



YMCA COLLEGE OF PHYSICAL EDUCATION

NANDANAM, CHENNAI - 600 035.

(Autonomous)

A Project of The National Council of YMCAs of India

A Christian Minority Institution

Registered under UGC Act

Affiliated to Tamilnadu Physical Education and Sports University

Reaccredited with 'A' Grade by NAAC

Recognised by National Council for Teacher Education & Government of Tamilnadu

Website : www.ymccollege.ac.in E-Mail : ymcanandanam1920@gmail.com

Contact No : 044-24344816

PROSPECTUS

2022 - 2023

BRIEF HISTORY OF THE COLLEGE

The YMCA College has a fascinating history. Realising the need for trained leaders in the field of Health, Physical Education Sports and Recreation, a training centre then known as the School of Physical Education was established in August, 1920 at the Central YMCA, Chennai. In 1924, the school was shifted to Royapettah YMCA where facilities for training were available. In 1932, the School was shifted to Saidapet. Here the School with many additional facilities became a full-fledged College of Physical Education, the first of its kind to be established in South East Asia.

Thousands of leaders in Physical Education from various states of India and countries like Burma, Nepal, Sri Lanka and even from far away countries like Egypt, Iran, Ghana and Mauritius have passed out of this college. From 1940, women are also being trained at the college.

Today the YMCA College of Physical Education, as an autonomous college, stands as a monument to the missionary vision, courage and faith of its founder, Late Harry Crowe Buck. His spirit of selfless service will continue to inspire all those who carry on the task of promoting Physical Education through this college which is Reaccredited with 'A' Grade by NAAC, Recognised by National Council for Teacher Education (NCTE), Government of Tamilnadu and affiliated to TNPESU.

COURSES OFFERED AND ELIGIBILITY FOR ADMISSION

Government of Tamilnadu and TNPESU Guidelines will be followed for Admission

The College offers the following courses of study for Men and Women.

- 1. Ph.D. (Doctor of Philosophy in Physical Education) Full time and part time**
Eligibility is Master's Degree in Physical Education (as per the norms of Tamil Nadu Physical Education and Sports University)
- 2. M.P.Ed. (Master of Physical Education - Two years degree course - Four Semesters)** Applicant should have passed B.P.Ed. degree, recognised by the Tamil Nadu Physical Education and Sports University (TNPESU) and should have required standard in atleast one major game or sport. Candidates with achievements in Sports and Games and professional training will be preferred. Admission is subject to eligibility rules of the Tamil Nadu Physical Education and Sports University, Tamil Nadu Government and NCTE.
- 3. B.P.Ed. (Bachelor of Physical Education - Two years degree course - Four Semesters)** Applicant should have passed (10+2+3) BPES or BPE, B.A., or B.Sc., or B.Com., or BBA., or any other equivalent degree recognised by the TNPESU **Students who have obtained degree through Open University system are not eligible.** Graduates from other than Tamil Nadu Physical Education and Sports University are eligible for admission only if their degrees are accepted by the Tamil Nadu Physical Education and Sports University. Candidates who have obtained their degrees by private study must have their degree approved by the Tamil Nadu Physical Education and Sports University prior to the submission of applications to the college. Applicant should have participated in atleast inter-School or intercollegiate tournament in any sport / game. The candidate should not have completed 30 years of age as on 1st July. Relaxation on age may be 3 years for SC/ST and 6 years for ex - service man/ experienced Physical education Teacher.
- 4. B.M.S. (Bachelor of Mobility Science - One year degree course - Two Semesters)**
The Tamil Nadu Physical Education and Sports University has approved the Bachelor of Mobility Science for the Disabled. It was under Madras University since inception of the course i.e. Since 1989 . Candidates with Bachelor's degree or any other degree recognized by the Tamil Nadu Physical Education and Sports University are eligible for admission. Students who have obtained degree through open university system are not eligible. The candidate should not have completed 30 years of age as on 1st July. Relaxation on age may be 3 years for SC/ST and 6 years for ex - service man / experienced Physical education Teacher

5. B.P.E.S (Bachelor of Physical Education and Sports - Three Years Degree Course - Six Semesters) :

Applicants should have passed +2 exam of the Government of Tamilnadu or any other equivalent examination, recognized by the Tamilnadu Physical Education and Sports University and Tamilnadu Government.

