

YMCA COLLEGE OF PHYSICAL EDUCATION NANDANAM, CHENNAI 600035.

2.3.6 Institutional provides exposure to student about recent developments in the field of Physical Education

Seminars/ Conferences/ Workshops/ Symposia organized in the college (2020-2021 and 2021-22)



S.No	Title of the Conference	Date	Name of the organizer	Name of the Resource person
1.	National workshop on Practical aspects of strength and conditioning for sports performance	16 th March 2021	Dr.K.Jothidayanandan	Mr.K. Sathishkumar NSCA CSCS

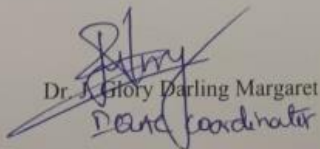
2021-22

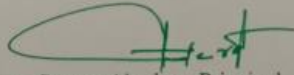
	Title of the Conference	Date	Name of the organizer	Name of the Resource person
	International Webinar on YOGA	21-06-2021	Dr. Ponanbarau & Dr. Komala	Dr. Yuva Dayalan & Dr. Brain Siddhartha Ingle, Ireland
2.	International Conference on Challenges & Strategies: A mark to win Tokyo Olympics – 2020	July 10, 2021 through Online mode	Dr.K.Jothidayanandan & Dr. J. Glory Darling Margaret	25 Olympians
3.	International Conference on Strategic Preparedness and Response Plan for Physical Education - Date:, through Online mode	July 17, 2021		
4	International Conference on Managerial Approach in Physical Education and Sports – MAPES - through Online mode	Date: July 24, 2021,		
5	International Conference on Psychological Preparedness on Peak Performance – PPOPP -, through Online mode	Date: July 31, 2021		
6.	International Conference on Education & New Learning Technologies -, through Online mode	Date: August 7, 2021		

7	International Conference on New Norm for Enhancing Physical Activity Health and Lifestyle Management - , through Online mode	Date: August 14, 2021		
8	International Conference on Biomechanics in Sports performance - through Online mode	Date: August 21, 2021,		
9	International Conference on Modern Approach on Kinanthropometry Nutrition on Growth & Development - , through Online mode	Date: August 28, 2021		
10	International workshop on Physical Literacy: A paradigm Shift Required -, through Online mode.	Date: October 12, 2021		
11	Workshop on Pencak Silat & Officiating Examination organized by YCPE in association with Tamil Nadu Pencak Silat Association	19 th & 20 th April 2022		Mr. G.P. Maheshbabu Tamil Nadu Pencak Silat Association's, Executive Committee Member of Indian Pencak Silat Federation
12	Workshop on Taekwondo & Officiating Examination organized by YCPE in association with Tamil Nadu	21 st April 2022		Mr. S. Vijay -Tamil Nadu Taekwondo Association's President & Mr. B. Ramalinga Bharathy 5 th Dan Black

	Taekwondo Association Tamil Nadu			Belt (Korea), International Coach Level-1, International Referee are called as Resource Persons.
13	Workshop on Fencing & Officiating Examination organized by YCPE in association with Tamil Nadu Fencing Association on	22 nd and 23 rd April 2022		
14	Workshop on Kabaddi & Officiating Examination was inaugurated on	4 th May 2022		
15	Faculty workshop on Outcome based Education	1 st & 2 nd November 2021		
16	Performance Excellence through role expectations of teachers and class room management (Faculty workshop)	27.05.2022		
Administrative staff				
17	Building team through relationships to achieve organizational goals	13.05.2022		
Ground Staff				
18	Marking play fields in sports & Games	1 st & 2 nd February 2022		

8	1 st & 2 nd November 2021	Faculty Workshop on Outcome Based Education	Teaching Staff	22
9	1 st & 2 nd February 2022	Marking Play fields in Sports and Games	Ground Staff	10
10	13.. 05 . 2022	Building team through relationships to achieve organizational Goals	Administrative staff	25
11	27. 05. 2022	Performance excellence through role expectations of teachers and class room management	Teaching Staff	22


 Dr. A. Glory Darling Margaret
 Dean Coordinator


 Dr. George Abraham Principal
Principal
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6. International Conference on Challenges & Strategies: A mark to win Tokyo Olympics – 2020 - Date: July 10, 2021 through Online mode

Chief Guest: Hon. Justice Kurian Joseph (retd.) and the Guest of Honour: Hon. Justice J.B. Koshy (retd.) Earmarks to the YMCA College, 25 Olympians were invited as Guest to this conference.

7. International Conference on Strategic Preparedness and Response Plan for Physical Education - Date: July 17, 2021, through Online mode

8. International Conference on Managerial Approach in Physical Education and Sports – MAPES - Date: July 24, 2021, through Online mode

9. International Conference on Psychological Preparedness on Peak Performance – PPOPP - Date: July 31, 2021, through Online mode

10. International Conference on Education & New Learning Technologies - Date: August 7, 2021, through Online mode

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12. International Conference on Biomechanics in Sports performance - Date: August 21, 2021, through Online mode

13. International Conference on Modern Approach on Kinanthropometry Nutrition on Growth & Development - Date: August 28, 2021, through Online mode

14. International workshop on Physical Literacy: A paradigm Shift Required - Date: October 12, 2021, through Online mode.

