



The National Council of YMCAs of India

Y.M.C.A. College of Physical Education



A Project of the National Council of YMCAs of India

(Autonomous College Affiliated to Tamil Nadu Physical Education & Sports University)
Registered under UGC Act

2.4.9 Plan of teachers engagement in school internship

INTENSIVE TEACHING PRACTICE

The internship program is spread over both semesters of the B.P.Ed course and two semesters in the M.P.Ed. Course. The students, in groups of three to five, are sent to schools for full weeks. They are expected to handle 10 general and 10 specific lessons (15 days).

Master's degree students undergo coaching lessons where they lead a team to teach advanced skills and techniques in a school for 10 days. They are sent to schools and colleges with good teams and coaches to be trained in teaching advanced tactics and strategies with the help of coaches.

After completing 10 general lessons and 10 specific lessons for 15 days, the students participate in the annual 'play day,' which is part of the curriculum at the YMCA College of Physical Education. Inter-school competitions are conducted in minor games, light apparatus, asanas, calisthenics, aerobics, marching, and so on. These activities are taught by the college students in preparation for the play day during their internship.

SCHOOL INTERNSHIP PROGRAM

Part III Teaching Practice:

Semesters I: Teaching practice (General) will be internally evaluated for 100 marks.

In Semester II: Teaching Practice is internally (Particular) evaluated for 100 marks

And Externally evaluated (General and Particular) for 200 marks.

In Semester III: Intensive Teaching Practice is externally evaluated for 100 marks

Coaching lessons and Officiating will be internally evaluated for 100 marks.

In Semester VI: Coaching lessons and Officiating on Track & Field and Specialisation is externally evaluated for 200 marks

Semester	Credits in Theory	Credits in Practical Part II (Games and other activities)	Credits in Part III (Teaching/Coaching/Internship)
I	13	13	5
II	13	13	5
III	13	13	10
IV	13	8	10
Total	52	47	30


Principal (i/c)

YMCA COLLEGE OF PHYSICAL EDUCATION
NANDANAM, CHENNAI-600 035



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TOTAL MARKS IN B.P.Ed. TWO YEARS COURSE

Semester	Marks in Theory Part I	Marks in Practical Part II (Games and Other Activity)	Total Marks in Part III (Teaching/Coaching) Internship
I	400	300	100
II	400	300	300
III	400	300	200
IV	400	200	200
TOTAL	1600	1100	800

B.P.Ed. students need to develop proficiency in conducting general and specific teaching practice lessons in indigenous activities and other practical activities, sports, and games learned in the B.P.Ed. course of study in the practicing school. They must determine more effectively the lessons adhered to during each class, enhance meaningful concepts in teaching, develop essential components, resources, procedures, and evaluation techniques, provide accurate information related to sports, games, indigenous activities, and minor games, and create structural learning outcomes.

M.P.Ed

Part-III Teaching/Coaching Lessons on Specialization and Internship Training

Semester I: Teaching Practice and Classroom teaching will be internally evaluated. Specialization 2nd best and 1st best will be internally evaluated.

Semester II: Teaching practice and Classroom teaching will be externally evaluated.

Semester III: Coaching lesson and Officiating in Track & Field and Specialization (1st best) will be internally evaluated.

Semester IV: Internship training in coaching lesson will be evaluated by the head of the training centre. Coaching lesson and officiating in Track & field and Specialization (1st best) will be externally evaluated.

Master's degree students undergo coaching lessons where they lead a team to teach advanced skills and techniques in a school for 10 days. They are sent to schools and colleges with good teams and coaches to be trained in teaching advanced tactics and strategies with the help of coaches.


Principal (i/e)

Each class is supervised and monitored, and the lesson notes are corrected at the schools. The remarks are given by the PET/PD of the school, who grades the students for 100 marks and sends the confidential reports directly to the Principal of the college.

TOTAL CREDITS IN M.P.Ed. TWO-YEAR COURSE

Semester	Credits in Practical Part	
	II	Total
I	8	8
II	8	8
III	12	12
IV	9	9
Total	37	37

SEMESTER-I

- Coaching lesson specialization 1st best - Internal - 100 marks
- Coaching Lesson Specialization 2nd Best - Internal - 100 marks
- Teaching Practice and Classroom Teaching - Internal - 100 marks

SEMESTER-II

- Teaching Practice and Classroom Teaching - External - 100 marks
- Coaching Lesson & Officiating Specialization 2nd Best - Internal & External - 100 marks
- Coaching Lesson & Officiating Specialization 1st Best - Internal & External - 100 marks

SEMESTER-III

- Internship in Coaching Lesson - External - 100 marks
- Coaching Lesson & Officiating Specialization 2nd Best - Internal - 100 marks
- Coaching Lesson & Officiating Specialization 1st Best - Internal - 100 marks

SEMESTER-IV

- Coaching Lesson and Officiating in T & F (External) Internal and External - 100 marks
- Coaching Lesson and Officiating Specialization 1st Best (External) - Internal and External - 100 marks


Principal (G)



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TOTAL MARKS IN M.P.Ed. TWO-YEARS COURSE

Semester	Part III (Classroom Teaching/Coaching) Internship
I	300
II	300
III	300
IV	200
TOTAL	1100



Principal (i/c)

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