

The National Council of YMCAs of India YMCA COLLEGE OF PHYSICAL EDUCATION

A Project of the National Council of YMCAs of India

(Autonomous College Affiliated to Tamilnadu Physical Education & Sports University) Registered under UGC Act



INTRODUCTION

YMCA College of physical education which was established ten decades ago is visualized as a teacher training institution which prepares fully fledged leaders in Physical Education with over all development of physical, mental, moral and spiritual values who can contribute to the nation, to create and sustain healthy citizens. Over ten decades, the YMCA College has continued to carve out a special space for themselves in Quality physical education program.

It envisions fostering opportunities for learning that continues for life time. Special physical education course BMS to teach physical education to visually impaired was introduced in the year 1986. It was approved by University of Madras and RCI. The College seeks to expand the instructional delivery methods and provide students with much more opportunities to enhance the knowledge in the area of their chosen specialization. The college adopted the Choice Based Credit System (CBCS) in 2006. For M.P.Ed., and M.Sc., Courses and in 2013 for B.P.Ed., course. The College adopted OBE (outcome based education) for M.P.Ed., and B.P.Ed., from the academic year 2021.

Prof. Jai Mithra former lecturer of YMCA College of Physical Education invented special games like kabaddi, tennis, volleyball to the differently abled persons. It is being played throughout India.

VISION

To prepare physical education leaders of high academic caliber, with a holistic development of body, mind and spirit nurtured with a strong commitment to serve humanity reflecting Christian values

MISSION

- 1. Striving for excellence in physical education and allied sciences through dynamic programmes and activities to empower youth with increased responsibility of serving the community.
- 2. To pursue global standard of excellence in teaching, learning, research and consultancy by self evaluation and continuous improvement.
- 3. To provide "knowledge based service" to the sports industry and to satisfy the needs of the Nation.

EDUC

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MOTTO

1. The motto of the institution "the Abundant Life" distinctively shows that the institution is one of it's kinds that deal not only with a professional domain but also provides training to serve the Nation through Sports and Physical Education.

OBJECTIVES

- 1. To work for the sustainable development of the Physical Education professionals through innovative programs.
- 2. To provide vocational guidance and placement services to the students who are interested in this field and to equip them with futuristic approach.
- 3. To promote social cohesion in physical education by developing responsible leaders through inclusive and adapted physical education program.
- 4. To develop programs of physical education, which can teach the community the methods of balancing 'work and play'.
- 5. To serve as the centre of excellence in physical education and to undertake, promote and disseminate research oriented activities.
- 6. To connect people by organizing program and health awareness activities.
- 7. To put into practice the principles that build healthy spirit, mind and body through the programs of physical activities.



Principal (I/c)

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