15. Workshop on Pencak Silat & Officiating Examination organized by YCPE in association with Tamil Nadu Pencak Silat Association on 19th & 20th April 2022, Tamil Nadu Pencak Silat Association's, Executive Committee Member of Indian Pencak Silat Federation Mr. G.P. Maheshbabu called as Resource Persons. And the workshop was organized by the Assistant professors Dr. J. James & Dr. J. Samuel Jesudoss.

16. Workshop on Taekwondo & Officiating Examination organized by YCPE in association with Tamil Nadu Taekwondo Association on 21st April 2022 Tamil Nadu Taekwondo Association's President Mr. S. Vijay and 5th Dan Black Belt (Korea), International Coach Level-1, International Referee Mr. B. Ramalinga Bharathy are called as Resource Persons. And the workshop was organized by the Assistant professors Dr. J. James & Dr. J. Samuel Jesudoss.

17. Workshop on Fencing & Officiating Examination organized by YCPE in association with Tamil Nadu Fencing Association on 22nd and 23rd April 2022 And the workshop was organized by the Assistant professors Dr. J. James & Dr. J. Samuel Jesudoss.

18. Workshop on Kabaddi & Officiating Examination was inaugurated on 4th May 2022 The programme was organized by the Assistant Professor Dr. Pon. Anbarasu.

19. Summer Coaching camp on various sports and games was inaugurated on 7th May 2022

20. Book Exhibition:

On 30th September 2021, YMCA College organized Book Exhibition in the college and based on the demands put up by staff and students the books were selected for purchase and procured a good number of books for college library.

21. 200th birthday celebration of Sir George Williams:

As per the guidance of NCYI, on October 11th YMCA College celebrated Sir George Williams' 200th birthday in a special way. In commemoration of the celebration, 200 fruit saplings in the YCPE Camps in

the presence of Dr. Vincent George, Regional chairman, YMCA SIR & President YMCA Madras who was the guest of the occasion.

22. Tennis Academy:

Inauguration of Tennis Academy, Triangle Park, dedication of renovated Tomb of the Founder of the College Harry Crowe Buck Tomb

23. Triangle Park:

Triangle Park with the huge YMCA emblem construction at the entrance of the College was inaugurated

24. Dedication of renovated Harry Crowe Buck Tomb was dedicated and opened by the Chairman - SIR of YMCAs & President YMCA Madras Dr. Vincent George and a prayer of dedication was offered by Dr. Johnson Premkumar.

25. Inauguration of Synthetic Badminton Court: A newly formed Synthetic Badminton Court was inaugurated by National General Secretary NCYI Mr. Bertram Devadas.

26. Exposure Training program for the Secretary- Trainees: The orientation programme in physical education for YMCA Secretary – Trainees of YMCA Training & Leadership Dept. of NCYI was held from 25th to 31st October 2021 at the college campus.



27. Teacher's Day : On 5th September 2021 :

28. Student's Association inauguration & investiture ceremony and Intramural inauguration & investiture ceremony: was held on 27th October 2021 at Pavilion ground at 4. 30 pm

29. Inauguration of Uni-Y: We have planned to initiate Uni-Y forum in our college and conducted an orientation program for the students on the scope and benefit of the forum - on Monday 22nd November 2021 4 p.m. at Gymnasium Hall.

30. Participation of Uni-Y in Regional Young Peace Makers 2021 and National Students Assembly 2022: It was decided to make the Uni-Y team to participate in the Regional Young Peace Makers 2021 program scheduled to be held from 26th to 28th November 2021 at Karaikudi and National Students Assembly proposed to be held in Mysore, from 14th to 16th January 2022

organized by NCYI - Youth Empowerment, Gender, Sports/Physical Recreation, and Media & Communication.

31. Details of the Infrastructure Developmental Works:

- Roads on the Entrance gate (In & Out) were raised.
- The ditch in between the Roads on the Entrance gate (In & Out) was raised and Centenary Triangle Park was developed.
- Triangle Tennis Court was handed over to us and its being developed for the tennis coaching in the name of YMCA Tennis Academy.
- All academies such as Gymnastics, Basketball, Football, Athletics, Archery, Shooting, Boxing, Cricket, Badminton and Tennis were developed and concern coaching is going on.
- Quarters which needed minor repairs were done up.
- Tomb of Mr. Harry Crowe Buck was renovated.
- Sir George Williams Garden was developed to commemorate 200th birthday of Sir George Williams, Founder of YMCA Movement
- Boys Hostel was repaired with sufficient facilities were provided.
- Water facilities to both the Hostels were done up.
- Road was developed for the conveniences of the staff residents near the Cricket Ground.

