NO. OF PARTICIPANTS</b>	<b>BIB NO</b>
1.	BHAKTHI	18	001 – 018
2.	JOTHI	18	019 – 036
3.	KEERTHI	22	037 – 058
4.	MOORTHI	18	059 – 076
5.	PREETHI	20	077 – 096
6.	SAKTHI	14	097– 110
7.	SHANTHI	15	111- 125
8.	SPOORTHI	17	126 – 142

## **LIST OF HOUSES PARTICIPATION FOR WOMEN**

<b>S.NO</b>	<b>HOUSE</b>	<b>NO. OF PARTICIPANTS</b>	<b>BIB NO</b>
1.	PADMINI	23	145-165
2.	RANJINI	19	166-184
3.	SAROJINI	17	185-202
4.	SHALINI	33	203-235

# LIST OF PARTICIPATANTS

## MEN

BAKTHI HOUSE			
S.NO	NAME	BIB NO	EVENTS
1	WESLIN	001	100M
2	GUGAN	002	200M
3	PARVEEN	003	400M,4x400
4	RAGURAM	004	800M,4x400
5	BEVITO	005	1500M
6	ADARSH	006	10000M,4x 400
7	BOSE	007	5K WALK
8	AJITH V R	008	LJ,4x100
9	MOHAN RAJ	009	TJ,
10	VARITH	010	HJ
11	GOWTHAM	011	PV,4x400
12	SAGAR DAS	012	SP
13	JEBIN	013	DT, 4x400
14	PC	014	JT, 4x400
15	NIMAL	015	HT
16	ROBIN	016	4x100
17	FIAS	017	4x100
18	HARI NATRAYAN	018	4x100

JOTHI HOUSE			
S.NO	NAME	BIB NO	EVENTS
1	M.AGILAN	019	100M, 4x100, 4x400®
2	KISHORE	020	200M, 4x100,4x400®
3	DEEPANA	021	400M
4	THILAK ANJANAN	022	800M, 4x400®
5	MANISH	023	1500M
6	LAEL LALU	024	10000M
7	VINITH	025	5K WALK
8	HARSH SHARMA	026	LJ
9	SATYA	027	TJ,JT®
10	K. VETRI RAJ	028	HJ
11	S. GIRIDHARAN	029	PV
12	SIMIYON	030	DT
13	REX RONALDO	031	ST
14	DEEPANA DHAN	032	JT
15	ARUN	033	HT
16	YASHWATH	034	4x100
17	SIVALINGAM	035	4x100
18	ARUN KUMAR	036	4x400®

<b>KEERTHI HOUSE</b>			
<b>S.NO</b>	<b>NAME</b>	<b>BIB NO</b>	<b>EVENTS</b>
1	JEGAN	037	TJ,100M®,4x100
2	BALAJI	038	100M,4x100
3	ABIN	039	200MTS,4x100®,4x400®
4	VINOTH	040	400MTS,4x400
5	ALFI	041	800M,4x100®
6	IBRAHIM	042	1500M
7	MOHAN	043	5000 WALK
8	ELANGO	044	10000M
9	NARASIMAN	045	LJ,4x100
10	DEENA	046	400®
11	TONY	047	HJ
12	MEGANATHAN	048	PV,4x400
13	ABISHEK	049	SP
14	ANDREW	050	DT
15	ASHOKE	051	JT,4x400
16	AKASH	052	HT
17	FELISHTRO	053	TJ®,4x400®
18	BALAJI G	054	800M®
19	THISON DHAS	055	400M®
20	RANJITH	056	10000M®
21	MANI	057	SP®
22	JHONAN	058	1500®