Age : The age limit for admission to the BPES degree course will be 21 (Twenty one) as on 1st July. For SC/SCA/ST/BC/BCM/DNC candidates & women candidates age relaxation of 3 years beyond 21 years.

6. D.P.Ed. (Diploma in Physical Education - Two years non semester course under Govt. of Tamil Nadu)

Eligibility as per Tamilnadu Govt. Norms

Educational Qualifications : Candidates should have scored marks not below 50% (600/1200 or 300/600 marks) in Higher Secondary Examinations.

1. SC/SCA/ST/BC/BCM/MBC - Minimum 45% of marks in Higher Secondary Education
2. Candidates should have studied Tamil as one of the language in Higher Secondary Education.
3. Age : Candidates should not have completed 30 years of age on 31.07.2022 for General Category. SC / SCA / ST candidates should not have completed 35 years of age on 31.07.2022
Widows / Orphans should not have completed 40 years of age on 31.07.2022

Inter Caste marriage Candidates (BC / MBC) should not have completed 32 years of age on 31.07.2022. Inter Caste Marriage candidates (SC /ST) should not have completed 37 years of age on 31.07.2022)

4. Candidates belonging to Tamilnadu State alone will be admitted to D.P.Ed. Course.

7. COURSES OFFERED IN THE EVENING COLLEGE

The College offers the following courses of study for Men and Women in the Evening College Programme

(I) M.Sc.,- FITNESS, EXERCISE REHABILITATION AND NUTRITIONAL CARE. (FERNC)

Two years degree course

This course is an ideal programme for Physiotherapists, Nutritionists, Physical Educationists, Occupational Therapists and Allied Health Science graduates. The multinational companies (Banks, Information Technology, Industries, etc) are looking for qualified and well trained fitness experts, gym instructors with knowledge in the area of nutrition in order to maximise the work capacity of their employees. This course also offers yoga and Tai Chi as a part of the training programme.

(II) PG DIPLOMA IN SPORTS COACHING - TENNIS / CRICKET / SWIMMING

One years non semester course

This course provides excellent opportunity for students to improve not only their playing ability in Tennis / Cricket / Swimming but also learn about the technique and tactics of the game and also the coaching skills.

EMPLOYABILITY

| COURSE OF STUDY | AVENUES |
|------------------------|---|
| Ph.D. | Asst.Professor / Director of Physical Education in Universities / Colleges |
| M.P.Ed. | Physical Director in Colleges & Schools / P.E.T in Schools |
| B.P.Ed. | P.E.T in High Schools |
| D.P.Ed. | P.E.Ts in Middle School and Primary Schools |
| M.Sc. | Instructors in Fitness Centre / Gym / Rehabilitation Centre / Physiotherapy Centre / Yoga Centre |
| P.G.Diploma | Fitness Trainers for the specific Sports / Coach / Team Analyst Event Manager / Counsellor / Yoga Instructor |
| B.M.S. | P.E.T in High School / P.E.T in Special School |
| B.P.E.S. | Can pursue B.P.Ed. Degree / Fitness & Personal Trainers |

Candidates from other Universities should obtain eligibility certificate from the Tamil Nadu Physical Education and Sports University before seeking admission to any of the degree courses offered by the college. Any other qualification claimed by a candidate as equivalent to the above will be considered only on condition that he/she gets the clearance certificate from the Tamil Nadu Physical Education and Sports University. The College reserves the right to discontinue the candidature at any time whose qualification do not satisfy the requirement of the Tamil Nadu Physical Education and Sports University / the Director of Government Examination. The College will not be held responsible for any consequential damages in this issue. Candidates with doubtful qualification will not be admitted. Candidates admitted for training in the college are expected to follow the rules and regulations given in the college calendar and as amended from time to time by the college authorities.