32. Plastic awareness programme: On 11-12-2021 at YMCA college campus, we had an inaugural function at 10:15 am in front of Massey hall. Dr. K. Karthikeyan, programme co-ordinator welcomed the gathering. The programme inaugurated by Mr. Benjamin Franklin, correspondent and secretary

33. Intercollegiate Tournaments – Tamil Nadu Physical Education Sports University 2021-2022: The Intercollegiate Tournaments on various games and sports were organized by various affiliated colleges of TNPESU. The inauguration was held on 14th December 2021 and Prof. V. Gopinath, Registrar, TNPESU inaugurated the tournament and Mr. Mohammed Riaz, Olympian, (Arjuna Awardee) participated as a guest of honour.

RESULTS :

S.NO	NAME OF GAMES	MEN	WOMEN
1	Archery	Winners	Runners
2	Athletics	Runners	Runners
3	Ball Badminton	-	Winners
4	Badminton	-	Runners
5	Basketball	Winners	Winners
6	Boxing	Winners	Winners
7	Chess	Winners	-
8	Cricket	Runners	Runners

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1	Archery	Winners	Runners
2	Athletics	Runners	Runners
3	Ball Badminton	-	Winners
4	Badminton	-	Runners
5	Basketball	Winners	Winners
6	Boxing	Winners	Winners
7	Chess	Winners	-
8	Cricket	Runners	Runners
9	Football	Third Position	Third Position
10	Handball	Winners	Winners
11	Hockey	Winners	Third Position
12	Judo	Winners	Winners
13	Kabaddi	-	Third Position
14	Volleyball	-	Runners
15	Table Tennis		Winners
16	Tennis	Winners	Runners



Basketball Women



Hockey Men



Inauguration of Intercollegiate Tour.

34. **Observance of Voters' Day:** Voter day was observed on 25-01-2022 at 11:00 am at the college in front of the Massey hall.

35. **Financial Awareness Programme:** Our College organized a financial awareness program on 7th March, 2022 in Gymnasium hall. Mrs. Guruvara Nagveni, Senior management, India Post Payments bank and Mr. Bhoopathy, Manager, India Post Payments Bank, Chennai has given talk on Account Opening, Savings & Investment, Aadhar – Mobile Update

36. **International Women's Day:** Our College celebrated International Women's day on 8th March 2022, Ms. Beulah Azariah, Chief Executive, Emmaus Community welfare fund, Chennai, her given talk on 'GENDER EQUALITY TODAY FOR A SUSTAINABLE TOMORROW'. All the

Staff & Students attended the programme. All the officials of the YCPE facilitated the Women's Day Celebration.



Women's Days Celebration

37. Inter School Aerobics, Calisthenics & Minor Games Competition 2021-2022: After the completion of Intensive Teaching Practice of the students in the local schools, on 18th March 2022 the college organized Inter School Aerobics, Calisthenics and Minor Games competition for the schools This programme was coordinated by Dr. S. Johnson Premkumar.

38. Intercollegiate Tournaments – Tamil Nadu Physical Education Sports University 2020-21

One hundred and twenty five (125) Men and One hundred and fourteen (114) Women from our College participated in the State level Tournaments for Men and Women on 11th and 12th of March 2021, organized by the Department of Physical Education, Tamil Nadu Physical Education and Sports University.

39. YMCA National Youth Assembly: The National Council of YMCAs of India organized YMCA National Youth Assembly at Mysore International youth hostel from 18th to 20th March 2022. The Theme of the Assembly is "Healing a Broken World". UNI-Y members (seven) of the YMCA College of Physical Education participated in the assembly accompanied by Mr. Jegan, Project Secretary.



Figure 1 - National Youth Assembly

40. CULTURAL ACTIVITIES - Talent Night: Talent Nite was conducted on 25th March 2022 at 6.00p.m.



Figure 2 - Cultural Activities

41. Village Placement Programme – BPES:

The B.P.E.S-III students have to undergo the VPP Program Dr. K. Karthikeyan was appointed as a Nodal officer for the Village placement Program. The VPP was started on 24th to 30th March 2022. Around 60 students participated in this VPP programme and 10 local pockets (Arumbakkam, Ayanavaram, AshokPillar, Chinnamalai, Ennore, Kundrathur, Marina Beach, Saidapet, Virugambakkam and Nandanam YMCA campus) were chosen in an around Chennai for social activities,