<b>MOORTHY HOUSE</b>			
<b>S.NO</b>	<b>NAME</b>	<b>BIB NO</b>	<b>EVENTS</b>
1	JAI ASHWIN	059	100M,4x100
2	SANJAI	060	200M
3	PINTO	061	400M,4x100
4	SURIYA PRAKASH	062	800M
5	SANTOSH	063	1500M
6	ANEESH	064	5000 WALK
7	ANUMAN	065	10000M
8	VELMANI	066	LJ,4x100
9	HIRAN HARISH	067	TJ
10	ARUN PANDI	068	HJ
11	KEERTHIVASAN	069	PV
12	BALA GANESH	070	SP
13	KISHORE	071	DT
14	KIRAN KUMERA	072	JT
15	NIRMAL	073	HT
16	K.RAJA	074	4x100
17	SANJAI	075	4x400
18	SILAS	076	HJ®

<b>PREETHI HOUSE</b>			
<b>S.NO</b>	<b>NAME</b>	<b>BIB NO</b>	<b>EVENTS</b>
1	M.THOMSON DURAI	077	100M,4x100
2	MONISH	078	200M, 4x400
3	S. BHAVANAN	079	400M, 4x400
4	J. AKASH JOBEL	080	800M, 4x400
5	M. HARIHARSUDHAN	081	1500M
6	DENIEL FELIX	082	5 K WALK
7	T. SHIBU	083	1000 M,4x100
8	P.PRANAV	084	LJ,4x400
9	M. JEGAN KUMAR	085	TJ,4x100
10	C. DHANASEKARAN	086	HJ
11	HARISH	087	PV
12	S. VASUDEVAN	088	SP
13	R. MAYAVAN	089	DT
14	R. PRAVEEN RAJ	090	JT
15	S. BHAVANAN	091	HT
16	KALAI SELVAN	092	4x100
17	HARISH	093	4x100®
18	KANIKKAINATHAN	094	4x400®
19	C.GOKUL CHANGAR	095	4x400®
20	RAHUL	096	LJ®

<b>SHAKTHI HOUSE</b>			
<b>S.NO</b>	<b>NAME</b>	<b>BIB NO</b>	<b>EVENTS</b>
1	MANI KANDAN	097	100M,4x100
2	RAMASAMY	098	200M,4x100
3	STEVE JOSE	099	400M,4x100
4	NIRANJAN	100	5000 WALK
5	JEEVANANTHAM	101	LJ
6	S.VISWA	102	PV,4x400
7	THAJ MANO	103	SP
8	NITHISH	104	DT
9	NITHISH KUMAR	105	JT
10	ESAKI PANDIAN	106	4x100
11	RAJA	107	4x400
12	ARAVIND	108	4x400
13	ABISHAK KUMAR S	109	TJ
14	ROHIT	110	4x400

<b>SHANTHI HOUSE</b>			
<b>S.NO</b>	<b>NAME</b>	<b>BIB NO</b>	<b>EVENTS</b>
1	CHRISTOPHER	111	100M,4x100
2	KARTHIK	112	200M,4X100
3	AROKIYA PRAKASH	113	400M,4x400
4	DINESH	114	800M,4X400
5	SOWTHAM	115	1500M,4X400
6	ABIN	116	10000M
7	ASHWIN	117	5K WALK
8	JOHN	118	LJ
9	BRRITTO KAANI AJITHAN	119	TJ,4X100
10	GUNA SEKAR	120	HJ,4X100
11	ANKLEEN	121	PV
12	VICTOR	122	SP
13	VICTOR	123	DT
14	NAVEEN	124	JT
15	VENKATESH	125	4x400

<b>SPOORTHI HOUSE</b>			
<b>S.NO</b>	<b>NAME</b>	<b>BIB NO</b>	<b>EVENTS</b>
1	BOOPATHI	126	100M, 4x100
2	ROSHAN	127	200M
3	DINESH	128	400M, 4x400
4	DEEPAN	129	800M, 4x100
5	JAYARAM	130	1500M
6	VAIJU	131	10000M
7	SEKIN SHIJU	132	5KM W
8	SIBIN LALU	133	LJ,4x100
9	SATHYA VANAN	134	TJ, 4x100
10	JAYA SURIYA	135	HJ
11	AKASH	136	PV
12	MAHIJHWARAN	137	SP
13	BALAJI	138	DT, 4x400
14	GOKUL KRISHAN	139	JT, 4x400
15	RAJESH MOORTHI	140	HT
16	THARUN	141	4x400
17	JOE REGGAN	142	4*400MTS RELAY®