Students who withdraw before completion of the course should pay the full fee (except mess fees) before getting the T.C.

ADMISSION GUIDELINES 2022 - 2023

Admission to various courses of study will be done based on the guidelines of NCTE, Government of Tamilnadu and TNPESU. The test dates for the admission will be informed to the candidates through their mail id / phone number.

Physically Handicapped & pregnant women students are not eligible for admission to any of the courses of study offered at the college.

I. B.P.Ed. [Regular]

1. Eligibility for Admission to the Course

- a) (i) Bachelor's degree in any discipline with 50% marks and having at least participation in the Inter-College / Inter – Zonal / District / School competition in sports and as recognized by the AIU/IOA/SGFI/ Govt. of India.
- or
- (ii) Bachelor's degree in Physical Education with 45% marks.
- or
- (iii) Bachelor's degree in any discipline with 45% marks and studied physical education as compulsory / elective subject.
- or
- (iv) Bachelor's degree with 45% marks and having participated in National / Inter University/ State competition or secured 1st, 2nd or 3rd position in Inter College/ Inter –Zonal / District / School competition in sports and games as recognized by the AIU/IOA/SGFI/ Govt. of India.
- or
- (v) Bachelor's degree with participation in International competitions or secured 1st, 2nd or 3rd position in National / Inter -University competition in sports and games as recognized by respective federations/ AIU/IOA/SGFI/ Govt. of India.
- or
- (vi) Graduation with 45% marks and at least three years of teaching experience (for deputed in – service candidates i.e. trained physical education teachers / coaches).

Note: A candidate shall be eligible for admission to the Bachelor of Physical Education degree course (B.P.Ed) if he/she has received a degree in 10+2+3 pattern from a University recognized by Tamil Nadu Physical Education and Sports University.

A minimum inter school level participation in sports and games is compulsory.

- b) The candidates should not have completed 30 years of age as on 1st July. However, relaxation of 3 years shall be given for SC/ST candidates.
- c) Ex-Servicemen / Experienced Physical Education Teachers shall be given relaxation of 6 years of age.
- d) The candidate should be medically fit and free from any deformity.
- e) Pregnant women are not permitted either for admission or to undergo the course. If violated, they will not be permitted to continue the course.
- g. Admission shall be made on the basis of ranking for a total of 150 marks as

Detailed below:-

| | | |
|---|---|------------------|
| 1 | Qualifying Examination | 20 marks |
| 2 | Participation in Games & Sports | 25 marks |
| 3 | Games and Sports Skill test | 50 marks |
| 4 | Track and Field Skill test | 50 marks |
| 5 | Bonus marks for possession of basic degree in Physical Education (B.Sc Physical Education, Health Education and Sports or Bachelor of Physical Education (B.P.E) or Bachelor of Physical Education and Sports (B.P.E.S) or Diploma in Physical Education (D.P.Ed) | 05 marks |
| | Total | 150 marks |

Note :

Marks obtained in qualifying Degree shall be converted to a maximum of 20 marks. For example if a candidate secured 1800 marks out of 2400. His / Her marks for qualifying examinations is $[1800 / 2400] \times 20 = 15$ marks.

Games and Sports Participation: (Maximum marks: 25)

The norms for award of marks for the sports and games participation are furnished hereunder.

Any one which is applicable / advantageous.

- 1. Representing the Country 25
- 2. Securing first two places in National / All India / Inter – University 20
- 3. Representing State / University 15
- 4. Representing District / Division 10
- 5. Representing Colleges / School 05

(Supporting certificates should be produced)

Games and Sports Skill Test: Maximum Marks: 50

The candidate should choose any one of the games included in the All India Inter University (AIU) competitions.

Track and Field: Maximum Marks: 50

- a) 100 Mts. - 20 Marks
- b) Shot-Put - 15 Marks
- c) Long Jump - 15 Marks

Note :

The games skill test and Track and Field events will be conducted by three judges.