Village Placement Programme

Gym inaugural function

- Gym inaugural function:** The newly renovated Gym was inaugurated on 28th March 2022 by the National President of NCYI Justice JB Koshy (Retd.).
- YMCA Retirees visit to the College:** The members of the Association of YMCA Secretary-Retirees visited the YMCA College on 29th March 2022 and they were taken for guided tour inside
- Academies – YCPE:** The activities of the Academies were strengthened after the lift of the restrictions of the pandemic situation. On an average 307 members of the academies are making uses of the facilities of the sports' skills available in the College campus. Mr. Jegan, Asst. Project Secretary YCPE has been looking after the management of Academies well under the guidance of the college officials. The total income from the Academies during the period under report was Rs.27,95,084/-.
- Inauguration of Intramural Competitions & Annual Sports Meet 2021-2022:** On 20th May 2022 at 07:00 am in the Pavilion ground the Intramural Competitions & Annual Sports Meet were inaugurated by Mr. Jossy Mathew, International Athlete (SAF Games Gold Medalist) Sports Officer, Superintendent of Chennai



Office Barriers Nominated - 2022

10. **Valedictory Function of Intramural Competitions & Annual Sports Meet 2021-2022:** On 20th May 2022 at 04:00 am in the Pavilion ground the Intramural Competitions & Annual Sports Meet were celebrated and Mrs. Angela Lincy Robin, International Athlete (SAF Games Gold Medalist) Assistant Manager, Indian Bank called as Chief Guest.
11. **UNI-Y Valedictory function 2021-2022:** On 28th May 2022 at 10:30 am was celebrated in the 2nd year B.P.Ed., Classroom. The Correspondent & Secretary Mr. J. Benjamin Franklin called as Chief Guest.
12. **Internal Quality Assurance Cell:** The Internal Quality Assurance Cell [IQAC] spearheads the quality initiatives of the institution. Benchmarks are set in tune with goals of higher education in India and the vision and mission of the institution. The cell meticulously plans the quality drive of the institution by ensuring the quality culture, institutionalizing and internalizing quality parameters in adherence to the norms of National Assessment and Accreditation Council of India. The academic and administrative processes execute the quality enhancement strategies developed by the cell to create a dynamic and innovative environment in the campus. Institutional and external mechanisms are in place to monitor the thrust for quality. The following are the programmes were organized under IQAC during the academic year 2021-22

S.No	Date	Title	Participants	No : of Beneficiaries
1	18.09.2020	Action plan 2020-21 & 2021-22	IQAC Committee Members	15
2	08.03.2021	Women And Leadership – International Women’s Day	Women staff and students	75
3	20.09.2021	Access to E resources through N- LIST	M.P.Ed. students	42
4	21.09.2021	Professional Preparation for Skill and Competent	M.P.Ed. students	39
5	22.09.2021	Nutrition Immunity and COVID-19	M.P.Ed. students	44
6	23.09.2021	Crimes Precaution and Security in cyber space	M.P.Ed. students	44
7	24.09.2021	Fundamentals of Human rights	M.P.Ed. students	52
8	1 st & 2 nd November 2021	Faculty Workshop on Outcome Based Education	Teaching Staff	22
9.	1 st & 2 nd February 2022	Marking Play fields in Sports and Games	Ground Staff	10
10	13.05.2022	Building team through	Administrative	25

		relationships to achieve organizational Goals	staff	
11	27.05.2022	Performance excellence through role expectations of teachers and class room management	Teaching Staff	22



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ANNUAL REPORT 2022-2023

- College Opening Day:** The Academic year 2022-2023 started with a staff retreat held on 20-06-2022 at the College Chapel. Rev. Selvasekar shared the word of God and prayed for the blessing of the College.
- Admissions 2022-2023:** Men and women students were admitted to the following degree/diploma programs as per the guidelines of Tamil Nadu Physical Education and Sports University and Government of Tamil Nadu and the National Council for Teacher Education (NCTE) during the academic year 2022-2023.

Sl. No.	Name the degree/diploma programs	No. of men students admitted	No. of women students admitted	Total no. men & women students admitted.
Faculty of Teacher Training in Physical Education				
1.	Diploma in Physical Education (D.P.Ed.) - 2 yrs.	02	01	03
2.	Bachelor of Physical Education (B.P.Ed.) - 2 yrs.	65	34	99
3.	Master of Physical Education (M.P.Ed.) - 2 yrs.	46	13	59
Faculty of Physical Education and Sports				
4.	Bachelor of Physical Education and Sports (B.P.E.S.) - 3 yrs.	59	20	79
Evening College				
1.	Master of Science in Fitness, Exercise, Rehabilitation, and Nutrition Care (M.Sc. in FERN)	05	03	08
2.	Post Graduate Diploma in Sports Coaching -Swimming/Cricket/Tennis (P.G.D.S.C.)	01	02	03
Total				251




Principal (i/c)