# LIST OF PARTICIPATANTS

## WOMEN

<b>RANJINI HOUSE</b>			
<b>S.NO</b>	<b>NAME</b>	<b>BIB NO</b>	<b>EVENTS</b>
1	UMEKULSUM	166	3K WALK, 4x400
2	A.DEEPIKA	167	3000M, HJ, 4x100, ABR®
3	S.DEEPIKA	168	200M, TJ
4	S. ESTHER	169	1500M, LJ,4x400
5	S. VIJAYASANTHI	170	800M
6	MARYGOLD	171	SP
7	R.KIRUBA THANGAM	172	3K WALK, TJ
8	STEFFY JOSE	173	SP
9	W.MEENA	174	200M, HT, 4x100, ABR
10	R.RAJALAKSHMI	175	DT, 4x100
11	W.AUXILIA	176	PV,4x100®
12	MARIYA	177	HT
13	SOWMIYA	178	JT
14	RISHIVANTHIYA	179	JT
15	G. RAMYA	180	100M, 4x100M
16	LEELAVATHI	181	3000M, ABR
17	B.SANDHIYA	182	400M, HJ,4x100M, ABR
18	K. BHARATHI	183	800M,4x400, ABR
19	G. HILDA	184	DT

<b>SAROJINI HOUSE</b>			
<b>S.NO</b>	<b>NAME</b>	<b>BIB NO</b>	<b>EVENTS</b>
1	G. MONISHA	185	100MT, LJ, 4x100, ABR
2	M.MONISHA	186	TJ
3	D.RAJATHI	187	3K WALK, HT
4	V.HEMALATHA	189	HT
5	M.SANDHIYA	190	SP
6	K. MEENATCHI	191	3000M, 4x400®
7	R. ESTHER SHINY	192	1500M, 4x400
8	M.S. NANDHINI	193	100M, LJ, 4x100, ABR
9	C.S. ROMEA	194	800M, 4x400
10	ALBY MARIAM BIJU	195	SP
11	DEVIKA	196	300M, JT, 4x400, ABR
12	GAYATHRI	197	DT, SP®
13	M. BHAVITHARA	198	JT, 4x100, 400M®,ABR®
14	J. MARIYA	199	HJ, 4x100, ABR
15	S. JANANI	200	200M
16	SOWMIYA	201	200M,4x400
17	P. BHUVANESHWARI	202	400M

<b>PADMINI HOUSE</b>			
<b>S.NO</b>	<b>NAME</b>	<b>BIB NO</b>	<b>EVENTS</b>
1	M.ROHINI	143	100M, LJ, 4x400, ABR
2	S. KALAIYARASI	144	1500M, DT, 4x100, ABR
3	A.AGNES EDITH	145	1500M, HJ, 4x100
4	R. PUNITHESWARI	146	3K WALK, 4x400, ABR, LJ®
5	SHIVANI	147	3000M, HJ, 4x100®
6	PADHMA PRIYA	148	HT
7	JENO RAJI	149	200M, SP, 4x100
8	KEERTHANA	150	SP
9	ARCHANA DEVI	151	200M,4x400M, ABR
10	S. LOKESHWARI	152	800M, 4X400
11	K. PRIYA	153	JT
12	R. SUMUKA	154	800M, 4x100M
13	DEIVANI	155	LJ
14	SOWNTHARYA	156	JT
15	JULIYAN	157	400M
16	PRAVEENA	158	PV
17	MERCY	159	3000M, TJ
18	VANASMATHI	160	400M
19	HARINI SRI	161	PV
20	SHIVARAJINI	162	HT
21	NILA BHARATHI	163	100M
22	SOWMIYA	164	DT
23	SHAMILI	165	3K WALK