II. M.P.Ed. [Regular]**1. Eligibility for Admission to the Course**

- a) Bachelor of Physical Education (B.P.Ed) or equivalent with at least 50% marks

Note:

A candidate shall be eligible for admission to the Master of Physical Education degree course (M.P.Ed) if he/she has received a degree in 10+2+3 pattern from a University recognised by Tamil Nadu Physical Education and Sports University.

- b) A minimum inter college level participation in sports and games is compulsory.
- c) The candidates should not have completed 35 years of age as on 1st July. However, relaxation of 3 years shall be given for SC/ST candidates.
- d) Ex-Servicemen / Experienced Physical Education Teachers shall be given relaxation of 6 years of age.
- e) The candidate should be medically fit and free from any deformity.
- f) Pregnant women are not permitted either for admission or to undergo the course. If violated, they will not be permitted to continue the course.
- g) Admission shall be made on the basis of ranking for a total of 150 marks as detailed below:-

Detailed below:-

| | | |
|---|--------------------------------|------------------|
| 1 | Qualifying Examination | 25 marks |
| 2 | Sports and Games Participation | 25 marks |
| 3 | Games and Sports Skill test | 50 marks |
| 4 | Written Test | 35 marks |
| 5 | Personal Interview | 15 marks |
| | Total | 150 marks |

Note:

Marks obtained in qualifying Degree shall be converted to a maximum of 25 marks. For example if a candidate secured 1800 marks out of 2400. His / Her marks for qualifying examinations is $[1800 / 2400] \times 25 = 18.75$ marks.

Sports and Games Participation

The norms for award of marks for the sports and games participation are furnished below:-

Any one which is applicable / advantageous

| | |
|---|----|
| 1. Representing the Country | 25 |
| 2. Securing first two places in National/ All India/ Inter-University | 25 |
| 3. Representing the State/ university | 15 |
| 4. Representing the District/ division | 10 |
| 5. Representing the colleges | 05 |

(Supporting certificates should be produced)

Games and sports skill test

The candidates should choose any one of the following games and sports.

| | |
|---------------|---------------|
| 1. Basketball | 6. Kabaddi |
| 2. Cricket | 7. Kho-Kho |
| 3. Football | 8. Tennis |
| 4. Hockey | 9. Volleyball |
| 5. Handball | |

The test will be conducted by three judges. Out of the three, one will be the Head of the Institution/ Head of the Department and one senior most Associate Professor/ Assistant Professor from the College/ Department and one specialist in particular skill/ event will be appointed by the Head of the Institution/ Department

III. B.M.S [Regular]

1. B.P.Ed. Admission Procedure will be followed.
2. Sponsored Candidates will be given Preference.

IV. B.P.E.S [Regular]

1. **Academic Qualification** : As given in Page No.3
2. **Games skill Test & Track and field fitness test:** The procedure followed for the selection of B.P.Ed., degree will be followed for the B.P.E.S. Degree candidates also.

V. D.P.Ed. [Regular]

1. **Academic Qualification** : As given in Page No.3
2. **Games skill Test** : The candidates should choose any one of the game to undergo test in game proficiency.
3. **Track and field fitness test:** In track and field, the candidates will be tested in the following events.
(a) 100 mts. (b) Shot put (C) 1500 Mtrs.
* Medical Certificate format is given in the prospectus.

Evening College**I. M.Sc. DEGREE (Fitness, Exercise, Rehabilitation and Nutritional Care)**

The applicants should have passed

- | | | |
|---------------------|---------------------------------------|---|
| 1. BPT | 2. B.Sc., (Nutritional and Dietetics) | 3. B.Sc., (Physical Education) |
| 4. B.P.E.S / B.P.E. | 5. B.Sc., (Nursing) | 6. B.Sc. or its equivalent degree or any other degree as approved by the TNPES University |

II. PG DIPLOMA IN SPORTS COACHING - TENNIS / CRICKET / SWIMMING

Any under graduate degree, recognised and approved by the TNPESU

REGISTRATION OF APPLICATION

The filled in application downloaded from website www.ymcacollege.ac.in should be sent to the Principal, YMCA College of Physical Education, Nandanam, Chennai - 600 035 along with the **DD for Rs.350/- (SC/SCA/ST candidates DD for Rs.300/-)** drawn in favour of YMCA College of Physical Education, Payable at Chennai, which includes the cost of application.