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3. **International Yoga Day:** In celebration of International Yoga Day, an International Webinar on 'Yogic Practices Excel the human Life Span' through virtual mode on 21-06-2022 at 04:00 pm.
4. **Board of Studies Meeting:** Board of Studies meeting was held on 23-06-2022 through virtual mode (Zoom Cloud Meeting). The Principal chaired the meeting. The Teaching Staff from YMCA College other Universities were participated.
5. **Academic Council Meeting:** Academic Council meeting held on 24-06-2022 through virtual mode (Zoom Cloud Meeting). The Principal chaired the meeting. The Academic Delegates from YMCA College other Universities were participated.
6. **Governing Body Meeting:** Governing Body meeting was held on 27-06-2022 through virtual mode (Zoom Cloud Meeting). The Chairman Honorable Justice Kurian Joseph (Retd.) chaired the meeting. The Academic Delegates, other Experts, Government Nominee, UGC nominee, and University nominees were participated.
7. **Start of classes for second years & third year:** The classes for second years & third year started on 18-07-2022.
8. **Students Admission:** Hundred Seats (Maximum) filled in B.P.Ed., Sixty Seats (Maximum) filled in M.P.Ed., Eighty Seats (Maximum) filled in B.P.E.S., and Two seats filled in D.P.Ed.
9. **Start of Classes for First years:** The classes for the first years started on 01-08-2022.
10. **Division for Intramural Houses:** The division of men and women in Intramural Houses was held at the College stadium on 10-08-2022 at 03:30 pm.
11. **Live Streaming of the Programme 'Drive Against Drug':** As per the instruction received from the Tamil Nadu Government, the College Authorities decided to organize Drive Against




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Drugs (DAD) Programme among students on 11-08-2022 at 10:30 a.m., in the YMCA College Buck Open Air Theatre for the live streaming screen. Dr. J. James, Organizing Secretary welcomed the gathering. The programme was inaugurated by Honorable Chief Minister of Tamil Nadu Thiru. M. K. STALIN on live streaming by taking the lead and administering a pledge against drug abuse to a few lakhs of students across the state and he briefed about the need for preventing College/School students from getting addicted to drugs. After the live streaming programme Dr. George Abraham, Principal delivered his speech on the eradication of drugs among the college students. Mr. Rajjiv George, Administrator cum Estate manager enlightens the students about completely eliminating drug abuse and drug-free Tamil Nadu. The teaching staff of YMCA College, YMCA School, and 650 students participated in the Live Streaming, Programme ended with National Anthem.



12. **Independence Day Celebration:** The 75th Independence Day was celebrated on 15th August 2022 at 08:00 am at the Buck Open Air Theatre, YMCA College of Physical Education, Nandanam, Chennai. The programme started with the prayer song followed by the proceedings as per the protocol. Dr. George Abraham, Principal was the Chief Guest and hoisted the National Flag. Mr. Rajjiv George, Administrator cum Estate Manager gave his felicitation address followed by Special Address by Mrs. Ponrani, Headmistress, YMCA College Sports Hr. Sec. School. Teaching and non-teaching staff of YMCA College and YMCA College Sports School participated in the event. Around 650 Students from school



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and college participated enthusiastically and reflected their patriotism by saluting the National flag. Sweets were distributed after the programme.



13. **State Level Boxing Tournament:** Y.M.C.A. College and Y.M.C.A. Madras jointly conducted State Level Boxing Tournament on 20-08-2022. Hon'ble Minister of Health and Family Welfare, Thiru. Ma. Subramanian inaugurated the tournament.
14. **College Picnic programme:** College Picnic programme was organized on 26-08-2022 at MGM water theme park. The staff and students participated.
15. **National Sports Day Celebration:** The 10th National Sports day was celebrated on 29th August 2022 at 07:00 am at the Gymnasium Hall, YMCA College of Physical Education, Nandanam, Chennai. The programme started with the prayer song. Dr. George Abraham, Principal of the College was the Chief Guest shared the significance of National Sports Day. Mr. Rajjiv George, Administrator cum Estate Manager, delivered his felicitation address. Teaching, non-teaching staff members and 550 Students of YMCA College have participated. Inter Class Hockey Matches were conducted at the at the Hockey Turf Ground and the students participated eagerly. Certificates were given to all the participants, the Winner and Runner up were awarded with Trophies, the programme ended with the Sweets Distribution.




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16. **Teachers Day Celebration:** In remembrance of former President Bharat Ratna Sarvepalli Radhakrishnan, Teachers Day was celebrated on 05-09-2022 at the Gymnasium Hall. The programme started with the prayer song. Dr. George Abraham, Principal was the Chief Guest and spoke about the significance of National Teachers Day. The teaching staff and Students participated in the programme. Minor Games were conducted and the teachers participated eagerly. Prizes and gifts were given to all the teachers. The Programme ended with National Anthem.



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17. Start of Evening College, Add-on Courses and Optional Courses: The Evening College class was started on 14.09,2022. The Class Division of Add-on Courses and Optional Courses were held on 15-09-2022 and 16-09-2022 respectively.

18. Buck Memorial Sports Festival, 2022: In the fond memory of the leader Mr. Harry Crowe Buck, the 65th Buck Memorial Sports Festival was organized from 20-Sep-2022 to 23-Sep-2022. Students from different Schools and Colleges participated in this Mega Event. Dr. R.