<b>SHALINI HOUSE</b>			
<b>S.NO</b>	<b>NAME</b>	<b>BIB NO</b>	<b>EVENTS</b>
1	AKSHARA	203	100M, DT,4x100, ABR
2	JEEVALOCHINI	204	100M,4x100
3	SWETHA	205	100®, SP®
4	RAMYA	206	400M, TJ,4x100
5	RIJISHYA	207	200M,4x400
6	ABHIGNA REDDY	208	200M®
7	MERLIN	209	400, TJ, 4x100, ABR
8	SUJATHA	210	200M
9	BARAKHA	211	400®
10	S. YAMUNA RANI	212	800M, HJ,4X400, ABR
11	KAVIMALAR	213	800M, HJ, 4X400
12	NIYHYA	214	800®
13	MADHUMITHA	215	1500M, PV
14	ANJUGAM	216	1500M, PV
15	ARCHANA	217	3000M
16	ASHWINI	218	3000M, LJ



17	VANISHA	219	3000M®, DT®
18	LINCY	220	3K WALK, LJ, PV,4X400, ABR
19	SWAATHI	221	3K WALK
20	KEERTHANA	222	3KM®
21	JASMINE	223	DT
22	VAISHNAVI	224	DT®
23	KAMALI	225	SP
24	VINITHA	226	SP
25	KAVITHA	227	JT
26	HEMAVATHY	228	JT
27	SUGANTHI	229	HT
28	VIGNESHWARI	230	HT
29	ANANTHI	231	HT®
30	RAKSHA	232	LJ®
31	DHARMASRI	233	HJ®
32	CINDHIYA	234	TJ®
33	KAVITHA	235	1500®

### EVENT WISE PARTICIPANTS LIST MEN

<b>100M</b>	
PARTICIPANTS	OO1,019,038,059,077,097,111,126
RESERVE	037
<b>200M</b>	
PARTICIPANTS	002,020,039,060,078,098,112,127
<b>400M</b>	
PARTICIPANTS	003,021,040,061,079,099,113,128
RESERVE	055,046
<b>800M</b>	
PARTICIPANTS	004,022,041,062,080,114,129
RESERVE	054
<b>1500M</b>	
PARTICIPANT	005,023,042,063,081,115,130
RESERVE	058
<b>10000M</b>	
PARTICIPANT	006, 024, 044, 065, 083, 100, 116, 131.
RESERVE	056
<b>5K WALK</b>	
PARTICIPANT	007,025,043,064,082,117,132.
<b>LONG JUMP</b>	
PARTICIPANT	008,026,045,066,084,101,118,133.
RESERVE	096
<b>TRIPLE JUMP</b>	
PARTICIPANT	109,009,027,037,067,085,119,134.
RESERVE	053
<b>HIGH JUMP</b>	
PARTICIPANT	010,028,047,068,086,120,135.
RESERVE	076,109.

<b>POLE VAULT</b>	
PARTICIPANT	011,029,048,069,087,102,121,136.
<b>SHOT PUT</b>	
PARTICIPANT	012,031,049,070,088,103,122,137
RESERVE	057
<b>DISCUS THROW</b>	
PARTICIPANT	013,030,050,071,089,104,123,138.
<b>HAMMER THROW</b>	
PARTICIPANT	015,033,052,073,091,140.
<b>JAVELIN THROW</b>	
PARTICIPANT	014,032,051,072,090,105,124,139.
RESERVE	027

