

**Unit I: Education Systems**

Special Education - Inclusive education - Meaning, Definitions, Aims, Objectives - Strategies for including students - Step for modifying and adaptation of the physical education curriculum - Methods of playing inclusive games

**Unit II: Introduction to Adapted Physical Education**

Meaning of the term adapted - Background information purpose and goals of adapted physical education - Movement Educational Concepts.

**Unit III: Child Development**

Pre-natal development of the child and post-natal motor development of the child.

**Unit IV: Causes of Disability**

Pre-natal, Natal and Post-natal causes of visually challenged, physically challenged, intellectual disability, Autism, Down syndrome and Cerebral palsy.

**Unit V: Classification of Disability**

Disability / differently abled classification and sub-classification in each disability - Blind - Deaf and Dumb - Orthopedically - Mentally Retarded - Spastic -Autism - Cerebral Palsy etc.

**Reference:**

1. Clauding and sherill, Adopted physical education and recreation C Publishers, IOWA
2. Paul A. Metzge, Elementary school physical education C. Brown company publishers
3. Barrow, Harold M., M., Gee Rosemary, A. Practical Approach to Measurement in Physical Education Philadelphia, Lea and Febigr, 1964.
4. Meyers, carlton R and Erwin,T. Measurement inPhysical Education, London G. Bell and Sons Ltd., 1967
5. Campell, W.R., and Tucker, N.M. An introduction in Physical Education, London G. Bell and Sone Ltd. 1987
6. Prof. S. Jaimitra, Physical Education for the Blind Grace Printer, Chennai-1990