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Ravanan, Regional Joint Director of Collegiate Education was inaugurated the programme. Mr. Riaz Mohammad, Olympian & Arjuna Awardee and Mr. Venkatesan Devarajan, Olympian & Arjuna Awardee were the Guest of Honours. Administrator cum Estate Manager Mr. Rajjiv George felicitated the event, Principal Dr. George Abraham was the Convener and Dr. Simson Jesudass was the organizing Secretary of the Sports Festival.

19. World White Cane Day was observed on Saturday, 15-10-2022.
20. Inauguration of Students Council & Investiture Ceremony was held on Monday, 17-10-2022 at 10:00 am in the Gymnasium Hall.
21. Staff Council Meeting was held on Thursday, 20-10-2022 by 12:30 pm in the Conference Hall.
22. M.P.Ed. I yr. Model Sports Meet was held on Tuesday, 01-11-2022.
23. All Souls Day was observed on Wednesday, 02-11-2022 by 07:00 am.
24. Odd Semester Examinations for B.P.Ed., M.P.Ed., and B.P.E.S., were held from 24-11-2022 to 28-11-2022.
25. Even semester classes for B.P.Ed., M.P.Ed., and B.P.E.S. were started on 29-11-2022.
26. M.P.Ed. II yr. The colloquium was held on 15-12-2022 from 10:00 am to 05:30 pm.
27. Christmas Celebration: The Christmas program was celebrated on 21st December 2020 by 05:30 p.m., in the College Gymnasium Hall. Rev. K. Dhanasingh, Gurukul Lutheran Technological College and Research Institute, Thoothukudi Nazareth diocese was the Chief Guest delivered the God's message and prayed for the gathering.




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28. **Reopening of College after Christmas Vacation:** College reopened after Christmas vacation with the General Assembly on 04-01-2023.
29. **National Votes Day:** As per the direction of the Government, the voters' day was observed on 25-01-2023 by 03:00 pm at the Kho-Kho court. Dr. J. James, Assistant Professor, administered the pledge along with Officers of the College, Teaching staff, Non-teaching staff, and the students.
30. **74th Republic Day** was celebrated on 26-01-2023 at 07:00 am at the Buck Open Air Theatre. The Correspondent & Secretary, Mr. J. Benjamin Franklin, hoisted the National Flag and delivered the Chief Guest's address.
31. **Workshop on Judo** was organized in association with Tamil Nadu Judo Association on 10th January 2023 at 10:00 am in the YMCA College Gymnasium Hall. NDIO National Referee Mr. M Manikandan, and Chennai District Judo Association Secretary & TNJA Executive Committee Member Mr. D. Sarathy were called Resource Persons.
32. **Workshop on Yoga Practice and Natural Diet** was organized by the YMCA College of Physical Education on 11th January 2023 at 10:00 am in the YMCA College Gymnasium Hall. The Guinness World Record Holder & Yogachary Dr. T.A. Krishnan was called Resource Person. He demonstrated the Yoga practices and explained the natural diet.
33. **Leadership Training Camp for Students** was held from 09-01-2023 to 12-01-2023 at Yelagiri, Tamil Nadu
34. **Intensive Teaching & Coaching Practice** for M.P.Ed.II/ B.P.E.S.III/ B.P.Ed.II/ D.P.Ed.II from 06th February 2023 to 01st March 2023. Coordinated by Dr. J. Jackson Sutharsingh, Associate Professor.



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35. **International Women's Day:** organized on 8th March 2023, in College Gymnasium special address. By Dr. K. Perinbam, Assistant Professor of Botany, Government Arts College for Men (Autonomous)
36. **B.P.Ed. II yr. 'A' Section' Project Sports 'VICTORIOUS BLAZE 2K23'** on 10th March 2023 by 06:30 p.m inaugurated by Indian Volleyball Player Mr. Guru Prashanth,(GST & Central Exercise Department')And the National Kabaddi Player Mr. C. Sajin, I.C.F. Railways presided over the closing coordinated by Dr. A. Merlin Thanka Daniel, Assistant Professor
37. As per the Chief Minister's propaganda, the Tamil Nadu Police has conducted Audio Visual awareness programme on Child abuse for our College students and for School students.
38. **National Service Scheme** students of our College had participated in the Campus cleaning programme held on 15th March 2023 in the YMCA College premises with the guidance of Dr. A. Merlin Thanka Daniel, Assistant Professor cum NSS Program officer.
39. **B.P.Ed. II yr. 'B' Section' Project Sports Meet** organized 'NIKE on 16th March 2023 by 06:15 a.m. chief guest inagurated.by The Indian Basketball Player Mr. Baladhaneshwar Poiyamozhi And the Indian Athletes Ms. R. Vithya and Ms. R. Nithya presided over the closing ceremony coordinated by Dr. J. Samuel Jesudoss, Assistant Professor
40. **7 students of various courses of study qualified Tamil Nadu State Volleyball Referees Examination:** The students have appeared from our College and passed the Tamil Nadu State Volleyball Referees Examination held from 17th to 19th March 2023 at Sivagangai.
41. **6 students various courses of study qualified Tamil Nadu State Handball Referees Examination- 2023** organized by Maruthi College of Physical Education, Coimbatore.
42. The Principal i/c was attended **TNPESU's 13th Convocation Day:** Tamil Nadu Physical Education and Sports University on Sunday, 19th March 2023 at 11:00 a.m. at Tamil Nadu Open University Convocation Hall. Hon'ble