**EVENT WISE PARTICIPANTS LIST WOMEN**

<b>100MTS</b>	
PARTICIPANT	180,185,143,163,203,204
RESERVE	205
<b>200MTS</b>	
PARTICIPANT	210,207,151,149,201,200,174,168.
RESERVE	208
<b>400MTS</b>	
PARTICIPANT	182,157,160,206,209,
RESERVE	198,211
<b>800MTS</b>	
PARTICIPANT	213,212,154,152,194,183,170
RESERVE	214
<b>1500MTS</b>	
PARTICIPANT	169,192,144,145,215,216
RESERVE	235
<b>LONG JUMP</b>	
PARTICIPANT	220,218,155,143,193,169
RESERVE	232,146
<b>HIGH JUMP</b>	
PARTICIPANT	167,182,199,145,147,212,213
RESERVE	233
<b>TRIPLE JUMP</b>	
PARTICIPANT	209,206,159,186,172,168
<b>POLE VAULT</b>	
PARTICIPANT	176,158,161,215,216,
RESERVE	220
<b>SHOT PUT</b>	
PARTICIPANT	226,225,150,195,190,173,171
RESERVE	205,197
<b>DISCUS THROW</b>	
PARTICIPANT	175,184,197,144,164,203,223
RESERVE	219,224

<b>JAVELIN THROE</b>	
PARTICIPANT	228,227,156,153,198,196,179,178
<b>HAMMER THROW</b>	
PARTICIPANT	177,174,187,189,148,162,229,230

<b>RELAY LETTERS</b>	
BAKTHI	A
JOTHI	B
KEERTHI	C
MOORTHI	D
PREETHI	E
SANTHI	F
SAKTHI	G
SPOORTHI	H
PADMINI	I
RANJINI	J
SAROJINI	K
SHALINI	L

## **ORDER OF EVENTS**

<b>TIME</b>	<b>EVENT</b>
8.00 AM	1,500m (MEN &WOMEN) FINALS
8.10 AM	Shot put (MEN)
8.10 AM	Triple jump(WOMEN)
8.20 AM	400m (MEN)
8.20 AM	800m (WOMEN)
8.40 AM	High Jump (MEN)
8.40 AM	Shot Put (WOMEN)
9.00 AM	800m (MEN)
9.00 AM	400m (WOMEN)
9.30 AM	Javelin Throw (MEN)
9.30 AM	High Jump (WOMEN)
10.00 AM	Long Jump (MEN)
10.00 AM	Discus Throw
10.30 AM	100m (MEN)
10.30 AM	200m (WOMEN)
11.30 AM	Hammer Throw (MEN)
11.30 AM	Pole Vault (WOMEN)
12.00 AM	200m (MEN)
12.00 AM	Javelin Throw (WOMEN)
2.30 PM	Triple Jump (MEN)
2.30 PM	100m (WOMEN)
2.40 PM	Discuss Throw (MEN)
2.40 PM	Long Jump (WOMEN)
3.15 PM	Pole Vault (MEN)
3.15 PM	Hammer Throw (WOMEN)
3.30 PM	4 x 400m Relay (MEN)
3.30 PM	4 x 100m Relay (WOMEN)
3.45 PM	4 x 100m Relay (MEN)
3.45 PM	4X400m Relay (WOMEN)
3.50 PM	4 x 100m Obstacle Relay (WOMEN)

**Thank You**

## Profile

YMCA College of Physical Education was founded by Harry Crowe Buck in the year 1920. Buck was a pioneer in physical education training in India. The college stands as a hallmark for training physical education teachers, coaching the students who can teach physical education, skills and techniques of games, organizing sports competition and undergo research programmes. This college is instrumental in producing trained gym instructors, athletic trainers, sports nutritionists and individuals specialized in sports injury management, aerobics training and martial arts. YMCA College of Physical Education is an autonomous college affiliated to the Tamil Nadu Physical Education and Sports University. It is a project of National Council of YMCAs of India. The institute is Re-accredited by NAAC as an A grade college. It is recognized by National Council of Teacher Education and Government of Tamil Nadu.