Passport size photograph duly attested should be pasted in the application form and score sheet, Stamp size photo should be pasted in test card.

The following documents and original certificates should be produced at the time of interview and physical test for admission. Photostat copies and attested copies shall be sent along with the application.

During interview and physical test for admission the following certificates are to be produced.

1. General Educational / Professional Certificates
2. Proficiency Certificates in games and sports.
3. Age certificate.
4. Course completion certificate and Transfer certificate.
5. Community Certificate (for BC/MBC/SC/ST candidates) from a Thasildar / Dy. Thasildar / Panchayat Union Commissioner.
6. Medical Certificate (Format is given in the prospectus)
7. Certificate (undertaking) to be filled in by the parent is attached in Page III.

Interview and physical test dates for the admission will be informed to the eligible candidates through their mail id / phone number and they have to produce their original certificates at the time of interview

GENERAL INFORMATION

This college is purely residential for men and women students of M.P.Ed., B.P.Ed., B.M.S., B.P.E.S., and D.P.Ed., courses of study, hence the students are expected to reside in the hostel during their course of study.

All selected candidates are expected to bring the following original certificates on the reporting day.

(Re-opening /Reporting date will be informed later)

1. General Education / Professional Certificate
2. Proficiency Certificate in games and sports.
3. Age Certificate.
4. Course completion certificate and Transfer certificate & Conduct Certificate

5. Degree recognition certificate - applicable to candidates seeking admission to the degree courses from universities other than Tamil Nadu Physical Education and Sports University.
6. Community Certificate (for BC/MBC/SC/ST Candidates) should be from a Tashildar / Dy. Tashildar / Panchayat Union Commissioner.

Original certificates once submitted at the college for admission will not be returned during the course of study. **Kindly take three sets of photostat copies, before submitting the original certificates at the college office.**

PERSONAL EQUIPMENT

Selected students must equip themselves with the following personal equipment.

- | | | | |
|----------------------------|-----------------|------------------------|------------|
| 1. Good whistle with chord | 2. Mosquito net | 3. Plate | 4. Tumbler |
| 5. Mug | 6. Bucket | 7. Trunk box with lock | |

INFORMATION TO THE SELECTED CANDIDATES

1. Activity uniform will be provided by the college. Measurement for activity uniform will be taken by the college tailors, soon after the payment of fees for uniform.
2. The men and women will be provided with blazer by the college. However they should have their own black pant and a white shirt (full-hand).
3. Candidates who have passed the examination from other Universities or Bodies and awaiting the recognition of qualifying examinations should forward their applications through PRINCIPAL of the college together with the necessary certificates.
4. M.P.Ed. candidates whose qualifying examinations obtained from other Universities or Bodies which have not yet been recognised by the TNPESU till then, should obtain clearance from the TamilNadu Physical Education and Sports University (TNPESU) before seeking admission in the college.
5. Grant of Harijan Welfare Department Scholarship / Backward Classes Scholarship can be made only on maintenance of 90% attendance by the students concerned and no relaxation of this rule will be
6. Admission is subject to the verification of Certificates by Director of Govt. Examinations / TNPESU. If Certificate is found to be bogus, admission will be cancelled and criminal action will also be taken. entertained
7. Selected students should equip themselves with their own personal equipment for various activities.
8. Transaction of any fee payment should be done only through DD or NEFT. No cash payment is entertained.

Canvassing for admission in any form is prohibited and will be viewed seriously. Applications of such candidates will be rejected.