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43. The General Assembly Monday on 20th March 2023. Sis. M. Merlin Amirtharaj brought the God's word and prayed for the students and staff.
44. Career Guidance Programme: The Motivational Speaker Rtn. T.N. Santhoosh Kumar was the Chief Guest of the programme on 20th March 2023 at 02:30 p.m. The programme was organized by Dr. R. Prabu, Librarian cum Staff Coordinator.
45. D.P.Ed. II yr. Project Sports Meet: 'ZEAL 2K23' on 21st March 2023 by 06:00 a.m. The Principal i/c Dr. S. Johnson Premkumar chief guest and inaugurated the meet The Correspondent & Secretary Mr. P. Asir Padian and the Treasurer Mr. S. Samuel Kirubanandan presided over the closing ceremony and distributed the prizes. The Meet was organized by Dr. G. Bobby, Assistant Professor.
46. B.P.E.S. III yr. Project Sports Meet: 'Transformation 2K23' The National Football Player Mr. Fredy Chief guest inaugurated on 24th March 2023 by 06:15 a.m.' The National Boxer cum YMCA College Alumni Mr. P. Karthick Pechimuthu, presided over the closing ceremony and distributed the prizes. The meet was organized by Mr. B. Praveen Doss, Assistant Professor cum Competition Director.
47. M.P.Ed. II yr. Project Interclass Volleyball matches On 27th March 2023 was inaugurated by Mrs. R.P. Sripriya Srinivasan, Superintendent in Commercial Department, Southern Railways. Chief Guest for Valedictory Mr. D. Selvaprabu International Volleyball Player, Manager of Indian Overseas Bank was the function.
48. Book Exhibition was conducted on 28th March 2023 in the Gymnasium Hall. Dr. Esther Ranjini, Former Principal of our College was the Chief Guest and inaugurated the exhibition. This Exhibition was organized by Dr. R. Prabu, College Librarian
49. The National Seminar on Sustainable Youth Development through Physical Education and Sports was held on 28th March 2023 by 09:30 a.m., in the Gymnasium Hall of our College.




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Dr. Esther Ranjini, Former Principal of our College was the Chief Guest inaugurated and delivered the keynote address. Dr. S. Thirumalai Kumar, Professor of Physical Education and Dr. P. Rajinikumar, Associate Professor of Biomechanics, TNPESU were invited as Resource Persons. 55 papers presented in the seminar out of this the special award was given to the best paper. The Valedictory function was held on the same day by 04:30 p.m. Dr. S. Thirumalai Kumar, Professor of Physical Education, Tamil Nadu Physical Education and Sports University was the Chief Guest distributed the certificates. Dr. J. Samuel Jesudoss, Assistant Professor has organized the seminar.

50. **The Intramural Physical Activity Competition conducted On 28th March 2023 at 06:00 am at Pavilion ground** Mrs. S. Viji, Physical Education Teacher of Holy Angels AI Higher Secondary School and Mr. D. Alwin, Physical Education Teacher of CSI St. Thomas Higher Secondary School are the judges for Intramural Physical Activity Competitions. The programme was organized by the Intramural Directors Dr. J. Komala, Assistant Professor and Mr. B. Praveen Doss, Assistant Professor.
51. **Valedictory Function of Intramural Competitions & Annual Sports Meet: On 29th March 2023 at 06:15 a.m., in the Pavilion ground.** Meet inaugurated by Dr. (Mrs.) S. Selvalakshmi, Associate Professor of Yoga, TNPESU and Dr. D. Sathiakumar, Director of the School of Distance Education, Tamil Nadu Physical Education and Sports University presided over the valedictory function and distributed the prizes in the presence of the Correspondent & Secretary Mr. P. AsirPandian, Treasurer Mr. Samuel Kirubanandan, and the Principal incharge Dr. S. Johnson Premkumar. The programme was organized by the Intramural Directors Dr. J. Komala, Assistant Professor and Mr. B. Praveen Doss, Assistant Professor.
52. **Student's Council has conducted Drawing, Elocution, Poetry, and Essay competitions on 30th March 2023 and 31st March 2023.**
53. **Campus Interview 2022-2023:** Our College Placement Cell organized the campus interview on 03-04-2023 on the College Campus.