## About workshop

The game of Kho Kho was regularly being played all over India. In the year 1954, with the relentless efforts of the late Kashinath alias Bhai Nerurkar, (Mumbai), the Kho-Kho Federation of India was established at the Barabattu Stadium Odisha. Kho-Kho was introduced at the University level and the first Inter - University tournament was held in 1955. With all these efforts and the very intrinsic thrill and physical attributes and skill levels involved in the game, it was no surprise that the Central government, the States and the Union Territories.

the School Games Federation and the University Grants Commission accepted Kho-Kho as a preferred game and included it in their list of approved games.

Considering the fame of our indigenous game of Kho-kho, our college has taken a step ahead to conduct the workshop and also to re-unite the professional people in the field of Physical Education.

## Objectives of the workshop

- To promote the game of kho-kho among the physical educational professionals
- To enrich the knowledge and update the rules and regulations
- To learn the mechanism of kho-kho officiating
- To produce qualified official in the game of kho-kho
- To gain the knowledge in latest trends and changes in coaching aspects



Contact Person: Mr. K. Karthikeyan  
Contact Phone No.: 9941411554

**YMCA COLLEGE OF PHYSICAL EDUCATION**  
Nandanam, Chennai – 600 035.



**REGISTRATION FORM**

**NATIONAL LEVEL KHO-KHO WORKSHOP &  
STATE LEVEL  
OFFICIATING EXAMINATION**

**25<sup>th</sup> March 2018**

Name : .....

Designation : .....

Address : .....

Mobile no : .....

Email : .....

Signature

(The student participants are requested to pay Rs.600/- and others Rs.650/- towards the registration fee on 25.03.2018 at 8.30 am Registration will be done by Tamil Nadu State Kho-kho Association)





# 100 YMCA COLLEGE OF PHYSICAL EDUCATION

CHENNAI – 35, TAMIL NADU

A Project of the National Council of YMCAs of India  
(An Autonomous College Affiliated to Tamil Nadu Physical Education & Sports University)  
Recognized by the National Council for Teacher Education & Government of Tamil Nadu



## Celebrating 7<sup>th</sup> International Day of Yoga - 2021

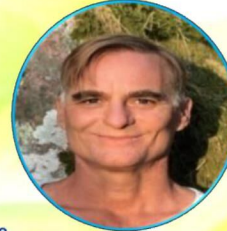


### One Day International Virtual Conference on Yogic Practices for Healthy Life

Date: 21<sup>st</sup> June 2021, Time: 10.00 AM to 12.00 PM



### Resource Persons



Yoga for Harmony & Peace

#### Management Committee

**HON. JUSTICE KURIAN JOSEPH (RETD.)**  
Chairman

**HON. JUSTICE J. B. KOSHY (RETD.)**  
President, NCYI

**MR. BERTRAM DEVADAS**  
General Secretary, NCYI

**MR. J. BENJAMIN FRANKLIN**  
Correspondent & Secretary

**MR. V. K. VARGHESE**  
Treasurer

**MR. RAJJIV GEORGE**  
Administrator & Estate Manager

**DR. YUVA DAYALAN , HONG KONG**  
Yogacharya, Guinness World Record Holder  
Session I : 10.00 to 11.00 AM

**DR. BRIAN SIDDHARTHAN INGLE, IRELAND**  
Somatic Yoga Teacher  
Session II : 11.00 AM to 12.00 PM

#### Convener



**DR. GEORGE ABRAHAM**  
Principal

#### Organizing Secretaries



**DR. PON. ANBARASU**  
Assistant Professor  
9444224620



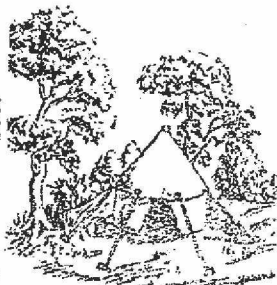
**DR. J. KOMALA**  
Assistant Professor  
9791857741

#### Organizing Committee Members

Dr. (Mrs.) K. Jothi Dayanadan, Associate Prof.  
Dr. S. Johnson Premkumar, Asst. Prof.  
Dr. J. Jackson Sutharsingh, Asst. Prof.  
Dr. J. Glory Darling Margaret, Asst. Prof.  
Dr. S. Gladly Kirubakar, Asst. Prof.  
Dr. S. Jerome David, Asst. Prof.  
Dr. E. Simson Jesudoss, Asst. Prof.  
Dr. S. Abraham Davidson, Asst. Prof.  
Mr. M. Felix Arokkiaraj, Asst. Prof.  
Dr. S. Merlin Thanga Daniel, Asst. Prof.  
Dr. R. Prabu, Librarian  
Dr. J. Samuel Jesudoss, Asst. Prof.  
Dr. J. James, Asst. Prof.  
Mr. B. Praveen Doss, Asst. Prof.  
Dr. K. Karthikeyan, Asst. Prof.  
Dr. G. Bobby, Asst. Prof.  
Dr. S. Sathish Kumar, Asst. Prof.  
Mr. K. Mugil, Physiotherapist  
Rev. Dr. E. Abraham Jepsingh, Asst. Prof.  
Mr. V. Balaraman, Asst. Prof.  
Mrs. T. Mabelda, Computer Faculty



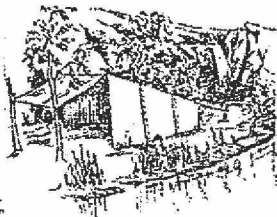
A SIMPLE TENT



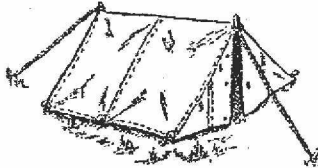
BELL TENT



A SIMPLE TENT OF ONE PEICE



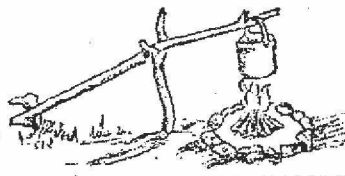
A TRAIL TENT



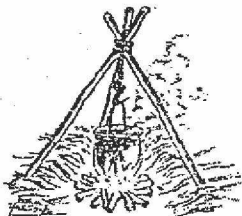
A WALLLESS TENT



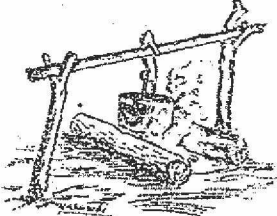
A HANGER FOR THE CAMP KITCHEN



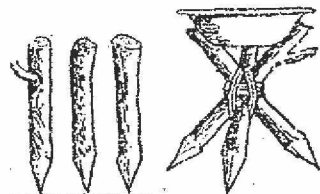
COOKING OVER A PIN-POINT FIRE



TRIPOD HANGER OVER STAR FIRE



"HUNTER'S FIRE"



CAMP GADGETS :

TRIPOD STAND : AN IDEA FOR THE KITCHEN    A TWO-WAY HOOK    A ONE-WAY HOOK

# THE Y.M.C.A. COLLEGE OF PHYSICAL EDUCATION

(A PROJECT OF THE NATIONAL COUNCIL OF YMCAs OF INDIA)

A CHRISTIAN MINORITY INSTITUTION,  
NANDANAM, CHENNAI - 600035

An Autonomous College

Affiliated to Tamil Nadu Physical Education and Sports University

Accredited by NAAC with Grade 'A'

Recognised by National Council for Teacher Education & Government of Tamil Nadu



## THE ANNUAL LEADERSHIP TRAINING CAMP

# 2021 - 2022

19.04.2022 to 22.04.2022

(THE GOLDEN RULE, MATT. 7.12)

"So in everything, do to others what you would (wish) have them do to you, for this sums up the law and the prophets."

YMCA Camp Site, Yelagiri Hills  
Mangalam Post, Vellore District, Phone : 04179-245226