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54. **Legal Literacy Camp:** The District Legal Services Authority, Chennai has organized a Legal Literacy Camp on 03-04-2023 by 10:30 a.m., in our College. . A Judge and two advocates delivered the awareness to the staff and the students who were participated.
55. **External Teaching Practice/ Coaching Lesson Examination:**B.P.Ed. &M.P.Ed. I & II years was held on 10th& 11th April 2023 and for B.P.E.S. II & III years was held on 12th& 13th April 2023.
56. **Pre-semester Examination of Even Semester:** for B.P.Ed. &M.P.Ed. I & II years held on 12th, 13th, 19th, & 20th April 2023 and for B.P.E.S. I,II, & III years held on 17th to 20th April 2023.
57. **Tamil Nadu & Puducherry - Inter-Physical Education Tournaments** was hosted by TNPESU, Chennai. Various Specialization Teams from UG/Diploma Degree programs have participated from 10th to 12th April 2023 and from PG/Professional (B.P.Ed./M.P.Ed) degree programs have participated from 17th to 20th April 2023. In UG/Diploma programs: **Volleyball** (Men-Runner, Women-Runner), **Tennis** (Men – Winner), **Cricket** (Men – Runner), **Football** (Men-Runner), **March past - II**; **Kho-Kho** (Men – Runner), **Athletics** (Women: P.R. Ramya- Triple jump 3rd place, A. Thrisha 800m 2nd place, M. Sutharshini-Discussthrow 2nd place)(Men: M.Agilan & B. Benceles & M.D. Daison Manoj & K M Prajith- 4x100m relay 3rd place, U Devakumar-Long jump 2nd place & Triple jump 3rd place, K M Prajith-100m 3rd place, M. Agilan-200m 3rd place, S Dinesh-5km race walking 3rd place, G S Prince Jerome- shotput 1st place, S. Ashok Kumar-Javelin 1st place & shotput 3rd place.
- PG/Professional programs: **Volleyball** (B.P.Ed. Men – Winner), **Cricket** (B.P.Ed. Women – Winner), **Basketball** (Men & Women - Winner), **Athletics** (Women: S. Juhi Sulthana-High Jump 2nd place & Long Jump 3rd place, S. Yamuna Rani-4x400m mixed relay 3rd place, M.S. Nandhini & G. Monisha & Juhi Sulthana -4x100m relay 3rd place)(Men: Ramasamy- 100mts 1st place, 200mts 2nd place, Individual Championship, S.Sowtham-4x400m mixed relay 3rd place, 4x400m relay 3rd place, S. Vishva-Pole Vault 1st place, S. Vignesh & Pinto




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Raynier- 4x400m 3rd place, Samuel Ravi & K. Parveen Raj 4x400m relay 3rd place, R. Praveen Raj-Javelin 2nd Place) OVERALL CHAMPIONSHIP MEN

58. **College Day, Hostel Day, & Valedictory of Uni-Y and Rotaract Club, Students Council 2022-2023:** On 20th April 2023 by 06:30 p.m., College Day, Hostel Day, & Valedictory of Uni-Y and Rotaract Club, Students Council for the academic year 2022-2023 were celebrated at the Pavilion Ground. Rev. Fr. Dr. Thisai Gerry, Chaplain of YMCA College of Physical Education was the Chief Guest delivered the keynote address and prayed for the gathering.

59. **College Farewell Day:** On 21st April 2023 by 06:30 p.m., Farewell day function was held on the Buck Open Air Theatre. Pastor Reenukumar, Senior Pastor of Rock Eternal Church was the Chief Guest presided over the function and brought the word of God and prayed for the gathering.

60. **Intercollegiate Tournament:** Football (Men – Runner), Netball (Women – Runner), Basketball (Men & women – Winner), Handball (Women – Winner), Cricket (Women – Runner), Targetball (Men & Women – Runner), Hockey (Men – Winner), Badminton (Women – Runner), Ball Badminton (Women – Runner), Yoga (Women – Runner), Tennis (Women – Runner, Men – Winner), Karate (Women – Winners), Judo (Ms. Jayasarathi & Ms. Sandhiya), Athletics (Women: S. Juhi Sulthana-High jump and Heplathlon 18th Place, Indu Swetha-20km Walking 3rd place, Nandhini- Long jump 2nd place, Sandhiya-High jump 1st place and 400m Hurdle 2nd place, P. Archana Devi-400m 18th place)

61. **Promotion of Teaching Staff:**

Dr. S. Johnson Premkumar, Dr. J. Glory Darling Margaret, Dr. J. Jackson Sutharsingh, Dr. S. Gladly Kirubakar have been promoted from Assistant Professor grade to Associate Professor Grade.

Dr. S. Abraham Davidson and Mr. M. Felix Arokkiaraj are in Senior Scale.

Dr. R. Prabu, Librarian is from Senior Scale to Selection Grade.



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